



Metro Hospital & Heart Institute, Haridwar

Health Check-up Certificate

COMPANY Machhindra (1503)

EMPLOYEE NO. 50301 DEPTT. Cash DATE 28/10/23

NAME Parveen Dura AGE/SEX 58 DOB 01-08-65

DESIGNATION SWD MOBILE NO. 9411299776

CHEST (INSP) 10 cm. CHEST (EXP) 9 cm. CHEST EXPANSION 1 cm

HEIGHT 151 cm. WEIGHT 59 Kg. BMI

P/R 77 per mt. BP 159/90 mmHg SIGN OF EMP done

EXAMINATION/INVESTIGATIONS

No	Investigations	Room No	Result
1	LAB INVESTIGATIONS	Path Lab	Hb TLC /DLC done etc etc
	BLOOD SUGAR F/PP/RANDOM	Path Lab	F /PP /RBS
	BLOOD GROUP	Path Lab	A+
2	URINE	Path Lab	RA
3	STOOL	Path Lab	SNR
4	X RAY CHEST PA	Radiology	Attached
5	ULTRASONOGRAPHY (Whole Abd)	Radiology	Report attached
6	ECG	Health check up	Attached
7	ECHO	Radiology	Report attached
8	TMT	Radiology	
9	PFT	Health check up	
10	AUDIOMETRY	25	
11	ENT EXAM	25	
12	DENTAL EXAMINATION	24	done
13	ACUITY OF VISION/COLOUR VISION	13	RA
14	EXAMINATION BY PHYSICIAN	23	done
15	Gynae Consult		done

Observations - SGT/SGPT/PT/TT
- TRG
TFT - WNL

DR. ANIL SINGH
MBBS, AFIH, DHA
Consultant Occupational Health
Reg No - UKMC-2831
Metro Hospital & Heart Institute
SIDCUL, Haridwar-249403 (U.K.)

प्रति,

समन्वयक,
Mediwheel (Arcofemi Healthcare Limited)
हेल्पलाइन नंबर: 011-41195959

महोदय/ महोदया,

विषय: बैंक ऑफ़ बड़ौदा के कर्मचारियों के लिए वार्षिक स्वास्थ्य जांच।

हम आपको सूचित करना चाहते हैं कि हमारे कर्मचारी जिनका विवरण निम्नानुसार हैं हमारे करार के अनुसार आपके द्वारा उपलब्ध कराई गई कैशलेस वार्षिक स्वास्थ्य जांच सुविधा का लाभ लेना चाहते हैं।

	कर्मचारी विवरण
नाम	MRS. DUA PARVEEN
क.कू.संख्या	58301
पदनाम	SINGLE WINDOW OPERATOR B
कार्य का स्थान	HARIDWAR, NB DHARAMSHALA
जन्म की तारीख	01-06-1965
स्वास्थ्य जांच की प्रस्तावित तारीख	28-10-2023
बुकिंग संदर्भ सं.	23D58301100073076E

यह अनुमोदन/ संस्तुति पत्र तभी वैध माना जाएगा जब इसे बैंक ऑफ़ बड़ौदा के कर्मचारी आईडी कार्ड की प्रति के साथ प्रस्तुत किया जाएगा। यह अनुमोदन पत्र दिनांक 25-10-2023 से 31-03-2024 तक मान्य है। इस पत्र के साथ किए जाने वाले चिकित्सा जांच की सूची अनुलग्नक के रूप में दी गई है। कृपया नोट करें कि उक्त स्वास्थ्य जांच हमारी टाई-अप व्यवस्था के अनुसार कैशलेस सुविधा है। हम अनुरोध करते हैं कि आप हमारे कर्मचारी के स्वास्थ्य जांच संबंधी आवश्यकताओं पर उचित कार्रवाई करें तथा इस संबंध में अपनी सर्वोच्च प्राथमिकता तथा सर्वोत्तम संसाधन उपलब्ध कराएं। उपर्युक्त सारणी में दी गई कर्मचारी कूट संख्या एवं बुकिंग संदर्भ संख्या का उल्लेख अनिवार्य रूप से इनवॉइस में किया जाना चाहिए।

हम इस संबंध में आपके सहयोग की अपेक्षा करते हैं।

भवदीय,

हस्ता/-

(मुख्य महाप्रबंधक)

