

**PATIENT NAME : MR. RAKESH BHAGESHWAR NANDANWAR REF. DOCTOR : SELF**

<b>CODE/NAME &amp; ADDRESS</b> : C000138394 ARCOFEMI HEALTHCARE LTD (MEDIWHEEL F-703, F-703, LADO SARAI, MEHRAULISOUTH WEST DELHI NEW DELHI 110030 8800465156	<b>ACCESSION NO</b> : <b>0181WJ001010</b> <b>PATIENT ID</b> : FH.8178815 <b>CLIENT PATIENT ID</b> : <b>ABHA NO</b> :	<b>AGE/SEX</b> : 33 Years Male <b>DRAWN</b> : 31/10/2023 09:00:00 <b>RECEIVED</b> : 31/10/2023 09:07:40 <b>REPORTED</b> : 01/11/2023 13:17:10
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Test Report Status	Final	Results	Biological Reference Interval	Units
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**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE**

**XRAY-CHEST**

IMPRESSION NO ABNORMALITY DETECTED

**ECG**

ECG WITHIN NORMAL LIMITS

**MEDICAL HISTORY**

RELEVANT PRESENT HISTORY C/O CHEST INFECTION 5 DAYS.  
 RELEVANT PAST HISTORY COVID TWICE IN THE PAST. HOME QUARANTINED.  
 RELEVANT PERSONAL HISTORY MARRIED / MIXED DIET / NO ALLERGIES / NO SMOKING / ALCOHOL.  
 RELEVANT FAMILY HISTORY NOT SIGNIFICANT  
 HISTORY OF MEDICATIONS NOT SIGNIFICANT

**ANTHROPOMETRIC DATA & BMI**

HEIGHT IN METERS	1.70	mts
WEIGHT IN KGS.	74	Kgs
BMI	26	kg/sqmts

BMI & Weight Status as follows  
 Below 18.5: Underweight  
 18.5 - 24.9: Normal  
 25.0 - 29.9: Overweight  
 30.0 and Above: Obese

**GENERAL EXAMINATION**

MENTAL / EMOTIONAL STATE	NORMAL
PHYSICAL ATTITUDE	NORMAL
GENERAL APPEARANCE / NUTRITIONAL STATUS	HEALTHY
BUILT / SKELETAL FRAMEWORK	AVERAGE
FACIAL APPEARANCE	NORMAL
SKIN	NORMAL
UPPER LIMB	NORMAL
LOWER LIMB	NORMAL
NECK	NORMAL
NECK LYMPHATICS / SALIVARY GLANDS	NOT ENLARGED OR TENDER
THYROID GLAND	NOT ENLARGED
CAROTID PULSATION	NORMAL
TEMPERATURE	NORMAL



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**PERFORMED AT :**

Agilus Diagnostics Ltd.  
 S.K. Tower, Hari Niwas, Lbs Marg  
 Thane, 400602  
 Maharashtra, India  
 Tel : 9111591115, Fax : CIN - U74899PB1995PLC045956  
 Email : customercare.thane@agilus.in



**Patient Ref. No. 775000005283335**

**PATIENT NAME : MR. RAKESH BHAGESHWAR NANDANWAR**      **REF. DOCTOR : SELF**

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PULSE 76/MINREGULAR, ALL PERIPHERAL PULSES WELL FELT, NO CAROTID BRUIT

RESPIRATORY RATE NORMAL

**CARDIOVASCULAR SYSTEM**

BP 122/80 MM HG mm/Hg  
(SUPINE)

PERICARDIUM NORMAL  
 APEX BEAT NORMAL  
 HEART SOUNDS NORMAL  
 MURMURS ABSENT

**RESPIRATORY SYSTEM**

SIZE AND SHAPE OF CHEST NORMAL  
 MOVEMENTS OF CHEST SYMMETRICAL  
 BREATH SOUNDS INTENSITY NORMAL  
 BREATH SOUNDS QUALITY VESICULAR (NORMAL)  
 ADDED SOUNDS ABSENT

**PER ABDOMEN**

APPEARANCE NORMAL  
 VENOUS PROMINENCE ABSENT  
 LIVER NOT PALPABLE  
 SPLEEN NOT PALPABLE  
 HERNIA ABSENT

**CENTRAL NERVOUS SYSTEM**

HIGHER FUNCTIONS NORMAL  
 CRANIAL NERVES NORMAL  
 CEREBELLAR FUNCTIONS NORMAL  
 SENSORY SYSTEM NORMAL  
 MOTOR SYSTEM NORMAL  
 REFLEXES NORMAL

**MUSCULOSKELETAL SYSTEM**

SPINE NORMAL  
 JOINTS NORMAL

**BASIC EYE EXAMINATION**



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ARCOFEMI HEALTHCARE LTD (MEDIWHEEL F-703, F-703, LADO SARAI, MEHRAULISOUTH WEST DELHI NEW DELHI 110030 8800465156		AGE/SEX : 33 Years Male DRAWN : 31/10/2023 09:00:00 RECEIVED : 31/10/2023 09:07:40 REPORTED : 01/11/2023 13:17:10	
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CONJUNCTIVA		NORMAL		
EYELIDS		NORMAL		
EYE MOVEMENTS		NORMAL		
CORNEA		NORMAL		
DISTANT VISION RIGHT EYE WITHOUT GLASSES		WITHIN NORMAL LIMIT		
DISTANT VISION LEFT EYE WITHOUT GLASSES		WITHIN NORMAL LIMIT		
NEAR VISION RIGHT EYE WITHOUT GLASSES		WITHIN NORMAL LIMIT		
NEAR VISION LEFT EYE WITHOUT GLASSES		WITHIN NORMAL LIMIT		
COLOUR VISION		NORMAL		

**SUMMARY**

RELEVANT HISTORY	NOT SIGNIFICANT
RELEVANT GP EXAMINATION FINDINGS	NOT SIGNIFICANT
REMARKS / RECOMMENDATIONS	TO DO S.IRON STUDIES. REPEAT CBC,TSH,SR.POTASSIUM AFTER 3 MONTHS OF DIET AND EXERCISE. AVOID HIGH POTASSIUM CANTAINING FOODS. LIKE BANANAS,COCOUNT WATER.



