



Name : MS. PANDE PADMAJA
Age /Sex : 41 Y / F
Ref. By : BANK OF BARODA (MW)

Reg. No : 023-1229
Registration Date : 27-07-2022
Alt ID :

MEDICAL CHECK UP FORM

Physical Examination :

Height (Cms): 160cms Weight (KG) 60kg
Body Mass Index (BMI) :
Pulse Rate : 88 /Min Regular / Abnormal
B P : 110/70
Skin : Normal
Nails : Normal
Oral Hygenic : Good

Personal History

Smoking : Yes / No ✓
Alcoholism : Yes / No ✓
Diabetes : Yes / No ✓
Hypertension : Yes / No ✓
Allergy : Yes / No ✓
Accidents if any : No
Surgeries if any : No

Complaints if any : _____

Family History : Mother & father are Hypertension on Medication

Systemic Examination - Abnormality - If Yes Please explain)

* CVS - Yes / No ✓
* CNS - Yes / No ✓
* GI Tract - Yes / No ✓
* Abdomen - Yes / No ✓
Respiratory Tract - Yes / No ✓

E N T EXAMINATION

Normal

Any abnormality

Investigations : (N = Normal; R - See Report)

Hb. 11.1 g/dl
USG - Uterine Fibroids ; Advice to consult Gynaecologist

Diagnosis (if any) _____

Recommendations / Impression : _____

PHYSICIAN SIGNATURE & STAMP

Dr. Ch. Varaprasad
M.B.B.S.
Regd. No: APMC/FMG/88766



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OPHTHALMIC EXAMINATION

VISUAL ACUITY

| | RIGHT EYE | LEFT EYE |
|-----------------------|-----------|----------|
| Distant Vision | | |
| Without glasses | — | — |
| With Glasses | 6/6 | 6/6 |
| Near Vision | | |
| Without Glasses | 6/6 | 6/6 |
| With Glasses | — | — |

- Anterior Segment : *normal*
- Posterior Segment : *normal*
- Adnexal : *normal*
- SLE
- External Exam : *normal*
- Refraction : *normal*
- Color Vision : *normal*

Opinion/ Advice:

Myopic using glasses.

| | Right EYE | | | Left EYE | | |
|----------------|-----------|-----|------|----------|-----|------|
| | SPH | CYL | AXIS | SPH | CYL | AXIS |
| Distant Vision | | | | | | |
| Near Vision | | | | | | |

COLOUR PRECEPTION EXAMINATION : Ishara 32 Plates Pseudo iso-Chromatic Plates test

| Type | No of Plates | No of errors | Results * |
|--------------------------|--------------|--------------|-----------|
| Ishara Color Vision Type | | | |

**Interpretation : NS : Normal: R : Partial Color Blind: PCB: Totally Color Blind;
PCB-R : Remarks if any**

Ophthalmologist / Optician
ADITYA DIAGNOSTICS
RESEARCH LABORATORIES
MIG-256-258, S.R. Towers,
Road No: 4, K.P.H.B. Colony,
Hyderabad-500 072



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Investigation

Result

Normal Ranges

HAEMOGRAM

Investigation

Result

Normal Range

Haemoglobin

11.1 gm%

Male : 14.0 - 18.0 gm %

Female : 11.5 - 16.0 gm %

Children : 12 - 14 gm %

R B C mil/cmm

3.7 mil/cmm

Male : 4.5 - 6.5 mil/cmm

Female : 4.0 - 5.5 mil/cmm

Packed Cell volume (PCV)

33 %

Male : 40 - 54 %

Female : 36 - 49 %

MCV

66 Cubic microns

76 - 96 Cubic microns

MCH

23 Picograms

27- 32 Picograms

MCHC

34 gm%

30 - 36 gm%

WBC (Total)

6,700 cells/cmm

4,000 - 11,000 cells/cmm

DIFFERENTIAL COUNT

Neutrophils (Polymorphs)

73 %

Adults : 40 - 75 %

Children : 36- 50 %

Lymphocytes

24 %

Adults : 20 - 40 %

Children : 36- 50 %

Eosinophils

02 %

1 - 6 %

Monocytes

01 %

2 - 10 %

Basophils

00 %

00 - 01 %

Platelet count

2,01,000 cells/cmm

1,50,000 - 4,00,000 cells/cmm

ESR 1st Hour

10 mm/hour

Male : 0 - 10 mm / hour

Female : 0 - 14 mm / hour

Reticulocyte count

0.6 %

0.5 - 1.0 %

PERIPHERAL SMEAR EXAMINATION

RBC's Morphology

Normocytic / Hypochromic Few Microcytes

WBC

With in normal limits

Plateletes

Adequate

Abnormal Cells

Nil

Method : Automated Cellcounter&Microscopy

Dr Rajani Gutha, PhD
Chief Biochemist

* End of Report *
Verified by

Dr S Ramadevi, MD
Consultant Pathologist



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Investigation

Result

Reference Range

Fasting Plasma Glucose *
Blood Sugar
Method GOD-POD

84 mg/dl

70 - 110 mg/dl

Post Prandial Glucose *
(Blood Sugar)
Method GOD-POD

100 mg/dl

70 - 160 mg/dl

* End of Report *

Ramadevi

Dr S Ramadevi MD
Consultant Pathologist

Rajini G

Dr Rajini G, PhD
Chief Biochemist

L
Verified by



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| Investigation | Result | Reference Range |
|---|-----------|---|
| Blood Urea * Method GLDH | 21 mg/dl | 10 - 50 mg/dl |
| Blood Urea Nitrogen * Calculated | 9.8 mg/dl | 6 - 25.5 mg/dl |
| Serum Creatinine * Method Enzymatic | 0.7 mg/dl | Male : 0.7 - 1.3 mg/dl Female : 0.6 - 1.1 mg/dl New Born 1 - 4 days : 0.3 - 1.0 mg/dl Infant (upto 1year) : 0.2 - 0.4 mg/dl Children : 0.3 - 0.7 mg/dl |
| Serum Uric Acid * Method:Uricase POD | 3.9 mg/dl | Male : 3.5 - 7.2 mg/dl Female : 2.6 - 6.0 mg/dl |

