

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. KUMAR ANKIT
EC NO.	121590
DESIGNATION	AGRICULTURE OFFICER - TRACTOR SCHEME
PLACE OF WORK	SULTANPUR
BIRTHDATE	28-03-1991
PROPOSED DATE OF HEALTH CHECKUP	11-02-2023
BOOKING REFERENCE NO.	22M121590100041100E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **08-02-2023** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

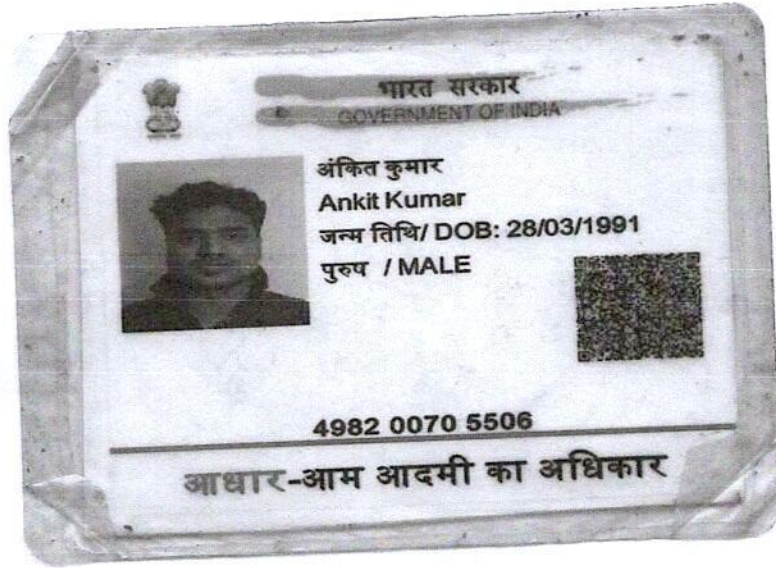
Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

  
**Dr. Pawan Kumar Singh**  
M.B.B.S., DNB (Medicine)  
UPMCI 61330  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)



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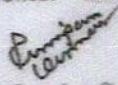
*Dr. Pawan Kumar Singh*  
M.B.B.S. DNB (Medicine)  
UPMCI-61330  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)



 बैंक ऑफ़ बड़ोदा  
Bank of Baroda

नाम- अंकित कुमार  
Name - ANKIT KUMAR

कर्मचारी कूट क्र- 121590  
E.C.No. - 121590



जारीकर्ता प्राधिकारी  
Issuing Authority





धारक के हस्ताक्षर  
Signature of Holder



  
Dr. Pawan Kumar Singh  
M.B.B.S. DNB (Medicine)  
UPMCI-6/330  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre P.L. Ltd.)



11.02.2023 10:03:31  
JPK CLINIC AND DIAGNOSTICS  
NORMAL COMPOUND SUPER MARKET  
SULTANPUR

Location: Room:  
Order Number:  
Indication:  
Medication 1:  
Medication 2:  
Medication 3:

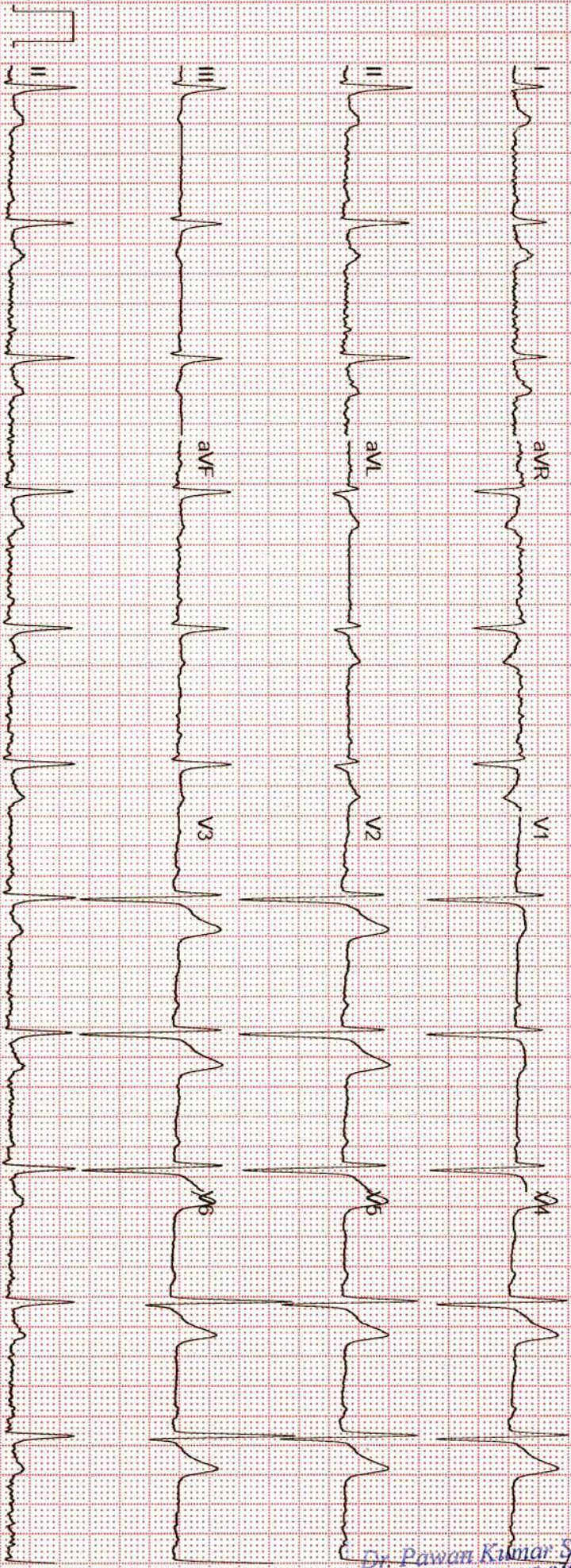
67 bpm  
- / - mmHg

QRS 82 ms  
QT / QTcBaz 344 / 363 ms  
PR 176 ms  
P 104 ms  
RR / PP 898 / 895 ms  
P / QRS / T 29 / 58 / 27 degrees

Normal sinus rhythm  
Moderate voltage criteria for LVH may be normal variant  
Borderline ECG

Technician:  
Ordering Ph. DR J P SINGH  
Referring Ph.  
Attending Ph.

*Handwritten initials*



*Signature of Dr. Pawan Kumar Singh*  
Dr. Pawan Kumar Singh  
M.B.B.S. DNB (Medicine)  
UPMCI-61330  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

Unconfirmed





सर्वे सन्तु निरामया

# राज डायग्नोस्टिक एण्ड मेडिकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 15,572  
 Patient Name : Mr. ANKIT KUMAR  
 Age (Y-M-D) : 0 - 0 - 0  
 Sex : Male  
 Referred By : DHS



Bill No. / Day Sr.: 2/11/2023 12  
 Receiving Date : 2/11/2023 12  
 Reporting Date :

## X-RAY CHEST P.A.

TRACHEA- : Trachea is central,  
 CARDIAC SHADOW- : The cardiac size and silhouette is normal.  
 ANGLES- : Both costophrenic angles are clear.  
 PARENCHYMA- : Both lung fields are clear & have normal volume bronchovascular pattern.  
 C / T RATIO- : Normal  
 MEDIASTINUM- : no mediastinal shift is seen.  
 DOME OF DIAPHRAGM- : Both domes of the diaphragm are normal in position, outline & curvature.  
 IMPRESSION- : NORMAL FINDING

सर्वे सन्तु निरामया

*Dr. Pawan Kumar Singh*  
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 UPMCI-61/30  
 Director & Consultant Physician  
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*Dr. Amit Kumar*

M.B.B.S. MS

Reg.No.-20176

*Dr. Amit Kumar*

(Sonologist.)

Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.  
 If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }







सर्वे सन्तु निरामया

# राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 15,565  
 Patient Name : Mr. ANKIT KUMAR  
 Age (Y-M-D) : 0 - 0 - 0  
 Sex : Male  
 Referred By : DHS



Bill No. / Day Sr.: 11-Feb-23 12  
 Receiving Date : 11-Feb-23 12  
 Reporting Date :

## ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

<b>LIVER</b>	: Liver is normal in size and echogenicity . No focal or diffuse mass lesion seen.No IHBD dilatation seen.
<b>GALL BLADDER</b>	: Gall bladder is normal in distension & shows multiple stone size about 5 to 9 mm in the lumen of G.B with wall of G.B. is thick upto 3 mm.
<b>PV/CBD</b>	: Portal vein and CBD are normal in their course and calibre.
<b>PANCREAS</b>	: Pancreas is normal in size, contous & echotexture.
<b>SPLEEN.</b>	: Spleen is normal in size mm and echogenicity. No focal or diffuse mass lesion seen.
<b>KIDNEYS</b>	: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.No hydronephrosis is seen.
<b>URETER</b>	: B/L ureters are normally visualized.
<b>U.BLADDER</b>	: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.
<b>PROSTATE</b>	: Prostate is normal in size,shape & echo-texture. No mass lesion is seen .
<b>POST VOID</b>	: Not done.
<b>BOWEL</b>	: Gaseous Bowel loops are normal in calibre & wall thickness.No dilated loops are seen.No ascitis or fluid collection seen in abdominal cavity. No obvious lymphadenopathy noted.
<b>IMPRESSION</b>	: <b>CHOLECYSTITIS WITH CHOLELETHIASIS</b>

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Dr. Amit Kumar  
 M.B.B.S. MS  
 Reg.No.-29176  
 Dr. Amit Kumar  
 (Sonologist.)



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This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.  
 If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }



Patient ID : 043444  
 Name : Mr. ANKIT KUMAR  
 Age/Gender : 31Y/M  
 Date/Time : 11-02-2023/17:39  
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>BIO-CHEMISTRY</b>		
LRN-006548 <b>Fasting Blood Sugar</b>	<b>Fasting blood sugar</b> 95.0 mg/dL	70-110 mg/dl
Sample Collection Time 11 Feb 2023 / 17:40 Result Approval Time 12 Feb 2023 / 13:56		
LRN-006549 <b>Blood Urea Nitrogen (BUN)</b>	<b>Blood Urea Nitrogen (BUN)</b> 10.6 mg/dL	5-18 mg/dL Infant/Child 6-20 mg/dL Adult 8-23 mg/dL Adult >60Yr
Sample Collection Time 11 Feb 2023 / 17:40 Result Approval Time 12 Feb 2023 / 13:56		
LRN-006548 <b>Serum Creatinine</b>	<b>Serum Creatinine</b> 0.8 mg/dL	Male 0.9-1.3 mg/dL Female 0.6-1.1 mg/dL
Sample Collection Time 11 Feb 2023 / 17:40 Result Approval Time 12 Feb 2023 / 13:55		
LRN-006549 <b>Total Cholesterol</b>	<b>Lipid Profile</b> 142.8 mg/dl	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
<b>Triglycerides</b>	121.0 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL
<b>HDL</b>	55.8 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
<b>LDL</b>	84.9 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL

*Rakesh*  
 Rakesh Sharma  
 Lab Technician

*Dr. Pawan Kumar Singh*  
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 Consultant Pathologist  
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# JPK CLINIC & DIAGNOSTICS

(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

An ISO 9001:2015 Certified Center

Super Market, Sultanpur -228 001 (U.P.)

