



MANIPAL HOSPITAL GHAZIABAD
NH-24 HAPUR ROAD, NEAR LANDCRAFT GOLF LINKS, GHAZIABAD-201002

BILL OF SUPPLY

PAYOR : Arcofemi Healthcare Limited 2022-20

Hosp No. :	MH010665579	Bill No. :	MGD22OCR0000434
Episode No.:	H18000000070	Episode Dt :	24/12/2022
Name :	MRS NANCY GARG	Bill Date :	24/12/2022 09:46AM
Age/Sex :	31 Y / Female	Doctor :	HEALTH CHECK MGD
Address :	A4 1506 CHERY COUNTRY DADRI GAUTAM BUDDHA NAGAR 201307	Dept. :	HC SERVICE MGD
Phone :	7011683586		
GSTIN :	09AACCC2943F1ZU	PAN No :	AACCC2943F

#	Particulars	Unit	Price	Tax%	TaxAmt	Amount
1	BELOW 40YRS MEDIWHEELS (FEMALE) MGD	1	2350.00			2350.00
2	HC APPT	1	0.00			0.00

Total : 2350.00

Patient Share : 0.00

Net Payable : 0.00

Arcofemi Healthcare Limited 2022-20 Share : 2350.00

Net Payable : 2350.00

(Bill to Arcofemi Healthcare Limited 2022-20 a sum of Rupees Two Thousand Three Hundred Fifty only)

Generated/Printed By
(Pratiksha Singh)

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MRS. GARG NANCY
EC NO.	120738
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	GHAZIABAD,CROSSING REPUBLIC
BIRTHDATE	30-11-1991
PROPOSED DATE OF HEALTH CHECKUP	26-11-2022
BOOKING REFERENCE NO.	22D120738100031154E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **22-11-2022** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))




भारत सरकार
आधार

नन्सी गर्ग
Nancy Garg
जन्म तिथि / DOB: 30/11/1991
महिला / Female

Issue Date: 30/04/2017

5806 4790 2617

मेरा आधार, मेरी पहचान





भारत सरकार, नई दिल्ली

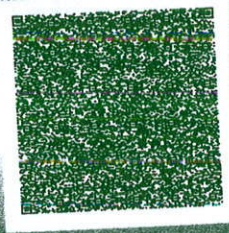
भारत



पता तुषार संगत, ए4 1506 चैरी काउंटी, घ
5बी टेकजोने 4, एक्मूर्ति चौक, ग्रेटर नोएडा
वेस्ट, नोएडा सेक्टर 34, गौतमबुद्ध नगर, उत्तर
प्रदेश, 201307

Print Date: 29/11/2021

Address: W/O Tushar Sangal, A4 1506
Cherry County, Gh 5b Techzone 4, Ekmurti
Chowk, Greater Noida West, Noida Sector
34, Gautam Buddha Nagar, Uttar Pradesh,
201307



5806 4790 2617



1947



www.noida.gov.in

LABORATORY REPORT

Name	: MRS NANCY GARG	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010665579	Lab No	: 32221208191
Patient Episode	: H1800000070	Collection Date	: 24 Dec 2022 13:39
Referred By	: HEALTH CHECK MGD	Reporting Date	: 25 Dec 2022 13:00
Receiving Date	: 24 Dec 2022 14:03		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
THYROID PROFILE, Serum			
T3 - Triiodothyronine (ECLIA)	1.54	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	9.87	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	1.500	μIU/mL	[0.340-4.250]
1st Trimester:0.6 - 3.4	micIU/mL		
2nd Trimester:0.37 - 3.6	micIU/mL		
3rd Trimester:0.38 - 4.04	micIU/mL		

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet, stress and illness affect TSH results.