मानव संसाधन प्रबंधन विभाग

बैंक ऑफ़ बड़ौदा

(नोट: यह कंप्यूटर द्वारा जनरेट किया गया पत्र है। हस्ताक्षर की आवश्यकता नहीं है। कृपया किसी भी स्पष्टीकरण के लिए Mediwheel (Arcofemi Healthcare Limited) से संपर्क करें।)

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you, in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MRS. DUA PARVEEN
EC NO.	58301
DESIGNATION	SINGLE WINDOW OPERATOR B
PLACE OF WORK	HARIDWAR,NB DHARAMSHALA
BIRTHDATE	01-06-1965
PROPOSED DATE OF HEALTH CHECKUP	28-10-2023
BOOKING REFERENCE NO.	23D58301100073076E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **25-10-2023** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



METRO
HOSPITAL & HEART INSTITUTE
(A unit of Sunhill Hospitals Private Limited)
(NABH & ISO 9001: 2008 Certified)



we treat...HE CURES

**Metro Hospital
& Heart Institute**

(A unit of Sunhill Hospital Private Limited)

OPD CONSULTATION

Patient Name Mrs. Dha Parveen Age/Sex 55/F Reg. No. _____

Doctor's Name Dr. Sushil Kumar

Date 28/10/23 Time _____

OPHTHALMIC EXAMINATION

VISION

DISTANCE VISION-

Rt 6/6 ± glass
Lt 6/9

NEAR VISION-

Rt N/G ± glass
Lt N/G

COLOUR VISION

Normal BE

EYE EXAMINATION

Cornea
Ant Chamber
Pupil
Fundus Examination

ADVICE-

Dr. Sushil Kumar, [Signature] (Ophthol)
Consultant Ophthalmologist
Metro Hospital & Heart Institute
Sector, Haridwar, Reg. No.-26/2 (UK)
Signature

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043

E-mail : metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01

Mrs. Rastreen Duda
55y/m
28-10-23

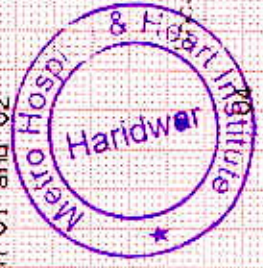
Measurement Results:

QRS		82 ms
QT/QTcB	366 /	439 ms
QT		136 ms
P		98 ms
PR/PP	696 /	695 ms
P/ORS/T	20 / 55 /	80 degrees
QT/QTcBD	62 /	74 ms
Sokolow		1.5 mV
NK		12

