

ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI

**NEW DELHI 110030** 

DELHI INDIA 8800465156

PLOT No. 88, ROAD No. 15, MIDC ESTATE, ANDHERI (EAST)

MUMBAI, 400093

MAHARASHTRA, INDIA

Tel: 09152729959/9111591115, CIN - U74899PB1995PLC045956

**PATIENT NAME: PARTHA PRATIM NATH** PATIENT ID: PARTM27048865

ACCESSION NO: 0065VI001005 AGE: 34 Years SEX: Male ABHA NO:

RECEIVED: 10/09/2022 08:25 12/09/2022 12:01 DRAWN: REPORTED:

REFERRING DOCTOR: SELF CLIENT PATIENT ID:

**Test Report Status** Results **Biological Reference Interval Units** <u>Final</u>

## MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

BLOOD COUNTS,EDTA WHOLE BLOOD			
HEMOGLOBIN	15.2	13.0 - 17.0	g/dL
METHOD: PHOTOMETRIC MEASUREMENT	15.2	13.0 17.0	g/ uL
RED BLOOD CELL COUNT	5.36	4.5 - 5.5	mil/µL
METHOD : COULTER PRINCIPLE	5.50	1.5 5.5	, με
WHITE BLOOD CELL COUNT	6.20	4.0 - 10.0	thou/µL
METHOD : COULTER PRINCIPLE	0.20	1.0 10.0	triou, µL
PLATELET COUNT	154	150 - 410	thou/µL
METHOD : ELECTRONIC IMPEDENCE & MICROSCOPY	101	130 110	ι Ιου, μ <u>ε</u>
RBC AND PLATELET INDICES			
HEMATOCRIT	44.8	40.0 - 50.0	%
METHOD : CALCULATED PARAMETER	44.0	40.0 30.0	70
MEAN CORPUSCULAR VOL	83.6	83.0 - 101.0	fL
METHOD : DERIVED PARAMETER FROM RBC HISTOGRAM	03.0	03.0 101.0	12
MEAN CORPUSCULAR HGB.	28.4	27.0 - 32.0	pg
METHOD : CALCULATED PARAMETER	20.1	27.0 32.0	P9
MEAN CORPUSCULAR HEMOGLOBIN	34.0	31.5 - 34.5	g/dL
CONCENTRATION		5-15	3/ 4-2
METHOD : CALCULATED PARAMETER			
MENTZER INDEX	15.6		
RED CELL DISTRIBUTION WIDTH	14.1	High 11.6 - 14.0	%
METHOD: DERIVED PARAMETER FROM RBC HISTOGRAM			
MEAN PLATELET VOLUME	10.0	6.8 - 10.9	fL
METHOD: DERIVED PARAMETER FROM PLATELET HISTOGRAM			
WBC DIFFERENTIAL COUNT - NLR			
SEGMENTED NEUTROPHILS	61	40 - 80	%
METHOD: VCSN TECHNOLOGY/ MICROSCOPY			
ABSOLUTE NEUTROPHIL COUNT	3.78	2.0 - 7.0	thou/µL
METHOD: CALCULATED PARAMETER			
LYMPHOCYTES	30	20 - 40	%
METHOD: VCSN TECHNOLOGY/ MICROSCOPY			
ABSOLUTE LYMPHOCYTE COUNT	1.86	1.0 - 3.0	thou/µL
METHOD: CALCULATED PARAMETER			
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	2.0		
METHOD : CALCULATED			
EOSINOPHILS	3	1.0 - 6.0	%