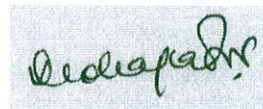
* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----



Dr. Lona Mohapatra
CONSULTANT PATHOLOGY

LABORATORY REPORT

Name	: MRS NANCY GARG	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010665579	Lab No	: 202212002066
Patient Episode	: H1800000070	Collection Date	: 24 Dec 2022 10:00
Referred By	: HEALTH CHECK MGD	Reporting Date	: 24 Dec 2022 14:30
Receiving Date	: 24 Dec 2022 10:00		

HAEMATOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMATED)		SPECIMEN-EDTA Whole Blood	
RBC COUNT (IMPEDEANCE)	3.95	millions/cu mm	[3.80-4.80]
HEMOGLOBIN	12.8	g/dl	[12.0-15.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	38.6	%	[36.0-46.0]
MCV (DERIVED)	97.7	fL	[83.0-101.0]
MCH (CALCULATED)	32.4 #	pg	[27.0-32.0]
MCHC (CALCULATED)	33.2	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	13.5	%	[11.6-14.0]
Platelet count	284	x 10 ³ cells/cumm	[150-400]
MPV(DERIVED)	10.5		
WBC COUNT(TC) (IMPEDEANCE)	8.48	x 10 ³ cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	50.0	%	[40.0-80.0]
Lymphocytes	43.0	%	[17.0-45.0]
Monocytes	5.0	%	[2.0-10.0]
Eosinophils	2.0	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	55.0 #	/1sthour	[0.0-

LABORATORY REPORT

Name	: MRS NANCY GARG	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010665579	Lab No	: 202212002066
Patient Episode	: H1800000070	Collection Date	: 24 Dec 2022 10:00
Referred By	: HEALTH CHECK MGD	Reporting Date	: 24 Dec 2022 14:24
Receiving Date	: 24 Dec 2022 10:00		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Glycosylated Hemoglobin			
Specimen: EDTA			
HbA1c (Glycosylated Hemoglobin)	5.3	%	[0.0-5.6]
Method: HPLC			
As per American Diabetes Association (ADA)			
HbA1c in %			
Non diabetic adults >= 18years <5.7			
Prediabetes (At Risk) 5.7-6.4			
Diagnosing Diabetes >= 6.5			
Estimated Average Glucose (eAG)	105	mg/dl	

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	SLIGHTLY TURBID	
Reaction [pH]	5.0	(4.6-8.0)
Specific Gravity	1.010	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	Negative	(NOT DETECTED)
Glucose	Normal	(NOT DETECTED)
Ketone Bodies	Negative	(NOT DETECTED)
Urobilinogen	Normal	(NORMAL)

LABORATORY REPORT

Name	: MRS NANCY GARG	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010665579	Lab No	: 202212002066
Patient Episode	: H1800000070	Collection Date	: 24 Dec 2022 11:13
Referred By	: HEALTH CHECK MGD	Reporting Date	: 24 Dec 2022 14:21
Receiving Date	: 24 Dec 2022 11:13		

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	10-15 /hpf	(0-5/hpf)
RBC	8-10 /hpf	(0-2/hpf)
Epithelial Cells	2-4 /hpf	
CASTS	nil	
Crystals	nil	
OTHERS	nil	

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	183	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	89	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	41.0	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	18	mg/dl	[0-35]
CHOLESTEROL, LDL, DIRECT	124.0 #	mg/dl	[<120.0] Near/ Borderline High:130-159 High Risk:160-189
Above optimal-100-129			<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
T.Chol/HDL.Chol ratio(Calculated)	4.5		
LDL.CHOL/HDL.CHOL Ratio(Calculated)	3.0		<3 Optimal 3-4 Borderline >6 High Risk

Note:

LABORATORY REPORT

Name : MRS NANCY GARG Age : 31 Yr(s) Sex :Female
 Registration No : MH010665579 Lab No : 202212002066
 Patient Episode : H18000000070 Collection Date : 24 Dec 2022 10:00
 Referred By : HEALTH CHECK MGD Reporting Date : 24 Dec 2022 12:04
 Receiving Date : 24 Dec 2022 10:00

