

**HEALTH CHECK UP**

Name : Sandeep Kumar

Date : 13.5.23

Age : 48y

Sex :  Male /  Female

Marital status :  Married /  Single

**PERSONAL HISTORY**

Habits : Smoking / Tobacco & Snuff / Alcohol yes.

Drug allergy if any : Nil

Medical : Nil

Surgical : Nil

Height 173 cm Weight 92 Kg. BP 150/90mmHg Pulse 94b/min

Vision : Rt 6/60 Lt 6/60 With Spectacles ..... Rt. 6/6 Lt. 6/6

Colour Vision :  Normal /  Abnormal Near Vision N/G - BE

**FAMILY HISTORY**

Father Diabetic Mother Healthy Siblings Sis - Thyroid.

CVS : Heart Sound Normal Normal Murmurs Absent Absent Thrills Absent Absent

RS : Rate 16 /mt Breath sounds Normal Normal Adventitious Absent Absent

ABDOMEN : Tenderness Absent Absent Rigidity Absent Absent Bowel sound 10 rmc Normal

Liver NAD NAD Kidney NAD NAD Hernia Absent Absent

CNS : Cranial Nerves NAD NAD Sensory System NAD NAD Motor System NAD NAD

ENT NAD NAD

Remarks

Dr. Bharti Jeswani  
MBBS

Dr. Seema Kale  
MBBS, MD

Dr. S. K. Suri  
MBBS

Dr. Meenakshi  
MBBS

HOME SAMPLE COLLECTION FACILITY AVAILABLE



Last Name: KUMAR  
First Name: SANDEEP  
ID: 100022  
Date: 13/05/2023  
Predicted: ERS 93

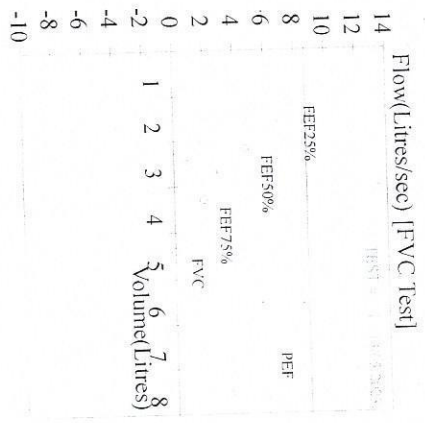
Date of Birth: 11/01/1975  
Sex: Male  
Ethnic Corr: 100%  
Description:  
Comments:

Age: 48  
Weight (Kg): 93  
Height (cm): 17  
BSA (m2): 2.1  
Smoke: ye

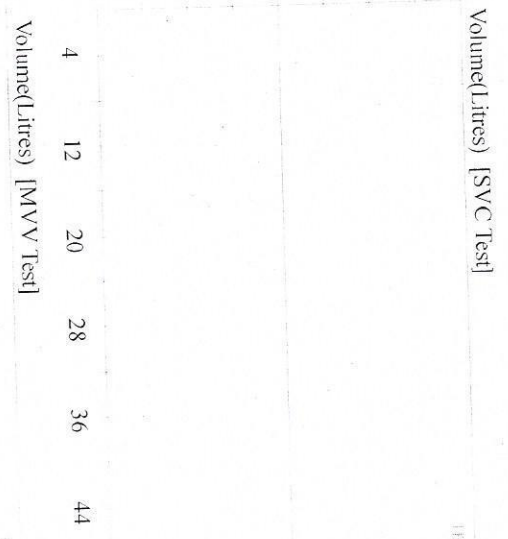
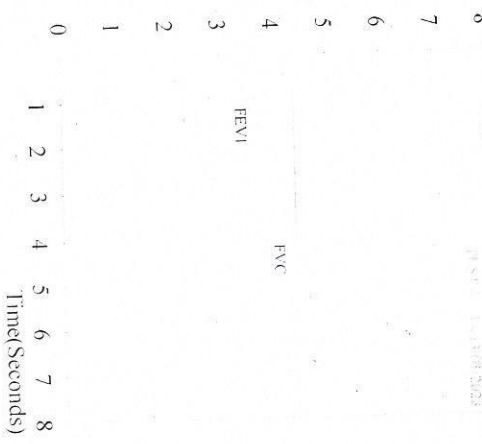
Spirometry Results

Parameter	Pred	Pre	%Pred
FVC (L)	4.38	2.68	61
FEV5 (L)	---	1.44	---
FEV1 (L)	3.56	2.27	64
PEFR (L/s)	8.71	3.94	45
PIFR (L/s)	---	---	---
FEF25-75 (L/s)	3.99	2.87	72
FEF 25% (L/s)	7.58	3.78	50
FEF 50% (L/s)	4.72	3.08	65
FEF 75% (L/s)	1.93	1.97	102
FEV1/FVC (%)	78.57	84.7	108
FVC Time (Sec)	---	1.5	---
SVC (L)	4.56	2.23	49
ERV (L)	---	0.87	---
IRV (L)	---	0.63	---
VE (L/min)	---	31.97	---
RF (L/min)	---	43.8	---
Ti (sec)	---	0.62	---
Te (sec)	---	0.75	---
Ti/Tot (L/s)	---	0.73	---
Vt (L)	---	1.18	---
Vt/Ti (sec)	---	0.45	---
Ti/Tot (L)	---	1.36	---
IC (L/min)	---	37.38	29
MVV (L/min)	128.75	40.00	---
MRF (L)	---	0.8	---
MVt (L)	---	5.14	---
MVVI (sec)	---	85	---
ELA (Years)	45	---	---

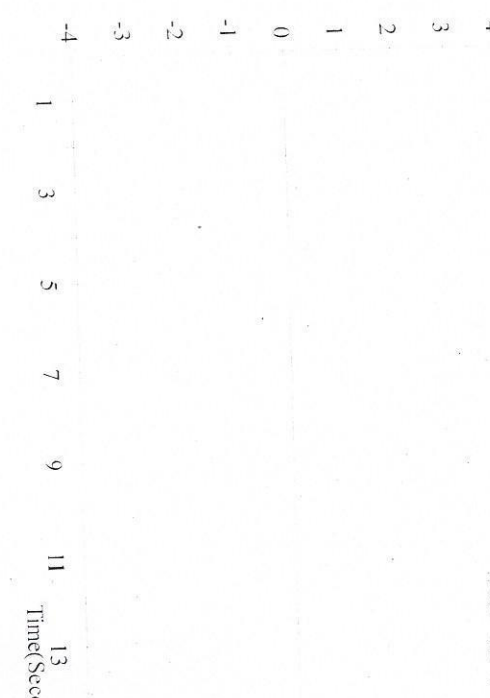
Pre Medication Report Indicates  
ISA Obsstruction P11-70% Predicted or 1EF4  
70% Predicted



Volume(Litres) [FVC Test]



Volume(Litres) [MVV Test]



Name : MR. SANDEEP KUMAR

Age: 48YRS/ M  
Date : 13/05/2023

**TMT (Tread Mill / Stress Test)**

**Result :** The pre exercise ECG was normal with no significant ST-T segment changes. During peak exercise & recovery there were no significant ST-T change seen. Person could exercise for 11 min. 45 sec on the Bruce protocol & achieved a workload of 16.31 mets.

He/She attained a peak heart rate of 169 beats/minute which is 98% of the predicted maximum heart rate. The exercise was terminated owing to THR. There was no classical angina and no arrhythmia. Clinically the blood pressure response was normal [150/80] and there was no S3 S4 gallop in the recovery period.

**IMPRESSION: -** FAIR EXERCISE TOLERANCE.  
NORMAL HEMODYNAMIC RESPONSE.  
TMT IS NEGATIVE FOR PROVOCABLE  
ISCHAEMIA

**Dr. GAURAV YADAV MD**  
**PHYSICIAN PHYSICIAN**

• CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. • IF THE TESTS RESULTS ARE UNEXPECTED PLEASE CONTACT THE LABORATORY.  
• ALL THE CONGENITAL ANAMOLIES IN THE FETUS MAY NOT BE DIAGNOSED IN ULTRASONOGRAPHY. • THIS REPORT IS NOT VALID FOR MEDICOLEGAL PURPOSE.

