

Name : Mr. GOVINDA GOEL (36 /M)

Date : 26/02/2024

Address :

Examined by: Dr .SHARMISTHA MALLIK

UHID : AMHL.0002118361

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH197671



CHIEF COMPLAINTS

For corporate health checkup

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Dyslipidemia, Thyroid
disorder, Heart disease,
Stroke, Asthma
Hypertension Medication - regular; -
Telma H 40



DRUG ALLERGY

NO KNOWN ALLERGY :01/04/2023



SYSTEMIC REVIEW

Cardiovascular system

High blood pressure - yes; Medication - yes

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
- Nil Significant

Skin

- Nil Significant

Weight

- stable



Past medical history

Typhoid - yes



Personal history

Marital status - Married
No. of children - 2
Diet - Vegetarian
Alcohol - consumes alcohol
occasionally
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - has expired
Mother - alive
Hypertension - father
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight
Height - 182
Weight - 94
BMI - 28.38
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 62
Rhythm - Regular

Name : Mr. GOVINDA GOEL (36 /M)

UHID : AMHL.0002118361

Date : 26/02/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH197671

- B.P. Sitting

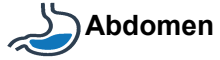
Systolic(mm of Hg) - 160

Diastolic(mm of Hg) - 100

Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal

Organomegaly - No

Tenderness - No

Bowel sounds - Normal

Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/6 LE:6/6
NVA:RE:N6 LE:N6
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ADVICE: *Review after
1yr/SOS

Printed By : Benazir Begaum

Name : Mr. GOVINDA GOEL (36 /M)

UHID : AMHL.0002118361

Date : 26/02/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH197671

COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.7 *	g/dl	●	13.0-17.0
RBC COUNT	4.01 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	38.2 *	%	●	41-53
MCV	95.3	fl	●	83-101
MCH	31.7	pg	●	27-32
MCHC	33.3	%	●	31.5-34.5
RDW	16.2 *	%	●	11.8-14.0
WBC Count	5700	/cu mm	●	4000-10000
Platelet Count	1.52	lacs/cu mm	●	1.5-4.0
Neutrophils	60	%	●	40-80
Lymphocytes	28	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	3	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.030			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	Occasional/hpf			

Casts: Not Found
Crystals: Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	38	U/L	●	0-50
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	73	U/L	●	43-115
AST (SGOT) - SERUM	28	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	0.7	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	108	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.1	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mr. GOVINDA GOEL (36 /M)

UHID : AMHL.0002118361

Date : 26/02/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH197671

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 22 U/L ● 0-55

TOTAL T3: TRI IODOTHYRONINE - SERUM 0.99 ng/ml ● 0.87-1.78

TOTAL T4: THYROXINE - SERUM 10.13 µg/dL ● 5.48-14.28

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 103 * mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 214 * mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 99 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 2.3 µIU/mL ● 0.38-5.33

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 4.5 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 7.8 * mg/dL ● 2.6-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 28 * mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 60 mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 20 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 10.1 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.7 ● 1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.1 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 2.7 g/dL ● 1.8-3.6

BUN/CREATININE RATIO

Test Name Result Unit Level Range
BUN/CREATININE RATIO 9.1

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

ECG

SINUS BRADYCARDIA.
SHORT QTc(350ms).
PLEASE CORRELATE CLINICALLY.

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mr. GOVINDA GOEL (36 /M)

UHID : AMHL.0002118361

Date : 26/02/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH197671

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Histopathology

PAP SMEAR /CERVICAL SMEAR

CARDIOLOGY

TREADMILL TEST / STRESS TEST

Ultrasound Radiology

ULTRASOUND SCREENING WHOLE ABDOMEN



Within Normal Range



Borderline High/Low



Out of Range

Name : Mr. GOVINDA GOEL (36 /M)

UHID : AMHL.0002118361

Date : 26/02/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH197671

Printed By :

Dr.SHARMISTHA MALLIK
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Moderate Risk

YOUR SCORE

4

ACCEPTABLE SCORE

4

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
 - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515