

Patient Name : Mr.AMIT DIWAKAR

Age/Gender : 30 Y 6 M 18 D/M

UHID/MR No : STAR.0000055329 Visit ID : STAROPV57981

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 112504 Collected : 25/Mar/2023 08:52AM

Received : 25/Mar/2023 11:43AM Reported : 25/Mar/2023 02:50PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL CHECKUP MALE - 2D ECHO - PAN INDIA - FY2324

PERIPHERAL SMEAR, WHOLE BLOOD-EDTA

Methodology : Microscopic RBC : Normocytic normochromic

WBC: Normal in number, morphology and distribution. No abnormal cells seen

Platelets : Adequate in Number Parasites : No Haemoparasites seen

IMPRESSION: Normocytic normochromic blood picture

Note/Comment : Please Correlate clinically

Page 1 of 10





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DEPARTMENT OF HAEMATOLOGY ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL CHECKUP MALE - 2D ECHO - PAN INDIA - FY2324 Test Name Result Unit Bio. Ref. Range Method

HAEMOGLOBIN	14.6	g/dL	13-17	Spectrophotometer
PCV	45.50	%	40-50	Electronic pulse & Calculation
RBC COUNT	4.97	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	92	fL	83-101	Calculated
MCH	29.4	pg	27-32	Calculated
MCHC	32.1	g/dL	31.5-34.5	Calculated
R.D.W	15.5	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	5,700	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)			
NEUTROPHILS	68	%	40-80	Electrical Impedance
LYMPHOCYTES	24	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	06	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3876	Cells/cu.mm	2000-7000	Electrical Impedance
LYMPHOCYTES	1368	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	114	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	342	Cells/cu.mm	200-1000	Electrical Impedance
PLATELET COUNT	225000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	20	mm at the end of 1 hour	0-15	Modified Westergrer
PERIPHERAL SMEAR				
	•			

Methodology: Microscopic RBC: Normocytic normochromic

WBC: Normal in number, morphology and distribution. No abnormal cells seen

Platelets : Adequate in Number Parasites : No Haemoparasites seen

IMPRESSION: Normocytic normochromic blood picture

Note/Comment: Please Correlate clinically

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SIN No:BED230075403

Apollo Speciality Hospitals Private Limited

(Formely known as a Nova Speciality Hospitals Private Limited) CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62 ,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016



: Mr.AMIT DIWAKAR

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DEPARTMENT OF HAEMATOLOGY ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL CHECKUP MALE - 2D ECHO - PAN INDIA - FY2324 Test Name Result Unit Bio. Ref. Range Method

BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD-EDTA					
BLOOD GROUP TYPE	В	Forward & Reverse Grouping with Slide/Tube Aggluti			
Rh TYPE	POSITIVE	Forward & Reverse Grouping with Slide/Tube Agglutination			

Page 3 of 10



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Status

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL CHECKUP MALE - 2D ECHO - PAN INDIA - FY2324							
Test Name Result Unit Bio. Ref. Range Method							

GLUCOSE, FASTING , NAF PLASMA	90	mg/dL	70-100	GOD - POD
-------------------------------	----	-------	--------	-----------

Comment:

As per American Diabetes Guidelines

Fasting Glucose Values in mg/d L	Interpretation
<100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes

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: Mr.AMIT DIWAKAR

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL CHECKUP MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method

GLUCOSE, POST PRANDIAL (PP), 2	77	mg/dL	70-140	GOD - POD
HOURS , NAF PLASMA				

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach

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Patient Name : Mr.AMIT DIWAKAR

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DEPARTMENT OF BIOCHEMISTRY ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL CHECKUP MALE - 2D ECHO - PAN INDIA - FY2324 Test Name Result Unit Bio. Ref. Range Method

LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	253	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	194	mg/dL	<150	
HDL CHOLESTEROL	33	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	220	mg/dL	<130	Calculated
LDL CHOLESTEROL	181.2	mg/dL	<100	Calculated
VLDL CHOLESTEROL	38.8	mg/dL	<30	Calculated
CHOL / HDL RATIO	7.67		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

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DEPARTMENT OF BIOCHEMISTRY ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL CHECKUP MALE - 2D ECHO - PAN INDIA - FY2324 **Test Name** Result Unit Bio. Ref. Range Method

LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.50	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.40	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	74	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	34.0	U/L	8-38	JSCC
ALKALINE PHOSPHATASE	132.00	U/L	32-111	IFCC
PROTEIN, TOTAL	8.00	g/dL	6.7-8.3	BIURET
ALBUMIN	5.10	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	2.90	g/dL	2.0-3.5	Calculated
A/G RATIO	1.76		0.9-2.0	Calculated

