

Name Age

Sex

P. ID No. **Accession No**

Jeevan Jyoti HLM

Pathkind Diagnostics Pvt. Ltd.

162, Lowther Road, Bai Ka Bagh, Prayagraj

: Female

Processed By

Pathkind Diagnostics Pvt. Ltd.

162, Lowther Road, Bai Ka Bagh, Prayagraj

Uttar Pradesh-211003

Billing Date

26/08/202309:28:39

Sample Collected on

26/08/2023 13:23:25

Sample Received on Report Released on

26/08/2023 13:37:34

NABH Accredited Hosp

26/08/2023 14:26:18

%

fL

pg

g/dL

%

%

Barcode No.

83.0 - 101.0

27.0 - 32.0

31.5 - 34.5

11.9 - 15.5

40 - 80

1212050393

Referring Doctor: Dr. R K SHARMA, MBBS, MD (MEDICINE)

: 39 Yrs 9 Mon 15 Days

: P1212100017840

: 12122307298

: Mrs. KUMUD JHA REG - 309777

Referred By Ref no.

Report Status - Preliminary Report

Test Name	Result	Biological Ref. Interval	Unit
	HAEMATOLO	<u>DGY</u>	
Complete Blood Count (CBC) Haemoglobin (Hb) Sample: Whole Blood EDTA Method: Photometric measurement	11.9 L	12.0 - 15.0	gm/dL
Total WBC Count / TLC Sample: Whole Blood EDTA Method: Impedance	4.5	4.0 - 10.0	thou/μL
RBC Count	4.6	3.8 - 4.8	million/μL

ivietnoa: impedance		
PCV / Hematocrit	35.8 L	36.0 - 46.0
Sample: Whole Blood EDTA		

memour impedance	
MCV	78.3 L
Sample: Whole Blood EDTA	

Н	26.1 L
H	26.1 I

MCHC	33.4
Method: Calculated	
Sample: Whole Blood EDTA	

Method: Calculated	
Sample: Whole Blood EDTA	

RDW	(Red Cell	Distribution	Width)
Sample:	Whole Blood F	FDTA	

Method: Calculated **DLC (Differential Leucocyte Count)**

Method: Flowcytometry/Microscopy
Neutrophils

Sample: Whole Blood EDTA

Sample: Whole Blood EDTA

Method: Impedance

Method: VCS Technology & Microscopy

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13.9

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Referring Doctor: Dr. R K SHARMA, MBBS, MD (MEDICINE)

: Mrs. KUMUD JHA REG - 309777

Referred By

: 39 Yrs 9 Mon 15 Days

Ref no.

Preliminary Report Report Status -

Test Name	Result	Biological Ref. Interval	Unit
Lymphocytes Sample: Whole Blood EDTA Method: VCS Technology & Microscopy	25	20 - 40	%
Eosinophils Sample: Whole Blood EDTA Method: VCS Technology & Microscopy	04	01 - 06	%
Monocytes Sample: Whole Blood EDTA Method: VCS Technology & Microscopy	04	02 - 10	%
Basophils Sample: Whole Blood EDTA Method: VCS Technology & Microscopy	00	00 - 02	%
Absolute Neutrophil Count Sample: Whole Blood EDTA	3015	2000 - 7000	/μL
Absolute Lymphocyte Count Sample: Whole Blood EDTA	1125	1000 - 3000	/μL
Absolute Eosinophil Count Sample: Whole Blood EDTA	180	20 - 500	/μL
Absolute Monocyte Count Sample: Whole Blood EDTA	180 L	200 - 1000	/μL
Absolute Basophil Count Sample: Whole Blood EDTA	00 L	20 - 100	/μL
DLC Performed By Sample: Whole Blood EDTA	EDTA Smear		
Platelet Count Sample: Whole Blood EDTA Method: Impedance	190	150 - 410	thou/μL
MPV (Mean Platelet Volume) Sample: Whole Blood EDTA	12.3 H	6.8 - 10.9	fL

Method: Calculated

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Barcode No.

1212050392, 1212031822, 1212050391, 1212050393

Ref no.

Report Status -**Preliminary Report**

Test Name	Result	Biological Ref. Interval	Unit
Sample: Whole Blood EDTA			
Erythrocyte Sedimentation Rate (ESR)	80 H	<12	mm 1st Hour
Sample: Whole Blood EDTA			
Method: Modified Westergren Method			
Blood Group			
Blood Grouping	"O"		
Sample: Whole Blood EDTA			
Method: Column Agglutination			

Rh (D) Typing

Sample: Whole Blood EDTA Method: Column agglutination

BIOCHEMISTRY

POSITIVE

HbA1C (Glycosylated Hemoglobin)

HbA1c Sample: Whole Blood EDTA Method: Turbidimetric inhibition immunoassay	7.8 H	Non Diabetic : < 5.7 % Prediabetic Range : 5.7 - 6.4 % Diabetic Range : >= 6.5 % Goal of Therapy :<7.0 % Action suggested :>8.0 %	%
Mean Plasma Glucose Sample: Whole Blood EDTA Method: Calculated	177.2 H	<116.0	mg/dL
Fasting Plasma Glucose Sample: Fluoride Plasma - F	141 H	74 - 106	mg/dl
Glucose Post-Prandial Sample: Fluoride Plasma - PP Method: Hexokinase	128	70 - 140	mg/dl
<u>Kidney Profile</u>			
Blood Urea			

12122307298 Mrs. KUMUD JHA

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Blood Urea Nitrogen (BUN)

Method: Spectrophotometry-Urease / GLDH

Sample: Serum

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8.82



7.00 - 18.69



mg/dL

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1212050391, 1212050393

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Report Status - Preliminary Report

Referring Doctor: Dr. R K SHARMA, MBBS, MD (MEDICINE)

Referred By Ref no.

