

Name : Mr. SHIPAN BISWAS (34 /M)

Date : 22/07/2023

Address :

Examined by:

UHID : AMHL.0002182918

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH178952



### CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

### PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Asthma  
Hypertension Since - 6 months;  
Medication - regular



### DRUG ALLERGY

NO KNOWN ALLERGY :22/07/2023



### SYSTEMIC REVIEW

#### Cardiovascular system

- Nil Significant

#### Respiratory system

- Nil Significant

#### Gastrointestinal system

Appetite - normal; Symptoms - acidity, bloating;  
Bowel habits - loose stools; Associated with -  
mucous in stools; Piles - no; Hernia - no

#### Genitourinary system

- Nil Significant

#### Eyes

Vision - defective; Glasses - yes; Left eye - Poor  
acuity; Left eye - Corneal opacity

#### ENT

- Nil Significant

#### Musculoskeletal system

Spine and joints  
- Nil Significant

#### Skin

- Nil Significant



#### Present medications

- T Stamlo 2.5



#### Past medical history

Do you have any - No  
allergies?

Do you have any drug - No  
allergies?

Covid 19 - Yes  
- 2022

Hospitalization for - No  
Covid 19



#### Surgical history

Others - Eye surgery in childhood



#### Personal history

Marital status - Married

Diet - Non Vegetarian

Alcohol - consumes alcohol  
occasionally

Frequency - occasional

Smoking - Yes

Type - Cigarette

Number - 5

Frequency - daily

Chews tobacco - Yes

Chews tobacco since - 8 yrs

Physical activity - Mild



#### Family history

Father - has expired

Mother - alive

Brothers - 3

Hypertension - mother

Coronary artery - father  
disease

Cancer - None

## PHYSICAL EXAMINATION



### General

Build - thin  
Height - 165  
Weight - 50  
BMI - 18.37  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 64  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 128  
Diastolic(mm of Hg) - 90  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No



### Skin

- No significant finding

## Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6  
NVA:RE:N6 (ONE EYE)OCULAR MOVEMENT:WNL  
ANT.SEG:WNLADVICE:\*  
To continue present glass  
Rx\*Detail dilated  
Funduscopy\*Review after 1yr/SOS

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	12.6 *	g/dl	●	13.0-17.0
RBC COUNT	4.00 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	37.2 *	%	●	41-53
MCV	93.0	fl	●	83-101
MCH	31.5	pg	●	27-32
MCHC	33.8	%	●	31.5-34.5
RDW	15.8 *	%	●	11.8-14.0
WBC Count	6600	/cu mm	●	4000-10000
Platelet Count	1.36 *	lacs/cu mm	●	1.5-4.0
Neutrophils	72	%	●	40-80
Lymphocytes	19 *	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	Occasional/hpf			

Casts: Not Found  
Crystals: Not Found

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	21	U/L	●	10-40
ALBUMIN - SERUM	4.9	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	95	U/L	●	53-128
AST (SGOT) - SERUM	43 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.9	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	162	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.1	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 20 U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 8.5 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 81 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 75 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 75 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 2.3 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 4.6 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 6.0 mg/dL ● 3.5-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 51 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 96 mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 15 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 6.4 \* mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.6 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 2.7 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.8 ● 1.0-2.0

ECG

SINUS BRADYCARDIA. OTHERWISE WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

ULTRASOUND SCREENING WHOLE ABDOMEN

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\* Normal study.

#### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

#### Haematology

STOOL ROUTINE

 Within Normal Range     Borderline High/Low     Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

3

### ACCEPTABLE SCORE

4

### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**