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- DIGITAL WHOLE BODY X-RAYS
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- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR MAHESH KUMAR
Referred By Dr : MEDIWHEEL
Sex : FEMALE **Age :** 36 Years
Collected At : MIRA ROAD MAIN BRANCH

Lab No. : KHC1274 *KHC1274*
Reg. Date : 14-Aug-2023 8:23 am
Report Date : 14-Aug-2023 3:56 pm
Print Date : 16-Aug-2023 6:48 pm

BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	14.00		5 - 20 mg/dl
CREATININE	0.88	mg/dl	0.5 - 1.5 mg/dl
Serum Uric Acid	3.90	mg%	Female : 2.4 - 5.7 mg%
Age of the Patient	36		
eGFR	104.15	ml/min	

eGFR calculation based on MDRD guideline 2012
 REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

----- End of Report -----

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DR. BHAVINI KAMDAR
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BLOOD GROUP

TEST	RESULT
Blood Group	'B'
Rh Factor	Positive

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BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	93.2	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	95.3	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	15	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes (Total RBCs)	5.04	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	44.8	%	Female : 32 - 47 %
MCV	88.80	fl	80- 96 fl
MCH	29.70	pg	27 - 32 pg
MCHC	33.50	gm%	32 - 37 gm%
RDW	12.5	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	5410	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	50	%	40 - 75
Lymphocytes	40	%	20 - 40
Eosinophils	07	%	0 - 6
Monocytes	03	%	2 - 8
Platelet count	172000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	5	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.4	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	108.28		
METHOD : NEPHELOMETRY			

DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%
 Impaired glucose tolerance: 5.8% to 6.4%
 Diabetes: 6.5% or more

CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less
 Fair control: 7.0% to 8.0%
 Poor control: More than 8.0%

Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

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LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	142	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	35.9	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	45.2	mg / dl	40 - 60 mg / dl
VLDL	7.18	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	89.62	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	3.14		< 5
LDL / HDL	1.98		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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LIVER FUNCTION TEST

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Bilirubin Total	0.7	mg / dl	0.5 - 1.0 mg / dl
Bilirubin Direct	0.3	mg / dl	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.40	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	43.80	U / L	Up to 49 U / L
S.G.O.T.	28.70	U / L	Up to 46 U / L
Alkaline Phosphatase	92.00	U/l	4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l
Total Proteins	6.5	gm / dl	6 - 8 gm / dl
Albumin	4.52	gm / dl	3.2 - 5.5 gm / dl
Globulin	1.98	mg/dl	2 - 3.5 mg / dl
A / G Ratio	2.28		1.0- 2.3
GGT	30	IU/L	5 - 50 IU/L

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STOOL ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Colour	Brown
Form (Consistency)	Semisolid
Mucus	Absent
Blood (Frank)	Absent
Parasites	Absent
<u>CHEMICAL EXAMINATION</u>	
Reaction	Acidic
Occult Blood	Absent
<u>MICROSCOPIC EXAMINATION</u>	
Red Blood Cells	Not seen
Epithelial Cells	Not seen
Pus Cells	Occasional
Macrophages	Not seen
Cyst/Ova/Trophozoites	Not seen
Fat globules	Absent

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- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 80354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

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 • FULL BODY HEALTH CHECK-UPS
 • CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR MAHESH KUMAR
Referred By Dr : MEDIWHEEL
Sex : FEMALE Age : 36 Years
Collected At : MIRA ROAD MAIN BRANCH

Lab No. : KHC1274 *KHC1274*
Reg. Date : 14-Aug-2023 8:23 am
Report Date : 14-Aug-2023 3:55 pm
Print Date : 16-Aug-2023 6:48 pm

T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [Tri - iodothyronine]	141.952	ng/dl	91.14 - 237.61 ng/dl
T4 [Thyroxine]	8.880	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	5.228	uIU/mL	0.3 - 4.3 uIU/mL

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

* RECHECKED & CONFIRMED

Printed By : NAGLE

Checked By

JAY

DR. BHAVINI KAMDAR

MD (PATH) MUM

BORIVALI CENTRE 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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Lab No. : KHC1274 *KHC1274*
Reg. Date : 14-Aug-2023 8:23 am
Report Date : 14-Aug-2023 1:22 pm
Print Date : 16-Aug-2023 6:48 pm

URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	Slightly Hazy
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	1-2/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

Printed By : NAGLE

Checked By
JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM

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Health Check up Booking Request(bobE43858), Beneficiary Code-76904

2 messages

Thu, Aug 10, 2023 at 11:41 AM

Mediwheel <wellness@mediwheel.in>
To: healthcare.medicals@gmail.com
Cc: customercare@mediwheel.in

**011-41195959**

Email:wellness@mediwheel.in

Dear **Healthcare Medical Centre and Diagnostic**,

City : Mumbai . **Address** : UNIT NO 13,RNA LIBERTY BLDG,VIJAY PARK ROAD,NEAR JANGID CIRCLE,MIRA ROAD EAST,THANE 401107 ,

We have received the confirmation for the following booking .

Name : MR. KUMAR MAHESH
Age : 34
Gender : Male
Package Name : Medi-Wheel Metro Full Body Health Checkup Male Below 40
Contact Details : 9474247780
Booking Date : 10-08-2023
Appointment Date : 14-08-2023

Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
MR. KUMAR MAHESH	34	Male	Cashless
Total amount to be paid			Cashless

We will get back to you with confirmation update shortly. Please find the package details as attached for your reference.

