

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. GUPTA PAWAN KUMAR
EC NO.	102662
DESIGNATION	HEAD CASHIER "E" _II
PLACE OF WORK	CHIRKUNDA
BIRTHDATE	02-08-1987
PROPOSED DATE OF HEALTH CHECKUP	25-03-2023
BOOKING REFERENCE NO.	22M102662100047818E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **10-03-2023** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



Bank of Baroda
Bank of Baroda

पवन कुमार गुप्ता
PAWAN KUMAR GUPTA

102662
 102662

Pawan K Gupta

Bank of Baroda (India)
 28, G. Block, Bandra Kurla Complex, Mumbai-400 051 India
 Phone 91 22 668 5196 Fax 91 22 2652 5747

If found, please return to
 Asst. General Manager (Security)
 Bank of Baroda, Baroda Corporate Center
 C-28, G Block, Bandra Kurla Complex, Mumbai-400 051 India
 Phone 91 22 668 5196 Fax 91 22 2652 5747

MOLE ON NECK



भारत सरकार
Government of India

पवन कुमार गुप्ता
Pawan Kumar Gupta
जन्म तिथि / DOB. 02/08/1987
पुरुष / MALE

4242 7121 1808

मेरा आधार, मेरी पहचान

भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

पता: S/O. जगदीश प्रसाद, सुभाष नगर, सामुदायिक भवन
के पास, लायकडीह, निरसा कम चिरकुंडा, धनबाद,
झारखण्ड, 828202

Print Date: 05/05/2021

Address: S/O. Jagdish Prasad, SUBHASH
NAGAR., NEAR SAMUDAİK BHAWAN.,
LAYAKADIH., Nirsa-Cum-Chirkunda,
Dhanbad, Jharkhand. 828202

4242 7121 1808

1947 help@uidai.gov.in www.uidai.gov.in





आसफी हॉस्पिटल
सबके लिए स्वास्थ्य

OUT PATIENT DEPARTMENT



Mediwheel

Department of General Medicine

Regd. No. : MAR23-44291	Visit : OPD/250323/5360
Patient Name : MR. PAWAN KUMAR GUPTA	Mobile : 8084968043
Age/Sex : 35 Y 7 M 23 D / Male	Date : 25-Mar-2023 2:43 pm
Address : SUBHASH NAGAR, NEAR SAMUDAIK BHAWAN, DHANBAD - 828202, Jharkhand, INDIA	
Doctor : Dr. Aditya Anurag MD (Medicine)	OPD Timing :
	Referred By :

Allergies :	Height : Ft In Temp. : C SPO2 : 99 %
	Weight : 85 Kg Pulse : 70 BPM B.P. : 140/90 mm/Hg

History and complaints :

pre-diabetes / MASH

Examination:

NO complaint at present
NO chronic illness

Diagnosis:

Uric acid - 7.1

FBS - 114

HbA1c - 6.3

LFT - WNL

R/E urine - WNL

CBC - WNL

TSH - 2.29

CXR-PIA - WNL

ECHO - Mild PMH

ECG - WNL

USG - WIA → Gradually fatty liver

Medicines Prescribed:

Ach

1) Regular exercise.

2) wt. loss. promotion.

2 T. ENSULE PLUS 1x1. → 20

3) Review after 3 months.

E HbA1c
R sugar - PP

Follow up:

Days

Advice (Diet/ Lifestyle / Rehab)

te :

me :

Signature of Doctor

Prescription to be valid for 7 Days only.
This document is not valid for Medico-Legal purposes.