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**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE**

**ULTRASOUND ABDOMEN**

**ULTRASOUND ABDOMEN**

~~NO ABNORMALITIES DETECTED~~

**TMT OR ECHO**

**CLINICAL PROFILE**

~~NEGATIVE~~

**Interpretation(s)**

MEDICAL

HISTORY-\*\*\*\*\*  
THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

\*\*\*\*\*

**\*\*End Of Report\*\***

Please visit [www.agilusdiagnostics.com](http://www.agilusdiagnostics.com) for related Test Information for this accession

**CONDITIONS OF LABORATORY TESTING & REPORTING**

- |  |  |
|--|--|
| <ol style="list-style-type: none"> <li>1. It is presumed that the test sample belongs to the patient named or identified in the test requisition form.</li> <li>2. All tests are performed and reported as per the turnaround time stated in the AGILUS Directory of Services.</li> <li>3. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event.</li> <li>4. A requested test might not be performed if:             <ol style="list-style-type: none"> <li>i. Specimen received is insufficient or inappropriate</li> <li>ii. Specimen quality is unsatisfactory</li> <li>iii. Incorrect specimen type</li> <li>iv. Discrepancy between identification on specimen container label and test requisition form</li> </ol> </li> </ol> | <ol style="list-style-type: none"> <li>5. AGILUS Diagnostics confirms that all tests have been performed or assayed with highest quality standards, clinical safety &amp; technical integrity.</li> <li>6. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis.</li> <li>7. Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification.</li> <li>8. Test results cannot be used for Medico legal purposes.</li> <li>9. In case of queries please call customer care (91115 91115) within 48 hours of the report.</li> </ol> |
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**Agilus Diagnostics Ltd**

Fortis Hospital, Sector 62, Phase VIII,  
Mohali 160062



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**HAEMATOLOGY - CBC**

**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE**

**BLOOD COUNTS, EDTA WHOLE BLOOD**

<b>HEMOGLOBIN (HB)</b> <small>METHOD : SLS- HEMOGLOBIN DETECTION METHOD</small>	<b>12.5 Low</b>	13.0 - 17.0	g/dL
<b>RED BLOOD CELL (RBC) COUNT</b> <small>METHOD : HYDRODYNAMIC FOCUSING BY DC DETECTION</small>	<b>6.12 High</b>	4.5 - 5.5	mil/ $\mu$ L
<b>WHITE BLOOD CELL (WBC) COUNT</b> <small>METHOD : FLUORESCENCE FLOW CYTOMETRY</small>	6.67	4.0 - 10.0	thou/ $\mu$ L
<b>PLATELET COUNT</b> <small>METHOD : HYDRODYNAMIC FOCUSING BY DC DETECTION</small>	191	150 - 410	thou/ $\mu$ L

**RBC AND PLATELET INDICES**

<b>HEMATOCRIT (PCV)</b> <small>METHOD : CUMULATIVE PULSE HEIGHT DETECTION METHOD</small>	40.8	40.0 - 50.0	%
<b>MEAN CORPUSCULAR VOLUME (MCV)</b> <small>METHOD : CALCULATED FROM RBC &amp; HCT</small>	<b>66.7 Low</b>	83.0 - 101.0	fL
<b>MEAN CORPUSCULAR HEMOGLOBIN (MCH)</b> <small>METHOD : CALCULATED FROM THE RBC &amp; HGB</small>	<b>20.4 Low</b>	27.0 - 32.0	pg
<b>MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION (MCHC)</b> <small>METHOD : CALCULATED FROM THE HGB &amp; HCT</small>	<b>30.6 Low</b>	31.5 - 34.5	g/dL
<b>RED CELL DISTRIBUTION WIDTH (RDW)</b> <small>METHOD : CALCULATED FROM RBC SIZE DISTRIBUTION CURVE</small>	<b>18.3 High</b>	11.6 - 14.0	%
<b>MENTZER INDEX</b>	10.9		

**WBC DIFFERENTIAL COUNT**

<b>NEUTROPHILS</b> <small>METHOD : FLOW CYTOMETRY WITH LIGHT SCATTERING</small>	58	40 - 80	%
<b>LYMPHOCYTES</b> <small>METHOD : FLOW CYTOMETRY WITH LIGHT SCATTERING</small>	33	20 - 40	%
<b>MONOCYTES</b> <small>METHOD : FLOW CYTOMETRY WITH LIGHT SCATTERING</small>	7	2 - 10	%
<b>EOSINOPHILS</b> <small>METHOD : FLOW CYTOMETRY WITH LIGHT SCATTERING</small>	2	1 - 6	%
<b>BASOPHILS</b> <small>METHOD : FLOW CYTOMETRY WITH LIGHT SCATTERING</small>	0	0 - 1	%

**Dr. Priyal Chinchkhede, MD**  
Consultant Pathologist



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MC-5751



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ABSOLUTE NEUTROPHIL COUNT		3.87	2.0 - 7.0	thou/μL
METHOD : FLOW CYTOMETRY WITH LIGHT SCATTERING				
ABSOLUTE LYMPHOCYTE COUNT		2.22	1.0 - 3.0	thou/μL
METHOD : FLOW CYTOMETRY WITH LIGHT SCATTERING				
ABSOLUTE MONOCYTE COUNT		0.45	0.2 - 1.0	thou/μL
METHOD : FLOW CYTOMETRY WITH LIGHT SCATTERING				
ABSOLUTE EOSINOPHIL COUNT		0.13	0.02 - 0.50	thou/μL
METHOD : FLOW CYTOMETRY WITH LIGHT SCATTERING				
ABSOLUTE BASOPHIL COUNT		<b>0 Low</b>	0.02 - 0.10	thou/μL
METHOD : FLOW CYTOMETRY WITH LIGHT SCATTERING				
NEUTROPHIL LYMPHOCYTE RATIO (NLR)		1.7		
<b>MORPHOLOGY</b>				
RBC		MICROCYTOSIS AND ANISOCYTOSIS		
WBC		NORMAL MORPHOLOGY		
METHOD : MICROSCOPIC EXAMINATION				
PLATELETS		ADEQUATE		

**Interpretation(s)**

BLOOD COUNTS,EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.  
RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.  
WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.  
(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients A.-P. Yang, et al. International Immunopharmacology 84 (2020) 106504  
This ratio element is a calculated parameter and out of NABL scope.

**Dr. Priyal Chinchkhede, MD**  
**Consultant Pathologist**



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MC-5751



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**ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD-TEST DESCRIPTION :-**  
Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change.

**TEST INTERPRETATION**

**Increase** in: Infections, Vasculitides, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum.

**Decreased** in: Polycythemia vera, Sickle cell anemia

**LIMITATIONS**

**False elevated** ESR : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia

**False Decreased** : Poikilocytosis,(SickleCells,spherocytes),Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine,

salicylates)

**REFERENCE :**

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition.

**GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-Used For:**

1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.
2. Diagnosing diabetes.
3. Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

1. eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.
2. eAG gives an evaluation of blood glucose levels for the last couple of months.
3. eAG is calculated as eAG (mg/dl) = 28.7 \* HbA1c - 46.7

**HbA1c Estimation can get affected due to :**

1. Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss,hemolytic anemia) will falsely lower HbA1c test results.Fructosamine is recommended in these patients which indicates diabetes control over 15 days.
- 2.Vitamin C & E are reported to falsely lower test results.(possibly by inhibiting glycation of hemoglobin.
3. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia,uremia, hyperbilirubinemia, chronic alcoholism,chronic ingestion of salicylates & opiates addition are reported to interfere with some assay methods,falsely increasing results.
4. Interference of hemoglobinopathies in HbA1c estimation is seen in

- a) Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.
- b) Heterozygous state detected (D10 is corrected for HbS & HbC trait.)
- c) HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

**Dr.Priyal Chinchkhede, MD**  
**Consultant Pathologist**



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**IMMUNOHAEMATOLOGY**

**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE**

**ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**

<b>ABO GROUP</b>	TYPE O
METHOD : GEL COLUMN AGGLUTINATION METHOD.	
<b>RH TYPE</b>	POSITIVE
METHOD : GEL COLUMN AGGLUTINATION METHOD.	

**Interpretation(s)**

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

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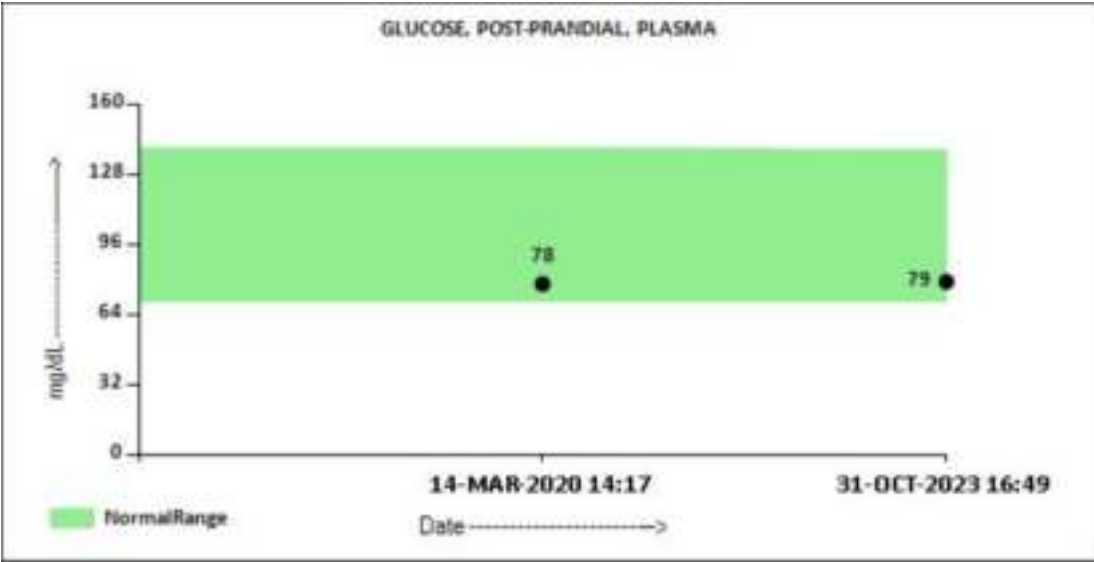
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**LIPID PROFILE WITH CALCULATED LDL**

<b>CHOLESTEROL, TOTAL</b>	109	Desirable : < 200 Borderline : 200 - 239 High : > / = 240	mg/dL
METHOD : ENZYMATIC COLORIMETRIC ASSAY			
<b>TRIGLYCERIDES</b>	72	Normal: < 150 Borderline high: 150 - 199 High: 200 - 499 Very High: >/= 500	mg/dL
METHOD : ENZYMATIC COLORIMETRIC ASSAY			
<b>HDL CHOLESTEROL</b>	<b>30 Low</b>	At Risk: < 40 Desirable: > or = 60	mg/dL
METHOD : ENZYMATIC, COLORIMETRIC			
<b>CHOLESTEROL LDL</b>	65	Adult levels: Optimal < 100 Near optimal/above optimal: 100-129 Borderline high : 130-159 High : 160-189 Very high : = 190	mg/dL
METHOD : ENZYMATIC COLORIMETRIC ASSAY			

**Dr. Ushma Wartikar, MD**  
 Consultant Pathologist

**Dr. Priyal Chinchkhede, MD**  
 Consultant Pathologist

**Dr. (Mrs) Neelu K Bhojani**  
 Lab Head



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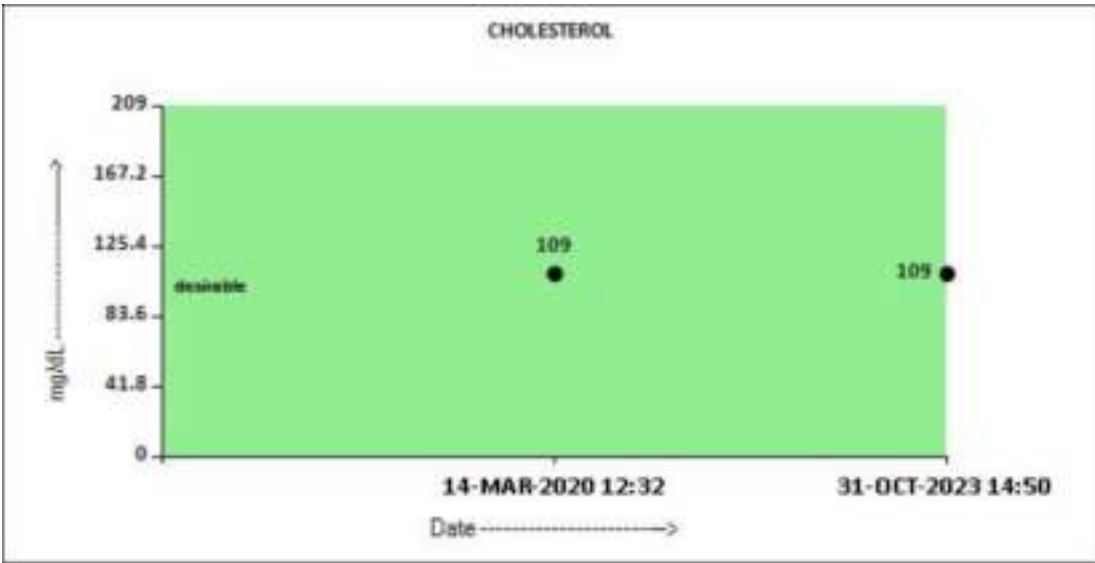
**PATIENT NAME : MR. RAKESH BHAGESHWAR NANDANWAR**      **REF. DOCTOR : SELF**

**CODE/NAME & ADDRESS : C000138394**  
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 F-703, F-703, LADO SARAI, MEHRAULISOUTH WEST  
 DELHI  
 NEW DELHI 110030  
 8800465156