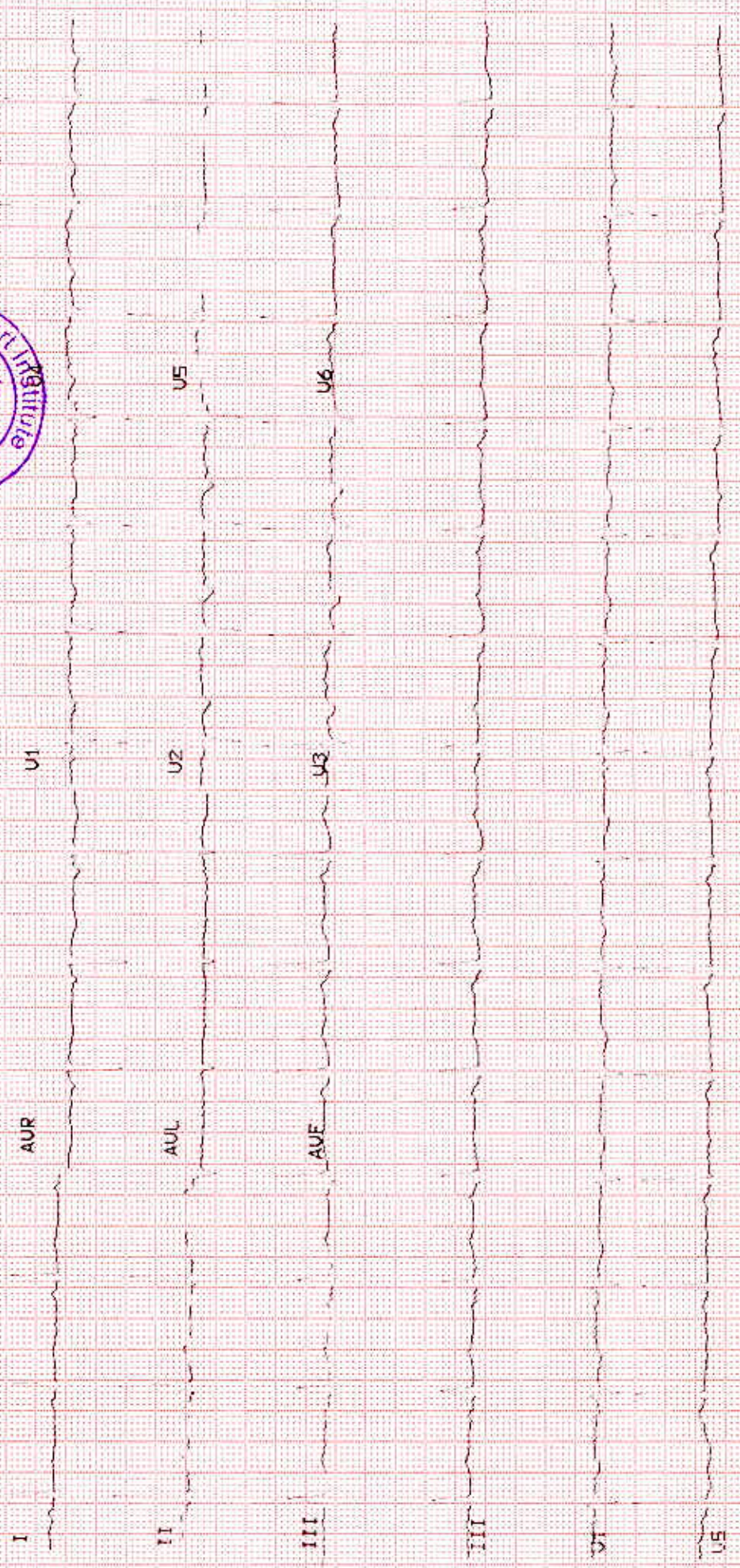
-an
 aUR
 III +90
 AUR
 AUL
 AVE
 AUF

Interpretation:

T-wave near baseline (lateral)
 negative T-wave (anterior)
 R/S inversion area between U1 and U2
 borderline ECG



Unconfirmed report





METRO HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)

CIN No.: U33201DL2006PTC156918

OPD INITIAL ASSESSMENT



Dr. Name Dr. Sonu Raut, MBBS, MD (Gynae & Obs)
 OPD TIMINGS Consultant Gynae & Obs
Metro Hospital & Heart Institute
 Regn. No. Sidcul, Haridwar, Reg. No. 1294 (UKMO)
 Tel. No. +91-81919 02600

NAME OF PATIENT
Ms Paween
 ID NO.

AGE/SEX
58y
 DATE / IN TIME
28/10/22

PRESENT COMPLAINT :

Post menopause of

50y

no gynae issue

PAST HISTORY :

FAMILY HISTORY :

As) Anandilal
P1)

EXAMINATION :

INVESTIGATION / TREATMENT / PREVENTIVE CARE / NUTRITION ADVISED

1. JIPRAKAR 00x
C. MENOPAUSE 1/2 00

DIAGNOSIS :

DRUG ALLERGY :

(DOCTOR SIGNATURE)

OUT TIME

FOR OPD APPOINTMENT : +91-1334-6666 60, 2390 40, 42, 43

Next Followup:

NUTRITIONAL SCREENING: Wt. Loss Loss Of Appetite Muscle Wasting Delay Wound Healing Lethargy Decrease Mobility

Pain scale



0. NO PAIN



02 Mild Pain



04 Annoying Pain



06 Moderate Pain



08 Severe Pain



10 Worst Pain

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

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MHHI/CL/0001 (Rev. No. 01)



METRO

HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)

(NABH & ISO 9001: 2008 Certified)

Radiology Investigation Report

Name : Mrs. Parveen Dua
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202312247
Date : 28/10/2023

Age/Sex : 55 Y/F
UHID NO : 2023019330
Request No : 70241854

USG WHOLE ABDOMEN

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in shape, outline & **raised echotexture**. No focal lesion of abnormal ecogenecity is seen. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

Gall bladder is not visualized H/O cholecystectomy. Common bile duct is normal in course & caliber. N calculi is seen in its lumen.

Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. No echogenic renal calculus seen.

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesical calculi is seen in bladder. Uterovesical junctions appear normal.

Uterus is normal in size shape, outline & echotexture. Myometrial & endometrial echoes are normal. No uterine mass is seen. Both the ovaries appear normal. There is no free fluid seen in cul de sac.

IMPRESSION Grade I fatty liver.


DR. PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

Note:

- (1) Not Valid for medical-legal purposes.
- (2) This is a professional opinion based on imaging finding and not the diagnosis.
- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.

