

Fwd: Please note the following health check-up booking summary on 11/03/2023

Amrendra Nath Dubey <amrendra.nathduby@narayanahealth.org>

Wed 3/15/2023 1:06 PM

To: Dilip Kumar <dilip.kumar01@narayanahealth.org>

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Member Name	Member Age	Package Name	Mobile
MR. TOMAR RAVINDRA SINGH	44	Medi-Wheel Metro Full Body Health Checkup Male Above 40	88263 79866
MRS. KUMARI ALKA	31	Medi-Wheel Metro Full Body Health Checkup Female Below 40	8384038029
MRS. SACHAN SAUMYA	34	Medi-Wheel Metro Full Body Health Checkup Female Below 40	9910671780
Rajiv kumar bhagat	35	Medi-Wheel Metro Full Body Health Checkup Male Below 40	8384038029
Saiswari Gochhayat	43	Medi-Wheel Metro Full Body Health Checkup Female Above 40	8447370826
Vipin rani tomar	43	Medi-Wheel Metro Full Body Health Checkup Female Above 40	88263 79866
Ashutosh sachan	37	Medi-Wheel Metro Full Body Health Checkup Male Below 40	9910671780
Mansukha Farhat	35	Medi-Wheel Metro Full Body Health Checkup Female Below 40	8511530035
MR. GOCHHAYAT MANOJA KUMAR	43	Medi-Wheel Metro Full Body Health Checkup Male Above 40	8447370826
MR. JAMAL SHAHID IZRAIL MANSOORI	42	Medi-Wheel Metro Full Body Health Checkup Male Above 40	8511530035



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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Ashutosh Sachan MRN : 15050000080808 Gender/Age : MALE , 37y (28/05/1985)

Collected On : 11/03/2023 11:08 AM Received On : 11/03/2023 11:24 AM Reported On : 11/03/2023 04:16 PM

Barcode : D62303110207 Specimen : Plasma Consultant : Dr. Gaurav Jain(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-003 Patient Mobile No : 9005464370

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (GOD/POD)	108 H	mg/dL	74.0-106.0
Post Prandial Blood Sugar (PPBS) (Enzyme Method (GOD POD))	113	mg/dL	100.0-140.0
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total (Non LDL Selective Elimination, CHOD/POD)	155.6	mg/dL	<200.0
Triglycerides (LIPASE/GK/GPO/POD)	167.5 H	mg/dL	<150.0
HDL Cholesterol (HDL) (Colorimetric (Phosphotungstic Acid Method))	40.5	mg/dL	40.0-60.0
Non-HDL Cholesterol	115.1	mg/dL	<130.0
LDL Cholesterol (Turbidometric /Microtip)	86.62	mg/dL	<100.0
VLDL Cholesterol (Calculated)	33.5	mg/dL	0.0-40.0
Cholesterol /HDL Ratio (Calculated)	3.9	-	<4.5
THYROID PROFILE (T3, T4, TSH)			
Tri Iodo Thyronine (T3) (ECLIA/ ELFA)	1.94	nmol/L	1.49-2.6
Thyroxine (T4) (ECLIA/ ELFA)	108	nmol/L	71.2-141.0
TSH (Thyroid Stimulating Hormone) (Electrochemiluminescence (ECLIA))	2.29	uIU/ml	0.465-4.68
LIVER FUNCTION TEST(LFT)			
Bilirubin Total (Azobilirubin Dyphylline)	1.10	mg/dL	0.2-1.3

Patient Name : Mr Ashutosh Sachan MRN : 15050000080808 Gender/Age : MALE , 37y (28/05/1985)			
Conjugated Bilirubin (Direct) (Dual Wavelength Reflectance)	0.22	mg/dL	0.0-0.4
Unconjugated Bilirubin (Indirect) (Calculated)	0.88	mg/dL	0.1-1.0
Total Protein (Biuret Method)	7.27	gm/dL	6.3-8.2
Serum Albumin (Bromcresol Green (BCG))	4.52	gm/dL	3.5-5.0
Serum Globulin (Calculated)	2.75	gm/dL	2.3-3.5
Albumin To Globulin (A/G)Ratio (Calculated)	1.64	-	0.9-2.0
SGOT (AST) (P - Phosphate)	42.7	U/L	17.0-59.0
SGPT (ALT) (P - Phosphate)	64.2 H	U/L	<50.0
Alkaline Phosphatase (ALP) (PNPP With Amp Buffer)	64.8	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (GCNA)	32.8	U/L	15.0-73.0