**ACCESSION NO : 0181WJ001010**  
**PATIENT ID : FH.8178815**  
**CLIENT PATIENT ID:**  
**ABHA NO :**

**AGE/SEX : 33 Years Male**  
**DRAWN : 31/10/2023 09:00:00**  
**RECEIVED : 31/10/2023 09:07:40**  
**REPORTED : 01/11/2023 13:17:10**

Test Report Status	Final	Results	Biological Reference Interval	Units
NON HDL CHOLESTEROL		79	Desirable : < 130 Above Desirable : 130 -159 Borderline High : 160 - 189 High : 190 - 219 Very high : > / = 220	mg/dL
VERY LOW DENSITY LIPOPROTEIN CHOL/HDL RATIO		14.4	< OR = 30.0	mg/dL
		3.6	Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0	
LDL/HDL RATIO		2.2	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk	



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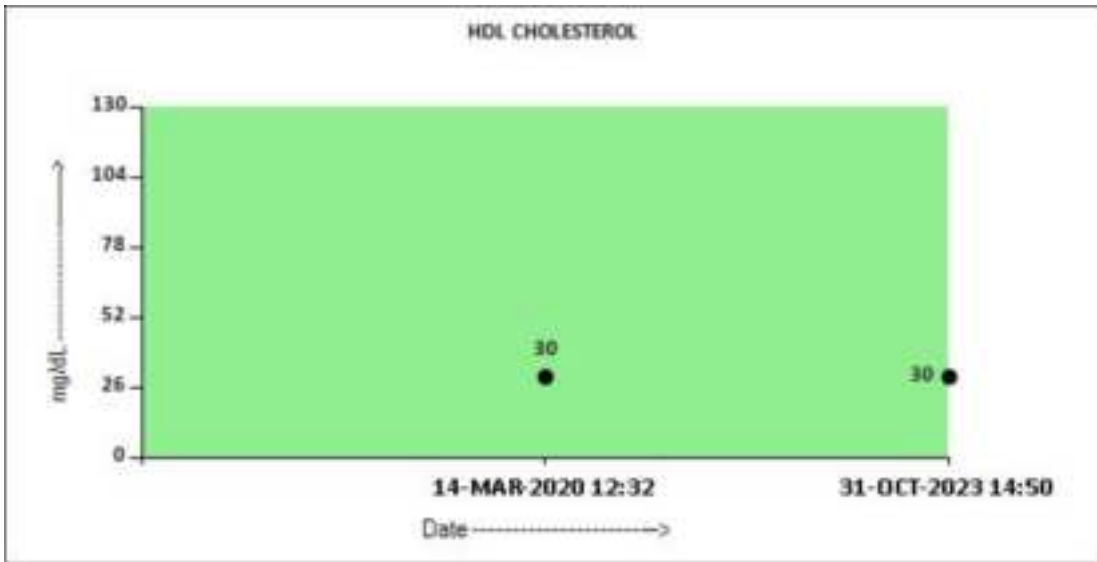
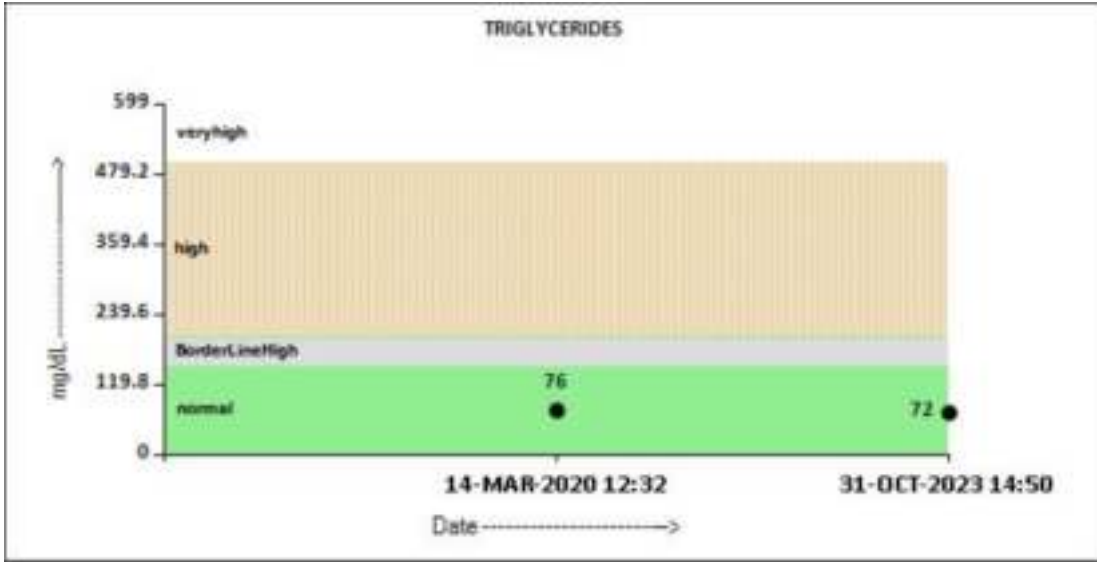
**Patient Ref. No. 775000005283335**



MC-5751

<b>PATIENT NAME : MR. RAKESH BHAGESHWAR NANDANWAR</b>		<b>REF. DOCTOR : SELF</b>
<b>CODE/NAME &amp; ADDRESS : C000138394</b>	<b>ACCESSION NO : 0181WJ001010</b>	<b>AGE/SEX : 33 Years Male</b>
ARCOFEMI HEALTHCARE LTD (MEDIWHEEL F-703, F-703, LADO SARAI, MEHRAULISOUTH WEST DELHI NEW DELHI 110030 8800465156	<b>PATIENT ID : FH.8178815</b>	<b>DRAWN : 31/10/2023 09:00:00</b>
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Test Report Status	Final	Results	Biological Reference Interval	Units
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**Interpretation(s)**

**Dr. Ushma Wartikar, MD**  
Consultant Pathologist

**Dr. Priyal Chinchkhede, MD**  
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**Patient Ref. No. 775000005283335**



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<b>CODE/NAME &amp; ADDRESS :</b> C000138394 ARCOFEMI HEALTHCARE LTD (MEDIWHEEL F-703, F-703, LADO SARAI, MEHRAULISOUTH WEST DELHI NEW DELHI 110030 8800465156	<b>ACCESSION NO :</b> <b>0181WJ001010</b> <b>PATIENT ID :</b> FH.8178815 <b>CLIENT PATIENT ID :</b> <b>ABHA NO :</b>	<b>AGE/SEX :</b> 33 Years Male <b>DRAWN :</b> 31/10/2023 09:00:00 <b>RECEIVED :</b> 31/10/2023 09:07:40 <b>REPORTED :</b> 01/11/2023 13:17:10

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Serum lipid profile is measured for cardiovascular risk prediction. Lipid Association of India recommends LDL-C as primary target and Non HDL-C as co-primary treatment target.