* End of Report *

Dr Rajini G, PhD
Chief Biochemist

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Investigation

Result
Lipid Profile

Reference Range

Total Cholesterol *
Method CHOD-POD

125 mg/dL

Normal : < 200 mg/dL
Borderline High : 200 - 239 mg/dL
High : > 240 mg/dL

Serum Triglycerides *
Method GPO - POD

156 mg/dL

Normal : < 150 mg/dL
Borderline High : 150 - 199 mg/dL
High : 200 - 499 mg/dL
Very High : =/> 500 mg/dL

H D L Cholesterol *
Method Direct CHOD-PAD

39 mg/dL

Low : < 40
High : > 60

L D L Cholesterol *
Method Calculated

55 mg/dL

Optimal : < 100
Near Optimal : 100 - 129
Borderline High : 130 - 159
High : 160 - 189
Very High : =/> 190

V L D L Cholesterol *
Method Calculated

31 mg/dL

10 - 30 mg/dL

TC / HDL Cholesterol Ratio *
Method Calculated

3.2 Ratio

3.0 - 5.0 Ratio

LDL / HDL Ratio *
Method Calculated

1.4 Ratio

1.5 - 3.5 Ratio

* End of Report *

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| Investigation | Result | Reference Range |
|---------------|--------|-----------------|
|---------------|--------|-----------------|

Liver Function Tests

| | | |
|--|--------------|--|
| Total Bilirubin (Method: Walter &Gerarde) | : 0.41 mg/dl | 0.3 - 1.2 mg/dl |
| Direct Bilirubin (Conjugated) (Method: Walter &Gerarde) | : 0.12 mg/dl | 0.0 - 0.2 mg/dl |
| Indirect Bilirubin (Unconjugated) | : 0.29 mg/dl | |
| Alkaline Phosphatase (Method: GSCC) | : 56 U/L | Male : 53 - 128 U/L Female : 42 - 98 U/L Children : 54 - 369 U/L |
| S G P T (Method: IFCC) | : 16 IU/L | UP TO 55 IU/L |
| S G O T (Method: IFCC) | : 19 IU/L | UP TO 55 IU/L |
| Total Proteins (Method: Biuret) | : 6.9 gm/dl | 6.0 - 8.3 gm/dl |
| Albumin (Method: BCG) | : 3.5 gm/dl | 3.5 - 5.2 gm/dl |
| Globulin (Method: Calculated) | : 3.4 gm/dl | |
| A/G Ratio | 1.03 | |
| Gamma GT IFCC Method | 21 U/L | Male : 10 - 50 U/L Female : 7 - 35 U/L |

Lab Incharge

* End of Report *

Dr Rajini G, PhD
Chief Biochemist

Verified by

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| <u>Investigation</u> | <u>Result</u> | <u>Normal Ranges</u> |
|---|-----------------|------------------------|
| Trilodothyronine Total (TT3) | 1.04 ng/mL | 0.60 - 1.81 ng/mL |
| Thyroxine - Total (TT4) | 8.84 mg/dL | 3.5 - 12.6 mg/dL |
| Thyroid Stimulating Hormone(TSH) Method: C.L.I.A | 2.31 μ U/ml | 0.35 - 5.50 μ U/ml |

Interpretation


Primary malfunction of the thyroid gland may result in excessive (hyper) or below normal (hypo) release of T3 or T4. In addition, as thyroid function is directly affected by TSH. Diagnostically, T3 concentration is more sensitive to certain thyroid conditions than T4. While T4 levels are a sensitive (and superior) indicator of hypothyroidism, T3 blood levels better define hyperthyroidism. Because T3 concentration in serum changes faster and more markedly than T4, the T3 level is also an excellent indicator of the ability of the thyroid to respond to both stimulatory and suppressive tests. Under conditions of strong thyroid stimulation, the T3 level offers a good.

It is especially useful in the differential diagnosis of primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.


Dr Rajani Gutha, PhD
Chief Biochemist

* End of Report *


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Investigation

Result

Reference Range

% HbA1c (Glycosylated Haemoglobin)
(Method: HPLC-NGSP Certified)

5.0 %

< 6.0 : Pre Diabetic
6-7 : Good Control
7-8 : Weak Control
> 8.0 : Poor Control

Intrepretation :

HbA1c is an indicator of glycemic control. HbA1c represents average glycemia over the past six to eight weeks. Glycation of hemoglobin occurs over the entire 120 day life span of the red blood cell, but within this 120 days. Recent glycemia has the largest influence on the HbA1c value. Clinical studies suggest that a patient in stable control will have 50% of their HbA1c formed in the month before sampling, 25% in the month before that, and the remaining 25% in months two to four.

Mean Plasma Glucose mg/dl = (HbA1c x 35.6) - 77.3)

Correlation between HbA1c and Mean Plasma Glucose (MPG) is not "perfect" but rather only .81 (1.0 would be a straight line, which has "perfect" correlation...) This means that to predict or estimate average glucose from Hb-A1c or vice-versa is not "perfect" but gives a good working ballpark estimate. Afternoon and evening results correlate more closely to HbA1c than morning results, perhaps because morning fasting glucose levels vary much more than daytime glucose levels, which are easier to predict and control.

Dr Rajini G, PhD
Chief Biochemist

* End of Report *

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Investigation

Result

Complete Urine Examination

Investigation

Result

PHYSICAL EXAMINATION

Colour : Pale Yellow
Apperance : Clear
Reaction : Acidic
Specific Gravity : 1.020

CHEMICAL EXAMINATION

Albumin : Nil
Glucose : Nil

MICROSCOPIC EXAMINATION

Pus Cells : 1 - 2 /HPF
Epithelial Cells : 2 - 3 /HPF
RBC : Nil /HPF
Crystals : Nil
Casts : Nil
Bacteria : Nil
Others : Nil

* End of report *

Verified by

Dr Rajani Gutta
Chief Biochemist

D RS Ramadevi, MD
Consultant Pathologist



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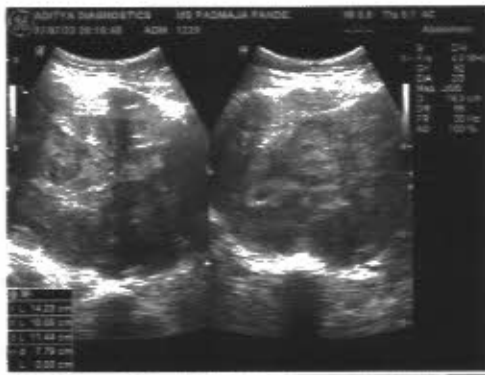
Reg. No : 023-1229
Registration Date : 27-07-2022
Alt ID :