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

Specimen: Serum			
UREA	22.6	mg/dl	[15.0-40.0]
Method: GLDH, Kinatic assay			
BUN, BLOOD UREA NITROGEN	10.6	mg/dl	[8.0-20.0]
Method: Calculated			
CREATININE, SERUM	0.45 #	mg/dl	[0.70-1.20]
Method: Jaffe rate-IDMS Standardization			
URIC ACID	4.5	mg/dl	[4.0-8.5]
Method:uricase PAP			

SODIUM, SERUM	138.7	mmol/L	[136.0-144.0]
POTASSIUM, SERUM	4.23	mmol/L	[3.60-5.10]
SERUM CHLORIDE	106.2	mmol/l	[101.0-111.0]
Method: ISE Indirect			

eGFR (calculated)	133.9	ml/min/1.73sq.m	[>60.0]
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Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

LABORATORY REPORT

Name : MRS NANCY GARG **Age** : 31 Yr(s) Sex :Female
Registration No : MH010665579 **Lab No** : 202212002066
Patient Episode : H1800000070 **Collection Date** : 24 Dec 2022 10:00
Referred By : HEALTH CHECK MGD **Reporting Date** : 24 Dec 2022 12:04
Receiving Date : 24 Dec 2022 10:00

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL Method: D P D	0.55	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.09	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.46 #	mg/dl	[0.10-0.30]
TOTAL PROTEINS (SERUM) Method: BIURET	7.50	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.37	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	3.10	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.40		[1.00-2.50]
AST (SGOT) (SERUM) Method: IFCC W/O P5P	21.00	U/L	[0.00-40.00]
ALT (SGPT) (SERUM) Method: IFCC W/O P5P	24.00	U/L	[14.00-54.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	65.0	IU/L	[40.0-98.0]
GGT	35.0		[7.0-50.0]

LABORATORY REPORT

Name : MRS NANCY GARG Age : 31 Yr(s) Sex :Female
Registration No : MH010665579 Lab No : 202212002066
Patient Episode : H18000000070 Collection Date : 24 Dec 2022 10:00
Referred By : HEALTH CHECK MGD Reporting Date : 26 Dec 2022 12:13
Receiving Date : 24 Dec 2022 10:00

BLOOD BANK

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Blood Group & Rh Typing (Agglutination by gel/tube technique)			Specimen-Blood
Blood Group & Rh typing	O Rh(D) Positive		

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

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-----END OF REPORT-----



Dr. Alka Dixit Vats
Consultant Pathologist

LABORATORY REPORT

Name	: MRS NANCY GARG	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010665579	Lab No	: 202212002067
Patient Episode	: H18000000070	Collection Date	: 24 Dec 2022 10:00
Referred By	: HEALTH CHECK MGD	Reporting Date	: 24 Dec 2022 12:04
Receiving Date	: 24 Dec 2022 10:00		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma			
GLUCOSE, FASTING (F)	96.0	mg/dl	[70.0-110.0]
Method: Hexokinase			

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-----END OF REPORT-----



Dr. Alka Dixit Vats
Consultant Pathologist

LABORATORY REPORT

Name	: MRS NANCY GARG	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010665579	Lab No	: 202212002068
Patient Episode	: H18000000070	Collection Date	: 24 Dec 2022 13:36
Referred By	: HEALTH CHECK MGD	Reporting Date	: 26 Dec 2022 10:48
Receiving Date	: 24 Dec 2022 13:36		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Specimen: Plasma			
GLUCOSE, POST PRANDIAL (PP), 2 HOURS	112.0	mg/dl	[80.0-140.0]
Method: Hexokinase			

Note:
 Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

-----END OF REPORT-----



Dr. Charu Agarwal
 Consultant Pathologist

Name	Nancy GARG	Modality	US
Patient ID	MH010665579	Accession No	R4949209
Gender/Age	F / 31Y 24D	Scan Date	24-12-2022 10:51:04
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	24-12-2022 11:37:43

USG ABDOMEN & PELVIS

FINDINGS

LIVER: appears normal in size (measures 139 mm) and shape but shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 85 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 11.1 mm.

COMMON BILE DUCT: Appears normal in size and measures 4.1 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 109x43 mm. It shows two concretions measuring 2.7 mm and 2.1 at mid calyx.