**Risk Stratification for ASCVD (Atherosclerotic cardiovascular disease) by Lipid Association of India**

Risk Category	
Extreme risk group	A. CAD with > 1 feature of high risk group B. CAD with > 1 feature of Very high risk group or recurrent ACS (within 1 year) despite LDL-C < or = 50 mg/dl or polyvascular disease
Very High Risk	1. Established ASCVD 2. Diabetes with 2 major risk factors or evidence of end organ damage 3. Familial Homozygous Hypercholesterolemia
High Risk	1. Three major ASCVD risk factors. 2. Diabetes with 1 major risk factor or no evidence of end organ damage. 3. CKD stage 3B or 4. 4. LDL >190 mg/dl 5. Extreme of a single risk factor. 6. Coronary Artery Calcium - CAC >300 AU. 7. Lipoprotein a >/- 50mg/dl 8. Non stenotic carotid plaque
Moderate Risk	2 major ASCVD risk factors
Low Risk	0-1 major ASCVD risk factors
Major ASCVD (Atherosclerotic cardiovascular disease) Risk Factors	
1. Age > or = 45 years in males and > or = 55 years in females	3. Current Cigarette smoking or tobacco use
2. Family history of premature ASCVD	4. High blood pressure
5. Low HDL	

**Newer treatment goals and statin initiation thresholds based on the risk categories proposed by LAI in 2020.**

Risk Group	Treatment Goals		Consider Drug Therapy	
	LDL-C (mg/dl)	Non-HDL (mg/dl)	LDL-C (mg/dl)	Non-HDL (mg/dl)
Extreme Risk Group Category A	<50 (Optional goal < OR = 30 )	< 80 (Optional goal <OR = 60)	>OR = 50	>OR = 80
Extreme Risk Group Category B	<OR = 30	<OR = 60	> 30	>60
Very High Risk	<50	<80	>OR= 50	>OR= 80
High Risk	<70	<100	>OR= 70	>OR= 100
Moderate Risk	<100	<130	>OR= 100	>OR= 130
Low Risk	<100	<130	>OR= 130*	>OR= 160

\*After an adequate non-pharmacological intervention for at least 3 months.

**References:** Management of Dyslipidaemia for the Prevention of Stroke: Clinical Practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology, 2022, 20, 134-155.

**LIVER FUNCTION PROFILE, SERUM**

BILIRUBIN, TOTAL METHOD : COLORIMETRIC DIAZO	<b>1.30 High</b>	Upto 1.2	mg/dL
BILIRUBIN, DIRECT	<b>0.93 High</b>	< 0.30	mg/dL
BILIRUBIN, INDIRECT	0.37	0.1 - 1.0	mg/dL
TOTAL PROTEIN METHOD : COLORIMETRIC	<b>8.7 High</b>	6.0 - 8.0	g/dL
ALBUMIN METHOD : COLORIMETRIC	<b>5.5 High</b>	3.97 - 4.94	g/dL
GLOBULIN	3.2	2.0 - 3.5	g/dL

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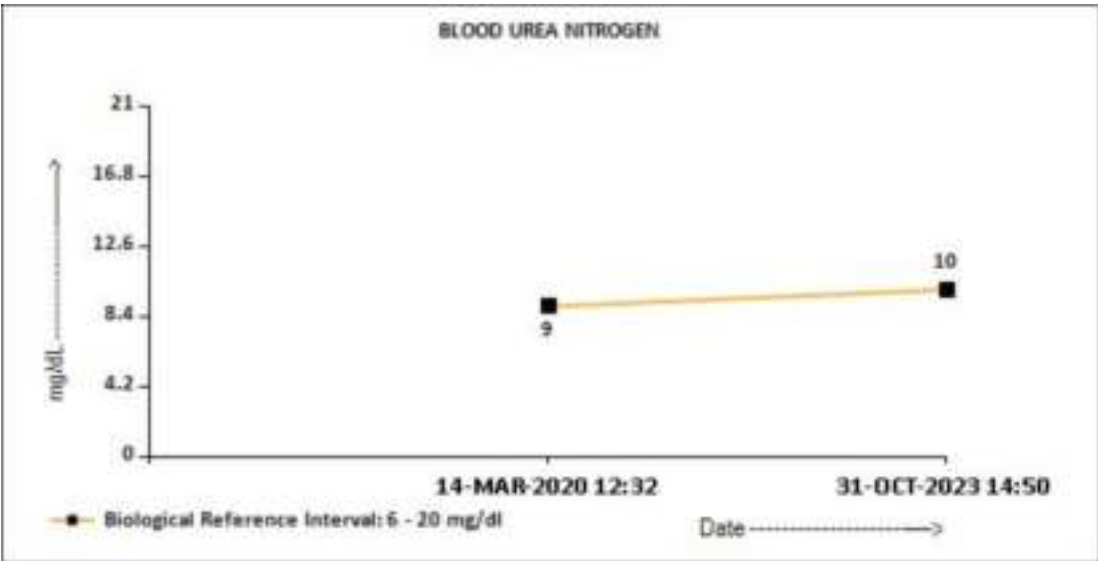


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**CODE/NAME & ADDRESS : C000138394**      **ACCESSION NO : 0181WJ001010**      **AGE/SEX : 33 Years Male**  
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 F-703, F-703, LADO SARAI, MEHRAULISOUTH WEST      **CLIENT PATIENT ID:**      **RECEIVED : 31/10/2023 09:07:40**  
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Test Report Status	Final	Results	Biological Reference Interval	Units
ALBUMIN/GLOBULIN RATIO		1.7	1.0 - 2.1	RATIO
ASPARTATE AMINOTRANSFERASE(AST/SGOT)		25	< OR = 50	U/L
METHOD : UV ABSORBANCE				
ALANINE AMINOTRANSFERASE (ALT/SGPT)		34	< OR = 50	U/L
METHOD : UV ABSORBANCE				
ALKALINE PHOSPHATASE		76	40 - 129	U/L
METHOD : COLORIMETRIC				
GAMMA GLUTAMYL TRANSFERASE (GGT)		18	0 - 60	U/L
METHOD : ENZYMATIC, COLORIMETRIC				
LACTATE DEHYDROGENASE		171	125 - 220	U/L
METHOD : UV ABSORBANCE				
<b>BLOOD UREA NITROGEN (BUN), SERUM</b>				
BLOOD UREA NITROGEN		10	6 - 20	mg/dL
METHOD : ENZYMATIC ASSAY				



Test Report Status	Final	Results	Biological Reference Interval	Units
CREATININE, SERUM		0.84	0.7 - 1.2	mg/dL
METHOD : COLORIMETRIC				

