



Name : Mr. Lalu Prasad Yadav

Age: 29 Y

UHID: SCHI.0000016658

Sex: M



Address : rajasthan sikar

OP Number: SCHIOPV23778

Plan : ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN  
INDIA OP AGREEMENT

Bill No : SCHI-OCR-8776

Date : 09.12.2023 10:07

Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324	
1	URINE GLUCOSE (FASTING) ✓	
2	GAMMA GLUTAMYL TRANSFERASE (GGT) ✓	
3	HbA1c, GLYCATED HEMOGLOBIN ✓	
4	LIVER FUNCTION TEST (LFT) ✓	
5	X-RAY CHEST PA ✓	
6	GLUCOSE, FASTING ✓	
7	HEMOGRAM + PERIPHERAL SMEAR ✓	
8	ENT CONSULTATION	
9	CARDIAC STRESS TEST (TMT) ✓	
10	FITNESS BY GENERAL PHYSICIAN	
11	DIET CONSULTATION	
12	COMPLETE URINE EXAMINATION ✓	
13	URINE GLUCOSE (POST PRANDIAL) ✓	
14	PERIPHERAL SMEAR ✓	
15	ECG ✓	
16	BLOOD GROUP ABO AND RH FACTOR ✓	
17	LIPID PROFILE ✓	
18	BODY MASS INDEX (BMI)	
19	OPHTHAL BY GENERAL PHYSICIAN ✓	
20	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT) ✓	
21	ULTRASOUND - WHOLE ABDOMEN	
22	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH) ✓	
23	DENTAL CONSULTATION ✓	
24	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL) 2150	



Height:	184
Weight:	88.3
B.P.:	117/75
Pulse:	77

Spor 97  
Temp 98.4

		50 2D ECHO (Metro)					
23	Arcofemi/Mediwheel/MALE/FEMALE	Arcofemi MediWheel Full Body Annual Plus Male 2D ECHO (Metro)	bob122590	MR. YADAV LALU PRASAD	26	Male	lalu8432395060

Thanks & Regards,

**Shalini.M** | Apollo Clinics | Pan India Toll No: 1860 500 7788 | Contact E-Mail: [corporate@apolloclinic.com](mailto:corporate@apolloclinic.com) | [www.apolloclinic.com](http://www.apolloclinic.com) |

**From:** Customer Care :Mediwheel : New Delhi <[customercare@mediwheel.in](mailto:customercare@mediwheel.in)>  
**Sent:** Thursday, December 7, 2023 11:35 AM  
**To:** Corporate Apollo Clinic <[corporate@apolloclinic.com](mailto:corporate@apolloclinic.com)>  
**Cc:** Wellness : Mediwheel : New Delhi <[wellness@mediwheel.in](mailto:wellness@mediwheel.in)>; Network : Mediwheel : New Delhi <[network@mediwheel.in](mailto:network@mediwheel.in)>; deepak <[deepak.c@apolloclinic.com](mailto:deepak.c@apolloclinic.com)>  
**Subject:** Health Check-up Bookings No. 27 (Annual)

Dear Team,

Please find the attached Health Check-up Bookings file and confirm the same.

Thanks & Regards



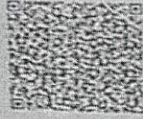
Arcofemi Health Care Ltd. | F-701 A, Lado Sarai, Mehrauli | New Delhi – 110 030  
 Ph No. 011-41195959  
 Email : [customercare@mediwheel.in](mailto:customercare@mediwheel.in); | Web: [www.mediwheel.in](http://www.mediwheel.in)



भारत सरकार  
Government of India



लतु प्रसाद यादव  
Lata Prasad Yadav  
जन्म तिथि/DOB: 20/04/1994  
पुरुष / MALE



8430 0506 3642

मेरा आधार, मेरी पहचान



भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India

पता:  
S/O बंशी धर यादव, वॉर्ड न.-11,  
यादवो की धानी, गाँव-पारोडा, मंडूस्य,  
सीकर,  
राजस्थान - 332701

Address:  
S/O Banshi Dhar Yadav, ward  
no.-11, Yadavo Ki Dhani, Village-  
Paroda, Mandoosya, Sikar,  
Rajasthan - 332701

8430 0506 3642



help@uidai.gov.in

www

www.uidai.gov.in

Self Attested

## DIGITAL X-RAY REPORT

NAME: LALU PRASAD YADAV	DATE: 09.12.2023
UHID NO : 16658	AGE: 29YRS/ SEX: M

### X-RAY CHEST PA VIEW

Both the lung fields show no active parenchymal pathology.

Both the costophrenic angles are clear.