Package Name : Medi-Wheel Metro Full Body Health Checkup Male Below 40 - Includes (37)Tests

Tests included in this Package : Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin

प्रति,

समन्वयक,
Mediwheel (Arcofemi Healthcare Limited)
हेल्पलाइन नंबर: 011-41195959

महोदय/ महोदया,

विषय: बैंक ऑफ़ बड़ौदा के कर्मचारियों के लिए वार्षिक स्वास्थ्य जांच।

हम आपको सूचित करना चाहते हैं कि हमारे कर्मचारी जिनका विवरण निम्नानुसार हैं हमारे करार के अनुसार आपके द्वारा उपलब्ध कराई गई कैशलेस वार्षिक स्वास्थ्य जांच सुविधा का लाभ लेना चाहते हैं।

	कर्मचारी विवरण
नाम	MR. KUMAR MAHESH
क.कू.संख्या	181104
पदनाम	SINGLE WINDOW OPERATOR A
कार्य का स्थान	MAHAD
जन्म की तारीख	10-06-1986
स्वास्थ्य जांच की प्रस्तावित तारीख	14-08-2023
बुकिंग संदर्भ सं.	23S181104100066038E

यह अनुमोदन/ संस्तुति पत्र तभी वैध माना जाएगा जब इसे बैंक ऑफ़ बड़ौदा के कर्मचारी आईडी कार्ड की प्रति के साथ प्रस्तुत किया जाएगा। यह अनुमोदन पत्र दिनांक 10-08-2023 से 31-03-2024 तक मान्य है। इस पत्र के साथ किए जाने वाले चिकित्सा जांच की सूची अनुलग्नक के रूप में दी गई है। कृपया नोट करें कि उक्त स्वास्थ्य जांच हमारी टाई-अप व्यवस्था के अनुसार कैशलेस सुविधा है। हम अनुरोध करते हैं कि आप हमारे कर्मचारी के स्वास्थ्य जांच संबंधी आवश्यकताओं पर उचित कार्रवाई करें तथा इस संबंध में अपनी सर्वोच्च प्राथमिकता तथा सर्वोत्तम संसाधन उपलब्ध कराएं। उपर्युक्त सारणी में दी गई कर्मचारी कूट संख्या एवं बुकिंग संदर्भ संख्या का उल्लेख अनिवार्य रूप से इनवॉइस में किया जाना चाहिए।

हम इस संबंध में आपके सहयोग की अपेक्षा करते हैं।

भवदीय,

हस्ता/-

(मुख्य महाप्रबंधक)

मानव संसाधन प्रबंधन विभाग

बैंक ऑफ़ बड़ौदा

(नोट: यह कंप्यूटर द्वारा जनरेट किया गया पत्र है। हस्ताक्षर की आवश्यकता नहीं है। कृपया किसी भी स्पष्टीकरण के लिए Mediwheel (Arcofemi Healthcare Limited) से संपर्क करें।)

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



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Download Date: 08/08/2023

To
 महेश कुमार
 Mahesh Kumar
 S/O: Abhey Ram
 Bhagvi (163)
 Bhiwani Haryana-127307

Issue Date: 17/03/2015

Signature Not Verified
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 Date: 2023.08.08 22:16:36
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A ROAD EAST TRIANE 401107
MOBILE: 9021804221

Dr. NUPUR RAI
MBBS, DIPLOMA CARDIOLOGY (PGDCC)
Reg. No.. 2018115643

आपका आधार क्रमांक / Your Aadhaar No. :

XXXX XXXX 6462

मेरा आधार, मेरी पहचान



भारत सरकार
Government of India



Download Date: 08/08/2023



महेश कुमार
 Mahesh Kumar
 जन्म तिथि/DOB: 10/06/1986
 पुरुष/ MALE

Issue Date: 17/03/2015

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मेरा आधार, मेरी पहचान



Government of India



सूचना

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पता:

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 (163), बिहानी,
 बियाणी, 127307

Address:
 S/O: Abhey Ram, Bhagvi (163), Bhiwani,
 Haryana, 127307



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NAME MR MAHESH KUMAR DATE 14/8/2023
 HEIGHT- 171CM WEIGHT – 74KG AGE 36YRS
 BMI-

REFERRED BY MEDIWHEEL SEX MALE

PRESENT COMPLAINT: NIL

PAST HISTORY :NIL

ALLERGY: NIL HABITS: NIL APPETITE: GOOD

SLEEP: GOOD BLADDER: NAD BOWEL: NAD

FAMILY HISTORY-FATHER-65YRS HEALTHY MOTHER-62YRS HEALTHY.

GENERAL EXAMINATION: ADVICE-

P: 80/MIN BP-120/80MMHG *Fit for employment.*

PALLOR: NIL ICTERUS: NIL *Repeat TSH after 3 months.*

OEDEMA: NIL OTHERS: NAD

RS: A E B E clear *Fit for employment.*

CVS: NAD CNS-NAD

PA: SOFT , NON TENDER

DR. Y. J. MEHURAI, D.D (CC)
Dr. NUPUR RAI, D.D (CC)
 MBBS, DIPLOMA CARDIOLOGY (DCC)
 Reg. No.: 2018115643

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- GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
- MIRA ROAD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

EYE CHECK UP & COLOUR VISION

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NAME: MR MAHESH KUMAR		DATE: 14-08-2023	
REF. BY: MEDIWHEEL		AGE: 36YRS	SEX: MALE

	RIGHT EYE	LEFT EYE
CORNEA	NORMAL	NORMAL
PUPIL	NORMAL	NORMAL
SCLERA	NORMAL	NORMAL
EYE MOVEMENTS	NORMAL	NORMAL
REFRACTIVE ERROR	NORMAL	NORMAL
COLOUR VISION	NORMAL	NORMAL

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS
 UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107
 DR. SIGNATURE

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MR. MAHESH KUMAR	DATE	14.08.2023
		AGE	36YRS
REF. BY	MEDIWHEEL	SEX	MALE

X-RAY CHEST (P. A. VIEW)

The lungs on the both side show equal translucency.