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DEPARTMENT OF BIOCHEMISTRY ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL CHECKUP MALE - 2D ECHO - PAN INDIA - FY2324 Test Name Result Unit Bio. Ref. Range Method

RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT), SERUM						
CREATININE	0.75	mg/dL	0.6-1.1	ENZYMATIC METHOD		
UREA	18.00	mg/dL	17-48	Urease		
BLOOD UREA NITROGEN	8.4	mg/dL	8.0 - 23.0	Calculated		
URIC ACID	6.20	mg/dL	4.0-7.0	URICASE		
CALCIUM	9.90	mg/dL	8.4-10.2	CPC		
PHOSPHORUS, INORGANIC	3.60	mg/dL	2.6-4.4	PNP-XOD		
SODIUM	141	mmol/L	135-145	Direct ISE		
POTASSIUM	4.4	mmol/L	3.5-5.1	Direct ISE		
CHLORIDE	99	mmol/L	98-107	Direct ISE		

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SIN No:SE04330787

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

Test Name	Result	Unit	Bio. Ref. Range	Method
			9	

GAMMA GLUTAMYL TRANSPEPTIDASE	78.00	U/L	16-73	Glycylglycine Kinetic
(GGT), SERUM				method

Page 9 of 10



Begumpet, Hyderabad, Telangana - 500016



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: Dr.SELF : 112504 Collected

: 25/Mar/2023 08:52AM

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: 25/Mar/2023 01:18PM

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: 25/Mar/2023 03:41PM

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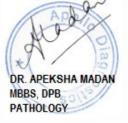
Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL CHECKUP MALE - 2D ECHO - PAN INDIA - FY2324 Test Name Result Unit Bio. Ref. Range Method

COMPLETE URINE EXAMINATION , υ	RINE			
PHYSICAL EXAMINATION			14	
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
рН	6.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.010		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NEGATIVE	•	NORMAL	EHRLICH
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
CENTRIFUGED SEDIMENT WET MO	OUNT AND MICROSCOPY			
PUS CELLS	1-2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	0-1	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

*** End Of Report ***



Page 10 of 10



SIN No:UR2084947

Apollo Speciality Hospitals Private Limited

(Formely known as a Nova Speciality Hospitals Private Limited) CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62 ,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016



APOLLO SPECTRA HOSPITALS

Famous Cine Lads, 156, Pt. M.M. Malviya Road, Tardeo, Mumbai- 400 034.Ph. No.: 022 4332 4500 www.apollospectra.com

Date: 25/3/23

Age: 30/Wale

Amit Diracar

Present Complaints: No

Present Medications: N

Personal History:

Diet: Veg/Mixed

Alcohol: oceasionally

Bowel: (w)

Physical Activities:

Allergy: No.

Past Medical History: No Family History: tather; texpon

Physical Examination findings

Pulse: 1/min

BP:110 80 mm/hg

No Pallor/icterus/cyanosis/clubbing/edema

CVS: (W)

RS:(/w

P/Abdo: (w

CNS:

Musculoskeletal:

Unmarried/Married

Sleep: Normal/Disturbed/Snoring

Tobacco: Chews/Smokes occussorally

Bladder: (W)

Active/Moderate/Sedentary

Menstrual History: ---

Investigations:

Ciprol New SCIPT 74

1) Averd oil | ghe | Fored foods

boorning well us mindante

Repeat Cipid/LFT Ofter 2000 or other

Physician & Cardiologist

Dr. Chhaya Vaja

APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED

(Formerly known as Nova Specialty Hospitals Private Limited) CIN: U85100KA2009PTC049961

Registered Office: #7-1-617/A,615 & 616, Imperial Towers,7th Floor, Opp. Ameerpet Metro Station, Ameerpet, Hyderabad, Telangana, Pin-500038.





