

Heart & General Clinic

Icure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

:: PERSONAL HEALTH REPORT ::

Name:- Avinash Kumar		*DATE 10/12/22
		SR. NO. SEX. male AGE 29 Year HEIGHT 161cm WEIGHT 69k.g.

HISTORY

Present History : No
 Past Illness History : NO Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy
 Past Occupational History : No
 Family History : No
 Personal History : No
 Addiction : NO Tobacco/Gutkha/Smoking/Alcohol

GENERAL EXAMINATION

T.P.R. : 76/min B.P. : 122/80 mm Hg
 Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other :

SYSTEMIC EXAMINATION

R.S. : Normal
 C.V.S : Normal
 C.N.S : Normal
 A.S. : Normal
 Musculo-skelet System : Normal

E.N.T. Ex.	Normal	ACUITY OF VISION		RT EYE	LT EYE
		Without Glass	DISTANT	6/ 6	6/ 6
Skin Ex.	Normal		Near	6/ 6	6/ 6
		Psychic Ex.		Normal	With Glass
Near	6/		6/		
COLOUR BLINDNESS				NAD	

REMARK

ADVICE

The Worker is FIT/UNFIT for the assigned job.

Dr. Krishna P. Vaidya
 MD, PGDCC
 Associate Consultant-Cardiology
 Reg.No.G-50510

DR. KRISH VAIDYA

MD G-50510, CIH

भारतीय विशिष्ट पहचान प्राधिकरण

भारत सरकार

Unique Identification Authority of India

Government of India

नामांकन क्रम / Enrollment No.: 1040/26008/04999

To
अविनाश कुमार
Avinash Kumar
KATI HAR
Kati har
Kati har
Amdabad Kati har
Bihar 854105

21/07/2014

15/1199133

ML551991334FT



आपका आधार क्रमांक / Your Aadhaar No. :

4988 9946 4683

आधार - आम आदमी का अधिकार



भारत सरकार

Government of India



अविनाश कुमार
Avinash Kumar
पिता : कमल प्रसाद माहो
Father : KAMAL PRASAD MAHTO
जन्म तिथि / DOB : 08/08/1993
पुरुष / Male



4988 9946 4683

आधार - आम आदमी का अधिकार

Avinash Kumar





बैंक ऑफ़ बड़ोदा
Bank of Baroda
India's International Bank

नाम
Name **अविनाश कुमार**
AVINASH KUMAR

कर्मचारी नुम्बर
E.C. No. **182191**


जारीकर्ता प्राधिकारी
issuing Authority



**Avinash
Kumar**
SIGNATURE HOLDER'S
Signature Holder's



Avinash Kumar



BARODA DIAGNOSTIC LABORATORY

Name : AVINASH KUMAR
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 29 Yrs./M
Date : 10/12/2022
Report ID. : 2

EXAMINATION OF URINE

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>
Sample	: FASTING	
<u>PHYSICAL EXAMINATION</u>		
Quantity	: 20	mL
Colour	: YELLOW	
Transparency	: CLEAR	
Specific Gravity	: 1.030	
Reaction	: ACIDIC	
Deposits	: ABSENT	
<u>CHEMICAL EXAMINATION</u>		
Albumin	: NIL	
Sugar	: NIL	
Acetone	: ABSENT	
Bile Salts	: ABSENT	
Bile Pigments	: ABSENT	
Urobilinogen	: NORMAL : ~ < 1.0 mg/dL	
Occult Blood	: ABSENT	
Nitrate	: ABSENT	
<u>MICROSCOPIC EXAMINATION</u>		
Pus Cells	: 0-1 / hpf	
RBC	: NIL	
Epithelial Cells	: NIL	
Crystals	: NIL	
Amorphous Phosphate	: NIL	
Cusi	: NIL	

END OF REPORT



Dr. Nehal Tiwari
(MD)
Consultant Pathologist
(Reg. No. G-54530)

Dr. Priya Kriplani
(MD)
Consultant Pathologist
(Reg. No. G-46004)

302, Trivia Complex, Natubhai Circle, Race Course, Vadodra. ☎ +91 8866009950 / 7405009950 ✉ bdi95950@gmail.com

Laboratory results serve as an aid to diagnosis & should be interpreted in relation to clinical findings. Please refer back to laboratory in case of any discrepancy.