The heart and trachea are central in Position.

No mediastinal abnormality is visible.

The peripheral pulmonary vasculature is normal.

No focal lung lesion is seen.

The pleural spaces are normal.

Both hila are normal in size, have equal density and bear normal relationship.

The cardiac size is normal.

The domes of the diaphragm are normal in position, and show smooth outline.

Ribs appear normal.

IMPRESSION: NO EVIDENCE OF PULMONARY, PLEURAL OR CARDIAC PATHOLOGY IS NOTED.


DR. SACHIN JADKAR
M.B.,D.M.R.E.
(CONS. RADIOLOGIST)

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Pat.Name	MR. MAHESH KUMAR	Age:	36Y/MALE
Ref. Dr.	MEDIWHEEL	Date:	14/08/2023

ULTRASONOGRAPHY REPORT OF ABDOMEN & PELVIS

Liver: Liver is enlarged in size and shape. **Parenchyma is bright echogenicity.** No evidence of solid or cystic mass is noted. Intra & extra hepatic and biliary radicals appear normal. Hepatic veins appear normal. PV & CBD are normal in caliber at porta hepatis. Liver is 15.7cm in length.

Gall Bladder: gallbladder is physiologically distended and wall is normal in thickness. No intra luminal calculus or mass is seen.

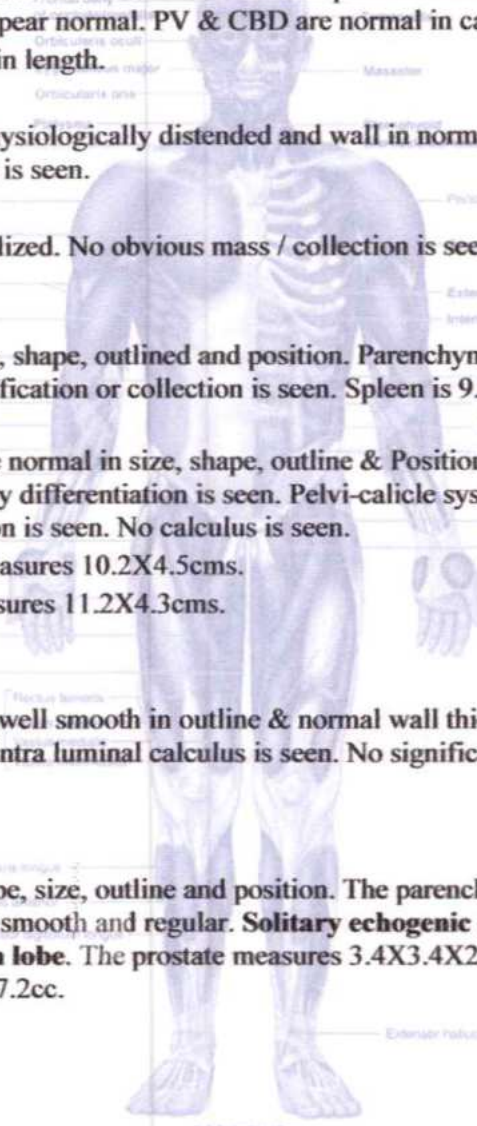
Pancreas: is partially visualized. No obvious mass / collection is seen in region of pancreatic duct appears normal.

Spleen: is normal in size, shape, outlined and position. Parenchyma is homogenous in echotexture. No mass or calcification or collection is seen. Spleen is 9.7cm in length.

Kidneys: Both kidneys are normal in size, shape, outline & Position. Normal cortical echo texture & cortico-medullary differentiation is seen. Pelvi-calicle system appears normal. No obvious mass or collection is seen. No calculus is seen. Right kidney measures 10.2X4.5cms. Left kidney measures 11.2X4.3cms.

Bladder: UB is distended well smooth in outline & normal wall thickness. No obvious mass or diverticulum or intra luminal calculus is seen. No significant post-void residual urine is seen.

Prostate: is normal in shape, size, outline and position. The parenchyma echo texture is homogenous. The margins are smooth and regular. **Solitary echogenic calcific foci measuring 5.2mm noted in median lobe.** The prostate measures 3.4X3.4X2.9cm. Prostatic Volume= approximately 17.2cc.



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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

BOTH ILIAC FOSSAS : No obvious mass or collection is seen on either side. Lot of gas artifact shadow is seen on both sides and abdomen.

No free fluid is seen in pelvis.

IMPRESSION:

- MILD HEPATOMEGALY WITH GRADE I FATTY LIVER CHANGES.
- LOT OF GAS ARTIFACTSHADOW SEEN IN ABDOMEN AND PELVIS.

SUGGESTED: Clinico-pathological correlation & further evaluation.

Thanks for referral.

Reliability of sonographic evaluation reports is not 100%, and is subject to variation. Reports are for interpretation by doctors only, with due clinical correlation.



