

15 DEEPAK KUMAR  
28 Yrs/ M 74 Kg / Ht-170 cms

Date: 11-12-2021 Ref By: BOB  
Time: 01:40 PM Protocol: Bruce

Ref. No.:

History:

Medication:

Stage	Stg Time min:sec	Speed mph	Grade %	METs	HR bpm	BP mmHg	RPP	PVCs
Pre Ex				1	84	128/80	108	
Supine				1	87	128/80	111	
Standing*				1	89	128/80	114	
Hyp Vent				1	104	128/80	133	
S1	03:00	1.7	10.0	4.8	125	128/80	160	2
S2	03:00	2.5	12.0	6.9	150	148/100	222	65
Peak Ex	01:24	3.4	14.0	9.5	166	160/110	266	92
Post Ex 1	01:00			1	132	155/105	205	92
Post Ex 2	01:00			1	119	147/98	175	92
Post Ex 3	00:31			1	115	136/90	156	92
Finish				1	116	136/90	158	92

**Findings:** Exercise Time : 07:24 mins  
 Max HR attained : 166 bpm 86 % of Target 192 bpm  
 Max BP : 160/110mmHg  
 Max Workload attained : 9.5 METs ( Good Effort Tolerance.)  
 Reason for Test Termination: Patient Completed Test

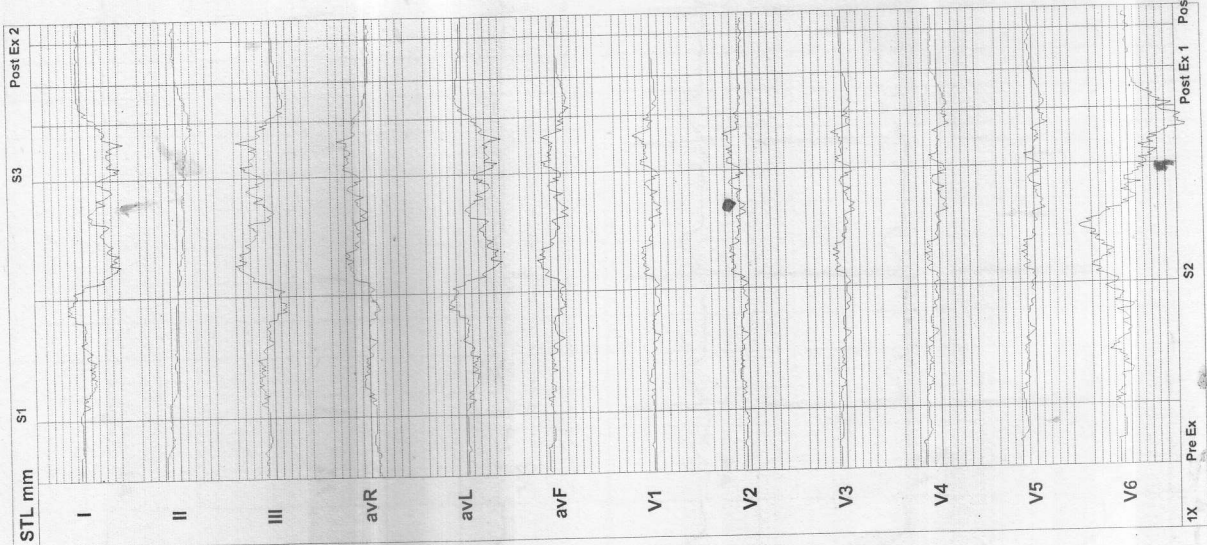
No significant ST segment changes noted during exercise or recovery stages.

No Angina / Arrhythmia / S3 / Murmur

Final Impression : Test is negative for inducible ischaemia.

**Dr. APAN HEAPTA**  
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**PAN HEALTH**  
S.C.O. 56, 1st Floor  
Sec. 47-D, Chandigarh