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METHOD: VCSN TECHNOLO	IGY/ MICROSCOPY				
ABSOLUTE EOSINOPHI		0.19		0.02 - 0.50	thou/µL
METHOD : CALCULATED PAR		0.25		0.02	
MONOCYTES		6		2.0 - 10.0	%
METHOD: VCSN TECHNOLO	GY/ MICROSCOPY				
ABSOLUTE MONOCYTE	COUNT	0.37		0.2 - 1.0	thou/µL
METHOD : CALCULATED PAR					
BASOPHILS		0		0 - 1	%
METHOD: VCSN TECHNOLO	GY/ MICROSCOPY				
ABSOLUTE BASOPHIL	COUNT	0	Low	0.02 - 0.10	thou/µL
METHOD : CALCULATED PAR	AMETER				
<b>ERYTHRO SEDIMENT</b>	ATION RATE, BLOOD				
SEDIMENTATION RATE	(ESR)	2		0 - 14	mm at 1 hr
	OTOMETRICAL CAPILLARY STOPP	ED FLOW KINETIC ANALYSIS)			
GLUCOSE, FASTING,	PLASMA				
GLUCOSE, FASTING, P	LASMA	90		74 - 99	mg/dL
METHOD : SPECTROPHOTON	METRY HEXOKINASE				<i>3,</i>
GLYCOSYLATED HEM	OGLOBIN, EDTA WHO	LE BLOOD			
GLYCOSYLATED HEMO	GLOBIN (HBA1C)	4.9		Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 ADA Target: 7.0 Action suggested: > 8.0	%
METHOD : ION- EXCHANGE	HPLC			33	
MEAN PLASMA GLUCOS	SE	93.9		< 116.0	mg/dL
METHOD : CALCULATED PAR	AMETER				
GLUCOSE, POST-PRA	NDIAL, PLASMA				
GLUCOSE, POST-PRAN	DIAL, PLASMA	126		70 - 139	mg/dL
METHOD : SPECTROPHOTON	METRY HEXOKINASE				
CORONARY RISK PR	OFILE, SERUM				
CHOLESTEROL		191		Desirable cholesterol level < 200 Borderline high cholesterol 200 - 239 High cholesterol > / = 240	mg/dL

METHOD: SPECTROPHOTOMETRY, ENZYMATIC COLORIMETRIC - CHOLETSEROL OXIDASE, ESTERASE, PEROXIDASE







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TRIGLYCERIDES		161	High	Normal: < 150 Borderline high: 150 - 199 High: 200 - 499 Very High: >/= 500	mg/dL
	METRY, ENZYMATIC ENDPOINT WITH GL				
HDL CHOLESTEROL		32	Low	Low HDL cholesterol < 40 High HDL cholesterol > / = 60	mg/dL
METHOD: SPECTROPHOTO	METRY, HOMOGENEOUS DIRECT ENZYM	ATIC COLORIMETRIC			
CHOLESTEROL LDL		127	High	Optimal: < 100 Near optimal/above optimal: 1 129 Borderline high: 130-159 High: 160-189 Very high: = 190	mg/dL 00-
METHOD : CALCULATED PA	RAMETER			, ,	
NON HDL CHOLESTER	OL	159	High	Desirable : < 130 Above Desirable : 130 -159 Borderline High : 160 - 189 High : 190 - 219 Very high : > / = 220	mg/dL
METHOD : CALCULATED PA	RAMETER				
CHOL/HDL RATIO		6.0	High	Low Risk: 3.3 - 4.4 Average Risk: 4.5 - 7.0 Moderate Risk: 7.1 - 11.0 High Risk: > 11.0	
METHOD : CALCULATED PA	RAMETER			3	
LDL/HDL RATIO  METHOD : CALCULATED PA	RAMETER	3.9	High	Desirable/Low Risk: 0.5 - 3.0 Borderline/Moderate Risk: 3.1 6.0 High Risk: > 6.0	-
VERY LOW DENSITY L		32.0	High	< or = 30.0	mg/dL
METHOD : CALCULATED PA		32.0	iligii	< 01 = 30.0	ilig/uL
LIVER FUNCTION PE					
	COFILL, SEROM	0.74		Unto 1.2	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
BILIRUBIN, TOTAL	METRY COLORIMETRIC DIAZO METHO	0.74		Upto 1.2	mg/dL
	METRY, COLORIMETRIC -DIAZO METHOI		Uiah	0.0.0.3	ma/dl
BILIRUBIN, DIRECT	METRY, JENDRASSIK & GROFF - DIAZOT	0.25	nigii	0.0 - 0.2	mg/dL
	·			0.1 - 1.0	ma/dl
BILIRUBIN, INDIRECT METHOD : CALCULATED PA		0.49		0.1 - 1.0	mg/dL
TOTAL PROTEIN	NAPIL I LIX	7.0		6.0 - 8.0	a/dl
	METRY, COLORIMETRIC -BIURET, REAGE			0.0 0.0	g/dL







