

Patient Name : Mr.HIMANSHU	Collected : 17/Apr/2024 09:18AM
Age/Gender : 23 Y 4 M 2 D/M	Received : 17/Apr/2024 12:17PM
UHID/MR No : CJPN.0000093800	Reported : 17/Apr/2024 03:14PM
Visit ID : CJPNOPV193608	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 8696005678	

DEPARTMENT OF HAEMATOLOGY

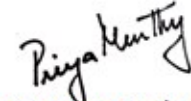
ARCOFEMI - MEDIWHEEL - PMC PACK D - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HEMOGRAM , WHOLE BLOOD EDTA</b>				
HAEMOGLOBIN	14.2	g/dL	13-17	Spectrophotometer
PCV	42.60	%	40-50	Electronic pulse & Calculation
RBC COUNT	<b>4.49</b>	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	94.9	fL	83-101	Calculated
MCH	31.6	pg	27-32	Calculated
MCHC	33.3	g/dL	31.5-34.5	Calculated
R.D.W	<b>21.1</b>	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,540	cells/cu.mm	4000-10000	Electrical Impedance
<b>DIFFERENTIAL LEUCOCYtic COUNT (DLC)</b>				
NEUTROPHILS	55.4	%	40-80	Electrical Impedance
LYMPHOCYTES	32.7	%	20-40	Electrical Impedance
EOSINOPHILS	2.4	%	1-6	Electrical Impedance
MONOCYTES	9.1	%	2-10	Electrical Impedance
BASOPHILS	0.4	%	<1-2	Electrical Impedance
<b>ABSOLUTE LEUCOCYTE COUNT</b>				
NEUTROPHILS	4177.16	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2465.58	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	180.96	Cells/cu.mm	20-500	Calculated
MONOCYTES	686.14	Cells/cu.mm	200-1000	Calculated
BASOPHILS	30.16	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	1.69		0.78- 3.53	Calculated
PLATELET COUNT	275000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	<b>20</b>	mm at the end of 1 hour	0-15	Modified Westgren method
<b>PERIPHERAL SMEAR</b>				

RBCs: are normocytic normochromic



Dr. Vidya Aniket Gore  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist



Dr Priya Murthy  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist



SIN No:BED240103533

This test has been performed at Apollo Health & Lifestyle Ltd, ARCOFEMI BANGALORE Laboratory

**Apollo Health and Lifestyle Limited** (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) | Andhra Pradesh: Vizag (Seethamma Peta) | Karnataka: Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) | Mysore (VV Mohalla) | Tamilnadu: Chennai (Annanagar | Kotturpuram | Mogappair | T Nagar | Valasaravakkam | Velachery) | Maharashtra: Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) | Uttar Pradesh: Ghaziabad (Indrapuram) | Gujarat: Ahmedabad (Satellite) | Punjab: Amritsar (Court Road) | Haryana: Faridabad (Railway Station Road)

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 1860 500 7788  
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**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - PMC PACK D - PAN INDIA - FY2324**

WBCs: are normal in total number with normal distribution and morphology.

PLATELETS: appear adequate in number.

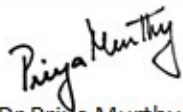
HEMOPARASITES: negative

**IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE**

Kindly correlate clinically.



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UHID/MR No : CJPN.0000093800	Reported : 17/Apr/2024 04:03PM
Visit ID : CJPNOPV193608	Status : Final Report
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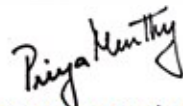
**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - PMC PACK D - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA</b>				
BLOOD GROUP TYPE	A			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination



**Dr. Vidya Aniket Gore**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist



**Dr Priya Murthy**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK D - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	103	mg/dL	70-100	HEXOKINASE

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of  $> \text{ or } = 126 \text{ mg/dL}$  and/or a random / 2 hr post glucose value of  $> \text{ or } = 200 \text{ mg/dL}$  on at least 2 occasions.
- Very high glucose levels ( $>450 \text{ mg/dL}$  in adults) may result in Diabetic Ketoacidosis & is considered critical.