# PAN HEALTH

SCO 56 SEC 47 D CHD

Linked Medians  
Pre Ex

10 mm/mV  
25 mm/s  
Median Sweep: 25 mm/s

Filter: 0.1 - 100 Hz  
Gain: 10 mm/mV  
Sweep: 25 mm/s  
BLC: On  
Notch: On

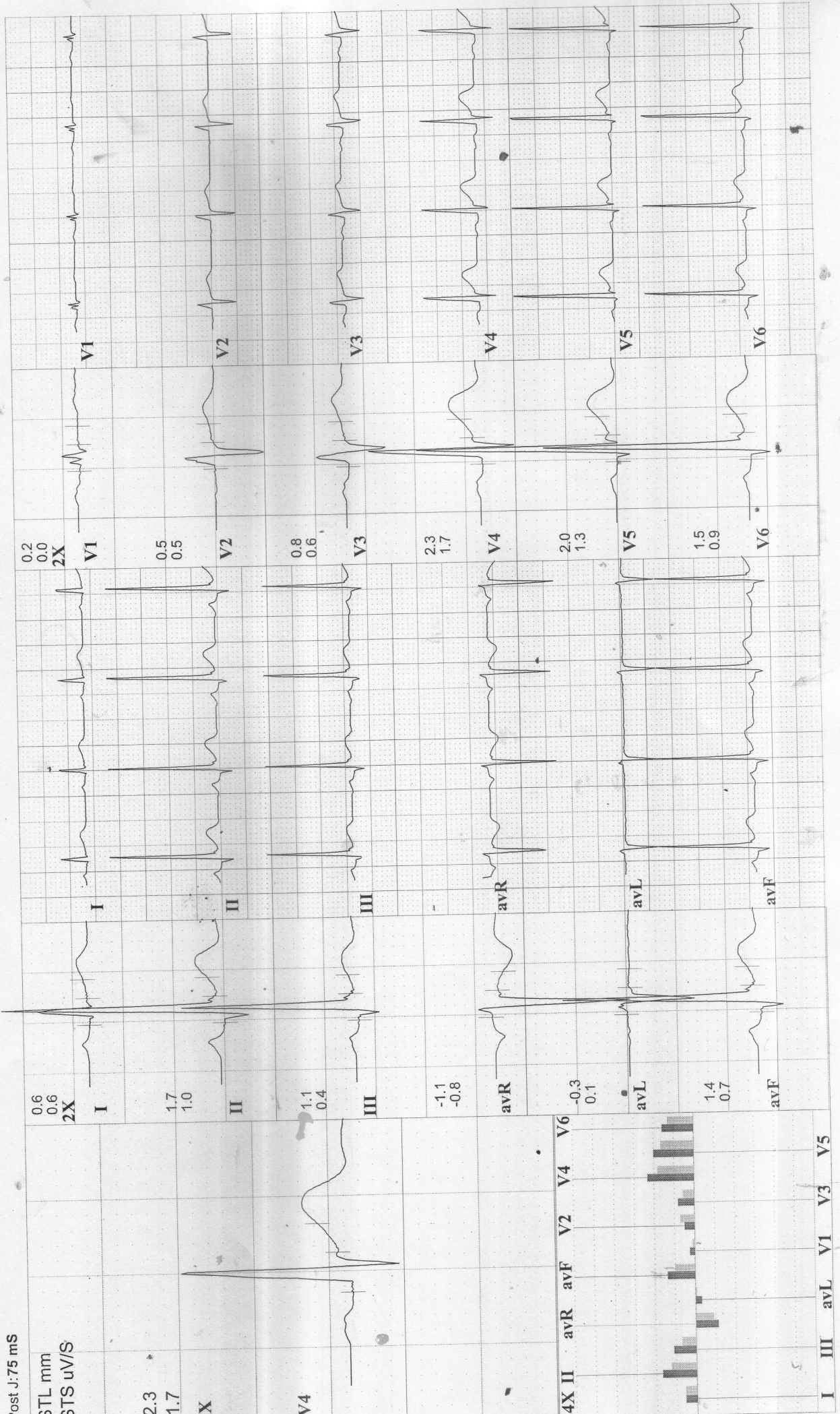
Target Hr: 48 % of 178  
Ex Time: --- min:sec  
Curr Time: 00:08

Speed: --- mph  
Grade: --- %  
Protocol: Bruce

Hr: 86  
Mets: 1  
BP: 128/80 mmHg

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28 Yrs/ M  
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SCO 56 SEC 47 D CHD



**DEEPAK KUMAR**

74 Kg / Ht-170 cms

Ref.No.:

28 Yrs/ M

Date: 11-12-2021 Time: 01:40 PM

Post J: 67 ms

STL mm

STS uV/S

2.3

1.6

3X

V4

Speed: --- mph

Grade: --- %

Protocol: Bruce

Hr: 87

Mets: 1

BP: 128/80 mmHg

Target Hr: 48 % of 178

Ex Time: --- min:sec

Curr Time: 00:19

10 mm/mV

25 mm/S

Median Sweep: 25 mm/S

Gain:

Sweep:

Median Sweep: 25 mm/S

Filter: 0.1 - 100 Hz

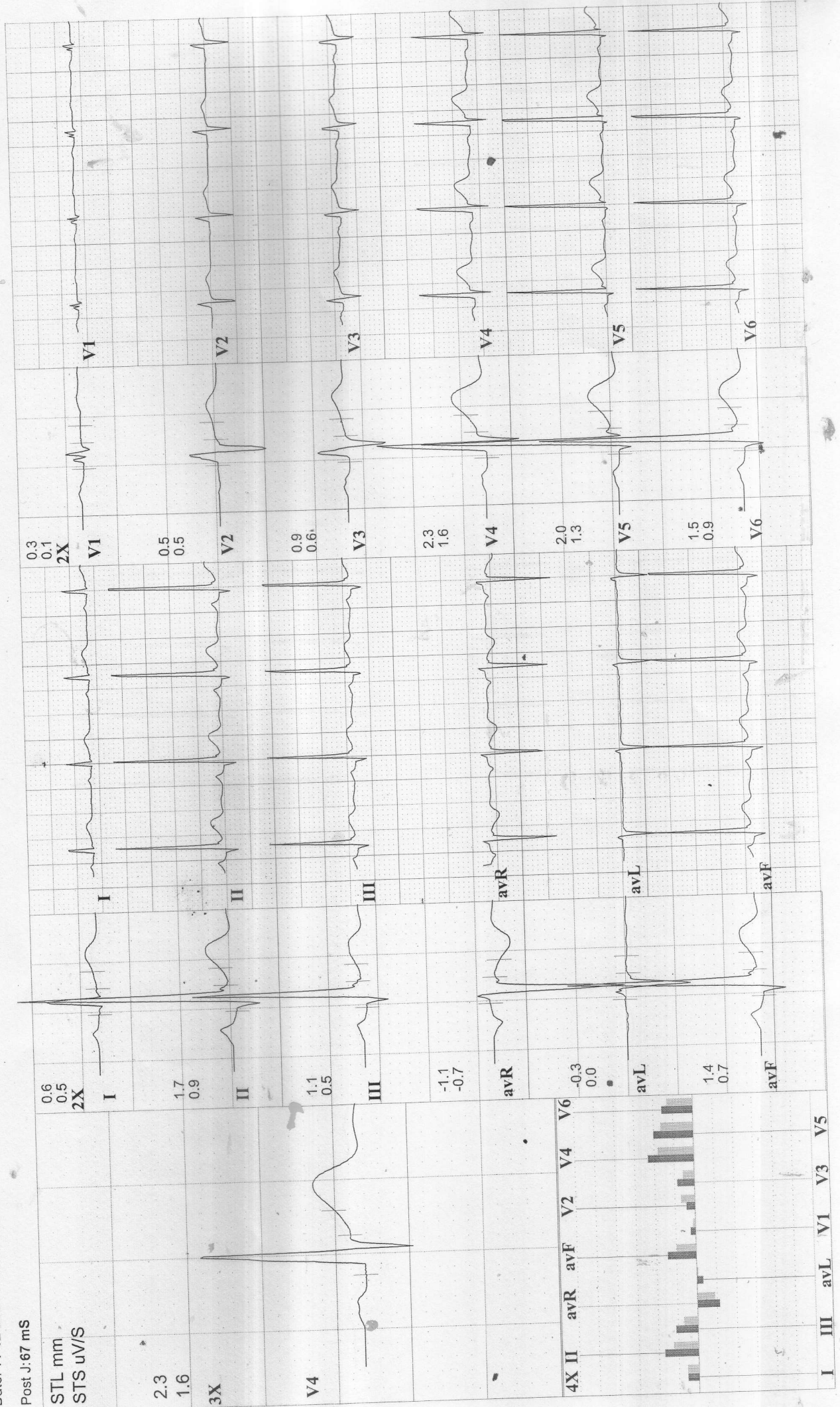
BLC: On

Notch: On

Linked Medians

Pre Ex

Supine



# PAN HEALTH

SCO 56 SEC 47 D CHD

Linked Medians  
Pre Ex  
Standing

Speed: --- mph  
Grade: --- %  
Protocol: Bruce

Target Hr: 50 % of 178  
Ex Time: --- min:sec  
Curr Time: 00:49

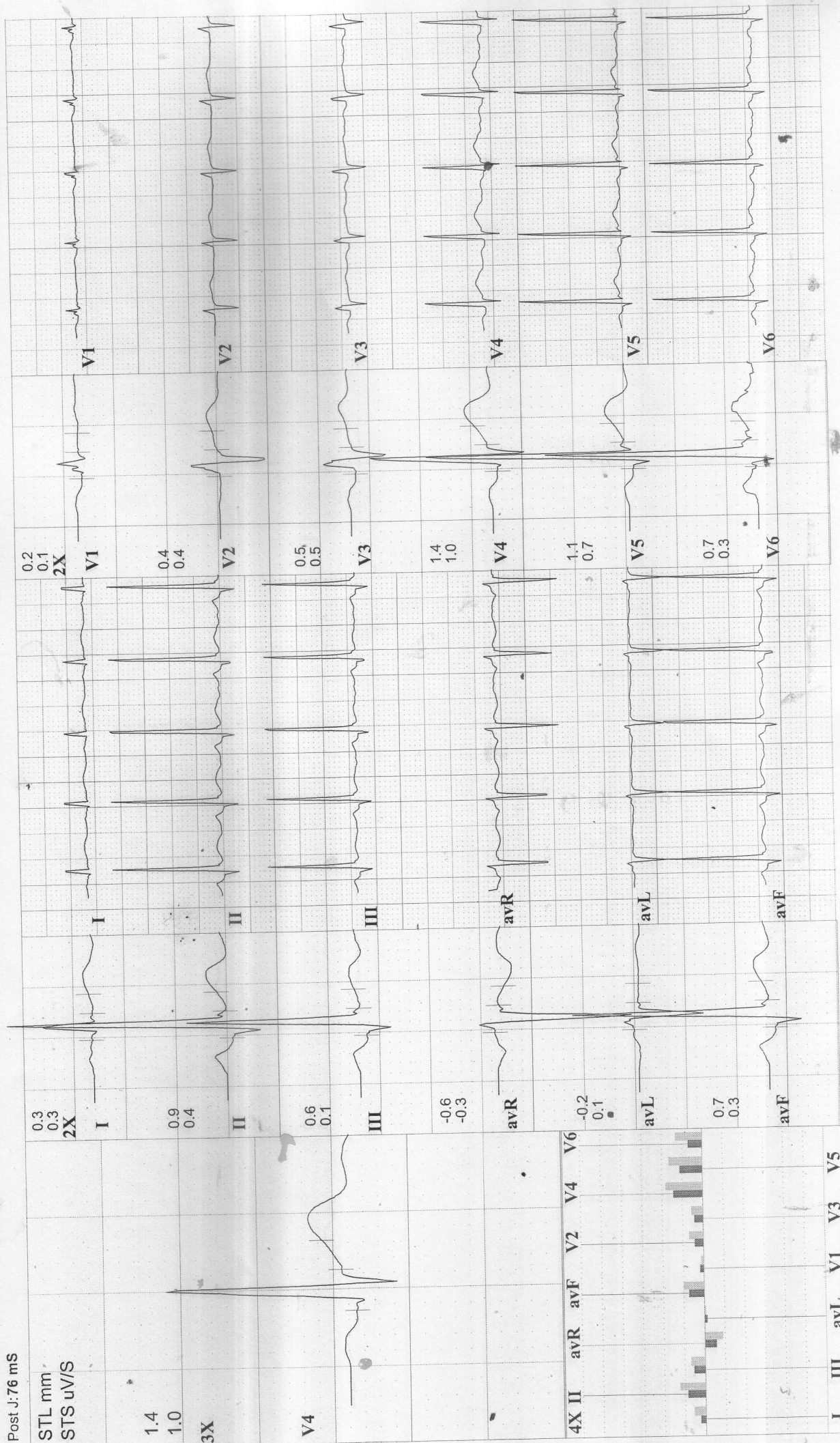
Filter: 0.1 - 100 Hz  
Gain: 10 mm/mV  
Sweep: 25 mm/S  
Median Sweep: 25 mm/S

