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- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR CHANDAN MHASKE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE Age : 36 Years  
**Collected At** : MIRA ROAD MAIN BRANCH

**Lab No.** : KJC9479 \*KJC9479\*  
**Reg. Date** : 28-Oct-2023 11:04 am  
**Report Date** : 28-Oct-2023 7:51 pm  
**Print Date** : 31-Oct-2023 12:57 pm

## BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	10.00		5 - 20 mg/dl
CREATININE	1.21	mg/dl	0.5 - 1.3 mg/dl
Serum Uric Acid	6.30	mg%	Male 3.5 - 7.2 mg%
Age of the Patient	36		
eGFR	72.12	ml/min	> 60 ml/min/1.73m2

eGFR calculation based on MDRD guideline 2012  
 More than 90 ml / min / 1.73 Sqm - Normal eGFR  
 60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .  
 Suggest reapt testing in 6 to 12 months.  
 Exclude kidney disease in those at high risk (Diabetes & Hypertension  
 30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over three month .  
 Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.  
 15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology referral

----- End of Report -----

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 JAY

DR. BHAVINI KAMDAR  
 MD (PATH) MUM

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## BLOOD GROUP

TEST	RESULT
Blood Group	'AB'
Rh Factor	Positive

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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	92	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	95.1	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

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**COMPLETE BLOOD COUNT**

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	15	gm %	Male : 13 - 17.0 gm%
Erythrocytes ( Total RBCs)	5.4	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	44.9	%	Male : 37 - 51 %
MCV	83.20	fl	80- 96 fl
MCH	27.80	pg	27 - 32 pg
MCHC	33.50	gm%	32 - 37 gm%
RDW	13.3	%	12 - 14.5

TOTAL WBC COUNT

TOTAL WBC COUNT	6020	/ cumm	4,000 - 11,000
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DIFFERENTIAL COUNT

Neutrophils	50	%	40 - 75
Lymphocytes	40	%	20 - 40
Eosinophils	06	%	0 - 6
Monocytes	04	%	2 - 8
Platelet count	324000	Lacs/cmm	150000-450000

PERIPHERAL SMEAR

RBC Morphology	Normocytic Normochromic
WBC Morphology	Normal
Platelets Morphology	Adequate

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ESR (westergren's method)

5

mm/hr

Male: 0 - 10 mm

Female: 0 - 20 mm

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## GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.4	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	108.28		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	196	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl -----
SR. TRIGLYCERIDES	180	mg / dl	----- Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl -----
HDL CHOLESTEROL	60	mg / dl	----- 35.3 - 79.5 mg / dl -----
VLDL	36.00	mg / dl	----- 6 - 38 mg / dl -----
LDL CHOLESTEROL	100.00	mg / dl	- Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl ----- -----

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CHOLESTEROL / HDL 3.27 < 5

LDL / HDL 1.67 < 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

Lower HDL values are associated with increased risk of atherosclerosis.Cholesterol/HDL

Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)

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- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR CHANDAN MHASKE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE Age : 36 Years  
**Collected At** : MIRA ROAD MAIN BRANCH

**Lab No.** : KJC9479 \*KJC9479\*  
**Reg. Date** : 28-Oct-2023 11:04 am  
**Report Date** : 28-Oct-2023 7:50 pm  
**Print Date** : 31-Oct-2023 12:57 pm

## LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.57	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.24	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.33	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	21.10	U / L	Up to 45 U / L
S.G.O.T.	16.00	U / L	Up to 46 U / L
Alkaline Phosphatase	80.0	U/l	1 - 12 Years: 54 - 369 U/l 20 - 59 Years: 53 - 128 U/l > 60 Years: 56 - 119 U/l
Total Proteins	6.94	gm / dl	6.4 - 8.3 gm / dl
Albumin	4.36	gm / dl	3.5 - 5.2 gm / dl
Globulin	2.58	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.69		1.0- 2.3
GGT	30	IU/L	55IU/L

----- End of Report -----

Printed By : RUPALI

Checked By  
JAY

DR. BHAVINI KAMDAR  
MD (PATH) MUM

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

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**Sex** : MALE **Age** : 36 Years  
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## T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	121.069	ng/dl	91.14 - 237.61 ng/dl
T4 [ Thyroxine ]	<b>4.498</b>	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	1.808	uIU/mL	0.3 - 4.3 uIU/mL

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

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## URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0 )
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	Occasional /hpf
Epithelial Cells	Occasional /hpf

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Casts Not seen  
Crystals Not seen /hpf  
Yeast Not seen  
Bacteria Absent

----- End of Report -----

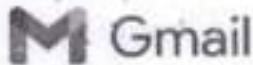
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Healthcare Diagnostics &lt;healthcare.medicals@gmail.com&gt;

**Health Check up Booking Confirmed Request(bobE48385),Package Code-PKG10000240, Beneficiary Code-72792**

2 messages

Mediwheel <wellness@mediwheel.in>  
To: healthcare.medicals@gmail.com  
Cc: customercare@mediwheel.in

Tue, Oct 24, 2023 at 11:40 AM



**Mediwheel**  
...Your wellness partner

**011-41195959**

Email:wellness@mediwheel.in

Hi **Healthcare Medical Centre and Diagnostic** .

Diagnostic/Hospital Location : **UNIT NO 13,RNA LIBERTY BLDG,VIJAY PARK ROAD,NEAR JANGID CIRCLE,MIRA ROAD EAST,THANE 401107 ,City:Mumbai**

We have received the confirmation for the following booking .

**Beneficiary Name** : PKG10000240

**Beneficiary Name** : MR. MHASKE CHANDAN N

**Member Age** : 33

**Member Gender** : Male

**Member Relation** : Employee

**Package Name** : Medi-Wheel Metro Full Body Health Checkup Male Below 40

**Location** : MUMBAI,Maharashtra-400092

**Contact Details** : 8308888287

**Booking Date** : 14-10-2023

**Appointment Date** : 28-10-2023

**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**


This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. MHASKE CHANDAN N
EC NO.	171244
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	SAPHALA
BIRTHDATE	29-06-1987
PROPOSED DATE OF HEALTH CHECKUP	28-10-2023
BOOKING REFERENCE NO.	23D171244100072858E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **21-10-2023** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

  
**Chief General Manager**  
HRM Department  
Bank of Baroda  
Palghar Branch, Palghar

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

### SUGGESTIVE LIST OF MEDICAL TESTS

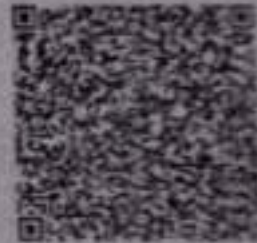
FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
<b>Lipid Profile</b>	<b>Lipid Profile</b>
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
<b>Liver Profile</b>	<b>Liver Profile</b>
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
<b>Kidney Profile</b>	<b>Kidney Profile</b>
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
<b>General Tests</b>	<b>General Tests</b>
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



भारत सरकार  
GOVERNMENT OF INDIA



चंदन नामदेव म्हास्के  
Chandan Namdev Mhaske  
जन्म वर्ष / Year of Birth : 1987  
पुरुष / Male



4296 7993 5829

आधार — सामान्य माणसाचा अधिकार

*[Signature]*  
28/10/2023

Dr. NURJIT DAI  
MBBS, DIPLOMA IN (PGDCC)  
Reg. No. 201013643

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS  
UNIT NO. 13 PRADEEPITY CHS  
VIJAY NAKA, NEAR KANGID CIRCLE,  
MIRAJ ROAD EAST THANE 401107  
MOBILE: 702104221



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NAME	MR CHANDAN MHASKE	DATE	28/10/23
HEIGHT: 162CM AG-96CM	WEIGHT: 79.6 KG INS-102CM/EXP-95CM	AGE	36YRS
REFERRED BY	MEDIWHEEL	SEX	MALE
<b>PRESENT COMPLAINT: NIL</b>			
<b>PAST HISTORY: ?FUNGAL INFECTION OVER FACE(CHEEK AREA) SINCE 7DAYS -10YRS. ITCHING +</b>			
ALLERGY: NIL	HABIT- ALC OCCASIONAL	APPETITE: GOOD	
BLADDER: NAD	BOWEL: NAD		
<b>FAMILY HISTORY: FATHER: 72YRS K/C/O HTN. MOTHER : 78YRS K/C/O DM.</b>			
<b>GENERAL EXAMINATION: ADVICE-</b>			
P: 80/ MIN	BP-120/80MMHG	<i>- Repeat E<sub>3</sub> free T<sub>3</sub>, free T<sub>4</sub>, TSH</i>	
PALLOR: NIL	ICTERUS: NIL	<i>- Reduce fatty/oily food - Fit for employment -</i>	
OEDEMA: NIL	OTHERS: NAD		
RS: AEBE	CVS-NAD		
PA: SOFT	CNS-CONSCIOUS		
<b>INVESTIGATION:</b>			