5) per 29/8/11

MR. PAMAN KUMAR GUPTA
Male

23-MAR-11 MEDICA DEHANBAD

ECG 0- (29)

35 Years

Rate 67 Sinus rhythm.....normal P axis, V-rate 50-99
Baseline wander in lead(s) II, III, aVR, aVL, aVF, V3, V4

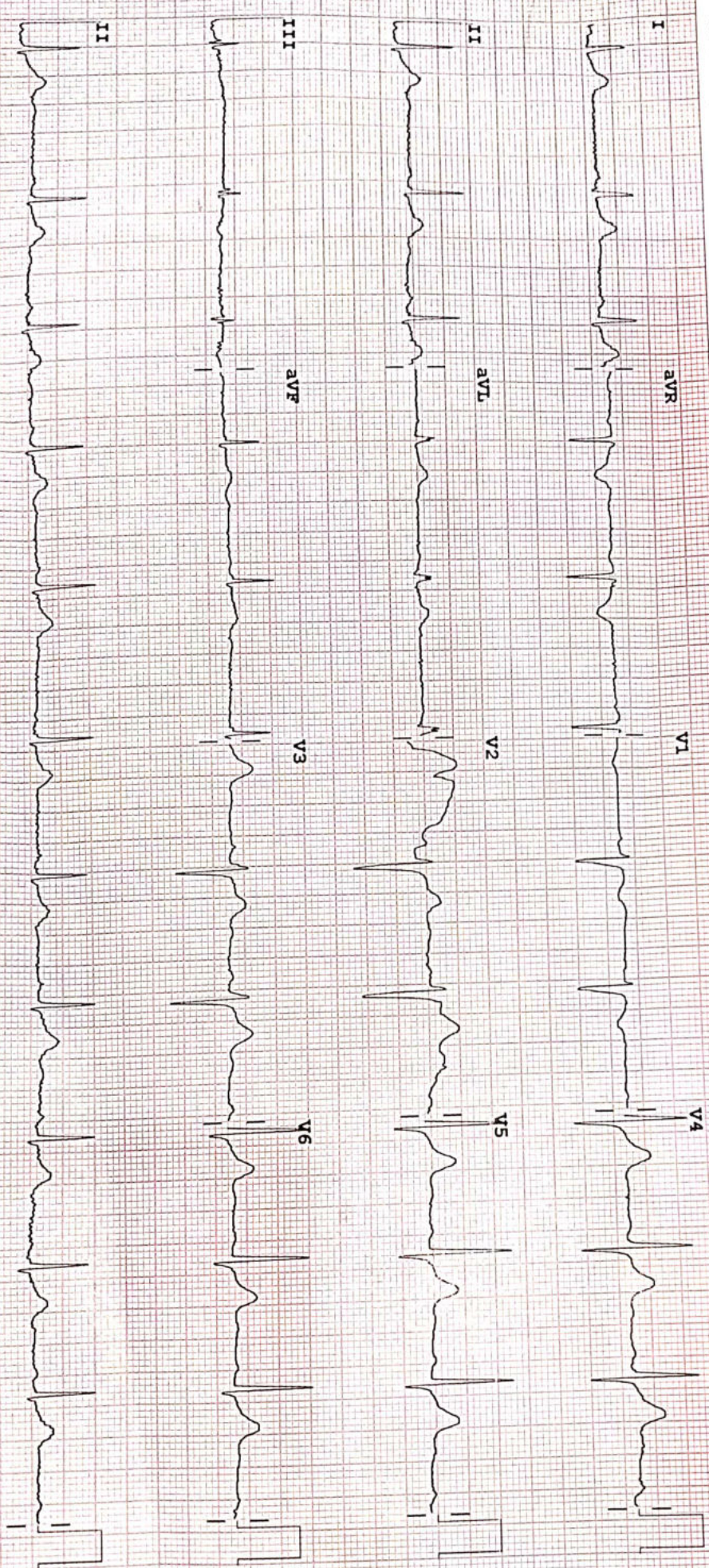
PR 144
QRSD 98
QT 380
QTc 401

--AXIS--
P -10
QRS 32
T 21

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV
F 50~0.50-100 Hz W PH100B CL P?