Ultrasound Scan Of Abdomen

- Liver** Size (136 mm), Shape, contour and echotexture normal. No localized or diffused mass lesions are seen. Intrahepatic vascular system, Portal vein, C.B.D and biliary radicals are normal
- Gall Bladder** Contracted
- Spleen** Size : 105 mm, Shape and echotexture normal, No abnormal calcifications seen.
- Pancreas** Head, body and tail echotexture are normal. Pancreatic duct normal. No mass or cystic lesions seen. No calcifications are seen.
- Kidneys** Right kidney Measures : 98 x 44 mm
Left kidney Measures : 109 x 45 mm

Peri renal areas normal, Renal capsule normal, Cortical thickness, Cortical echopattern and corticomedullary differentiation are normal. Pelvicalyceal system normal. No calculus or no mass lesions are seen.
- Urinary Bladder** Well distended, Normal wall thickness. No evidence of calculi. No focal lesions.
- Uterus** Size : 142 x 106 x 114 mm, (Bulky in size with altered echotexture)
Endometrium thickness 16 mm (Thickened).
E/O Multiple heterogenously hypoechoic areas noted throughout the uterine cavity of varying sizes, Largest Measuring 58 x 48 mm in the anterior myometrium & 47 x 47 mm near the Lower uterine segment & 45 x 41 mm at the right lateral wall region with mild vascularity noted within..
- Ovaries** Right Ovary : 44 x 22 mm, appears normal in size, shape and echotexture.
Left Ovary : Could not be visualised due to sub Optimal Window.
- Others** Aorta and IVC are normal. No lymphadenopathy. No ascitis.
- Impression:** * Bulky Uterus with Altered Echotexture.
* Multiple Uterine Fibroids with Thickened Endometrium.
- Adv - MRI Abdomen for further Evaluation if clinically indicated.


DR MD AZAM
Radiologist



ADITYA DIAGNOSTICS & RESEARCH LABS ECG REPORT

ID : 2529 Years Male cm kg / mmHg Race: Unknown Room No.: Department: Exam Room: Medication:

Diagnosis Information:
 Sinus Arrhythmia
 Inverted T Wave(V1,V2,V3,V4)
 Right Axis Deviation

HR : 62 bpm
 P : 80 ms
 PR : 120 ms
 QRS : 86 ms
 QT/QTc : 406/415 ms
 P/QRS/T : 50/91/74 °
 RV5/SV1 : 0.136/0.687 mV

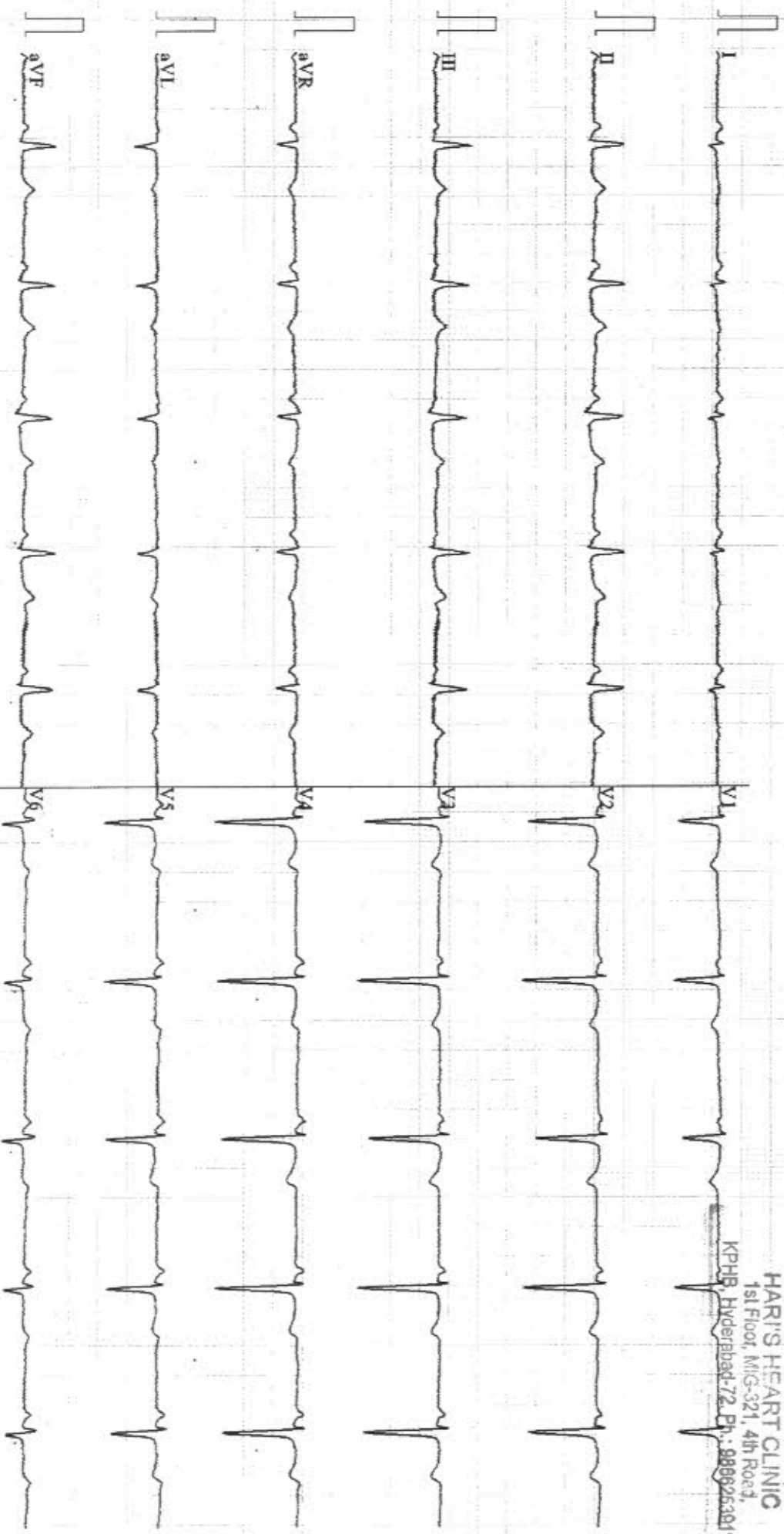
O23-1229 F / 41 Y
 MS PANDE PADMAJA
 Aditya Diagnostics 27-07-2022