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E-mail: metroharidwar@metrohospitals.com Website: www.metrohospitals.com



Patient Name Parveen Dua Age/Sex 58/F Reg. No. MH/10/223019330
 Doctor Dr Naman Aggarwal
 Date 28/11/23 Time 10:10

DENTAL EXAMINATION

➤ **TEETH STATUS** =

• **MISSING** - none

• **DECAYED** -

Nothing in 4-7
Implant done 16/5 5/6/23

➤ **ORAL HYGIENE STATUS** = Good

• **STAINS** - ++

• **CALCULUS** - ++

ache and fatty acids

DR NAMAN AGGARWAL
 E.D.S.
 SENIOR DENTAL CONSULTANT
 Reg. No. - UK 1203
 Metro Hospital & Heart Institute
 Sidcul, Haridwar, UK | Pin No. - 249403

**METRO****HOSPITAL & HEART INSTITUTE**

(A unit of Sunhill Hospitals Private Limited)

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Age/Sex : 55 Y/F
UHID NO : 2023019330
Request No : 70241854

X-RAY CHEST PA View

Cardiac contour & size are normal.
Trachea is central.
Lung fields are clear.
Hilar shadows are normal.
Costophrenic angles are clear.
Bony rib cage is normal.

IMPRESSION: NORMAL CHEST.

DR. PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

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Pathology Report

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HOSPITAL & HEART INSTITUTE
(A unit of Sunhill Hospitals Private Limited)

Age/Sex (NABH & ISO 9001:2008 Certified)

UHID : 2023019330

Request No. : 10378387

Sample Time : 10:26

Reporting Time : 20:59

 Name : Mrs. Parveen Dua
 Ref. By : Dr. ANIL SINGH
 IP/OP : OP/202312247
 Sample Date : 28/10/2023
 Reporting Date: 28/10/2023

Test	Result	Unit	Bio. Ref.	Inter. Test Method
Hematology				
BLOOD GROUP				
ABO	B		-	
Rh	POSITIVE		-	
CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)				
HB	13.1	gm/dl	F - 11.5-15	
TLC	6870	/cumm	4000-11000	
DLC (WBC DIFFERENTIAL)				
NEUTROPHILS	65	%	45-75	
LYMPHOCYTES	25	%	25-45	
EOSINOPHILS	04	%	1-6	
MONOCYTES	06	%	2-8	
BASOPHILS	00	%	<2	
RBC	4.59	million	3.5-5.5	
PCV	42.9	%	36-52	
MCV	93.5	fL	80-100	
MCH	28.5	PG	27-32	
MCHC	30.5	gm/dl	31-37	
PLATELET COUNT	2.89	lakh/cumm	1.5-4.5	
RDW	13.0	%	11.5-15	
ESR	22	mm/hr	20	

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)

**Note:**

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2. The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
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4. All card based tests are screening test therefore need confirmation by other alternative test like (PCR, ELISA).

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Pathology Report

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UHID : 2023019330

Request No. : 10378387

Sample Time : 10:26

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Name : Mrs. Parveen Dua
 Ref. By : Dr. ANIL SINGH
 IP/OP : OP/202312247
 Sample Date : 28/10/2023
 Reporting Date: 28/10/2023

Test	Result	Unit	Bio. Ref. Inter.	Test Method
Biochemistry				
HBIAC	6.1	%	4.5-6.3	
BLOOD SUGAR -PP	123.0	mg/dl	70.0-140.0	
BLOOD SUGAR -FASTING	95.0	mg/dl	70.0-110.0	
LIPID PROFILE				
TOTAL CHOLESTEROL	202.0	mg/dl	00-250.0	
HDL-CHOLESTEROL	50.0	mg/dl	00-50.0	
LDL	115.4	mg/dl	00-150.0	
TRIGLYCERIDES	183.0	md/dl	30-150	
VLDL	36.6	mg/dl	0-50.	
CHOL/HDL Ratio	4.0		<4.5	
LFT (LIVER FUNCTION TEST)				
BILIRUBIN INDIRECT	0.40	mg/dl	0.2-0.8	
SGOT	64.0	U/L	10-42	
SGPT	61.0	U/L	10-42	
BILIRUBIN TOTAL	1.00	mg/dl	0.2-1.0	
ALKALINE PHOSPHATASE	140.0	IU/L	28-111	
BILIRUBIN DIRECT	0.60	mg/dl	0.1-0.4	
TOTAL PROTEIN	7.5	gm/dl	6.4-8.2	
ALBUMIN	4.5	g/dl	3.5-5.0	
GLOBULIN	3.0	gm/dl	2.0-4.0	
AG RATIO	1.0			
KFT (KIDNEY FUNCTION TEST)				
UREA	18.5	mg/dl	15-45	
SODIUM	139.0	mmol/L	135-155	
CREATININE	0.60	mg/dl	0.6-1.3	
URIC ACID	5.3	mg/dl	3.0-7.6	
BUN	8.8	mg/dl	05-20	
POTASSIUM	4.3	mmol/L	3.5-5.5	
CALCIUM	9.5	mg/dl	8.5-10.5	