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Phone : (011) 2591 8222 / 8333 / 8444, 9811061009, E-mail : rajourigarden@theapolloclinic.com, Website : www.apolloclinicrajourigarden.com

Patient Name : Mr. Sandeep Kumar  
 UHID/MR No. : FRAJ.0000229300  
 Visit Date : 13-05-2023 09:52  
 Sample Collected on : 13-05-2023 09:54  
 Ref Doctor : SELF  
 Emp/Auth/TPA ID : 78978987  
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 48Y/Male  
 OP Visit No : FRAJOPV104781  
 Reported on : 13-05-2023 12:32  
 Specimen : EDTA Blood  
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>BLOOD GROUP AND RH TYPE</b>			
ABO Group	A		
RH	Positive		
<b>HAEMOGRAM</b>			
Hb(Haemoglobin) Method: Non Cyanide	15.4	13 - 17	gm/dl
PCV / Haematocrit Method: Pulse Height Detection	45.6	40 - 50	%
ESR. Method: Westergren's Method.	08	0 - 20	mms at the end of 1 hr
Total Leukocyte Count Method: DC Detection Method	5800	4000 - 10000	/Cumm
Platelet Count Method: DC Detection Method	1.52	1.5 - 4.1	lakhs/cumm
RBC Count Method: DC Detection Method	4.1*	4.5 - 6.0	Million/Cumm
MCV Method: Calculated.	110.1*	77 - 98	fl
MCH. Method: Calculated	37.2*	27 - 32	pg
MCHC. Method: Calculated.	33.7	31.5 - 34.5	gm/dl
Neutrophil Method: Slide Test	61	40 - 70	%
Lymphocyte Method: Slide Test	32	20 - 40	%
Eosinophil Method: Slide Test	03	1 - 6	%
Monocyte Method: Slide Test	04	2 - 10	%

Note: PERIPHERAL SMEAR - RBC's show mild anisopoikilocytosis. RBC's are macrocytic. Few ovalocytes seen. Leucocyte counts are within normal limits. Platelets are normal in number & morphology. No immature cells or haemoparasite detected.  
 IMPRESSION: MILD MACROCYTIC BLOOD PICTURE.

End of the report

Results are to be correlated clinically

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Reported on : 13-05-2023 12:32  
Specimen : EDTA Blood  
Pres Doctor: :

Lab Technician / Technologist  
Yogita

  
Dr. Prashant Purwar  
MBBS, DCP  
Consultant Pathologist

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MSME UAM NO : DI 11F0021531

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Sample Collected on : 13-05-2023 09:54  
Ref Doctor : SELF  
Emp/Auth/TPA ID : 78978987  
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 48Y/Male  
OP Visit No : FRAJOPV104781  
Reported on : 13-05-2023 13:24  
Specimen : Plasma(Fluoride)  
Pres Doctor :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>GLUCOSE - ( FASTING )</b>			
GLUCOSE - ( FASTING ) Method: (GOD-POD).	98	70 - 110	mg/dL
<b>GLYCOSYLATED HEMOGLOBIN (HBA1C)</b>			
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD Method: BORONATE AFFINITY	5.8	4.2 - 6.0	%
<b>GLUCOSE - ( POST PRANDIAL )</b>			
GLUCOSE - ( POST PRANDIAL ) Method: (GOD-POD)	140	70-140	mg/dl
<b>Thyroid Profile 2(Free T4, Free T3 And TSH)</b>			
Serum FT3	4.6	3.2 - 5.9	pmol/l
Serum FT4	14.3	10.6 - 21.0	pmol/l
Serum TSH	4.0	0.38 - 5.0	uIU/ml
<b>LIPID PROFILE TEST (PACKAGE)</b>			
CHOLESTEROL Method: CHOD - PAP	155	Desirable < 200 Borderline High : 200-239 High : > 240	mg/dl
Triglyceride Method: GPO-PAP	114	50-200	mg/dl
HDL Method: DIRECT	41.2	30 - 50	mg/dl
LDL Method: DIRECT	91.0	60 - 100	mg/dl
VLDL Method: Calculated	22.8	<40	mg/dl
CHOLESTEROL / HDL RATIO Method: Calculated.	3.7	0 - 4.5	

End of the report

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Yogita

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MBBS, DCP

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**Sample Collected on** : 13-05-2023 09:54  
**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : 78978987  
**Sponsor Name** : MEDIWHEELS HEALTH CARE

**Age / Gender** : 48Y/Male  
**OP Visit No** : FRAJOPV104781  
**Reported on** : 13-05-2023 13:25  
**Specimen** : Serum  
**Pres Doctor:** :

**DEPARTMENT OF LABORATORY MEDICINE**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>LIVER FUNCTION TEST (PACKAGE)</b>			
BILIRUBIN - TOTAL. Method: Jendrassik	0.57	0.1 - 1.3	mg/dl
Bilirubin (Direct)-Serum Method: Diazo.	0.11	0 - 0.3	mg/dl
A/G Method: Calculated	1.5	1.0 - 2.0	
BILIRUBIN - INDIRECT. Method: Calculated.	0.46	<1.1	mg/dl
SGOT /AST Method: IFCC (With P5P)	42.0*	0 - 35	U/L
SGPT/ALT Method: IFCC (With P5P)	45.0	0 - 45	U/L
ALKALINE PHOSPHATE Method: AMP BUFFER	56.1	30 - 117	U/L
GGT. Method: SZAZ	46.0	10 - 50	U/L
TOTAL PROTEIN Method: Biuret	7.0	5.8-8.0	g/dl
ALBUMIN Method: BCG	4.3	3.7-5.2	g/dl
GLOBULIN Method: Calculated	2.7	2.5 - 3.5	mg/dL

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 Ref Doctor : SELF  
 Emp/Auth/TPA ID : 78978987  
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 48Y/Male  
 OP Visit No : FRAJOPV104781  
 Reported on : 13-05-2023 13:26  
 Specimen : Serum  
 Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>KFT - RENAL PROFILE-SERUM</b>			
UREA Method: Urease	13.9	10-50	mg/dl
Creatinine Method: Jaffe	0.92	0.5 - 1.3	mg/dl
Uric Acid Method: Uricase	4.8	3.5 - 7.2	mg/dl
Sodium(Na) Method: ISE	137.7	136 - 142	mmol/L
Potassium(K) Method: ISE	3.8	3.8 - 5.0	mmol/L
Chloride(Cl) Method: ISE	99.1	95 - 103	mmol/L
Calcium Method: OCPC	9.2	9.2 - 11.0	mg/dl
Phosphorus Method: Molybdate UV	2.5	2.3 - 4.7	mg/dl

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MSME UAM NO. : DI 11E0021531



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 Ref Doctor : SELF  
 Emp/Auth/TPA ID : 78978987  
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 48Y/Male  
 OP Visit No : FRAJOPV104781  
 Reported on : 13-05-2023 13:23  
 Specimen : Urine  
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

URINE ROUTINE EXAMINATION

URINE EXAMINATION TEST REPORT

Test Name	Observed Value	Unit	Reference Range
<b>Urine R/M Examination</b>			
Quantity	30	ml.	
Colour	Pale Yellow		Pale Yellow
Tranparency	Clear		Clear
Urine Specific Gravity	1.020		1.005 - 1.030
Dipstick			
pH	6.5		5.5 - 7.5
Dipstick / pH paper			
<b>Chemical Examination</b>			
Protein	Nil		Nil
Dipstick/Heat & acetic acid			
Sugar	Nil		Nil
Dipstick/Benedicts reagent			
<b>Microscopic Examination</b>			
Pus Cells	1-2	/HPF	1-2
RBC'S	Nil	/HPF	Nil
Casts	Nil	/HPF	Nil
Crystals	Nil		Nil
Epithelial Cells	0-1	/HPF	1-2
Bacteria	Nil	/HPF	Nil

