

Fwd: Please note the following health check-up booking summary on 11/02/2023

Amrendra Nath Dubey <amrendra.nathduby@narayanahealth.org>

Fri 2/10/2023 7:21 PM

To: TILAK RAJ DHYANI <tilak.raj@narayanahealth.org>;hcp.dnsh <hcp.dnsh@narayanahealth.org>

Cc: VIKAS TRIPATHI <Vikas.Tripathi@narayanahealth.org>

Fyi

Regards

Amrendra Nath Dubey

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**From:** Mediwheel Wellness <mediwheelwellness@gmail.com>

**Sent:** Friday, February 10, 2023 7:20:19 PM

**To:** Amrendra Nath Dubey <amrendra.nathduby@narayanahealth.org>

**Subject:** Please note the following health check-up booking summary on 11/02/2023

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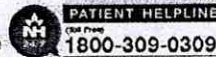
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Member Name	Member Age	Package Name	Mobile
chandni	32	Medi-Wheel Metro Full Body Health Checkup Female Below 40	7678436343
✓ MR. JAIN ANURAG	49	Medi-Wheel Metro Full Body Health Checkup Male Above 40	9971529275
✓ MR. KORIA RAHUL	32	Medi-Wheel Metro Full Body Health Checkup Male Below 40	7678436343
✓ MRS. TEOTIA SONAM	31	Medi-Wheel Metro Full Body Health Checkup Female Below 40	8791852028
✓ MS. BISEN PRAGYA	36	Medi-Wheel Metro Full Body Health Checkup Female Below 40	9453008404
✓ MS. RAWAT NEERU	45	Medi-Wheel Metro Full Body Health Checkup Female Above 40	639744348
✓ Neetu Jain	48	Medi-Wheel Metro Full Body Health Checkup Female Above 40	9971529275
✓ Sachin Teotia	32	Medi-Wheel Metro Full Body Health Checkup Male Below 40	8791852028



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To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	SACHIN TEOTIA SACHIN TEOTIA
DATE OF BIRTH	07-10-1989
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	11-02-2023
BOOKING REFERENCE NO.	22M175702100040640S
SPOUSE DETAILS	
EMPLOYEE NAME	MRS. TEOTIA SONAM
EMPLOYEE EC NO.	175702
EMPLOYEE DESIGNATION	BRANCH OPERATIONS
EMPLOYEE PLACE OF WORK	GURGAON,CFS GURGAON
EMPLOYEE BIRTHDATE	23-12-1989

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **07-02-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



### SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
<b>Lipid Profile</b>	<b>Lipid Profile</b>
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
<b>Liver Profile</b>	<b>Liver Profile</b>
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
<b>Kidney Profile</b>	<b>Kidney Profile</b>
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
<b>General Tests</b>	<b>General Tests</b>
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Mr Sachin Teotia MRN : 15050000144707 Gender/Age : MALE , 33y (07/10/1989)

Collected On : 11/02/2023 01:25 PM Received On : 11/02/2023 01:38 PM Reported On : 11/02/2023 05:13 PM

Barcode : D72302110132 Specimen : Whole Blood Consultant : Dr. Alex Mathew(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9953050798

**BIOCHEMISTRY**

Test	Result	Unit	Biological Reference Interval
<b>HBA1C</b>			
HbA1c (Enzymatic Method)	5.1	%	Normal: 4.0-5.6 Pre Diabetes: 5.7-6.4 Diabetes: => 6.5 ADA Recommendation 2017
Estimated Average Glucose	99.67	-	-

**Interpretation:**

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

**Interpretation Notes**

- HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations. Target goals of < 7.0 % may be beneficial in patients. Please co-relate with Blood Sugar Fasting.

**RENAL PACKAGE - 2 (RFT FASTING)**

Fasting Blood Sugar (FBS) (GOD/POD)	91.9	mg/dL	74.0-106.0
Blood Urea Nitrogen (BUN) (Urease, UV)	12.6	mg/dL	9.0-20.0

**SERUM CREATININE**

Serum Creatinine (Enzymatic Two Point Rate - Creatinine Amidohydrolase)	0.84	mg/dL	0.66-1.25
eGFR (Calculated)	105.3	mL/min/1.73m <sup>2</sup>	Indicative of renal impairment < 60 Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18 years of age.

