





CLIENT'S NAME AND ADDRESS : ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156

SRL Ltd 30-B, CHOWRINGEE MANSION, JAWAHARLAL NEHRU ROAD, KOLKATA, 700016 WEST BENGAL, INDIA Tel : 033-22267333,46019048, Fax : 033-22271324 CIN - U74899PB1995PLC045956

| PATIENT NAME : SHAMIM REYAZ                                       | PATIENT ID : SHAMM27028082  |
|---|-----------------------------|
| ACCESSION NO : 0082WB00038 AGE : 42 Years SEX : Male              | ABHA NO :                   |
| DRAWN : 11/02/2023 10:00 RECEIVED : 11/02/2023 15:17              | REPORTED : 13/02/2023 19:46 |
| <b>REFERRING DOCTOR</b> : DR. ACROFEMI HEALTHCARE LTD (MEDIWHEEL) | CLIENT PATIENT ID:          |

| Test Report Status  | Final          | Results | Biological Reference Interval Units |
|---------------------|----------------|---------|-------------------------------------|
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#### MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

#### **BLOOD COUNTS, EDTA WHOLE BLOOD** HEMOGLOBIN (HB) 14.2 13.0 - 17.0 g/dL METHOD : SPECTROPHOTOMETRY 5.00 RED BLOOD CELL (RBC) COUNT 4.5 - 5.5 mil/µL METHOD : ELECTRICAL IMPEDANCE WHITE BLOOD CELL (WBC) COUNT 7.88 4.0 - 10.0 thou/µL METHOD : ELECTRICAL IMPEDANCE PLATELET COUNT 223 150 - 410 thou/µL METHOD : ELECTRONIC IMPEDENCE & MICROSCOPY **RBC AND PLATELET INDICES** HEMATOCRIT (PCV) 42.1 40 - 50 % METHOD : CALCULATED MEAN CORPUSCULAR VOLUME (MCV) 84.2 83 - 101 fL METHOD : ELECTRICAL IMPEDANCE MEAN CORPUSCULAR HEMOGLOBIN (MCH) 28.3 27.0 - 32.0 pq METHOD : CALCULATED MEAN CORPUSCULAR HEMOGLOBIN 33.6 31.5 - 34.5 q/dL CONCENTRATION (MCHC) METHOD : CALCULATED RED CELL DISTRIBUTION WIDTH (RDW) High 11.6 - 14.0 15.1 % METHOD : ELECTRICAL IMPEDANCE MENTZER INDEX 16.8 MEAN PLATELET VOLUME (MPV) 10.8 fL 6.8 - 10.9 METHOD : CALCULATED WBC DIFFERENTIAL COUNT **NEUTROPHILS** 64 40 - 80 % METHOD : FLOWCYTOMETRY, ELECTRONIC IMPEDANCE & MICROSCOPY. LYMPHOCYTES 27 20 - 40 % METHOD : FLOWCYTOMETRY, ELECTRONIC IMPEDANCE & MICROSCOPY. MONOCYTES 7 2 - 10 % METHOD : FLOWCYTOMETRY, ELECTRONIC IMPEDANCE & MICROSCOPY. EOSINOPHILS 1 - 6 % 2 BASOPHILS 0 0 - 2 % METHOD : FLOWCYTOMETRY, ELECTRONIC IMPEDANCE & MICROSCOPY. ABSOLUTE NEUTROPHIL COUNT 5.04 2.0 - 7.0 thou/µL

METHOD : FLOWCYTOMETRY & CALCULATED











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|  |                            |                                     |
| ABSOLUTE LYMPHOCYTE COUNT                                      | 2.13                       | 1 - 3 thou/µL                       |
| METHOD : FLOWCYTOMETRY & CALCULATED<br>ABSOLUTE MONOCYTE COUNT | 0.55                       | 0.20 - 1.00 thou/µL                 |
| METHOD : FLOWCYTOMETRY & CALCULATED                            | 0.55                       | 0.20 - 1.00 thou, με                |
| ABSOLUTE EOSINOPHIL COUNT                                      | 0.16                       | 0.02 - 0.50 thou/µL                 |
| METHOD : FLOWCYTOMETRY & CALCULATED                            | 0.20                       |                                     |
| ABSOLUTE BASOPHIL COUNT  | 0.00 Low                   | 0.02 - 0.10 thou/µL                 |
| METHOD : FLOWCYTOMETRY & CALCULATED                            |                            |                                     |
| MORPHOLOGY   |                            |                                     |
| RBC  | NORMOCYTIC NORMOCHRO       | DIMC                                |
| METHOD : MICROSCOPIC EXAMINATION                               |                            |                                     |
| WBC  | NORMAL MORPHOLOGY          |                                     |
| METHOD : MICROSCOPIC EXAMINATION                               |                            |                                     |
| PLATELETS  | ADEQUATE                   |                                     |
| METHOD : MICROSCOPIC EXAMINATION                               |                            |                                     |
| ERYTHROCYTE SEDIMENTATION RATE<br>BLOOD                        | E (ESR), WHOLE             |                                     |
| E.S.R  | 16 High                    | 0 - 14 mm at 1 hr                   |
|  |                            |                                     |

# METHOD : AUTOMATED (PHOTOMETRICAL CAPILLARY STOPPED FLOW KINETIC ANALYSIS)" GLUCOSE FASTING,FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR) METHOD : ENZYMATIC (HEXOKINASE/G-6-PDH)

| METHOD : ENZYMATIC (HEXOKINASE/G-6-PDH)     |           |  |       |
|---|-----------|--|-------|
| GLYCOSYLATED HEMOGLOBIN(HBA1C), EI<br>BLOOD | DTA WHOLE |  |       |
| HBA1C                                       | 5.2       | Non-diabetic Adult < 5.7<br>Pre-diabetes 5.7 - 6.4<br>Diabetes diagnosis: > or = 6.5<br>Therapeutic goals: < 7.0<br>Action suggested : > 8.0<br>(ADA Guideline 2021) | %     |
| ESTIMATED AVERAGE GLUCOSE(EAG)              | 102.5     | < 116.0  | mg/dL |