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# APOLLO CLINIC

RAJOURI GARDEN

Mr. SANDEEP KUMAR

Age/Sex : 48/M

ID : 89  
 HTWT : /  
 Recorded : 13-5-2023 11:31

Ref. by :  
 Indication1 :  
 Indication2 :  
 Indication3 :

TREADMILL TEST SUMMARY REPORT  
 Protocol: BRUCE  
 History:  
 Medication1 :  
 Medication2 :  
 Medication3 :

PHASE	PHASE TIME	STAGE TIME	SPEED (Km./Hr.)	GRADE (%)	H.R. (BPM)	B.P. (mmHg)	RPP X100	II	ST LEVEL (mm) V2	V5	METS
SUPINE											
HYPERVENT	0:01	0:01			94	150/80	141	0.6	0.5	1.0	
					92	150/80	138	0.6	0.6	1.0	
STAGE 1	1:59	1:59	2.70	10.00	103	150/80	154	0.3	0.7	0.8	3.15
STAGE 2	4:32	2:32	4.00	12.00	110	156/80	171	0.1	0.8	0.8	6.75
STAGE 3	7:35	2:59	5.40	14.00	120	160/80	192	-0.4	0.7	0.3	10.00
STAGE 4	10:35	2:59	6.70	16.00	142	168/80	238	-0.9	0.9	0.2	14.00
STAGE 5	11:35	0:59	8.00	18.00	165	170/80	280	-1.2	0.8	-0.3	15.90
PEAK EXER	11:45	1:09			169	170/80	287	-1.2	1.1	-0.3	16.31


### RESULTS

Exercise Duration : 11:45 Minutes  
 Max Heart Rate : 169 bpm 98 % of target heart rate 172 bpm  
 Max Blood Pressure : 170/80 mmHg  
 Max Work Load : 16.31 METS  
 Reason of Termination :

### IMPRESSIONS

GOOD EFFORT TOLERANCE. NORMAL IONOTROPIC AND CHRONOTROPIC RESPONSE.  
 NO ANGINA/ARRHYTHMIA/S/LV DYSFUNCTION. NO SIGNIFICANT ST CHANGES AT PEAK OF TEST.  
 TEST IS NEGATIVE FOR EXERCISE INDUCED REVERSABLE ISCHEMIA.

DR GAURAV YADAV



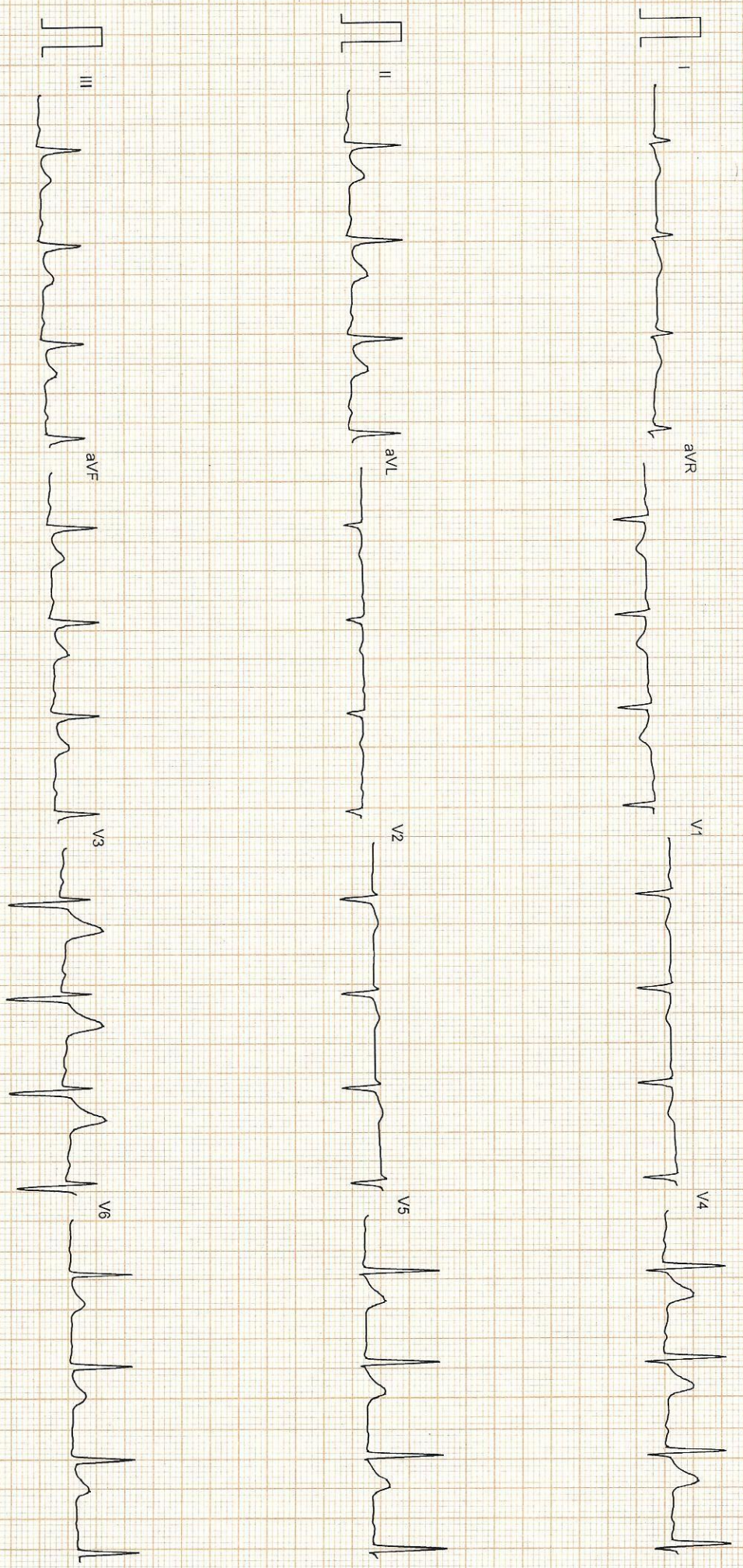
APOLLO CLINIC  
SUPINE  
PRETEST

ST @ 10mm/mV  
80ms PostJ

Mr. SANDEEP KUMAR  
I.D. : 89  
AGE/SEX : 48/M  
RECORDED : 13-5-2023 11:31

RATE : 94 BPM  
B.P. : 150/80 mmHg

RAW E.C.G.