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**73700-73700**



Patient Name : Mr Sachin Teotia MRN : 15050000144707 Gender/Age : MALE , 33y (07/10/1989)

Serum Sodium (ISE Direct)	133.4 L	mmol/L	137.0-145.0
Serum Potassium (ISE Direct)	4.40	mmol/L	3.5-5.1
Serum Chloride (ISE Direct)	97.0 L	mmol/L	98.0-107.0
Serum Bicarbonate Level (Phosphoenolpyruvate Carboxylase /Mdh Enzymatic End Piont Assay)	26.8	mmol/L	22.0-30.0
Serum Calcium (Arsezano III Dye Binding Method)	9.57	mg/dL	8.4-10.2
Serum Magnesium (Formazan Dye)	1.72	mg/dL	1.6-2.3
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	4.05	mg/dL	3.5-8.5
Serum Phosphorus (Phosphomolybdate Reduction)	4.23	mg/dL	2.5-4.5



Dr. Amit Samadhiya  
 MBBS, MD Biochemistry  
 Junior Consultant

**BLOOD BANK LAB**

Test	Result	Unit
<b>BLOOD GROUP &amp; RH TYPING</b>		
Blood Group	"A"	-
RH Typing	Positive	-



Dr. Manoj Rawat  
 Consultant & HOD, Blood Bank Center  
 Consultant & HOD, Blood Bank Center

Patient Name : Mr Sachin Teotia MRN : 15050000144707 Gender/Age : MALE , 33y (07/10/1989)

CLINICAL PATHOLOGY			
Test	Result	Unit	Biological Reference Interval
<b>URINE ROUTINE &amp; MICROSCOPY</b>			
<b>PHYSICAL EXAMINATION</b>			
Colour	Pale Yellow	-	-
Appearance	Clear	-	-
<b>CHEMICAL EXAMINATION</b>			
pH(Reaction) (Double Indicator Method)	6.0	-	4.8-7.5
Sp. Gravity (PKa Change Ionic Concentration Method)	1.005	-	1.002-1.030
Protein (Protein Error Method)	Nil	-	Nil
Urine Glucose (GOD/POD)	Nil	-	Nil
Ketone Bodies	Nil	-	-
Blood Urine (Pseudo Peroxidase Method)	Nil	-	-
<b>MICROSCOPIC EXAMINATION</b>			
Pus Cells	1-2	/hpf	1-2
RBC	Nil	/hpf	0 - 3
Epithelial Cells	Nil	/hpf	2-3
Urine For Sugar (Fasting)	Negative	-	-
Urine For Sugar (Post Prandial)	Negative	-	-



Patient Name : Mr Sachin Teotia MRN : 15050000144707 Gender/Age : MALE , 33y (07/10/1989)

*Prachi*

Dr. Prachi  
MBBS, MD Pathology  
Junior Consultant

**HAEMATOLOGY**

Test	Result	Unit	Biological Reference Interval
<b>COMPLETE BLOOD COUNT (CBC)</b>			
Haemoglobin (Hb%) (Spectrophotometry)	15.2	g/dL	13.0-17.0
Red Blood Cell Count (Electrical Impedance)	5.54	10 <sup>6</sup> /mm <sup>3</sup>	4.5-6.5
PCV (Packed Cell Volume) / Hematocrit (Calculated)	46.6	%	40.0-54.0
MCV (Mean Corpuscular Volume) (Calculated)	84	µm <sup>3</sup>	83.0-101.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	27.4	pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	32.6	g/dL	32.0-36.0
Red Cell Distribution Width (RDW) (Calculated)	12.3	%	11.5-14.0
Platelet Count (Electrical Impedance)	253	10 <sup>3</sup> /mm <sup>3</sup>	150.0-450.0
Total Leucocyte Count(WBC) (Electrical Impedance)	6.6	10 <sup>3</sup> /mm <sup>3</sup>	4.0-11.0
<b>DIFFERENTIAL COUNT (DC)</b>			
Neutrophils (DHSS)	61.0	%	40.0-80.0
Lymphocytes (DHSS)	34.9	%	20.0-40.0
Monocytes (DHSS)	2.1	%	2.0-10.0

Patient Name : Mr Sachin Teotia MRN : 15050000144707 Gender/Age : MALE , 33y (07/10/1989)

Eosinophils (DHSS)	1.4	%	1.0-6.0
Basophils (DHSS)	0.6	%	0.0-2.0
Absolute Neutrophil Count (Calculated)	4.03	10 <sup>3</sup> /mm <sup>3</sup>	2.0-7.5
Absolute Lymphocyte Count (Calculated)	2.31	x10 <sup>3</sup> cells/ $\mu$ l	1.0-3.0
Absolute Monocyte Count (Calculated)	<b>0.14 L</b>	x10 <sup>3</sup> cells/ $\mu$ l	0.2-1.0
Absolute Eosinophil Count (Calculated)	0.1	x10 <sup>3</sup> cells/ $\mu$ l	0.02-0.5
Absolute Basophil Count (Calculated)	0.04	x10 <sup>3</sup> cells/ $\mu$ l	0.02-0.1