TO BE CORRELATED CLINICALLY

N 5 R
 Non-specific ST T
 Cherry

Technician :
 Ref-Phys. :
 Report Confirmed by: **Dr. V. HARIRAM**

HARI'S HEART CLINIC
 1st Floor, MIG-321, 4th Road,
 KPHB, Hyderabad-72 Ph : 9866253011



41 Yrs / Female
 41 Yrs / Female
 27-Jul-2022 08:27:08 AM

Summary

Protocol : BRUCE

Medication :
 Ref By : BANK OF BARODA

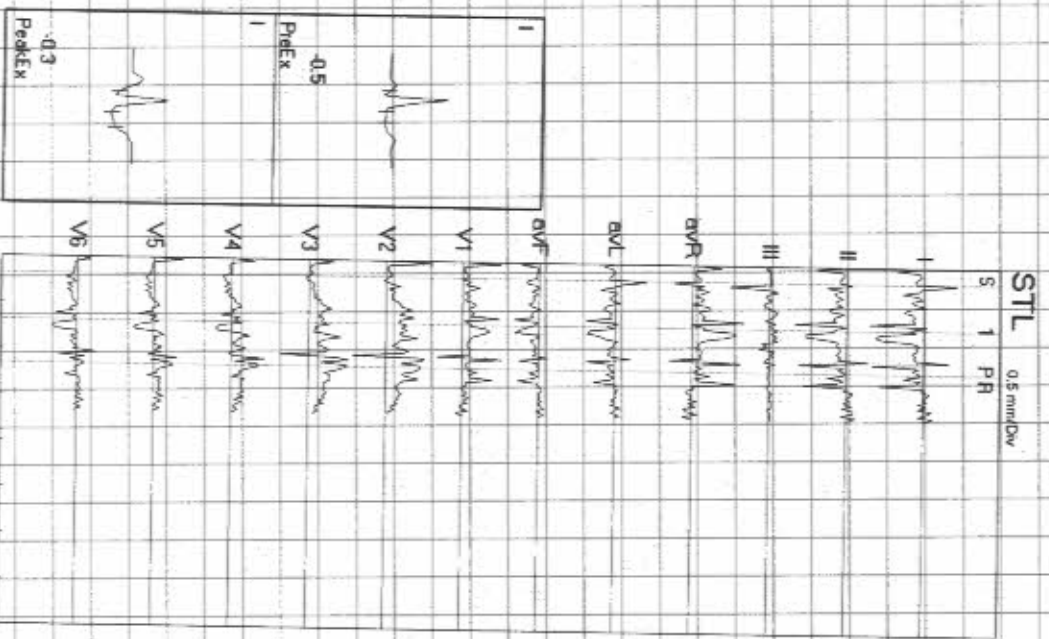
Objective :
 History :

| Stage | Stage Time (Min:Sec) | Phase Time (Min:Sec) | Speed (mph) | Grade (%) | METS | H.R. (bpm) | B.P. (mmHg) | R.P.P. x100 | PVC | Comments |
|----------|----------------------|----------------------|-------------|-----------|------|------------|-------------|-------------|-----|----------|
| Supine | | | | | 1.0 | 74 | 120/80 | 88 | - | |
| Standing | | | | | 1.0 | 73 | 120/80 | 87 | - | |
| HV | | | | | 1.0 | 72 | 120/80 | 86 | - | |
| ExStart | | | | | 1.0 | 120 | 120/80 | 144 | - | |
| Stage 1 | 3:00 | 3:01 | 1.7 | 10.0 | 4.7 | 150 | 130/90 | 195 | - | |
| PeakEx | 2:51 | 5:52 | 2.5 | 12.0 | 7.0 | 161 | 130/90 | 209 | - | |
| Recovery | 1:00 | | 0.0 | 0.0 | 1.0 | 125 | 130/90 | 162 | - | |
| Recovery | 2:00 | | 0.0 | 0.0 | 1.0 | 83 | 110/80 | 91 | - | |
| Recovery | 3:00 | | 0.0 | 0.0 | 1.0 | 95 | 110/80 | 104 | - | |
| Recovery | 3:04 | | 0.0 | 0.0 | 1.0 | 87 | 110/80 | 95 | - | |
| Recovery | | | | | 0.0 | 0 | ---/--- | 0 | - | |

Findings :

Exercise Time : 05:52
 Max HR Attained : 161 bpm 90% of Target 179
 Max BP : 130/90 (mmHg)
 Max Workload attained : 7 (Fair Effort Tolerance)

BT
 TMTIS Negative FOR
 INDUCIBLE ISCHEMIA



Advice/Comments:

Dr. V. HARIRAM
 MD DM (Card)
 HARRIS HEART CLINIC
 1st Floor, M/G-321, 4th Road,
 KPHB, Hyderabad-72. Ph.: 9866253911



ADITYA DIAGNOSTIC

Linked Medians Report

194 / MRS. PANDE PADMAJA
41 Yrs / Female
0 Kg / 0 Cm/
Date: 27-Jul-2022 08:27:08 AM