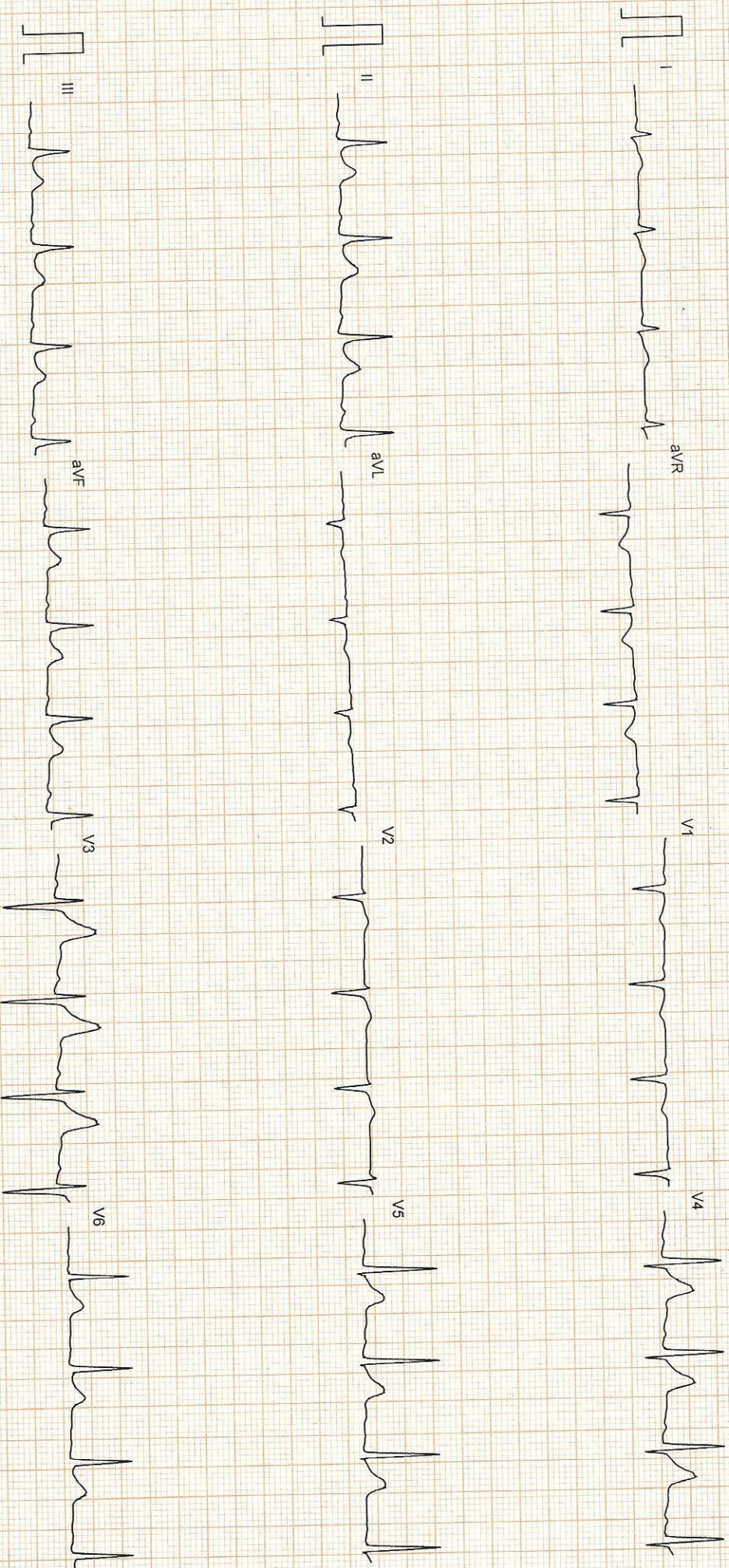
APOLLO CLINIC  
SUPINE  
PRETEST

MR. SANDEEP KUMAR  
I.D. : 89  
AGE/SEX : 48/M  
RECORDED : 13-5-2023 11:31

RATE : 95 BPM  
B.P. : 150/80 mmHg

RAW E.C.G.