Test Name	Result	Unit	Bio. Ref. Range	Method
ALANINE AMINOTRANSFERASE (ALT/SGPT) , SERUM	38	U/L	<50	IFCC

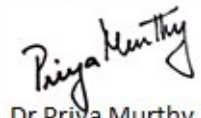
Comment:

ALT elevations are noted in liver parenchymal diseases, leading to injury / destruction of hepatocytes.

ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear.

The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.

  
**Govinda Raju N L**  
 MSc, MPhil, (Phd)  
 Consultant Biochemist

  
**Dr Priya Murthy**  
 M.B.B.S, M.D(Pathology)  
 Consultant Pathologist



SIN No:SE04697514

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 THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFESTYLE LIMITED- RRL BANGALORE

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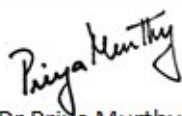
DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK D - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
TOTAL CHOLESTEROL , SERUM	153	mg/dL	<200	CHO-POD



Govinda Raju N L  
MSc, MPhil, (Phd)  
Consultant Biochemist



Dr Priya Murthy  
M.B.B.S, M.D(Pathology)  
Consultant Pathologist



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DEPARTMENT OF BIOCHEMISTRY


ARCOFEMI - MEDIWHEEL - PMC PACK D - PAN INDIA - FY2324

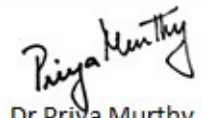
Test Name	Result	Unit	Bio. Ref. Range	Method
UREA , SERUM	22.50	mg/dL	17-43	GLDH, Kinetic Assay

Test Name	Result	Unit	Bio. Ref. Range	Method
CREATININE , SERUM	0.86	mg/dL	0.67-1.17	Jaffe's, Method

Comment:

Reference Group	Reference ranges in mg/dL
Neonates	0.31-0.98 mg/dL
Infants	0.16-0.39 mg/dL
Child	0.26-0.77 mg/dL

  
**Govinda Raju N L**  
 MSc, MPhil, (Phd)  
 Consultant Biochemist

  
**Dr Priya Murthy**  
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 Consultant Pathologist



SIN No:SE04697514

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UHID/MR No : CJPN.0000093800	Reported : 17/Apr/2024 02:12PM
Visit ID : CJPNOPV193608	Status : Final Report
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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK D - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	HAZY		CLEAR	Visual
pH	6.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.025		1.002-1.030	Dipstick
<b>BIOCHEMICAL EXAMINATION</b>				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	POSITIVE +		NEGATIVE	PYRROLE HYDROLYSIS
<b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b>				
PUS CELLS	6-8	/hpf	0-5	Microscopy
EPITHELIAL CELLS	2-3	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

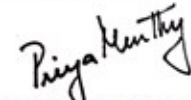
\*\*\* End Of Report \*\*\*

Result/s to Follow:  
PERIPHERAL SMEAR

Page 7 of 7



Dr. Vidya Aniket Gore  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist



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M.B.B.S,M.D(Pathology)  
Consultant Pathologist



SIN No:UR2331955

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<b>Name</b> : Mr. Himanshu	<b>Age</b> : 23 Y	<b>UHID</b> :CJPN.0000093800
<b>Address</b> :blr	<b>Sex</b> : M	
<b>Plan</b> : ARCOFEMI MEDIWHEEL PMC CREDIT PAN INDIA OP AGREEMENT		<b>OP Number</b> :CJPNOPV193608
		<b>Bill No</b> :CJPN-OCR-70893
		<b>Date</b> : 17.04.2024 09:16

Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - PMC PACK D - PAN INDIA - FY2324	
<del>1</del>	GLUCOSE, FASTING	
<del>2</del>	HEMOGRAM + PERIPHERAL SMEAR	
<del>3</del>	ALANINE AMINOTRANSFERASE (ALT/SGPT), SERUM	
<del>4</del>	COMPLETE URINE EXAMINATION	
<del>5</del>	PERIPHERAL SMEAR	
<del>6</del>	EKG → (09)	
<del>7</del>	CREATININE, SERUM	
8	STOOL ROUTINE EXAMINATION (keep)	
<del>9</del>	CHOLESTEROL - SERUM / PLASMA	
<del>10</del>	X-RAY CHEST PA ← (18)	
<del>11</del>	FITNESS BY GENERAL PHYSICIAN	
<del>12</del>	BLOOD GROUP ABO AND RH FACTOR	
<del>13</del>	OPHTHAL BY GENERAL PHYSICIAN → front	
<del>14</del>	UREA - SERUM / PLASMA	

Dental - 22  
physio - 04.