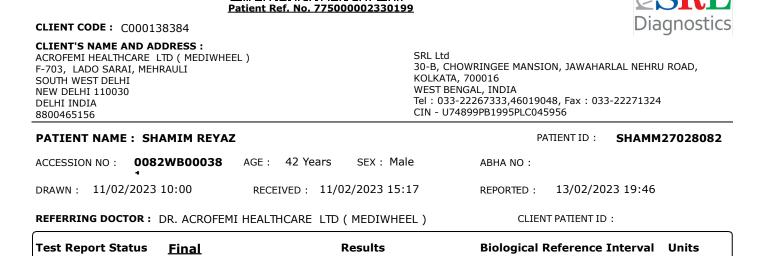
74 - 100

79





mg/dL



## SRL LIMITED - KOLKATA REF. LAB Bio-Rad Variant II Turbo CDM 5.4 S/N : 13466

| Patient Data |
|--------------|
| Sample ID:   |
| Patient ID:  |
| Name:        |
| Physician:   |
| Sex:         |
| DOB:         |

**DIAGNOSTIC REPORT** 

8213576525 0082WB000381 SHAMIMREYAZ

| Analysis Data       |
|---------------------|
| Analysis Performed: |
| Injection Number:   |
| Run Number:         |
| Rack ID:            |
| Tube Number:        |
| Report Generated:   |
| Operator ID:        |

## PATIENT REP V2TURBO\_A1c

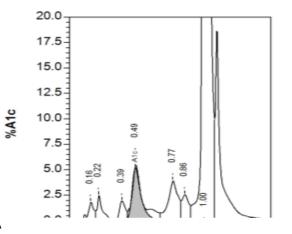
| 11/02/2023 17:55:07 |
|---------------------|
| 9026                |
| 561                 |
| 9600                |
| 5                   |
| 11/02/2023 18:39:53 |

Comments:

| Peak Name | NGSP<br>% | Area % | Retention<br>Time (min) | Peak<br>Area |
|-----------|-----------|--------|-------------------------|--------------|
| A1a       |           | 0.9    | 0.157                   | 10683        |
| A1b       |           | 1.3    | 0.216                   | 15244        |
| LA1c      |           | 1.2    | 0.391                   | 13660        |
| A1c       | 5.2       |        | 0.491                   | 50368        |
| P3        |           | 3.3    | 0.770                   | 39013        |
| P4        |           | 1.5    | 0.856                   | 17604        |
| Ao        |           | 87.5   | 1.005                   | 1029847      |

Total Area: 1,176,419

### HbA1c (NGSP) = 5.2 %



**GLUCOSE, POST-PRANDIAL, PLASMA** 











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|---|---------|------|--|-----------|
| PPBS(POST PRANDIAL BLOOD SUGAR)                 | 81      |      | 140 Normal<br>140 - 199 Pre-diabetic<br>> or = 200 Diabetic  | mg/dL     |
| METHOD : ENZYMATIC (HEXOKINASE/G-6-PDH)         |         |      |  |           |
| LIPID PROFILE, SERUM                            |         |      |  |           |
| CHOLESTEROL, TOTAL                              | 170     |      | < 200 Desirable<br>200 - 239 Borderline High<br>>/= 240 High   | mg/dL     |
| METHOD : ENZYMATIC ASSAY                        |         |      |  |           |
| TRIGLYCERIDES                                   | 114     |      | < 150 Normal<br>150 - 199<br>Borderline High<br>200 - 499 High<br>>/=500 Very High   | mg/dL     |
| METHOD : GLYCEROL PHOSPHATE OXIDASE             |         |      | ,,,,   |           |
| HDL CHOLESTEROL                                 | 36      | Low  | Low : < 40<br>High : > / = 60  | mg/dL     |
| METHOD : ACCELERATOR SELECTIVE DETERGENT METHOD | OLOGY   |      |  |           |
| CHOLESTEROL LDL                                 | 111     |      |  | mg/dL     |
| NON HDL CHOLESTEROL                             | 134     | High | Desirable: Less than 130<br>Above Desirable: 130-159<br>Borderline High: 160-189<br>High: 190 -219<br>Very High: >or = 220 | mg/dL     |
| METHOD : CALCULATED                             |         |      |  |           |
| VERY LOW DENSITY LIPOPROTEIN                    | 22.8    |      |  | mg/dL     |
| CHOL/HDL RATIO                                  | 4.7     |      |  |           |
| LDL/HDL RATIO                                   | 3.1     |      |  |           |









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#### Interpretation(s)

1) Cholesterol levels help assess the patient risk status and to follow the progress of patient under treatment to lower serum cholesterol concentrations.

2) Serum Triglyceride (TG) are a type of fat and a major source of energy for the body. Both quantity and composition of the diet impact on plasma triglyceride concentrations. Elevations in TG levels are the result of overproduction and impaired clearance. High TG are associated with increased risk for CAD (Coronary artery disease) in patients with other risk factors, such as low HDL-C, some patient groups with elevated apolipoprotein B concentrations, and patients with forms of LDL that may be particularly atherogenic.

3)HDL-C plays a crucial role in the initial step of reverse cholesterol transport, this considered to be the primary atheroprotective function of HDL

4) LDL -C plays a key role in causing and influencing the progression of atherosclerosis and, in particular, coronary sclerosis. The majority of cholesterol stored in atherosclerotic plaques originates from LDL, thus LDL-C value is the most powerful clinical predictor.

5)Non HDL cholesterol: Non-HDL-C measures the cholesterol content of all atherogenic lipoproteins, including LDL hence it is a better marker of risk in both primary and secondary prevention studies. Non-HDL-C also covers, to some extent, the excess ASCVD risk imparted by the sdLDL, which is significantly more atherogenic than the normal large buoyant particles, an elevated non-HDL-C indirectly suggests greater proportion of the small, dense variety of LDL particles

Serum lipid profile is measured for cardiovascular risk prediction.Lipid Association of India recommends LDL-C as primary target and Non HDL-C as co-primary treatment target.