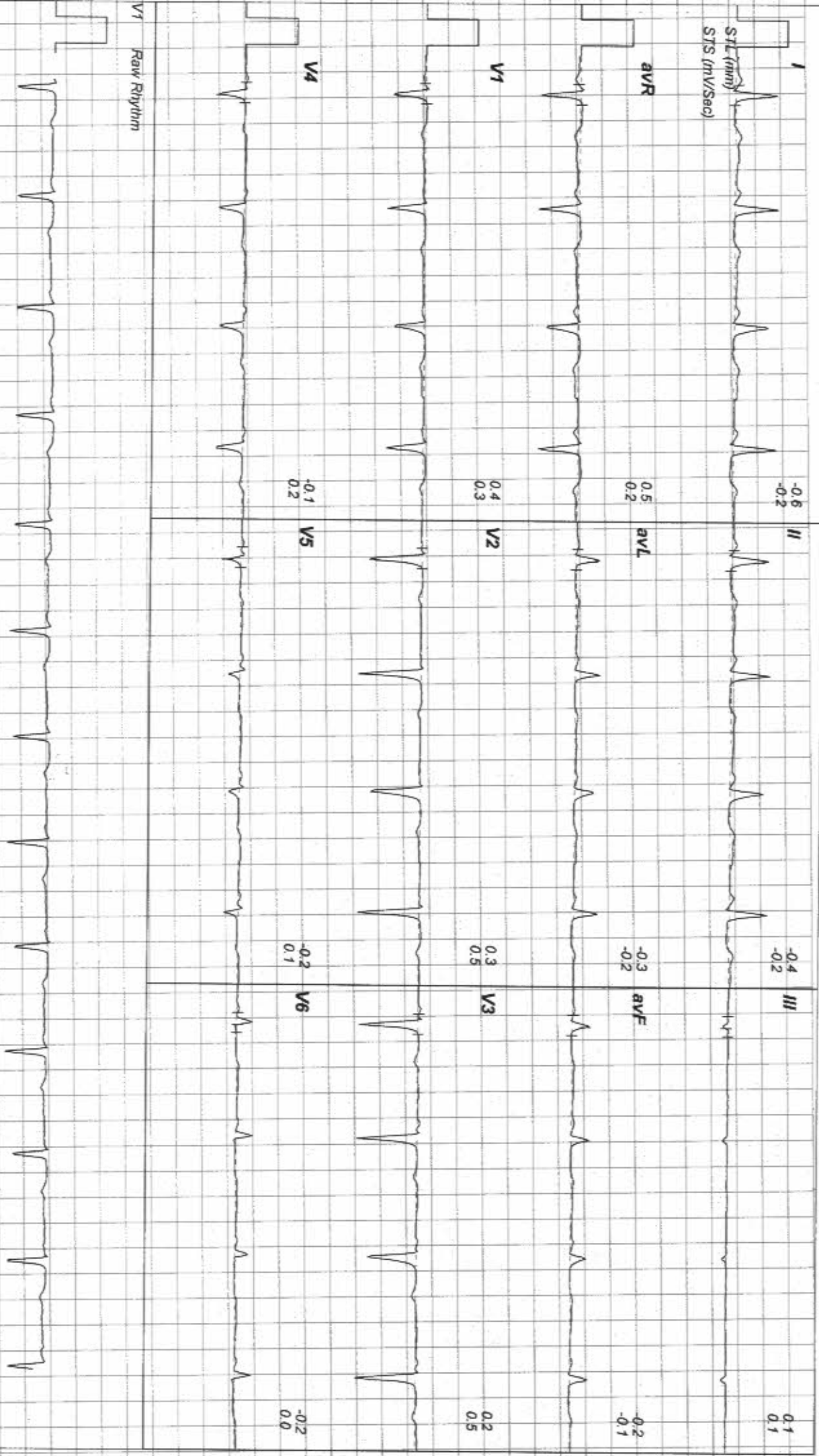
HR: 74 bpm
METS: 1.0
BP: 120/80

Tgt HR: 41% of 179
Speed: 11.0 mph,
Grade: 0.0%

(0.05-100)Hz

Ex Time 00:46
BLC: On
Notch: On

SUPINE
1.0 Cm/mV
25 mm/Sec.



ADITYA DIAGNOSTIC

MIG 258, ROAD NO 4, REMEDY LINE KPHB, HYD TS.

41 Yrs / Female

0 Kg / 0 Cm /

Date: 27-Jul-2022 08:27:08 AM

Linked Medians Report

Ex Time 00:50

BLC : On

Notch : On

STANDING

1.0 Cm/mV

25 mm/Sec.

Trgt HR: 40% of 179

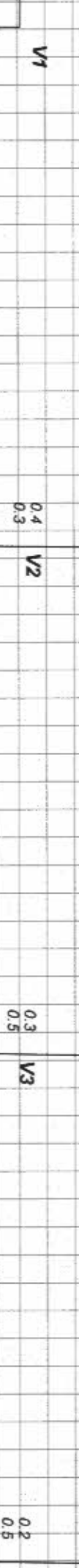
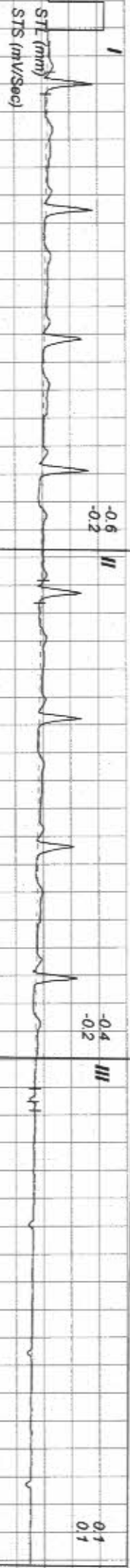
Speed: 11.0 mph.

Grade: 0.0%

HR: 73 bpm

METS: 1.0

BP: 120/80



Linked Medians Report

194 / MRS. PANDE PADMAJA
41 Yrs / Female
0 Kg / 0 Cm/
Date: 27-Jul-2022 08:27:08 AM

