

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	SWETA KUMARI
DATE OF BIRTH	05-07-1983
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	14-04-2023
BOOKING REFERENCE NO.	23J99574100057270S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. KUMAR SUSHIL
EMPLOYEE EC NO.	99574
EMPLOYEE DESIGNATION	BRANCH OPERATIONS
EMPLOYEE PLACE OF WORK	NEW DELHI,NIRMAN BHAVAN
EMPLOYEE BIRTHDATE	04-08-1979

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **05-04-2023** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



भारतीय विशिष्ट पहचान प्राधिकरण

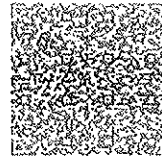
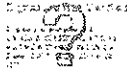
भारत सरकार
Unique Identification Authority of India

नामांकन क्रम/Enrolment No.: 1119:62033/26446

Download Date: 21/07/2011

To
स्वेता
Sweta
W/O: Sushil Kumar
C B 1, Flat No-906
SuperTech Capetown
Sector 74
Noida
Gautam Buddha Nagar Noida
Uttar Pradesh - 201301
9852588101

Generation Date: 21/07/2011



आपका आधार क्रमांक / Your Aadhaar No. :

3759 0703 4726

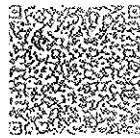
मेरा आधार, मेरी पहचान



भारत सरकार
Government of India



स्वेता
Sweta
जनम तिथि/DOB: 05/07/1983
स्त्री / FEMALE



3759 0703 4726

मेरा आधार, मेरी पहचान



भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

पता:
अधीनमी: सुशील कुमार, सी बी 1,
फ्लैट न-906, सुपरटेक कैपटाउन,
सेक्टर 74, नोएडा, गौतम बुद्ध नगर,
उत्तर प्रदेश - 201301

Address:
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Uttar Pradesh - 201301

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सूचना

- आधार पहचान का प्रमाण है, नागरिकता का नहीं।
- पहचान का प्रमाण अंतर्गत ऑनलाइन प्रमाणिकरण द्वारा प्राप्त करें।
- यह एक इलेक्ट्रॉनिक प्रक्रिया द्वारा बना हुआ पत्र है।

INFORMATION

- Aadhaar is a proof of identity, not of citizenship.
- To establish identity, authenticate online.
- This is electronically generated letter.

- भारत देश भर में मान्य है।
- आधार भविष्य में सरकारी और गैर-सरकारी सेवाएँ का काम करने में उपयोगी होगा।
- Aadhaar is valid throughout the country.
- Aadhaar will be helpful in availing Government and Non-Government services in future.

RADIOLOGY REPORT

Name	Sweta KUMARI	Modality	US
Patient ID	MH010916273	Accession No	R5413590
Gender/Age	F / 39Y 9M 10D	Scan Date	14-04-2023 09:45:34
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	14-04-2023 15:28:15

USG ABDOMEN & PELVIS

FINDINGS

LIVER: appears enlarged in size (measures 165 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 118 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 10.7 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.4 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Well distended with normal walls. Its lumen demonstrates multiple mobile calculi within with the largest one measuring ~ 9.8 mm. A single non-mobile impacted calculus is seen in neck region of gallbladder measuring ~ 15.9 mm. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 93 x 31 mm.

Left Kidney: measures 123 x 36 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is minimally distended (Patient unable to hold more urine, scan done on patient insistence). Wall thickness is normal and lumen is echofree. Rest normal.

UTERUS: Uterus is anteverted, normal in size (measures 62 x 47 x 33 mm), shape and echotexture.

Endometrial thickness measures 4.9 mm. Cervix appears normal.

OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.

Right ovary measures 30 x 28 x 22 mm with volume 9.7 cc.

Left ovary measures 25 x 23 x 12 mm with volume 3.7 cc.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

- Hepatomegaly with diffuse grade I fatty infiltration in liver.
- Cholelithiasis with calculus impacted in gallbladder neck region.