#### Risk Stratification for ASCVD (Atherosclerotic cardiovascular disease) by Lipid Association of India

| <b>Risk Category</b>  |  |   |  |
|---|--|---|--|
| Extreme risk group  | A.CAD with $> 1$ feature of high risk group  |   |  |
|   | B. CAD with $> 1$ feature of Very high risk  | group or recurrent ACS (within 1 year) despite LDL-C  |  |
|   | < or $=$ 50 mg/dl or polyvascular disease  |   |  |
| Very High Risk  | 1. Established ASCVD 2. Diabetes with 2  | major risk factors or evidence of end organ damage 3. |  |
|   | Familial Homozygous Hypercholesterolemi  | ia  |  |
| High Risk   | 1. Three major ASCVD risk factors. 2. Diabetes with 1 major risk factor or no evidence of end                      |   |  |
|   | organ damage. 3. CKD stage 3B or 4. 4. LDL >190 mg/dl 5. Extreme of a single risk factor. 6.                       |   |  |
|   | Coronary Artery Calcium - CAC >300 AU. 7. Lipoprotein a >/= 50mg/dl 8. Non stenotic carotid                        |   |  |
|   | plaque   |   |  |
| Moderate Risk   | 2 major ASCVD risk factors   |   |  |
| Low Risk  | 0-1 major ASCVD risk factors   |   |  |
| Major ASCVD (Atherosclerotic cardiovascular disease) Risk Factors |  |   |  |
| 1. Age $>$ or $=$ 45 year   | 1. Age $>$ or $=$ 45 years in males and $>$ or $=$ 55 years in females 3. Current Cigarette smoking or tobacco use |   |  |
| 2. Family history of premature ASCVD 4. High blood pressure       |  |   |  |
| 5. Low HDL  |  |   |  |

Newer treatment goals and statin initiation thresholds based on the risk categories proposed by LAI in 2020.

| Risk Group         | Treatment Goals    |                     | Consider Drug Therapy |                 |
|--------------------|--------------------|---------------------|-----------------------|-----------------|
|                    | LDL-C (mg/dl)      | Non-HDL (mg/dl)     | LDL-C (mg/dl)         | Non-HDL (mg/dl) |
| Extreme Risk Group | <50 (Optional goal | < 80 (Optional goal | >OR = 50              | >OR = 80        |
| Category A         | < OR = 30)         | < OR = 60)          |                       |                 |









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| •                  |              |         | -                             |       |

| Extreme Risk Group<br>Category B | <or 30<="" =="" th=""><th><or 60<="" =="" th=""><th>&gt; 30</th><th>&gt;60</th></or></th></or> | <or 60<="" =="" th=""><th>&gt; 30</th><th>&gt;60</th></or> | > 30     | >60     |
|----------------------------------|--|--|----------|---------|
| Very High Risk                   | <50  | <80  | >OR= 50  | >OR= 80 |
| High Risk                        | <70  | <100   | >OR= 70  | >OR=100 |
| Moderate Risk                    | <100   | <130   | >OR=100  | >OR=130 |
| Low Risk                         | <100   | <130   | >OR=130* | >OR=160 |

\*After an adequate non-pharmacological intervention for at least 3 months.

References: Management of Dyslipidaemia for the Prevention of Stroke: Clinical Practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology, 2022, 20, 134-155.

#### LIVER FUNCTION PROFILE, SERUM

| ,,  |                     |             |       |
|---|---------------------|-------------|-------|
| BILIRUBIN, TOTAL                                    | 0.88                | 0.2 - 1.2   | mg/dL |
| METHOD : DIAZONIUM SALT                             |                     |             |       |
| BILIRUBIN, DIRECT                                   | 0.33                | 0.0 - 0.5   | mg/dL |
| METHOD : DIAZO REACTION                             |                     |             |       |
| BILIRUBIN, INDIRECT                                 | 0.55                | 0.1 - 1.0   | mg/dL |
| METHOD : CALCULATED                                 |                     |             |       |
| TOTAL PROTEIN                                       | 7.6                 | 6.0 - 8.30  | g/dL  |
| METHOD : BIURET                                     |                     |             |       |
| ALBUMIN   | 4.4                 | 3.5 - 5.2   | g/dL  |
| METHOD : COLORIMETRIC (BROMCRESOL GREEN)            |                     |             |       |
| GLOBULIN  | 3.2                 | 2.0 - 3.5   | g/dL  |
| ALBUMIN/GLOBULIN RATIO                              | 1.4                 | 1 - 2.1     | RATIO |
| METHOD : CALCULATED PARAMETER                       |                     |             |       |
| ASPARTATE AMINOTRANSFERASE (AST/SGOT)               | 21                  | 5 - 34      | U/L   |
| METHOD : ENZYMATIC (NADH (WITHOUT P-5'-P)           |                     |             |       |
| ALANINE AMINOTRANSFERASE (ALT/SGPT)                 | 32                  | 0 - 55      | U/L   |
| METHOD : ENZYMATIC (NADH (WITHOUT P-5'-P)           |                     |             |       |
| ALKALINE PHOSPHATASE                                | 55                  | 40 - 150    | U/L   |
| METHOD : PARA-NITROPHENYL PHOSPHATE                 |                     |             |       |
| GAMMA GLUTAMYL TRANSFERASE (GGT)                    | 24                  | 11 - 59     | U/L   |
| METHOD : L-GAMMA-GLUTAMYL-4-NITROANALIDE /GLYCYLGLY | CINE KINETIC METHOD |             |       |
| LACTATE DEHYDROGENASE                               | 168                 | 125 - 220   | U/L   |
| METHOD : IFCC LACTATE TO PYRUVATE                   |                     |             |       |
| BLOOD UREA NITROGEN (BUN), SERUM                    |                     |             |       |
| BLOOD UREA NITROGEN                                 | 11                  | 8.9 - 20.6  | mg/dL |
| METHOD : UREASE METHOD                              |                     |             |       |
| CREATININE, SERUM                                   |                     |             |       |
| CREATININE  | 0.97                | 0.60 - 1.30 | mg/dL |
|   |                     |             |       |