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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL CHECKUP MALE - 2D ECHO - PAN INDIA - FY2324

PERIPHERAL SMEAR, WHOLE BLOOD-EDTA

Methodology: Microscopic

RBC : Normocytic normochromic WBC : Normal in number, morphology and distribution. No abnormal cells seen

Platelets : Adequate in Number Parasites : No Haemoparasites seen

IMPRESSION : Normocytic normochromic blood picture

Note/Comment : Please Correlate clinically

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DEPARTMENT OF HAEMATOLOGY

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Test Name	Result	Unit	Bio. Ref. Range	Method

HAEMOGLOBIN	14.6	g/dL	13-17	Spectrophotometer
PCV	45.50	%	40-50	Electronic pulse &
RBC COUNT	4.97	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	92	fL	83-101	Calculated
MCH	29.4	pg	27-32	Calculated
MCHC	32.1	g/dL	31.5-34.5	Calculated
R.D.W	15.5	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	5,700	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (D	LC)			
NEUTROPHILS	68	%	40-80	Electrical Impedance
LYMPHOCYTES	24	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	06	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3876	Cells/cu.mm	2000-7000	Electrical Impedance
LYMPHOCYTES	1368	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	114	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	342	Cells/cu.mm	200-1000	Electrical Impedance
PLATELET COUNT	225000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	20	mm at the end	0-15	Modified Westergren

Methodology: Microscopic

RBC: Normocytic normochromic

WBC: Normal in number, morphology and distribution. No abnormal cells seen

Platelets: Adequate in Number Parasites: No Haemoparasites seen

IMPRESSION: Normocytic normochromic blood picture

Note/Comment: Please Correlate clinically

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SIN No:BED230075403





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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL CHECKUP MALE - 2D ECHO - PAN INDIA - FY2324						
Test Name	Result	Unit	Bio. Ref. Range	Method		

BLOOD GROUP ABO AND RH FAC	TOR , WHOLE BLOOD-EDTA	
BLOOD GROUP TYPE	В	Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE	Forward & Reverse Grouping with Slide/Tube Agglutination

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SIN No:BED230075403





TOUCH Patient Wame

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Age/Gender

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DEPA	RTMFNT	OF BIOCH	FMISTRY

	DEI ARTIMENT OF	DIOCHEMIST	IX I	
ARCOFEMI - MEDIWHEEL	FULL BODY ANNUAL	CHECKUP MAI	LE - 2D ECHO - PAN INDIA	A - FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

CLUCOSE EASTING MASS TO ASSET				
GLUCOSE, FASTING, NAF PLASMA	90	l mg/dL l	70-100	GOD - POD
		1	10100	1000-100

Comment:

As per American Diabetes Guidelines

Fasting Glucose Values in mg/d L	Interpretation	
<100 mg/dL	Normal	
100-125 mg/dL	Prediabetes	
≥126 mg/dL	Diabetes	

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SIN No:PLF01949383





TOUCH Patient Name

: Mr.AMIT DIWAKAR

Age/Gender

: 30 Y 6 M 18 D/M

UHID/MR No Visit ID

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DEPARTMENT OF BIOCHEMISTRY

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Test Name	Result	Unit	Bio. Ref. Range	Method

GLUCOSE, POST PRANDIAL (PP), 2 HOURS , NAF PLASMA	77	mg/dL	70-140	GOD - POD	
--	----	-------	--------	-----------	--

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach

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SIN No:PLP1315693





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DEPARTMENT OF BIOCHEMISTRY

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LDL CHOLESTEROL	181.2	mg/dL	<100	Calculated
VLDL CHOLESTEROL	38.8	mg/dL	<30	Calculated
CHOL / HDL RATIO	7.67		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

Page 6 of 10







: Mr.AMIT DIWAKAR

Age/Gender

: 30 Y 6 M 18 D/M

UHID/MR No Visit ID

: STAR.0000055329 : STAROPV57981

Ref Doctor Emp/Auth/TPA ID : Dr.SELF : 112504

Collected

: 25/Mar/2023 08:52AM

Received

: 25/Mar/2023 11:32AM

Reported

: 25/Mar/2023 02:33PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL CHECKUP MALE - 2D ECHO - PAN INDIA - FY2324							
Test Name	Result	Unit	Bio. Ref. Range	Method			

BILIRUBIN, TOTAL	0.50	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.40	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	74	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	34.0	U/L	8-38	JSCC
ALKALINE PHOSPHATASE	132.00	U/L	32-111	IFCC
PROTEIN, TOTAL	8.00	g/dL	6.7-8.3	BIURET
ALBUMIN	5.10	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	2.90	g/dL	2.0-3.5	Calculated
A/G RATIO	1.76		0.9-2.0	Calculated

Page 7 of 10







u c ii Patient Name

: Mr.AMIT DIWAKAR

Age/Gender

: 30 Y 6 M 18 D/M

UHID/MR No Visit ID

: STAR.0000055329

Ref Doctor

: STAROPV57981

Emp/Auth/TPA ID

: Dr.SELF : 112504 Collected

: 25/Mar/2023 08:52AM

Received

: 25/Mar/2023 11:32AM

Reported Status : 25/Mar/2023 02:13PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL	- FULL BODY ANNUAL	CHECKUP MAI	E - 2D ECHO - PAN INDIA	A - FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