Ph. : 05362-241192, 9196008963

www.jpkhospitals.com



Patient ID : 043444  
 Name : Mr. ANKIT KUMAR  
 Age/Gender : 31Y/M  
 Date/Time : 11-02-2023/17:39  
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
VLDL	24.2 mg/dL	High 160-189 mg/dL Very high >190 mg/dL 15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
TC/HDL Ratio	2.5	( Less than 5.0 )
LDL/HDL	1.5	UPTO 3.5
Sample Collection Time 11 Feb 2023 / 17:40 Result Approval Time 12 Feb 2023 / 13:59		
LRN-006548	<b>Post Prandial Blood Glucose</b>	
<b>Post Prandial Blood Glucose</b>	124.5 mg/dL	90 - 140 mg/dL
Sample Collection Time 11 Feb 2023 / 17:40 Result Approval Time 12 Feb 2023 / 13:56		
LRN-006550	<b>HbA1C</b>	
<b>Glycosylated Haemoglobin</b>	4.6 %	4-6% - NON-DIABETIC 6-7% - GOOD CONTROL 7-8% - FAIR CONTROL >8% - ACTION SUGGESTED
Sample Collection Time 11 Feb 2023 / 17:40 Result Approval Time 12 Feb 2023 / 13:55		
LRN-006548	<b>Uric Acid</b>	
<b>Uric Acid</b>	5.1 mg/dL	
Sample Collection Time 11 Feb 2023 / 17:40 Result Approval Time 12 Feb 2023 / 13:56		
LRN-006549	<b>Liver Function Test (LFT)</b>	
<b>Bilirubin Total</b>	0.58 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)

*Rakesh*

Rakesh Sharma  
Lab Technician

*Dr. Pawan Kumar Singh*  
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**Facilities Available**

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 2 of 7 • Sample Collection from Home & Online Delivery of Reports • ABP • TMT • Echocardiography • Ultrasound



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Patient ID : 043444  
 Name : Mr. ANKIT KUMAR  
 Age/Gender : 31Y/M  
 Date/Time : 11-02-2023/17:39  
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
Bilirubin Direct	0.30 mg/dL	0.0 - 0.2 mg/dL
Bilirubin Indirect	0.28 mg/dL	0.0 - 0.8 mg/dL
SGOT	34.7 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
SGPT	30.0 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
Alkaline Phosphatase	89.7 U/L	UPTO 125 U/L
Total Protein	6.95 g/dL	6.0 - 8.0 g/dL
Albumin	4.47 g/dL	3.5 - 5.2 g/dL
Globulin	2.48 g/dL	1.5 - 3.0 g/dL
A/G	2.8	1 - 2

Sample Collection Time 11 Feb 2023 / 17:40

Result Approval Time 12 Feb 2023 / 13:58

LRN-006548

### Gamma Glutamyl transferase (GGT)

GGT	23.0 U/L	5-36 U/L (Female) 8-61 U/L (Male)
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Sample Collection Time 11 Feb 2023 / 17:40

Result Approval Time 12 Feb 2023 / 13:56

LRN-006548

### PSA Total

PSA TOTAL	0.95 ng/mL	<4.00 ng/mL
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Sample Collection Time 11 Feb 2023 / 17:40

Result Approval Time 12 Feb 2023 / 13:57

*Rakesh*

Rakesh Sharma  
Lab Technician

*Dr. Pawan Kumar Singh*  
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(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

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3 of 7  
 ECG PFT Endoscopy Hepatology Biochemistry Microbiology IVDI Histopathology  
 Facilities Available  
 Sample Collection from Home & Online Delivery of Reports ABP TMT Echocardiography Ultrasound



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Patient ID : 043444  
 Name : Mr. ANKIT KUMAR  
 Age/Gender : 31Y/M  
 Date/Time : 11-02-2023/17:39  
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>HAEMATOLOGY</b>		
LRN-006546	<b>Erythrocyte sedimentation Rate (ESR)</b>	
<b>Erythrocyte sedimentation Rate (ESR)</b>	14 mm/hr	Male : 0 - 10 mm/hr Female : 0 - 20 mm/hr
Sample Collection Time 11 Feb 2023 / 17:40 Result Approval Time 12 Feb 2023 / 11:56		
LRN-006547	<b>Blood grouping and Rh typing</b>	
<b>Blood Group</b>	B	
<b>RH Typing</b>	POSITIVE (+)	
Sample Collection Time 11 Feb 2023 / 17:40 Result Approval Time 12 Feb 2023 / 13:55		
LRN-006545	<b>Complete Blood Count</b>	
<b>Haemoglobin</b>	15.4 g/dL	13-18g/dL(>15yr Adult Male) 12-15g/dL(>15yrAdult Female)
<b>WBC Count</b>	5650	4000-11,000/cumm
<b>Differential Count</b>		
<b>Neutrophils</b>	65 %	40-75 %
<b>Lymphocytes</b>	27 %	20-45 %
<b>Eosinophils</b>	03 %	01-08 %
<b>Monocytes</b>	05 %	02-10 %
<b>Basophils</b>	00 %	00-01 %
<b>RBC Count</b>	5.62 million/cumm	4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female)
<b>PCV</b>	45.0 %	40-54 % (>15yr Adult Male) 34-48 % (>15yr Adult Female)
<b>MCV</b>	80.2 fl	75-95 fl
<b>MCH</b>	27.4 pg	26-32 pg
<b>MCHC</b>	34.2 %	30-35%
<b>Platelet Count</b>	130000 cells/cumm	150000 - 400000 cells/cumm
<b>Mean Platelet Volume(MPV)</b>	15.8 fL	7.5-11.5 fL
<b>RDW-CV</b>	12.9 %	11-16 %

*Rakesh*

Rakesh Sharma  
Lab Technician

*Dr. Pawan Kumar Singh*

M.B.B.S. DNB (Medicine)  
UPMCI-61530

Director & Consultant Physician  
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Consultant Pathologist

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 Sample Collection from Home & Online Delivery of Reports • ABP • TMT • Echocardiography • Ultrasound





Patient ID : 043444  
 Name : Mr. ANKIT KUMAR  
 Age/Gender : 31Y/M  
 Date/Time : 11-02-2023/17:39  
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
RDW-SD	40.4 %	35-56 %
Sample Collection Time 11 Feb 2023 / 17:40 Result Approval Time 12 Feb 2023 / 13:55		

*Rakesh*  
 Rakesh Sharma  
 Lab Technician

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Patient ID : 043444  
 Name : Mr. ANKIT KUMAR  
 Age/Gender : 31Y/M  
 Date/Time : 11-02-2023/17:39  
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
LRN-006551	Clinical Pathology <b>URINE - ROUTINE/MICROSCOPY</b>	
<b>PHYSICAL EXAMINATION</b>		
Quantity in ml	20 ML	
Urine Color	PALE YELLOW	
Reaction	ACIDIC	
<b>CHEMICAL EXAMINATION</b>		
Leukocytes	NEGATIVE	
Nitrite	NEGATIVE	
Urobilinogen	NEGATIVE	
pH	6.0	
Blood	NEGATIVE	
Sp.Gravity	1.020	
Ketone	NEGATIVE	
Bilirubin	NEGATIVE	
Glucose	NEGATIVE	
Protein	NEGATIVE	
<b>MICROSCOPIC EXAMINATION</b>		
Epithelial Cells	1-2/HIGH POWER FIELD	
RBC	NIL	
Pus Cells	2-3/HIGH POWER FIELD	
Casts	NOT SEEN	
Crystals	NOT SEEN	

Sample Collection Time 11 Feb 2023 / 17:40  
 Result Approval Time 12 Feb 2023 / 11:56

*Rakesh*  
 Rakesh Sharma  
 Lab Technician

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Ph. : 05362-241192, 9196008963

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Patient ID : 043444  
Name : Mr. ANKIT KUMAR  
Age/Gender : 31Y/M  
Date/Time : 11-02-2023/17:39  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

LRN-006552

### CHEMILUMINESCENCE IMMUNOASSAY

#### Thyroid Function Test (T3, T4, TSH)

T3	0.96 ng/mL	0.69-2.15
T4	114.0 ng/mL	52-127
TSH	1.16 $\mu$ IU/mL	21 weeks- 20 years: 0.7-6.4 $\mu$ IU/mL 21-54 years: 0.4 - 4.2 $\mu$ IU/mL 55- 87 years: 0.5 – 8.9 $\mu$ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 $\mu$ IU/mL 2nd Trimester: 0.46 – 2.95 $\mu$ IU/mL 3rd Trimester: 0.43 – 2.78 $\mu$ IU/mL

Sample Collection Time 11 Feb 2023 / 17:40

Result Approval Time 12 Feb 2023 / 13:55

----- End of Report -----

*Rakesh*

Rakesh Sharma  
Lab Technician

*Dr. Pawan Kumar Singh*

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● Sample Collection from Home & Online Delivery of Reports ● ABP ● TMT ● Echocardiography ● Ultrasound

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Date: 11 / 02 / 2023 10:45:44 AM