Heart size is normal.

Both the domes of diaphragm are normal.

Bony thorax appears normal.

IMPRESSION: NO SIGNIFICANT ABNORMALITY

Please correlate clinically and with lab investigations

  
**DR. MONICA CHHABRA**  
Consultant Radiologist

Dr. MONICA CHHABRA  
Consultant Radiologist  
DMC No. 18744  
Apollo Spectra Hospitals  
New Delhi-110019

**DR. (Pof.) Ameet Kishore**  
SENIOR CONSULTANT SURGEON  
MBBS,(AFMC), FRCS(Glass), FRCS(Edin), FRCS-ORL(UK)  
Ear, Nose, Throat & Neuro-Otology

For Appointment: +91 1140465555  
M: +91 9910995018

Lalu Prasad Yadav 29/11



Specialists in Surgery

**DR. Sharad Nair**  
MBBS,MS,(ENT),FHNORS  
CONSULTANT SURGEON  
Ear, Nose, & Throat Head, Neck & Cancer Surgery

For Appointment: +91 1140465555  
M: +91 9910995018

Routine check up.

09.12.23

**DR. Ashwani Kumar**  
MBBS,DNB, MNAMS  
CONSULTANT SURGEON  
Ear, Nose, & Throat Surgery  
Allergy Specialist

For Appointment: +91 1140465555  
M: +91 9910995018

- op. GERD (+)

Nose <sup>of E</sup> DMS (+). (R) Side  
Ear - Dry EAC - (R) Side  
Throat - Normal

**Apollo Spectra Hospitals:** Plot No. A-2, Chirag Enclave, Greater Kailash -1, New Delhi -110048  
Ph: 011-40465555, 9910995018 | www.apollospectra.com

**Apollo Specialty Hospital Pvt. Ltd.**

CIN - U85100TG2009PTC099414

**Regd. Office:** 7-1-617/A, 615 & 616, Imperial Towers, 7th Floor, Ameerpet, Hyderabad, Telangana - 500038  
Ph No: 040-4904 7777 | www.apollohl.com

9/12/2023

Mr. Lalu Prasad Yadav,  
29Y / Male,

C/C :- Regular Dental check up -

M/H :- N-R,

PDH :- N-R,

O/E : Stains present,

Calculus +,

Fractures not  $\frac{1}{1}$

Advised :- Sealing

Restoration  $\frac{1}{1}$

09/10/23

No- Lab/Personal/youder  
29/11

Imp (P) 09/24 - 56/18.

(D) 06/24

(unrecorded)

NCI 19/19 mm - 4

Imp - Blessing of

honor (P)

Ref (P) - 0-00 to 00x135 - 4/6

(D) 1-0 to 00x120 - 4/6

Color honor (P) on 2

2/1/24 (A)

honor - 0011 (P)