	Report Status - Fremiliary Report		
est Name	Result	Biological Ref. Interval	Unit
Urea Sample: Serum Method: Spectrophotometery	18.87	17.00 - 43.00	mg/dL
Creatinine Sample: Serum Method: Spectrophotometry	0.52	0.50 - 1.10	mg/dL
BUN Creatinine Ratio Sample: Serum Method: Calculated	17	10 - 20	
Uric Acid Sample: Serum Method: Spectrophotometery	7.9 H	2.4 - 5.7	mg/dL
Total Protein Sample: Serum Method: Spectrophotometry	6.9	6.4 - 8.3	g/dL
Albumin Sample: Serum Method: Spectrophotometery	4.1	4.0 - 4.9	g/dL
Globulin Sample: Serum Method: Calculated	2.8	1.9 - 3.7	g/dL
Albumin : Globulin Ratio Sample: Serum Method: Calculated	1.5	1.0 - 2.1	
Sodium Sample: Serum Method: ISE	139	136 - 145	mmol/L
Potassium Sample: Serum Method: ISE	4.5	3.5 - 5.1	mmol/L
Chloride Sample: Serum Method: ISE	110 H	97 - 107	mmol/L





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Uttar Pradesh-211003

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Ref no.

Preliminary Report Report Status -

Biological Ref. Interval Test Name Result Unit

CLINICAL PATHOLOGY

Urine Routine & Microscopic Examination

Method: Reflectance Photometry

Physical Examination

Pale Yellow Pale Yellow Colour

Sample: Urine Method: Physical Examination

Slightly Hazy Clear Appearance

Sample: Urine

Method: Physical Examination

1.010 Specific Gravity 1.003 - 1.035

Sample: Urine

Method: pKa change of pretreated polyelectrolytes

рΗ 5.0 4.7 - 7.5

Sample: Urine

Method: Double indicator principle

Chemical Examination

Not Detected Not Detected Glucose

Sample: Urine

Method: Glucose oxidase/peroxidase

Protein Detected (+++) Not Detected

Sample: Urine

Method: Protein-error-of-indicators principle

Not Detected Not Detected Ketones

Sample: Urine

Method: Sodium nitroprusside reaction

Not Detected Not Detected

Sample: Urine Method: Peroxidase

Bilirubin Not Detected Not Detected

Sample: Urine Method: Diazo reaction

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Preliminary Report Report Status -

Test Name	Result	Biological Ref. Interval	Unit
Urobilinogen Sample: Urine Method: Ehrlich's reaction	Normal	Normal	
Nitrite Sample: Urine Method: Nitrite Test	Not Detected	Not Detected	
Microscopic Examination Method: Microscopy			
Pus Cells Sample: Urine	2 - 3	0 - 5	/hpf
RBC Sample: Urine	Not Detected	Not Detected	/hpf
Epithelial Cells Sample: Urine	8 - 10	0 - 5	/hpf
Casts Sample: Urine	Not Detected	Not Detected	/hpf
Crystals Sample: Urine	Not Detected	Not Detected	/hpf
Bacteria Sample: Urine	Not Detected	Not Detected	/hpf

Remarks: Microscopic Examination is performed on urine sediment

BIOCHEMISTRY

Thyroid Profile Total

Total T3 (Triiodothyronine) 1.84 0.80 - 2.00ng/mL

Sample: Serum Method: ECLIA

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Remarks Sample: Urine

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Report Status - Preliminary Report

Test Name	Result	Biological Ref. Interval	Unit
Total T4 (Thyroxine) Sample: Serum Method: ECLIA	12.64	5.10 - 14.10	μg/dL
TSH 3rd Generation Sample: Serum Method: ECLIA	<0.005 L	0.270 - 4.200	μIU/mL
.ipid Profile Method: Sample: Seurm			
Total Cholesterol Sample: Serum Method: Spectrophotometery	173	No risk : < 200 Moderate risk : 200–239 High risk : =240	mg/dL
Triglycerides Sample: Serum Method: Spectrophotometry	139	Desirable : < 150 Borderline High : 150 - 199 High : 200 - 499 Very High : >/= 500	mg/dL
LDL Cholesterol (Calculated) Sample: Serum Method: Calculated	114 H	Optimal : <100 Near Optimal : 100 - 129 Borderline High : 130 - 160 High : 161 - 189 Very High : >/=190	mg/dL
HDL Cholesterol Sample: Serum Method: Spectrophometry	31 L	Low : < 40 Optimal : 40 - 60 High : > 60	mg/dl
VLDL Cholesterol Sample: Serum Method: Calculated	27.8	Desirable 10 - 35	mg/dL
Total Cholesterol / HDL Ratio Sample: Serum Method: Calculated	5.58 H	Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0	
LDL / HDL Ratio Sample: Serum	3.7 H	0.5 - 3.0	

12122307298 Mrs. KUMUD JHA

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Method: Calculated



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Report Status -**Preliminary Report**

Test Name Result **Biological Ref. Interval** Unit

> Low Risk : 0.5 - 3.0 Moderate Risk : 3.1 - 6.0 High Risk : > 6.0

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Report Status - Preliminary Report

Test Name	Result	Biological Ref. Interval	Unit
<u>Liver Function Test (LFT)</u>			
Bilirubin Total Sample: Serum Method: Spectrophotometry-Diazo	0.4	0.0 - 1.2	mg/dL
Bilirubin Direct Sample: Serum Method: Spectrophotometry-Diazo	0.1	0.0 - 0.2	mg/dL
Serum Bilirubin (Indirect) Sample: Serum Method: Calculated	0.30	0.00 - 0.90	mg/dL
SGOT / AST Sample: Serum Method: Spectrophotometery	14	<31	U/L
SGPT / ALT Sample: Serum Method: Spectrophotometery	16	<33	U/L
AST / ALT Ratio Sample: Serum Method: Calculated	0.88		
Alkaline Phosphatase (ALP) Sample: Serum Method: Spectrophotometery	86	<98	U/L
Total Protein Sample: Serum Method: Spectrophotometry	6.9	6.4 - 8.3	g/dL
Albumin Sample: Serum Method: Spectrophotometery	4.1	4.0 - 4.9	g/dL
Globulin Sample: Serum Method: Calculated	2.8	1.9 - 3.7	g/dL
Albumin/Globulin (A/G) Ratio Sample: Serum Method: Calculated	1.5	1.0 - 2.1	g/dL