R.K.
DR. R.K.SINGH
MBBS, DMRE (Sonologist)

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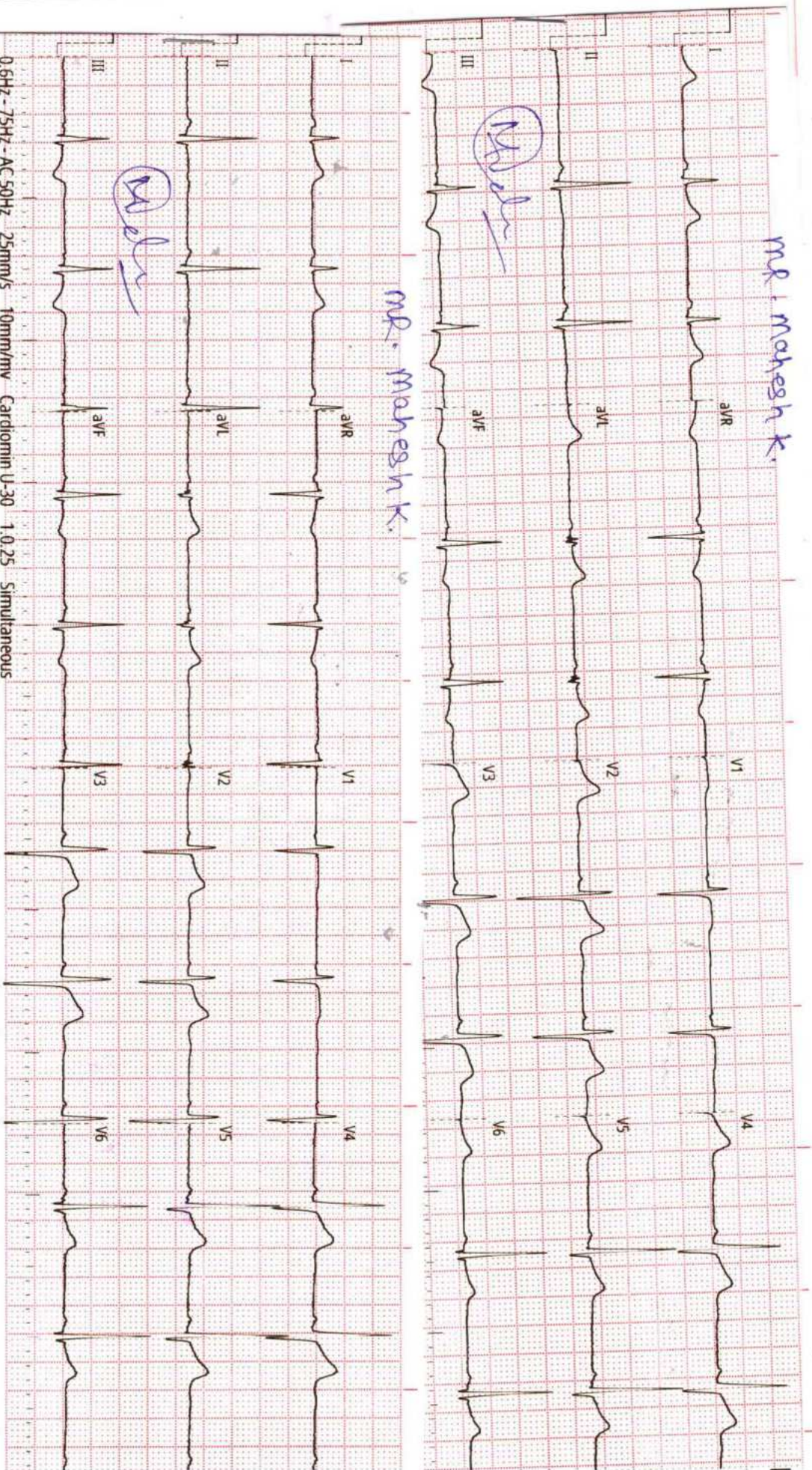
14-Aug-23

MR. Mahesh K.

(Handwritten signature)

MR. Mahesh K.

0.6Hz - 75Hz - AC 50Hz 25mm/s 10mm/mv Cardiomin U-30 1.0.25 Simultaneous



History :

B.P. :

Drugs :

Standard :

Auricular Rate :

Ventricular Rate :

Rhythm :

Mechanism :

Voltage :

Axis :

P. Waves :

PR Interval :

Q. Waves :

QRS Interval :

ST Segment :

T. Waves :

QT Interval :

Extra Systoles :

REMARKS & CONCLUSIONS :

III & aVF

T wave inversion in

HEALTH CARE MEDICAL CENTER & DIAGNOSTICS

MIRA ROAD
MIRA ROAD

TREADMILL TEST REPORT

MR MAHESH KUMAR
ID : 858
DATE : 14-08-2023
AGE/SEX : 36 / M
HT/WT : 171 / 74
REF. BY : MEDIMHEEL

PROTOCOL : BRUCE
HISTORY : Checkup/Physical fitness,
INDICATION : CORPORATE
MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP X100	ST LEVEL (MM)			METTS
								II	V1	V5	
SUPINE					79	120 / 80	94				
STANDING					79	120 / 80	94				
HYPERVENT					79	120 / 80	94				
Stage 1	2:55	1:9	2.7	10	93	120 / 80	111	0.4	0.2	1.8	4.67
Stage 2	5:55	2:55	4	12	114	130 / 80	148	0.2	0.4	1.8	7.04
Stage 3	8:55	2:55	5.4	14	126	130 / 80	163	0.3	0.3	1.9	9.92
PK-EXERCISE	11:43	2:43	6.7	16	162	140 / 90	226	0.3	0.1	4.2	13.62
RECOVERY	12:55	1:2			95	140 / 90	133	-0.7	-0.2	2	
RECOVERY	13:55	2:2			79	130 / 80	102	-1	0.8	0.2	
RECOVERY	14:48	2:55			83	130 / 80	107	-0.7	0.5	0.5	
RECOVERY	15:55	4:2			89	130 / 80	115	-0.5	0.4	0.6	

RESULTS

EXERCISE DURATION : 11:43
MAX HEART RATE : 162 bpm
MAX BLOOD PRESSURE : 140 / 90 mm Hg
REASON OF TERMINATION : Achieved THR,
BP RESPONSE : Normal,
ARRHYTHMIA : None,
H.R. RESPONSE : Normal Chronotropic Response,
IMPRESSIONS :
Good effort tolerance
No angina
No arrhythmia,
normal HR,
BP response

MAX WORK LOAD : 13.62 METTS

No significant ST changes noted during Test as compared ECG for inducible ischemia.