RADIOLOGY REPORT

Patient Information			
Patient Name	MR PAWAN KUMAR GUPTA	Patient ID	44291
Age Gender	35Y/MALE	Scan Date	MAR 25 2023
Referring Doctor	DR SELF	Report Date	MAR 25 2023

X-RAY CHEST

FINDINGS

Right paracardiac shadow is pad of fat .

The heart is normal in size and contour.

The aorta is normal.

The mediastinum, hila and pulmonary vasculature are also normal.

Trachea is central. Tracheo-bronchial tree is normal.

No focal lung lesion is seen.

No pneumothorax is seen.

The costophrenic sulci and hemidiaphragms are preserved.

Bony thoracic cage is normal. Both domes of diaphragm are normally placed. No soft tissue abnormality seen.

CONCLUSION

No gross chest abnormality is seen.

Kindly correlate with other clinical parameters.



Dr. Sanjay Khemuka

MD Radiology

Consultant Radiologist

Maharashtra Medical Council

Registration Number: 56467



MR PAWAN KUMAR GUPTA 35Y DR SELF | 1



24 HOUR EMERGENCY

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ECHOCARDIOGRAPHY REPORT

Name: MR PAWAN KUMAR GUPTA

Age: 35

Sex: Male

Date: 25/03/2023

2D & M-MODE MEASUREMENTS

LA Diam	3.8 cm
Ao Diam	3.1 cm
IVSd	0.9 cm
LVIDd	5.0 cm
LVPWd	0.9 cm
IVSs	1.5 cm
LVIDs	3.1 cm

2D & M-MODE CALCULATIONS

EDV(Teich)	117 ml
ESV(Teich)	39 ml
EF(Teich)	66 %
%FS	37 %
SV(Teich)	77 ml
LVd Mass	193.39 g
RWT	0.38

MITRAL VALVE

MV E Vel	1.11 m/s
MV DecT	183 ms
MV Dec Slope	6.1 m/s ²
MV A Vel	0.81 m/s
MV E/A Ratio	1.36
E'	0.13 m/s
E/E'	8.63

AORTIC VALVE

TRICUSPID VALVE

TR Vmax	2.48 m/s
TR maxPG	24.69 mmHg

PULMONARY VALVE

PV Vmax	1.70 m/s
PV maxPG	11.54 mmHg

COMMENTS:

- NORMAL SIZE CARDIAC CHAMBERS
- NO LVRWMA
- NORMAL LV SYSTOLIC FUNCTION (EF-63%)
- NO MR, NO AR, TRACE TR, RV SP= 25+5, MILD PAH
- IAS, IVS INTACT
- NO CLOT, PE
- IVC NORMAL

IMPRESSION:

- NORMAL SIZE CARDIAC CHAMBERS
- NO LVRWMA
- NORMAL LV SYSTOLIC FUNCTION (EF-63%)
- TRACE TR, MILD PAH

DR. UDAY SHANKAR
(NON-INVASIVE CARDIOLOGIST)

TECH. SIG



RADIOLOGY REPORT



Reg. No.	44291	Ref. Dr.	SELF
Name	MR. PAWAN KR GUPTA	Study	USG WHOLE ABDOMEN
Age & Sex	35Y/M	Rep Date	25.03.2023

USG WHOLE ABDOMEN

- LIVER** : Liver is normal in size & shape. It appears bright in echotexture. No obvious focal lesion is seen. IHBR are not dilated.
- GALL BLADDER** : GB is well distended. No obvious calculus or mass lesion is seen. The wall thickness is normal.
- CBD** : CBD is normal in course & caliber.
- PV** : PV is normal in course & caliber.
- PANCREAS** : Pancreas is normal in size, shape & echotexture. Peripancreatic soft tissues appear normal. MPD is not dilated.
- SPLEEN** : Spleen is normal in shape, size & echotexture. It measures 10.4cm in size.
- KIDNEYS** : The right kidney measures 9.3 x 5cm. The left kidney measures 9.8 x 4.6cm. Both kidneys are normal in shape, size & position. The pelvicalyceal system is normal. Corticomedullary differentiation is maintained. No focal lesion is seen.
- URINARY BLADDER** : Urinary bladder is well distended. No obvious calculus or mass lesion is seen. The wall thickness is normal.
- PROSTATE** : Prostate is normal in size, shape & echotexture.
- OTHERS** : No ascites or retroperitoneal lymphadenopathy is seen.
- IMPRESSION** : • **Grade II diffuse fatty infiltration of liver.**
Clinical correlation is suggested.