Complete Blood Count (CBC)

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Report Status - Preliminary Report

Test Name Result Biological Ref. Interval Unit

Clinical Significance:

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CBC comprises of estimation of the cellular componenets of blood including RBCs, WBCs and Platelets. Mean corpuscular volume (MCV) is a measure of the size of the average RBC, MCH is a measure of the hemoglobin cointent of the average RBC and MCHC is the hemoglobin concentration per RBC. The red cell distribution width (RDW) is a measure of the degree of variation in RBC size (anisocytosis) and is helpful in distinguishing between some anemias. CBC examination is used as a screening tool to confirm a hematologic disorder, to establish or rule out a diagnosis, to detect an unsuspected hematologic disorder, or to monitor effects of radiation or chemotherapy. Abnormal results may be due to a primary disorder of the cell-producing organs or an underlying disease. Results should be interpreted in conjunction with the patient's clinical picture and appropriate additional testing performed.

Erythrocyte Sedimentation Rate (ESR)

Clinical Significance

The erythrocyte sedimentation rate (ESR) is a simple but non-specific test that helps to detect inflammation associated with conditions such as infections, cancers, and autoimmune diseases.

HbA1C (Glycosylated Hemoglobin)

Clinical Significance:

Hemoglobin A1c (HbA1c) level reflects the mean glucose concentration over the previous period (approximately 8-12 weeks) and provides a much better indication of long-term glycemic control than blood and urinary glucose determinations. American Diabetes Association (ADA) include the use of HbA1c to diagnose diabetes, using a cutpoint of 6.5%. The ADA recommends measurement of HbA1c 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to assess whether a patient's metabolic control has remained continuously within the target range. Falsely low HbA1c results may be seen in conditions that shorten erythrocyte life span. and may not reflect glycemic control in these cases accurately.

Glucose Post-Prandial

COMMENTS / INTERPRETATION:

Any of the following results, confirmed on a subsequent day, can be considered diagnostic for diabetes:

-Fasting plasma or serum glucose > or =126 mg/dL after an 8-hour fast

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Test Name	Result	Biological Ref. Interval	 Unit
		•	

- -2-Hour plasma or serum glucose > or =200 mg/ dL during a 75-gram oral glucose tolerance test (OGTT)
- -Random glucose >200 mg/dL, plus typical symptoms

Patients with "impaired" glucose regulation are those whose fasting serum or plasma glucose fall between 101 and 126 mg/dL, or whose 2-hour value on oral glucose tolerance test fall between 140 and 199 mg/dL. These patients have a markedly increased risk of developing type 2 diabetes and should be counseled for lifestyle changes and followed up with more testing.

Uric Acid

Clinical Significance:

Uric acid is the final product of purine metabolism. Serum uric acid levels are raised in case of increased purine synthesis, inherited metabolic disorder, excess dietary purine intake, increased nucleic acid turnover, malignancy and cytotoxic drugs. Decreased levels are seen in chronic renal failure, severe hepatocellular disease with reduced purine synthesis, defective renal tubular reabsorption, overtreatment of hyperuricemia with allopurinol, as well as some cancer therapies.

Urine Routine & Microscopic Examination

Clinical Significance:

Urine routine examination and microscopy comprises of a set of screening tests that can detect some common diseases like urinary tract infections, kidney disorders, liver problems, diabetes or other metabolic conditions. Physical characteristics (colour and appearance), chemical composition (glucose, protein, ketone, blood, bilirubin and urobilinogen) and microscopic content (pus cells, epithelial cells, RBCs, casts and crystals) are analyzed and reported.

Total T3 (Triiodothyronine)

Clinical Significance:

Thyroid hormones, T3 and T4, which are secreted by the thyroid gland, regulate a number of developmental, metabolic, and neural activities throughout the body. The thyroid gland synthesizes 2 hormones - T3 and T4. T3 production in the thyroid gland constitutes approximately 20% of the total circulating T3, 80% being produced by peripheral conversion from T4. T3 is more potent biologically. Total T3 comprises of Free T3 and bound T3. Bound T3 remains bound to carrier proteins like thyroid-binding globulin, prealbumin, and albumin). Only the free forms are metabolically active. In hyperthyroidism, both T4 and T3 levels are usually elevated, but in some rare cases, only T3 elevation is also seen. In hypothyroidism T4 and T3 levels are both low. T3 levels are frequently low in sick or hospitalized euthyroid patients.

Total T4 (Thyroxine)

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Report Status - Preliminary Report

Test Name Result Biological Ref. Interval Unit

Clinical Significance:

Total T4 is synthesized in the thyroid gland. About 0.05% of circulating T4 is in the free or biologically active form. The remainder is bound to thyroxine-binding globulin (TBG), prealbumin, and albumin. High levels of T4 (and FT4) causes hyperthroidism and low levels lead to hypothyroidism.

TSH 3rd Generation

Clinical Significance:

TSH levels are elevated in primary hyporthyroidism and low in primary hyporthyroidism. Evaluation of TSH is useful in the differential diagnosis of primary from secondary and tertiary hypothyroidism. In primary hypothyroidism, TSH levels are elevated, while in secondary and tertiary hypothyroidism, TSH levels are low or normal. High TSH level in the presence of normal FT4 is called subclinical hypothyroidism and low TSH with normal FT4 is called subclinical hypothyroidism. Sick, hospitalized patients may have falsely low or transiently elevated TSH. Significant diurnal variation is also seen in TSH levels.