Recommend clinical correlation.

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NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

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RADIOLOGY REPORT

Name	Sweta KUMARI	Modality	DX
Patient ID	MH010916273	Accession No	R5413589
Gender/Age	F / 39Y 9M 10D	Scan Date	14-04-2023 09:36:16
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	14-04-2023 16:35:27

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
TRACHEA: Normal.
CARINA: Normal.
RIGHT AND LEFT MAIN BRONCHI: Normal.
PLEURA: Normal.
HEART: Normal.
RIGHT HEART BORDER: Normal.
LEFT HEART BORDER: Normal.
PULMONARY BAY: Normal.
PULMONARY HILA: Normal.
AORTA: Normal.
THORACIC SPINE: Normal.
OTHER VISUALIZED BONES: Normal.
VISUALIZED SOFT TISSUES: Normal.
DIAPHRAGM: Normal.
VISUALIZED ABDOMEN: Normal.
VISUALIZED NECK: Normal.

IMPRESSION:

XR- CHEST PA VIEW

No significant abnormality seen.*Please correlate clinically*

Dr. Prabhat Prakash Gupta,
MBBS,DNB,MNAMS,FRCR(I)
Consultant Radiologist, Reg no DMC/R/14242

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RADIOLOGY REPORT

Name	Sweta KUMARI	Modality	US
Patient ID	MH010916273	Accession No	R5413590
Gender/Age	F / 39Y 9M 10D	Scan Date	14-04-2023 09:45:34
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	14-04-2023 15:28:15



Dr. Prabhat Prakash Gupta,
MBBS,DNB,MNAMS,FRCR(I)
Consultant Radiologist, Reg no DMC/R/14242

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LABORATORY REPORT

Name : MRS SWETA KUMARI Age : 39 Yr(s) Sex :Female
 Registration No : MH010916273 Lab No : 32230405026
 Patient Episode : H18000000445 Collection Date : 14 Apr 2023 12:37
 Referred By : HEALTH CHECK MGD Reporting Date : 14 Apr 2023 13:39
 Receiving Date : 14 Apr 2023 12:42

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Specimen Type : Serum			
THYROID PROFILE, Serum			
T3 - Triiodothyronine (ECLIA)	1.23	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	9.14	µg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.550	µIU/mL	[0.340-4.250]
1st Trimester:	0.6 - 3.4	micIU/mL	
2nd Trimester:	0.37 - 3.6	micIU/mL	
3rd Trimester:	0.38 - 4.04	micIU/mL	

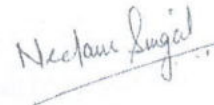
Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----



Dr. Neelam Singal
 CONSULTANT BIOCHEMISTRY

LABORATORY REPORT

Name	: MRS SWETA KUMARI	Age	: 39 Yr(s) Sex :Female
Registration No	: MH010916273	Lab No	: 202304001575
Patient Episode	: H18000000445	Collection Date	: 14 Apr 2023 09:23
Referred By	: HEALTH CHECK MGD	Reporting Date	: 14 Apr 2023 11:08
Receiving Date	: 14 Apr 2023 09:23		

HAEMATOTOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMATED)		SPECIMEN-EDTA Whole Blood	
RBC COUNT (IMPEDENCE)	3.93	millions/cu mm	[3.80-4.80]
HEMOGLOBIN	12.5	g/dl	[12.0-16.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	38.1	%	[36.0-46.0]
MCV (DERIVED)	96.9	fL	[83.0-101.0]
MCH (CALCULATED)	31.8	pg	[27.0-32.0]
MCHC (CALCULATED)	32.8	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	13.3	%	[11.6-14.0]
Platelet count	156	x 10 ³ cells/cumm	[150-400]
MPV (DERIVED)	13.5		
WBC COUNT (TC) (IMPEDENCE)	4.48	x 10 ³ cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	75.0	%	[40.0-80.0]
Lymphocytes	18.0	%	[17.0-45.0]
Monocytes	6.0	%	[2.0-10.0]
Eosinophils	1.0 #	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	12.0	/1sthour	[0.0-