**Dr. NUPUR RAI**  
MBBS DIPLOMA CARDIOLOGY (PGDCG)  
Reg. No.. 2018115643

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- GOREGAON CENTRE (E)** SATELITE GARDENS, FILM CITY ROAD, NEAR SATELITE TOWER, GOREGAON (E), MUMBAI - 400863. • TEL.: 4012 6565 • MOB.: 79773 74838 / 79773 82822
- MIRZA ROAD CENTRE (E)** UNIT-13, RNA LIBERTY CHS, VIJAY PARK, JANGID CIRCLE, MIRZA ROAD (E). • MOB.: 78218 04221 / 78218 27389
- VADAI NALLASOPARA (E)** A/4, JAI VIJAY GREEN CHS. BLDG. NO. 2, JAI VIJAY NAGAR, 1933 ACHOLE, LINK ROAD, VADAI - NALLASOPARA (E), THANE - 401209 • MOB.: 8591601677 / 8591822640

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- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



### OPHTHALMIC REPORT

NAME <b>MR CHANDAN M HASKE.</b>	DATE <b>28-10-23</b>
R- NO	AGE <b>36</b>
REF. BY DR. <b>MEDLUHEEL.</b>	SEX <b>M</b>

	RIGHT EYE	LEFT EYE
V.A. WITHOUT GLASSES:	<b>6/24 M-G</b>	<b>6/12 M-G</b>
V.A. WITH GLASSES:	<b>6/6P</b>	<b>6/6P</b>
SLIT LAMP EXAMINATION:		
IOP - SCHIOTZ TONOMETER:		
FUNDUS:		
COLOUR VISION: (ISHIHARA CHART)	<b>Normal.</b>	<b>Normal.</b>
OCULAR MOVEMENTS:	<b>Normal.</b>	<b>Normal.</b>
RETINOSCOPY:		

Prescription:

	SPH	CYL	AXIS
DISTANCE	-	<b>-0.75</b>	<b>90°</b>
NEAR	-	-	-

	SPH	CYL	AXIS
	<b>-0.50</b>	<b>-0.50</b>	<b>010°</b>
	-	-	-

CLINICAL IMPRESSION:

ADVICE:

**HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS**  
 UNIT NO 13 RMA LIBERTY LANE,  
 VIKAS PARK, NEAR JANGID CIRCLE,  
 MIRA ROAD EAST THANE - 40107  
 MOBILE: 702186221

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
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- CORPORATE HEALTH CHECKUPS



**HEALTHCARE**  
MEDICAL CENTRE & DIAGNOSTICS

Date - 28/10/23

To  
medicohel,

Mr Chandan Mhaske 36 yrs/male had  
visited our centre for his medicals.  
His stool sample is pending.



**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.. 2018115643

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS  
UNIT NO 13 RNA LIBERTY CHS,  
VIJAY PARK, NEAR JANGID CIRCLE,  
MIRA ROAD EAST THANE 401107  
MOBILE: 7021804221

- BORIVALI CENTRE (W)** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400062. • TEL.: 2880 6060 / 2880 1370 • MOB.: 90222 36301
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 92. • TEL.: 2869 6566 • MOB.: 90224 66364
- DAHISAR CENTRE (W)** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2880 3427 • MOB.: 90320 50504
- KANDIVALI CENTRE (W)** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 87. • TEL.: 2868 0090 / 6522 6565 / 2880 7908 • MOB.: 90220 54438
- KANDIVALI CENTRE (E)** SHOP NO. 44/49, EMP 71, EVERSHIRE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL.: 2880 7171 / 90288 41541
- GOREGAON CENTRE (W)** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • TEL.: 2873 3030 / 2873 3131 • MOB.: 93213 83806
- GOREGAON CENTRE (E)** SATELITE GARDENS, FILM CITY ROAD, NEAR SATELITE TOWER, GOREGAON (E), MUMBAI - 400063. • TEL.: 4012 8585 • MOB.: 76773 74838 / 76773 82922
- MIRA ROAD CENTER (E)** UNIT-13, RNA LIBERTY CHS, VIJAY PARK, JANGID CIRCLE, MIRA ROAD (E). • MOB.: 70218 04221 / 70218 27389
- VASAI HALLSOPARA (E)** A/4, JAI VIJAY GREEN CHS. BLDG. NO. 2, JAI VIJAY NAGAR, 1833 ACHOLE, LINK ROAD, VASAI - HALLSOPARA (E), THANE - 401209 • MOB.: 8581681677 / 8581922640



NAME	MR. CHANDAN MHASKE	DATE	28.10.2023
		AGE	36YRS
REF. BY	MEDIWHEEL	SEX	MALE

## X-RAY CHEST (P. A. VIEW)

The lungs on the both side show equal translucency.

The heart and trachea are central in Position.

No mediastinal abnormality is visible.

The peripheral pulmonary vasculature is normal.

No focal lung lesion is seen.

The pleural spaces are normal.

Both hila are normal in size, have equal density and bear normal relationship.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

**IMPRESSION: NO EVIDENCE OF PULMONARY, PLEURAL OR CARDIAC PATHOLOGY IS NOTED.**



**DR. SACHIN JADKAR**  
M.B.,D.M.R.E.  
(CONS. RADIOLOGIST)



Pat.Name	MR. CHANDAN MHASKE	Age:	36Y/MALE
Ref. Dr.	MEDIWHEEL	Date:	28/10/2023

## ULTRASONOGRAPHY REPORT OF ABODOMEN & PELVIS

- Liver:** Liver is normal in size and shape. **Parenchyma is echogenic.** No evidence of solid or cystic mass is noted. Intra & extra hepatic and biliary radicals appear normal. Hepatic veins appear normal. PV & CBD are normal in caliber at porta hepatis.
- Gall Bladder:** gallbladder is physiologically distended and wall is normal in thickness. No intra luminal calculus or mass is seen.
- Pancreas:** is partially visualized. No obvious mass / collection is seen in region of pancreatic duct appears normal.
- Spleen:** is normal in size, shape, outlined and position. Parenchyma is homogenous in echotexture. No mass or calcification or collection is seen. Spleen is 10.7cm in length.
- Kidneys:** Both kidneys are normal in size, shape, outline & Position. Normal cortical echo texture & cortico-medullary differentiation is seen. Pelvi-calicle system appears normal. No obvious mass or collection is seen. No calculus is seen.  
Right kidney measures 10.6X4.4cms.  
Left kidney measures 11.9X6.0cms.
- Bladder:** UB is distended well smooth in outline & normal wall thickness. No obvious mass or diverticulum or intra luminal calculus is seen. No significant post-void residual urine is seen.
- Prostate:** is normal in shape, size, outline and position. The parenchyma echo texture is homogenous. The margins are smooth and regular. No calcification and cystic or solid SOL is seen. The prostate measures 2.7X3.8X2.8cm. Prostatic Volume= approximately 14.9cc.