Guidelines for TSH levels in pregnancy, as per American Thyroid Association, are as follows:

PREGNANCY TRIMESTER	BIOLOGICAL REFERENCE INTERVAL	UNIT
FIRST TRIMESTER	0.100 - 2.500	μIU/mL
SECOND TRIMESTER	0.200 - 3.000	μIU/mL
THIRD TRIMESTER	0.300 - 3.000	μIU/mL

Total Cholesterol

Clinical Significance:

Serum cholesterol is elevated in hereditary hyperlipoproteinemias and in other metabolic diseases. Moderate-to-markedly elevated values are also seen in cholestatic liver disease. Increased levels are a risk factor for cardiovascular disease. Low levels of cholesterol may be seen in disorders like hyperthyroidism, malabsorption, and deficiencies of apolipoproteins.

Triglycerides

Clinical Significance:

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Page No: 12 of 16



Jeevan Jyoti HLM

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Referring Doctor: Dr. R K SHARMA, MBBS, MD (MEDICINE)

Processed By Pathkind Diagnostics Pvt. Ltd.

162, Lowther Road, Bai Ka Bagh, Prayagraj

Uttar Pradesh-211003

: Mrs. KUMUD JHA REG - 309777 **Billing Date** 26/08/202309:28:39 Name : 39 Yrs 9 Mon 15 Days Sample Collected on 26/08/2023 13:23:25 Age Sex : Female Sample Received on 26/08/2023 13:37:34 P. ID No. : P1212100017840 Report Released on 26/08/2023 14:26:18

Accession No : **12122307298** Barcode No. : 1212050392, 1212031822,

1212050391, 1212031913,

1212050393 Ref no. :

Report Status - Preliminary Report

Test Name Result Biological Ref. Interval Unit

Triglycerides are partly synthesized in the liver and partly derived from the diet. Increased serum triglyceride levels are a risk factor for atherosclerosis. Hyperlipidemia may be inherited or may be due to conditions like biliary obstruction, diabetes mellitus, nephrotic syndrome, renal failure, certain metabolic disorders or drug induced.

HDL Cholesterol

Clinical Significance:

High-density lipoprotein (HDL) is an important tool used to assess risk of developing coronary heart disease. Increased levels are seen in persons with more physical activity. Very high levels are seen in case of metabolic response to medications like hormone replacement therapy. Raised levels are also seen in case of chronic intoxication with alcohol, heavy metals or industrial chemicals. Low HDL cholesterol correlates with increased risk for coronary heart disease (CHD). Very low levels are seen in Tangier disease, cholestatic liver disease and in association with decreased hepatocyte function.

Lipid Profile

Proposed LDL-C goals in very high risk and extreme risk group patients by the Lipid Association of India.

Very High Risk group(VHRG)	Extreme Risk group	
	Category A	Category B
LDL-C goal of <50 mg/dl	LDL-C goal of <50 mg/dl (recommended) LDL-C goal of ≤30 mg/dl (optional)	LDL-C goal of ≤30 mg/dl
High-risk conditions Any one of following:	222 e geur er 200 mg ur (epitemur)	CAD with ≥ 1 of following:
 ASCVD (CAD/PAD/TIA or stroke) Homozygous familial hypercholesterolemia Diabetes with ≥2 major ASCVD risk factors*/target organ damage 	CAD with ≥1 of following: 1. Diabetes without target organ damage/≤1 major 2. ASCVD risk factors 3. Familial hypercholesterolemia 4. ≥3 major ASCVD risk factors 5. CKD stage 3B and 4 6. ≥2 major ASCVD risk factors with ≥1 moderate	 Diabetes + polyvascular disease/≥2 major ASCVD risk factors*/target organ damage Recurrent ACS (within 12 months) despite on LDL-C goal Homozygous familial Hypercholesterolemia

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1212050391, 1212031913,

1212050393

Ref no.

Report Status - Preliminary Report

Test Name	Result	Biological Ref. Interval	Unit
	7. non-convention. 8. Lp(a) ≥50 mg/d. 9. Coronary calciu. 10. Extreme of a sin. 11. PAD. 12. H/o TIA or stro. 13. Non-stenotic ca.	m score ≥300 HU gle risk factor	

The LDL-C goal of ≤30 mg/dl must be pursued after detailed risk-benefit discussion between physician and patient.

Clinical judgment to be used in decision making if the patient has disease/risk factors not covered in the table, eg. peripheral arterial disease or cerebrovascular disease.

*Major ASCVD risk factors: 1. Age- male ≥45 years, female ≥55 years, 2. Family h/o premature CAD- male <55 years, female <65 years, 3. Smoking/tobacco use, 4. Systemic hypertension, 5.Low HDL (males <40 mg/dl) and females <50 mg/dl).

#Moderate non-conventional risk factors: 1. Coronary calcium score 100-299 HU, 2. Increased carotid intima-media thickness, 3. Lp(a) ≥20-49

Bilirubin Total

Interpretation

Bilirubin is one of the most commonly used tests to assess liver function. Approximately 85% of the total bilirubin produced is derived from hemoglobin, while the remaining 15% is produced from RBC precursors destroyed in the bone marrow and from the catabolism of other hemecontaining proteins. After production in peripheral tissues, bilirubin is rapidly taken up by hepatocytes where it is conjugated and then excreted in the bile. A number of inherited and acquired diseases affect one or more of the steps involved in the production, uptake, storage, metabolism, and excretion of bilirubin. In hepatobiliary diseases of various causes, bilirubin uptake, storage, and excretion are impaired to varying degrees.