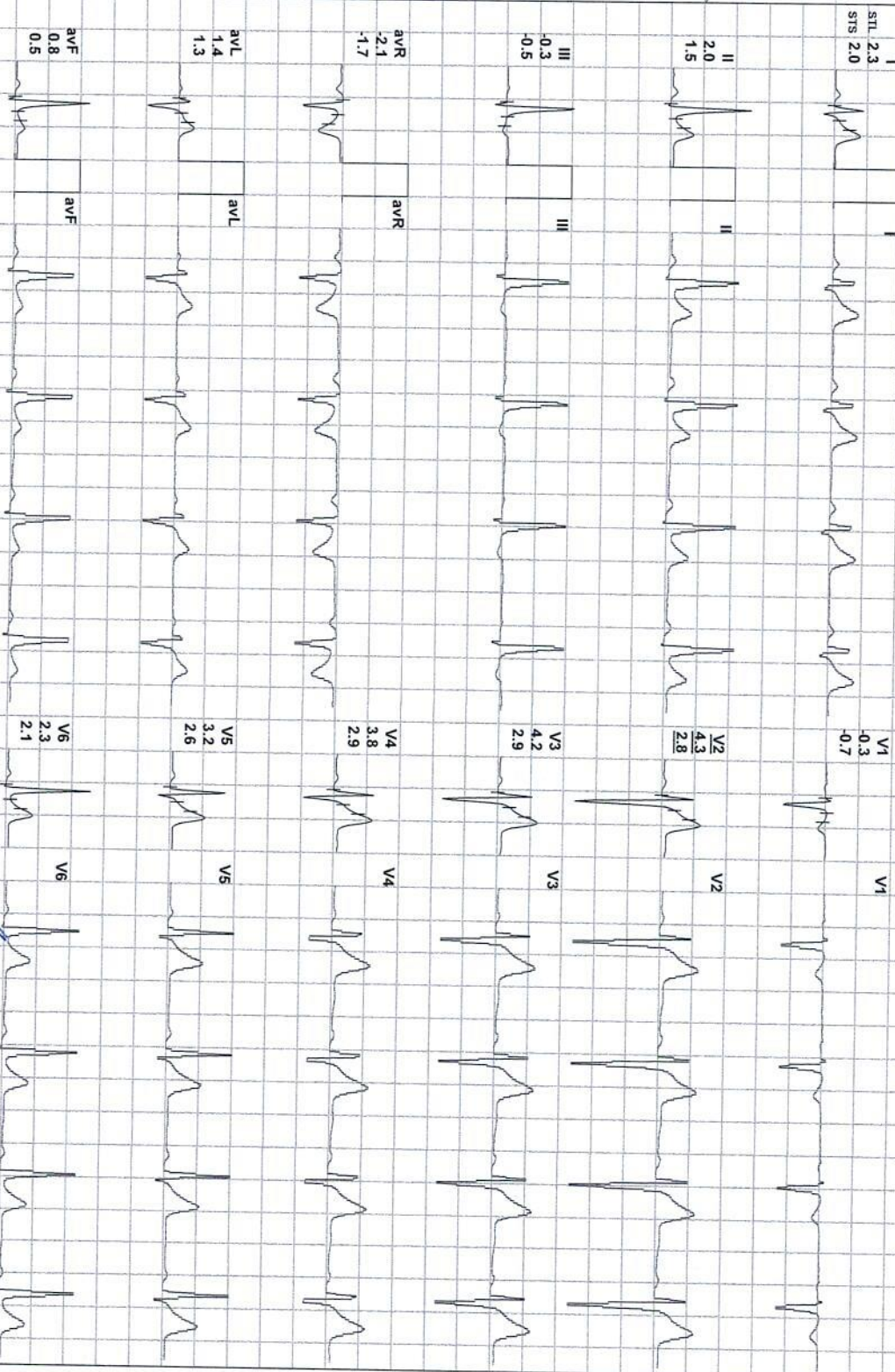
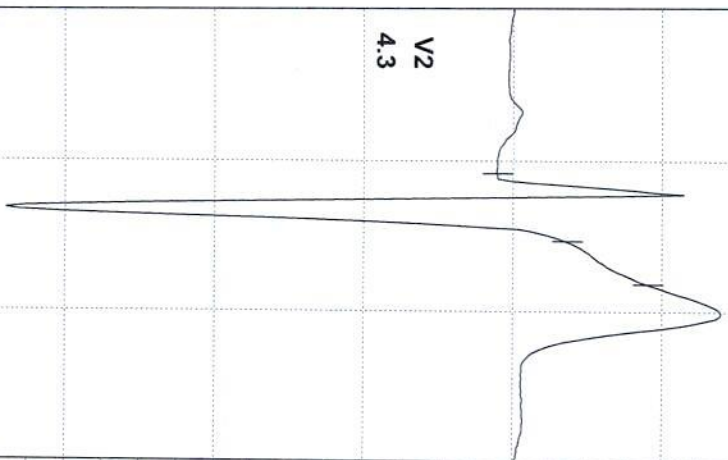
MEETS: 1.0/ 74 bpm 39% of THR BP: 120/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

4X 80 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

*Dr. Pawan Kumar Singh*  
 M.B.B.S. DNB (Medical)  
 UEMCL61330  
 Director & Consultant Physician  
 JPK Hospital & Diagnostics

(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(ADX\_GEM217220330)(R)Allengers

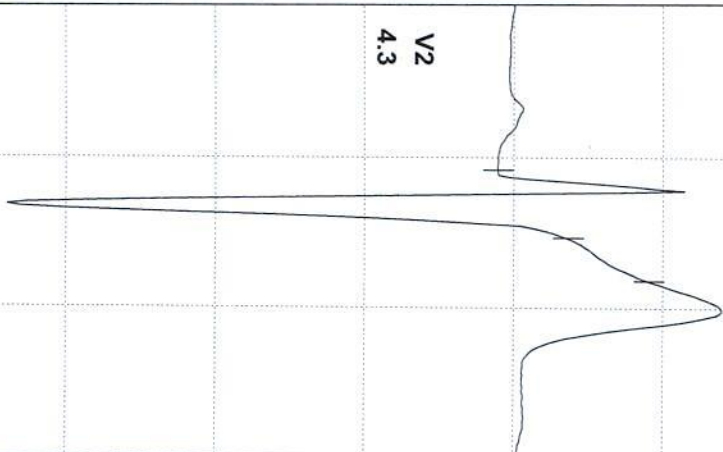


Date: 11 / 02 / 2023 10:45:44 AM METS: 1.0/ 74 bpm 39% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

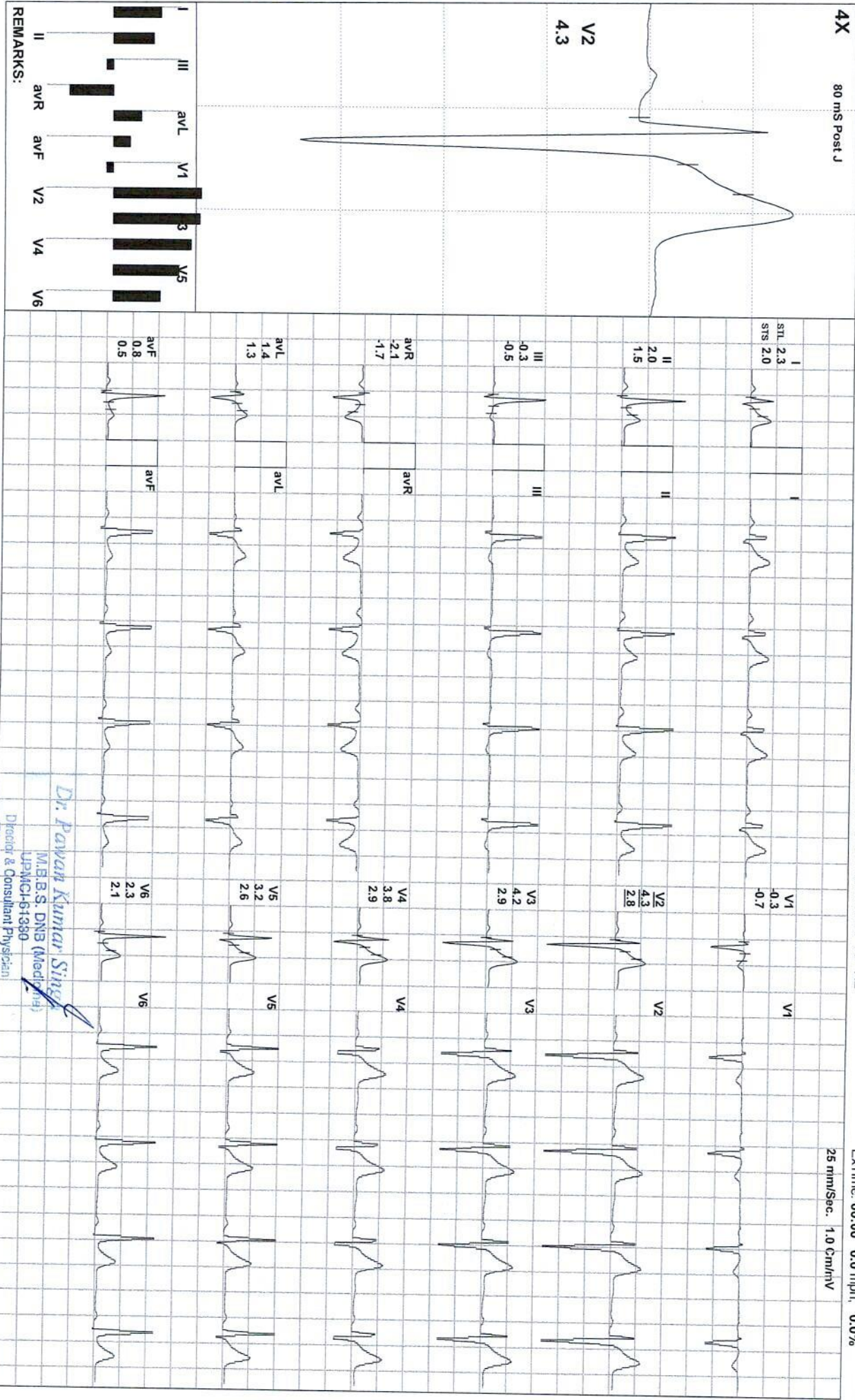
4X 80 ms Post J

EXTime: 00:00 0.0 mph, 0.0%

25 mm/Sec. 1.0 C/mV



V2  
4.3



I  
STL 2.3  
STS 2.0

V1  
-0.3  
-0.7

II  
2.0  
1.5

V2  
4.3  
2.8

III  
-0.3  
-0.5

V3  
4.2  
2.9

aVR  
-2.1  
-1.7

V4  
3.8  
2.9

aVL  
1.4  
1.3

V5  
3.2  
2.6

aVF  
0.8  
0.5

V6  
2.3  
2.1

REMARKS:

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(ADX\_GEM217220330)(R)Allengers



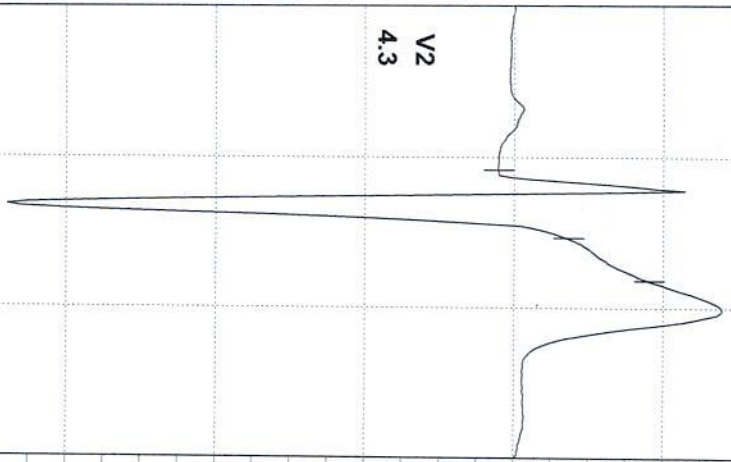


Date: 11 / 02 / 2023 10:45:44 AM METS: 1.0/ 77 bpm 41% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