Ref Error -

Adv- ARC Clear

**YADAV, LALU PRASAD**

Patient ID: 16658

09.12.2023 Male 184 cm 88 kg

12:46:36pm 29 yrs Indian

Vent. Rate 71 bpm

Location: \* 0 \*

*BNTL*

System Evaluation: Normal sinus rhythm

PR interval 178 ms

Normal ECG

QRS duration 80 ms

Arhythmia results of the full-disclosure ECG

QT / QTc(B) 352 / 382 ms

QRS Complexes: 17, PVC: 1

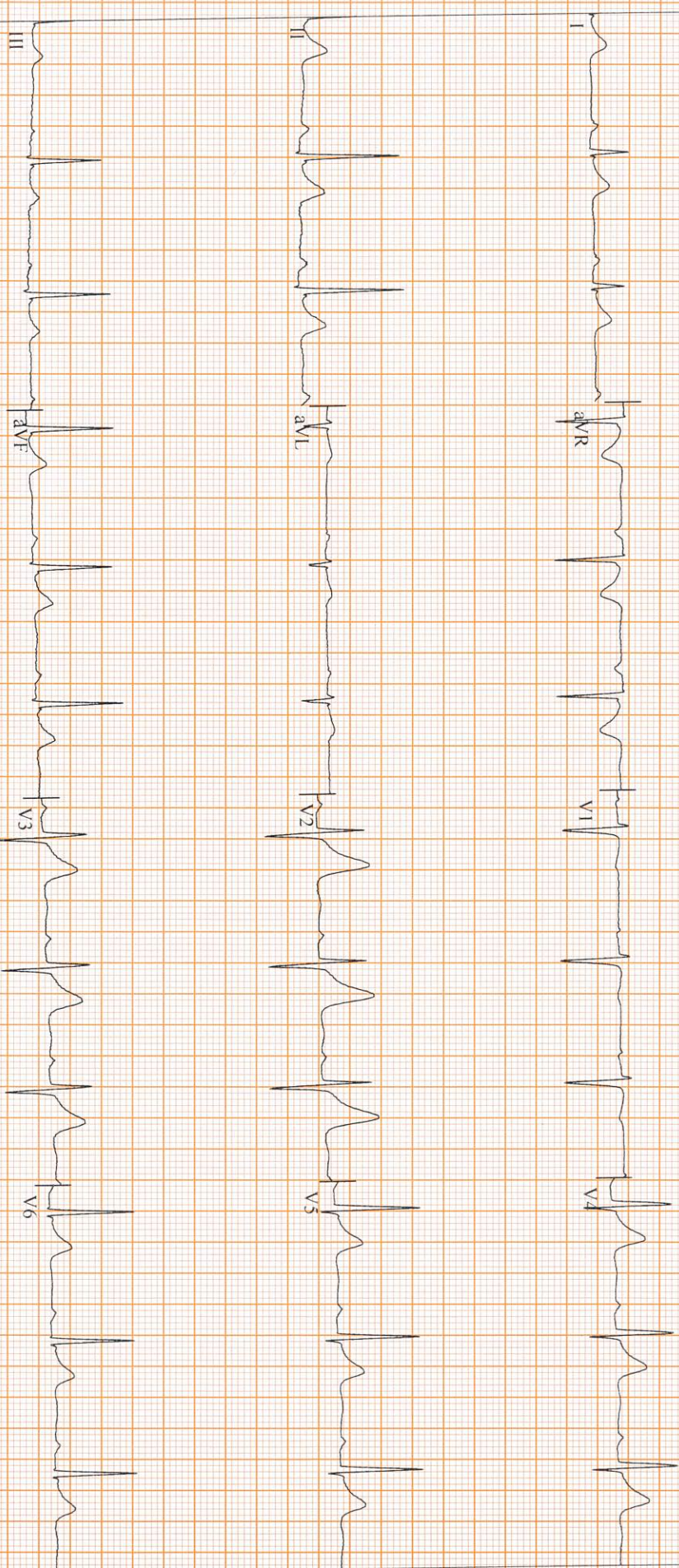
P-R-T axes 45 / 70 / 48 °

Sokolow-Lyon

P duration 86 ms

RR / PP interval 846 / 845 ms

2.34 mV



GE CardioSoft V7.0(10)

25 mm/s 10 mm/mV 0.04-150 Hz 50 Hz 12SL V23

Unconfirmed

Attending MD:



<b>NAME :</b>	<b>LALU PRASAD YADAV</b>	<b>AGE/SEX:</b>	<b>29</b> YRS./M
<b>UHID :</b>	<b>16658</b>		
<b>REF BY :</b>	<b>APOLLO SPECTRA</b>	<b>DATE:-</b>	<b>09.12.2023</b>

### **ULTRASOUND WHOLE ABDOMEN**

**Liver:** Appears enlarged in size, measures 15.8 cm, craniocaudally in mid clavicular line (normal  $\leq$  15.5 cm) and shows increased parenchymal echogenicity which is most likely due to fatty changes. Intrahepatic biliary radicles are not dilated. CBD and portal vein are normal in calibre.

**Gall Bladder:** normally distended with clear lumen and normal wall thickness. No calculus or sludge is seen.

**Pancreas and Spleen:** Appears normal in size and echotexture.

**Both Kidneys:** are normal in size, shape, and echopattern. The parenchymal thickness is normal and cortico-medullary differentiation is well maintained. Pelvicalyceal systems are not dilated. No calculus or mass lesion is seen. Ureter is not dilated.

**Urinary Bladder:** is moderately distended and shows no obvious calculus or sediments. Bladder wall thickness is normal.

**Prostate:** normal in size, weight 18.8 Gms. It is normal in echotexture with no breach in the capsule.

No free fluid seen.

**IMPRESSION: HEPTAOMEGALY WITH FATTY CHANGES IN LIVER GRADE II**

**Please correlate clinically and with lab. Investigations.**



DR. MONICA CHHABRA  
Consultant Radiologist  
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Consultant Radiologist  
DMC No. 18744  
Apollo Spectra Hospitals  
New Delhi-110019

Patient Name : Mr. Lalu Prasad Yadav  
UHID : SCHI.0000016658  
Conducted By: : Dr. MUKESH K GUPTA  
Referred By : SELF  
Age : 29 Y/M  
OP Visit No : SCHIOPV23778  
Conducted Date : 09-12-2023 16:20

Protocol : Bruce Protocol  
Medication :  
Target Heart Rate : 191 BPM  
Heart Rate Achieved : 164 BPM  
Percentage of THR Achieved : 85%  
Maximum Blood Pressure : 140/88 mmHg  
Total Exercise Duration : 09:31 Min.  
Maximum Worked Attained : 11.70 Mets  
Reason for termination : Max HR attained.