Technician : 2

HEALTH CARE MEDICAL CENTER & DIAGNOSTICS
15, RS. ROAD,
UNIVERSITY COLLEGE,
VIJAY P. NAGAR,
MIRA ROAD
MOBILE: 7021304221
401107

Dr. NUPUR RAI
MBBS, DIPLOMA IN CARDIOLOGY (PGDCC)
201815643
CARDIOLOGIST

DR Y J MEHTA (M. D.)
PHYSICIAN, CARDIOLOGIST

Dr. NUPUR RAI
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201815643
CARDIOLOGIST

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MBBS, DIPLOMA IN CARDIOLOGY (PGDCC)
201815643
CARDIOLOGIST

HEALTH CARE MEDICAL CENTER & DIAGNOSTICS

MR MAHESH KUMAR
 I.D. 858
 Age 36/M
 Date 14-08-2023

RATE 79bpm
 B.P. 120/80

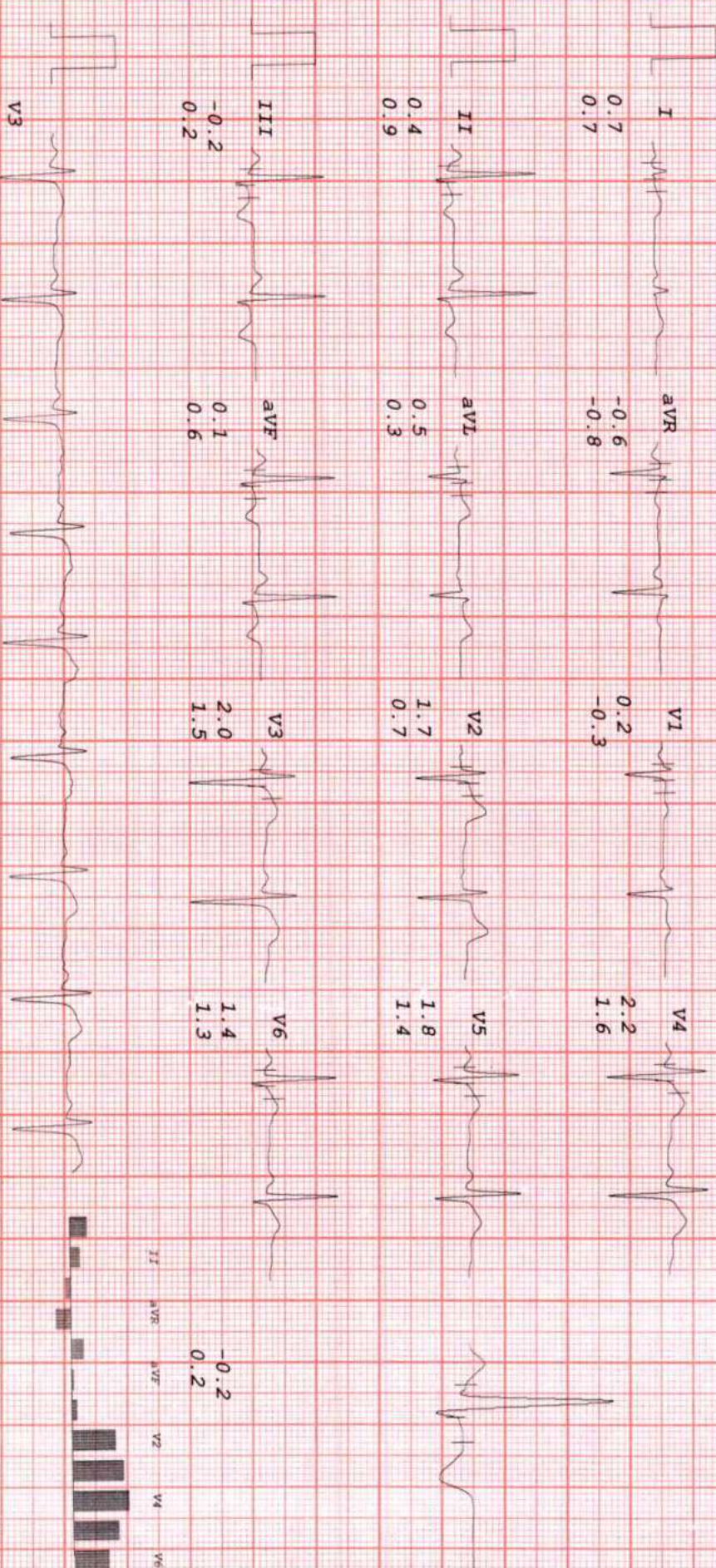
PRETEST
 STANDING

ST @ 10mm/mV
 80ms Post J

LINKED MEDIAN

Mag. X 2

III



Dr. Mahesh Kumar, Director, Health Care Medical Center & Diagnostics, 10/10, 1st Floor, Anna Nagar, Chennai - 600029. Tel: +91 44 4910115, Fax: +91 44 4911181, Email: mahesh@hcmcd.com, www.hcmcd.com, 2007-2014. All rights reserved.