Units

## CLIENT CODE : C000138384

**Test Report Status** 

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Results

| METHOD : KINETIC ALKALINE PICRATE                    |       |            |        |
|--|-------|------------|--------|
| BUN/CREAT RATIO                                      |       |            |        |
| BUN/CREAT RATIO                                      | 11.34 | 5.0 - 15.0 |        |
| URIC ACID, SERUM                                     |       |            |        |
| URIC ACID  | 6.9   | 3.5 - 7.2  | mg/dL  |
| METHOD : URICASE                                     |       |            |        |
| TOTAL PROTEIN, SERUM                                 |       |            |        |
| TOTAL PROTEIN  | 7.6   | 6.0 - 8.3  | g/dL   |
| METHOD : BIURET                                      |       |            |        |
| ALBUMIN, SERUM                                       |       |            |        |
| ALBUMIN  | 4.4   | 3.5 - 5.2  | g/dL   |
| METHOD : COLORIMETRIC (BROMCRESOL GREEN)             |       |            |        |
| GLOBULIN   |       |            |        |
| GLOBULIN   | 3.2   | 2.0 - 3.5  | g/dL   |
| METHOD : CALCULATED PARAMETER                        |       |            |        |
| ELECTROLYTES (NA/K/CL), SERUM                        |       |            |        |
| SODIUM, SERUM  | 139   | 136 - 145  | mmol/L |
| METHOD : ION SELECTIVE ELECTRODE TECHNOLOGY INDIRECT |       |            |        |
| POTASSIUM, SERUM                                     | 4.20  | 3.5 - 5.1  | mmol/L |
| METHOD : ION SELECTIVE ELECTRODE TECHNOLOGY INDIRECT |       |            |        |
| CHLORIDE, SERUM                                      | 105   | 98 - 107   | mmol/L |
| METHOD : ION SELECTIVE ELECTRODE TECHNOLOGY INDIRECT |       |            |        |











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**Biological Reference Interval** Units

| Sodium                                | Potassium                              | Chloride                                 |
|---------------------------------------|--|--|
| Decreased in:CCF, cirrhosis,          | Decreased in: Low potassium            | Decreased in: Vomiting, diarrhea,        |
| vomiting, diarrhea, excessive         | intake,prolonged vomiting or diarrhea, | renal failure combined with salt         |
| sweating, salt-losing                 | RTA types I and II,                    | deprivation, over-treatment with         |
| nephropathy,adrenal insufficiency,    | hyperaldosteronism, Cushing's          | diuretics, chronic respiratory acidosis, |
| nephrotic syndrome, water             | syndrome,osmotic diuresis (e.g.,       | diabetic ketoacidosis, excessive         |
| intoxication, SIADH. Drugs:           | hyperglycemia),alkalosis, familial     | sweating, SIADH, salt-losing             |
| thiazides, diuretics, ACE inhibitors, | periodic paralysis,trauma              | nephropathy, porphyria, expansion of     |
| chlorpropamide,carbamazepine,anti     | (transient).Drugs: Adrenergic agents,  | extracellular fluid volume,              |
| depressants (SSRI), antipsychotics.   | diuretics.                             | adrenalinsufficiency,                    |
|                                       |  | hyperaldosteronism, metabolic            |
|                                       |  | alkalosis. Drugs: chronic                |
|                                       |  | laxative,corticosteroids, diuretics.     |
| Increased in: Dehydration             | Increased in: Massive hemolysis,       | Increased in: Renal failure, nephrotic   |
| (excessivesweating, severe            | severe tissue damage, rhabdomyolysis,  | syndrome, RTA, dehydration,              |
| vomiting or diarrhea),diabetes        | acidosis, dehydration,renal failure,   | overtreatment with                       |
| mellitus, diabetesinsipidus,          | Addison's disease, RTA type IV,        | saline, hyperparathyroidism, diabetes    |
| hyperaldosteronism, inadequate        | hyperkalemic familial periodic         | insipidus, metabolic acidosis from       |
| water intake. Drugs: steroids,        | paralysis. Drugs: potassium salts,     | diarrhea (Loss of HCO3-), respiratory    |
| licorice,oral contraceptives.         | potassium- sparing diuretics,NSAIDs,   | alkalosis, hyperadre nocorticism.        |
|                                       | beta-blockers, ACE inhibitors, high-   | Drugs: acetazolamide, and rogens,        |
|                                       | dose trimethoprim-sulfamethoxazole.    | hydrochlorothiazide, salicylates.        |
| Interferences: Severe lipemia or      | Interferences: Hemolysis of sample,    | Interferences:Test is helpful in         |
| hyperproteinemi, if sodium analysis   | delayed separation of serum,           | assessing normal and increased anion     |
| involves a dilution step can cause    | prolonged fist clenching during blood  | gap metabolic acidosis and in            |
| spurious results. The serum sodium    | drawing, and prolonged tourniquet      | distinguishing hypercalcemia due to      |
| falls about 1.6 mEq/L for each 100    | placement. Very high WBC/PLT counts    | hyperparathyroidism (high serum          |
| mg/dL increase in blood glucose.      | may cause spurious. Plasma potassium   | chloride) from that due to malignancy    |
|                                       | levels are normal.                     | (Normal serum chloride)                  |