The most commonly occurring form of unconjugated hyperbilirubinemia is that seen in newborns and referred to as physiological jaundice. Indirect bilirubin is a calculated parameter its range has not been defined for neonatal period (0-14 days).

Bilirubin Direct

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: Female

: Mrs. KUMUD JHA REG - 309777

: 39 Yrs 9 Mon 15 Days

Referring Doctor: Dr. R K SHARMA, MBBS, MD (MEDICINE)

: P1212100017840

: 12122307298

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Uttar Pradesh-211003

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Test Name	Result	Biological Ref. Interval	Unit
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Interpretation

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The most commonly occurring form of unconjugated hyperbilirubinemia is that seen in newborns and referred to as physiological jaundice. Indirect bilirubin is a calculated parameter its range has not been defined for neonatal period (0-14 days).

SGOT / AST

Clinical Significance:

"Elevated aspartate aminotransferase (AST) values are seen most commonly in parenchymal liver diseases. Values can be elevated from 10 to 100 times the normal range, though commonly 20 to 50 times elevations are seen. AST levels are raised in infectious hepatitis and other inflammatory conditions affecting the liver along with ALT, though ALT levels are higher. The ALT:AST ratio which is normally <1 is reversed in these conditions and becomes >1. AST levels are usually raised before clinical signs and symptoms of disease appear. AST and ALT also rise in primary or metastatic carcinoma of the liver, with AST usually being higher than ALT. Elevated AST values may also be seen in disorders affecting the heart, skeletal muscle and kidney, such as myocardial infarction, muscular dystrophy, dermatomyositis, acute pancreatitis and crushed muscle injuries."

SGPT / ALT

Clinical Significance:

Elevated alanine aminotransferase (ALT) values are seen in parenchymal liver diseases characterized by a destruction of hepatocytes. Values are at least 10 times higher the normal range and may reach up to 100 times the upper reference limit. Commonly, values are seen to be 20 - 50 times higher than normal. In infectious hepatitis and other inflammatory conditions affecting the liver, ALT levels rise more than aspartate aminotransferase (AST), and the ALT/AST ratio, which is normally <1, is reversed and becomes >1. ALT levels usually rise before clinical signs and symptoms of disease appear.

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Alkaline Phosphatase (ALP)



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Preliminary Report Report Status -

Test Name Result **Biological Ref. Interval** Unit

Clinical Significance:

Alkaline Phosphatase levels can be elevated in both liver related as well as bone related conditions. ALP levels are raised (more than 3 fold) in extrahepatic biliary obstruction (eg, by stone or by cancer of the head of the pancreas) than in intrahepatic obstruction, and is directly proportional to the level of obstruction. Levels may rise up to 10 to 12 times the upper limit of normal range and returns to normal on surgical removal of the obstruction. ALP levels rise together with GGT levels and If both GGT and ALP are elevated, a liver source of the ALP is likely. Among bone diseases, ALP levels rise in Paget disease (up to 25 fold), osteomalacia, rickets, primary and secondary hyperparathyroidism and osteogenic bone cancer. Elevated ALP is seen in children following accelerated bone growth. Also, a 2 to 3fold elevation may be observed in women in the third trimester of pregnancy, although the interval is very wide and levels may not exceed the upper limit of the reference interval in some cases.

Total Protein

Clinical Significance:

High levels of Serum Total Protein is seen in increased acute phase reactants in inflammation, late-stage liver disease, infections, multiple myeloma and other malignant paraproteinemias.n. Hypoproteinemia is seen in hypogammaglobulinemia, nephrotic syndrome and protein-losing enteropathy.

Albumin

Clinical Significance:

"Hypoalbuminemia can be caused by impaired synthesis due to liver disease (primary) or due to diminished protein intake (secondary), increased catabolism due to tissue damage and inflammation; malabsorption of amino acids; and increased renal excretion (eg, nephrotic syndrome). Hyperalbuminemia is seen in dehydration."

** End of Report**

Dr Aparajita singh chauhan

Lab head - Prayagraj (JJH)

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Name Age

Sex

P. ID No. **Accession No**

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: Female

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26/08/2023 13:23:25

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26/08/2023 13:37:34

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26/08/2023 14:26:18

%

fL

pg

g/dL

%

%

Barcode No.

83.0 - 101.0

27.0 - 32.0

31.5 - 34.5

11.9 - 15.5

40 - 80

1212050393

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: 39 Yrs 9 Mon 15 Days

: P1212100017840

: 12122307298

: Mrs. KUMUD JHA REG - 309777

Referred By Ref no.

Report Status - Preliminary Report

Test Name	Result	Biological Ref. Interval	Unit
	HAEMATOLO	<u>DGY</u>	
Complete Blood Count (CBC) Haemoglobin (Hb) Sample: Whole Blood EDTA Method: Photometric measurement	11.9 L	12.0 - 15.0	gm/dL
Total WBC Count / TLC Sample: Whole Blood EDTA Method: Impedance	4.5	4.0 - 10.0	thou/μL
RBC Count	4.6	3.8 - 4.8	million/μL

ivietnoa: impedance		
PCV / Hematocrit	35.8 L	36.0 - 46.0
Sample: Whole Blood EDTA		

memour impedance	
MCV	78.3 L
Sample: Whole Blood EDTA	

Н	26.1 L
H	26.1 I

MCHC	33.4
Method: Calculated	
Sample: Whole Blood EDTA	

Method: Calculated	
Sample: Whole Blood EDTA	

RDW	(Red Cell	Distribution	Width)
Sample:	Whole Blood F	FDTA	

Method: Calculated **DLC (Differential Leucocyte Count)**

Method: Flowcytometry/Microscopy
Neutrophils

Sample: Whole Blood EDTA

Sample: Whole Blood EDTA

Method: Impedance

Method: VCS Technology & Microscopy

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13.9

67



Name

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Accession No : 12122307298 Barcode No.