Hr: 89  
Mets: 1  
BP: 128/80 mmHg

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Post J: 76 mS



# PAN HEALTH

SCO 56 SEC.47 D CHD



Linked Medians  
Pre Ex  
Hyp Vent

10 mm/mV  
25 mm/S  
Median Sweep:25 mm/S

Filter:0.1 - 100 Hz  
Gain:  
Sweep:  
BLC: On  
Notch:On

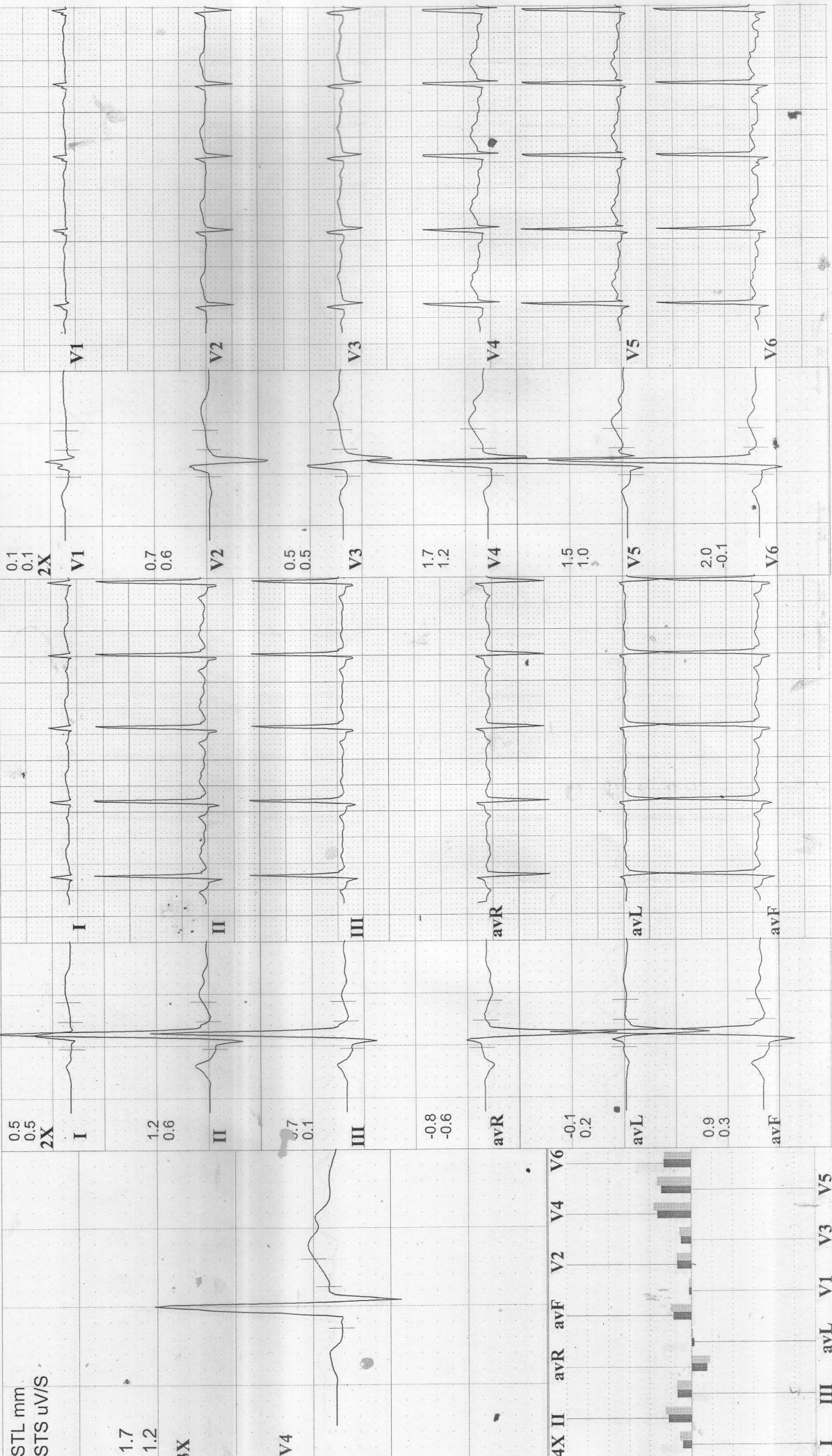
Target Hr: 58 % of 178  
Ex Time: --- min:sec  
Curr Time:01:22

Speed: --- mph  
Hr: 104  
Mets: 1  
Protocol: Bruce  
BP: 128/80 mmHg

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74 Kg / Ht-170 cms  
Ref.No.:

Date: 11-12-2021 Time: 01:40 PM

Post J: 72 mS



# PAN HEALTH

SCO 56 SEC/47 D CHD

Linked Medians

S1

Speed: 1.7 mph Hr: 125 Target Hr: 70 % of 178 Filter: 0.1 - 100 Hz Gain: 10 mm/mV  
 Grade: 10 % Ex Time: 03:00 BLC: On Sweep: 25 mm/S  
 Protocol: Bruce BP: 128/80 mmHg Curr Time: 04:22 Median Sweep: 25 mm/S