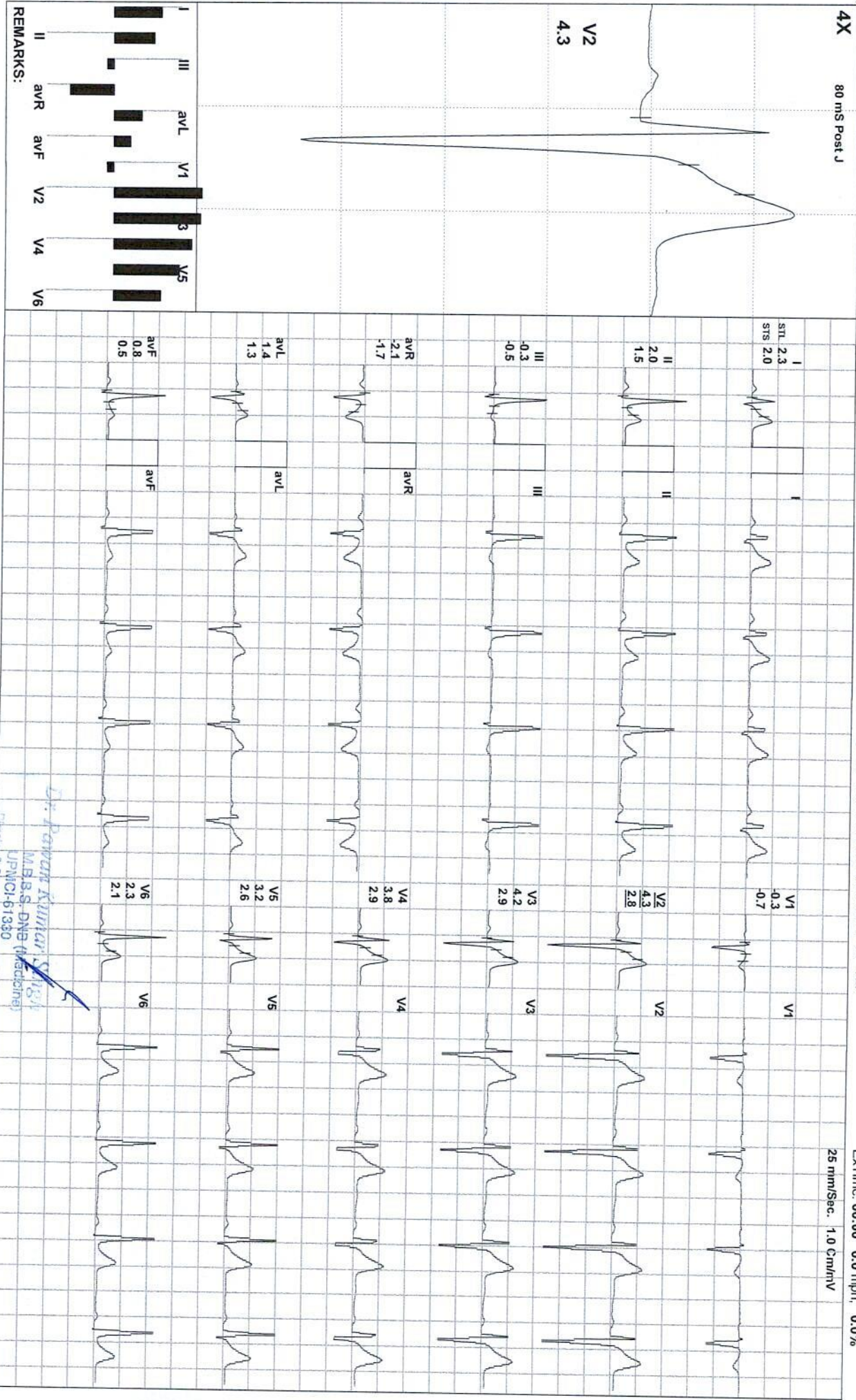
EXTime: 00:00 0.0 mph, 0.0%

25 mm/Sec. 1.0 Cm/mV

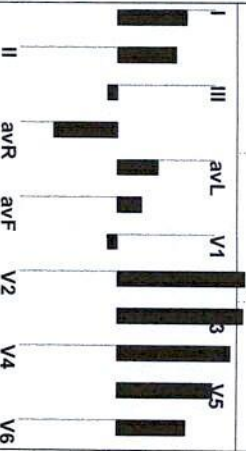
4X 80 ms Post J



V2  
4.3



REMARKS:



Dr. Ankit Kumar, MD  
M.B.B.S. - DNB (Medicine)  
JPNMCI-61330  
Diagnosed & Consultant Physician  
JPK Clinic & Diagnostics  
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(ADX\_GEM217220330)(R)Allengers

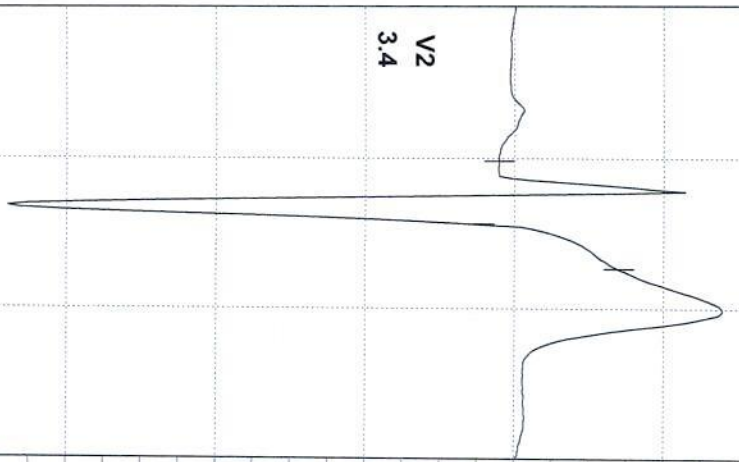




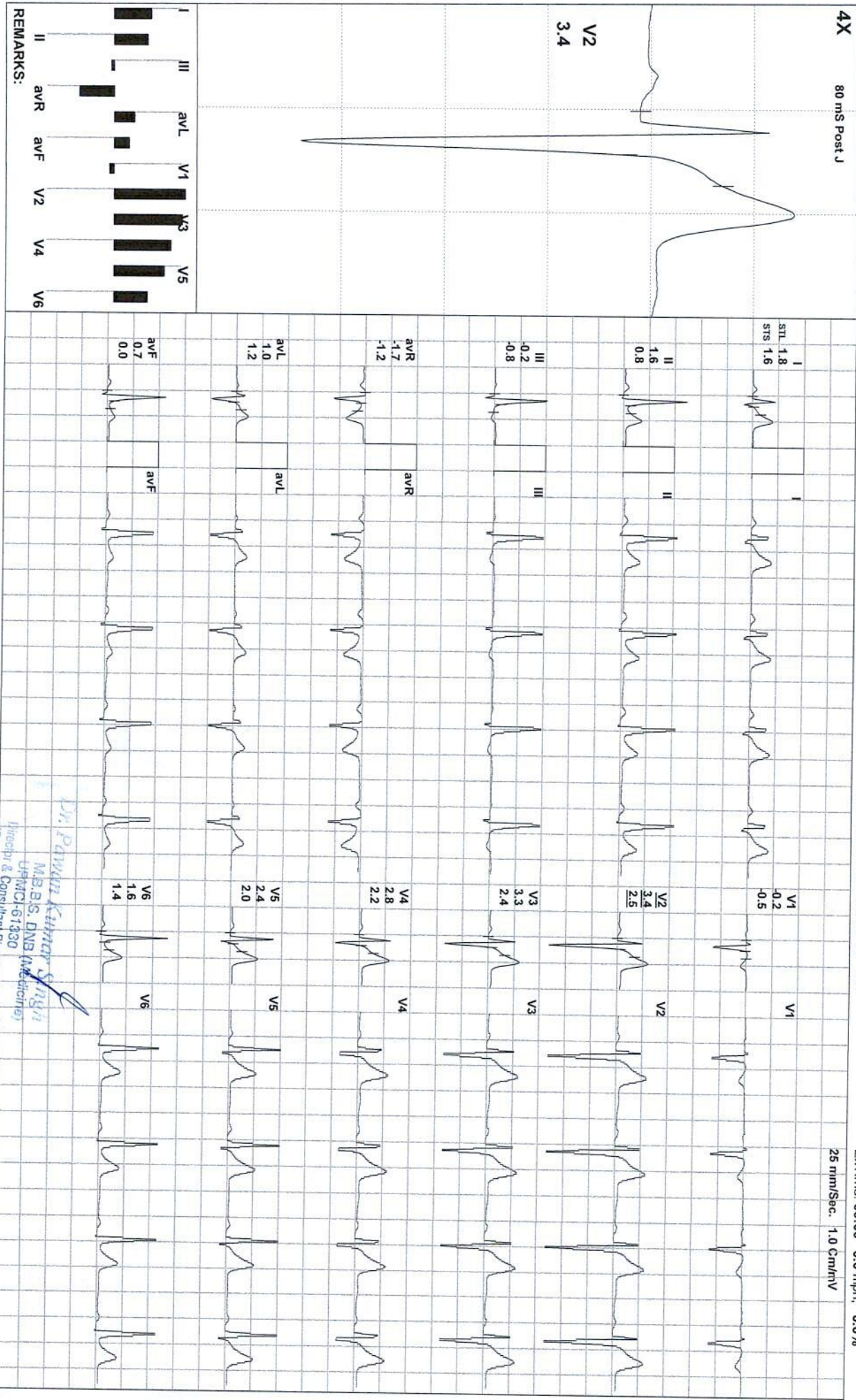
Date: 11 / 02 / 2023 10:45:44 AM METS: 1.0/ 73 bpm 39% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

4X 80 ms Post J

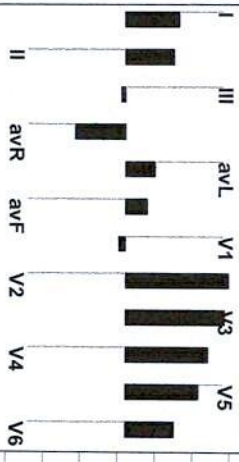
EXTime: 00:00 0.0 mph, 0.0%  
25 mm/Sec. 1.0 Cm/mV