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Name : AVINASH KUMAR
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 29 Yrs./M
Date : 10/12/2022
Report ID. : 2

HAEMOGRAM PROFILE

<u>TEST</u>	<u>RESULT</u>
Blood Group	: *O*
Rh Factor (Anti D.)	: * POSITIVE *

BIOCHEMISTRY

FASTING (FBS)

Blood Glucose : 108.0 mg/dL 70 - 110 mg/dL

POST-PRANDIAL

Blood Glucose : 117.0 mg/dL 80 - 140 mg/dL

Done By Fully Auto Analyzer MIURA, A-1004

END OF REPORT



Dr. Nehal Tiwari
(MD)
Consultant Pathologist
(Reg. No. G-34530)



Dr. Priya Kriplani
(MD)
Consultant Pathologist
(Reg. No. G-46004)

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NAME	AVINASH KUMAR	AGE/SEX	29/MALE
REF BY	I CURE HEART & DIET CLINIC	DATE	10-12-2022

X-RAY CHEST PA VIEW (PORTABLE)

FINDING

BOTH LUNGS FIELDS ARE NORMAL .

REMAINING LUNG FIELDS ARE NORMAL.

BOTH COSTOPHRENIC RECESS ARE CLEAR.

CARDIAC SIZE WITHIN NORMAL LIMITS.

MEDIASTINUM AND BONY THORACIC CAGE REVEAL NO ABNORMALITY.

IMPRESSION :NORMAL LUNGS HEART AND MEDIASTUINUM..



DR.HIMANI VIRAPARA
Regn. No: G.28771
M.D. [Radiodiagnosis]
(CONSULTANT RADIOLOGIST)



Ajanta Co Operative Society, Nr Trident Complex Elorapark Crossing CNG Pump Road Vadodara 390023.EMAIL:
sunnydigitalxray@yahoo.com[24 x 7 EMERGENCY SERVICE]

2D Echocardiography & Color Doppler Report

iCure Hear care, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

Patient Name: Mr Avinash Kumar

Date: 10 / 12 / 2022

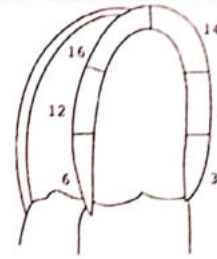
Age Gender: male - 29 Years

M. Mode Study:

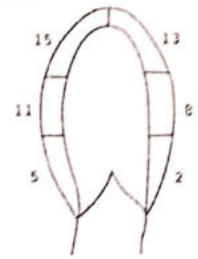
LA	30	IVS	09	PWD	09
AO	25	LVDs	23	LVDD	47

Doppler Study:

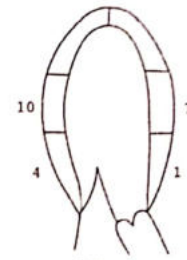
Mitral Valve	E: 1.56 A: 0.85
Aortic Valve	Normal
Tricuspid Valve	Normal
Puimmonary Vaive	Normal



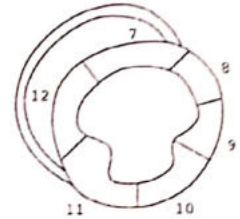
Apical
4 chamber view



Apical
2 chamber view



Apical
3 chamber view



Parasternal short
axis view

Conclusion:

- **Normal LV Systolic function**
- **LVEF: 62 % ,No RWMA**
- **Cardiac Chambers: Normal**
- **Diastolic function: Normal**
- **TR: No PAH: No RVSP: 15 mmhg**
- **No Ms , No MR**
- **Mild AR , No AS**
- **ASD/VSD/PDA/Co-A : No**
- **No Clots or vegetations found**
- **IVC: Normal**

Note:

Normal 2D echo report does not rule out cardiac diseases
this report shall not be used for Medico legal purposes,
Clinical Correlation advisable.