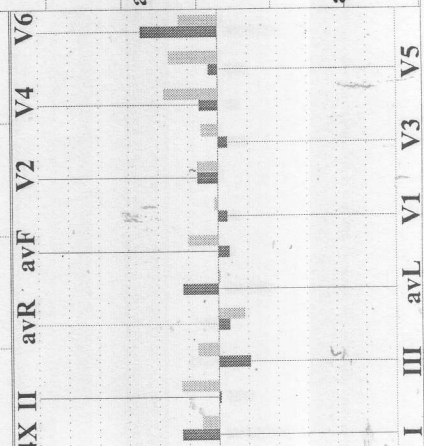
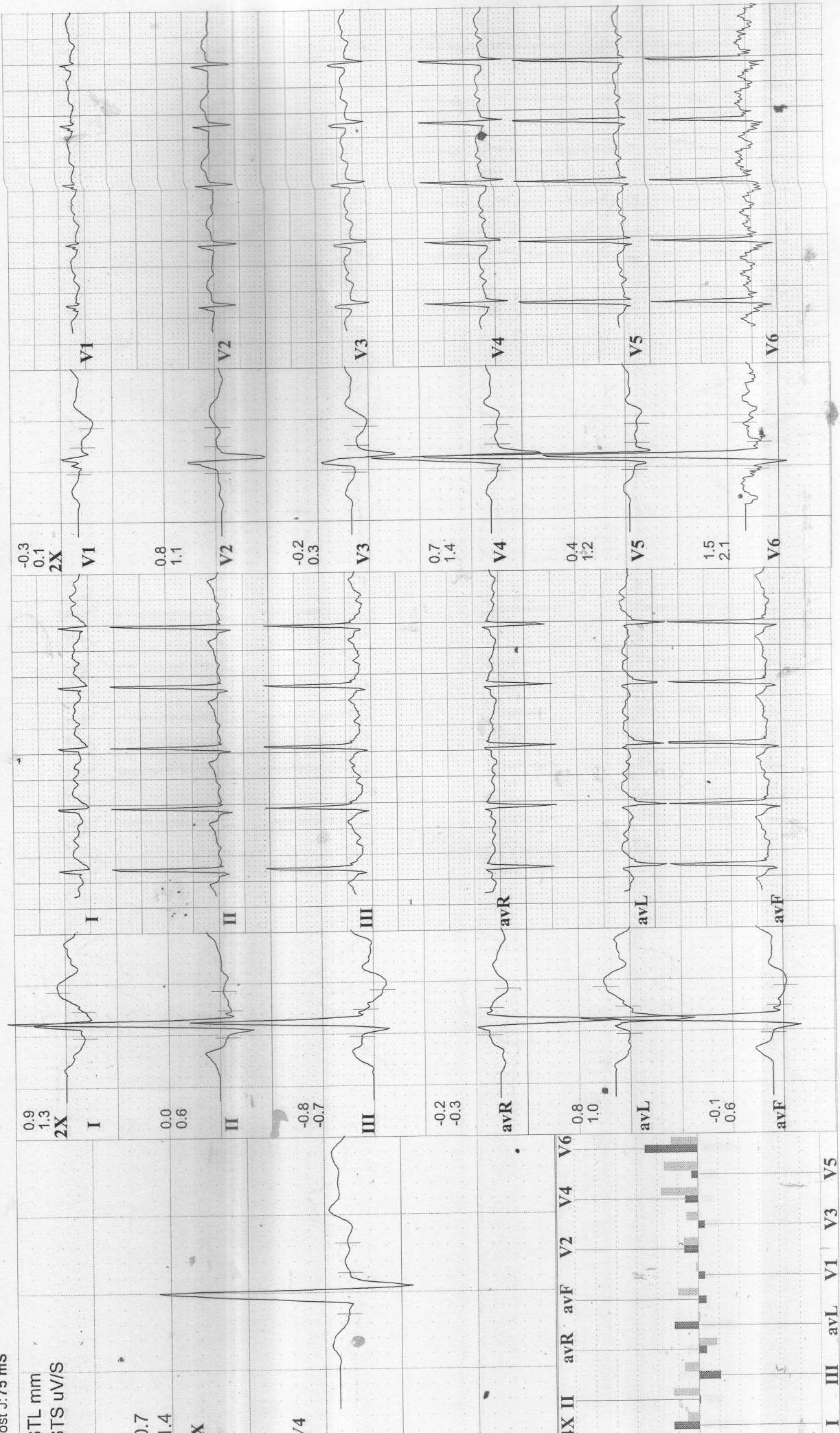
DEEPAK KUMAR Ref.No.:  
 8 Yrs/ M 74 Kg / Ht-170 cms  
 Date: 11-12-2021 Time: 01:40 PM