<b>BORIVALI CENTRE (W)</b>	1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400082. • TEL.: 2899 8565 / 2899 1376 • MOB.: 90222 38301
<b>GORAI CENTRE</b>	VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 82. • TEL.: 2888 8556 • MOB.: 90224 86354
<b>DAHISAR CENTRE (W)</b>	NILANGI APARTMENT, KANDENPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2883 3427 • MOB.: 90220 58564
<b>KANDIVALI CENTRE (W)</b>	MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2888 9099 / 6522 6545 / 2888 7806 • MOB.: 90220 54498
<b>KANDIVALI CENTRE (E)</b>	SHOP NO. 44/46, EMP 71, EVERSHIRE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL.: 2885 7171 / 88288 41341
<b>GOREGAON CENTRE (W)</b>	M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • TEL.: 2673 3030 / 2673 3131 • MOB.: 93213 83886
<b>GOREGAON CENTRE (E)</b>	SATELITE GARDENS, FILM CITY ROAD, NEAR SATELITE TOWER, GOREGAON (E), MUMBAI - 400063. • TEL.: 4012 8585 • MOB.: 79773 74838 / 79773 82922
<b>MIRA ROAD CENTER (E)</b>	UNIT-13, RMA LIBERTY CHS, VIJAY PARK, JANGID CIRCLE, MIRA ROAD (E). • MOB.: 70218 04221 / 70218 27389
<b>VASAI NALLASOPARA (E)</b>	A/4, JAI VIJAY GREEN CHS. BLDG. NO. 2, JAI VIJAY NAGAR, 1633 ACHOLE, LINK ROAD, VASAI - NALLASOPARA (E), THANE - 401209 • MOB.: 8091801677 / 8091822640

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
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- COMPUTERISED STRESS TEST
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**BOTH ILIAC FOSSAS:** No obvious mass or collection is seen on either side. Lot of gas artifact shadow is seen on both sides and abdomen.

**No free fluid is seen in pelvis.**

### IMPRESSION:

- GRADE I FATTY LIVER.
- LOT OF GAS ARTIFACTSHADOW SEEN IN ABDOMEN AND PELVIS.

**SUGGESTED:** Clinico-pathological correlation & further evaluation.

Thanks for referral.



*Rk*

**DR. R. K. SINGH,**  
MBBS,DMRE (Sonologist)

*Reliability of sonographic evaluation reports is not 100%, and is subject to variation. Reports are for interpretation by doctors only, with due clinical correlation.*

- BORIVALI CENTRE (W)** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400082. • TEL: 2889 6565 / 2889 1378 • MOB: 90222 28301
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 92. • TEL: 2809 6556 • MOB: 90224 88354
- DAHISAR CENTRE (W)** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL: 2863 3427 • MOB: 90228 58004
- KANDIVALI CENTRE (W)** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL: 2888 0360 / 6322 9305 / 2889 7808 • MOB: 90228 04458
- KANDIVALI CENTRE (E)** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 129 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL: 2885 7171 / 80288 41541
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Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com) • "Home Visit Facility Call On 76667 66307"

- COMPUT. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- ZD ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPUT. TREATMENT TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



**HEALTHCARE**  
MEDICAL CENTRE & DIAGNOSTICS

## ELECTROCARDIOGRAM (ECG)

PATIENT MR. CHANDAN MHASKE AGE 36 SEX M

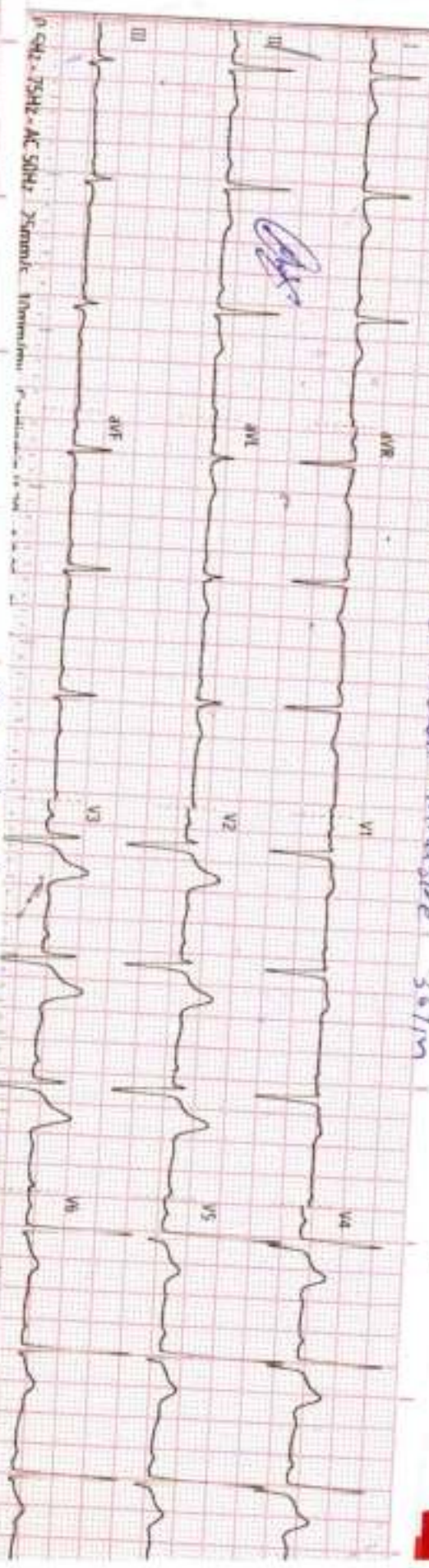
REF. BY DR. MEDIHHEEL. DATE 28/10/2023

INTERPRETATION : LOW

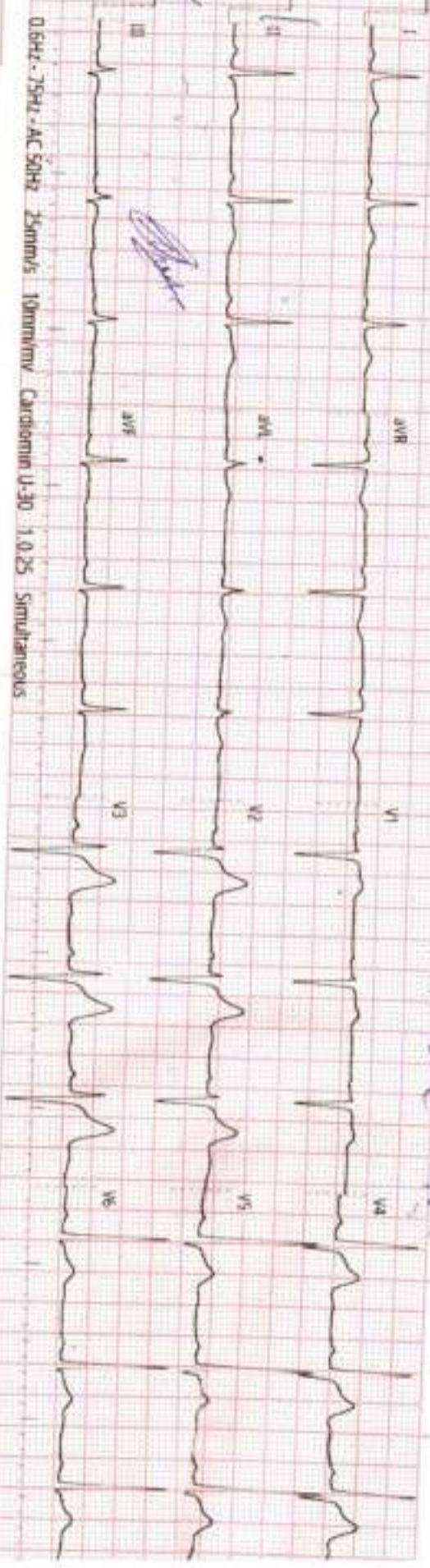
Dr. [Signature]  
**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.: 2018175673

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS  
NO. 11, ANA LIBERTY CHS.  
PARK NEAR JANGID CIRCLE,  
RA ROAD EAST THANE 401107  
MOBILE: 7021804221

Mr Chandan Mhaske 36/m



Mr Chandan Mhaske 36/m





History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : 75 bpm

Ventricular Rate : 75 bpm

Rhythm : 4

Mechanism : 4

Voltage : .....

Axis : .....

P. Waves : .....

PR Interval : .....