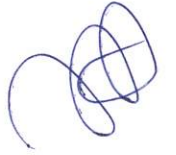
#### Comments

- Basal ECG NSR.
- Appropriate HR response.
- Appropriate BP response.
- No significant changes with standing and hyperventilation.
- Good exercise tolerance.
- No significant ST segment depression over baseline during exercise or recovery period.
- No crepts or rhonchi.
- Arrhythmia none.
- Chest pain absent.

#### Summary

- Test is negative for provokable myocardial ischemia.
- Good exercise tolerance.
- Appropriate BP response.

Please correlate clinically  
Not valid for medico legal purpose.



*Dr. M K Gupta*  
M.B.B.S, MD, FIACM  
Senior Consultant Cardiologist

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APOLLO SPECTRA  
NEHRU ENCLAVE  
NEW DELHI

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: YADAV, LALU PRASAD  
Patient ID: 16658  
Height: 184 cm  
Weight: 88 kg

DOB: 20.04.1994  
Age: 29 yrs  
Gender: Male  
Race: Indian

Study Date: 09.12.2023  
Test Type: --  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: --  
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed [ mph ]	Grade [ % ]	HR [ bpm ]	BP [ mmHg ]	Comment
PRETEST	SUPINE	00:45	0.00	0.00	72	118/76	
	STANDING	01:14	0.00	0.00	88	118/76	
	HYPERV.	00:01	0.00	0.00	87		
	WARM-UP	00:18	0.80	0.00	90		
EXERCISE	STAGE 1	03:00	1.70	10.00	109	122/80	
	STAGE 2	03:00	2.50	12.00	118	128/84	
	STAGE 3	03:00	3.40	14.00	150	134/88	
	STAGE 4	00:31	4.20	16.00	164	140/88	
RECOVERY		02:53	0.00	0.00	93	120/80	

The patient exercised according to the BRUCE for 9:31 min:s, achieving a work level of Max. METS: 11.70. The resting heart rate of 67 bpm rose to a maximal heart rate of 164 bpm. This value represents 85 % of the maximal, age-predicted heart rate. The resting blood pressure of 118/76 mmHg, rose to a maximum blood pressure of 140/88 mmHg. The exercise test was stopped due to Max HR attained.

### Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

### Conclusions

--

Physician \_\_\_\_\_

Technician \_\_\_\_\_

**YADAV, LALU PRASAD**

Patient ID: 16658  
 09.12.2023 Male 184 cm 88 kg  
 12:49:27pm 29 yrs Indian  
 Meds:

Exercise Test / Tabular Summary

APOLLO SPECTRA

Test Reason: BRUCE: Exercise Time 09:31  
 Max HR: 164 bpm 85% of max predicted 191 bpm HR at rest: 67  
 Max BP: 140/88 mmHg BP at rest: 118/76 Max RPP: 22960 mmHg\*bpm  
 Maximum Workload: 11.70 METS  
 Max. ST: -0.85 mm, 0.78 mV/s in II; EXERCISE STAGE 3 6:29

Medical History:  
 Ref. MD: Ordering MD:  
 Technician: Test Type:  
 Comment:

Arrhythmia: A:53, P:VC:11, P:SV:9  
 ST/HR index: 0.59  $\mu$ V/bpm  
 HR reserve used: 77%  
 HR recovery: 50 bpm  
 VE recovery: 7 VE/min  
 ST/HR hysteresis: 0.006 mV (V2)  
 QRS duration: BASELINE: 86 ms, PEAK EX: 84 ms, REC: 88 ms  
**Reasons for Termination:** Max HR attained  
**Summary:**  
**Resting ECG:** normal. **Functional Capacity:** normal. **HR Response to Exercise:** appropriate. **BP Response to Exercise:** normal resting BP - appropriate response.  
**Chest Pain:** none.  
 Room:  
 Location: \* 0 \*