ost J:75 mS

TL mm  
 TTS uV/S

0.7  
 1.4  
 X

74

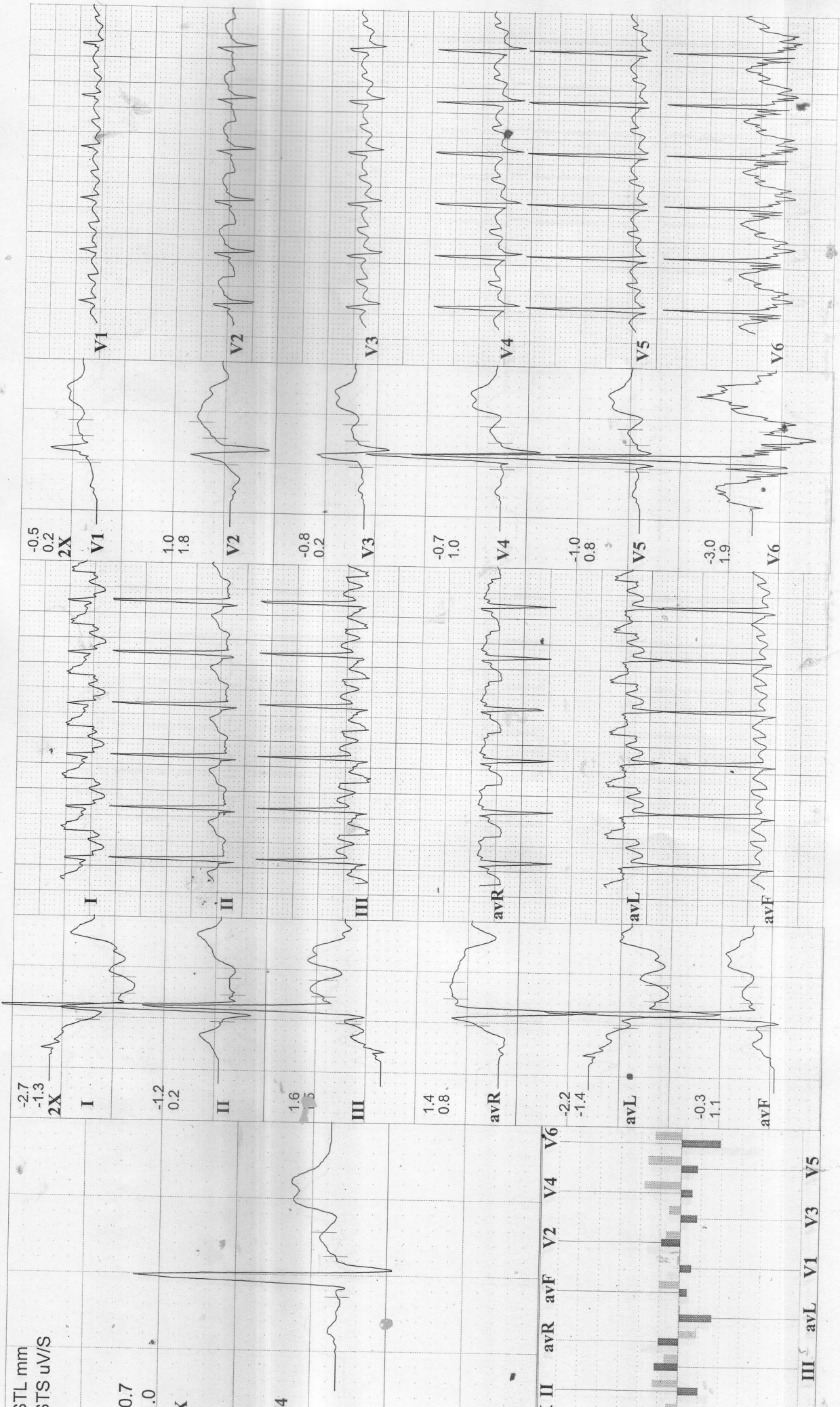


Speed: 2.5 mph Hr: 150  
Grade: 12% Mets: 6.9  
Protocol: Bruce BP: 148/100 mmHg Curr Time: 07:22

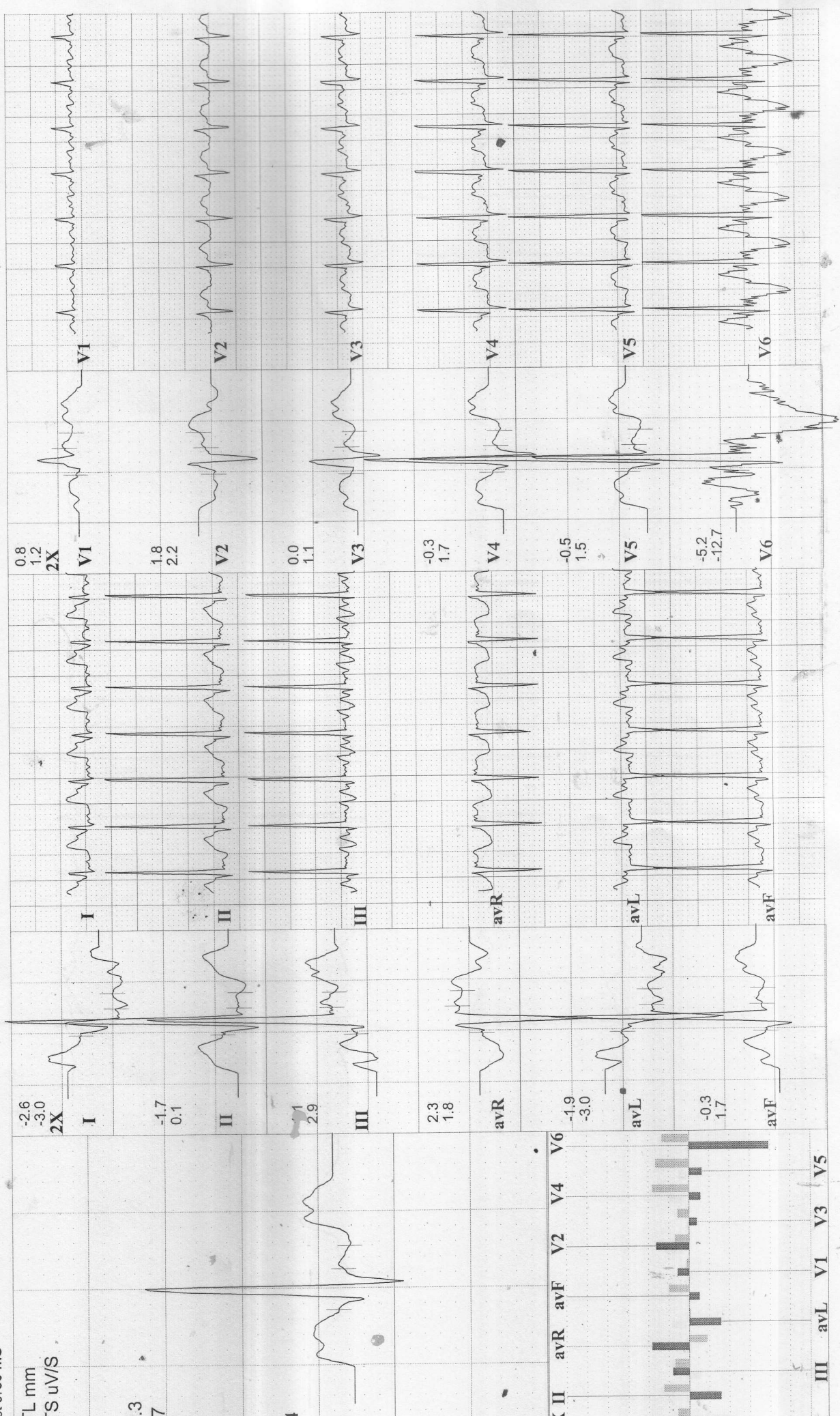
Target Hr: 84% of 178 Filter: 0.1 - 100 Hz Gain: 10 mm/mV  
Ex Time: 06:00 BLC: On Sweep: 25 mm/S  
Notch On Median Sweep: 25 mm/S