Left Kidney: measures 109 x 49 mm. It shows a concretion measuring 2.1 mm at upper calyx.

PELVI-CALYCEAL SYSTEMS: Right renal pelvis appears dilated (measures ~ 18.7 mm in AP diameter), likely extra renal. Pelvicalyceal system is compact on left side.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

UTERUS: Uterus is anteverted, bulky in size (measures 102 x 54 x 37 mm) but normal in shape and shows coarse myometrial echotexture. Endometrial thickness measures 6.4 mm. Cervix appears normal.

OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.

Right ovary measures 29 x 28 x 15 mm with volume 6.4 cc.

Left ovary measures 27 x 26 x 11 mm with volume 4.1 cc.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

- Diffuse grade I fatty infiltration in liver.
- Dilated right renal pelvis, likely extra renal.
- Bilateral renal concretions.
- Bulky uterus with coarse myometrial echotexture.

Recommend clinical correlation.

Name	Nancy GARG	Modality	US
Patient ID	MH010665579	Accession No	R4949209
Gender/Age	F / 31Y 24D	Scan Date	24-12-2022 10:51:04
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	24-12-2022 11:37:43



Dr. Monica Shekhawat, MBBS,DNB,
Consultant Radiologist,Reg No MCI 11 10887

RADIOLOGY REPORT

Name	Nancy GARG	Modality	DX
Patient ID	MH010665579	Accession No	R4949208
Gender / Age	F / 31Y 24D	Scan Date	24-12-2022 10:22:32
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	24-12-2022 10:44:23

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
 TRACHEA: Normal.
 CARINA: Normal.
 RIGHT AND LEFT MAIN BRONCHI: Normal.
 PLEURA: Normal.
 HEART: Normal.
 RIGHT HEART BORDER: Normal.
 LEFT HEART BORDER: Normal.
 PULMONARY BAY: Normal.
 PULMONARY HILA: Normal.
 AORTA: Normal.
 THORACIC SPINE: Normal.
 OTHER VISUALIZED BONES: Normal.
 VISUALIZED SOFT TISSUES: Normal.
 DIAPHRAGM: Normal.
 VISUALIZED ABDOMEN: Normal.
 VISUALIZED NECK: Normal.

IMPRESSION:

XR- CHEST PA VIEW

No significant abnormality seen.