CREATININE	0.75	mg/dL	0.6-1.1	ENZYMATIC METHOD
UREA	18.00	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	8.4	mg/dL	8.0 - 23.0	Calculated
URIC ACID	6.20	mg/dL	4.0-7.0	URICASE
CALCIUM	9.90	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	3.60	mg/dL	2.6-4.4	PNP-XOD
SODIUM	141	mmol/L	135-145	Direct ISE
POTASSIUM	4.4	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	99	mmol/L	98-107	Direct ISE

Page 8 of 10





: Mr.AMIT DIWAKAR

Age/Gender UHID/MR No : 30 Y 6 M 18 D/M

Visit ID

: STAR.0000055329

Ref Doctor

: STAROPV57981

Emp/Auth/TPA ID

: Dr.SELF : 112504

Test Name

Collected

: 25/Mar/2023 08:52AM

Received

: 25/Mar/2023 11:32AM

Reported Status

: 25/Mar/2023 02:33PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL CHECKUP MALE - 2D ECHO - PAN INDIA - FY2324 Result Unit Bio. Ref. Range Method

GAMMA GLUTAMYL TRANSPEPTIDASE (GGT), SERUM	78.00	U/L	16-73	Glycylglycine Kinetic method
				mounou

Page 9 of 10





Apollo DIAGNOSTICS

Expertise, Empowering you.

TOUCH Patient! Name

: Mr.AMIT DIWAKAR

Age/Gender UHID/MR No : 30 Y 6 M 18 D/M

Visit ID

: STAR.0000055329 : STAROPV57981

Ref Doctor

Emp/Auth/TPA ID

: Dr.SELF : 112504 Collected

: 25/Mar/2023 08:52AM

Received Reported

: 25/Mar/2023 01:18PM : 25/Mar/2023 03:41PM

Status

Otatus

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

	DEPARTMENT OF CLI	INICAL PATHO	LOGY	
ARCOFEMI - MEDIWHEEL -	FULL BODY ANNUAL (CHECKUP MAI	LE - 2D ECHO - PAN INDIA	- FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
рН	6.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.010		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE	- *	NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NEGATIVE		NORMAL	EHRLICH
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
CENTRIFUGED SEDIMENT WET MC	UNT AND MICROSCOPY			
PUS CELLS	1-2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	0-1	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