Linked Medians  
S2

15 DEEPAK KUMAR  
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Date: 11-12-2021 Time: 01:40 PM  
Post J: 64 mS



5 DEEPAK KUMAR Target Hr: 93 % of 178 Filter: 0.1 - 100 Hz Gain: 10 mm/mV  
 18 Yrs/ M 74 Kg / Ht-170 cms Ref.No.: Speed: 3.4 mph Hr: 166 Grade: 14 % Mets: 9.5 Ex Time: 07:24 BLC: On Sweep: 25 mm/S  
 Date: 11-12-2021 Time: 01:40 PM Protocol: Bruce BP: 160/110 mmHg Curr Time: 08:46 Median Sweep: 25 mm/S  
 Post J: 60 mS NotchOn



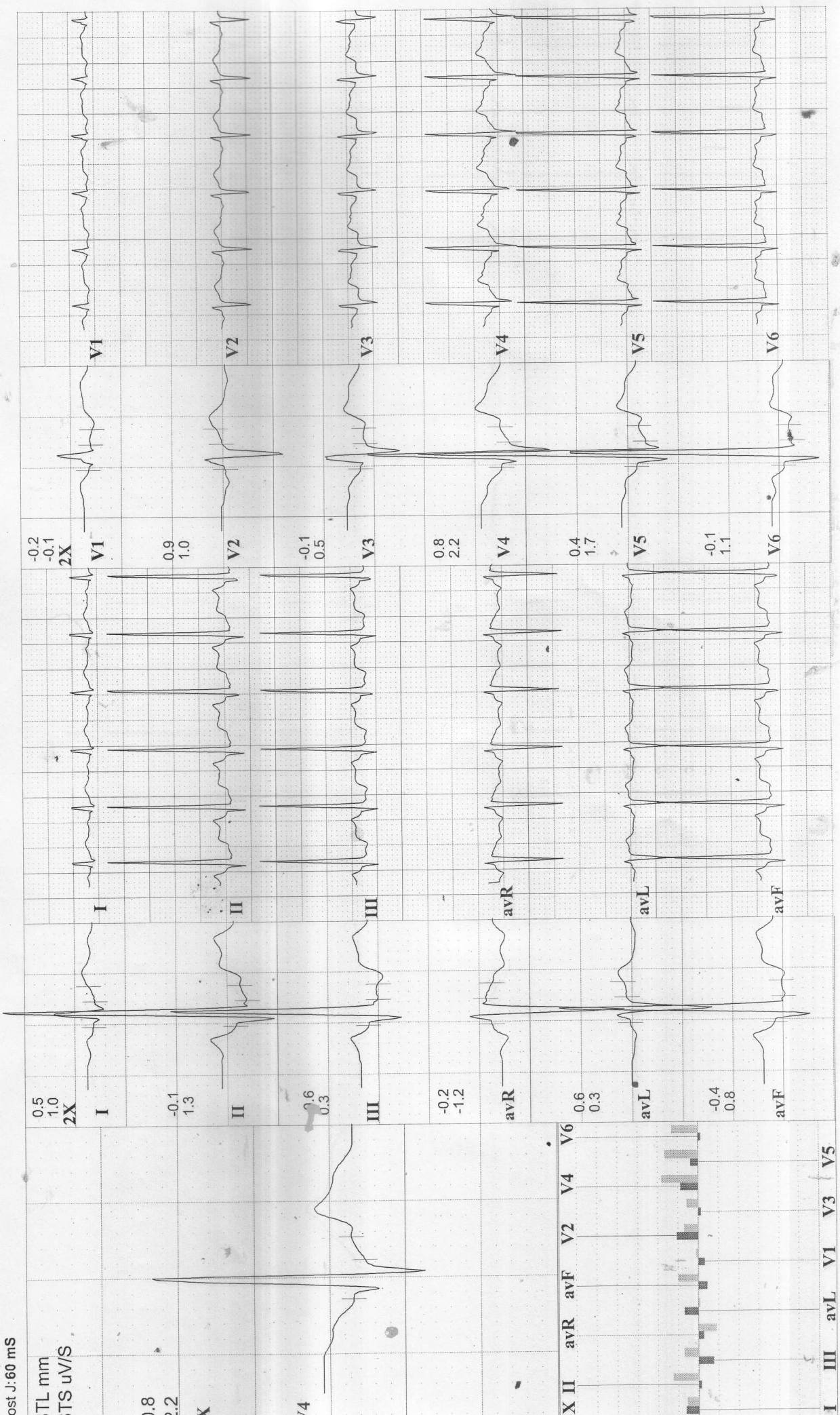
Linked Medians  
 Peak Ex



**Linked Medians**  
**Post Ex 1**

Speed: --- mph Hr: 132 Target Hr: 74 % of 178 Filter: 0.1 - 100 Hz Gain: 10 mm/mV  
Grade: --- % Mets: 1 Ex Time: 07:24 BLC: On Sweep: 25 mm/S  
