

Name : MR.TRIGUNESHWAR BELSURE

:31 Years / Male Age / Gender

Consulting Dr. Collected Reported

Reg. Location : Pimple Saudagar, Pune (Main Centre)

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:26-Mar-2022 / 11:01 :26-Mar-2022 / 15:13

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

CBC (Complete Blood Count), Blood			
<u>PARAMETER</u>	RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
RBC PARAMETERS			
Haemoglobin	15.0	13.0-17.0 g/dL	Spectrophotometric
RBC	5.62	4.5-5.5 mil/cmm	Elect. Impedance
PCV	46.0	40-50 %	Measured
MCV	82	80-100 fl	Calculated
MCH	26.7	27-32 pg	Calculated
MCHC	32.7	31.5-34.5 g/dL	Calculated
RDW	11.9	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	6480	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND A	ABSOLUTE COUNTS		
Lymphocytes	40.0	20-40 %	
Absolute Lymphocytes	2592.0	1000-3000 /cmm	Calculated
Monocytes	8.2	2-10 %	
Absolute Monocytes	531.4	200-1000 /cmm	Calculated
Nautrophila	47.2	40.00.0/	

Monocytes	0.2	2-10 %	
Absolute Monocytes	531.4	200-1000 /cmm	Calculated
Neutrophils	47.2	40-80 %	
Absolute Neutrophils	3058.6	2000-7000 /cmm	Calculated
Eosinophils	3.5	1-6 %	
Absolute Eosinophils	226.8	20-500 /cmm	Calculated
Basophils	1.1	0.1-2 %	
Absolute Basophils	71.3	20-100 /cmm	Calculated

Immature Leukocytes

WBC Differential Count by Absorbance & Impedance method/Microscopy.

PLATELET PARAMETERS

Platelet Count	261000	150000-400000 /cmm	Elect. Impedance
MPV	9.1	6-11 fl	Calculated
PDW	15.2	11-18 %	Calculated

RBC MORPHOLOGY

Hypochromia Mild Microcytosis

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:26-Mar-2022 / 16:12

Macrocytosis Anisocytosis Poikilocytosis Polychromasia **Target Cells** Basophilic Stippling Normoblasts Others **WBC MORPHOLOGY**

PLATELET MORPHOLOGY

COMMENT

Specimen: EDTA Whole Blood

ESR, EDTA WB 2-15 mm at 1 hr. Westergren

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Baner Balewadi Lab *** End Of Report ***

K.S. Wadgaarkat Dr.Khushboo Wadgaonkar M.B.B.S., M.D. (Path), **Consultant Pathologist**

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Consulting Dr.

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:26-Mar-2022 / 11:01

Collected Reported :26-Mar-2022 / 19:18

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	97.3	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	74.8	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.37	0.1-1.2 mg/dl	Colorimetric
BILIRUBIN (DIRECT), Serum	0.15	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.22	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.0	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	5.1	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	1.9	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	2.7	1 - 2	Calculated
SGOT (AST), Serum	23.4	5-40 U/L	NADH (w/o P-5-P)
SGPT (ALT), Serum	34.3	5-45 U/L	NADH (w/o P-5-P)
GAMMA GT, Serum	32.1	3-60 U/L	Enzymatic
ALKALINE PHOSPHATASE, Serum	62.3	40-130 U/L	Colorimetric
BLOOD UREA, Serum	15.1	12.8-42.8 mg/dl	Kinetic
BUN, Serum	7.1	6-20 mg/dl	Calculated
CREATININE, Serum	0.81	0.67-1.17 mg/dl	Enzymatic
eGFR, Serum	118	>60 ml/min/1.73sqm	Calculated
URIC ACID, Serum	6.4	3.5-7.2 mg/dl	Enzymatic

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Name : MR.TRIGUNESHWAR BELSURE

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Urine Sugar (Fasting) **Absent Absent** Urine Ketones (Fasting) **Absent Absent**

Urine Sugar (PP) Absent **Absent** Urine Ketones (PP) Absent Absent

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Baner Balewadi Lab *** End Of Report ***



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Consulting Dr. : - Collected : 26-Mar-2022 / 11:01

Reg. Location: Pimple Saudagar, Pune (Main Centre): Reported: 26-Mar-2022 / 18:54

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)

<u>PARAMETER</u> <u>RESULTS</u> <u>BIOLOGICAL REF RANGE</u> <u>METHOD</u>

Glycosylated Hemoglobin 5.7 Non-Diabetic Level: < 5.7 % HPLC (HbA1c), EDTA WB - CC Prediabetic Level: 5.7-6.4 %

Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %

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Estimated Average Glucose 116.9 mg/dl Calculated

(eAG), EDTA WB - CC

Intended use:

• In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year

• In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly

For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

Clinical Significance:

• HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.