Q. Waves : .....

QRS Interval : 2

ST Segment : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : normal

# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MIRA ROAD  
MIRA ROAD

## TREADMILL TEST REPORT

**MR CHANDAN MEHRA**  
 ID : 143  
 DATE : 28-10-2023  
 AGE/SEX : 36 / M  
 HT/WT : 162 / 80  
 REF. BY : MEDIMHEEL

PROTOCOL : Bruce  
 HISTORY : Checkup/Physical fitness,  
 INDICATION : CORPORATE CHECKUP  
 MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPE X100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					85	120 / 80	102	1.5	1.2	2.4	
STANDING					86	120 / 80	103	1.6	1	2.3	
HYPERVENT					79	120 / 80	94	1	0.8	1.3	
Stage 1	2:55	2:55	2.7	10	108	120 / 80	129	0.8	0.7	1.4	4.67
Stage 2	5:55	2:55	4	12	120	130 / 80	156	0.6	0.5	1	7.04
Stage 3	8:55	2:55	5.4	14	150	140 / 90	210	-0.4	0.7	-0.3	9.92
PRE-EXERCISE	9:24	0:24	6.7	16	162	140 / 90	226	-0.5	0.8	-0.3	10.53
RECOVERY	10:29	0:55			120	140 / 90	168	0.9	0.6	1.4	
RECOVERY	11:29	1:55			104	140 / 90	145	0.4	0.5	0.7	
RECOVERY	12:29	2:55			101	130 / 80	131	0.2	0.5	0.3	
RECOVERY	13:29	3:55			107	130 / 80	139	0.2	0.5	0.2	

### RESULTS

EXERCISE DURATION : 9:24  
 MAX HEART RATE : 162 bpm  
 MAX BLOOD PRESSURE : 140 / 90 mm Hg  
 REASON OF TERMINATION : Achieved THR,  
 H.P. RESPONSE : Normal,  
 ARRHYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,  
 IMPRESSIONS :  
 Good effort tolerance  
 No angina  
 No arrhythmia  
 No significant ST changes noted  
 Stress test negative for inducible ischaemic changes

MAX WORK LOAD : 10.53 METS

**HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS**  
 UNIT NO 13 RNA LIBERTY CHS.  
 VIJAY PARK NEAR JANGID CIRCLE,  
 MIRA ROAD EAST THANE 401107  
 MOBILE 7021804221

**Dr. NUPUR RAI**  
 MBBS DIPLOMA CARDIOLOGY (PDDCC)  
 DR. P. S. RANGSHI (PDDCC)  
 DR. P. S. RANGSHI (MD)

# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MR CHANDAN MEHARJE  
 I.D. 143  
 Age 36/M  
 Date 28-10-2023

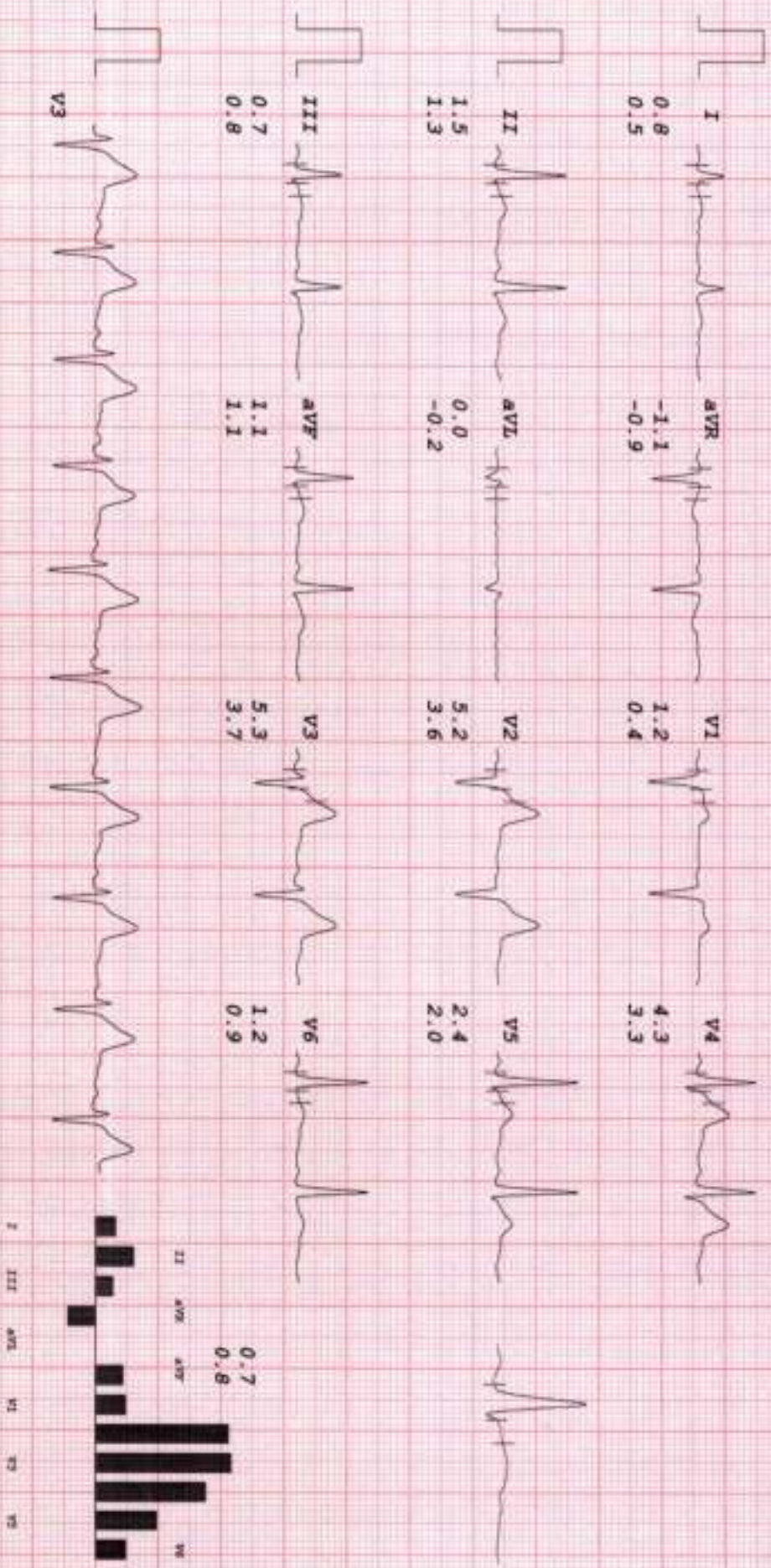
Rate 85bpm  
 B.P. 120/80

PRETEST  
 SUPINE

ST @ 10mm/mV  
 80ms Post

LINKED MEDIAN

Mag. X 2  
 III



# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MR CHANDAN MANSKE  
 I.D. 143  
 Age 36/M  
 Date 28-10-2023