V2  
3.4



REMARKS:



Dr. Ankit Kumar Singh  
M.B.B.S, DNB (Medicine)  
UPMC/161930  
Physician & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(ADX\_GEM217220330)(R)Allengers



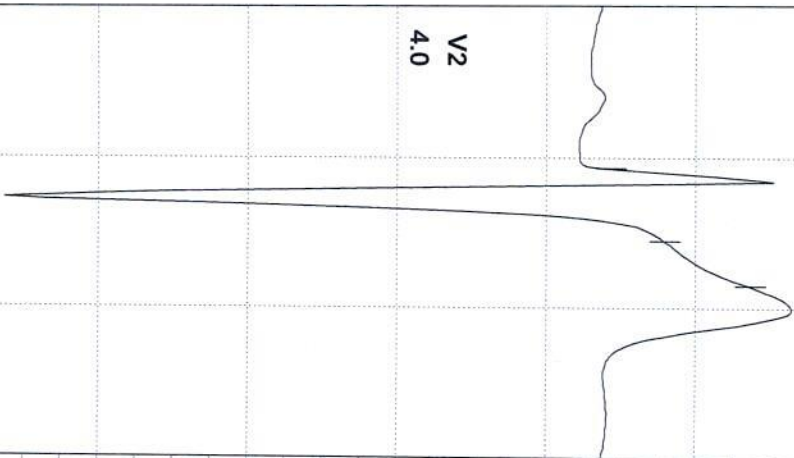
Date: 11 / 02 / 2023 10:45:44 AM METS: 1.0/ 73 bpm 39% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

25 mm/Sec. 1.0 cm/mV

4X 80 ms Post J

V2 4.0



I STL 2.2 STS 1.9

II 1.9

III 0.4

avR -2.0

avL 1.3

avF 0.7

V1 -0.3

V2 4.0

V3 3.9

V4 3.9

V5 3.3

V6 2.5

avR -2.0

avL 1.3

avF 0.4

V1 -0.8

V2 4.0

V3 3.9

V4 3.9

V5 3.3

V6 2.5

avR -2.0

avL 1.3

avF 0.4

V1 -0.8

V2 4.0

V3 3.9

V4 3.9

V5 3.3

V6 2.5

avR -2.0

avL 1.3

avF 0.4

V1 -0.8

V2 4.0

V3 3.9

V4 3.9

V5 3.3

V6 2.5

REMARKS:



Dr. Pravin Kumar Singh

MB.B.S. DNB (Medicine)

UPMCI-61330

Director & Consultant Physician

JPK Clinics & Diagnostics

(A) JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX\_GEM217220330)(R)Allengers





Date: 11 / 02 / 2023 10:45:44 AM

METS: 4.71 108 bpm 57% of THR

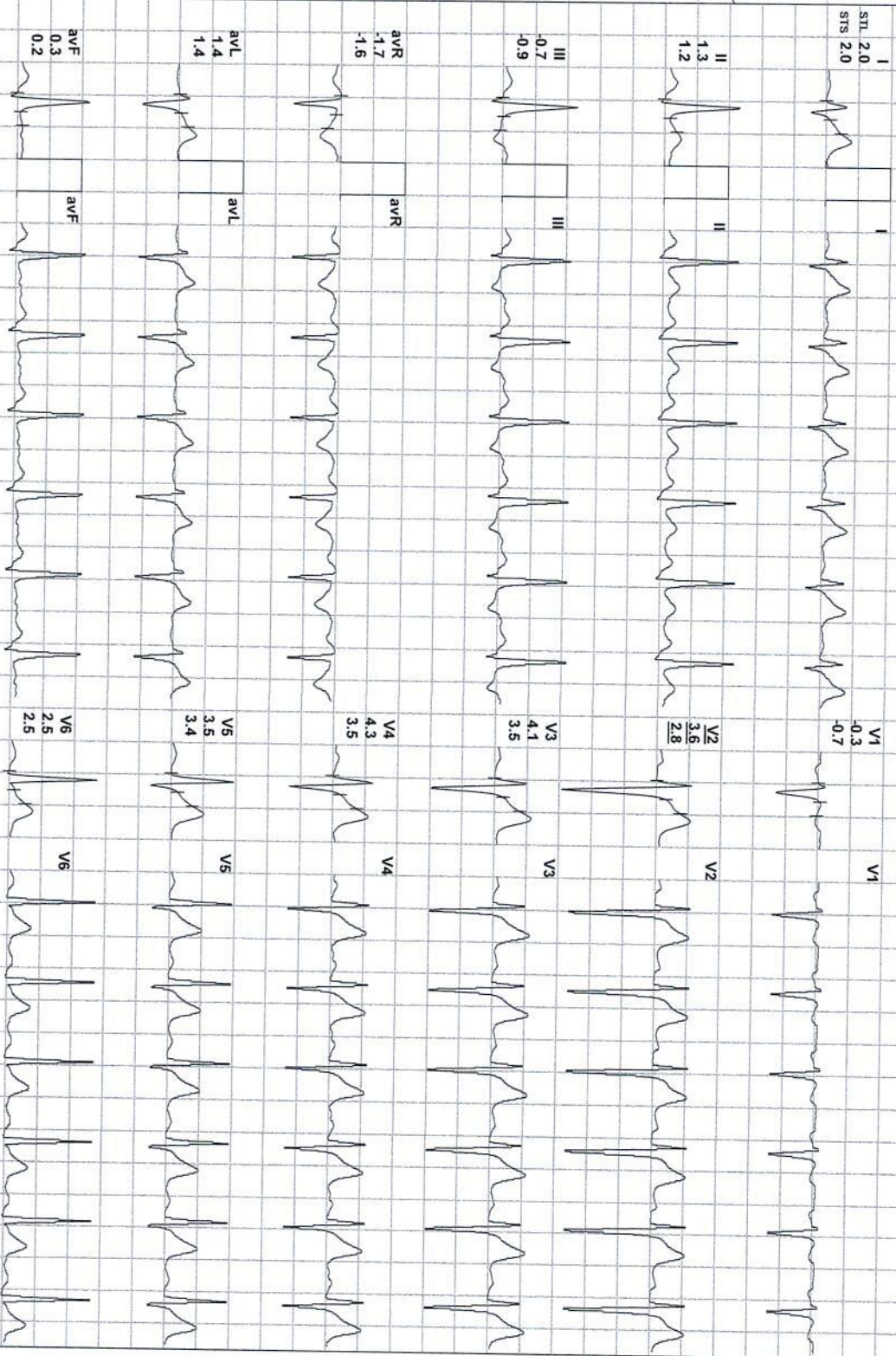
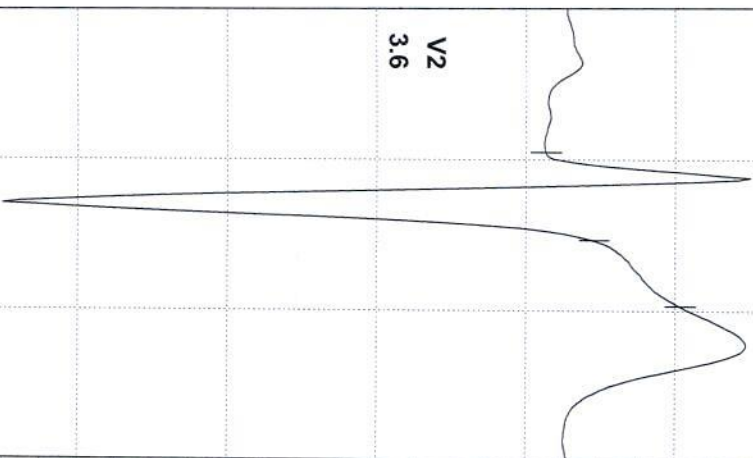
BP: 122/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 03:00 1.7 mph, 10.0%

4X 80 ms Post J

25 mm/Sec. 1.0 Cm/IV



REMARKS:

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 UP/MI/61309  
 Director & Consultant Physician  
 JPK Clinic & Diagnostics  
 A Unit of JPK Hospital & Trauma Centre Pvt. Ltd.

(ADX\_GEM217220330)(R)Allengers



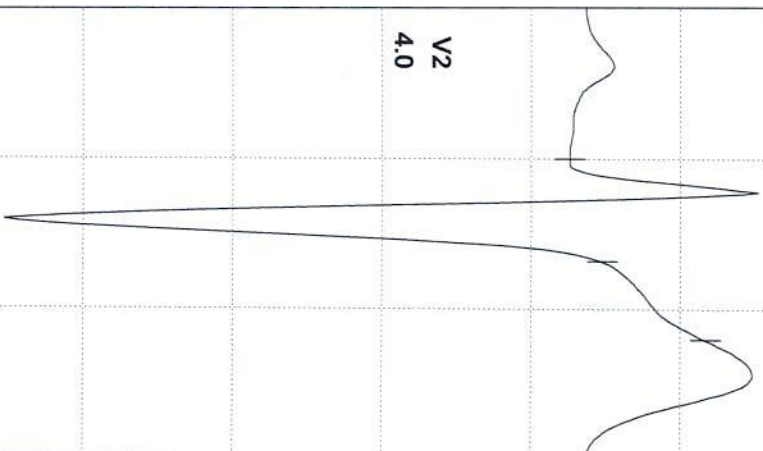


Date: 11 / 02 / 2023 10:45:44 AM METS: 7.1/ 126 bpm 67% of THR BP: 124/82 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