LABORATORY REPORT

Name	: MRS SWETA KUMARI	Age	: 39 Yr(s) Sex :Female
Registration No	: MH010916273	Lab No	: 202304001575
Patient Episode	: H18000000445	Collection Date	: 14 Apr 2023 09:23
Referred By	: HEALTH CHECK MGD	Reporting Date	: 14 Apr 2023 16:44
Receiving Date	: 14 Apr 2023 09:23		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Glycosylated Hemoglobin			
Specimen: EDTA			
HbA1c (Glycosylated Hemoglobin)	5.4	%	[0.0-5.6]
Method: HPLC			
As per American Diabetes Association(ADA)			
HbA1c in %			
Non diabetic adults >= 18years <5.7			
Prediabetes (At Risk)5.7-6.4			
Diagnosing Diabetes >= 6.5			
Estimated Average Glucose (eAG)	108	mg/dl	

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemc control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction[pH]	6.5	(4.6-8.0)
Specific Gravity	1.005	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	Negative	(NEGATIVE)
Glucose	NIL	(NIL)
Ketone Bodies	Negative	(NEGATIVE)
Urobilinogen	Normal	(NORMAL)

LABORATORY REPORT

Name	: MRS SWETA KUMARI	Age	: 39 Yr(s) Sex :Female
Registration No	: MH010916273	Lab No	: 202304001575
Patient Episode	: H18000000445	Collection Date	: 14 Apr 2023 10:35
Referred By	: HEALTH CHECK MGD	Reporting Date	: 14 Apr 2023 11:52
Receiving Date	: 14 Apr 2023 10:35		

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION(Automated/Manual)

Pus Cells	1-2 /hpf	(0-5/hpf)
RBC	NIL	(0-2/hpf)
Epithelial Cells	2-3 /hpf	
CASTS	NIL	
Crystals	NIL	
OTHERS	NIL	

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	191	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	232 #	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	40.0	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	46 #	mg/dl	[0-35]
CHOLESTEROL, LDL, CALCULATED	105.0	mg/dl	[<120.0] Near/ Borderline High:130-159 High Risk:160-189
Above optimal-100-129			<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
T.Chol/HDL.Chol ratio(Calculated)	4.8		
LDL.CHOL/HDL.CHOL Ratio(Calculated)	2.6		<3 Optimal 3-4 Borderline >6 High Risk

Note:

LABORATORY REPORT

Name : MRS SWETA KUMARI Age : 39 Yr(s) Sex :Female
 Registration No : MH010916273 Lab No : 202304001575
 Patient Episode : H18000000445 Collection Date : 14 Apr 2023 09:23
 Referred By : HEALTH CHECK MGD Reporting Date : 14 Apr 2023 11:03
 Receiving Date : 14 Apr 2023 09:23

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

Specimen: Serum

UREA	21.0	mg/dl	[15.0-40.0]
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Method: GLDH, Kinatic assay

BUN, BLOOD UREA NITROGEN	9.8	mg/dl	[8.0-20.0]
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Method: Calculated

CREATININE, SERUM	0.76	mg/dl	[0.70-1.20]
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Method: Jaffe rate-IDMS Standardization

URIC ACID	4.7	mg/dl	[4.0-8.5]
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Method:uricase PAP

SODIUM, SERUM	137.40	mmol/L	[136.00-144.00]
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POTASSIUM, SERUM	5.25 #	mmol/L	[3.60-5.10]
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SERUM CHLORIDE	102.7	mmol/l	[101.0-111.0]
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Method: ISE Indirect

eGFR (calculated)	99.1	ml/min/1.73sq.m	[>60.0]
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Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