ST @ 10mm/mV  
80ms PostJ



25mm/sec 10mm/mV

CardiCom, INDIA

Mr. SANDEEP KUMAR

ID : 89

AGE/SEX : 48/M

RECORDED : 13-5-2023 11:31

RATE : 92 BPM

B.P. : 150/80 mmHg

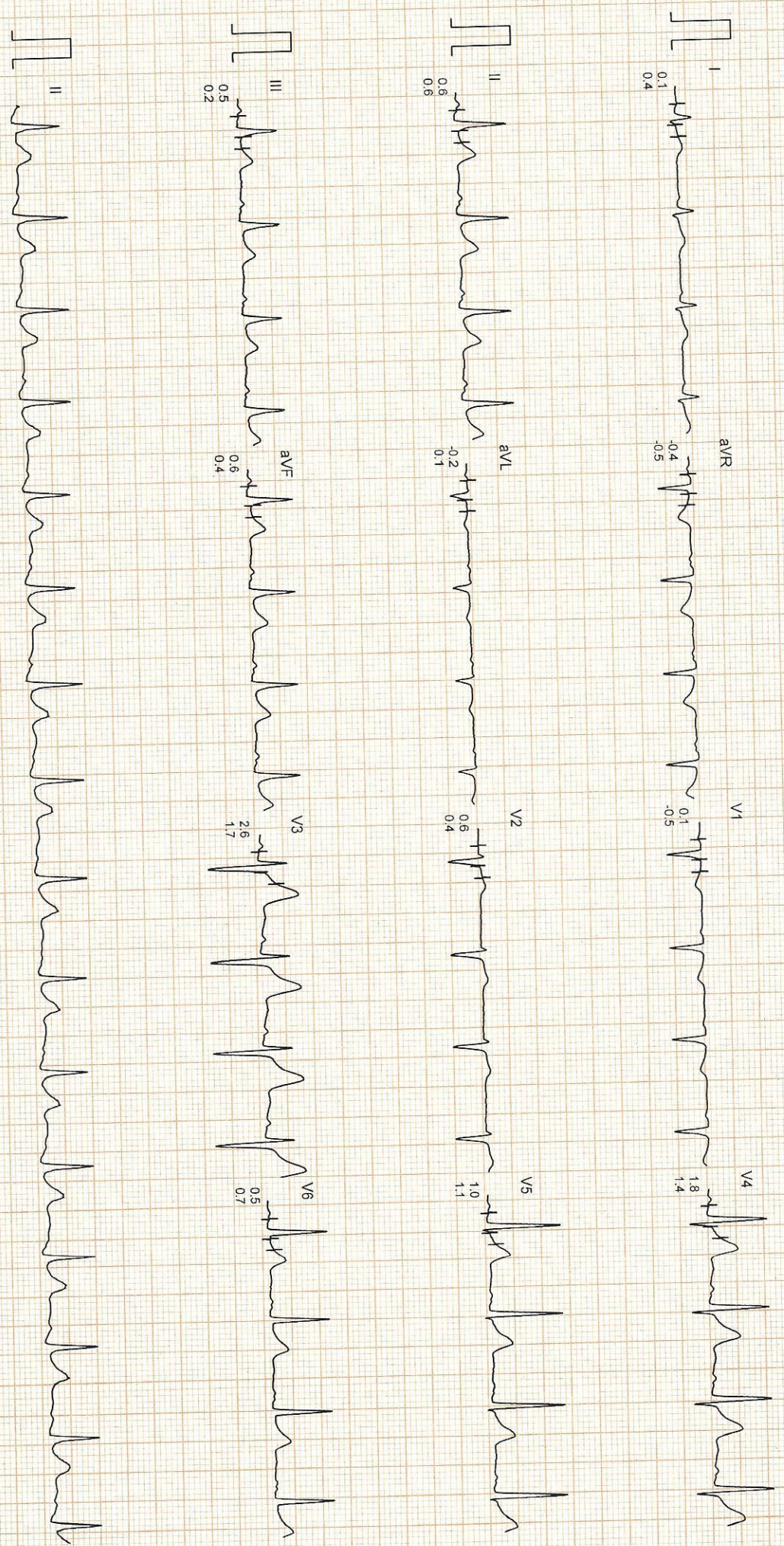
# APOLLO CLINIC

HYPERVENTILATION  
PRETEST

STAGE TIME : 0:01

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN



# APOLLO CLINIC

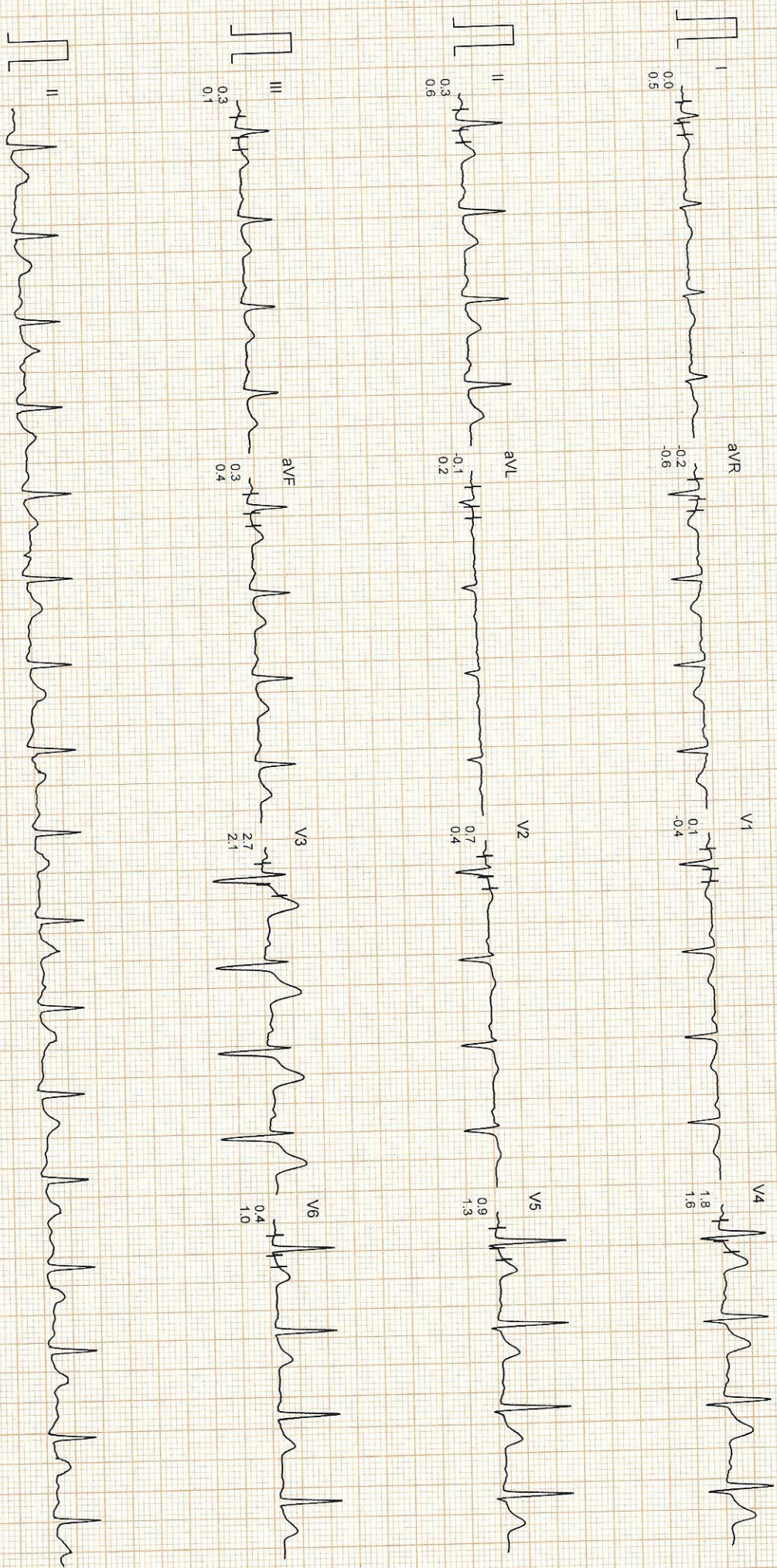
BRUCE  
EXERCISE 1  
PHASE TIME : 1:52  
STAGE TIME : 1:52