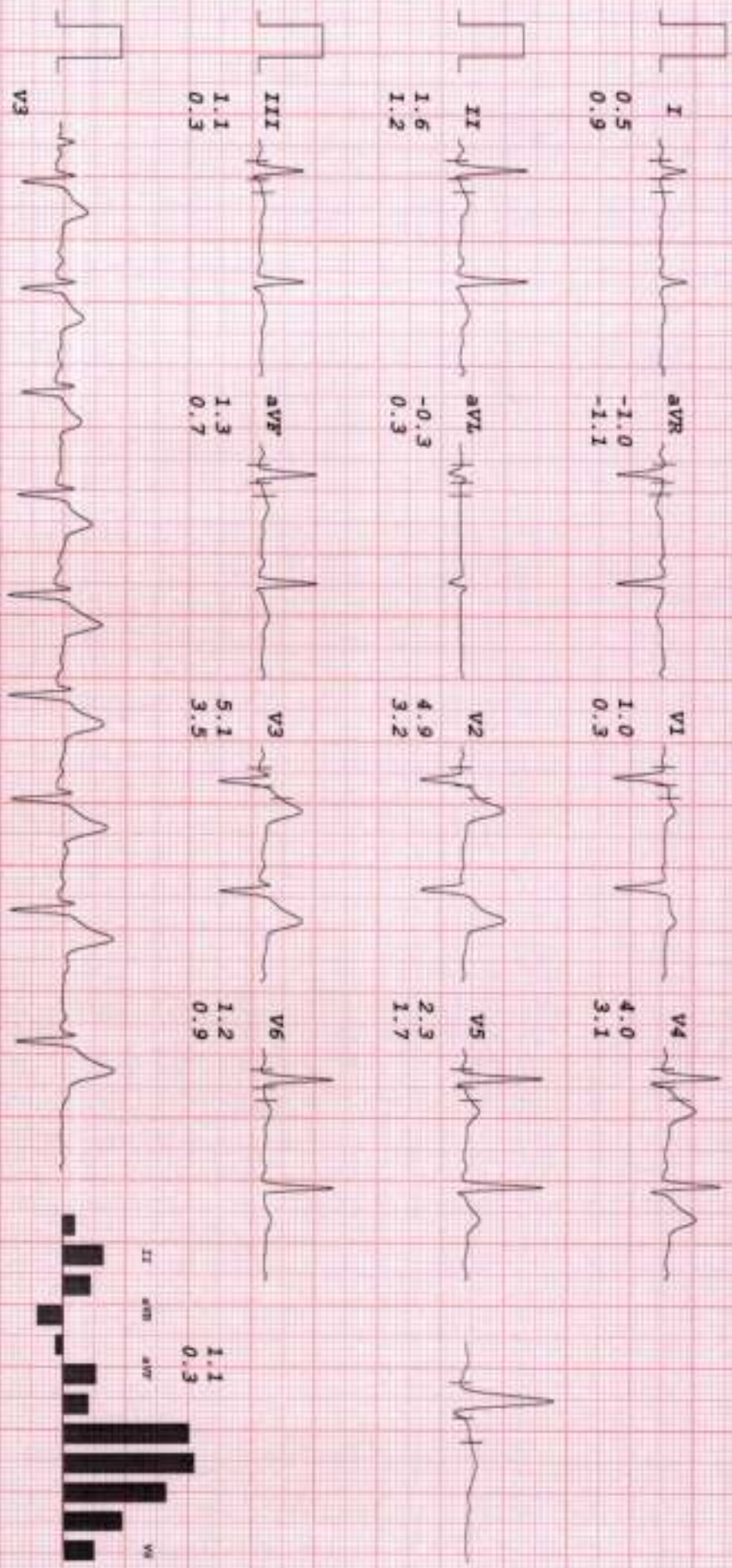
RATE 86bpm  
 B.P. 120/80

PRETEST  
 STANDING

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2  
 III



# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MR CHANDAN MEASKE

I.D. 143

Age 36/M

Date 28-10-2023

Rate 79bpm

B.P. 120/80

PRETEST

HYPERVENT

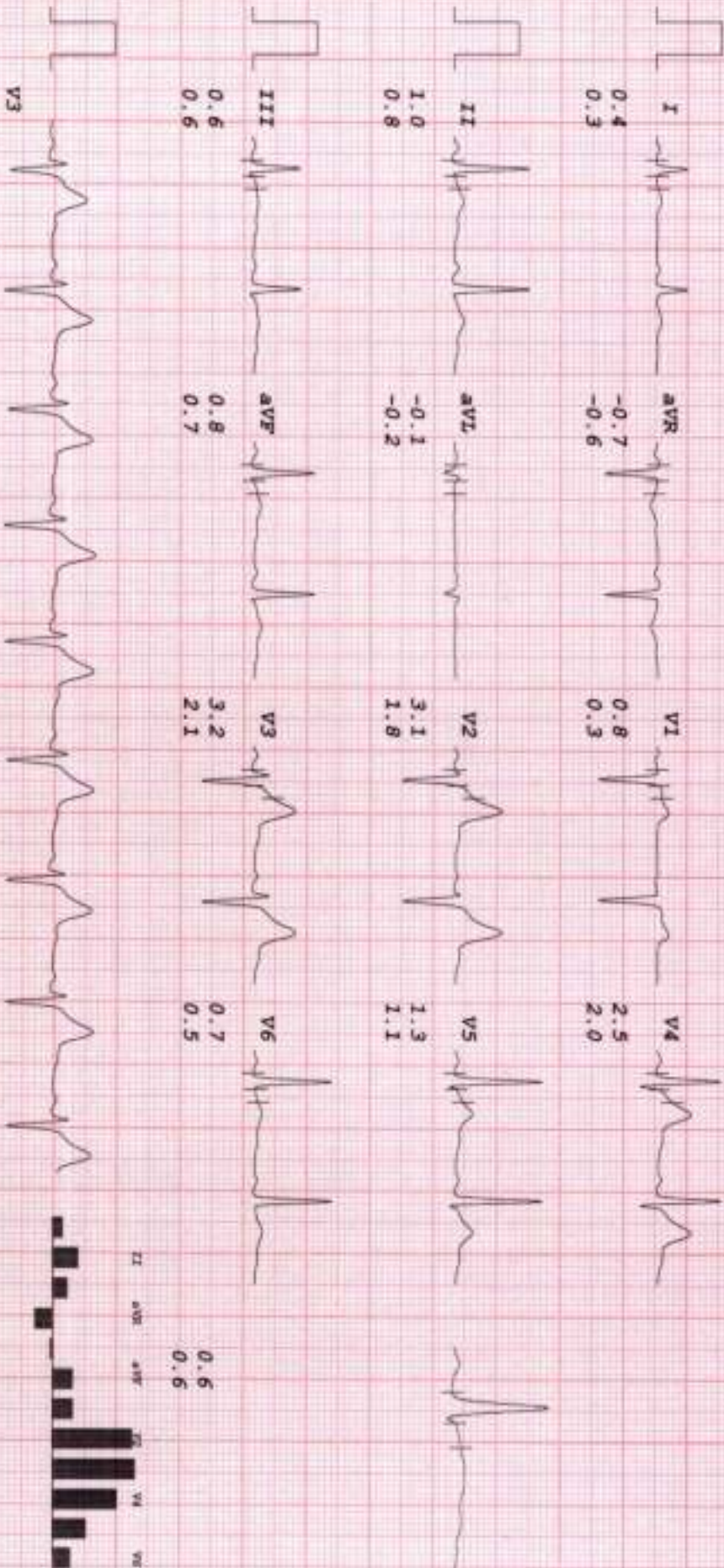
ST @ 10mm/mV  
80ms PostJ

PHASE TIME 0:30

LINKED MEDIAN

Mag. X 2

III



# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MR CHANDAN MHAJKE

I.D. 143

Age 36/M

Date 29-10-2023

Rate 108bpm

R.P. 120/80

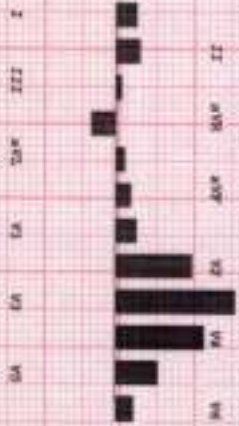
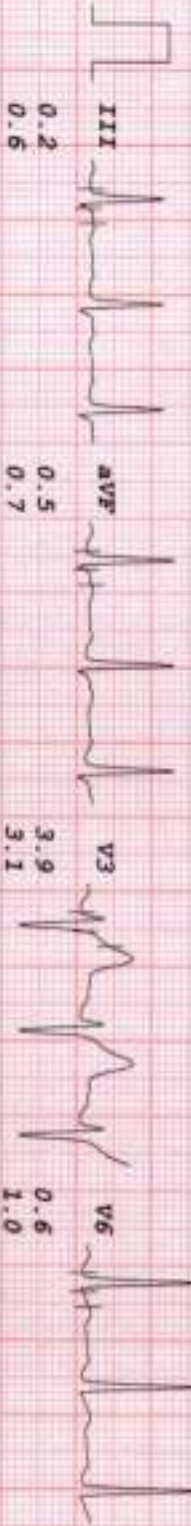
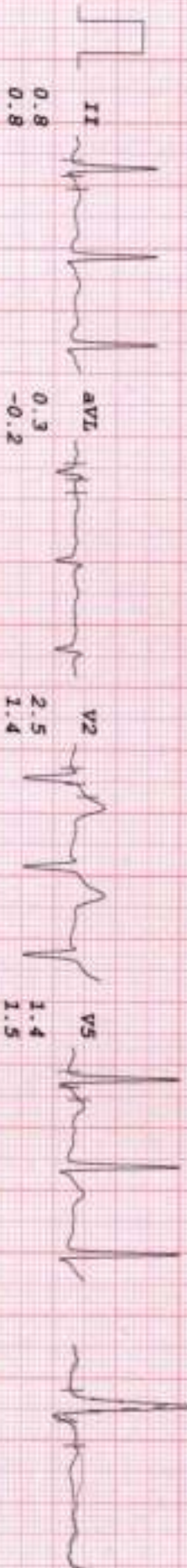
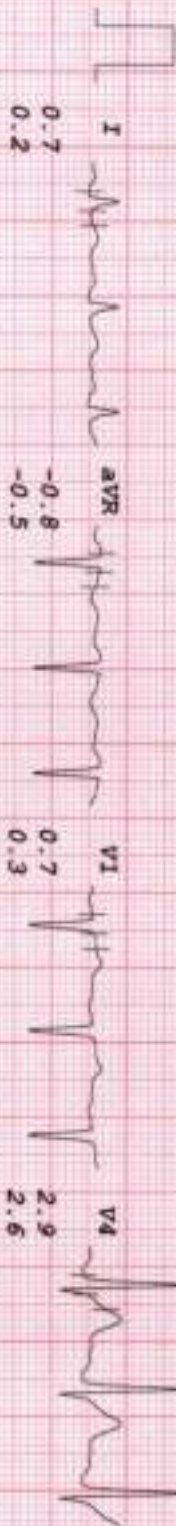
Bruce Stage 1  
TOTAL TIME 2:55  
PHASE TIME 2:55