Dr. Amit Samadhiya
 MBBS, MD Biochemistry
 JUNIOR CONSULTANT

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation Rate (ESR) (Modified Westergren Method)	10.0	mm/hr	0.0-15.0
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Spectrophotometry)	15.2	g/dL	13.0-17.0
Red Blood Cell Count (Electrical Impedance)	5.16	10 ⁶ /mm ³	4.5-6.5

Patient Name : Mr Ashutosh Sachan MRN : 15050000080808 Gender/Age : MALE , 37y (28/05/1985)

PCV (Packed Cell Volume) / Hematocrit (Calculated)	45.4	%	40.0-54.0
MCV (Mean Corpuscular Volume) (Calculated)	88	µm ³	83.0-101.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	29.4	pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	33.5	g/dL	32.0-36.0
Red Cell Distribution Width (RDW) (Calculated)	12.5	%	11.5-14.0
Platelet Count (Electrical Impedance)	181	10 ³ /mm ³	150.0-450.0
Total Leucocyte Count(WBC) (Electrical Impedance)	6.8	10 ³ /mm ³	4.0-11.0

DIFFERENTIAL COUNT (DC)

Neutrophils (DHSS)	53.5	%	40.0-80.0
Lymphocytes (DHSS)	41.1 H	%	20.0-40.0
Monocytes (DHSS)	2.5	%	2.0-10.0
Eosinophils (DHSS)	2.3	%	1.0-6.0
Basophils (DHSS)	0.6	%	0.0-2.0
Absolute Neutrophil Count (Calculated)	3.64	10 ³ /mm ³	2.0-7.5
Absolute Lymphocyte Count (Calculated)	2.8	x10 ³ cells/µl	1.0-3.0
Absolute Monocyte Count (Calculated)	0.17 L	x10 ³ cells/µl	0.2-1.0
Absolute Eosinophil Count (Calculated)	0.16	x10 ³ cells/µl	0.02-0.5
Absolute Basophil Count (Calculated)	0.05	x10 ³ cells/µl	0.02-0.1

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

--End of Report--

Patient Name : Mr Ashutosh Sachan MRN : 15050000080808 Gender/Age : MALE , 37y (28/05/1985)

Prachi

Dr. Prachi
MBBS, MD Pathology
JUNIOR CONSULTANT

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mr Ashutosh Sachan MRN : 15050000080808 Gender/Age : MALE , 37y (28/05/1985)

Collected On : 11/03/2023 11:08 AM Received On : 11/03/2023 11:24 AM Reported On : 11/03/2023 03:19 PM

Barcode : D62303110209 Specimen : Whole Blood Consultant : Dr. Gaurav Jain(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-003 Patient Mobile No : 9005464370

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
HBA1C			
HbA1c (Enzymatic Method)	5.8 H	%	Normal: 4.0-5.6 Pre Diabetes: 5.7-6.4 Diabetes: => 6.5 ADA Recommendation 2017
Estimated Average Glucose	119.76	-	-

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

Interpretation Notes

- HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations. Target goals of < 7.0 % may be beneficial in patients. Please co-relate with Blood Sugar Fasting.

RENAL PACKAGE - 2 (RFT FASTING)

Fasting Blood Sugar (FBS) (GOD/POD)	106.9 H	mg/dL	74.0-106.0
Blood Urea Nitrogen (BUN) (Urease, UV)	9.5	mg/dL	9.0-20.0

SERUM CREATININE

Serum Creatinine (Enzymatic Two Point Rate - Creatinine Amidohydrolase)	0.84	mg/dL	0.66-1.25
eGFR (Calculated)	102.9	mL/min/1.73m ²	Indicative of renal impairment < 60 Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18 years of age.