1212050393

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: Mrs. KUMUD JHA REG - 309777

Referred By

: 39 Yrs 9 Mon 15 Days

Ref no.

Preliminary Report Report Status -

Test Name	Result	Biological Ref. Interval	Unit
Lymphocytes Sample: Whole Blood EDTA Method: VCS Technology & Microscopy	25	20 - 40	%
Eosinophils Sample: Whole Blood EDTA Method: VCS Technology & Microscopy	04	01 - 06	%
Monocytes Sample: Whole Blood EDTA Method: VCS Technology & Microscopy	04	02 - 10	%
Basophils Sample: Whole Blood EDTA Method: VCS Technology & Microscopy	00	00 - 02	%
Absolute Neutrophil Count Sample: Whole Blood EDTA	3015	2000 - 7000	/μL
Absolute Lymphocyte Count Sample: Whole Blood EDTA	1125	1000 - 3000	/μL
Absolute Eosinophil Count Sample: Whole Blood EDTA	180	20 - 500	/μL
Absolute Monocyte Count Sample: Whole Blood EDTA	180 L	200 - 1000	/μL
Absolute Basophil Count Sample: Whole Blood EDTA	00 L	20 - 100	/μL
DLC Performed By Sample: Whole Blood EDTA	EDTA Smear		
Platelet Count Sample: Whole Blood EDTA Method: Impedance	190	150 - 410	thou/μL
MPV (Mean Platelet Volume) Sample: Whole Blood EDTA	12.3 H	6.8 - 10.9	fL

Method: Calculated

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Name

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: Female

: Mrs. KUMUD JHA REG - 309777

: 39 Yrs 9 Mon 15 Days

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Barcode No.

1212050392, 1212031822, 1212050391, 1212050393

Ref no.

Report Status -**Preliminary Report**

Test Name	Result	Biological Ref. Interval	Unit
Sample: Whole Blood EDTA			
Erythrocyte Sedimentation Rate (ESR)	80 H	<12	mm 1st Hour
Sample: Whole Blood EDTA			
Method: Modified Westergren Method			
Blood Group			
Blood Grouping	"O"		
Sample: Whole Blood EDTA			
Method: Column Agglutination			

Rh (D) Typing

Sample: Whole Blood EDTA Method: Column agglutination

BIOCHEMISTRY

POSITIVE

HbA1C (Glycosylated Hemoglobin)

HbA1c Sample: Whole Blood EDTA Method: Turbidimetric inhibition immunoassay	7.8 H	Non Diabetic : < 5.7 % Prediabetic Range : 5.7 - 6.4 % Diabetic Range : >= 6.5 % Goal of Therapy :<7.0 % Action suggested :>8.0 %	%
Mean Plasma Glucose Sample: Whole Blood EDTA Method: Calculated	177.2 H	<116.0	mg/dL
Fasting Plasma Glucose Sample: Fluoride Plasma - F	141 H	74 - 106	mg/dl
Glucose Post-Prandial Sample: Fluoride Plasma - PP Method: Hexokinase	128	70 - 140	mg/dl
<u>Kidney Profile</u>			
Blood Urea			

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Blood Urea Nitrogen (BUN)

Method: Spectrophotometry-Urease / GLDH

Sample: Serum

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8.82



7.00 - 18.69



mg/dL

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Report Status - Preliminary Report

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Report Status - Fremmary Report			
est Name	Result	Biological Ref. Interval	Unit
Urea Sample: Serum Method: Spectrophotometery	18.87	17.00 - 43.00	mg/dL
Creatinine Sample: Serum Method: Spectrophotometry	0.52	0.50 - 1.10	mg/dL
BUN Creatinine Ratio Sample: Serum Method: Calculated	17	10 - 20	
Uric Acid Sample: Serum Method: Spectrophotometery	7.9 H	2.4 - 5.7	mg/dL
Total Protein Sample: Serum Method: Spectrophotometry	6.9	6.4 - 8.3	g/dL
Albumin Sample: Serum Method: Spectrophotometery	4.1	4.0 - 4.9	g/dL
Globulin Sample: Serum Method: Calculated	2.8	1.9 - 3.7	g/dL
Albumin : Globulin Ratio Sample: Serum Method: Calculated	1.5	1.0 - 2.1	
Sodium Sample: Serum Method: ISE	139	136 - 145	mmol/L
Potassium Sample: Serum Method: ISE	4.5	3.5 - 5.1	mmol/L
Chloride Sample: Serum Method: ISE	110 H	97 - 107	mmol/L





Name

P. ID No.

Accession No

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Age Sex

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: Female

: Mrs. KUMUD JHA REG - 309777

: 39 Yrs 9 Mon 15 Days

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Ref no.

Preliminary Report Report Status -

Biological Ref. Interval Test Name Result Unit

CLINICAL PATHOLOGY

Urine Routine & Microscopic Examination

Method: Reflectance Photometry

Physical Examination

Pale Yellow Pale Yellow Colour

Sample: Urine Method: Physical Examination

Slightly Hazy Clear Appearance

Sample: Urine

Method: Physical Examination

1.010 Specific Gravity 1.003 - 1.035

Sample: Urine

Method: pKa change of pretreated polyelectrolytes

рΗ 5.0 4.7 - 7.5

Sample: Urine

Method: Double indicator principle

Chemical Examination

Not Detected Not Detected Glucose

Sample: Urine

Method: Glucose oxidase/peroxidase

Protein Detected (+++) Not Detected

Sample: Urine

Method: Protein-error-of-indicators principle

Not Detected Not Detected Ketones

Sample: Urine

Method: Sodium nitroprusside reaction

Not Detected Not Detected

Sample: Urine Method: Peroxidase

Bilirubin Not Detected Not Detected

Sample: Urine Method: Diazo reaction

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1212050393 Ref no.