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ALBUMIN		5.0	High	3.97 - 4.94	g/dL
	METRY, BROMOCRESOL GREEN(	•		20 25	7.11
GLOBULIN	DAMETER	2.0		2.0 - 3.5	g/dL
METHOD : CALCULATED PAR		2.5	Wich	10 21	DATIO
ALBUMIN/GLOBULIN R		2.5	nigii	1.0 - 2.1	RATIO
METHOD : CALCULATED PAR		) 38		Upto 40	U/L
	ANSFERASE (AST/SGOT METRY, WITHOUT PYRIDOXAL PI	,	IECC	υριο 40	U/L
ALANINE AMINOTRANS		75		Upto 41	U/L
	METRY, WITHOUT PYRIDOXAL P	_		οριο 41	U/L
ALKALINE PHOSPHATA		108	II CC	40 - 129	U/L
	METRY, PNPP, AMP BUFFER - IFO			40 - 129	U/L
GAMMA GLUTAMYL TRA		36		< 60	U/L
	METRY, ENZYMATIC COLORIMET		IITDOANII IDE -		0/L
LACTATE DEHYDROGE		228	ITROANILIDE -	< 232	U/L
	METRY, LACTATE TO PYRUVATE			\ 232	0/ L
SERUM BLOOD UREA		0V 11 CC			
BLOOD UREA NITROGE		15		6 - 20	mg/dL
	LIN METRY, UREASE -COLORIMETRI			0 20	nig/uL
CREATININE, SERUM	•	C			
CREATININE	•	0.93		0.90 - 1.30	mg/dL
	METRY, JAFFE'S ALKALINE PICRA		IFCC-IDMS STA		nig/uL
BUN/CREAT RATIO	HEIRI, JAILES ALKALINE FICIV	ATE KINETIC IVATE BEAUKED	TI CC IDI IS STA	NUMICED	
BUN/CREAT RATIO		16.60	High	8 - 15	
METHOD : CALCULATED PAR	DAMETED	10.00	ıııgıı	0 - 13	
URIC ACID, SERUM	WHILIER				
		7.1	Wich	3.4 - 7.0	/-dl
URIC ACID	METRY ENZYMATIC COLORIMET		nigii	3.4 - 7.0	mg/dL
	METRY, ENZYMATIC COLORIMET	RIC- URICASE			
TOTAL PROTEIN, SE	KUM	7.0		6.0.00	7.11
TOTAL PROTEIN	METRY COLORIMETRIC BUILDE	7.0	MIZ	6.0 - 8.0	g/dL
	METRY, COLORIMETRIC -BIURE	I, REAGENT BLANK, SERUM BLA	ANK		
ALBUMIN, SERUM				2.07 4.04	
ALBUMIN		5.0	High	3.97 - 4.94	g/dL
	METRY, BROMOCRESOL GREEN(	BCG) - DYE BINDING			
GLOBULIN					
GLOBULIN		2.0		2.0 - 3.5	g/dL
METHOD : CALCULATED PAR	RAMETER				