### **PHYSICAL EXAMINATION, URINE**

| COLOR                       | PALE YELLOW  |               |
|-----------------------------|--------------|---------------|
| APPEARANCE                  | CLEAR        |               |
| CHEMICAL EXAMINATION, URINE |              |               |
| PH                          | 6.0          | 4.7 - 7.5     |
| SPECIFIC GRAVITY            | 1.005        | 1.003 - 1.035 |
| METHOD : DIPSTICK           |              |               |
| PROTEIN                     | NOT DETECTED | NOT DETECTED  |
| METHOD : DIPSTICK           |              |               |
| GLUCOSE                     | NOT DETECTED | NOT DETECTED  |
| METHOD : DIPSTICK           |              |               |
| KETONES                     | NOT DETECTED | NOT DETECTED  |
| METHOD : DIPSTICK           |              |               |
| BLOOD                       | DETECTED (+) | NOT DETECTED  |
| METHOD : DIPSTICK           |              |               |
| BILIRUBIN                   | NOT DETECTED | NOT DETECTED  |
| METHOD : DIPSTICK           |              |               |











CLIENT'S NAME AND ADDRESS : ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156

SRL Ltd 30-B, CHOWRINGEE MANSION, JAWAHARLAL NEHRU ROAD, KOLKATA, 700016 WEST BENGAL, INDIA Tel : 033-22267333,46019048, Fax : 033-22271324 CIN - U74899PB1995PLC045956

| PATIENT NAME : SHAMIM REYAZ                       |                           | PATIENT ID : SHAMM27028082 |
|---|---------------------------|----------------------------|
| ACCESSION NO : 0082WB00038 AGE : 42 Ye            | ars SEX : Male ABHA NO    | :                          |
| DRAWN : 11/02/2023 10:00 RECEIVED :               | 11/02/2023 15:17 REPORTED | D: 13/02/2023 19:46        |
| <b>REFERRING DOCTOR :</b> DR. ACROFEMI HEALTHCARE | LTD ( MEDIWHEEL ) C       | LIENT PATIENT ID:          |

| Test Report Status <u>Final</u> | Results      | Biological Reference Interva | al Units |
|---------------------------------|--------------|------------------------------|----------|
|                                 |              |                              |          |
| UROBILINOGEN                    | NORMAL       | NORMAL                       |          |
| METHOD : DIPSTICK               |              |                              |          |
| NITRITE                         | NOT DETECTED | NOT DETECTED                 |          |
| METHOD : DIPSTICK               |              |                              |          |
| LEUKOCYTE ESTERASE              | NEGATIVE     | NOT DETECTED                 |          |
| MICROSCOPIC EXAMINATION, URINE  |              |                              |          |
| RED BLOOD CELLS                 | 1 - 2        | NOT DETECTED                 | /HPF     |
| PUS CELL (WBC'S)                | 1-2          | 0-5                          | /HPF     |
| EPITHELIAL CELLS                | 1-2          | 0-5                          | /HPF     |
| CASTS                           | NOT DETECTED |                              |          |
| CRYSTALS                        | NOT DETECTED |                              |          |
| BACTERIA                        | NOT DETECTED | NOT DETECTED                 |          |
| YEAST                           | NOT DETECTED | NOT DETECTED                 |          |

#### Comments

URINALYSIS: MICROSCOPIC EXAMINATION IS CARRIED OUT ON CENTRIFUGED URINARY SEDIMENT.











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| KOLKATA, 700016                                  |
| WEST BENGAL, INDIA                               |
| Tel: 033-22267333,46019048, Fax: 033-22271324    |
| CIN - U74899PB1995PLC045956                      |
|  |
|  |

| PATIENT NAME : SHAMIM REYAZ           | 2                              | PATIENT ID : SHAMM27028082          |
|---------------------------------------|--------------------------------|-------------------------------------|
| ACCESSION NO : 0082WB00038            | AGE : 42 Years SEX : Male      | ABHA NO :                           |
| DRAWN : 11/02/2023 10:00              | RECEIVED : 11/02/2023 15:17    | REPORTED : 13/02/2023 19:46         |
| <b>REFERRING DOCTOR :</b> DR. ACROFEM | I HEALTHCARE LTD ( MEDIWHEEL ) | CLIENT PATIENT ID:                  |
| Test Report Status Final              | Results                        | Biological Reference Interval Units |

#### Interpretation(s)

The following table describes the probable conditions, in which the analytes are present in urine

| Presence of             | Conditions  |
|-------------------------|---|
| Proteins                | Inflammation or immune illnesses  |
| Pus (White Blood Cells) | Urinary tract infection, urinary tract or kidney stone, tumors or any kind  |
|                         | of kidney impairment  |
| Glucose                 | Diabetes or kidney disease  |
| Ketones                 | Diabetic ketoacidosis (DKA), starvation or thirst   |
| Urobilinogen            | Liver disease such as hepatitis or cirrhosis  |
| Blood                   | Renal or genital disorders/trauma   |
| Bilirubin               | Liver disease   |
| Erythrocytes            | Urological diseases (e.g. kidney and bladder cancer, urolithiasis), urinary tract infection and glomerular diseases   |
| Leukocytes              | Urinary tract infection, glomerulonephritis, interstitial nephritis either<br>acute or chronic, polycystic kidney disease, urolithiasis, contamination by<br>genital secretions   |
| Epithelial cells        | Urolithiasis, bladder carcinoma or hydronephrosis, ureteric stents or<br>bladder catheters for prolonged periods of time  |
| Granular Casts          | Low intratubular pH, high urine osmolality and sodium concentration,<br>interaction with Bence-Jones protein  |
| Hyaline casts           | Physical stress, fever, dehydration, acute congestive heart failure, renal diseases   |
| Calcium oxalate         | Metabolic stone disease, primary or secondary hyperoxaluria, intravenous<br>infusion of large doses of vitamin C, the use of vasodilator naftidrofuryl<br>oxalate or the gastrointestinal lipase inhibitor orlistat, ingestion of<br>ethylene glycol or of star fruit (Averrhoa carambola) or its juice |
| Uric acid               | arthritis   |
| Bacteria                | Urinary infectionwhen present in significant numbers & with pus cells.  |
| Trichomonas vaginalis   | Vaginitis, cervicitis or salpingitis  |
| HYROID PANEL, SERUM     | · · · · · · · · · · · · · · · · · · ·   |

| ТЗ                                       | 97.6                 | 35 - 193      | ng/dL  |
|--|----------------------|---------------|--------|
| METHOD : TWO-STEP CHEMILUMINESCENT MICRO | PARTICLE IMMUNOASSAY |               |        |
| T4                                       | 8.84                 | 4.87 - 11.71  | µg/dL  |
| METHOD : TWO-STEP CHEMILUMINESCENT MICRO | PARTICLE IMMUNOASSAY |               |        |
| TSH (ULTRASENSITIVE)                     | 1.845                | 0.350 - 4.940 | µIU/mL |
| METHOD : TWO-STEP CHEMILUMINESCENT MICRO | PARTICLE IMMUNOASSAY |               |        |