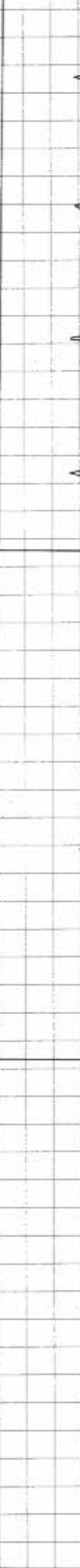
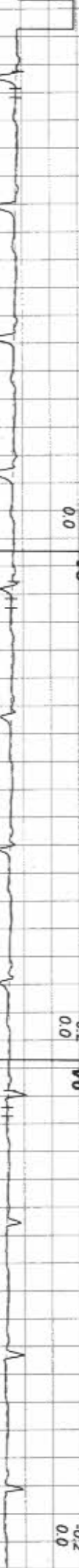
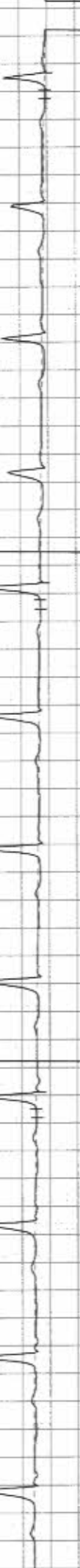
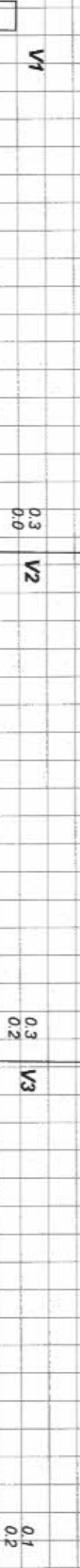
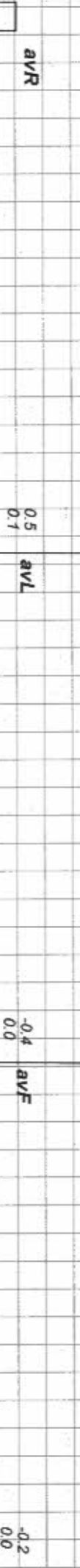
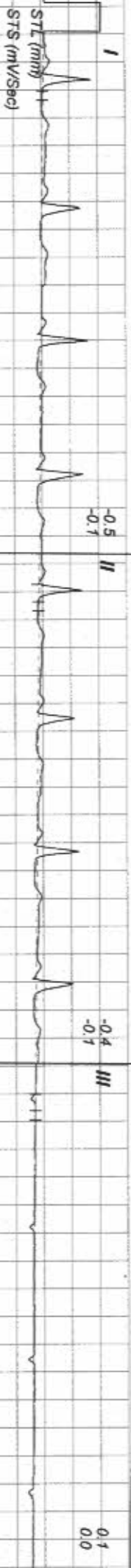
HR: 72 bpm
METs: 1.0
BP: 120/80

Tgt HR: 40% of 179
Speed: 11.0 mph,
Grade: 0.0%

(0.05-100)Hz

Ex Time 00:54
BLC: On
Notch: On

HV
1.0 Cm/mV
25 mm/Sec.



Linked Medians Report

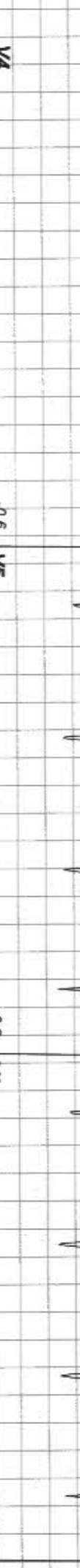
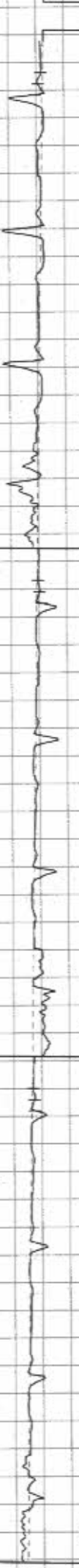
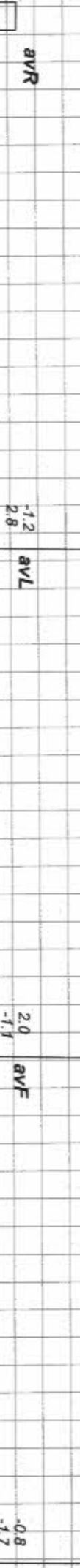
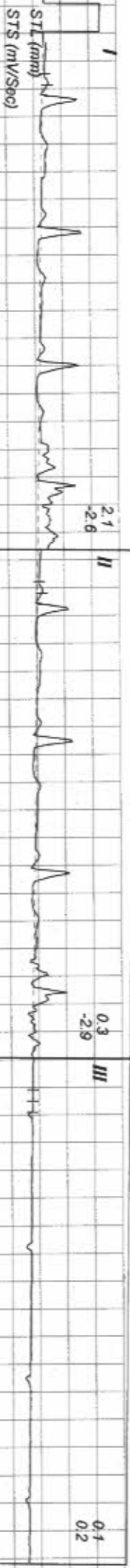
194 / MRS. PANDE PADMAJA
41 Yrs / Female
0 Kg / 0 Cm/
Date: 27-Jul-2022 08:27:08 AM

HR: 109 bpm
METS: 1.0
BP: 120/80

Tgt HR: 60% of 179
Speed: 11.0 mph,
Grade: 10.0%

Ex Time 00:00
BLC: On
Notch: On

ExStrt
1.0 Cm/mV
25 mm/Sec.



Linked Medians Report

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0 Kg / 0 Cm/
Date: 27-Jul-2022 08:27:08 AM