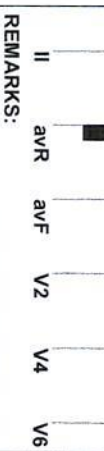
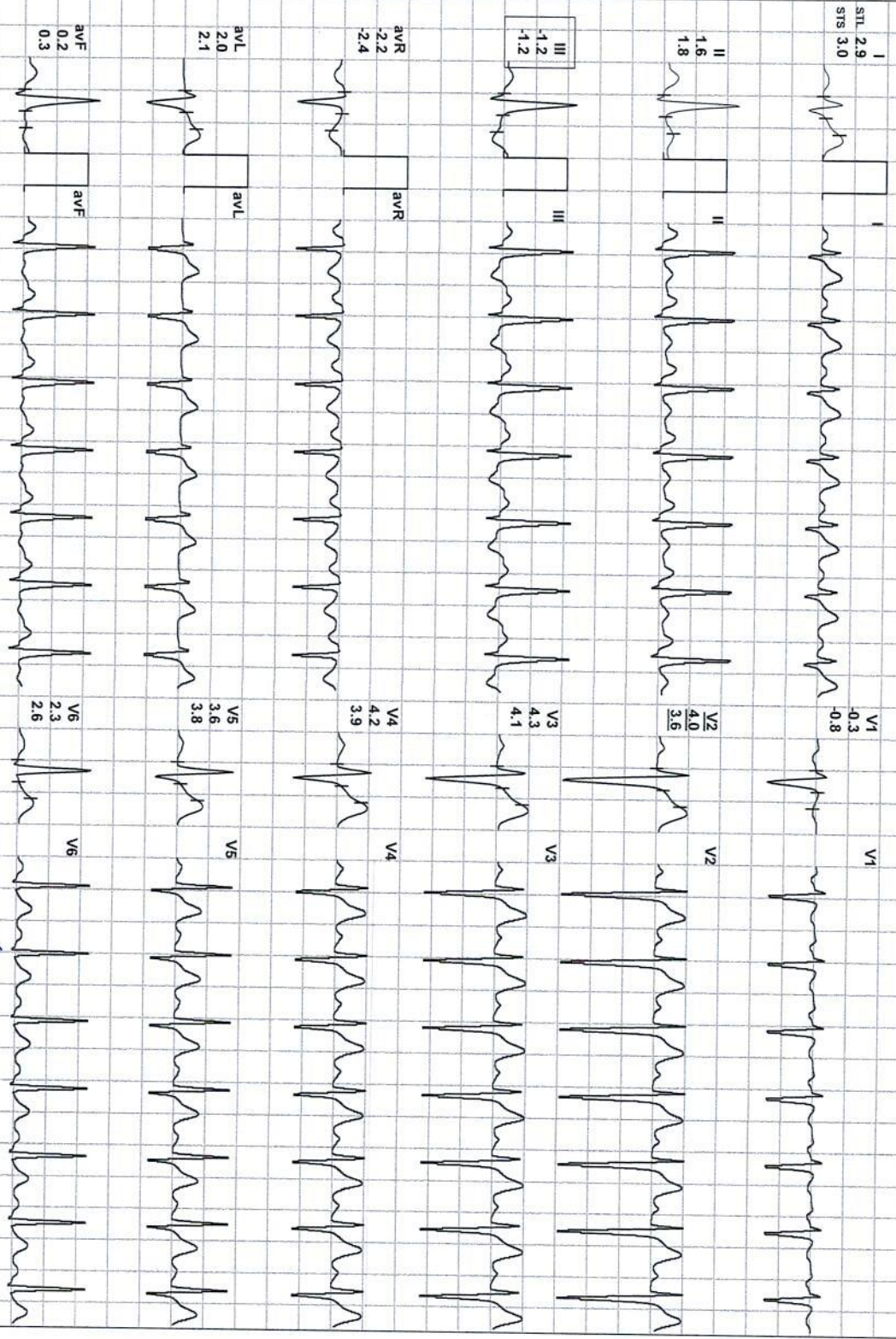
EXTime: 06:00 2.5 mph, 12.0%

4X 80 ms Post J

25 mm/Sec. 1.0 Cm/mV



V2  
4.0



REMARKS:

Dr. Anurag Kumar Shrivastava  
 M.B.B.S., DNB (Medical) (Cardiology)  
 UPMCI-61830  
 Director & Consultant Physician  
 JPK Clinic & Diagnostics  
 7A Unit of JPK Hospitals & Trauma Centre, Pvt. Ltd.

(ADX\_GEM217220330)(R)Allergens





Date: 11 / 02 / 2023 10:45:44 AM

METS: 10.2 159 bpm 84% of THR

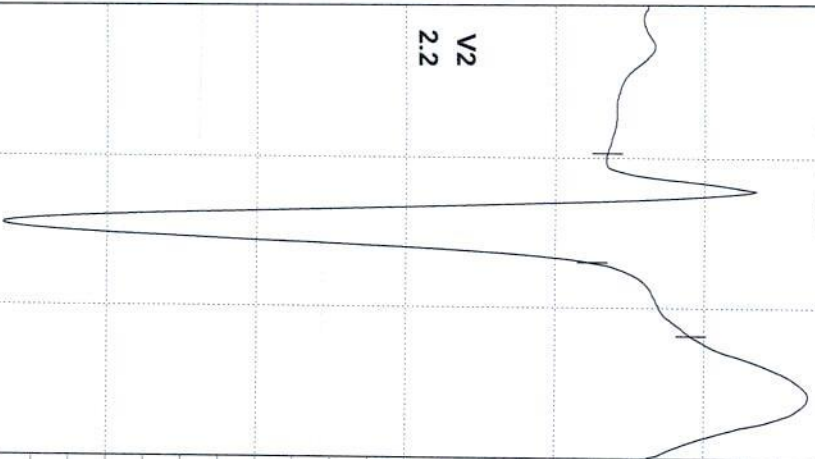
BP: 126/85 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 Hz

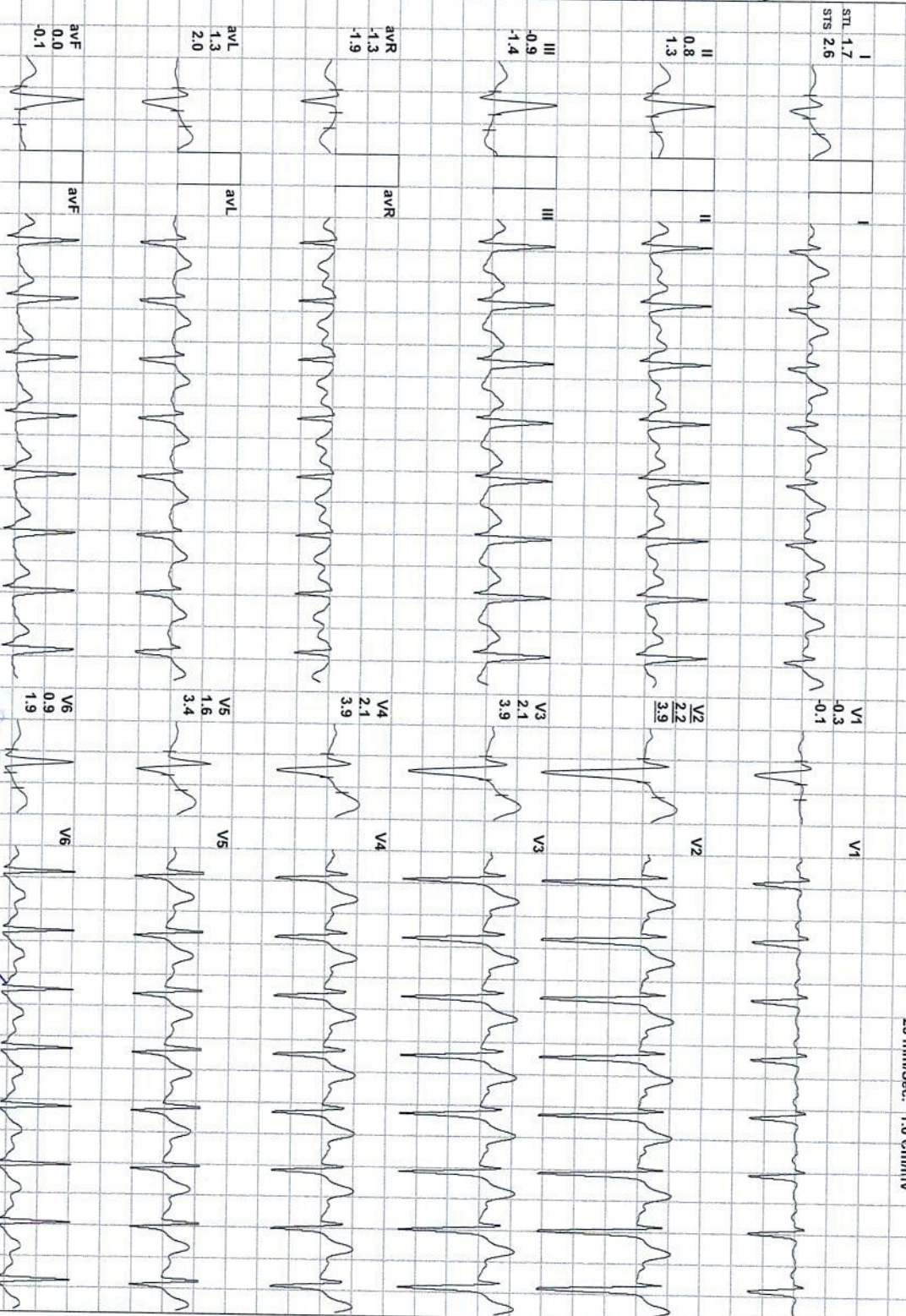
EXTime: 09:00 3.4 mph, 14.0%

4X 60 ms Post J

25 mm/Sec. 1.0 Cm/mV



V2  
2.2



REMARKS:

Dr. Parvati Anandar Suresh  
 M.B.B.S., DNB (The Centre)  
 Director & Consultant Physician  
 JPK Clinic & Diagnostics  
 (Affiliates of JPK Hospitals & Trauma Centre Pvt. Ltd.)  
 (ADX\_GEM217220330)(R)Allergers



ANKIT KUMAR / 31 Yrs / M / 184 Cms / 90 Kg / HR : 173

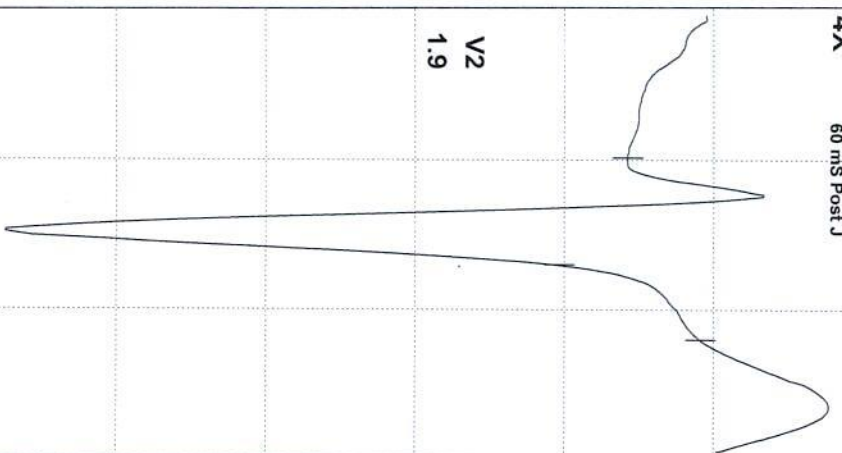
Date: 11 / 02 / 2023 10:45:44 AM METS: 11.3/ 173 bpm 92% of THR BP: 126/65 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