Dr. Krish P. Vaidya
MD, PCC
Associate Consultant-Cardiology
Reg.No.G-50510

Dr. Krish P Vaidy:
Consultant Cardiologist, Diabetologis
& General Physician


Heart & General Clinic

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NAME : Mr Avinash Kumar	AGE: 29 Y/M	DATE : 10/12/2021
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ULTRASOUND WHOLE ABDOMEN

(Screening Only)

Liver is normal in size and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

Portal Vein appears normal in diameter. **Common Bile Duct** is of normal diameter.

Gallbladder is distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

Pancreas is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

Spleen is normal size and shows a homogenous echotexture. There is no evidence of any focal lesion.

Both Kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. Right kidney measures 108x47mm. Left kidney measures 99x33mm. There is no evidence of renal calculi, hydronephrosis or mass seen.

Bladder is well distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

Prostate gland is normal in size. It has smooth outlines and normal reflectivity. There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

Appendix cannot be imaged. No mass or collection in right iliac fossa.

CONCLUSION: No sonographic abnormality is seen.



DR. MEHUL PRAJAPATI
CONSULTANT RADIOLOGIST



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Patient's name : Avinash Kumar
Age/Sex : 29 Years/Male
Referred by : C/o. I Cure Heart & Diet Clinic
Sample From : LAB
UHID :

Reg. ID : icure-330-19
Accession : 24309
Reg. Date : 10/12/2022
Collection Time : 10/12/2022 14:00

COMPLETE BLOOD COUNT

Sample Type: EDTA

Test Name	Result	Units	Biological Reference Interval
<u>Blood Counts</u>			
Haemoglobin :	14.4	Gms%	13.5 - 18.0
Total R.B.C. :	3.99	mill/c.mm	4.7 - 6.0
Total W. B. C. :	5930	/cu mm	4000 - 10500
Platelet Count :	416000	/cu.mm	1,50,000 - 4,50,000
<u>Differential Count</u>			
Neutrophils :	60	%	40 - 70
Lymphocytes :	37	%	20 - 40
Eosinophils :	01	%	1 - 4
Monocytes :	02	%	2 - 6
Basophils :	00	%	0 - 01
<u>Blood Indices</u>			
P. C. V :	36.2	%	42 - 52
M. C. V. :	90.7	fl	78 - 100
M.C.H :	36.1	pg	27 - 31
M. C. H. C :	39.8	%	32 - 36
R.D.W :	13.2	%	11.5 - 14.0
<u>E.S.R. (Westergren Method)</u>			
After one hour :	10	mm	1 - 7



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LAB
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Patient's name : Avinash Kumar
Age/Sex : 29 Years/Male
Referred by : C/o. I Cure Heart & Diet Clinic
Sample From : LAB
UHID :

Reg. ID : icure-336-19
Accession : 24309
Reg. Date : 10/12/2022
Collection Time : 10/12/2022 14:00

HIV HBsAg

<u>Test</u>	<u>Result</u>	<u>Normal Range</u>
Test for HIV 1 Antibodies :	Non reactive	Non reactive
Test for HIV 2 Antibodies :	Non reactive	Non reactive
HBsAg : (Hepatitis B surface Antigen)	Negative	Negative

Note: The above tests are done as a screening procedure.
: If clinically suspected, confirmation by ELISA is recommended.
: Rarely false negativity/positivity may occur.