Dr. VAISHALI PATEL
MBBS, DNB (Radio-diagnosis)
Consultant Radiologist





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Name : MR. PAWAN KUMAR GUPTA
Age / Sex : 35 Yrs / Male
Doctor :
Reg. No. : MAR23-44291
Pat. Type : Mediwheel

Test Name	Result	Flag	Unit	Reference Range
Biochemistry				
Creatinine, Serum				
Method : Enzymatic				
Creatinine, Serum	0.7		mg/dl	0.6-1.4
Machine Name: XL640				
Uric Acid, Serum				
Method : Enzymatic				
Uric Acid, Serum	7.1	H	mg/dl	3.4-7.0
Machine Name: XL640				
Blood Urea Nitrogen (BUN)				
Method : Calculated				
Blood Urea Nitrogen (BUN)	9.2		mg/dl	07-21
Machine Name: XL640				
Fasting Blood Glucose, Plasma				
Method : GOD-POD				
Fasting Blood Glucose, Plasma	114.3	H	mg/dl	70-110
Machine Name: XL640				
LIPID PROFILE, SERUM				
Method : Spectrophotometry				
Cholesterol, Total (CHOD/PAP)	164.0		mg/dl	0-200
Triglycerides (Enzymatic)	170.0	H	mg/dl	0-150
HDL Cholesterol (Enzymatic)	47.0		mg/dl	0-50
LDL Cholesterol (Calculated)	83.0		mg/dl	0-100
VLDL Cholesterol (Calculated)	34.0	H	mg/dl	0-30
Machine Name: XL640				
GLYCOCYLATED HEMOGLOBIN (HbA1C), BLOOD				
Method : HPLC / Nephelometry				
HbA1C	6.3	H	%	4.4-6.2
Estimated average glucose (eAG)	102		mg/dl	

Handwritten notes: 5.7, 6.5

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DR N N SINGH
(PATHOLOGIST)

Condition of Laboratory Testing & Reporting

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ASARFI HOSPITAL LABORATORY

(A Unit of Asarfi Hospital Ltd.)

Baramuri, Bishnupur Polytechnic, Dhanbad 828 130
Ph. No.: 7808368888, 9297862282, 9234681514



Name : MR. PAWAN KUMAR GUPTA
Age / Sex : 35 Yrs / Male
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Reg. No. : MAR23-44291
Pat. Type : Mediwheel



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Test Name	Result	Flag	Unit	Reference Range
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Interpretation:

HbA1c result is suggestive of at risk for Diabetes (Prediabetes)/ well controlled Diabetes in a known Diabetic.
Note: Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

FACTORS THAT INTERFERE WITH HbA1C | FACTORS THAT AFFECT INTERPRETATION |
MEASUREMENT	OF HBA1C RESULTS
Hemoglobin variants, elevated fetal	Any condition that shortens erythrocyte
hemoglobin (HbF) and chemically	survival or decreases mean erythrocyte
modified derivatives of hemoglobin	age (e.g., recovery from acute blood loss,
(e.g. carbamylated Hb in patients	hemolytic anemia, HbSS, HbCC, and HbSC)
with renal failure) can affect the	will falsely lower HbA1c test results
accuracy of HbA1c measurements	regardless of the assay method used. Iron
deficiency anemia is associated with	
higher HbA1c	