ST @ 10mm/mV  
80ms PostJ  
SPEED : 2.7 Km./Hr.  
GRADE : 10.0 %

Mr. SANDEEP KUMAR  
I.D. : 89  
AGE/SEX : 48/M  
RECORDED : 13-5-2023 11:31

RATE : 102 BPM  
B.P. : 150/80 mmHg

LINKED-MEDIAN



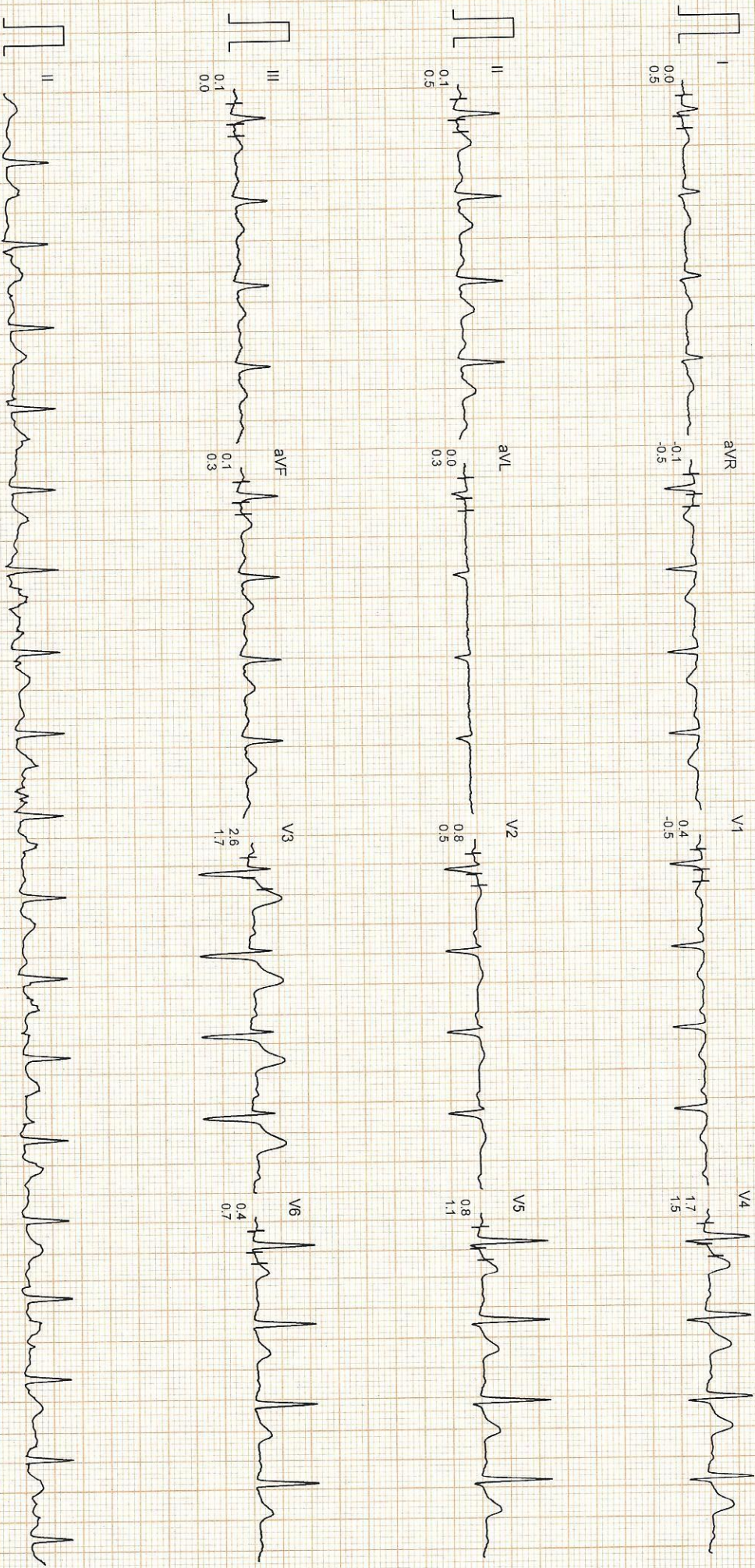
# APOLLO CLINIC

Mr. SANDEEP KUMAR  
ID : 89  
AGE/SEX : 48/M  
RECORDED : 13-5-2023 11:31

RATE : 110 BPM  
B.P. : 156/80 mmHg

BRUCE  
EXERCISE 2  
PHASE TIME : 4:32  
STAGE TIME : 2:32

ST @ 10mm/mV  
80ms PostJ  
SPEED : 4.0 Km./Hr.  
GRADE : 12.0 %  
LINKED MEDIAN



# APOLLO CLINIC

BRUCE  
EXERCISE 3  
PHASE TIME : 7:35  
STAGE TIME : 2:59

ST @ 10mm/mV  
80ms PostJ  
SPEED : 5.4 Km./Hr.  
GRADE : 14.0 %

LINKED-MEDIAN

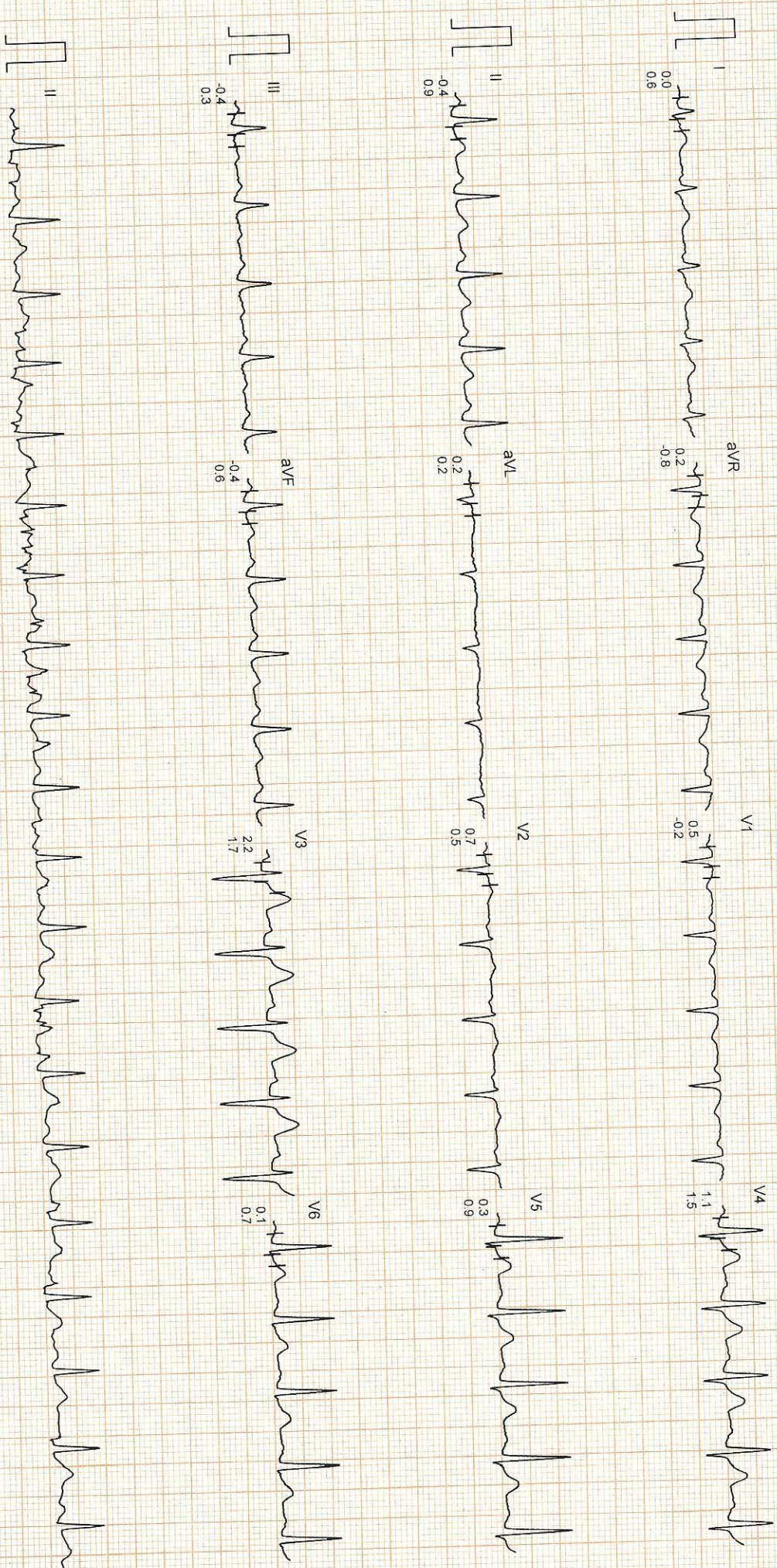
MR. SANDEEP KUMAR

I.D. : 89

AGE/SEX : 48/M

RECORDED : 13-5-2023 11:31

RATE : 120 BPM  
B.P. : 160/80 mmHg



25mm/sec 10mm/mV

CardiCom, INDIA



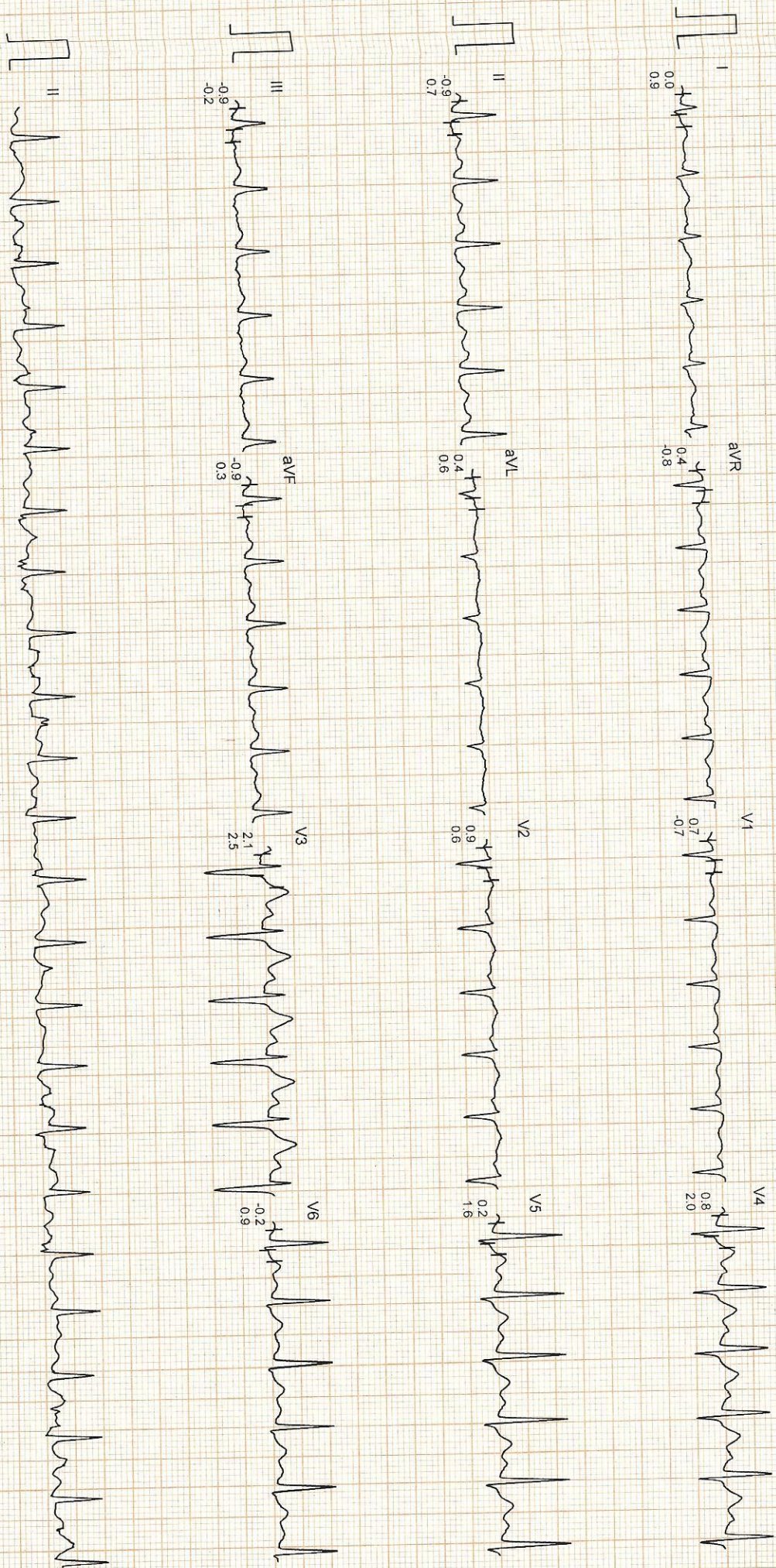
# APOLLO CLINIC

Mr. SANDEEP KUMAR  
I.D. : 89  
AGE/SEX : 48/M  
RECORDED : 13-5-2023 11:31

RATE : 142 BPM  
B.P. : 168/80 mmHg

BRUCE  
EXERCISE 4  
PHASE TIME : 10:35  
STAGE TIME : 2:59

ST @ 10mm/mV  
80ms PostJ  
SPEED : 6.7 Km/Hr.  
GRADE : 16.0 %  
LINKED MEDIAN



# APOLLO CLINIC

Mr. SANDEEP KUMAR  
I.D. : 89  
AGE/SEX : 48/M  
RECORDED : 13-5-2023 11:31

RATE : 169 BPM  
B.P. : 170/80 mmHg

BRUCE  
PEAK EXER  
PHASE TIME : 11:45  
STAGE TIME : 1:09

ST @ 10mm/mV  
80ms PostJ  
SPEED : 8.0 Km./Hr.  
GRADE : 18.0 %