Patient Ref. No. 775000002330199



CLIENT CODE : C000138384

CLIENT'S NAME AND ADDRESS : ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156

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| VEST BENGAL, INDIA                             |     |
| el : 033-22267333,46019048, Fax : 033-22271324 |     |
| CIN - U74899PB1995PLC045956                    |     |
|  |     |

| Test Report Stat | us Final             | Results                     | Biological Reference I | nterval Units |
|------------------|----------------------|-----------------------------|------------------------|---------------|
| REFERRING DOCTO  | DR : DR. ACROFEMI HE | ALTHCARE LTD ( MEDIWHEEL )  | CLIENT PATIENT ID      | :             |
| DRAWN : 11/02/2  | 2023 10:00           | RECEIVED : 11/02/2023 15:17 | REPORTED : 13/02/202   | 23 19:46      |
| ACCESSION NO :   | 0082WB00038 AG       | E: 42 Years SEX : Male      | ABHA NO :              |               |
| PATIENT NAME     | : SHAMIM REYAZ       |                             | PATIENT ID:            | SHAMM27028082 |

#### Interpretation(s)

Triiodothyronine T3, Thyroxine T4, and Thyroid Stimulating Hormone TSH are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hyperthyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3.Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism.Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

| Sr. No. | TSH        | Total T4 | FT4    | Total T3 | Possible Conditions  |
|---------|------------|----------|--------|----------|--|
| 1       | High       | Low      | Low    | Low      | (1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3)          |
|         |            |          |        |          | Post Thyroidectomy (4) Post Radio-Iodine treatment                         |
| 2       | High       | Normal   | Normal | Normal   | (1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid        |
|         |            |          |        |          | hormone replacement therapy (3) In cases of Autoimmune/Hashimoto           |
|         |            |          |        |          | thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical |
|         |            |          |        |          | inflammation, drugs like amphetamines, Iodine containing drug and          |
|         |            |          |        |          | dopamine antagonist e.g. domperidone and other physiological reasons.      |
| 3       | Normal/Low | Low      | Low    | Low      | (1) Secondary and Tertiary Hypothyroidism                                  |
| 4       | Low        | High     | High   | High     | (1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre       |
|         |            |          |        |          | (3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid      |
|         |            |          |        |          | hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4                 |
|         |            |          |        |          | replacement therapy (7) First trimester of Pregnancy                       |
| 5       | Low        | Normal   | Normal | Normal   | (1) Subclinical Hyperthyroidism  |
| 6       | High       | High     | High   | High     | (1) TSH secreting pituitary adenoma (2) TRH secreting tumor                |
| 7       | Low        | Low      | Low    | Low      | (1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent          |
|         |            |          |        |          | treatment for Hyperthyroidism  |
| 8       | Normal/Low | Normal   | Normal | High     | (1) T3 thyrotoxicosis (2) Non-Thyroidal illness                            |
| 9       | Low        | High     | High   | Normal   | (1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies       |

REF: 1. TIETZ Fundamentals of Clinical chemistry 2.Guidlines of the American Thyroid association during pregnancy and Postpartum, 2011. **NOTE: It is advisable to detect Free T3,FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.**TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

#### PHYSICAL EXAMINATION, STOOL

CONSISTENCY SAMPLE NOT RECEIVED METHOD : MANUAL ABO GROUP & RH TYPE, EDTA WHOLE BLOOD ABO GROUP METHOD : GEL CARD METHOD RH TYPE POSITIVE









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CIN - U74899PB1995PLC045956

30-B, CHOWRINGEE MANSION, JAWAHARLAL NEHRU ROAD,

Tel: 033-22267333,46019048, Fax: 033-22271324



CLIENT CODE : C000138384

**CLIENT'S NAME AND ADDRESS :** ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156

| PATIENT NAME : SHAMIM REYAZ            |  | PATIENT ID : SHAMM27028082   |
|--|--|--|
| ACCESSION NO : 0082WB00038 AGE :       | 42 Years SEX : Male                    | ABHA NO :  |
| DRAWN : 11/02/2023 10:00 RECE          | IVED : 11/02/2023 15:17                | REPORTED : 13/02/2023 19:46  |
| REFERRING DOCTOR : DR. ACROFEMI HEALTH | ICARE LTD ( MEDIWHEEL )                | CLIENT PATIENT ID:   |
| Test Report Status <u>Final</u>        | Results                                | Biological Reference Interval Units  |
| METHOD : GEL CARD METHOD               |  |  |
| XRAY-CHEST                             |  |  |
| IMPRESSION                             | NO SIGNIFICANT ABNO                    | ORMALITY DETECTED  |
| TMT OR ECHO                            |  |  |
| TMT OR ECHO                            | ECHO DONE INSTEAD<br>IMPRESSION-NORMAL |  |
| ECG                                    |  |  |
| ECG                                    | WITHIN NORMAL LIMI                     | TS   |
| MEDICAL HISTORY                        |  |  |
| RELEVANT PRESENT HISTORY               | NOT SIGNIFICANT                        |  |
| RELEVANT PAST HISTORY                  | NOT SIGNIFICANT                        |  |
| RELEVANT PERSONAL HISTORY              | NOT SIGNIFICANT                        |  |
| RELEVANT FAMILY HISTORY                | FATHER : PARKINSON'                    | S DISEASE, TOBACCO   |
| OCCUPATIONAL HISTORY                   | NOT SIGNIFICANT                        |  |
| HISTORY OF MEDICATIONS                 | NOT SIGNIFICANT                        |  |
| ANTHROPOMETRIC DATA & BMI              |  |  |
| HEIGHT IN METERS                       | 1.72                                   | mts  |
| WEIGHT IN KGS.                         | 78                                     | Kgs  |
| ВМІ                                    | 26                                     | BMI & Weight Status as follows: kg/sqmts<br>Below 18.5: Underweight<br>18.5 - 24.9: Normal<br>25.0 - 29.9: Overweight<br>30.0 and Above: Obese |
| GENERAL EXAMINATION                    |  |  |
| MENTAL / EMOTIONAL STATE               | NORMAL                                 |  |
| PHYSICAL ATTITUDE                      | NORMAL                                 |  |
| GENERAL APPEARANCE / NUTRITIONAL STAT  | US HEALTHY                             |  |
| BUILT / SKELETAL FRAMEWORK             | AVERAGE                                |  |
| FACIAL APPEARANCE                      | NORMAL                                 |  |
| SKIN                                   | NORMAL                                 |  |
| UPPER LIMB                             | NORMAL                                 |  |
| LOWER LIMB                             | NORMAL                                 |  |
| NECK                                   | NORMAL                                 |  |
| NECK LYMPHATICS / SALIVARY GLANDS      | NOT ENLARGED OR TE                     | NDER   |