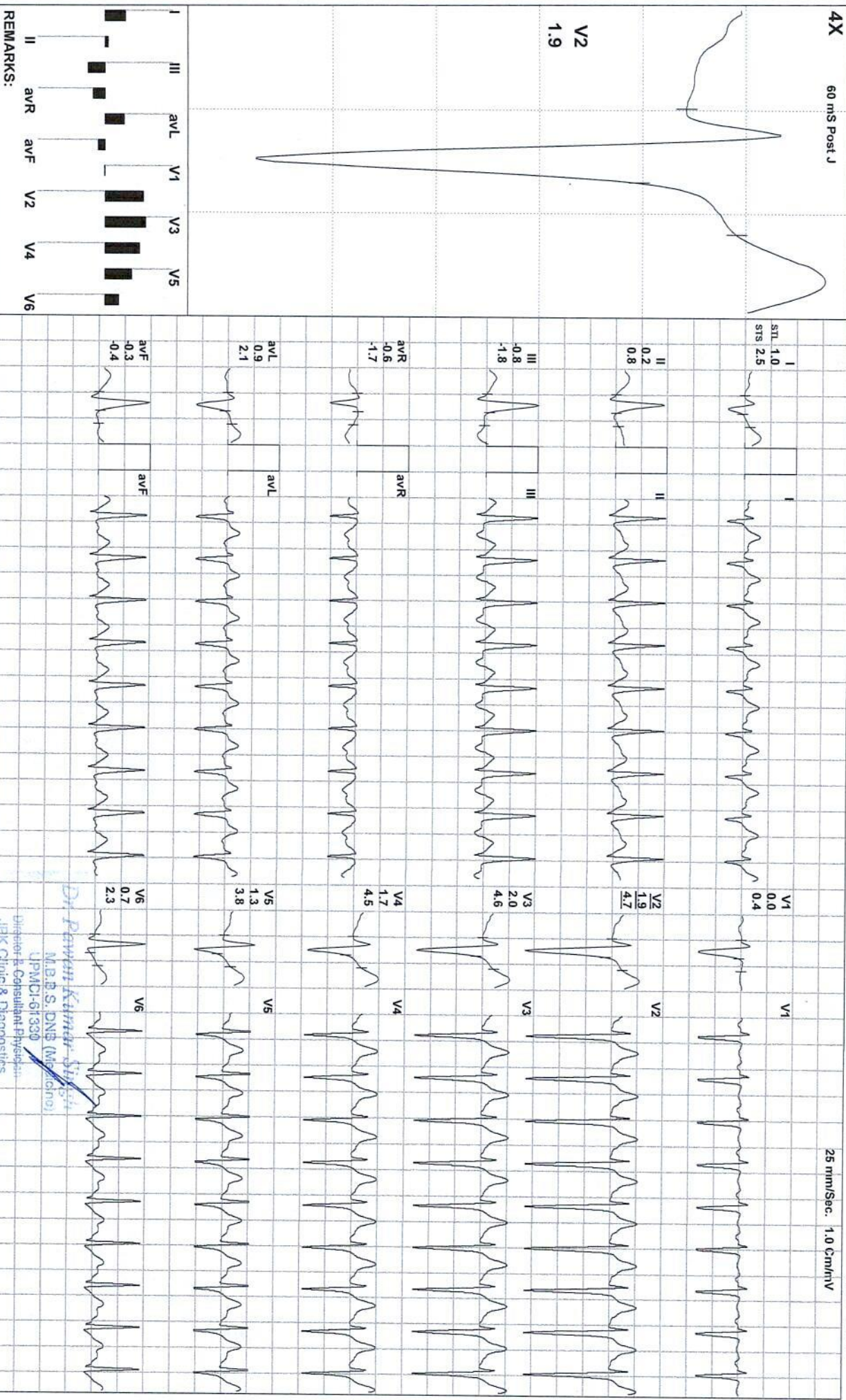
EXTime: 09:59 4.2 mph, 16.0%

4X 60 ms Post J

25 mm/Sec. 1.0 Cm/mV



V2  
1.9



REMARKS:

*Dr. Ravin Kumar*  
M.B.B.S., DNB (Medicine)  
UPMCI-61330  
Director & Consultant Physician  
JPK Clinic & Diagnostics





Date: 11 / 02 / 2023 10:45:44 AM

METS: 7.3/ 156 bpm 83% of THR

BP: 126/85 mmHg

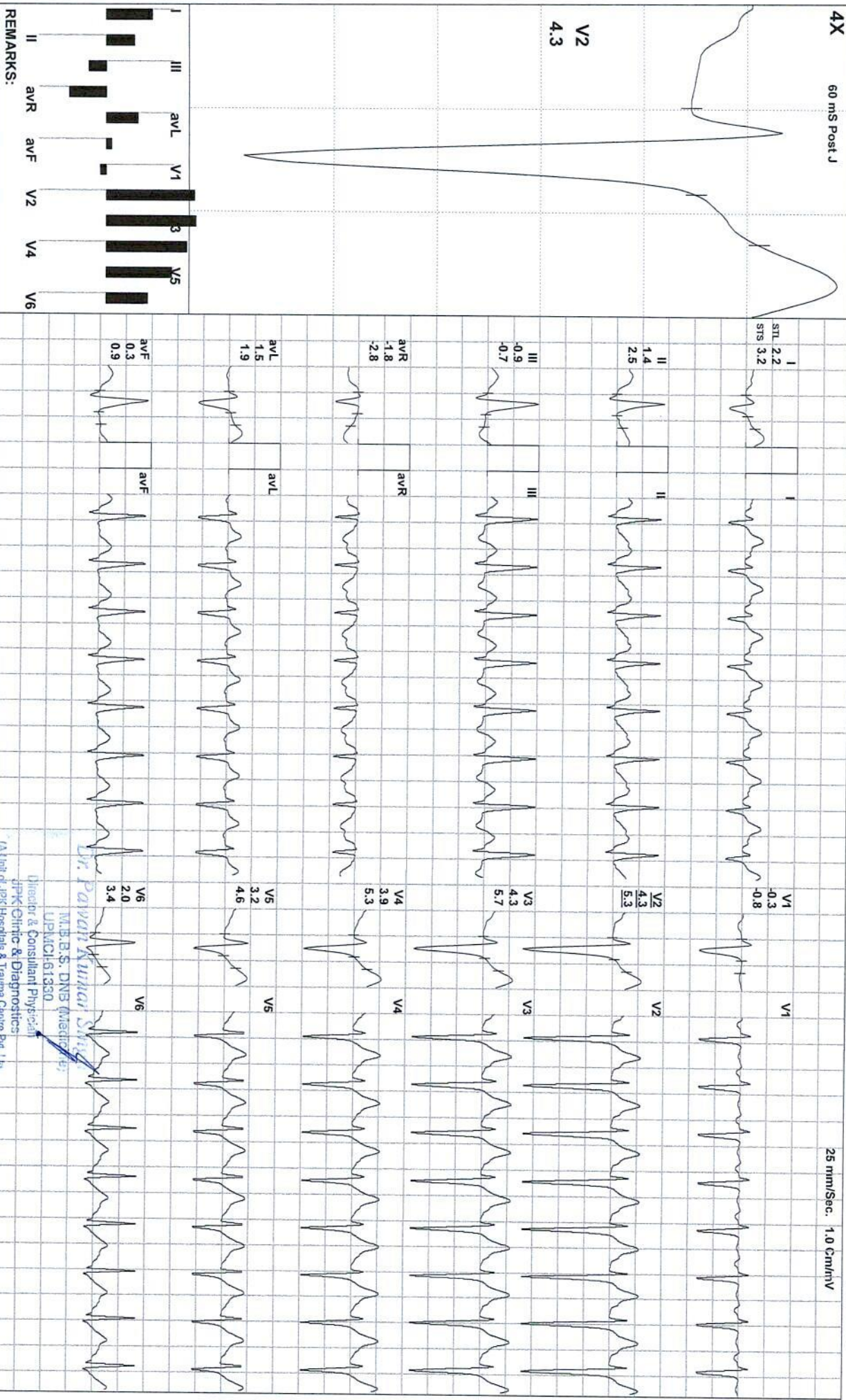
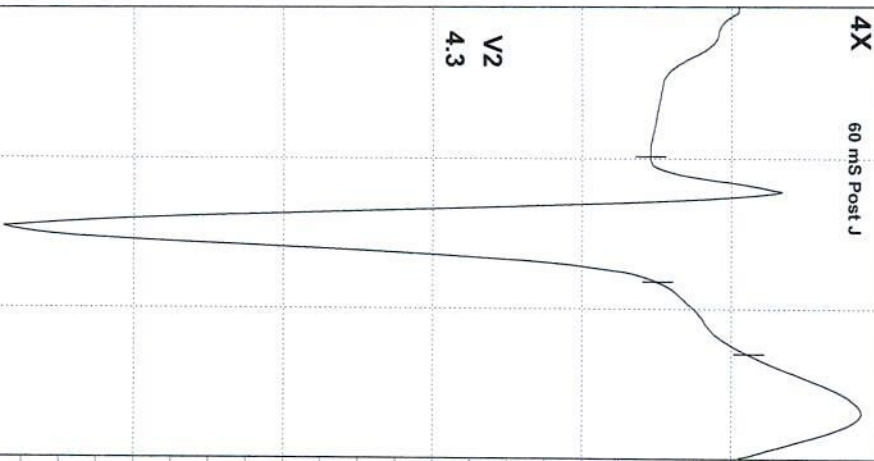
Combined Medians/ BLC On/ Notch On/ HF 0.05 HzLF 35 Hz

EXTime: 09:59 1.1 mph, 0.0%

4X 60 ms Post J

25 mm/Sec. 1.0 Cm/mV

V2  
4.3



REMARKS:



Dr. Pooja Kumar Singh

M.B.B.S., DNB (Anesthesiology)  
UPNICH/61330

Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospital & Trauma Center Pvt. Ltd)