Weight = 114.5 kg  
Height = 177 cm  
Waist = 124 cm  
Hip = 120 cm  
BP = 123/84 mmHg  
PR = 82 bpm



# Apollo Clinic

## CONSENT FORM

Patient Name: Mr. Himanshu Age: 23y / male  
UHD Number: 93800 Company Name: \_\_\_\_\_

Mr/Mrs/Ms Himanshu Employee of \_\_\_\_\_  
~~(Company)~~ Want to inform you that I am not interested in getting ..  
Tests done which is a part of my routine health check package  
And I claim the above statement in my full consciousness.

Stool Routine.

Patient Signature: *Himanshu* Date: 17/04/2024

Name - Himanshu

Age - 23 y/m

Date - 17/04/24

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination / Allergies  
History

Clinical Diagnosis & Management Plan

CL - Routine

Eye checkup

H/O N/A - NO

H/O eye sx - NO

U.N.N  
6/6 N6  
6/6 N6

emmetropic

colours vision is normal in RBE

Follow up date:

After 6 months

Doctor Signature

## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Himanshu on 17/11/24.

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit ✓</li> </ul>	✓
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> <li>• Currently Unfit. Review after _____ recommended</li> </ul>	
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	

Dr. M.P. Shiva Kumar   
 MBBS., MD (GEN. MED.), FRSH (LO)  
 Consultant - Physician & Diabetologist  
 Mob : 9739563913, 9902552033  
 KMC - 24313  
**Medical Officer**  
**The Apollo Clinic, (Location)**

*This certificate is not meant for medico-legal purposes*

Patient Name	: Mr. Himanshu	Age	: 23 Y M
UHID	: CJPN.0000093800	OP Visit No	: CJPNOPV193608
Reported on	: 17-04-2024 10:07	Printed on	: 17-04-2024 10:07
Adm/Consult Doctor	:	Ref Doctor	: SELF

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**DEPARTMENT OF RADIOLOGY**

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**X-RAY CHEST PA**

Both lung fields and hila are normal .  
No obvious active pleuro-parenchymal lesion seen .  
Both costophrenic and cardiophrenic angles are clear .  
Both diaphragms are normal in position and contour .  
Thoracic wall and soft tissues appear normal.

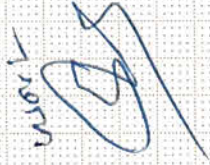
**CONCLUSION :**

No obvious abnormality seen.