NOT ENLARGED

NORMAL

NORMAL



THYROID GLAND

TEMPERATURE

CAROTID PULSATION









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| WEST BENGAL, INDIA                              |
| Tel: 033-22267333,46019048, Fax: 033-22271324   |
| CIN - U74899PB1995PLC045956                     |
|   |

| PATIENT NAME : SHAMIM REYAZ            |                               | PATIENT ID : SHAMM27028082 |
|--|-------------------------------|----------------------------|
| ACCESSION NO : 0082WB00038 AGE :       | 42 Years SEX : Male ABHA N    | 0:                         |
| DRAWN : 11/02/2023 10:00 RECEIV        | YED : 11/02/2023 15:17 REPORT | ED: 13/02/2023 19:46       |
| REFERRING DOCTOR : DR. ACROFEMI HEALTH | CARE LTD ( MEDIWHEEL )        | CLIENT PATIENT ID:         |

| Test Report Status <u>Final</u>          | Results               | Biological Reference Interval | Units |
|--|-----------------------|-------------------------------|-------|
|  |                       |                               |       |
| PULSE                                    | 79/MINS               |                               |       |
| RESPIRATORY RATE                         | NORMAL                |                               |       |
|  | 111/71                |                               |       |
| BP                                       | 111/71                |                               | mm/Hg |
| PERICARDIUM                              | NORMAL                |                               |       |
| APEX BEAT                                | NORMAL                |                               |       |
| HEART SOUNDS                             | S1, S2 HEARD NORMALLY |                               |       |
| MURMURS                                  | ABSENT                |                               |       |
| RESPIRATORY SYSTEM                       |                       |                               |       |
| SIZE AND SHAPE OF CHEST                  | NORMAL                |                               |       |
| MOVEMENTS OF CHEST                       | SYMMETRICAL           |                               |       |
| BREATH SOUNDS INTENSITY                  | NORMAL                |                               |       |
| BREATH SOUNDS QUALITY                    | VESICULAR (NORMAL)    |                               |       |
| ADDED SOUNDS                             | ABSENT                |                               |       |
| PER ABDOMEN                              |                       |                               |       |
| APPEARANCE                               | NORMAL                |                               |       |
| VENOUS PROMINENCE                        | ABSENT                |                               |       |
| LIVER                                    | NOT PALPABLE          |                               |       |
| SPLEEN                                   | NOT PALPABLE          |                               |       |
| CENTRAL NERVOUS SYSTEM                   |                       |                               |       |
| HIGHER FUNCTIONS                         | NORMAL                |                               |       |
| CRANIAL NERVES                           | NORMAL                |                               |       |
| CEREBELLAR FUNCTIONS                     | NORMAL                |                               |       |
| SENSORY SYSTEM                           | NORMAL                |                               |       |
| MOTOR SYSTEM                             | NORMAL                |                               |       |
| REFLEXES                                 | NORMAL                |                               |       |
| MUSCULOSKELETAL SYSTEM                   |                       |                               |       |
| SPINE                                    | NORMAL                |                               |       |
| JOINTS                                   | NORMAL                |                               |       |
| BASIC EYE EXAMINATION                    |                       |                               |       |
| CONJUNCTIVA                              | NORMAL                |                               |       |
| EYELIDS                                  | NORMAL                |                               |       |
| EYE MOVEMENTS                            | NORMAL                |                               |       |
| DISTANT VISION RIGHT EYE WITHOUT GLASSES | 6/6                   |                               |       |
|  | -, -                  |                               |       |











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| KOLKATA, 700016                                  |
| WEST BENGAL, INDIA                               |
| Tel : 033-22267333,46019048, Fax : 033-22271324  |
| CIN - U74899PB1995PLC045956                      |
|  |

| PATIENT NAME : SHAMIM REYAZ                               | PATIENT ID : SHAMM27028082  |
|---|-----------------------------|
| ACCESSION NO : 0082WB00038 AGE : 42 Years SEX : Male      | ABHA NO :                   |
| DRAWN : 11/02/2023 10:00 RECEIVED : 11/02/2023 15:17      | REPORTED : 13/02/2023 19:46 |
| REFERRING DOCTOR: DR. ACROFEMI HEALTHCARE LTD (MEDIWHEEL) | CLIENT PATIENT ID:          |