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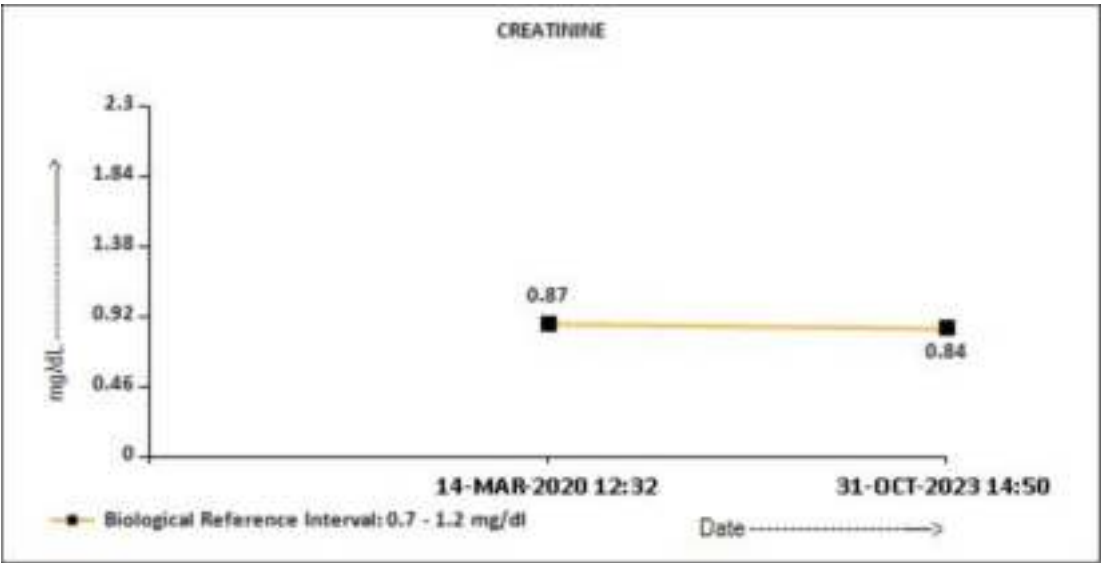
MC-5751



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<b>BUN/CREAT RATIO</b>				
BUN/CREAT RATIO	11.90	8.0 - 15.0		
<b>URIC ACID, SERUM</b>				
URIC ACID	4.7	3.4 - 7.0	mg/dL	
METHOD : ENZYMATIC COLORIMETRIC ASSAY				
<b>TOTAL PROTEIN, SERUM</b>				
TOTAL PROTEIN	<b>8.7 High</b>	6.0 - 8.0	g/dL	
METHOD : COLORIMETRIC				
<b>ALBUMIN, SERUM</b>				
ALBUMIN	<b>5.5 High</b>	3.97 - 4.94	g/dL	
METHOD : COLORIMETRIC				
<b>GLOBULIN</b>				
GLOBULIN	3.2	2.0 - 3.5	g/dL	
<b>ELECTROLYTES (NA/K/CL), SERUM</b>				

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Test Report Status	Final	Results	Biological Reference Interval	Units
SODIUM, SERUM		139	136 - 145	mmol/L
METHOD : ION SELECTIVE ELECTRODE TECHNOLOGY				
POTASSIUM, SERUM		<b>5.55 High</b>	3.5 - 5.1	mmol/L
METHOD : ION SELECTIVE ELECTRODE TECHNOLOGY				
CHLORIDE, SERUM		103	98 - 107	mmol/L
METHOD : ION SELECTIVE ELECTRODE TECHNOLOGY				

**Interpretation(s)**

Sodium	Potassium	Chloride
<b>Decreased in:</b> CCF,cirrhosis, vomiting, diarrhea, excessive sweating, salt-losing nephropathy,adrenal insufficiency, nephrotic syndrome, water intoxication, SIADH. Drugs: thiazides, diuretics, ACE inhibitors, chlorpropamide,carbamazepine,anti depressants (SSRI), antipsychotics.	<b>Decreased in:</b> Low potassium intake,prolonged vomiting or diarrhea, RTA types I and II, hyperaldosteronism, Cushing's syndrome,osmotic diuresis (e.g., hyperglycemia),alkalosis, familial periodic paralysis,trauma (transient).Drugs: Adrenergic agents, diuretics.	<b>Decreased in:</b> Vomiting, diarrhea, renal failure combined with salt deprivation, over-treatment with diuretics, chronic respiratory acidosis, diabetic ketoacidosis, excessive sweating, SIADH, salt-losing nephropathy, porphyria, expansion of extracellular fluid volume, adrenalininsufficiency, hyperaldosteronism,metabolic alkalosis. Drugs: chronic laxative,corticosteroids, diuretics.
<b>Increased in:</b> Dehydration (excessivesweating, severe vomiting or diarrhea),diabetes mellitus, diabetesinsipidus, hyperaldosteronism, inadequate water intake. Drugs: steroids, licorice,oral contraceptives.	<b>Increased in:</b> Massive hemolysis, severe tissue damage, rhabdomyolysis, acidosis, dehydration,renal failure, Addison' s disease, RTA type IV, hyperkalemic familial periodic paralysis. Drugs: potassium salts, potassium- sparing diuretics,NSAIDs, beta-blockers, ACE inhibitors, high-dose trimethoprim-sulfamethoxazole.	<b>Increased in:</b> Renal failure, nephrotic syndrome, RTA,dehydration, overtreatment with saline,hyperparathyroidism, diabetes insipidus, metabolic acidosis from diarrhea (Loss of HCO3-), respiratory alkalosis,hyperadrenocorticism. Drugs: acetazolamide,androgens, hydrochlorothiazide,salicylates.
<b>Interferences:</b> Severe lipemia or hyperproteinemi, if sodium analysis involves a dilution step can cause spurious results. The serum sodium falls about 1.6 mEq/L for each 100 mg/dL increase in blood glucose.	<b>Interferences:</b> Hemolysis of sample, delayed separation of serum, prolonged fist clenching during blood drawing, and prolonged tourniquet placement. Very high WBC/PLT counts may cause spurious. Plasma potassium levels are normal.	<b>Interferences:</b> Test is helpful in assessing normal and increased anion gap metabolic acidosis and in distinguishing hypercalcemia due to hyperparathyroidism (high serum chloride) from that due to malignancy (Normal serum chloride)

**Interpretation(s)**

**GLUCOSE FASTING,FLUORIDE PLASMA-TEST DESCRIPTION**

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

**Increased in:**Diabetes mellitus, Cushing' s syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides.

**Decreased in :**Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency,hypopituitarism,diffuse liver disease, malignancy(adrenocortical,stomach,fibrosarcoma),infant of a diabetic mother,enzyme deficiency diseases(e.g.galactosemia),Drugs-insulin,ethanol,propranolol sulfonylureas,tolbutamide,and other oral hypoglycemic agents.