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ELECTROLYTES (NA/K/CL), SERUM	4.40	106 145	1.0	
SODIUM	142	136 - 145	mmol/L	
METHOD : ISE INDIRECT POTASSIUM	4.20	3.5 - 5.1	mmol/L	
METHOD : ISE INDIRECT	4.20	5.5 5.1	IIIIIIIII) L	
CHLORIDE	106	98 - 106	mmol/L	
METHOD : ISE INDIRECT			,	
PHYSICAL EXAMINATION, URINE				
COLOR	PALE YELLOW			
APPEARANCE	CLEAR			
SPECIFIC GRAVITY	1.015	1.010 - 1.030		
CHEMICAL EXAMINATION, URINE				
PH	6.0	5.00 - 7.50		
PROTEIN	NOT DETECTED	NOT DETECTED		
GLUCOSE	NOT DETECTED	NOT DETECTED		
KETONES	NOT DETECTED	NOT DETECTED		
BLOOD	NOT DETECTED	NOT DETECTED		
BILIRUBIN	NOT DETECTED	NOT DETECTED		
UROBILINOGEN	NOT DETECTED			
NITRITE	NOT DETECTED	NOT DETECTED		
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED		
MICROSCOPIC EXAMINATION, URINE				
PUS CELL (WBC'S)	0-1	0-5	/HPF	
EPITHELIAL CELLS	0-1	0-5	/HPF	
ERYTHROCYTES (RBC'S)	NOT DETECTED	NOT DETECTED	/HPF	
CASTS	NOT DETECTED			
CRYSTALS	NOT DETECTED			
BACTERIA	NOT DETECTED	NOT DETECTED		
YEAST	NOT DETECTED	NOT DETECTED		
METHOD: URINE ROUTINE & MICROSCOPY EXAMINATION BY	INTEGRATED AUTOMATED SYSTEM			

# Comments

NOTE: KINDLY EXERT CAUTION DURING INTERPRETATION OF FINDINGS REPORTED IN URINALYSIS WHERE IN THE SAMPLE IS MORE THAN TWO HOURS OLD.

## THYROID PANEL, SERUM

80.0 - 200.0 Т3 117.0 ng/dL







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METHOD: COMPETITIVE ELECTROCHEMILUMINESCENCE IMMUNOASSAY

**T4** 11.10 5.10 - 14.10μg/dL

METHOD: COMPETITIVE ELECTROCHEMILUMINESCENCE IMMUNOASSAY

TSH 3RD GENERATION 0.270 - 4.200 2.060 μIU/mL

METHOD: SANDWICH ELECTROCHEMILUMINESCENCE IMMUNOASSAY

STOOL: OVA & PARASITE

RFMARK SAMPLE NOT RECEIVED

**ABO GROUP & RH TYPE, EDTA WHOLE BLOOD** 

ABO GROUP В

METHOD: HAEMAGGLUTINATION (AUTOMATED)

RH TYPE **POSITIVE** 

METHOD: HAEMAGGLUTINATION (AUTOMATED)

**XRAY-CHEST** 

**IMPRESSION** NO ABNORMALITY DETECTED

**TMT OR ECHO** 

TMT OR ECHO **NEGATIVE** 

**ECG** 

**ECG** WITHIN NORMAL LIMITS

**MEDICAL HISTORY** 

RELEVANT PRESENT HISTORY CVS 2 DOSE DONE RELEVANT PAST HISTORY NOT SIGNIFICANT RELEVANT PERSONAL HISTORY NOT SIGNIFICANT

RELEVANT FAMILY HISTORY DIABETES

HISTORY OF MEDICATIONS NOT SIGNIFICANT

**ANTHROPOMETRIC DATA & BMI** 

HEIGHT IN METERS 1.60 mts WEIGHT IN KGS. 79 Kgs

**BMI** BMI & Weight Status as follows: kg/sqmts 31

Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese

**GENERAL EXAMINATION** 

MENTAL / EMOTIONAL STATE **NORMAL** PHYSICAL ATTITUDE NORMAL GENERAL APPEARANCE / NUTRITIONAL STATUS **OVERWEIGHT BUILT / SKELETAL FRAMEWORK AVERAGE** 







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FACIAL APPEARANCE NORMAL
SKIN NORMAL
UPPER LIMB NORMAL
LOWER LIMB NORMAL
NECK NORMAL