Please correlate clinically

31 years
Female
Caucasian

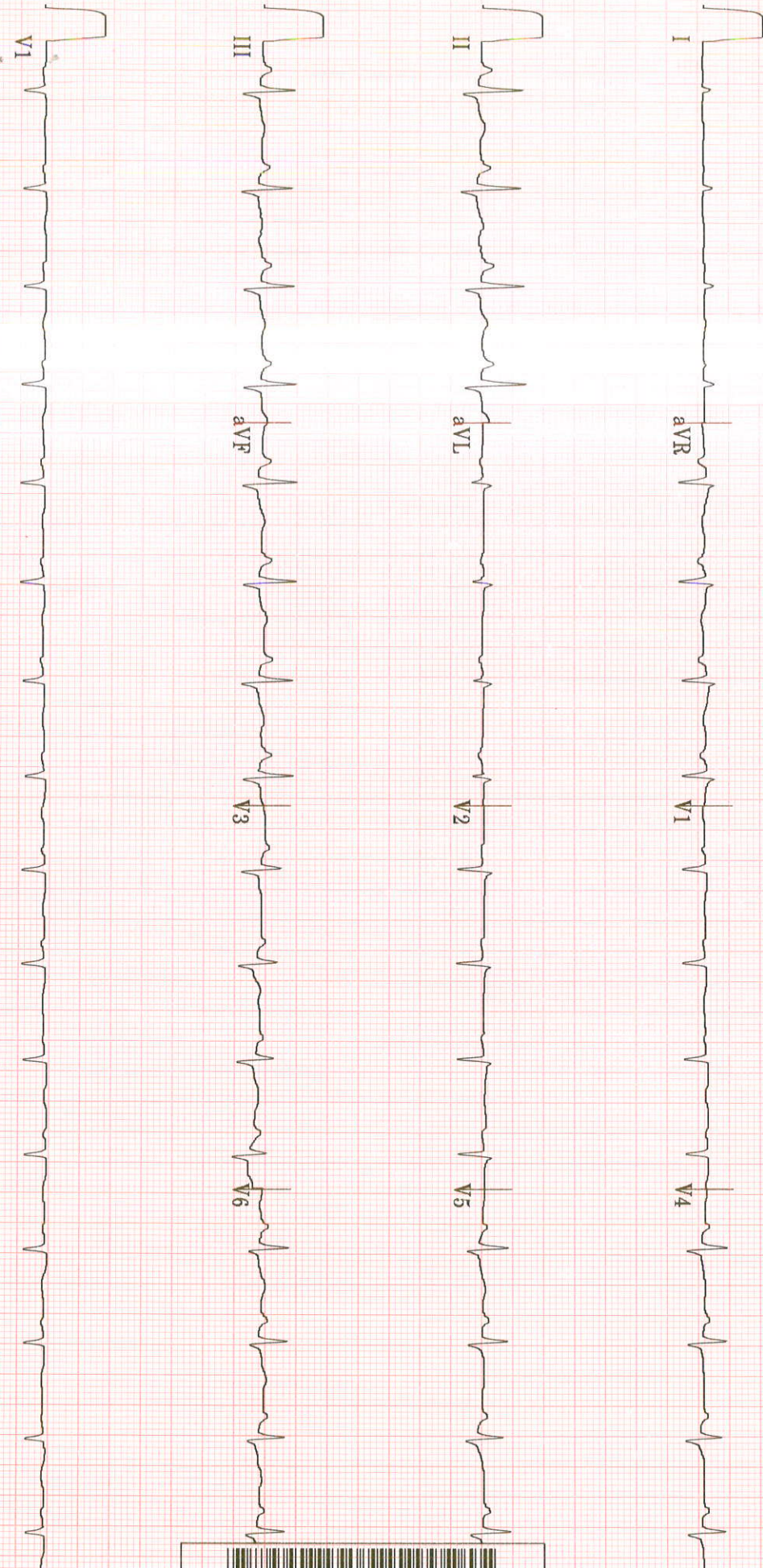
Vent. rate 96 bpm
PR interval 160 ms
QRS duration 78 ms
QT/QTc 362/457 ms
P-R-T axes 81 74 76

Normal sinus rhythm
Septal infarct, age undetermined
Abnormal ECG

Technician:
Test ind:

Referred by:

Unconfirmed





TMT INVESTIGATION REPORT

Patient Name : Mrs. Nancy GARG	Location : Ghaziabad
Age/Sex : 31 Year(s)/Female	Visit No : V000000001-GHZB
MRN No : MH010665579	Order Date : 24/12/2022
Ref. Doctor : HCP	Report Date : 24/12/2022

Protocol : Bruce **MPHR** : 189BPM
Duration of exercise : 5min 07sec **85% of MPHR** : 160BPM
Reason for termination : THR achieved **Peak HR Achieved** : 181BPM
Blood Pressure (mmHg) : Baseline BP : 130/90mmHg **% Target HR** : 95%
Peak BP : 146/90mmHg **METS** : 7.0METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	109	130/90	Nil	No ST changes seen	Nil
STAGE 1	3:00	156	140/90	Nil	No ST changes seen	Nil
STAGE 2	2:07	171	146/90	Nil	No ST changes seen	Nil
RECOVERY	3:08	114	134/90	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh
MD, DM (CARDIOLOGY), FACC
Sr. Consultant Cardiology

Dr. Abhishek Singh
MD, DNB (CARDIOLOGY), MNAMS
Sr. Consultant Cardiology

Dr. Sudhanshu Mishra
MD
Cardiology Registrar

Manipal Hospital, Ghaziabad

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Page 1 of 2

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