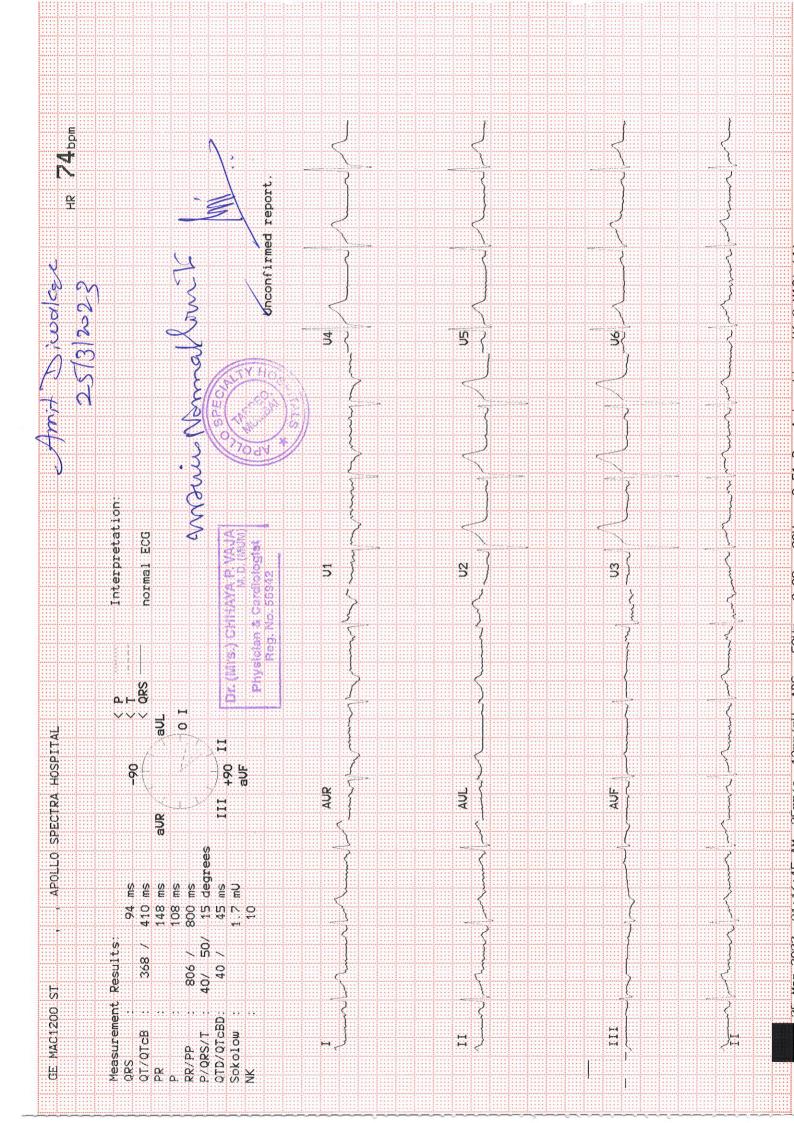
*** End Of Report ***

DR. APEKSHA MADAN MBBS, DPB PATHOLOGY

Page 10 of 10



SIN No:UR2084947





APOLLO SPECTRA HOSPITALS

Famous Cine Labs, 156, Pt. M.M. Malviya Road, Tardeo, Mumbai- 400 034.Ph. No.: 022 4332 4500 www.apollospectra.com

90

Patient Name

: Mr. Amit Diwakar

Age

: 30 Y M

UHID

: STAR.0000055329

OP Visit No

: STAROPV57981

Reported on

: 25-03-2023 10:56

Printed on

: 25-03-2023 10:57

Adm/Consult Doctor

Ref Doctor

: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen.

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

CONCLUSION:

No obvious abnormality seen.

Printed on:25-03-2023 10:56

---End of the Report---

Dr. VINOD SHETTY Radiology



APOLLO SPECTRA HOSPITALS

Famous Cine Labs, 156, Pt. M.M. Malviya Road, Tardeo, Mumbai- 400 034.Ph. No.: 022 4332 4500 www.apollospectra.com

Date

: 25/03/2023

Sex

: Male

Visit Type

: OPD

ECHO Cardiography

Comments:

Name

Age

Normal cardiac dimensions.

: Mr.Amit Diwakar

: 30 Year(s)

Structurally normal valves.

No evidence of LVH.

Intact IAS/IVS.

No evidence of regional wall motion abnormality.

Normal LV systolic function (LVEF 60%).

No diastolic dysfunction.

Normal RV systolic function.

No intracardiac clots / vegetation/ pericardial effusion.

No evidence of pulmonary hypertension.PASP=30mmHg.

IVC 12 mm collapsing with respiration.

Final Impression:

NORMAL 2DECHOCARDIOGRAPHY REPORT.

DR.CHHAYA P.VAJA. M. D.(MUM) NONINVASIVE CARDIOLOGIST

APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED

(Formerly known as Nova Specialty Hospitals Private Limited) CIN: U85100KA2009PTC049961



Name

Age

: Mr.Amit Diwakar

: 30 Year(s)

APOLLO SPECTRA HOSPITALS

Famous Cine Labs, 156, Pt. M.M. Malviya Road, Tardeo, Mumbai- 400 034.Ph. No.: 022 4332 4500

www.apollospectra.com

Date

: 25/03/2023

Sex

: Male

Visit Type

: OPD

Dimension:

EF Slope

80mm/sec

EPSS

04mm

LA

28mm

AO

26mm

LVID (d)

40mm

LVID(s)

23mm

IVS (d)

11mm

LVPW (d)

11mm

LVEF

60% (visual)

DR.CHHAYA P.VAJA. M. D.(MUM) NONINVASIVE CARDIOLOGIST

APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED

(Formerly known as Nova Specialty Hospitals Private Limited) CIN: U85100KA2009PTC049961



Specialists in Surgery
Patient Name: MR. AMIT DIWAKAR

Ref. by

: HEALTH CHECK UP

APOLLO SPECTRA HOSPITALS

Famous Cine Labs, 156, Pt. M.M. Malviya Road, Tardeo, Mumbai- 400 034.Ph. No.: 022 4332 4500

www.apollospectra.com

Date : 25-03-2023 Age: 30 years

163

12.43

SONOGRAPHY OF ABDOMEN AND PELVIS

LIVER:

The liver is normal in size but shows mild diffuse increased echotexture suggestive of fatty infiltration (Grade I). No focal mass lesion is seen. The intrahepatic biliary tree & venous radicles appear normal. The portal vein and CBD appear normal.