ST @ 10mm/mV  
60ms PostEJ  
Speed 2.7 km/hr  
SLOPE 10 %

LINKED MEDIAN

Mag. X 2

III



# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MR CHANDAN MEASKE  
 I.D. 143  
 Age 36/M  
 Date 28-10-2023

RATE 120bpm  
 B.P. 130/80

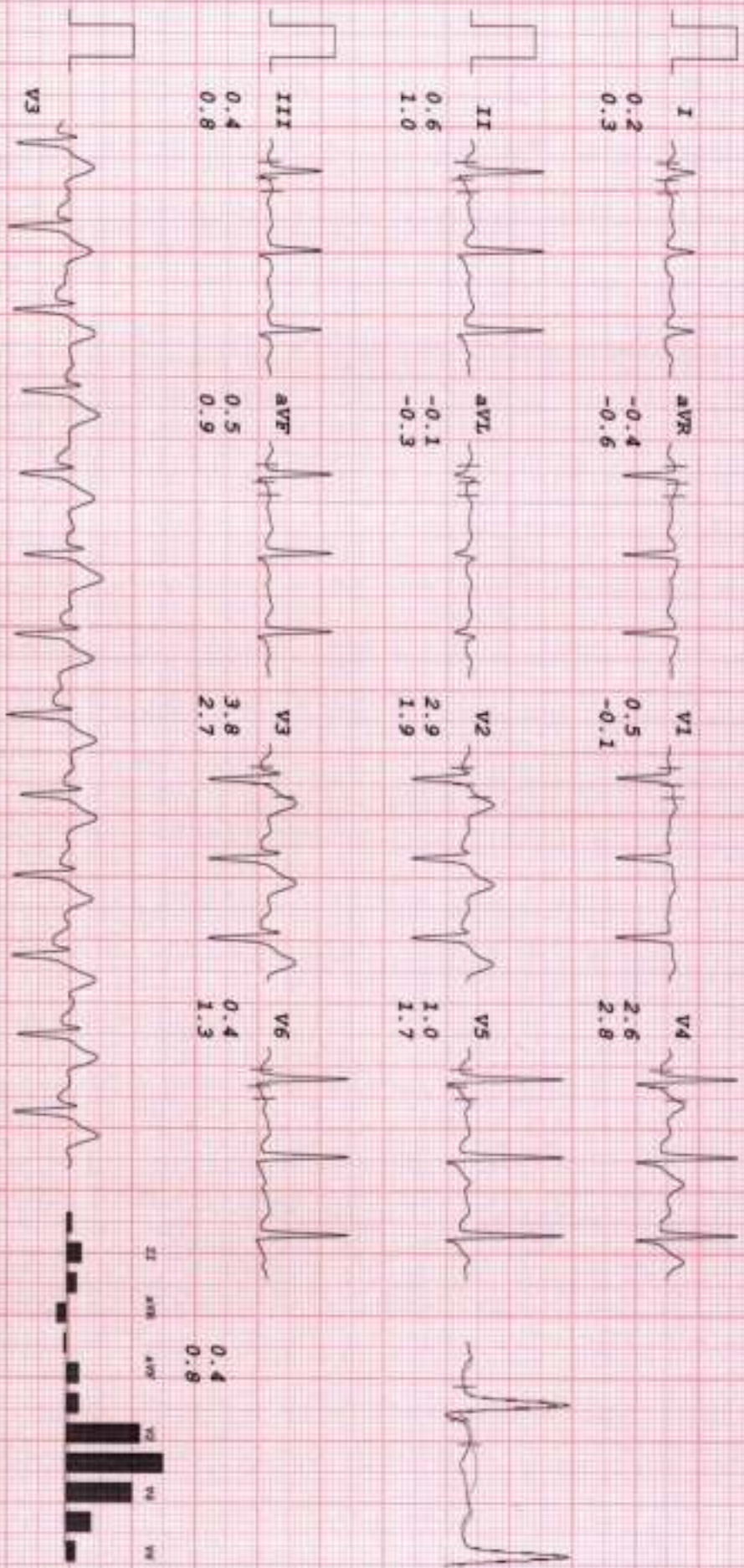
Bruce  
 Stage 2  
 TOTAL TIME 5:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 s

LINKED MEDIAN

Mag. x 2

III



# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MR CHANDAN MEASIK  
 I.D. 143  
 Age 36/M  
 Date 28-10-2023

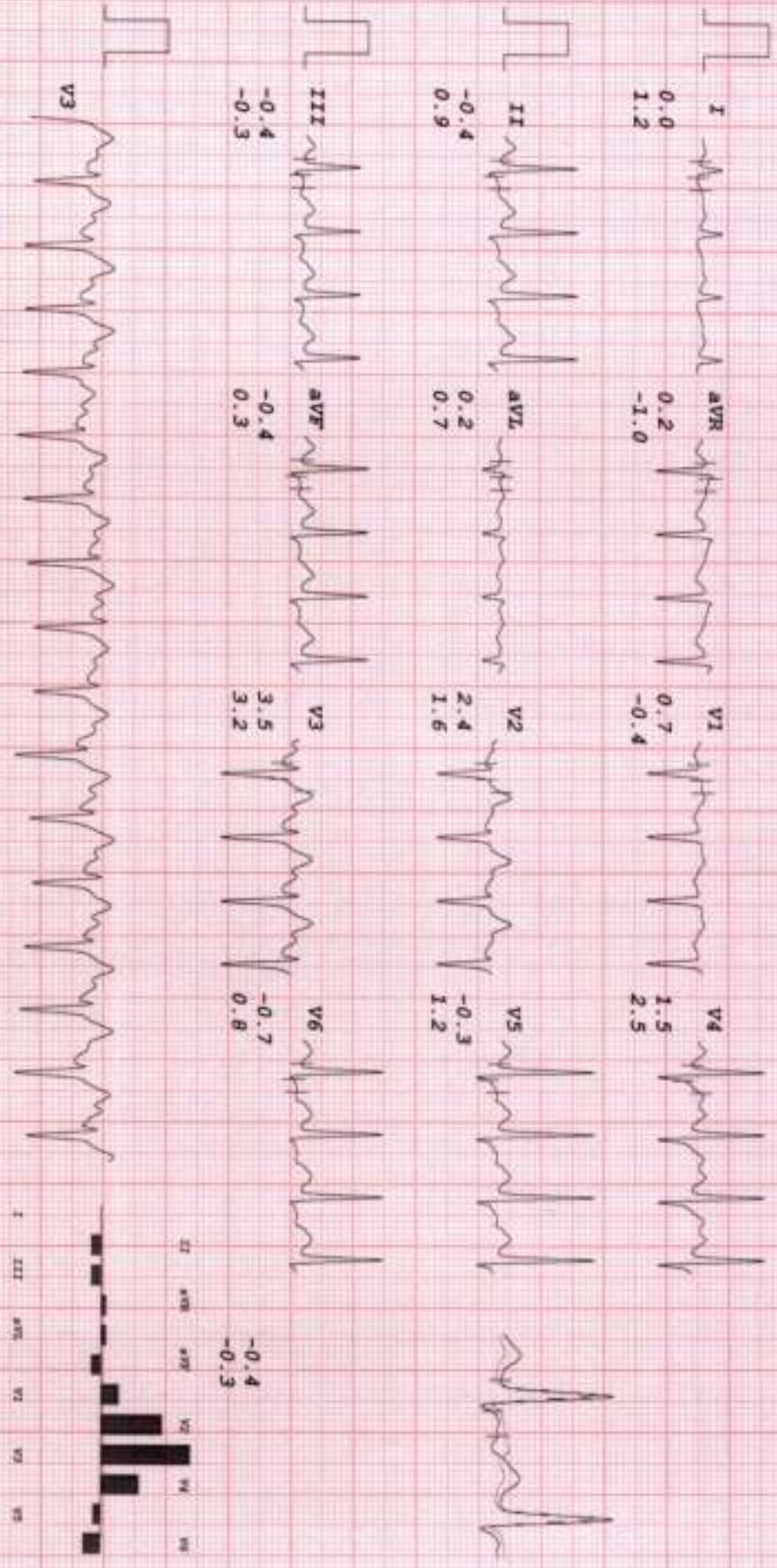
Rate 150bpm  
 R.P. 140/90  
 Bruce  
 Stage 3  
 TOTAL TIME 8:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms per CV  
 Speed 5.4 km/hr  
 SLOPE 14 °