HEALTH CARE MEDICAL CENTER EDIGNOSTICS

MR MAHESH KUMAR
 I.D. 858
 Age 36/M
 Date 14-08-2023

RATE 93bpm
 B.P. 120/80

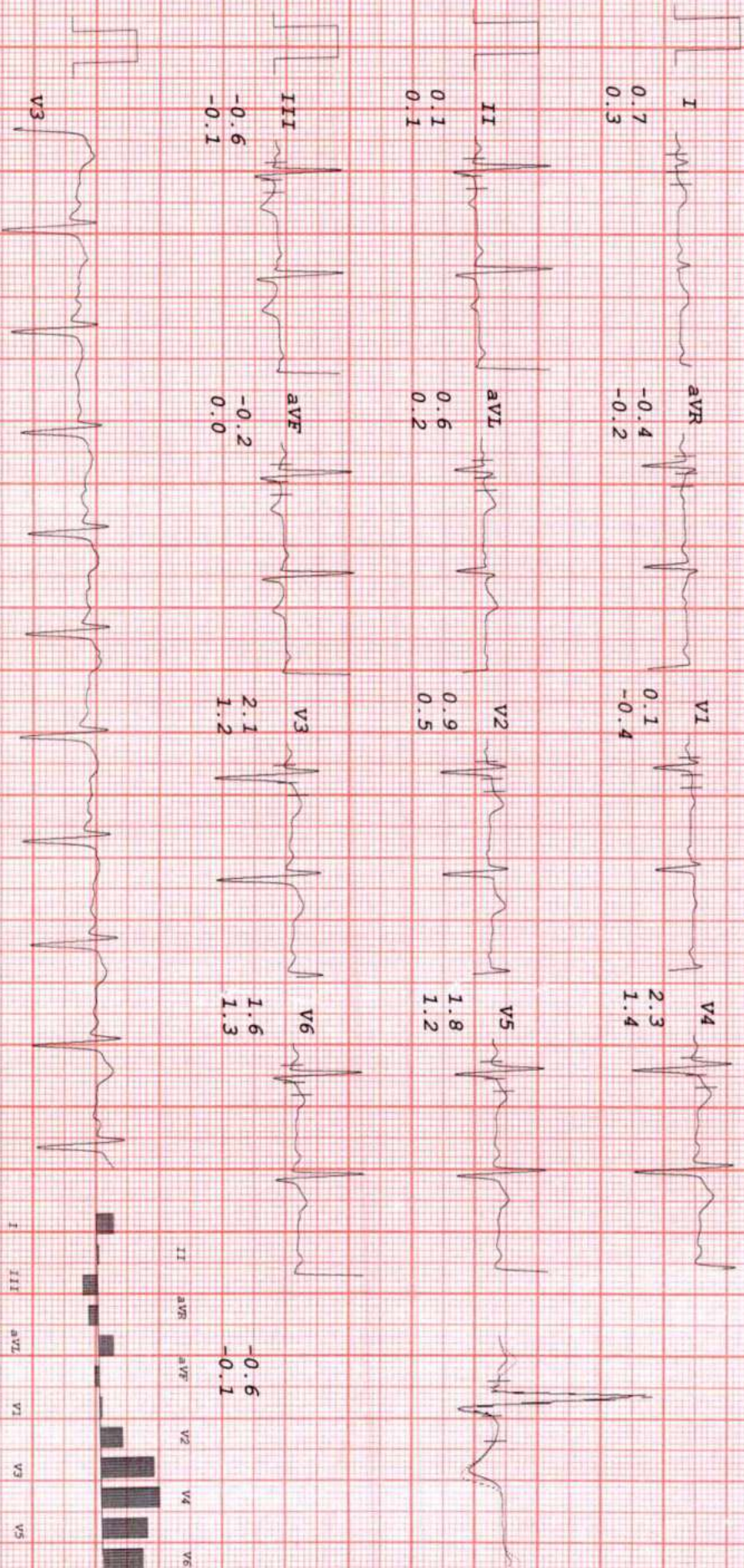
Brace
 Stage 1
 TOTAL TIME 2:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 2.7 km/hr
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2