Protocol: Bruce BP: 155/105 mmHg Curr Time: 09:46 NotchOn Median Sweep: 25 mm/S

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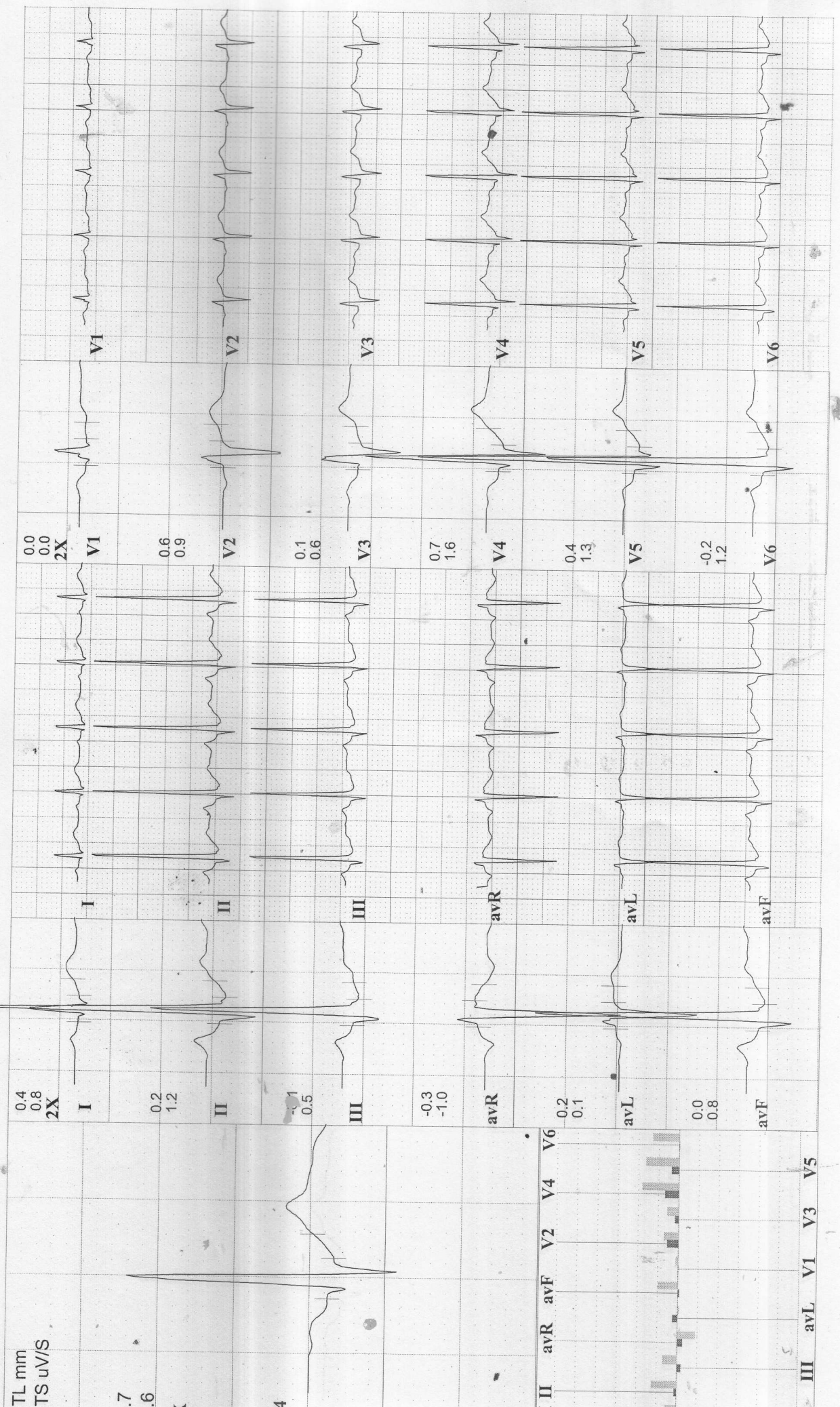
15  
28 Yrs/ M  
Date: 11-12-2021 Time: 01:40 PM  
Post J: 64 mS

Speed: --- mph  
Grade: --- %  
Protocol: Bruce

Target Hr: 66 % of 178  
Ex Time: 07:24  
Curr Time: 10:46

10 mm/mV  
25 mm/S  
Median Sweep: 25 mm/S

Ref.No.:



Speed: --- mph  
Grade: --- %  
Protocol: Bruce

Target Hr: 64 % of 178  
Ex Time: 07:24  
Curr Time: 11:17

10 mm/mV  
25 mm/S  
Median Sweep: 25 mm/S

Hr: 115  
Mets: 1  
BP: 136/90 mmHg

Ref.No.:  
Date: 11-12-2021 Time: 01:40 PM  
Post J: 66 ms

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