LINKED MEDIAN

Mag. X 2

III





# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MR CHANDAN MHAJKE  
 I.D. 143  
 Age 36/M  
 Date 28-10-2023

RATE 162bpm  
 B.P. 140/90

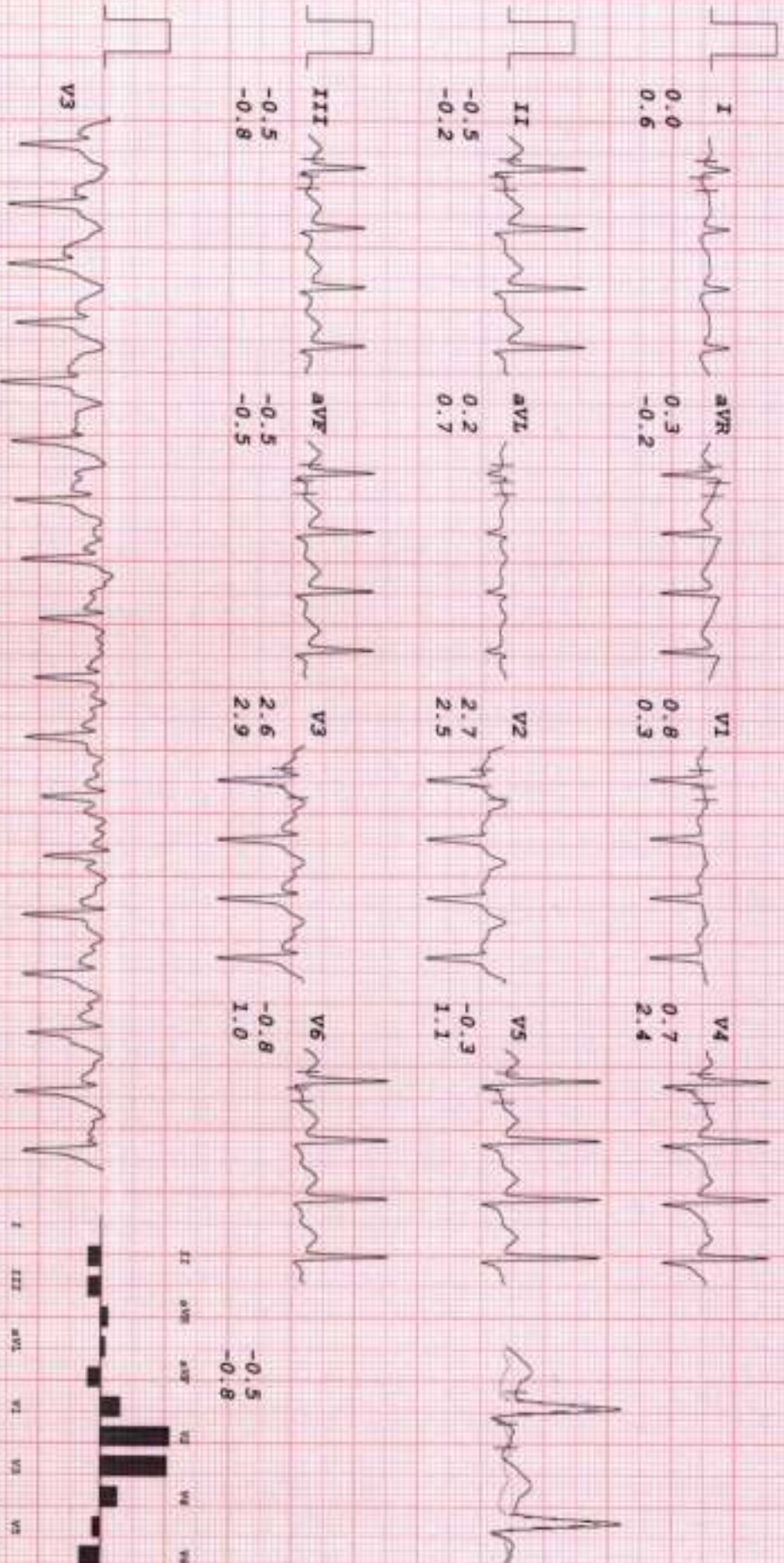
Bruce  
 PR-EXERCISE  
 TOTAL TIME 9:24  
 PHASE TIME 0:24

ST @ 10mm/mV  
 60ms Post J  
 Speed 6.7 km/hr  
 SLOPE 16  $\mu$

LINKED MEDIAN

Mag. X 2

III



# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MR CHANDAN BHASKAR  
 I.D. 143  
 Age 36/M  
 Date 28-10-2023

DATE 120bpm  
 R.P. 140/90

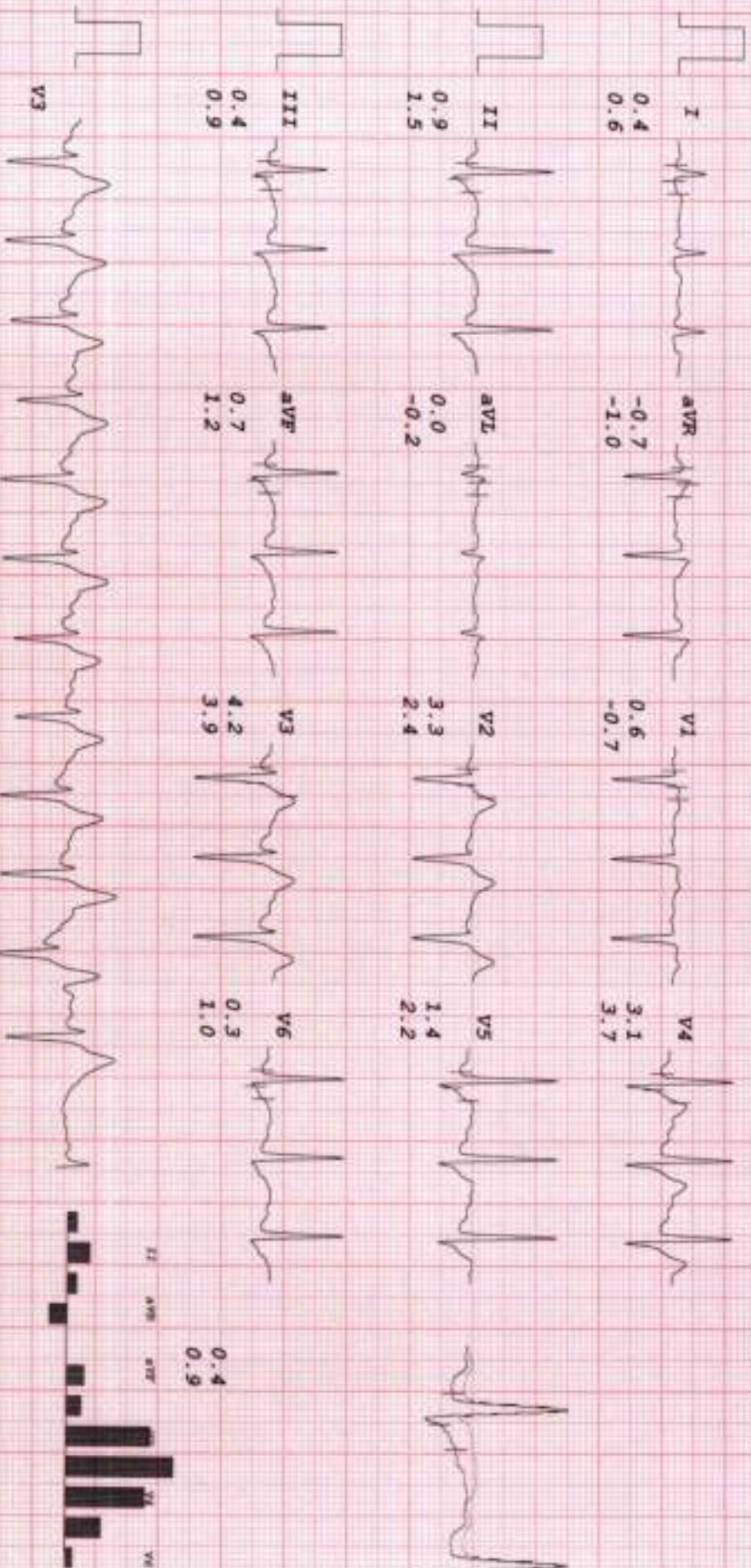
Bruce  
 RECOVERY  
 TOTAL TIME 10:29  
 PHASE TIME 0:55