III



HEALTH CARE MEDICAL CENTER EDIGNOSTICS

MR MAHESH KUMAR
 I.D. 858
 Age 36/M
 Date 14-08-2023

RATE 162bpm
 B.P. 140/90

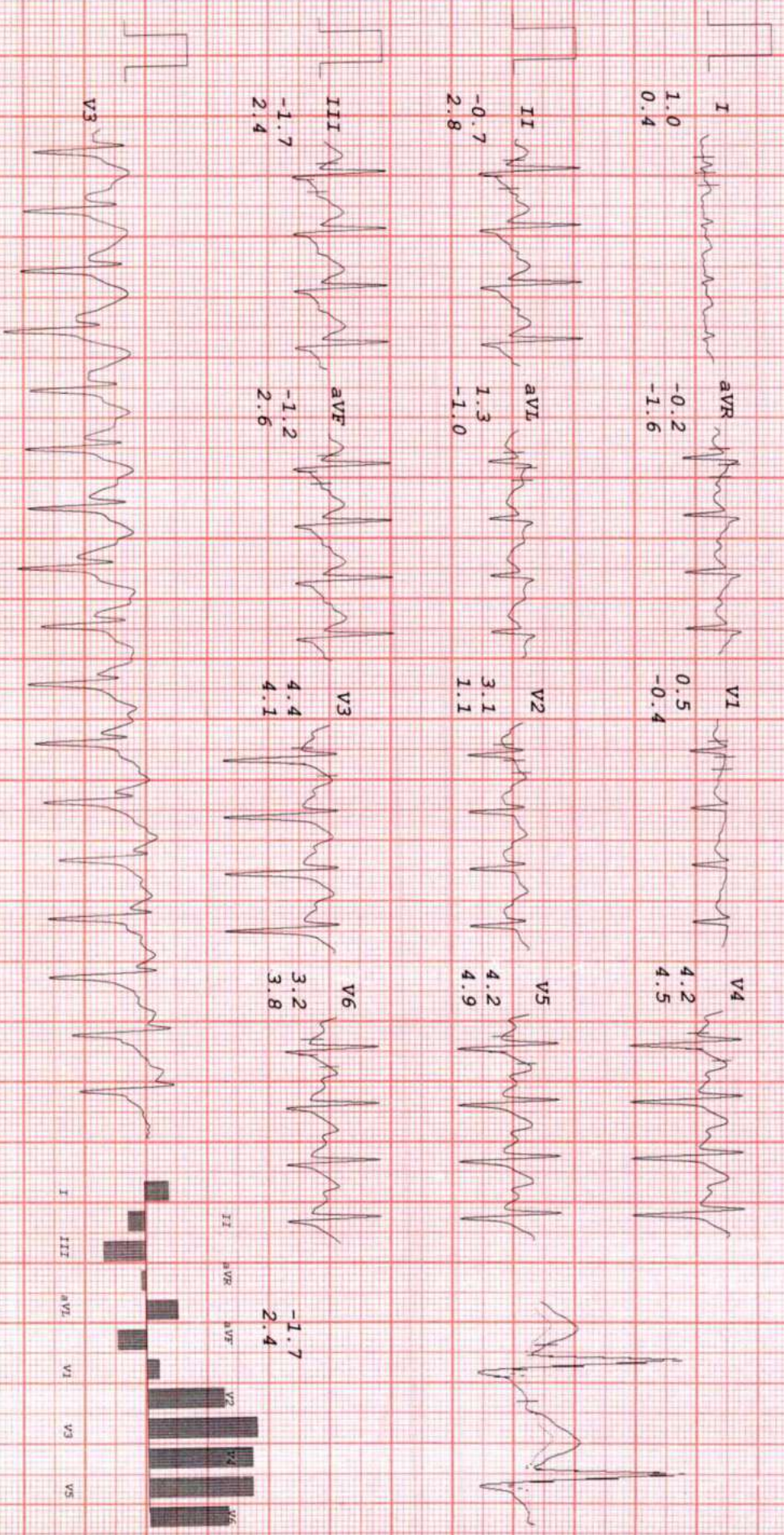
Brice
 PK-EXERCISE
 TOTAL TIME 11:43
 PHASE TIME 2:43

ST @ 10mm/mV
 80ms PostJ
 Speed 6.7 km/hr
 SLOPE 16 %

LINKED MEDIAN

Mag. X 2

III



HEALTH CARE MEDICAL CENTER & DIAGNOSTICS

MR MAHESH KUMAR
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 Date 14-08-2023