LINKED MEDIAN



# APOLLO CLINIC

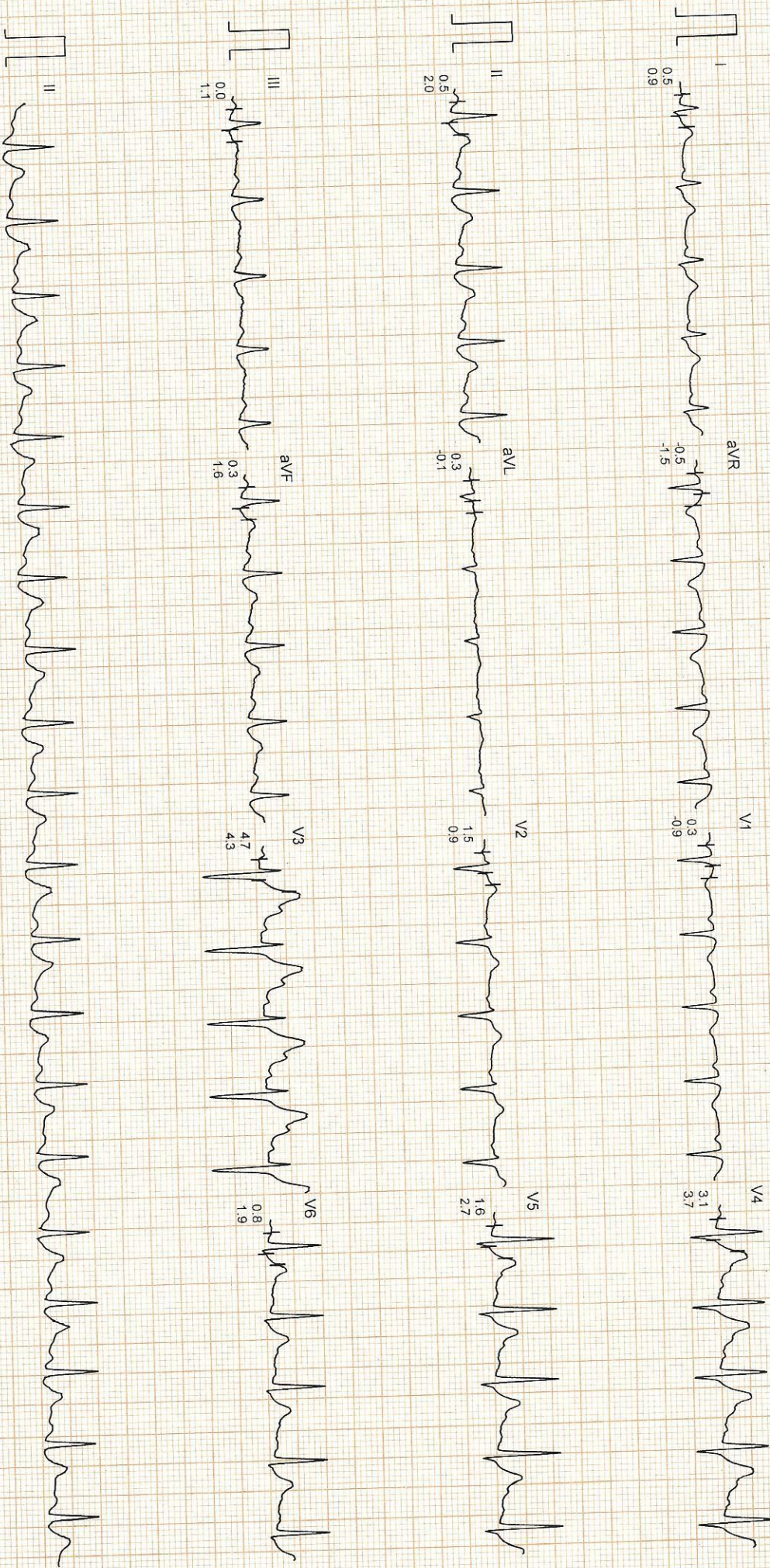
BRUCE  
RECOVERY  
PHASE TIME : 0:59

ST @ 10mm/mV  
80ms PostJ  
SPEED : 0.0 Km./Hr.  
GRADE : 0.0 %

M. SANDEEP KUMAR  
I.D. : 89  
AGE/SEX : 48/M  
RECORDED : 13-5-2023 11:31

RATE : 122 BPM  
B.P. : 170/80 mmHg

LINKED MEDIAN



# APOLLO CLINIC

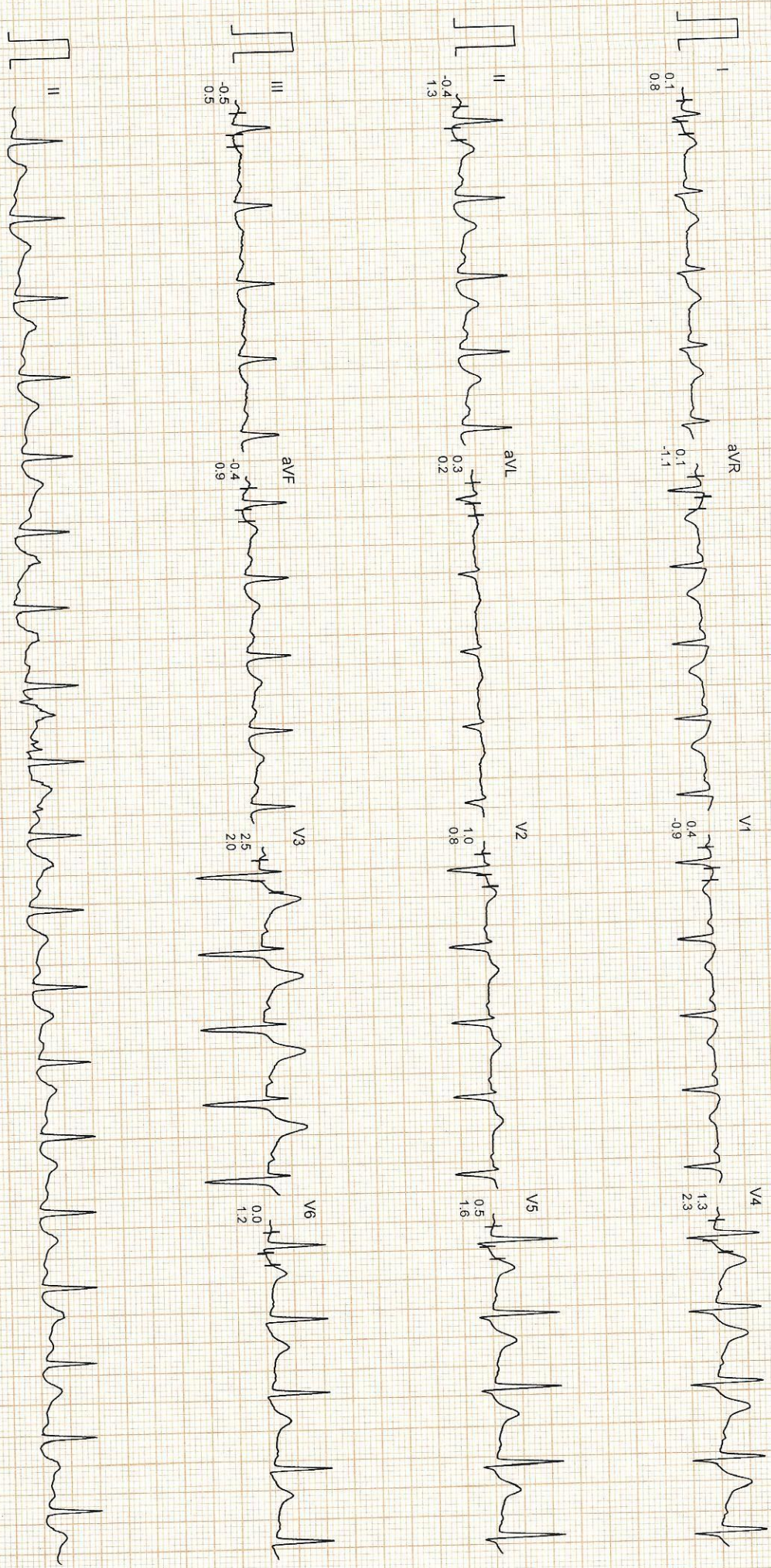
BRUCE  
RECOVERY  
PHASE TIME : 1:59

ST @ 10mm/mV  
80ms PostJ  
SPEED : 0.0 Km/Hr.  
GRADE : 0.0 %

Mr. SANDEEP KUMAR  
I.D. : 89  
AGE/SEX : 48/M  
RECORDED : 13-5-2023 11:31

RATE : 117 BPM  
B.P. : 150/90 mmHg

LINKED MEDIAN



# APOLLO CLINIC

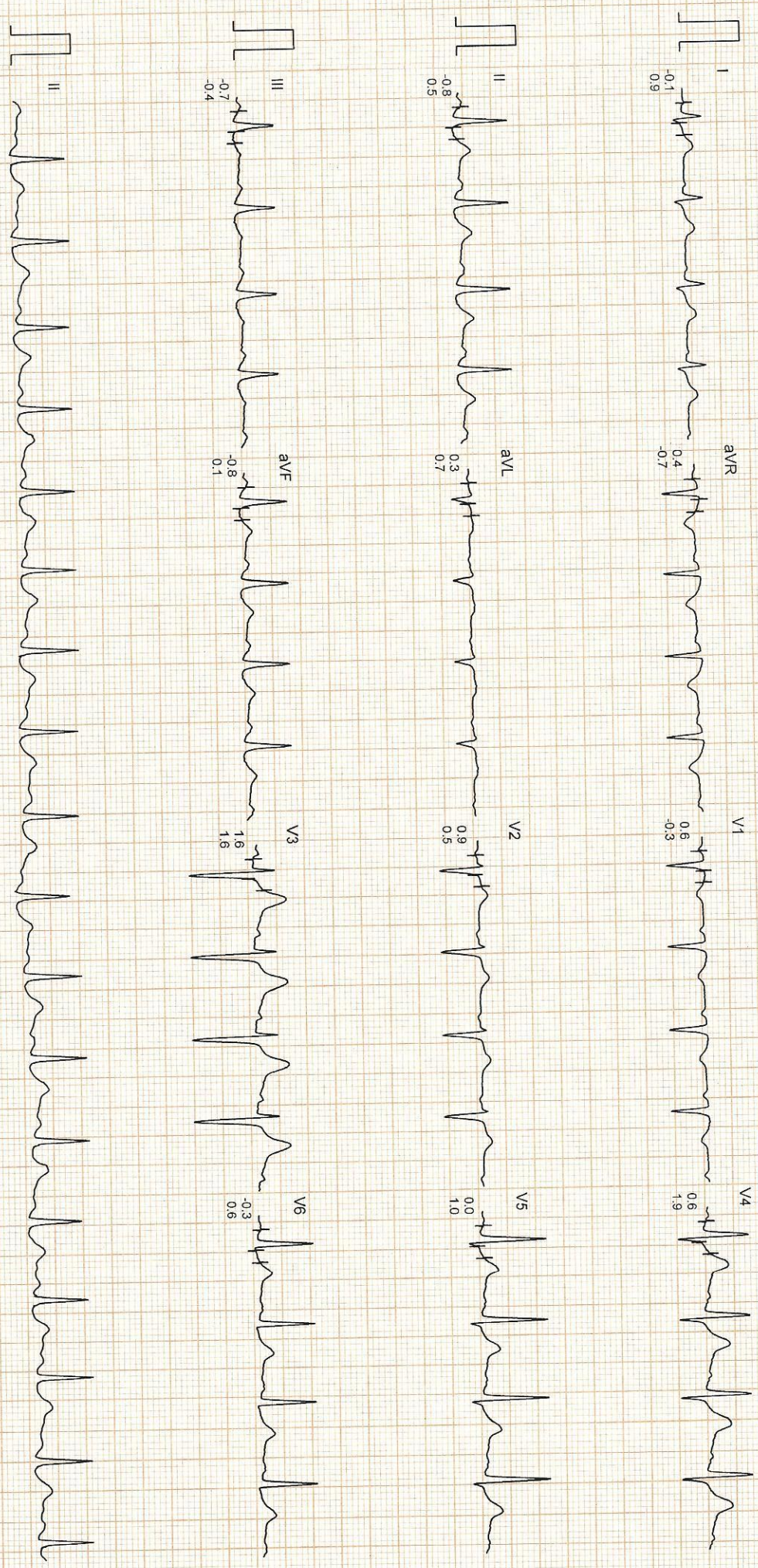
BRUCE  
RECOVERY  
PHASE TIME : 2:59

Mr. SANDEEP KUMAR  
I.D. : 89  
AGE/SEX : 48/M  
RECORDED : 13-5-2023 11:31

RATE : 108 BPM  
B.P. : 150/90 mmHg

ST @ 10mm/mV  
80ms PostJ  
SPEED : 0.0 Km./Hr.  
GRADE : 0.0 %

LINKED MEDIUM



Patient Name : Mr. Sandeep Kumar	MR No	: FRAJ0000
Age/Sex : 48Y/M	Visit No	: FRAJOPV
Pres Doctor :	Bill Date	: 13.05.2023
Ref.by :	Report Date	: 13.05.2023

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**X-RAY CHEST P A VIEW**

- Both lung fields do not show any active parenchymal lesion.
- Both costophrenic angles are normal.
- B/L hila appear normal in size & density.
- Both domes of diaphragm are normal.
- Cardiac silhouette appears normal.
- Visualised soft tissues and bony cage appear normal.

**IMPRESSION:- NORMAL STUDY.**

To be correlated clinically.

  