Preliminary Report Report Status -

Test Name	Result	Biological Ref. Interval	Unit
Urobilinogen Sample: Urine Method: Ehrlich's reaction	Normal	Normal	
Nitrite Sample: Urine Method: Nitrite Test	Not Detected	Not Detected	
Microscopic Examination Method: Microscopy			
Pus Cells Sample: Urine	2 - 3	0 - 5	/hpf
RBC Sample: Urine	Not Detected	Not Detected	/hpf
Epithelial Cells Sample: Urine	8 - 10	0 - 5	/hpf
Casts Sample: Urine	Not Detected	Not Detected	/hpf
Crystals Sample: Urine	Not Detected	Not Detected	/hpf
Bacteria Sample: Urine	Not Detected	Not Detected	/hpf

Remarks: Microscopic Examination is performed on urine sediment

BIOCHEMISTRY

Thyroid Profile Total

Total T3 (Triiodothyronine) 1.84 0.80 - 2.00ng/mL

Sample: Serum Method: ECLIA

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Remarks Sample: Urine

> 12122307298 Mrs. KUMUD JHA Page No: 6 of 16



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26/08/2023 13:23:25

Report Status - Preliminary Report

Test Name	Result	Biological Ref. Interval	Unit
Total T4 (Thyroxine) Sample: Serum Method: ECLIA	12.64	5.10 - 14.10	μg/dL
TSH 3rd Generation Sample: Serum Method: ECLIA	<0.005 L	0.270 - 4.200	μIU/mL
.ipid Profile Method: Sample: Seurm			
Total Cholesterol Sample: Serum Method: Spectrophotometery	173	No risk : < 200 Moderate risk : 200–239 High risk : =240	mg/dL
Triglycerides Sample: Serum Method: Spectrophotometry	139	Desirable : < 150 Borderline High : 150 - 199 High : 200 - 499 Very High : >/= 500	mg/dL
LDL Cholesterol (Calculated) Sample: Serum Method: Calculated	114 H	Optimal : <100 Near Optimal : 100 - 129 Borderline High : 130 - 160 High : 161 - 189 Very High : >/=190	mg/dL
HDL Cholesterol Sample: Serum Method: Spectrophometry	31 L	Low : < 40 Optimal : 40 - 60 High : > 60	mg/dl
VLDL Cholesterol Sample: Serum Method: Calculated	27.8	Desirable 10 - 35	mg/dL
Total Cholesterol / HDL Ratio Sample: Serum Method: Calculated	5.58 H	Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0	
LDL / HDL Ratio Sample: Serum	3.7 H	0.5 - 3.0	

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Method: Calculated



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: Mrs. KUMUD JHA REG - 309777 **Billing Date** 26/08/202309:28:39 Name : 39 Yrs 9 Mon 15 Days Sample Collected on 26/08/2023 13:23:25 Age Sex : Female Sample Received on 26/08/2023 13:37:34 Report Released on P. ID No. : P1212100017840 26/08/2023 14:26:18

Barcode No. 1212050392, 1212031822,

1212050391, 1212031913,

1212050393

Referring Doctor: Dr. R K SHARMA, MBBS, MD (MEDICINE)

: 12122307298

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Report Status -**Preliminary Report**

Test Name Result **Biological Ref. Interval** Unit

> Low Risk : 0.5 - 3.0 Moderate Risk : 3.1 - 6.0 High Risk : > 6.0

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Name

P. ID No.

Accession No

Referred By

Age Sex

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162, Lowther Road, Bai Ka Bagh, Prayagraj

: Female

: Mrs. KUMUD JHA REG - 309777

: 39 Yrs 9 Mon 15 Days

Referring Doctor: Dr. R K SHARMA, MBBS, MD (MEDICINE)

: P1212100017840

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1212050393

Report Status - Preliminary Report

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est Name	Result	Biological Ref. Interval	Unit
ver Function Test (LFT)			
Bilirubin Total Sample: Serum Method: Spectrophotometry-Diazo	0.4	0.0 - 1.2	mg/dL
Bilirubin Direct Sample: Serum Method: Spectrophotometry-Diazo	0.1	0.0 - 0.2	mg/dL
Serum Bilirubin (Indirect) Sample: Serum Method: Calculated	0.30	0.00 - 0.90	mg/dL
SGOT / AST Sample: Serum Method: Spectrophotometery	14	<31	U/L
SGPT / ALT Sample: Serum Method: Spectrophotometery	16	<33	U/L
AST / ALT Ratio Sample: Serum Method: Calculated	0.88		
Alkaline Phosphatase (ALP) Sample: Serum Method: Spectrophotometery	86	<98	U/L
Total Protein Sample: Serum Method: Spectrophotometry	6.9	6.4 - 8.3	g/dL
Albumin Sample: Serum Method: Spectrophotometery	4.1	4.0 - 4.9	g/dL
Globulin Sample: Serum Method: Calculated	2.8	1.9 - 3.7	g/dL
Albumin/Globulin (A/G) Ratio Sample: Serum Method: Calculated	1.5	1.0 - 2.1	g/dL

Complete Blood Count (CBC)

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Clinical Significance:

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CBC comprises of estimation of the cellular componenets of blood including RBCs, WBCs and Platelets. Mean corpuscular volume (MCV) is a measure of the size of the average RBC, MCH is a measure of the hemoglobin cointent of the average RBC and MCHC is the hemoglobin concentration per RBC. The red cell distribution width (RDW) is a measure of the degree of variation in RBC size (anisocytosis) and is helpful in distinguishing between some anemias. CBC examination is used as a screening tool to confirm a hematologic disorder, to establish or rule out a diagnosis, to detect an unsuspected hematologic disorder, or to monitor effects of radiation or chemotherapy. Abnormal results may be due to a primary disorder of the cell-producing organs or an underlying disease. Results should be interpreted in conjunction with the patient's clinical picture and appropriate additional testing performed.