Printed on:17-04-2024 10:07

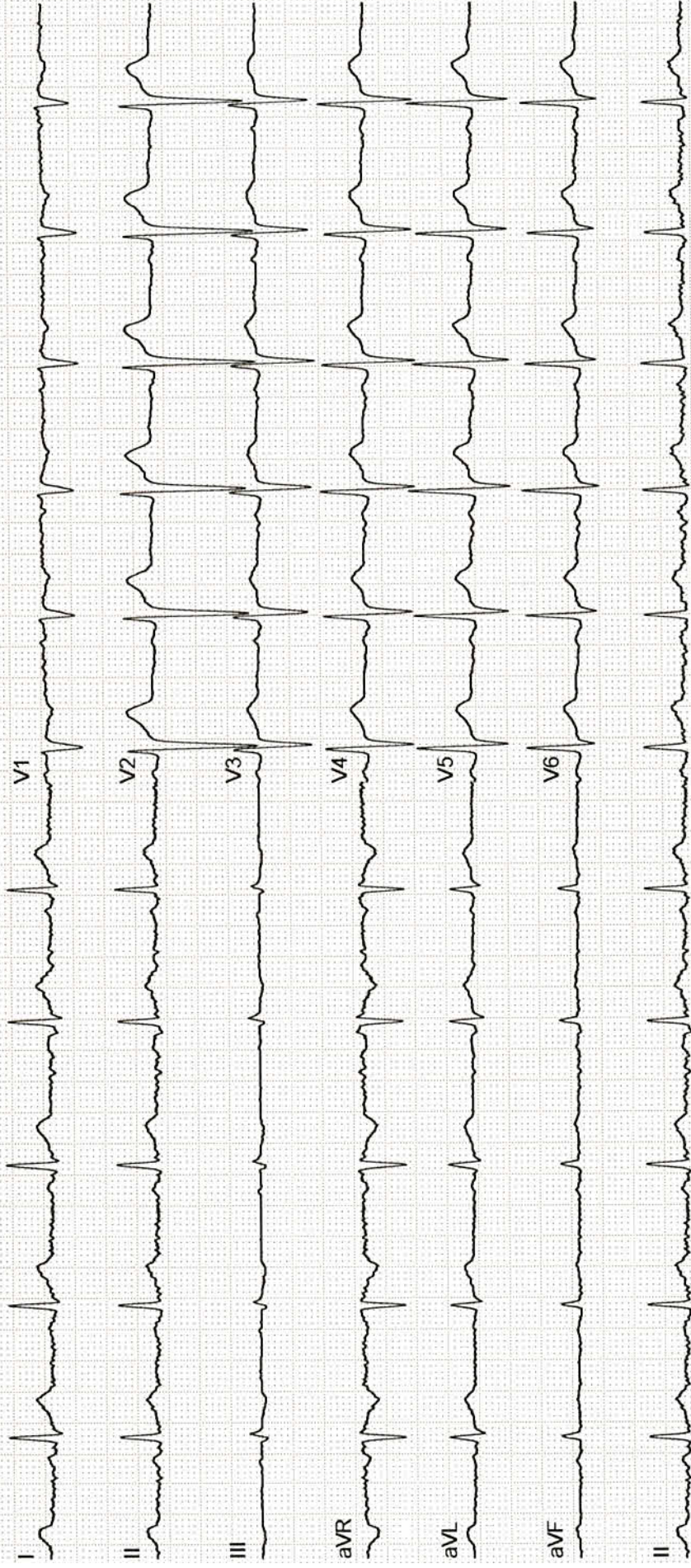
---End of the Report---

  
**Dr. KUSUMA JAYARAM**  
MBBS,DMRD  
Radiology

Worl  


Normal sinus rhythm  
Normal ECG

QRS : 86 ms  
QT / QTcBaz : 388 / 419 ms  
PR : 154 ms  
P : 104 ms  
RR / PP : 854 / 857 ms  
P / QRS / T : 39 / 34 / 15 degrees



**Patient Name** : Mr. Himanshu

**Age/Gender** : 23 Y/M

**UHID/MR No.** : CJPN.0000093800

**OP Visit No** : CJPNOPV193608

**Sample Collected on** :

**Reported on** : 17-04-2024 10:07

**LRN#** : RAD2302760

**Specimen** :

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : 8696005678

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**DEPARTMENT OF RADIOLOGY**

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**CONCLUSION :**

No obvious abnormality seen.

**Dr. KUSUMA JAYARAM**

**MBBS,DMRD**

Radiology

Corporate Health  
Checks

4/9

Search for appointments using the search bar below

Search with Mobile No. or Appointment ID

Choose Date

17-04-2024



Patient Details

Patient First Name

Himanshu Singhal

Patient Last Name

Singhal

Patient Mobile Number

8696005678

Patient E-mail ID

himanshu.singhal22@ibsindia.org

Date of Birth

15-12-2000

Gender

male

Client

ARCOFEMI HEALTHCARE LIMITED

Agreement Name

(1) ARCOFEMI MEDIWHEEL PMC CREDIT PAN

Package Name

(1) ARCOFEMI - MEDIWHEEL - PMC PACK D -