**Dr. Manish Kumar**  
**Consultant Radiologist.**

Patient Name : Mr. Sandeep Kumar	MR No	: FRAJ0000
Age/Sex : 48Y/M	Visit No	: FRAJOPV
Pres Doctor :	Bill Date	: 13.05.2023
Ref.by :	Report Date	: 13.05.2023

### ULTRASOUND WHOLE ABDOMEN

**LIVER:** Liver is normal in size with increased parenchymal echogenicity s/o fatty liver. No focal intra-hepatic lesion detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

**GALL BLADDER:** Gall bladder show few small confluent calculi. Its wall thickness is normal.  
Common bile duct is normal (not dilated).

**PANCREAS:** Pancreas appears normal in size and echopattern.  
**SPLEEN:** Spleen appears normal in size and echopattern.

**KIDNEYS:** Both kidneys are normal in position, size and outline.  
Cortico-medullary differentiation of both kidneys is maintained.  
Central sinus echoes are compact. No calculus / hydronephrosis is noted.

Visualised parts of retroperitoneum do not show any lymphadenopathy.

**URINARY BLADDER:** Urinary bladder is well distended and shows clear contents.

**PROSTATE:** Prostate is normal in shape, size and echotexture.

No free fluid detected.

**IMPRESSION: - MILD FATTY LIVER CHANGES.  
CHOLELITHIASIS.**

To be correlate clinically.

  
**Dr. Manish Kumar**  
Consultant Radiologist.

**Disclaimer:** Renal calculi less than 5mm could be missed on an Ultrasound. NCCT KUB is the modality of choice for the same.