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Policy of Laboratory Testing & Reporting Page 2 of 8
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Test Name	Result	Flag	Unit	Reference Range
Liver Function Test (LFT)				
Method : Spectrophotometry		Machine Name: XL-640		
Bilirubin Total (Diazo)	0.40		mg/dl	0.3-1.2
Bilirubin Direct (Diazo)	0.20		mg/dl	0.00-0.2
Bilirubin Indirect (Calculated)	0.30		mg/dl	0.00-1.0
SGPT (IFCC without PDP)	28.4		U/L	7-50
SGOT (IFCC without PDP)	21.7		U/L	5-45
Alkaline Phosphate (PNP AMP Kinetic)	332.5	H	U/L	70-306
GGT (Enzymatic)	38.9		U/L	0-55
Protein Total (Biuret)	6.9		g/dl	6.4-8.3
Albumin (BCG)	4.4		g/dl	3.5-5.2
Globulin (Calculated)	2.5		g/dl	2.3-3.5
A : G Ratio (Calculated)	1.70			0.8-2.0

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Page 3 of 3

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Test Name	Result	Flag	Unit	Reference Range
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Clinical Pathology

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Test Name	Result	Flag	Unit	Reference Range
Routine Urine Examination; Urine				
<i>Method: Microscopic</i>				
Appearance	CLEAR			
Colour	STRAW			
Volume	20		ml.	
Protiens	NIL			
Glucose	NIL			
PH	6.5			
Specific Gravity	1.010			
Bilirubin	NEGATIVE			
Ketone Bodies	XX			
Bile Salts	XX			
Bile Pigments	XX			
Nitrite	NEGATIVE			
Pus Cells	2-3		/hpf.	
Epithelial Cells	1-2		/hpf.	
R.B.C.	NIL		/hpf.	
Casts	NOT SEEN		/hpf.	
Crystals	NOT SEEN		/hpf.	
others	NOT SEEN			

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Test Name	Result	Flag	Unit	Reference Range
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Haematology

BLOOD GROUP, ABO & RH TYPING

Method: Agglutination

ABO GROUP	O	.		0-0
RH TYPING	POSITIVE	.		0-0

ESR (Erythrocyte Sedimentaion Rate)

Method: Westergren

Machine Name: VES-MATIC 20

ESR	30	H	mm/hr	0-10
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Page 6 of 6

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Age / Sex : 35 Yrs / Male
Doctor :
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Test Name	Result	Flag	Unit	Reference Range
Complete Blood Count (CBC)				
<i>Method: Electronical Impedence</i>				
Hemoglobin	13.0		g/dl	13-18
Total Leukocyte Count (TLC)	6,900		/cu-mm	4000-11000
PCV	39.8	L	%	40-50
MCH	28.3		Pg	27-31
MCHC	32.6		g/dl	31.5-35.5
Red Cell Distribution Width (RDW)	15.5	H	%	11.6-14
Neutrophils	70		%	55-75
Lymphocytes	25		%	15-30
Eosinophils	03		%	1-6
Monocytes	02		%	2-10
Basophils	00		%	0-1
RBC Count	4.60		million/mm ³	4.5-5.5
Mean Corpuscular Volume (MCV)	86.6		fL	83-101
Platelet Count	1.56		lakhs/cumm	1.5-4.5

Machine Name: Sysmex 6 part

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Page 7 of 8

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"KEEP THE REPORTS CAREFULLY AND BRING THEM ALONG DURING YOUR NEXT VISIT TO OUR HOSPITAL"

Name : MR. PAWAN KUMAR GUPTA
Age / Sex : 35 Yrs / Male
Doctor :
Reg. No. : MAR23-44291
Pat. Type : Mediwheel



Collection Time: 25-03-2023 12:19 pm
Receiving Time: 25-03-2023 12:20 pm
Reporting Time: 25-03-2023 2:33 pm
Publish Time : 25-03-2023 2:41 pm

Test Name	Result	Flag	Unit	Reference Range
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Immunology and Serology