• The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate

*** End Of Report ***







Dr.GOURAV AGRAWAL DCP, DNB (Path) Pathologist

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:26-Mar-2022 / 15:45

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT

<u>PARAMETER</u>	RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
PHYSICAL EXAMINATION			
Color	Pale yellow	Pale Yellow	-
Reaction (pH)	Acidic (6.0)	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.010	1.001-1.030	Chemical Indicator
Transparency	Slight hazy	Clear	-
Volume (ml)	40	-	-
CHEMICAL EXAMINATION			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION	<u>N</u>		
Leukocytes(Pus cells)/hpf	2-3	0-5/hpf	
Ped Pleed Cells / hpf	Absont	0.2/hnf	

Red Blood Cells / hpf Absent 0-2/hpf

Epithelial Cells / hpf 1-2

Casts Absent Absent Crystals **Absent Absent** Amorphous debris Absent Absent

Bacteria / hpf 4-5 Less than 20/hpf



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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE BLOOD GROUPING & Rh TYPING

RESULTS PARAMETER

ABO GROUP В

Rh TYPING Positive

NOTE: Test performed by Semi- automated column agglutination technology (CAT)

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

Refernces:

- Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- AABB technical manual

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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
CHOLESTEROL, Serum	189.5	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	Enzymatic
TRIGLYCERIDES, Serum	152.8	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	Enzymatic
HDL CHOLESTEROL, Serum	36.5	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Enzymatic
NON HDL CHOLESTEROL, Serum	153	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/d High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated l
LDL CHOLESTEROL, Serum	122	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Colorimetric
VLDL CHOLESTEROL, Serum	31	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	5.2	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	3.3	0-3.5 Ratio	Calculated

^{*}Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Baner Balewadi Lab
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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

BIOLOGICAL REF RANGE RESULTS PARAMETER METHOD

Free T3, Serum 5.8 **CMIA** 2.6-5.7 pmol/L

Kindly note change in reference range and method w.e.f. 16/08/2019

Free T4, Serum 12.7 9-19 pmol/L **CMIA**

Kindly note change in reference range and method w.e.f. 16/08/2019

sensitiveTSH, Serum 2.26 0.35-4.94 microIU/ml **CMIA**

Kindly note change in reference range and method w.e.f. 16/08/2019. NOTE: 1) TSH values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH. 2) TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal & heart failure, severe burns, trauma & surgery etc.

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A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

- 1)TSH Values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

Diurnal Variation: TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation: 19.7% (with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations: Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.

Reference:

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2. Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4. Biological Variation: From principles to Practice-Callum G Fraser (AACC Press)







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CID# : **2208526017** SID# : 177805061015

Name : MR.TRIGUNESHWAR BELSURE Registered : 26-Mar-2022 / 10:28

Age / Gender : 31 Years/Male Collected : 26-Mar-2022 / 10:28

Consulting Dr. : - Reported : 26-Mar-2022 / 13:07

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USG WHOLE ABDOMEN

Liver is normal in size, shape and shows normal echogenicity. No focal lesion seen. Intrahepatic biliary radicals and portal vein appear normal. CBD appears normal.

Gall bladder is well distended with normal wall thickness.

Pancreas appears normal in size, shape and echopattern. No focal lesion seen.

Spleen appears normal in size, shape & echopattern. No focal lesion seen.

Right Kidney -10.9 X 3.9 cm.

Left Kidney - 11.0 X 5.6 cm.

Both kidneys appear normal in size, shape, position & echopattern with maintained C-M differentiation. No signs of obstruction or large calculus are seen.

Ureters are not dilated.

Urinary bladder is well distended & shows normal wall with clear contents.

Prostate is normal in size, shape and echopattern. No focal lesion seen.

No e/o free fluid in abdomen or pelvis.

No abnormal bowel dilatation or wall thickening is seen.

CONCLUSION:

· NO SIGNIFICANT ABNORMALITY IS NOTED.

*** End Of Report ***

Dr.RUJUTA RAJESH SAWANT M.B.B.S D.M.R.E RADIOLOGIST

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: 26-Mar-2022 / 10:28

Age / Gender : 31 Years/Male

Collected Reported

Registered

: 26-Mar-2022 / 10:28

: 26-Mar-2022 / 13:41

Consulting Dr. : -

Reg.Location

: Pimple Saudagar, Pune (Main Centre)

Printed : 26-Mar-2022 / 14:03

X-RAY CHEST PA VIEW

There is no evidence of any parenchymal lesion in either lung.

Both lung fields are clear.

Cardio-aortic silhouette has a normal appearance.

Diaphragmatic domes have normal contours and positions.

There is no evidence of any pleural effusion.

Bony thorax and soft-tissues are normal.

CONCLUSION:

· NORMAL CHEST X-RAY.

*** End Of Report ***

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