NECK LYMPHATICS / SALIVARY GLANDS NOT ENLARGED OR TENDER

THYROID GLAND NOT ENLARGED

CAROTID PULSATION NORMAL TEMPERATURE NORMAL

PULSE 83/MIN, REGULAR, ALL PERIPHERAL PULSES WELL FELT, NO CAROTID

**BRUIT** 

RESPIRATORY RATE NORMAL

**CARDIOVASCULAR SYSTEM** 

BP 122/82 MM HG mm/Hg

(SUPINE) NORMAL

APEX BEAT NORMAL

HEART SOUNDS S1, S2 HEARD NORMALLY

MURMURS ABSENT

**RESPIRATORY SYSTEM** 

SIZE AND SHAPE OF CHEST

MOVEMENTS OF CHEST

BREATH SOUNDS INTENSITY

NORMAL

BREATH SOUNDS QUALITY VESICULAR (NORMAL)

ADDED SOUNDS ABSENT

PER ABDOMEN

**PERICARDIUM** 

APPEARANCE NORMAL
VENOUS PROMINENCE ABSENT
LIVER NOT PALPABLE
SPLEEN NOT PALPABLE
HERNIA ABSENT

**CENTRAL NERVOUS SYSTEM** 

HIGHER FUNCTIONS NORMAL CRANIAL NERVES NORMAL CEREBELLAR FUNCTIONS NORMAL







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SENSORY SYSTEM NORMAL MOTOR SYSTEM **NORMAL** REFLEXES NORMAL

**MUSCULOSKELETAL SYSTEM** 

SPINE NORMAL **JOINTS NORMAL** 

**BASIC EYE EXAMINATION** 

**CONJUNCTIVA** NORMAL **EYELIDS NORMAL** EYE MOVEMENTS **NORMAL CORNEA NORMAL** 

DISTANT VISION RIGHT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT(6/6) DISTANT VISION LEFT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT(6/6) NEAR VISION RIGHT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT(N/6) NEAR VISION LEFT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT(N/6) COLOUR VISION PARTIAL COLOUR BLIND (10/17)

**BASIC ENT EXAMINATION** 

EXTERNAL EAR CANAL **NORMAL** TYMPANIC MEMBRANE **NORMAL** 

NOSE NO ABNORMALITY DETECTED

**SINUSES** NORMAL

THROAT NO ABNORMALITY DETECTED

NOT ENLARGED **TONSILS** 

SUMMARY

RELEVANT HISTORY NOT SIGNIFICANT

RELEVANT GP EXAMINATION FINDINGS PARTIAL COLOUR BLIND (10/17)

RELEVANT LAB INVESTIGATIONS RAISED SGPT(75).

RAISED DIRECT BILIRUBIN(0.25) RAISED TRIGLYCERIDES(161). LOW HDL CHOLESTEROL(32).

RAISED NON HDL CHOLESTEROL(159). RAISED DIRECT LDL CHOLESTEROL(127). RAISED VLDL CHOLESTEROL(32.0)

RAISED ALBUMIN(5.0). RAISED URIC ACID(7.1)

RELEVANT NON PATHOLOGY DIAGNOSTICS USG: MILD FATTY LIVER.







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REGULAR PHYSICAL EXERCISES / LOW CALORIC DIET. REMARKS / RECOMMENDATIONS

REDUCE FATTY AND PROCESSED FOOD IN DIET

INCREASE ORAL FLUID IN DIET.

## Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-

The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. RBC AND PLATELET INDICES-

Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT - NLRThe optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope. ERYTHRO SEDIMENTATION RATE, BLOOD-

Erythrocyte sedimentation rate (ESR) is a non - specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants. The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week post partum. ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives). It is especially low (0 -1mm) in polycythaemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

- Nathan and Oski's Haematology of Infancy and Childhood, 5th edition
   Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin
- The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th Edition" GLUCOSE, FASTING, PLASMA-

ADA 2021 guidelines for adults, after 8 hrs fasting is as follows: Pre-diabetics: 100 - 125 mg/dL Diabetic: > or = 126 mg/dL

GLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOOD-

Glycosylated hemoglobin (GHb) has been firmly established as an index of long-term blood glucose concentrations and as a measure of the risk for the development of complications in patients with diabetes mellitus. Formation of GHb is essentially irreversible, and the concentration in the blood depends on both the life span of the red blood cell (average 120 days) and the blood glucose concentration. Because the rate of formation of GHb is directly proportional to the concentration of glucose in the blood, the GHb concentration represents the integrated values for glucose over the preceding 6-8 weeks.