GALL BLADDER : The gall bladder is well distended and reveals normal wall thickness. There is no evidence of calculus seen in it.

PANCREAS: The pancreas is normal in size and echotexture. No focal mass lesion is seen.

SPLEEN

: The spleen is normal in size and echotexture. No focal parenchymal mass lesion is seen. The splenic vein is normal.

KIDNEYS: The **RIGHT KIDNEY** measures 12.4 x 5.6 cms and the **LEFT KIDNEY** measures 12.1 x 5.1 cms in size. Both kidneys are normal in size, shape and echotexture. There is no evidence of hydroneprosis or calculi seen on either side.

> The para-aortic & iliac fossa regions appears normal. There is no free fluid or any lymphadenopathy seen in the abdomen.

PROSTATE: The prostate measures 3.4 x 2.8 x 2.6 cms and weighs 14.1 gms. It is normal in size, shape and echotexture. No prostatic calcification is seen.

URINARY: The urinary bladder is well distended and is normal in shape and contour.

BLADDER

No intrinsic lesion or calculus is seen in it. The bladder wall is normal in thickness.

The Ultrasound examination reveals mild fatty infiltration of the Liver. No other significant abnormality is detected

Report with compliments.

DR.VINOD V.SHETTY MD, D.M.R.D.

CONSULTANT SONOLOGIST.

APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED



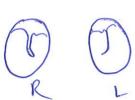
APOLLO SPECTRA HOSPITALS

Famous Cine Lads, 156, Pt. M.M. Malviya Road, Tardeo, Mumbai- 400 034.Ph. No.: 022 4332 4500 www.apollospectra.com

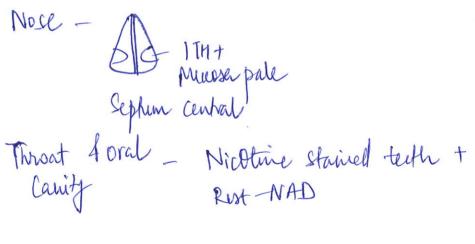
Name: Mr Anit Diwakar Age: 30/M

- for Medical Check up - Offers no complaints

- Smokers, smokes 5-6 agarettes since 7 yes



B/L TM intact, mobile



ENT-NAD

MMC. 201909617

APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED

(Formerly known as Nova Specialty Hospitals Private Limited) CIN: U85100KA2009PTC049961

Name: M. Amit Swaller Date: 25/03/2013 Ref No.:

Complaint: No Ocula do No Mo 8I/DA

Examination

Spectacle Rx $\sqrt{u} < \frac{6/6}{6/.9}$

Near le & No

		Righ	t Eye					1
	Vision	Sphere	Cyl.	Axis	Vision	Sphere	Cyl.	Axis
Distance								
Read			BK II				9	

Remarks:

Mou v- K www.

Medications:

ns:		
Trade Name	Frequency	Duration

Follow up:

Frinder Kw

Consultant:

Apollo Spectra Hospitals
Famous Cine Labs, 156, Pt. M. M.
Halviya Road, Tardeo, Mumbai · 400 034.

Malviya Road, Tardeo, Mumbai • 400 034. Tel.: 022 4332 4500 • www.apollospectra.com





Mrs. Amit Diwelor

Date: 25

2500 | -

wooden tooth brus

Dental

Dr. Rinal Modi B.D.S. (Mumbai)

Dental Surgeon Reg. No.: A-28591

Email: doctorrinal@gmail.com M: 8779256365 / 9892290876

Alliance Dental Care Limited

GSTIN: 36AAECA1118N1ZR

Corporate & Regd. Office: #7-1-617/A, 615 & 616, Imperial Towers, 7th Floor, Opp to: Ameerpet Metro Station, Ameerpet, Hyderabad 500038, Telangana.