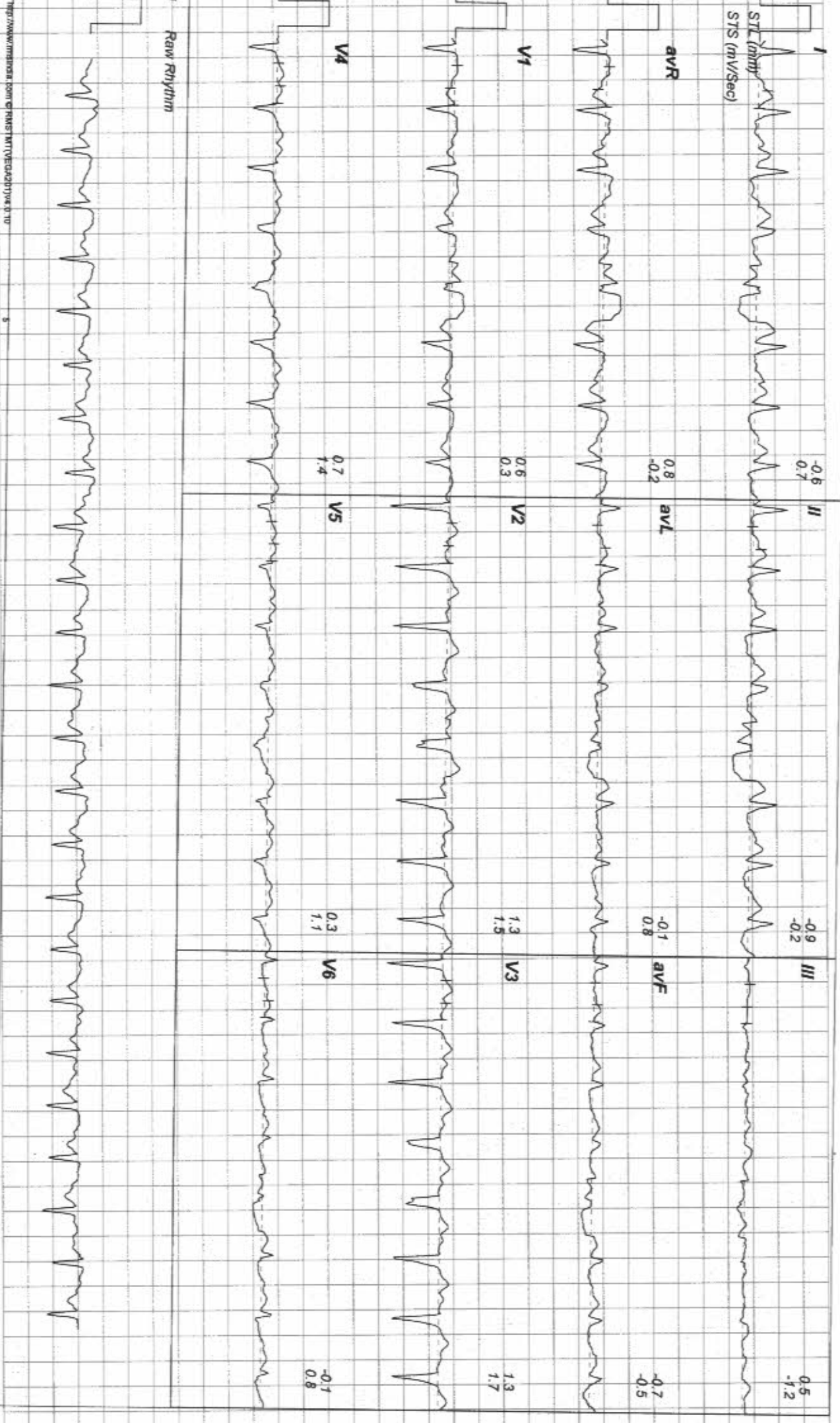
HR: 150 bpm
METS: 4.7
BP: 130/90

Trgt HR: 83% of 179
Speed: 17.0 mph,
Grade: 10.0%

(0.05-100)Hz

Ex Time 03:00
BLC : On
Notch : On

Stage 1 (03:00)
1.0 Cm/mV
25 mm/Sec.



Linked Medians Report

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41 Yrs / Female
0 Kg / 0 Cm/

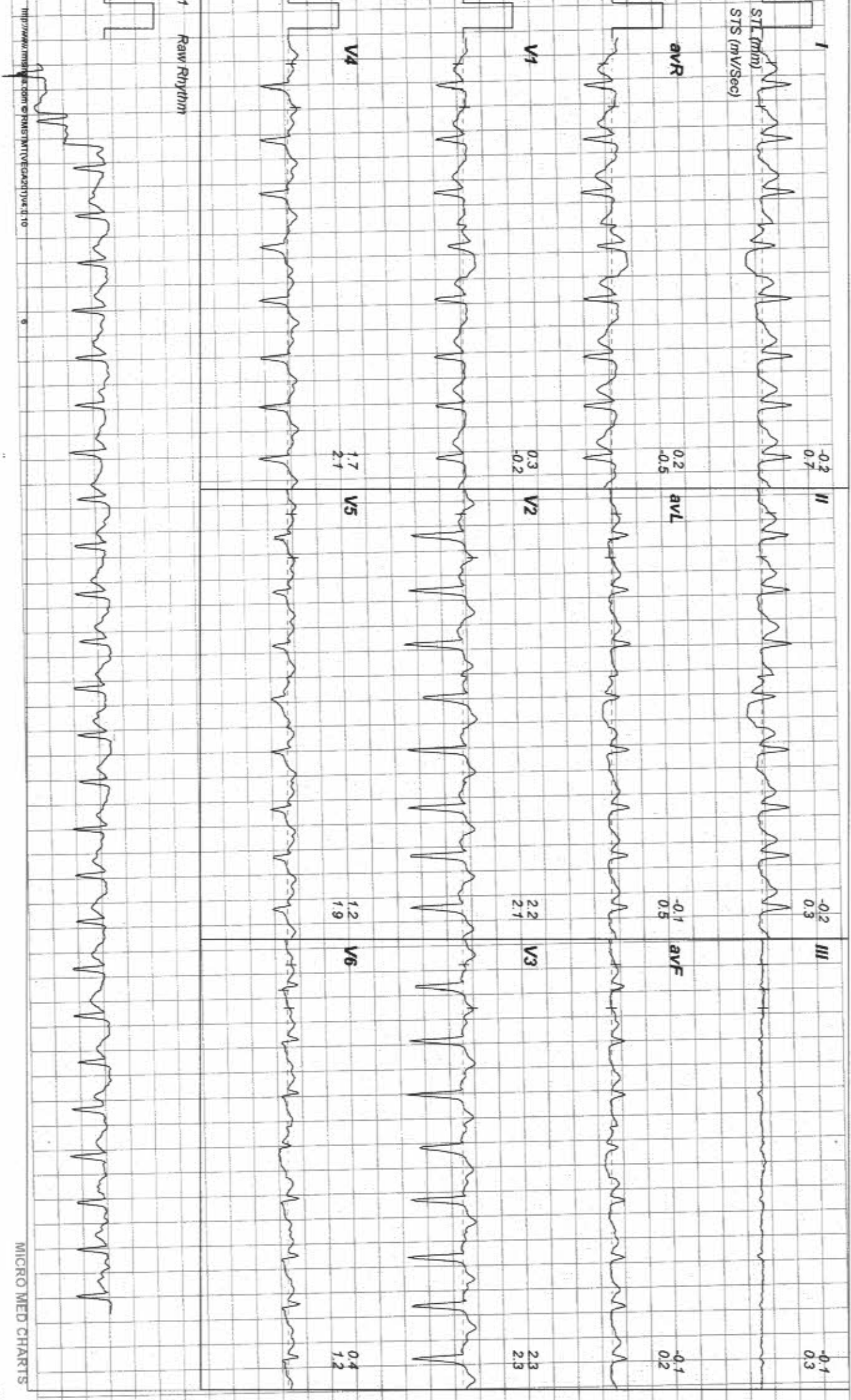
Date: 27-Jul-2022 08:27:08 AM

HR: 161 bpm
METS: 7.0
BP: 130/90

Tgt HR: 89% of 179
Speed: 25.0 mph
Grade: 12.0%

Ex Time 05:51
BLC: On
Notch: On

PeakEx
1.0 Cm/mV
25 mm/Sec.