*As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.*

<b>Erythrocyte Sedimentation Rate (ESR)</b> (Modified Westergren Method)	15.0	mm/hr	0.0-15.0
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*Prachi*

Dr. Prachi  
MBBS, MD Pathology  
Junior Consultant

**BIOCHEMISTRY**

Test	Result	Unit	Biological Reference Interval
<b>Fasting Blood Sugar (FBS)</b> (GOD/POD)	94	mg/dL	74.0-106.0
<b>Post Prandial Blood Sugar (PPBS)</b> (Enzyme Method (GOD/POD))	113	mg/dL	100.0-140.0
<b>LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)</b>			
Cholesterol Total (Non LDL Selective Elimination, CHOD/POD)	<b>227.2 H</b>	mg/dL	<200.0
Triglycerides (LIPASE/GK/GPO/POD)	<b>160.1 H</b>	mg/dL	<150.0



Patient Name : Mr Sachin Teotia MRN : 15050000144707 Gender/Age : MALE , 33y (07/10/1989)

HDL Cholesterol (HDLC) (Colorimetric (Phosphotungstic Acid Method))	47.6	mg/dL	40.0-60.0
Non-HDL Cholesterol	<b>179.6 H</b>	mg/dL	<130.0
LDL Cholesterol (Turbidometric /Microtip)	<b>162.11 H</b>	mg/dL	<100.0
VLDL Cholesterol (Calculated)	32.0	mg/dL	0.0-40.0
Cholesterol /HDL Ratio (Calculated)	<b>4.8 H</b>	-	<4.5

**THYROID PROFILE (T3, T4, TSH)**

Tri Iodo Thyronine (T3) (ECLIA/ ELFA)	1.68	nmol/L	1.49-2.6
Thyroxine (T4) (ECLIA/ ELFA)	85.5	nmol/L	71.2-141.0
TSH (Thyroid Stimulating Hormone) (Electrochemiluminescence (ECLIA))	0.82	uIU/ml	0.465-4.68

**LIVER FUNCTION TEST(LFT)**

Bilirubin Total (Azobilirubin Dyphylline)	<b>1.59 H</b>	mg/dL	0.2-1.3
Conjugated Bilirubin (Direct) (Dual Wavelength Reflectance)	0.31	mg/dL	0.0-0.4
Unconjugated Bilirubin (Indirect) (Calculated)	<b>1.28 H</b>	mg/dL	0.1-1.0
Total Protein (Biuret Method)	8.15	gm/dL	6.3-8.2
Serum Albumin (Bromcresol Green (BCG))	4.47	gm/dL	3.5-5.0
Serum Globulin (Calculated)	<b>3.67 H</b>	gm/dL	2.3-3.5
Albumin To Globulin (A/G)Ratio (Calculated)	1.22	-	0.9-2.0
SGOT (AST) (P - Phosphate)	36.5	U/L	17.0-59.0
SGPT (ALT) (P - Phosphate)	37.4	U/L	<50.0
Alkaline Phosphatase (ALP) (PNPP With Amp Buffer)	65.3	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (GCNA)	25.6	U/L	15.0-73.0

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Patient Name : Mr Sachin Teotia MRN : 15050000144707 Gender/Age : MALE , 33y (07/10/1989)

--End of Report--



Dr. Amit Samadhiya  
MBBS, MD Biochemistry  
Junior Consultant

**Note**

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.







<b>Patient Name</b>	Sachin Teotia	<b>Requested By</b>	Dr. Alex Mathew
<b>MRN</b>	15050000144707	<b>Procedure DateTime</b>	2023-02-11 13:23:47
<b>Age/Sex</b>	33Y 4M/Male	<b>Hospital</b>	NH-Dharamshila

**Investigation No. 1133**

**ULTRASONOGRAPHY WHOLE ABDOMEN**

**Report :-**

**Liver :** is normal in size (12.3 cm) **and shows minimal fatty change.** Normal sized intrahepatic biliary and vascular channels are seen. No focal lesion. The common bile duct and portal vein are normal.

**Gall bladder :** Normal in size with normal wall thickness and contents.

**The pancreas :** The pancreas shows normal contour, echogenicity and size.

**The spleen :** is normal in size (9.1 cm), contour and echopattern.

**The right kidney :** The right kidney has a normal contour & echopattern in the cortex, medulla and pelvicalyceal system. It measures 10.7 x 4.1 cm.

**The left kidney :** The left kidney has a normal contour & echopattern in the cortex, medulla and pelvicalyceal system. It measures 11.1 x 4.5 cm.

Urinary bladder is normal in wall & contents.

Prostate is normal in size, shape and parenchymal echopattern. It measures 11 ml.