Our Network: Bangalore | Chennai | Durgapur | Ghaziabad | Gurgaon | Howrah | Hyderabad | Jabalpur | Kannur | Karaikudi | Kolkata Madurai | Malda | Mohali | Mumbai | Mysore | Nasik | Nellore | Port Blair | Pune | Ranchi | Silchar | Trichy | Vijayawada | Visakhapatnam To book an appointment







InBoo

Height

163cm

25. 3. 2023 Date

APOLLO SPECTRA HOSPITAL

3p-110/80mmethy

ID

30 Age

Gender Male

09:13:36 Time

Body Composition

		Unide	IT.		Vorm	al			Ove	er .		UNIT:%	Normal Range
Weight	40	55	70	85	100	115	130	¹⁴⁵ ■ 81.	160 3 kg	175	190	205	49.7~67.2
Muscle Mass Skeletal Muscle Mass	60	70	80	90	100	1lo 28. 0	120 kg	130	140	150	160	170	24. 8 ~ 30. 3
Body Fat Mass	20	40	60	80	100	160	220	280	340	31.5	460 kg	520	7.0~14.0
T B W Total Body Water	36.	7 kg (32. 9)~ 4(). 2)		FFI Fat Free				49). 8 kg	(42. 7~53. 2)
Protein	9.	9 kg (8.8	- 10.	8)		Mir	ıera	 *		3.	22 kg	(3. 04~ 3. 72)

* Mineral is estimated.

Obesity Diagnosis

Obesity L	viagnosi	S		Nutrition	al Evaluatio	n
		Value	Normal Range	Protein	Mormal	[
BMI				Mineral	☑Normal	[
Body Mass Index	(kg/m²)	30. 6	18. 5 ~ 25. 0	Fat	□Normal	[
				Weight M	lanagemen	t
PBF	(%)	38. 7	10.0 ~ 20.0	Weight	□Normal	[
Percent Body Fat		00. 1	10.0 20.0	SMM	☑Normal]
WILLER				- Fat	□Normal	[
WHR Waist-Hip Ratio		1. 10	0.80~0.90	Obesity D	Diagnosis	
				 BM1	□ Normal	[
BMR Basal Metabolic Ra	(kcal)	1446	1713 ~ 2012	PBF	□Normal	[
Dasai Metabolic Na	uc.			WHR	□Normal	[

Protein	☑ Normal	☐ Deficient	
Mineral	☑Normal	☐ Deficient	
Fat	□Normal	☐ Deficient	☑ Excessive
Weight M	anagement	t	
Weight	□Normal	□ Under	☑ Over
SMM	☑Normal	□ Under	☐ Strong

Fat	□Normal	□ Under	✓ Over
Obesity	Diagnosis		
вмі	□Normal	□ Under ☑ Extreme	☐ Over ly Over
PBF	□Normal	☐ Under	☑ Over
WHR	□Normal	□ Under	☑ Over

Lean Mass Segmental Lean Evaluation 3. 2kg 3. 2kg Normal Normal Trunk $25.7\,\mathrm{kg}$ eft Normal $7.4 \, \mathrm{kg}$ 7.4kg Under Under

Segmer	ntal Fat	PBF Fat Mass Evaluation
40. 7%		40.8%
2. 4 kg		2.3kg
Over Over	Trunk 39. 5% 17. 7 kg Over	Over Right
32. 9%		32, 8%
3.8kg		3. 8 kg
Over		Over

* Segmantal Fat is estimated.

Muscle-Fat Control

Muscle Control 0. 0	Fat Control – 22. 7 kg	Fitness Score 57
---------------------	------------------------	------------------

^{*} Use your results as reference when consulting with your physician or fitness trainer.

Z RA LA TR RL LL 20kHz 288. 9 287. 9 27. 7 283. 4 287. 4

100kHz 253. 2 253. 5 23. 9 250. 5 253. 3

Exercise Planner Plan your weekly exercises from the followings and estimate your weight loss from those activities.

Energy	expendi	ture of e	each activ	vity(base	weight:	81. 3 kg	/ Durati	on:30m	in./ unit:	kcal)	
À	Walking	1	Jogging	THE .	Bicycle		Swim	2	Mountain Climbing	*	Aerobic
Λ	163	P	285	JU	244	1	285	77	265		285
The	Table tennis	8:	Tennis	3	Football	•	Oriental Fencing	A.	Gate ball	4	Badminton
V	184	7	244	1.	285	人	407	1.7	154		184
200	Racket bali	2	Tae- kwon-do	. 9	Squash	2 Pi	Basketball	(2)	Rope jumping	1	Golf
Λ	407		407	97	407	7	244	N	285		143
	Push-ups	8	Sit-ups	6	Weight training	ů.	Dumbbell exercise		Elastic band	. 1	Squats
N	development of upper body	~	abdominal muscle training	4	backache prevention	h	muscle strength		muscle strength	51	maintenance of lower body muscl

How to do

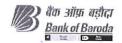
1. Choose practicable and preferable activities from the left.