Linked Medians Report

194 / MRS. PANDE PADMAJA
 41 Yrs / Female
 0 Kg / 0 Cm/
 Date: 27-Jul-2022 08:27:08 AM

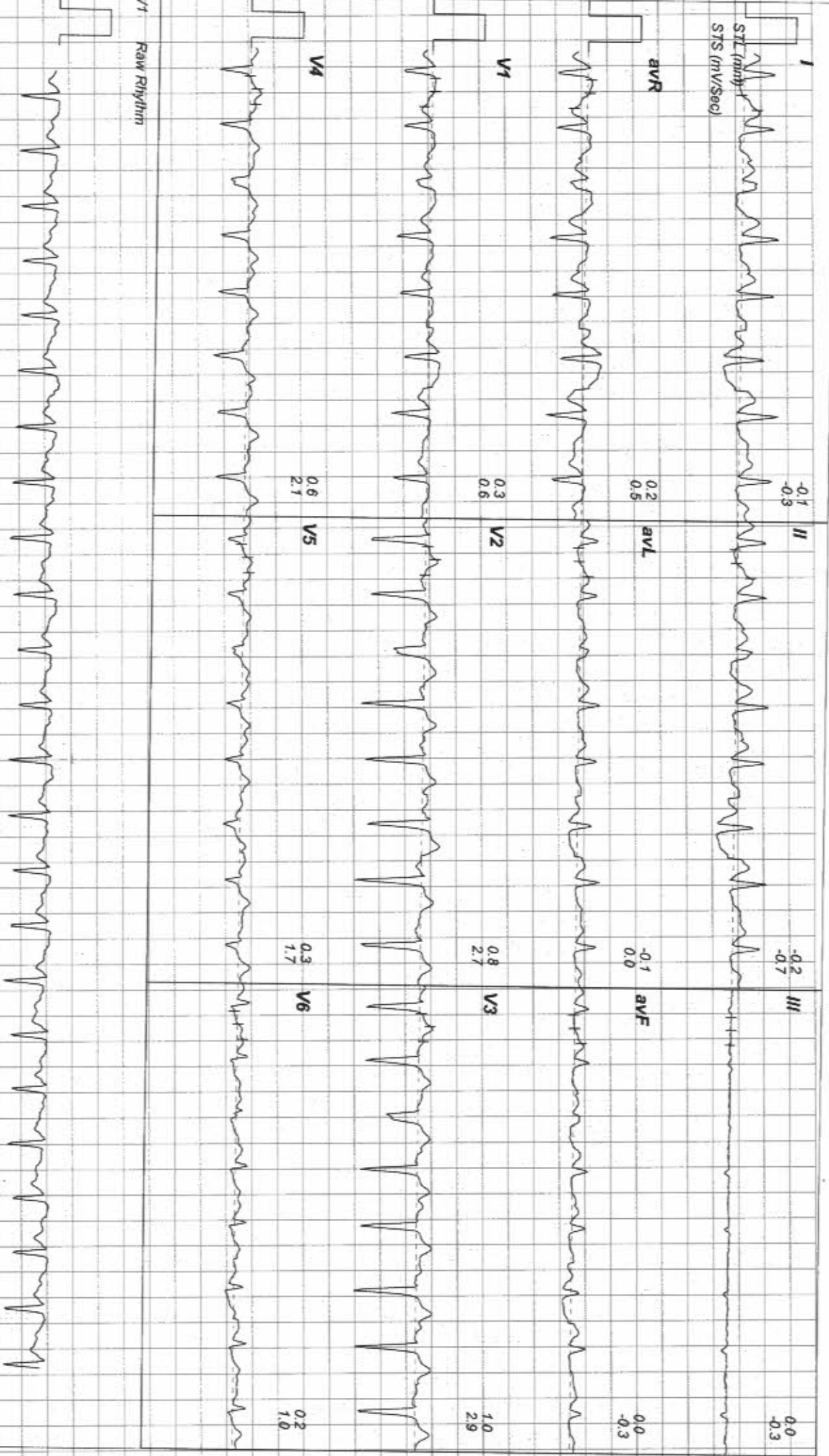
HR: 125 bpm
 METS: 1.0
 BP: 130/90

Trgt HR: 69% of 179
 Speed: 0.0 mph,
 Grade: 0.0%

(0.05-100)Hz

Ex Time 05:51
 BLC: On
 Notch: On

Recovery: (00:59)
 1.0 Cm/mV
 25 mm/Sec.



Linked Medians Report

194 / MRS.PANDE PADMAJA
 41 Yrs / Female
 0 Kg / 0 Cm/
 Date: 27-Jul-2022 08:27:08 AM

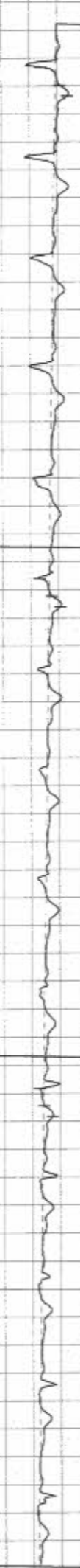
HR: 83 bpm
 METS: 1.0
 BP: 110/80

Tgt HR: 46% of 179
 Speed: 0.0 mph,
 Grade: 0.0%

(0.05-100)Hz

Ex Time 05:51
 BLC: On
 Notch: On

Recovery : (01:59)
 1.0 Cm/mV
 25 mm/Sec.



Linked Medians Report

194 / MRS. PANDE PADMAJA
41 Yrs / Female
0 Kg / 0 Cm/
Date: 27-Jul-2022 08:27:08 AM

HR: 95 bpm
METS: 1.0
BP: 110/80

Tgt HR: 53% of 179
Speed: 0.0 mph,
Grade: 0.0%

(0.05-100)Hz

Ex Time 05:51
BLC: On
Notch: On

Recovery : (02:59)
1.0 Cm/mV
25 mm/Sec.