Any condition that alters the life span of the red blood cells has the potential to alter the GHb level. Samples from patients with hemolytic anemias will exhibit decreased glycated hemoglobin values due to the shortened life span of the red cells. This effect will depend upon the severity of the anemia. Samples from patients with polycythemia

or post-splenectomy may exhibit increased glycated hemoglobin values due to a somewhat longer life span of the red cells.

Glycosylated hemoglobins results from patients with HbSS, HbCC, and HbSC and HbD must be interpreted with caution, given the pathological processes, including anemia, increased red cell turnover, transfusion requirements, that adversely impact HbA1c as a marker of long-term glycemic control. In these conditions, alternative forms of

testing such as glycated serum protein (fructosamine) should be considered.
"Targets should be individualized; More or less stringent glycemic goals may be appropriate for individual patients. Goals should be individualized based on duration of diabetes, age/life expectancy, comorbid conditions, known CVD or advanced microvascular complications, hypoglycemia unawareness, and individual patient considerations.

### References

- 1. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics, edited by Carl A Burtis, Edward R.Ashwood, David E Bruns, 4th Edition, Elsevier publication, 2006,
- 2. Forsham PH. Diabetes Mellitus: A rational plan for management. Postgrad Med 1982, 71,139-154.
- 3. Mayer TK, Freedman ZR: Protein glycosylation in Diabetes Mellitus: A review of laboratory measurements and their clinical utility. Clin Chim Acta 1983, 127, 147-184. GLUCOSE, POST-PRANDIAL, PLASMA-ADA Guidelines for 2hr post prandial glucose levels is only after ingestion of 75grams of glucose in 300 ml water, over a period of 5 minutes.

LIVER FUNCTION PROFILE, SERUM-LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when







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Tel: 09152729959/9111591115, CIN - U74899PB1995PLC045956

**PATIENT NAME: PARTHA PRATIM NATH** PATIENT ID: PARTM27048865

0065VI001005 34 Years ACCESSION NO: AGE: SEX: Male ABHA NO:

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there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, is chemia to the liver, chronic

hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson's disease. GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc SERUM BLOOD UREA NITROGEN-

Causes of Increased levels

Pre renal

• High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal

• Renal Failure

Post Renal

• Malignancy, Nephrolithiasis, Prostatism

Causes of decreased levels

Liver diseaseSIADH.

CREATININE, SERUM-

Higher than normal level may be due to:

- Blockage in the urinary tract
- Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
- Loss of body fluid (dehydration)
- Muscle problems, such as breakdown of muscle fibers
- Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- · Mvasthenia Gravis
- Muscular dystrophy URIC ACID, SERUM-

Causes of Increased levels

- Dietary
   High Protein Intake.
- Prolonged Fasting,
- · Rapid weight loss

Gout

Lesch nyhan syndrome. Type 2 DM.

Metabolic syndrome

Causes of decreased levels

- Low Zinc Intake
- OCP's
- Multiple Sclerosis

Nutritional tips to manage increased Uric acid levels

- Drink plenty of fluids Limit animal proteins
- High Fibre foods
- Vit C Intake
- Antioxidant rich foods

TOTAL PROTEIN, SERUM-

Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and







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#### globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

### ALBUMIN, SERUM-

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc. ELECTROLYTES (NA/K/CL), SERUM-