| Test Report Status <u>Final</u>         | Results          | Biological Reference Interval Units  |
|---|------------------|--|
|   |                  |  |
| DISTANT VISION LEFT EYE WITHOUT GLASSES | 6/6              |  |
| NEAR VISION RIGHT EYE WITHOUT GLASSES   | N6               |  |
| NEAR VISION LEFT EYE WITHOUT GLASSES    | N6               |  |
| COLOUR VISION                           | NORMAL           |  |
| BASIC ENT EXAMINATION                   |                  |  |
| EXTERNAL EAR CANAL                      | NORMAL           |  |
| TYMPANIC MEMBRANE                       | NORMAL           |  |
| NOSE                                    | NO ABNORMALITY [ | DETECTED   |
| SINUSES                                 | NORMAL           |  |
| THROAT                                  | NO ABNORMALITY [ | DETECTED   |
| TONSILS                                 | NOT ENLARGED     |  |
| BASIC DENTAL EXAMINATION                |                  |  |
| TEETH                                   | NORMAL           |  |
| GUMS                                    | HEALTHY          |  |
| SUMMARY                                 |                  |  |
| REMARKS / RECOMMENDATIONS               |                  | OR ANNUAL HEALTH CHECK UP. ON EXAMINATION<br>ONS HE IS FOUND TO BE IN GOOD HEALTH. |

#### Comments

MEDICAL EXAMINATION DONE BY: DR. B. N. JANA, MBBS, DCH CONSULTANT WELLNESS CLINIC PARK STREET, KOLKATA

#### Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13)

from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for

diagnosing a case of beta thalassaemia trait. WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when 49.5 years old and NLR = 3.5, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when 49.5 years old and NLR = 3.5, 46.1% covid and 40.1% co

patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease. (Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients A.-P. Yang, et al. International Immunopharmacology 84 (2020) 106504

This ratio element is a calculated parameter and out of NABL scope. ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-TEST DESCRIPTION :-

(sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change. **TEST INTERPRETATION** 



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**CLIENT'S NAME AND ADDRESS :** ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156

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|--|
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|  |

| Test Report Status Final       | Results                         | Biological Reference Interval Units |
|--------------------------------|---------------------------------|-------------------------------------|
| REFERRING DOCTOR : DR. ACROFEN | 1I HEALTHCARE LTD ( MEDIWHEEL ) | CLIENT PATIENT ID :                 |
| DRAWN : 11/02/2023 10:00       | RECEIVED : 11/02/2023 15:17     | REPORTED : 13/02/2023 19:46         |
| ACCESSION NO : 0082WB00038     | AGE: 42 Years SEX: Male         | ABHA NO :                           |
| PATIENT NAME : SHAMIM REYA     | Z                               | PATIENT ID : SHAMM27028082          |

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis). In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum.

Decreased in: Polycythermia vera, Sickle cell anemia

#### LIMITATIONS

False elevated ESR : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia

False Decreased : Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine,

#### salicylates) REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition. GLUCOSE FASTING,FLUORIDE PLASMA-**TEST DESCRIPTION** 

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

#### Increased in

Diabetes mellitus, Cushing's syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides. Decreased in

Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical, stomach, fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases(e.g., galactosemia), Drugs- insulin,

ethanol, propranolol sulfonylureas, tolbutamide, and other oral hypoglycemic agents.

NOTE: While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-Used For:

1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.

2.Diagnosing diabetes.

3. Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for

well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range. 1.eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.

2. eAG gives an evaluation of blood glucose levels for the last couple of months.
 3. eAG is calculated as eAG (mg/dl) = 28.7 \* HbA1c - 46.7

HbA1c Estimation can get affected due to : I.Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days. II. Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.

III.Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates

addiction are reported to interfere with some assay methods, falsely increasing results. IV.Interference of hemoglobinopathies in HbA1c estimation is seen in

a.Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c. b.Heterozygous state detected (D10 is corrected for HbS & HbC trait.)

c.HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is

CLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin. AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured

clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity.ALT test measures the amount of this enzyme in the blood.ALT









**CLIENT'S NAME AND ADDRESS :** ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156

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|   |

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is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget"""'s disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson"""'s disease. GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and source of normal enzyme activity.Serum GGT has been widely used as an index of liver dysfunction.Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and 

half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc

BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased vestigation of the version o

Kidney problems, such as kidney damage or failure, infection, or reduced blood flow

Loss of body fluid (dehydration)
Muscle problems, such as breakdown of muscle fibers

• Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

Mvasthenia Gravis

Muscular dystrophy

URIC ACID, SERUM-Causes of Increased levels:-Dietary(High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2 DM, Metabolic syndrome

Causes of decreased levels-Low Zinc intake, OCP, Multiple Sclerosis

TOTAL PROTEIN, SERUM-Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum...Protein in the plasma is made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

ALBUMIN, SERUM-Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same

The test is performed by both forward as well as reverse grouping methods.

HISTORY-\*\*\*\* THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.











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| Test Report Status Final              | Results                        | Units                       |

SRL Ltd

KOLKATA, 700016

WEST BENGAL, INDIA

CIN - U74899PB1995PLC045956

**Test Report Status** <u>Final</u> Results

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#### MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

ULTRASOUND ABDOMEN **ULTRASOUND ABDOMEN** IMPRESSION: No significant abnormality.

> \*\*End Of Report\*\* Please visit www.srlworld.com for related Test Information for this accession

Dr. B. N. Jana, MBBS, DCH Consultant

#### **CONDITIONS OF LABORATORY TESTING & REPORTING**

1. It is presumed that the test sample belongs to the patient named or identified in the test requisition form.

2. All tests are performed and reported as per the

turnaround time stated in the SRL Directory of Services.

3. Result delays could occur due to unforeseen

circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event.

- 4. A requested test might not be performed if:
  - i. Specimen received is insufficient or inappropriate
  - ii. Specimen quality is unsatisfactory
  - iii. Incorrect specimen type

iv. Discrepancy between identification on specimen container label and test requisition form

5. SRL confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity.

6. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis.

7. Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification.

- Test results cannot be used for Medico legal purposes. 8.
- 9. In case of queries please call customer care
- (91115 91115) within 48 hours of the report.

#### SRL Limited

Fortis Hospital, Sector 62, Phase VIII, Mohali 160062