LABORATORY REPORT

Name	: MRS SWETA KUMARI	Age	: 39 Yr(s) Sex :Female
Registration No	: MH010916273	Lab No	: 202304001575
Patient Episode	: H18000000445	Collection Date	: 14 Apr 2023 09:23
Referred By	: HEALTH CHECK MGD	Reporting Date	: 14 Apr 2023 11:04
Receiving Date	: 14 Apr 2023 09:23		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL <i>Method: D P D</i>	0.91	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT <i>Method: DPD</i>	0.15	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) <i>Method: Calculation</i>	0.76	mg/dl	[0.10-0.90]
TOTAL PROTEINS (SERUM) <i>Method: BIURET</i>	7.60	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) <i>Method: BCG</i>	4.77	g/dl	[3.50-5.20]
GLOBULINS (SERUM) <i>Method: Calculation</i>	2.80	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO <i>Method: Calculation</i>	1.69		[1.00-2.50]
AST (SGOT) (SERUM) <i>Method: IFCC W/O P5P</i>	45.00 #	U/L	[0.00-40.00]
ALT (SGPT) (SERUM) <i>Method: IFCC W/O P5P</i>	80.00 #	U/L	[14.00-54.00]
Serum Alkaline Phosphatase <i>Method: AMP BUFFER IFCC</i>	108.0 #	IU/L	[40.0-98.0]
GGT	101.0 #		[7.0-50.0]

LABORATORY REPORT

Name : MRS SWETA KUMARI Age : 39 Yr(s) Sex :Female
Registration No : MH010916273 Lab No : 202304001575
Patient Episode : H18000000445 Collection Date : 14 Apr 2023 09:23
Referred By : HEALTH CHECK MGD Reporting Date : 14 Apr 2023 16:38
Receiving Date : 14 Apr 2023 09:23

BLOOD BANK

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing A Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

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-----END OF REPORT-----



Dr. Charu Agarwal
Consultant Pathologist

LABORATORY REPORT

Name : MRS SWETA KUMARI Age : 39 Yr(s) Sex :Female
Registration No : MH010916273 Lab No : 202304001576
Patient Episode : H18000000445 Collection Date : 14 Apr 2023 09:23
Referred By : HEALTH CHECK MGD Reporting Date : 14 Apr 2023 11:04
Receiving Date : 14 Apr 2023 09:23

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma GLUCOSE, FASTING (F) Method: Hexokinase	96.0	mg/dl	[70.0-110.0]