Sodium levels are Increased in dehydration, cushing's syndrome, aldosteronism & decreased in Addison's disease, hypopituitarism,liver disease. Hypokalemia (low K) is common in vomiting, diarrhea, alcoholism, folic acid deficiency and primary aldosteronism. Hyperkalemia may be seen in end-stage renal failure, hemolysis, trauma, Addison's disease, metabolic acidosis, acute starvation, dehydration, and with rapid K infusion. Chloride is increased in dehydration, renal tubular acidosis (hyperchloremia metabolic acidosis), acute renal failure, metabolic acidosis associated with prolonged diarrhea and loss of sodium bicarbonate, diabetes insipidus, adrenocortical hyperfuction, salicylate intoxication and with excessive infusion of isotonic saline or extremely high dietary intake of salt. Chloride is decreased in overhydration, chronic respiratory acidosis, salt-losing nephritis, metabolic alkalosis, congestive heart failure, Addisonian crisis, certain types of metabolic acidosis, persistent gastric secretion and prolonged vomiting,
MICROSCOPIC EXAMINATION, URINE-

Routine urine analysis assists in screening and diagnosis of various metabolic, urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine. Other causes include pregnancy, hormonal disturbances, liver disease and certain

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine. Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders. Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.
pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/ alkalosis or ingestion of certain type of food

can affect the pH of urine. Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased specific gravity is seen in conditions like dehydration, glycosuria and

proteinuria while decreased specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.

Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine. Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in cases of hemolytic anemia

Trilodothyronine T3 , is a thyroid hormone. It affects almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate. Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of T5H.
Thyroxine T4, Thyroxine's principal function is to stimulate the metabolism of all cells and tissues in the body. Excessive secretion of thyroxine in the body is

hyperthyroidism, and deficient secretion is called hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3

Levels in TOTAL T4 TSH3G TOTAL T3

(μIU/mL) 0.1 - 2.5 0.2 - 3.0 0.3 - 3.0 Pregnancy (µg/dL) 6.6 - 12.4 (ng/dL) 81 - 190 First Trimester 6.6 - 15.5 100 - 260 100 - 260 2nd Trimester 3rd Trimester 6.6 - 15.5

Below mentioned are the guidelines for age related reference ranges for T3 and T4.

Т3 (na/dL) (µg/dL) 1-3 day: 8.2 - 19.9 1 Week: 6.0 - 15.9 New Born: 75 - 260

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well documented in the pediatric population including the infant age group.

Kindly note: Method specific reference ranges are appearing on the report under biological reference range.

- 1. Burtis C.A., Ashwood E. R. Bruns D.E. Teitz textbook of Clinical Chemistry and Molecular Diagnostics, 4th Edition.
  2. Gowenlock A.H. Varley's Practical Clinical Biochemistry, 6th Edition.
  3. Behrman R.E. Kilegman R.M., Jenson H. B. Nelson Text Book of Pediatrics, 17th Edition

STOOL: OVA & PARASITE-

Acute infective diarrhoea and gastroenteritis (diarrhoea with vomiting) are major causes of ill health and premature death in developing countries. Loss of water and electrolytes from the body can lead to severe dehydration which if untreated, can be rapidly fatal in young children, especially that are malnourished, hypoglycaemic, and generally in poor health.





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Laboratory diagnosis of parasitic infection is mainly based on microscopic examination and the gross examination of the stool specimen. Depending on the nature of the parasite, the microscopic observations include the identification of cysts, ova, trophozoites, larvae or portions of adult structure. The two classes of parasites that cause human infection are the Protozoa and Helminths. The protozoan infections include amoebiasis mainly caused by Entamoeba histolytica and giardiasis caused by Giardia lamblia. The common helminthic parasites are Trichuris trichiura, Ascaris lumbricoides, Strongyloides stercoralis, Taenia sp. etc

ABO GROUP & RH TYPE, EDTA WHOLE BLOODBlood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for

The test is performed by both forward as well as reverse grouping methods.

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# MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

**ULTRASOUND ABDOMEN ULTRASOUND ABDOMEN** 

MILD FATTY LIVER.

\*\*End Of Report\*\* Please visit www.srlworld.com for related Test Information for this accession

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