THYROID PROFILE, TOTAL, SERUM

Method: ECLIA


Machine Name: Vitros ECI

T3, Total	1.41		ng/ml	0.8-2.0
T4, Total	9.20		µg/dL	5.10-14.10
TSH (Ultrasensitive)	2.29		mIU/mL	0.27-4.2

Interpretation:

1. TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm . The variation is of the order of 50% . hence time of the day has influence on the measured serum TSH concentrations.
2. Alteration in concentration of Thyroid hormone binding protein can profoundly affect Total T3 and/or Total T4 levels especially in pregnancy and in patients on steroid therapy.
3. Unbound fraction (Free,T4 /Free,T3) of thyroid hormone is biologically active form and correlate more closely with clinical status of the patient than total T4/T3 concentration
4. Values <0.03 uIU/mL need to be clinically correlated due to presence of a rare TSH variant in some individuals.

*This Document is not valid for Medico-Legal purposes.


DR N N SIN
(PATHOLOG)

Condition of Laboratory Testing & Reporting

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असर्फी हॉस्पिटल
सबके लिए स्वास्थ्य

ASARFI HOSPITAL LABORATORY

(A Unit of Asarfi Hospital Ltd.)

Baramuri, Bishnupur Polytechnic, Dhanbad 828 130
Ph. No.: 7808368888, 9297862282, 9234681514



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Collection Time : 25-03-2023 12:19 pm
Receiving Time : 25-03-2023 12:20 pm
Reporting Time : 26-03-2023 5:16 pm
Publish Time : 27-03-2023 11:46 am

Test Name	Result	Flag	Unit	Reference Range
Protein:Creatinine Ratio; Urine				
<i>Method : Immunturbidimetry, Spectrophotometry</i>				
Protein	15.0		mg/L	
Creatinine	50.0		mg/dl	
PCR	0.3		mg/g	0-0.5

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DR N N SINGH
(PATHOLOGIST)

Page 6 of 9

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24 HOUR EMERGENCY

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Collection Time : 25-03-2023 12:19 pm
Receiving Time : 25-03-2023 12:20 pm
Reporting Time : 26-03-2023 5:16 pm
Publish Time : 26-03-2023 5:24 pm

Test Name	Result	Flag	Unit	Reference Range
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Interpretation:

HbA1c result is suggestive of at risk for Diabetes (Prediabetes)/ well controlled Diabetes in a known Diabetic.

Note: Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

FACTORS THAT INTERFERE WITH HbA1C | FACTORS THAT AFFECT INTERPRETATION | MEASUREMENT | OF HbA1C RESULTS |

-----|-----|
| Hemoglobin variants,elevated fetal | Any condition that shortens erythrocyte |
| hemoglobin (HbF) and chemically | survival or decreases mean erythrocyte |
| modified derivatives of hemoglobin | age (e.g.,recovery from acute blood loss, |
| (e.g. carbamylated Hb in patients | hemolytic anemia, HbSS, HbCC, and HbSC) |
| with renal failure) can affect the | will falsely lower HbA1c test results |
| accuracy of HbA1c measurements | regardless of the assay method used.Iron |
| | deficiency anemia is associated with |
| | higher HbA1c |

Glucose, PP

Method : GOD-POD

Glucose, PP	96.9	mg/dl	70-140
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Note: Additional tests available for Diabetic control are Glycated Hemoglobin (HbA1c), Fructosamine


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Collection Time: 25-03-2023 12:19 pm
Receiving Time : 25-03-2023 12:20 pm
Reporting Time : 27-03-2023 1:54 pm
Publish Time : 29-03-2023 4:17 pm

Test Name	Result	Flag	Unit	Reference Range
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Microbiology

Culture & Sensitivity (Urine)

Method : vitek 2 compact

Machine Name: vitek 2 compact

Organism Isolated	NO GROWTH OF ANY ORGANISM
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Note:

In view of developing antibiotics resistance in inida. It is advisalbe to use anitbiotics belonging to Group B & C only if the patient is resistant to antibiotics.

* Insturment used Bact/Alert 3D 60 & vitek 2 compact.

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