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Patient's name : Avinash Kumar
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Sample From : LAB
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Reg. ID : icure-336-19
Accession : 24309
Reg. Date : 10/12/2022
Collection Time : 10/12/2022 14:00

THYROID FUNCTION

Sample Type: Serum

Test Name	Result	Units	Biological Reference Interval
TOTAL T3 :	1.02	ng/ml	0.84 - 2.0
TOTAL T4 :	6.11	ug/dl	5.1 - 14.0
TSH :	2.98	mIU/L	0.25 - 5.0

Method : CLIA



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* 2 4 3 0 9 *

Patient's name : Avinash Kumar
Age/Sex : 29 Years/Male
Referred by : C/o. I Cure Heart & Diet Clinic
Sample From : LAB
UHID :

Reg. ID : icure-336-19
Accession : 24309
Reg. Date : 10/12/2022
Collection Time : 10/12/2022 14:00

RENAL FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Urea :	18	mg/dl	10 - 50
Bun (Calculated) :	8.4	mg/dl	0 - 18
Creatinine :	0.81	mg/dl	0.4 - 1.5
Uricacid :	4.22	mg/dl	3.4 - 7.0
BUN CREAT RATIO :			10:1 - 20:1

Done on Fully automated biochemistry analyser - COBAS C 111



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Patient's name : Avinash Kumar
Age/Sex : 29 Years/Male
Referred by : C/o. I Cure Heart & Diet Clinic
Sample From : LAB
UHID :

Reg. ID : icure-336-19
Accession : 24309
Reg. Date : 10/12/2022
Collection Time : 10/12/2022 14:00

LIVER FUNCTION TEST

Sample Type Serum

Test Name	Result	Units	Biological Reference Interval
S.G.P.T (ALT) :	10	U/L	0 - 40
S.G.O.T (AST) :	15	U/L	0 - 37
ALK.PHOSPHATASE :	38	U/L	40 - 130
G.G.T :	16.3	U/L	8 - 78
<u>Bilirubin</u>			
Total :	0.38	mg/dl	0.2 - 1.0
Direct :	0.29	mg/dl	0 - 0.6
indirect :	0.09	mg/dl	0 - 0.5
<u>Serum Proteins</u>			
Total Protein :	7.02	gms/dl	6.4 - 8.3
Albumin :	4.16	gms/dl	3.8 - 4.4
Globulins :	2.86	gms/dl	2.3 - 3.5
A/G Ratio :	1.45		0.9 - 2.9

Done on Fully automated biochemistry analyser - COBAS C 111



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* 2 4 3 0 9 *

Patient's name : Avinash Kumar
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Sample From : LAB
UHID :

Reg. ID : icure-336-19
Accession : 24309
Reg. Date : 10/12/2022
Collection Time : 10/12/2022 14:00

LIPID PROFILE

Sample Type: Serum

Test Name	Result	Units	Biological Reference Interval
Cholesterol :	140	mg/dl	0 - 200
Triglyceride :	106	mg/dL	0 - 150
HDL - Cholesterol :	43	mg/dL	35 - 65
LDL - Cholesterol :	75.8	mg/dL	0 - 130
VLDL - Cholesterol :	21.2	mg/dL	0 - 30
Total Cholesterol/HDL Ratio :	3.26		1 - 6
LDL / HDL Cholesterol Ratio :	1.76		0 - 3.5

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Patient's name	: Avinash Kumar	Reg. ID	: icure-336-19
Age/Sex	: 29 Years/Male	Accession	: 24309
Referred by	: C/o. I Cure Heart & Diet Clinic	Reg. Date	: 10/12/2022
Sample From	: LAB	Collection Time	: 10/12/2022 14:00
UHID	:		

HbA1C REPORT

Sample Type: EDTA

Test Name	Result	Units	Biological Reference Interval
HbA1C :	4.89	%	Excellent control: 4.2-5.2 Good Control : 6.3-7.2 Fair Control : 7.3-8.2 Poor Control : >8.3
Mean Blood Glucose levels : of last 03months	94.0	mg/dl	

NOTE

*As per the new 2009 update of American Diabetes Association regarding HbA1C & Mean Blood Glucose relationship.

This test is used to monitor diabetic patients compliance with the therapeutic regimen and long term blood glucose control. It's level is proportional to both the average blood glucose concentration and the life span of the red blood cells (RBC) in circulation. HbA1c values are free of day to day glucose fluctuations and are unaffected by exercise or recent food intake.



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