**NOTE:** While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values),there is wide fluctuation within individuals.Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment,Renal Glycosuria,Glycaemic index & response to food consumed,Alimentary Hypoglycemia,Increased insulin response & sensitivity etc.

**Dr. Ushma Wartikar, MD**  
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**Lab Head**



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MC-5751



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GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-

**Bilirubin** is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. **Elevated levels** results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors & Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

**AST** is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health. AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

**ALP** is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Pagets disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilsons disease.

**GGT** is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc.

**Total Protein** also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

**Albumin** is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc

**BLOOD UREA NITROGEN (BUN), SERUM- Causes of Increased levels** include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)

**Causes of decreased level** include Liver disease, SIADH.

**CREATININE, SERUM- Higher than normal level may be due to:**

- Blockage in the urinary tract, Kidney problems, such as kidney damage or failure, infection, or reduced blood flow, Loss of body fluid (dehydration), Muscle problems, such as breakdown of muscle fibers, Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

**Lower than normal level may be due to:** • Myasthenia Gravis, Muscuophy

**URIC ACID, SERUM- Causes of Increased levels:** Dietary (High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2 DM, Metabolic syndrome **Causes of decreased levels:** Low Zinc intake, OCP, Multiple Sclerosis

**TOTAL PROTEIN, SERUM-** is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin.

**Higher-than-normal levels may be due to:** Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease.

**Lower-than-normal levels may be due to:** Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

**ALBUMIN, SERUM-** Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. **Low blood albumin levels (hypoalbuminemia) can be caused by:** Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

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<b>CODE/NAME &amp; ADDRESS : C000138394</b>		<b>ACCESSION NO : 0181WJ001010</b>	
ARCOFEMI HEALTHCARE LTD (MEDIWHEEL F-703, F-703, LADO SARAI, MEHRAULISOUTH WEST DELHI NEW DELHI 110030 8800465156		AGE/SEX : 33 Years Male DRAWN : 31/10/2023 09:00:00 RECEIVED : 31/10/2023 09:07:40 REPORTED : 01/11/2023 13:17:10	
		PATIENT ID : FH.8178815	
		CLIENT PATIENT ID:	
		ABHA NO :	

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**CLINICAL PATH - URINALYSIS**

**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE**

**PHYSICAL EXAMINATION, URINE**

COLOR PALE YELLOW  
METHOD : MICROSCOPIC EXAMINATION

APPEARANCE CLEAR  
METHOD : MICROSCOPIC EXAMINATION

**CHEMICAL EXAMINATION, URINE**

PH 6.0 5.00 - 7.50  
METHOD : METHYL RED & BROMOTHYMOL BLUE

SPECIFIC GRAVITY **1.005 Low** 1.010 - 1.030

PROTEIN NOT DETECTED NOT DETECTED  
METHOD : TETRA BROMOPHENOL BLUE/SULFOSALICYLIC ACID

GLUCOSE NOT DETECTED NOT DETECTED  
METHOD : GLUCOSE OXIDASE / PEROXIDASE (GOD - POD) METHOD

KETONES NOT DETECTED NOT DETECTED  
METHOD : SODIUM NITROPRUSSIDE REACTION

BLOOD NOT DETECTED NOT DETECTED  
METHOD : STRIP TEST - DIAZONIUM SALT COUPLING

UROBILINOGEN NORMAL NORMAL  
METHOD : CAFFEINE BENZOATE

NITRITE NOT DETECTED NOT DETECTED  
METHOD : STRIP NAPHTHOETHYLENEDIAMINE HYDROCHLORIDE,TATTANIC ACID

LEUKOCYTE ESTERASE NOT DETECTED NOT DETECTED  
METHOD : STRIP HETROCYCLIC CARBOXYLIC ACID ESTER ,DIAZONIUM SALT

**MICROSCOPIC EXAMINATION, URINE**

RED BLOOD CELLS NOT DETECTED NOT DETECTED /HPF  
METHOD : MICROSCOPIC EXAMINATION

PUS CELL (WBC'S) 0-1 0-5 /HPF  
METHOD : MICROSCOPIC EXAMINATION

EPITHELIAL CELLS 1-2 0-5 /HPF  
METHOD : MICROSCOPIC EXAMINATION

CASTS NOT DETECTED

CRYSTALS NOT DETECTED

**Dr. Priyak Chinchkhede, MD**  
Consultant Pathologist

**Dr. Ushma Wartikar, MD**  
Consultant Pathologist

**Dr. (Mrs) Neelu K Bhojani**  
Lab Head



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METHOD : MICROSCOPIC EXAMINATION  
**BACTERIA**      NOT DETECTED      NOT DETECTED  
 METHOD : MICROSCOPIC EXAMINATION  
**YEAST**      NOT DETECTED      NOT DETECTED

**Interpretation(s)**

The following table describes the probable conditions, in which the analytes are present in urine

Presence of	Conditions
Proteins	Inflammation or immune illnesses
Pus (White Blood Cells)	Urinary tract infection, urinary tract or kidney stone, tumors or any kind of kidney impairment
Glucose	Diabetes or kidney disease
Ketones	Diabetic ketoacidosis (DKA), starvation or thirst
Urobilinogen	Liver disease such as hepatitis or cirrhosis
Blood	Renal or genital disorders/trauma
Bilirubin	Liver disease
Erythrocytes	Urological diseases (e.g. kidney and bladder cancer, urolithiasis), urinary tract infection and glomerular diseases
Leukocytes	Urinary tract infection, glomerulonephritis, interstitial nephritis either acute or chronic, polycystic kidney disease, urolithiasis, contamination by genital secretions
Epithelial cells	Urolithiasis, bladder carcinoma or hydronephrosis, ureteric stents or bladder catheters for prolonged periods of time
Granular Casts	Low intratubular pH, high urine osmolality and sodium concentration, interaction with Bence-Jones protein
Hyaline casts	Physical stress, fever, dehydration, acute congestive heart failure, renal diseases
Calcium oxalate	Metabolic stone disease, primary or secondary hyperoxaluria, intravenous infusion of large doses of vitamin C, the use of vasodilator naftidrofuryl oxalate or the gastrointestinal lipase inhibitor orlistat, ingestion of ethylene glycol or of star fruit (Averrhoa carambola) or its juice
Uric acid	arthritis
Bacteria	Urinary infection when present in significant numbers & with pus cells.
Trichomonas vaginalis	Vaginitis, cervicitis or salpingitis

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**Consultant Pathologist**

**Dr. Ushma Wartikar, MD**  
**Consultant Pathologist**

**Dr. (Mrs) Neelu K Bhojani**  
**Lab Head**



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**Patient Ref. No. 775000005283335**



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**CLINICAL PATH - STOOL ANALYSIS**