No ascites seen.

**Impression :**

- **Minimal fatty liver.**

**Dr. SHAILENDRA KR. BHARDWAJ**  
MBBS, DNB (Radiodiagnosis)  
CONSULTANT RADIOLOGIST







Neha

Dr. Neha Chimnani

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Nov 21, 2020 - Nov 20, 2023  
Since Nov 21, 2008

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<b>Patient Name</b>	Sachin Teotia	<b>Requested By</b>	Dr. Alex Mathew
<b>MRN</b>	15050000144707	<b>Procedure DateTime</b>	2023-02-11 17:16:48
<b>Age/Sex</b>	33Y 4M/Male	<b>Hospital</b>	NH-Dharamshila

Inv. No.:3697

**X-RAY CHEST (PA)**

- Lung fields are clear.
- Costophrenic angles are clear.
- Both domes of diaphragm are normal.
- Mediastinum and both hila are within normal limits.
- Cardiac size is normal.
- Bones under review are unremarkable.

**Impression:** Normal Study.

**Dr. SHAIENDRA KR. BHARDWAJ**  
MBBS, DNB (Radiodiagnosis)  
CONSULTANT RADIOLOGIST

Page 1 of 1



H - 2008 - 0023  
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## Transthoracic Echo color Doppler Report

<b>Patient's Name</b>	Mr. Sachin Teotia	<b>Age/Sex</b>	33 Years /Male
<b>Ref By:</b>	Dr. Alex Methew	<b>Date:</b>	11/02/2023
<b>MRN No.</b>	15050000144707	<b>PVT/MRD/IPD</b>	EHP MEDIWHEEL full body health check up

### Final Interpretation

1. Normal sized cardiac chamber dimensions.
2. No Regional wall motion abnormality, LVEF = 55-60%.
3. MIP - Normal
4. LVEDP – Normal
5. Normal RV systolic function.
6. Mild MR, No AR, Trace PR, Trace TR (PASP - 28 mmHg).
7. No clot/vegetation/pericardial effusion.
8. IVC normal with >50% collapsibility with respiration.

### Morphology :-

- ❖ Left Ventricle: It is normal sized.
- ❖ Left Atrium: It is normal sized.
- ❖ Right Atrium: It is normal sized.
- ❖ Right Ventricle: It is normal sized. RV systolic function is normal.
- ❖ Aortic Valve: Aortic valve appears tricuspid & cusps are normal.
- ❖ Mitral Valve: open normally, Subvalvular apparatus appears normal.
- ❖ Tricuspid valve: It appears normal.
- ❖ Pulmonic Valve: It appears normal.
- ❖ Main Pulmonary artery & its branches: Appear normal.
- ❖ Pericardium: There is no pericardial effusion.

### DOPLER/COLOUR FLOW

<u>VALVE</u>	<u>MAX. VELOCITY cm/sec</u>	<u>PG/MG mmHg</u>	<u>REGURGITATION</u>
MITRAL	E- 81 cm/sec, A- 67 cm/sec		Mild MR
AORTIC	111		No AR
TRICUSPID	242	(PASP – 28 mmHg)	Trace TR
PULMONARY	87		Trace PR

*Contd.....*



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**M MODE & 2D Measurements**

	Observed values	Normal values
Aortic root diameter	27	20-34(mm)
Left atrium size	29	19-40(mm)
Left Ventricular Size diastole	37	ED 37-56(mm)
Left Ventricular Size systole	25	ES 22-40 (mm)
Inter ventricular Septum diastole	10	ED 6-10(mm)
Posterior Wall thickness diastole	11	ED 6-10(mm)
End Diastolic Volume	60	
End Systolic Volume	23	
LV Ejection Fraction (%)	55-60%	55%-75%

**2D EXAMINATION DESCRIPTION**

2D and M Mode examination done in multiple views revealed fair movement of both mitral leaflets. Aortic valve has three cusps & cusps are normal. Tricuspid valve leaflets move normally. Pulmonary valve is normal. Ascending Aorta is normal. Interatrial septum and interventricular septum are intact.

Dimension of left atrium and left ventricle are normal. No regional wall motion abnormality seen. Global LVEF is 55-60%. No intracardiac mass or thrombus seen.

**Dr. Anand Pandey**

Sr. Consultant &amp; Head Cardiologist



**Dr. Sejal Gupta**  
Consultant Cardiologist

**Dr. Amrendra Pandey**

Consultant Cardiology

**Dr. Rakesh Bachloo**

Consultant Cardiology

**Note:-** This is a professional opinion based on imaging finding and not the diagnosis. Not valid for medico-legal purposes. In case of any discrepancy due to machine error or typing error, please get it rectified immediately.