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)

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Name : Mrs. Parveen Dua
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 IP/OP : OP/202312247
 Sample Date : 28/10/2023
 Reporting Date: 28/10/2023

(A unit of Sunhill Hospitals Private Limited)
 Age/Sex : (NABH & ISO 9001: 2008 Certified)
 UHID : 2023019330
 Request No. : 10378387
 Sample Time : 10:26
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Test	Result	Unit	Bio. Ref. Inter.	Test Method
------	--------	------	------------------	-------------

Serology & Immunology

THYROID PROFILE

T3	2.69	nmol/L	1.70-3.10	
T4	12.9	µg/dl	5.95-15.4	
TSH	2.52	µIU/L	0.46-4.68	

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)



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192.168.7.100/hismetroharidwar.com/... Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043
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 IP/OP : OP/202312247
 Sample Date : 28/10/2023
 Reporting Date: 28/10/2023

(A unit of Sunhill Hospitals Private Limited)
 Age/Sex : 66/60F (NABH & ISO 9001:2008 Certified)
 UHID : 2023019330
 Request No. : 10378387
 Sample Time : 10:26
 Reporting Time : 20:59

Test	Result	Unit	Bio. Ref. Inter.	Test Method
Urine Examination				
URINE SUGAR	NIL			
URINE ROUTINE ANALYSIS				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW			
TRANSPARENCY	CLEAR			
S. GRAVITY	1.030			
CHEMICAL EXAMINATION				
ALBUMIN	NIL			
SUGAR	NIL			
pH	6.0			
BLOOD	NIL			
KETONE	NIL			
MICROSCOPIC EXAMINATION				
PUS CELLS	2-3			
EPITHELIAL CELLS	1-2			
RBC	NIL			
CRYSTALS	NIL			
CAST	NIL			
BACTERIA	NIL			
AMORPHOUS PHOSPHATE	NIL			
AMORPHOUS URATES	NIL			

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)



Note:

1. These reports are mere estimation of values at that particular time and are liable to vary/change in different conditions in different laboratories.
2. The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
3. These reports are not valid for medicolegal purposes and all doctor unsigned reports should be considered provisional only.
4. All card based tests are screening test therefore need confirmation by other alternative test like (PCR, ELISA).

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

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MHHI/CL/0115/Rev. No. 01



METRO

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2D ECHOCARDIOGRAPHY

Name:	Mrs. Praveen Dua	UHID No:	2023019330
Age/Sex:	55Y/F	Ward:	OPD
Referred by:	Dr. Anil Singh	Date:	28.10.2023

ACOUSTIC WINDOW: Normal

MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	1.3	(0.6 – 1.1 cm)
LVPW (ED)	1.2	(0.6 – 1.1 cm)
LVID (ED)	3.8	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.6	(2.0 – 3.7 cm)
LA dimension	2.7	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	55%	(55 – 75%)

MORPHOLOGICAL DATA

Mitral valve	Normal	Right Atrium	Normal
Aortic valve	Normal	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Trace	E – 61, A – 84, E/A<1	
Aortic	Nil	Vel – 117	
Tricuspid	Mild	Vel – 256	PASP – 31
Pulmonary	Nil	Vel – 103	

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FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- Mild concentric LVH
- No RWMA
- LVEF~55%
- Grade I LVDD
- Trace MR, Mild TR, PASP 31 mmHg
- No pericardial effusion
- No Intracardiac clot

Dr. Krishna CK

MD, DNB (Medicine), DNB (Cardiology)
Consultant Interventional Cardiology
UKMC Reg. No: 12883



Dr. Ajit Kumar

MBBS, PGDCC
Associate Consultant, Cardiology
UKMC Reg. No: 7569

(Note: This document is not for medico-legal purpose)

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