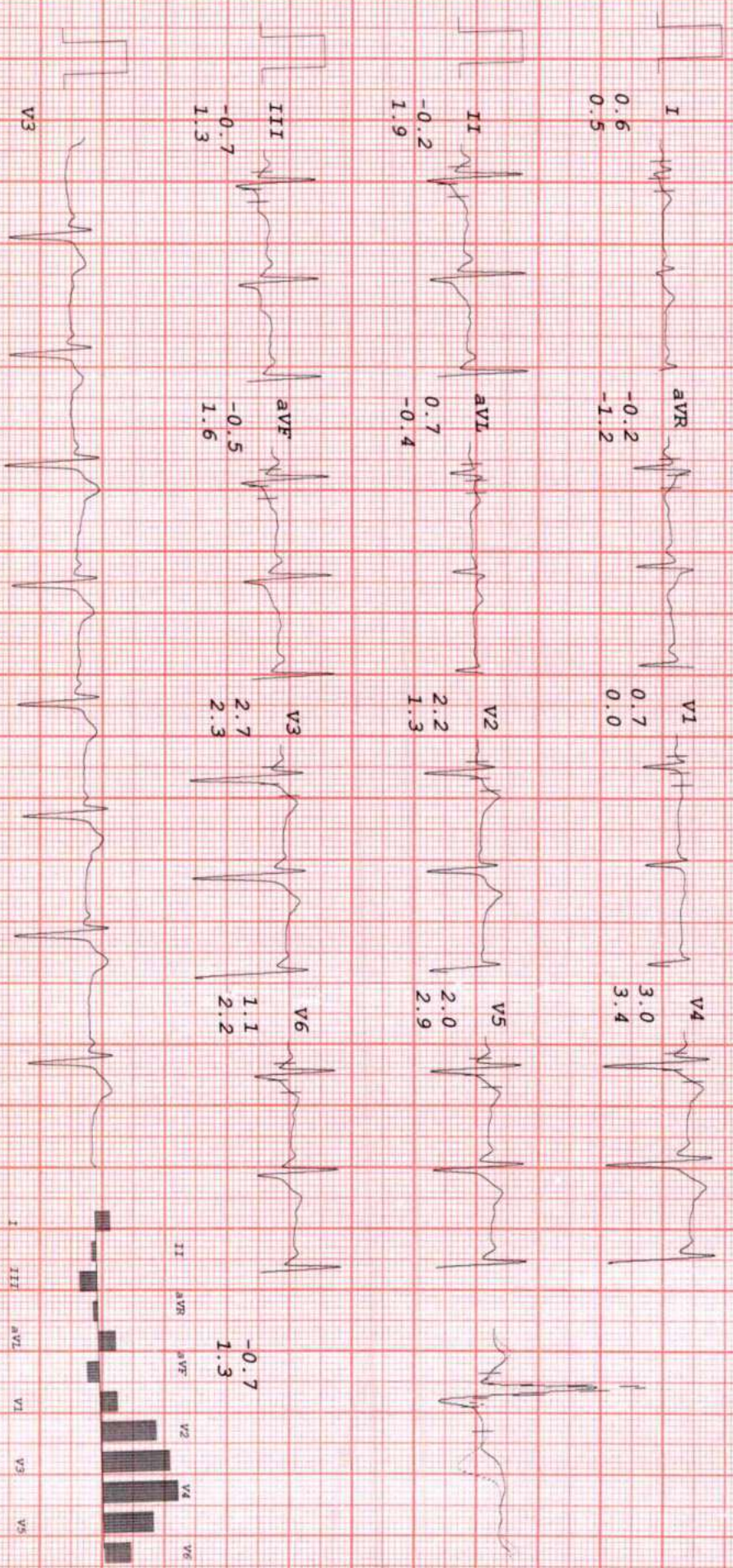
RATE 95bpm
 B.P. 140/90

Bruce
 RECOVERY
 TOTAL TIME 12:55
 PHASE TIME 1:02

ST @ 10mm/mV
 80ms Post J

LINKED MEDIAN

Mag. X 2
 III



HEALTH CARE MEDICAL CENTER & DIAGNOSTICS

MR MAHESH KUMAR
 I.D. 858
 Age 36/M
 Date 14-08-2023

RATE 83bpm
 B.P. 130/80

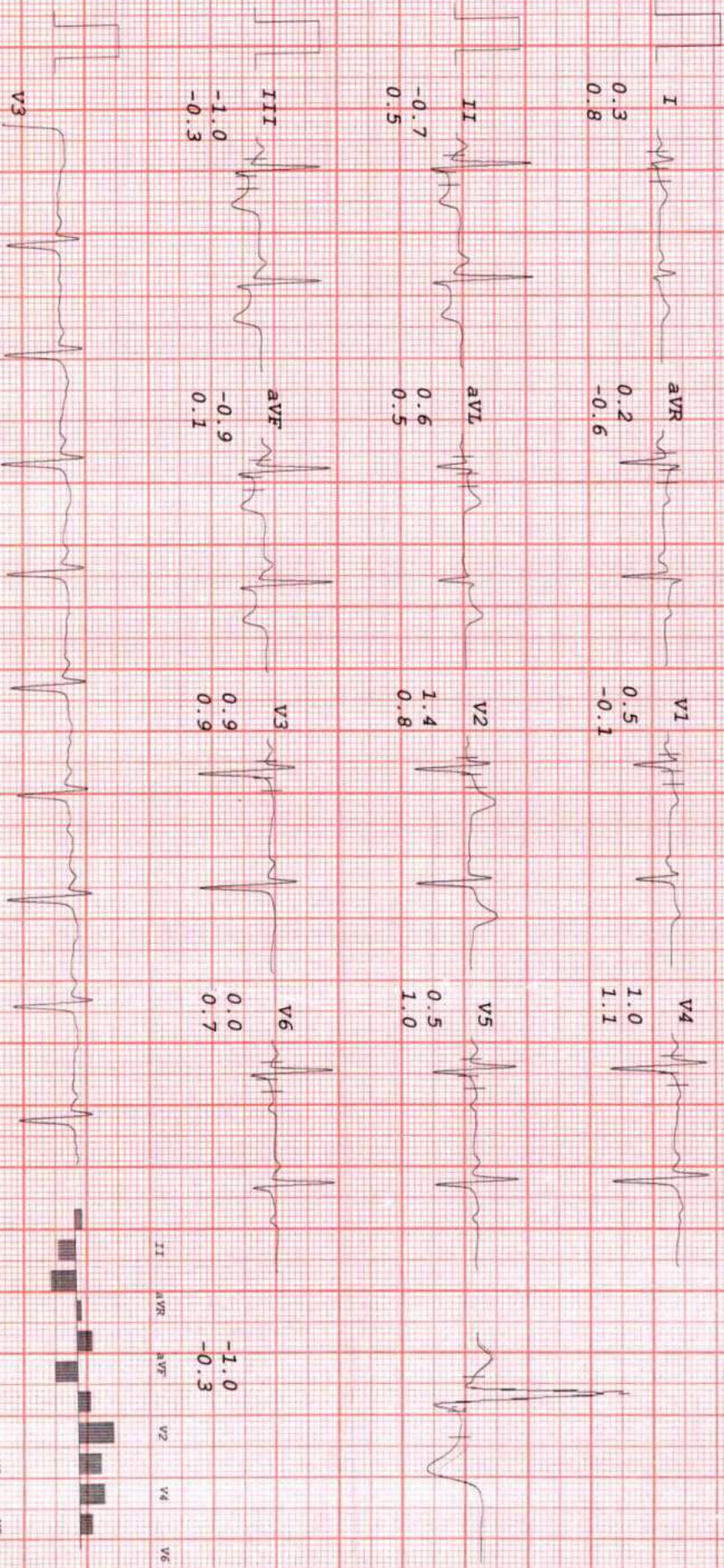
Bruce
 RECOVERY
 TOTAL TIME 14:48
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

MAG. X 2

III



HEALTH CARE MEDICAL CENTER EDIGNOSTICS

MR MAHESH KUMAR
I.D. 858
Age 36/M
Date 14-08-2023

RATE 89bpm
B.P. 130/80

Bruce
RECOVERY
TOTAL TIME 15:55
PHASE TIME 4:02

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

III

Mag. X 2