Phase Name	Stage Name	Time in Stage	Speed [mph]	Grade [%]	Workload [METs]	HR [bpm]	BP [mmHg]	RPP [mmHg*bp]	VE [min]	ST Level [mm]	Comment
PRETEST	SUPINE	00:45	0.00	0.00	1.0	72	118/76	8496	0	0.90	
	STANDING	01:14	0.00	0.00	1.0	88	118/76	10384	2	1.05	
	HYPERV.	00:01	0.00	0.00	1.0	87		10266	2	1.05	
	WARM-UP	00:18	0.80	0.00	1.1	90		10620	1	1.05	
EXERCISE	STAGE 1	03:00	1.70	10.00	4.6	109	122/80	13298	1	1.10	
	STAGE 2	03:00	2.50	12.00	7.0	118	128/84	15104	0	0.55	
	STAGE 3	03:00	3.40	14.00	10.1	150	134/88	20100	0	-0.50	
	STAGE 4	00:31	4.20	16.00	11.7	164	140/88	22960	0	-0.15	
RECOVERY		02:53	0.00	0.00	1.0	93	120/80	11160	0	0.05	

GE CardioSoft V7.0 (10)

Unconfirmed

Attending MD:



## Health Report

Patient Name : Lalu Prasad Yadav  
Age/Gender : 29 Y/Male

Dear **Lalu Prasad Yadav**

Thank you for choosing Apollo ProHealth, India's first AI-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

**Predicting your risk:** Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

**Preventing onset or progress of chronic lifestyle diseases:** Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

**Overcoming barriers to your wellbeing:** Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- AI powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments

We have reviewed the results of the tests and have identified some areas for you to act on. We believe that with focus and targeted interventions, you can be healthier and happier.

You can visit your ProHealth physician in person at this center.

Stay Healthy and happy!

Apollo ProHealth Care team

Purpose of Visit : Corporate Health Check  
 Current Symptoms : Symptom : Burning sensation

### Past Medical History

#### Personal History

Diet : Diet Type : vegetarian,  
 Physical Activity :

### Radiology Test

Radiology reports are available separately for your reference if applicable

### Physical Examination

#### Vitals

Weight : 88.3 Kgs  
 Height : 184 Cms  
 BMI : 26.08  
 Pulse : 77 BPM  
 SpO2 : 97 %  
 Temperature : 97.4 °F

#### Physical Exam

Pallor : No  
 Icterus : No  
 Cyanosis : No  
 Clubbing : No  
 Koilonychia : No  
 Edema : No

#### Cardiovascular System

Rhythm : Regular  
 Systolic BP(Mm Of Hg) : 117  
 Diastolic BP(Mm Of Hg) : 75  
 Heart Sounds : S1S2+

#### Respiratory System

Breath Sounds : Normal

### Work Life Style

Type Of Work : Low Activity  
 Exposure To Computer : Medium

## Happiness Score

Sleep Quality : Disturb  
Stress At Home : Mild  
Stress At Work : Mild

## Impressions

- Apparently Healthy

## Wellness Prescription

Advice On Physical Activity : Yoga/Relaxation Exercises  
Advice On Diet : Low Cholesterol

### Follow Up and Review Plan

## Medications

Medication	Dosage	Frequency	When to Take	Start Date	End Date
CAP ADVANTAGE -5G	1	Once daily	After food	11 Dec, 2023	29 Feb, 2024



## Apollo's Artificial Intelligence Enabled Risk Scores

Based on current parameters, personal family history, AI enabled tools derive health risk scores to alert guest on his/her likely predisposition to a disease to aid early detection early medical intervention to mitigate the risk.

### AICVD Risk score Low Risk

Report Name	Your Score	Acceptable Score
<b>Risk of Heart Disease</b>	<b>2</b>	<b>3</b>

Info: Your likelihood to Cardiovascular disease is within acceptable range to other people of your age & gender in next 10 years

**Note:** The AICVD Cardiac Risk Score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history.

### Pre-Diabetes Risk score Low Risk

Report Name	Your Score
<b>Prediabetes</b>	<b>1.0 / 100</b>

**Note:** The Apollo Hospitals Prediabetes Risk tool is a comprehensive, community-based risk assessment tool for the early diagnosis of prediabetes (before estimation of blood glucose or HbA1C). This tool compiles data based on your physical parameters, lifestyle, and health attributes and assesses whether you have a low, medium or high risk for undiagnosed prediabetes. The tool has been developed based on Indian demographics and has more than 90% accuracy.

#### DISCLAIMER:

1. This test only derives the risk score to alert the guest of his/her likely risk predisposition to a disease. It is not a diagnostic tool and does not guarantee the accuracy of the result and cannot be independently acted upon.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment, or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate, and correct, the doctor shall be consulted for interpretation of the report.
4. Apollo clinic and its staff do not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD cardiac risk score without any intervention from their side.
5. It is deemed that by providing consent to derive the risk score, the guest has done so at his/her own risk and further agrees with this disclaimer without any limitation to any clauses or sub-clauses.