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-----END OF REPORT-----



Dr. Charu Agarwal
Consultant Pathologist

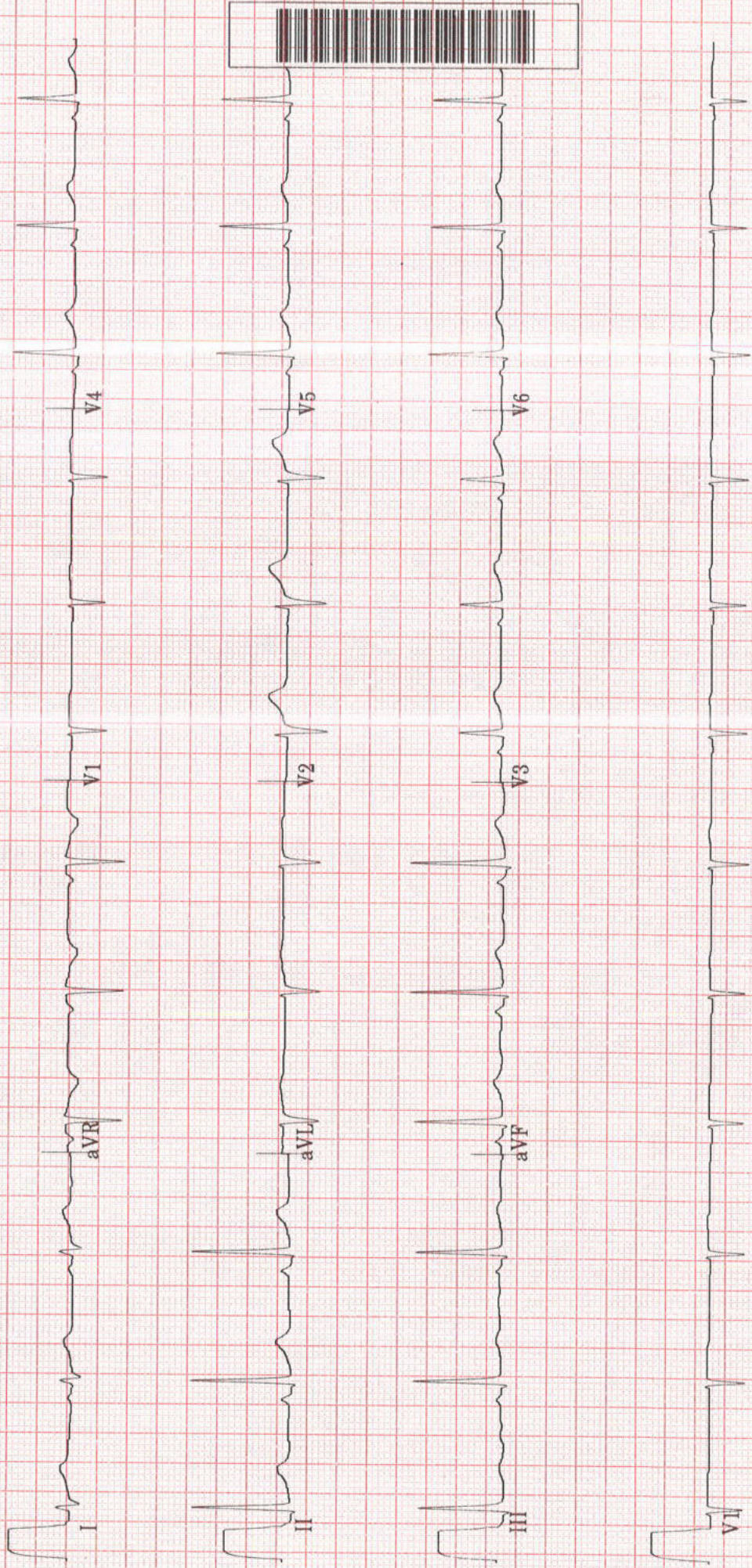
40 years Female Asian
 Vent. rate 70 bpm
 PR interval 132 ms
 QRS duration 78 ms
 QT/QTc 384/414 ms
 P-R-T axes 59 87 56

Normal sinus rhythm
 Normal ECG

Technician:
 Test ind:

Referred by: hep

Unconfirmed





TMT INVESTIGATION REPORT

Patient Name : Ms Sweta KUMARI	Location : Ghaziabad
Age/Sex : 40Year(s)/Female	Visit No : V0000000001-GHZB
MRN No MH010916273	Order Date : 14/04/2023
Ref. Doctor : HCP	Report Date : 14/04/2023

Protocol : Bruce **MPHR** : 180BPM
Duration of exercise : 7min 00sec **85% of MPHR** : 153BPM
Reason for termination : THR achieved **Peak HR Achieved** : 186BPM
Blood Pressure (mmHg) : Baseline BP : 130/82mmHg **% Target HR** : 100%
Peak BP : 150/82mmHg **METS** : 8.5METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	95	130/82	Nil	No ST changes seen	Nil
STAGE 1	3:00	134	136/82	Nil	No ST changes seen	Nil
STAGE 2	3:00	168	144/82	Nil	No ST changes seen	Nil
STAGE 3	1:00	186	150/82	Nil	No ST changes seen	Nil
RECOVERY	3:35	106	140/82	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra SinghMD, DM (CARDIOLOGY), FACC
Sr. Consultant Cardiology**Dr. Abhishek Singh**MD, DNB (CARDIOLOGY), MNAMS
Sr. Consultant Cardiology**Dr. Sudhanshu Mishra**MD
Cardiology Registrar

Manipal Hospital, Ghaziabad

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Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

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