ST @ 10mm/mV  
 80ms Postcr

LINKED MEDIAN

Mag. X 2

III





# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MR CHANDAN MEASKE  
 I.D. 143  
 Age 36/M  
 Date 28-10-2023

RATE 101bpm  
 B.P. 130/80

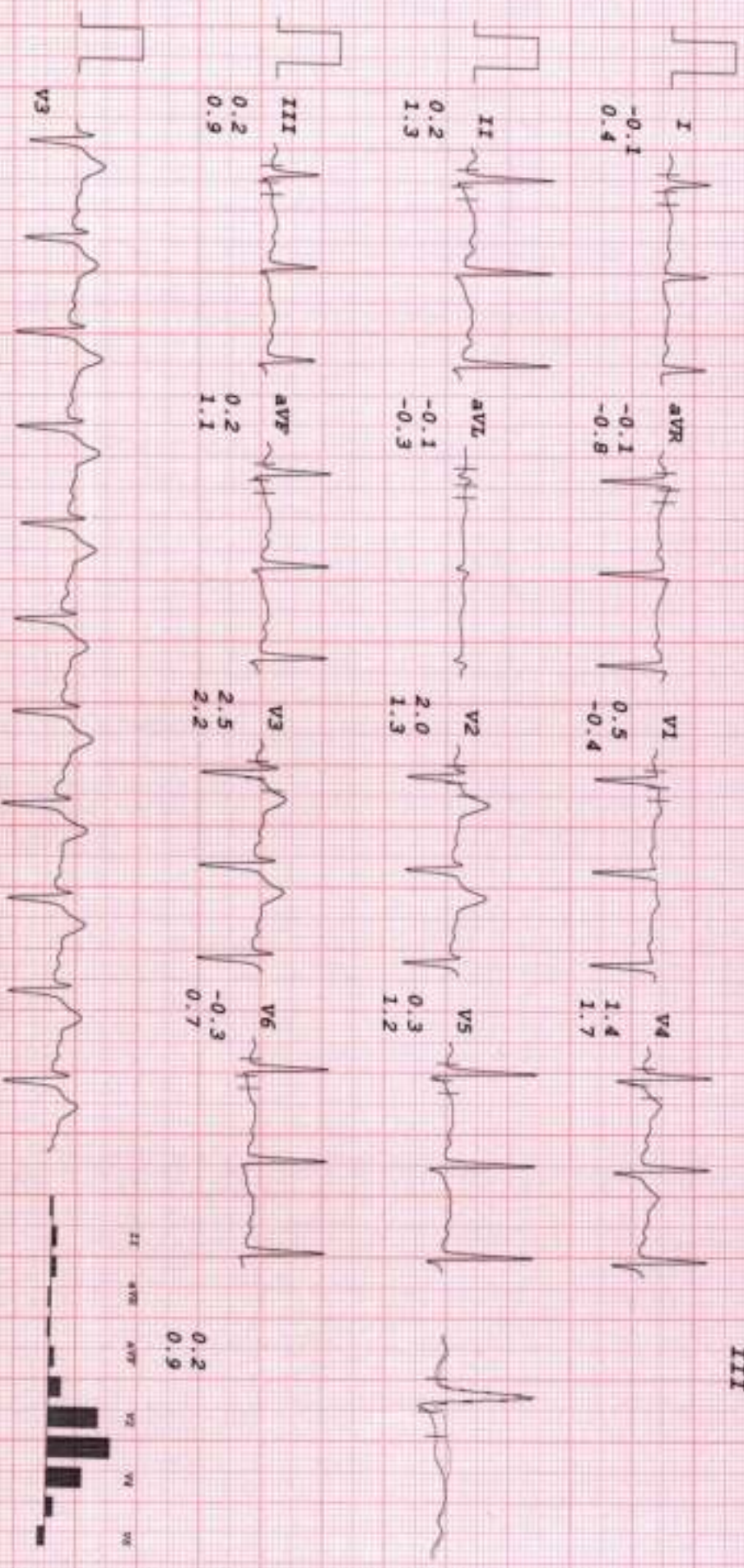
Bruce  
 RECOVERY  
 TOTAL TIME 12:29  
 PHASE TIME 2:55

SP @ 10mm/mV  
 80ms Post J

LINKED MEDIAN

Mag. X 2

III



0.2  
 0.9



# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MR CHANDAN MHAJGOR

I.D. 143

Age 36/M

Date 28-10-2023

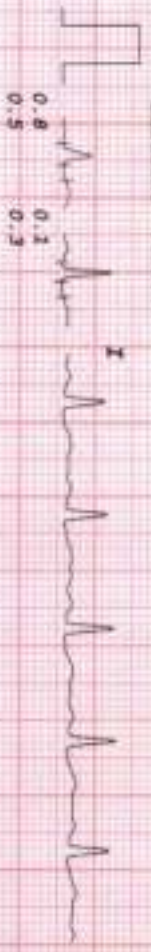
RAPE 107bpm  
B.P. 130/80

Brucce  
RECOVERY  
TOTAL TIME 13:29  
PHASE TIME 3:55

ST @ 10mm/mV  
80ms Post J

MIXED ECG

Baseline Current



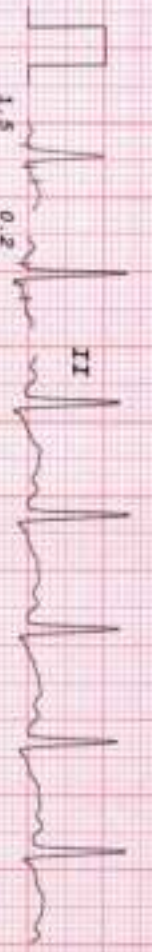
I

Baseline Current



V1

Baseline Current



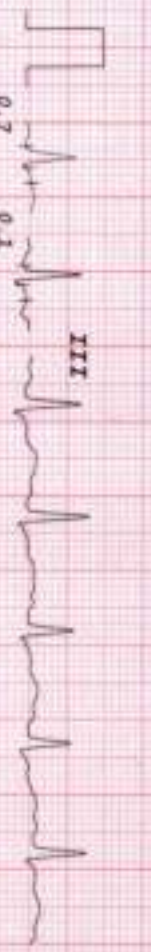
II

Baseline Current



V2

Baseline Current



III

Baseline Current



V3

Baseline Current



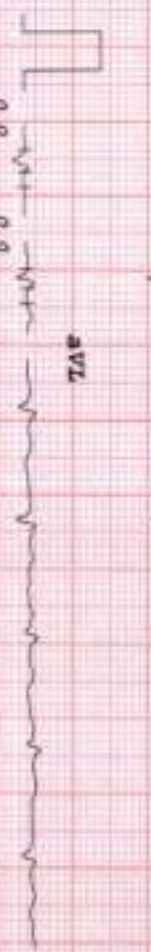
aVR

Baseline Current



V4

Baseline Current



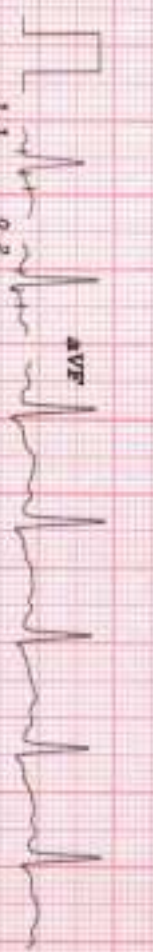
aVL

Baseline Current



V5

Baseline Current



aVF

Baseline Current



V6

Baseline Current