Patient Name : Mr Ashutosh Sachan MRN : 15050000080808 Gender/Age : MALE , 37y (28/05/1985)

Serum Sodium (ISE Direct)	140.2	mmol/L	137.0-145.0
Serum Potassium (ISE Direct)	5.29 H	mmol/L	3.5-5.1
Serum Chloride (ISE Direct)	103.6	mmol/L	98.0-107.0
Serum Bicarbonate Level (Phosphoenolpyruvate Carboxylase /Mdh Enzymatic End Point Assay)	27.0	mmol/L	22.0-30.0
Serum Calcium (Arsezano III Dye Binding Method)	9.36	mg/dL	8.4-10.2
Serum Magnesium (Formazan Dye)	1.98	mg/dL	1.6-2.3
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	6.35	mg/dL	3.5-8.5
Serum Phosphorus (Phosphomolybdate Reduction)	4.25	mg/dL	2.5-4.5



Dr. Amit Samadhiya
 MBBS, MD Biochemistry
 JUNIOR CONSULTANT

CLINICAL PATHOLOGY

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Colour	Pale Yellow	-	-
Appearance	Clear	-	-
CHEMICAL EXAMINATION			
pH(Reaction) (Double Indicator Method)	6.0	-	4.8-7.5
Sp. Gravity (PKa Change Ionic Concentration Method)	1.015	-	1.002-1.030

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Dharamshila Narayana Superspeciality Hospital

(A Unit of Dharamshila Cancer Foundation and Research Centre)

(Hospital Reg No : DHS/NH/144 | PAN No. AAATD0451G | GST No.: 07AAATD0451G1Z7)

Hospital Address: Vasundhara Enclave, Near New Ashok Nagar Metro Station, Delhi 110 096

Tel +91 11 6904-5555 | www.narayanahealth.org | info.dnsh@narayanahealth.org

Appointments

1800-309-0309

Emergencies

73700-73700

Patient Name : Mr Ashutosh Sachan MRN : 15050000080808 Gender/Age : MALE , 37y (28/05/1985)

Protein (Protein Error Method)	Nil	-	Nil
Urine Glucose (GOD/POD)	Nil	-	Nil
Ketone Bodies	Negative	-	-
Blood Urine (Pseudo Peroxidase Method)	Nil	-	-

MICROSCOPIC EXAMINATION

Pus Cells	1-2	/hpf	1-2
RBC	Nil	/hpf	0 - 3
Epithelial Cells	1-2	/hpf	2-3
Urine For Sugar (Fasting)	Nil	-	-

Prachi

Dr. Prachi
 MBBS, MD Pathology
 JUNIOR CONSULTANT

BLOOD BANK LAB

Test	Result	Unit
BLOOD GROUP & RH TYPING		
Blood Group	"B"	-
RH Typing	Positive	-

--End of Report--

Patient Name : Mr Ashutosh Sachan MRN : 15050000080808 Gender/Age : MALE , 37y (28/05/1985)



Dr. Manoj Rawat
Consultant & HOD, Blood Bank Center
Consultant & HOD Blood Center

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



Patient Name	Ashutosh Sachan	Requested By	DR. GAURAV JAIN
MRN	15050000080808	Procedure DateTime	2023-03-11 13:50:00
Age/Sex	37Y 9M/Male	Hospital	NH-Dharamshila

Inv. No.: 6627

X-RAY CHEST (PA)

- Lung fields are clear.
- Costophrenic angles are clear.
- Both domes of diaphragm are normal.
- Mediastinum and both hila are within normal limits.
- Cardiac size is normal.
- Bones under review are unremarkable.

Impression: Normal Study.



Dr. (Col.)Vikas Rastogi
MBBS,MD
SR. CONSULTANT RADIOLOGIST
DML 89340

Patient Name	Ashutosh Sachan	Requested By	DR. GAURAV JAIN
MRN	15050000080808	Procedure DateTime	2023-03-11 12:24:28
Age/Sex	37Y 9M/Male	Hospital	NH-Dharamshila

Investigation No.1987

ULTRASONOGRAPHY WHOLE ABDOMEN

Liver : Shows a normal contour & fatty liver grade 1. Normal sized intrahepatic biliary and vascular channels are seen. No focal lesion. The common bile duct and portal vein are normal.