Impedance

- 2. Choose exercises that you are going to do for 7 days.
- 3. Calculate the total energy expenditure for a week.
- 4. Estimate expected total weight loss for a month using the formula shown below.
- Recommended calorie intake per day 1500

*Calculation for expected total weight loss for 4 weeks: Total energy expenditure (kcal/week) X 4weeks ÷ 7700





LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator, Mediwheel (Arcofemi Healthcare Limited) Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS				
NAME	MR. DIWAKAR AMIT				
EC NO.	112504				
DESIGNATION	DIGITAL BUSINESS (ASSETS)				
PLACE OF WORK	MUMBAI,BKC, BARODA SUN TOWER				
BIRTHDATE	07-09-1992				
PROPOSED DATE OF HEALTH CHECKUP	25-03-2023				
BOOKING REFERENCE NO.	22M112504100049360E				

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 16-03-2023 till 31-03-2023 The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE				
CBC	CBC				
ESR	ESR				
Blood Group & RH Factor	Blood Group & RH Factor				
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting				
Blood and Urine Sugar PP	Blood and Urine Sugar PP				
Stool Routine	Stool Routine				
Lipid Profile	Lipid Profile				
Total Cholesterol	Total Cholesterol				
HDL	HDL				
LDL	LDL				
VLDL	VLDL				
Triglycerides	Triglycerides				
HDL / LDL ratio	HDL / LDL ratio				
Liver Profile	Liver Profile				
AST	AST				
ALT	ALT				
GGT	GGT				
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)				
ALP	ALP				
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)				
Kidney Profile	Kidney Profile				
Serum creatinine	Serum creatinine				
Blood Urea Nitrogen	Blood Urea Nitrogen				
Uric Acid	Uric Acid				
HBA1C	HBA1C				
Routine urine analysis	Routine urine analysis				
USG Whole Abdomen	USG Whole Abdomen				
General Tests	General Tests				
X Ray Chest	X Ray Chest				
ECG	ECG				
2D/3D ECHO / TMT	2D/3D ECHO / TMT				
Stress Test	Thyroid Profile (T3, T4, TSH)				
PSA Male (above 40 years)	Mammography (above 40 years)				
(2000)	and Pap Smear (above 30 years)				
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation				
Dental Check-up consultation	Physician Consultation				
Physician Consultation	Eye Check-up consultation				
Eye Check-up consultation	Skin/ENT consultation				
Skin/ENT consultation	Gynaec Consultation				



Patient Name : Mr. Amit Diwakar Age/Gender : 30 Y/M

 UHID/MR No.
 : STAR.0000055329
 OP Visit No
 : STAROPV57981

 Sample Collected on
 :
 Reported on
 : 25-03-2023 15:25

Ref Doctor : SELF **Emp/Auth/TPA ID** : 112504

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: The liver is normal in size but shows mild diffuse increased echotexture suggestive of fatty infiltration (Grade I). No focal mass lesion is seen. The intrahepatic biliary tree & venous radicles appear normal. The portal vein and CBD appear normal.

GALL : The gall bladder is well distended and reveals normal wall thickness. There is no

BLADDER evidence of calculus seen in it.

PANCREAS: The pancreas is normal in size and echotexture. No focal mass lesion is seen.

SPLEEN: The spleen is normal in size and echotexture. No focal parenchymal mass lesion

is seen. The splenic vein is normal.

KIDNEYS: The **RIGHT KIDNEY** measures 12.4 x 5.6 cms and the **LEFT KIDNEY** measures

12.1 x 5.1 cms in size. Both kidneys are normal in size, shape and echotexture. There

is no evidence of hydroneprosis or calculi seen on either side.

The para-aortic & iliac fossa regions appears normal. There is no free fluid or any

lymphadenopathy seen in the abdomen.

PROSTATE: The prostate measures 3.4 x 2.8 x 2.6 cms and weighs 14.1 gms. It is normal in size,

shape and echotexture. No prostatic calcification is seen.

URINARY: The urinary bladder is well distended and is normal in shape and contour.

BLADDER No intrinsic lesion or calculus is seen in it. The bladder wall is normal in thickness.

IMPRESSION: The Ultrasound examination reveals mild fatty infiltration of the Liver.

No other significant abnormality is detected

Dr. VINOD SHETTYRadiology



Patient Name : Mr. Amit Diwakar Age/Gender : 30 Y/M

UHID/MR No.: STAR.0000055329OP Visit No: STAROPV57981Sample Collected on: 25-03-2023 10:57

Ref Doctor : SELF **Emp/Auth/TPA ID** : 112504

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

CONCLUSION:

No obvious abnormality seen.

Dr. VINOD SHETTYRadiology