Date: 11 / 02 / 2023 10:45:44 AM

METS: 4.3/ 146 bpm 77% of THR

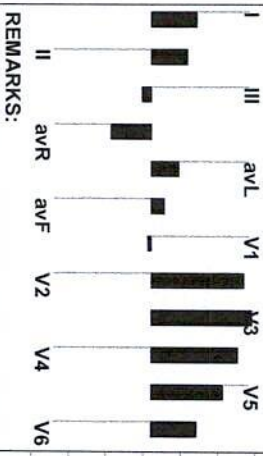
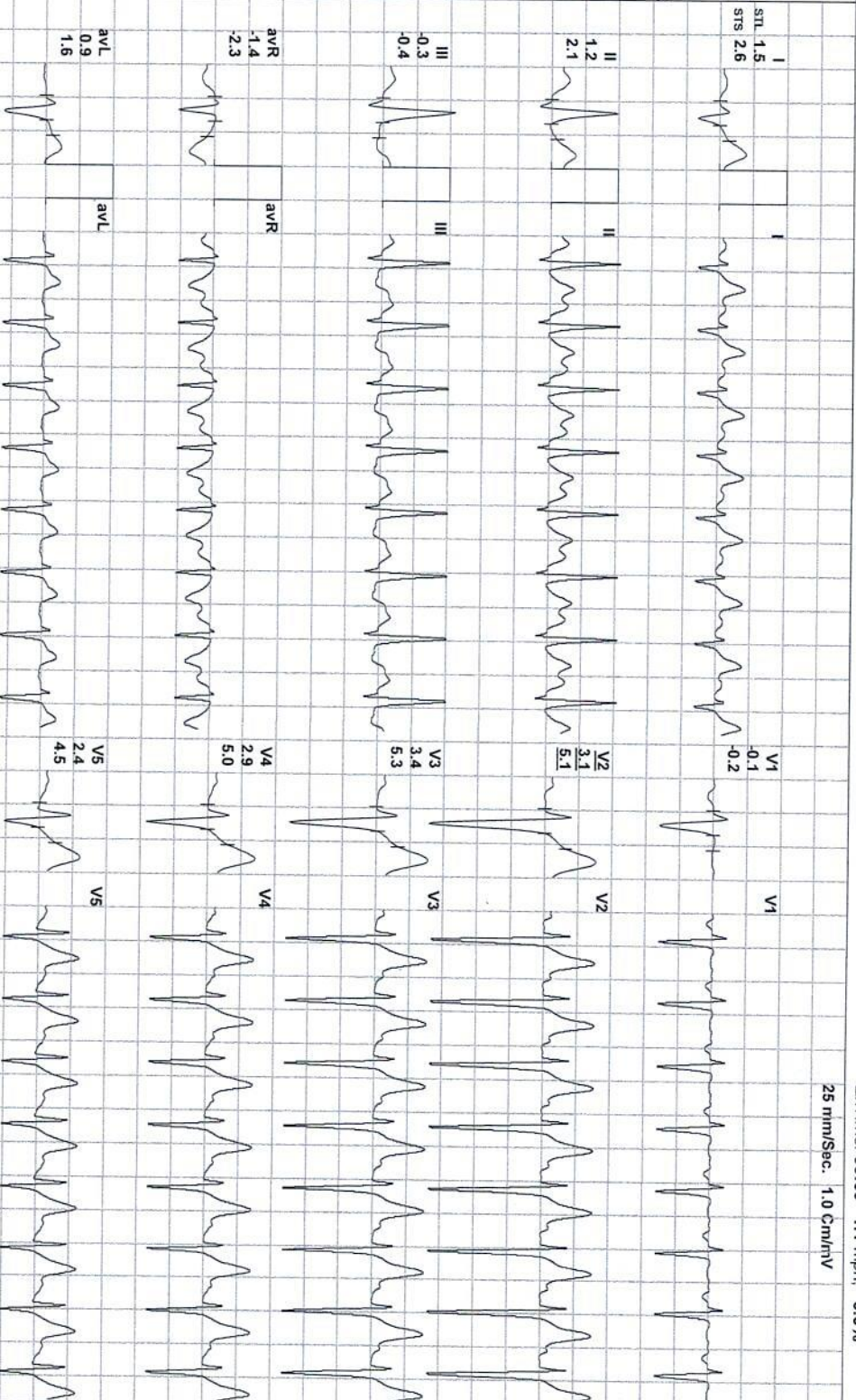
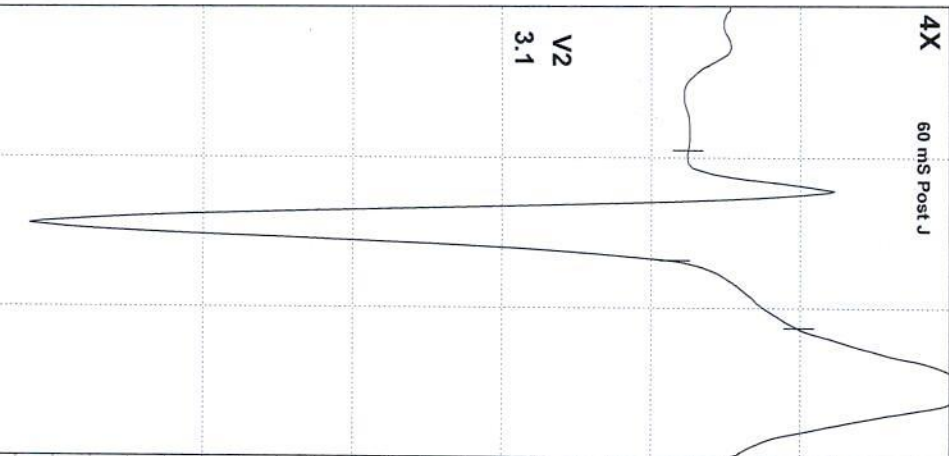
BP: 130/88 mmHg

Combined Medians/ BLC Onv Natch Onv HF 0.05 Hz/LF 35 Hz

ExTime: 09:59 1.1 mph, 0.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh

M.B.B.S. DNB (Medicine)  
UPMCH-61380

Director & Consultant Physician  
JPK Clinic & Diagnostics

(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(ADX\_GEM217220330)(R)Allergens





Date: 11 / 02 / 2023 10:45:44 AM

METS: 3.4/ 140 bpm 74% of THR

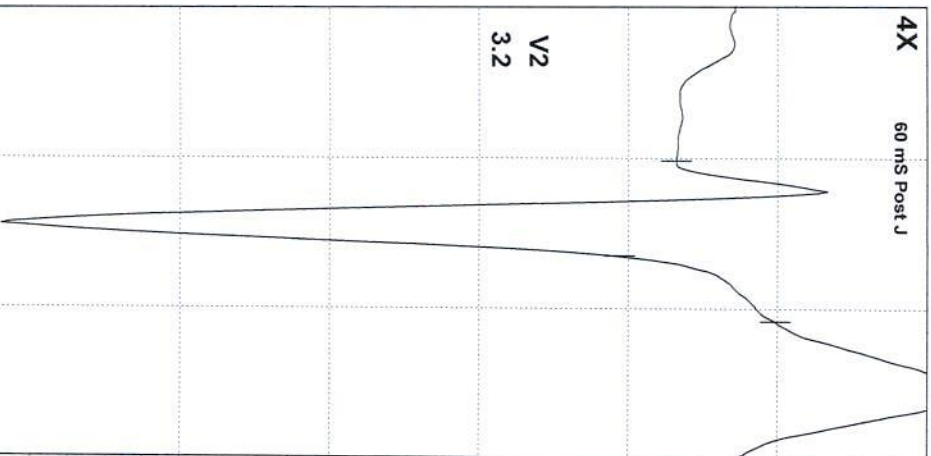
BP: 130/88 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 HZ

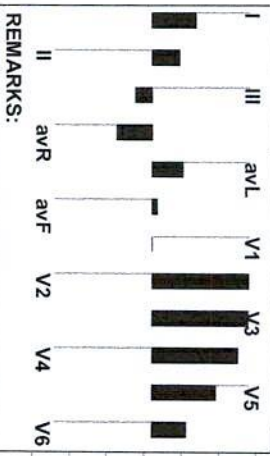
EXTime: 09:59 0.0 mph, 0.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



V2  
3.2



REMARKS:

I  
SII 1.5  
SIS 2.5

II  
0.9  
1.6

III  
-0.6  
-0.9

aVR  
-1.2  
-2.1

aVL  
1.0  
1.8

aVF  
0.2  
0.3

V1  
0.0  
0.3

V2  
3.2  
5.7

V3  
3.2  
5.6

V4  
2.9  
5.2

V5  
2.1  
4.3

V6  
1.1  
2.4

Dr. Pawan Kumar Singh  
M.B.B.S, DNB  
UPMCI-61330  
Director & Consultant Physician  
JPK Clinic & Diagnostics

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(ADX\_GEM217220330)(R)Allergens





**ANKIT KUMAR / 31 Yrs / M / 184 Cms / 90 Kg**  
**Date: 11 / 02 / 2023 10:45:44 AM Refd By : SELF Examined By: DR PAWAN KUMAR SINGH**

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	PPp	PVC	Comments
Supine	00:08	0:08	00.0	00.0	01.0	074	39%	120/80	088	00	
Standing	00:13	0:05	00.0	00.0	01.0	074	39%	120/80	088	00	
HV	00:18	0:05	00.0	00.0	01.0	077	41%	120/80	092	00	
Warm Up	00:23	0:05	00.0	00.0	01.0	073	39%	120/80	087	00	
ExStart	00:30	0:07	00.0	00.0	01.0	073	39%	120/80	087	00	
BRUCE Stage 1	03:30	3:00	01.7	10.0	04.7	108	57%	122/80	131	00	
BRUCE Stage 2	06:30	3:00	02.5	12.0	07.1	126	67%	124/82	156	00	
BRUCE Stage 3	09:30	3:00	03.4	14.0	10.2	159	84%	126/85	200	00	
PeakEx	10:29	0:59	04.2	16.0	11.3	173	92%	126/85	217	00	
Recovery	10:59	0:30	01.1	00.0	07.3	156	83%	126/85	196	00	
Recovery	11:29	1:00	01.1	00.0	04.3	146	77%	130/88	189	00	
Recovery	11:37	1:08	00.0	00.0	03.4	140	74%	130/88	182	00	

**FINDINGS :**

**Exercise Time** : 09:59  
**Initial HR (ExStrt)** : 73 bpm 39% of Target 189  
**Initial BP (ExStrt)** : 120/80 (mm/Hg)  
**Max Workload Attained** : 11.3 Good response to induced stress  
**Max ST Dep Lead & Avg ST Value:** III & -1.1 mm in Stage 2  
**Duke Treadmill Score** : 10.0  
**VO2Max** : 39.6 ml/Kg/min (Fair)  
**Test End Reasons** : Test Complete

**REPORT :**

TEST OBJECTIVE

ROUTINE CHECK UP

*Dr. Pawan Kumar Singh*  
**Dr. Pawan Kumar Singh**  
 M.B.S. DNB (Medicine)  
 UP/MCh-61326  
 Director & Consultant Physician  
 JPK Clinic & Diagnostics  
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

**Doctor : DR PAWAN KUMAR SINGH**



RISK FACTOR	:	NONE
ACTIVITY	:	VERY ACTIVE
MEDICATION	:	NONE
REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

  
**Dr. Pawan Kumar Singh**  
 M.B.B.S., D.M.B (Medicine)  
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 Director & Consultant Physician  
 JPK Clinic & Diagnostics  
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