**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE**

**PHYSICAL EXAMINATION,STOOL**

COLOUR METHOD : VISUAL	BROWN		
CONSISTENCY METHOD : VISUAL	SEMI FORMED		
MUCUS METHOD : VISUAL	NOT DETECTED	NOT DETECTED	
VISIBLE BLOOD METHOD : VISUAL	ABSENT	ABSENT	

**CHEMICAL EXAMINATION,STOOL**

STOOL PH METHOD : USING PH PAPER	6.5		
OCCULT BLOOD METHOD : HEMOSPOT	NOT DETECTED	NOT DETECTED	

**MICROSCOPIC EXAMINATION,STOOL**

PUS CELLS METHOD : MICROSCOPIC EXAMINATION	1-2		/hpf
RED BLOOD CELLS METHOD : MICROSCOPIC EXAMINATION	NOT DETECTED	NOT DETECTED	/HPF
CYSTS METHOD : MICROSCOPIC EXAMINATION	NOT DETECTED	NOT DETECTED	
OVA METHOD : MICROSCOPIC EXAMINATION	NOT DETECTED		
LARVAE METHOD : MICROSCOPIC EXAMINATION	NOT DETECTED	NOT DETECTED	
TROPHOZOITES METHOD : MICROSCOPIC EXAMINATION	NOT DETECTED	NOT DETECTED	
FAT	ABSENT		
VEGETABLE CELLS	ABSENT		
CONCENTRATION METHOD	NO OVA & CYST SEEN AFTER PERFORMING CONCENTRATION TECHNIQUE FOR STOOL SAMPLE.		

**Interpretation(s)**

Stool routine analysis is only a screening test for disorders of gastrointestinal tract like infection, malabsorption, etc.The following

*Signature*  
**Dr. Sheetal Sawant, MD**  
**Consultant Microbiologist**



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**PATIENT NAME : MR. RAKESH BHAGESHWAR NANDANWAR**      **REF. DOCTOR : SELF**  
**CODE/NAME & ADDRESS : C000138394**      **ACCESSION NO : 0181WJ001010**      **AGE/SEX : 33 Years Male**  
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table describes the probable conditions, in which the analytes are present in stool.

PRESENCE OF	CONDITION
<b>Pus cells</b>	Pus in the stool is an indication of infection
<b>Red Blood cells</b>	Parasitic or bacterial infection or an inflammatory bowel condition such as ulcerative colitis
<b>Parasites</b>	Infection of the digestive system. Stool examination for ova and parasite detects presence of parasitic infestation of gastrointestinal tract. Various forms of parasite that can be detected include cyst, trophozoite and larvae. One negative result does not rule out the possibility of parasitic infestation. Intermittent shedding of parasites warrants examinations of multiple specimens tested on consecutive days. Stool specimens for parasitic examination should be collected before initiation of antidiarrheal therapy or antiparasitic therapy. This test does not detect presence of opportunistic parasites like Cyclospora, Cryptosporidia and Isospora species. Examination of Ova and Parasite has been carried out by direct and concentration techniques.
<b>Mucus</b>	Mucus is a protective layer that lubricates, protects & reduces damage due to bacteria or viruses.
<b>Charcot-Leyden crystal</b>	Parasitic diseases.
<b>Ova &amp; cyst</b>	Ova & cyst indicate parasitic infestation of intestine.
<b>Frank blood</b>	Bleeding in the rectum or colon.
<b>Occult blood</b>	Occult blood indicates upper GI bleeding.
<b>Macrophages</b>	Macrophages in stool are an indication of infection as they are protective cells.
<b>Epithelial cells</b>	Epithelial cells that normally line the body surface and internal organs show up in stool when there is inflammation or infection.
<b>Fat</b>	Increased fat in stool maybe seen in conditions like diarrhoea or malabsorption.
<b>pH</b>	Normal stool pH is slightly acidic to neutral. Breast-fed babies generally have an acidic stool.

**ADDITIONAL STOOL TESTS :**

- 1. Stool Culture:-** This test is done to find cause of GI infection, make decision about best treatment for GI infection & to find out if treatment for GI infection worked.
- 2. Fecal Calprotectin:** It is a marker of intestinal inflammation. This test is done to differentiate Inflammatory Bowel Disease (IBD) from Irritable Bowel Syndrome (IBS).
- 3. Fecal Occult Blood Test (FOBT):** This test is done to screen for colon cancer & to evaluate possible cause of unexplained anaemia.
- 4. Clostridium Difficile Toxin Assay:** This test is strongly recommended in healthcare associated bloody or watery diarrhoea, due to overuse of broad spectrum antibiotics which alter the normal GI flora.
- 5. Biofire (Film Array) GI PANEL:** In patients of Diarrhoea, Dysentery, Rice watery Stool, FDA approved, Biofire Film Array Test (Real Time Multiplex PCR) is strongly recommended as it identifies organisms, bacteria, fungi, virus, parasite and other opportunistic pathogens, Vibrio cholera infections only in 3 hours. Sensitivity 96% & Specificity 99%.
- 6. Rota Virus Immunoassay:** This test is recommended in severe gastroenteritis in infants & children associated with watery diarrhoea, vomiting & abdominal cramps. Adults are also affected. It is highly contagious in nature.

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**Dr. Sheetal Sawant, MD**  
**Consultant Microbiologist**



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**SPECIALISED CHEMISTRY - HORMONE**

**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE**

**THYROID PANEL, SERUM**

T3	135.0	80 - 200	ng/dL
METHOD : ELECTROCHEMILUMINESCENCE			
T4	8.25	5.1 - 14.1	µg/dL
METHOD : ELECTROCHEMILUMINESCENCE			
TSH (ULTRASENSITIVE)	<b>5.070 High</b>	0.27 - 4.2	µIU/mL
METHOD : ELECTROCHEMILUMINESCENCE			

**Interpretation(s)**

**Triiodothyronine T3 , Thyroxine T4, and Thyroid Stimulating Hormone TSH** are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate. Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH. Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hyperthyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3. Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Sr. No.	TSH	Total T4	FT4	Total T3	Possible Conditions
1	High	Low	Low	Low	(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3) Post Thyroidectomy (4) Post Radio-Iodine treatment
2	High	Normal	Normal	Normal	(1) Subclinical Hypothyroidism (2) Patient with insufficient thyroid hormone replacement therapy (3) In cases of Autoimmune/Hashimoto thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical inflammation, drugs like amphetamines, Iodine containing drug and dopamine antagonist e.g. domperidone and other physiological reasons.
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism
4	Low	High	High	High	(1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre (3) Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4 replacement therapy (7) First trimester of Pregnancy
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism
6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent treatment for Hyperthyroidism

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 Consultant Pathologist

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8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies

REF: 1. TIETZ Fundamentals of Clinical chemistry 2.Guidlines of the American Thyroid association during pregnancy and Postpartum, 2011.  
**NOTE: It is advisable to detect Free T3,FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.**

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