Gall bladder : Normal in size with normal wall thickness and contents.

The pancreas : The pancreas shows normal contour, echogenicity and size.

The spleen : is normal in size, contour and echopattern.

The right kidney : The right kidney has a normal contour & echopattern in the cortex, medulla and pelvicalyceal system.

The left kidney : The left kidney has a normal contour & echopattern in the cortex, medulla and pelvicalyceal system.

Urinary bladder is normal in wall & contents.

Prostate is normal in size, shape and parenchymal echopattern. It measures 20 ml.1

No ascites seen.

Impression : Grade 1 fatty liver.



Dr. HARMEET KAUR
MBBS MD (Radiodiagnosis)
CONSULTANT RADIOLOGIST

Transthoracic Echo color Doppler Report

Patient's Name	Mr. Ashutosh Sachan	Age/Sex	37Years/Male
Ref By:	Dr. Gaurav Jain	Date:	11/03/2023
MRN No.	1505000080808	PVT/MRD/IPD	Mediwheel full body Health Check Up

Final Interpretation

1. Normal sized cardiac chamber dimensions.
2. No Regional wall motion abnormality, LVEF = 60%.
3. MIP - Normal
4. Normal RV systolic function.
5. Trace MR, No AR, No PR, Trace TR (PASP - 28mmHg).
6. No clot/vegetation/pericardial effusion.
7. IVC normal with >50% collapsibility with respiration.

Morphology :-

- ❖ Left Ventricle: It is normal sized.
- ❖ Left Atrium: It is normal sized.
- ❖ Right Atrium: It is normal sized.
- ❖ Right Ventricle: It is normal sized. RV systolic function is normal.
- ❖ Aortic Valve: Aortic valve appears tricuspid & cusps are normal.
- ❖ Mitral Valve: open normally, Subvalvular apparatus appears normal.
- ❖ Tricuspid valve: It appears normal.
- ❖ Pulmonic Valve: It appears normal.
- ❖ Main Pulmonary artery & its branches: Appear normal.
- ❖ Pericardium: There is no pericardial effusion.

DOPPLER/COLOUR FLOW

<u>VALVE</u>	<u>MAX. VELOCITY cm/sec</u>	<u>PG/MG mmHg</u>	<u>REGURGITATION</u>
MITRAL	E- 81cm/sec, A- 46cm/sec		Trace MR
AORTIC	134		No AR
TRICUSPID	242	(PASP – 28mmHg)	Trace TR
PULMONARY	95		No PR

Contd.....

M MODE & 2D Measurements

	Observed values	Normal values
Aortic root diameter	25	20-34(mm)
Left atrium size	32	19-40(mm)
Left Ventricular Size diastole	45	ED 37-56(mm)
Left Ventricular Size systole	27	ES 22-40 (mm)
Inter ventricular Septum diastole	07	ED 6-10(mm)
Posterior Wall thickness diastole	08	ED 6-10(mm)
End Diastolic Volume	92	
End Systolic Volume	27	
LV Ejection Fraction (%)	60%	55%-75%

2D EXAMINATION DESCRIPTION

2D and M Mode examination done in multiple views revealed fair movement of both mitral leaflets. Aortic valve has three cusps & cusps are normal. Tricuspid valve leaflets move normally. Pulmonary valve is normal. Ascending Aorta is normal. Interatrial septum and interventricular septum are intact.

Dimension of left atrium and left ventricle are normal. No regional wall motion abnormality seen. Global LVEF is 60%. No intracardiac mass or thrombus seen.

Dr. Anand Pandey
Sr. Consultant & Head Cardiologist


Dr. Sejal Gupta
Consultant Cardiologist

Dr. Amrendra Pandey
Consultant Cardiology

Dr. Rakesh Bachloo
Consultant Cardiology

Note:- This is a professional opinion based on imaging finding and not the diagnosis. Not valid for medico-legal purposes.
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