Erythrocyte Sedimentation Rate (ESR)

Clinical Significance

The erythrocyte sedimentation rate (ESR) is a simple but non-specific test that helps to detect inflammation associated with conditions such as infections, cancers, and autoimmune diseases.

HbA1C (Glycosylated Hemoglobin)

Clinical Significance:

Hemoglobin A1c (HbA1c) level reflects the mean glucose concentration over the previous period (approximately 8-12 weeks) and provides a much better indication of long-term glycemic control than blood and urinary glucose determinations. American Diabetes Association (ADA) include the use of HbA1c to diagnose diabetes, using a cutpoint of 6.5%. The ADA recommends measurement of HbA1c 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to assess whether a patient's metabolic control has remained continuously within the target range. Falsely low HbA1c results may be seen in conditions that shorten erythrocyte life span. and may not reflect glycemic control in these cases accurately.

Glucose Post-Prandial

COMMENTS / INTERPRETATION:

Any of the following results, confirmed on a subsequent day, can be considered diagnostic for diabetes:

-Fasting plasma or serum glucose > or =126 mg/dL after an 8-hour fast

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- -2-Hour plasma or serum glucose > or =200 mg/ dL during a 75-gram oral glucose tolerance test (OGTT)
- -Random glucose >200 mg/dL, plus typical symptoms

Patients with "impaired" glucose regulation are those whose fasting serum or plasma glucose fall between 101 and 126 mg/dL, or whose 2-hour value on oral glucose tolerance test fall between 140 and 199 mg/dL. These patients have a markedly increased risk of developing type 2 diabetes and should be counseled for lifestyle changes and followed up with more testing.

Uric Acid

Clinical Significance:

Uric acid is the final product of purine metabolism. Serum uric acid levels are raised in case of increased purine synthesis, inherited metabolic disorder, excess dietary purine intake, increased nucleic acid turnover, malignancy and cytotoxic drugs. Decreased levels are seen in chronic renal failure, severe hepatocellular disease with reduced purine synthesis, defective renal tubular reabsorption, overtreatment of hyperuricemia with allopurinol, as well as some cancer therapies.

Urine Routine & Microscopic Examination

Clinical Significance:

Urine routine examination and microscopy comprises of a set of screening tests that can detect some common diseases like urinary tract infections, kidney disorders, liver problems, diabetes or other metabolic conditions. Physical characteristics (colour and appearance), chemical composition (glucose, protein, ketone, blood, bilirubin and urobilinogen) and microscopic content (pus cells, epithelial cells, RBCs, casts and crystals) are analyzed and reported.

Total T3 (Triiodothyronine)

Clinical Significance:

Thyroid hormones, T3 and T4, which are secreted by the thyroid gland, regulate a number of developmental, metabolic, and neural activities throughout the body. The thyroid gland synthesizes 2 hormones - T3 and T4. T3 production in the thyroid gland constitutes approximately 20% of the total circulating T3, 80% being produced by peripheral conversion from T4. T3 is more potent biologically. Total T3 comprises of Free T3 and bound T3. Bound T3 remains bound to carrier proteins like thyroid-binding globulin, prealbumin, and albumin). Only the free forms are metabolically active. In hyperthyroidism, both T4 and T3 levels are usually elevated, but in some rare cases, only T3 elevation is also seen. In hypothyroidism T4 and T3 levels are both low. T3 levels are frequently low in sick or hospitalized euthyroid patients.

Total T4 (Thyroxine)

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Clinical Significance:

Total T4 is synthesized in the thyroid gland. About 0.05% of circulating T4 is in the free or biologically active form. The remainder is bound to thyroxine-binding globulin (TBG), prealbumin, and albumin. High levels of T4 (and FT4) causes hyperthroidism and low levels lead to hypothyroidism.

TSH 3rd Generation

Clinical Significance:

TSH levels are elevated in primary hyporthyroidism and low in primary hyporthyroidism. Evaluation of TSH is useful in the differential diagnosis of primary from secondary and tertiary hypothyroidism. In primary hypothyroidism, TSH levels are elevated, while in secondary and tertiary hypothyroidism, TSH levels are low or normal. High TSH level in the presence of normal FT4 is called subclinical hypothyroidism and low TSH with normal FT4 is called subclinical hypothyroidism. Sick, hospitalized patients may have falsely low or transiently elevated TSH. Significant diurnal variation is also seen in TSH levels.

Guidelines for TSH levels in pregnancy, as per American Thyroid Association, are as follows:

PREGNANCY TRIMESTER	BIOLOGICAL REFERENCE INTERVAL	UNIT
FIRST TRIMESTER	0.100 - 2.500	μIU/mL
SECOND TRIMESTER	0.200 - 3.000	μIU/mL
THIRD TRIMESTER	0.300 - 3.000	μIU/mL

Total Cholesterol

Clinical Significance:

Serum cholesterol is elevated in hereditary hyperlipoproteinemias and in other metabolic diseases. Moderate-to-markedly elevated values are also seen in cholestatic liver disease. Increased levels are a risk factor for cardiovascular disease. Low levels of cholesterol may be seen in disorders like hyperthyroidism, malabsorption, and deficiencies of apolipoproteins.

Triglycerides

Clinical Significance:

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Triglycerides are partly synthesized in the liver and partly derived from the diet. Increased serum triglyceride levels are a risk factor for atherosclerosis. Hyperlipidemia may be inherited or may be due to conditions like biliary obstruction, diabetes mellitus, nephrotic syndrome, renal failure, certain metabolic disorders or drug induced.

HDL Cholesterol

Clinical Significance:

High-density lipoprotein (HDL) is an important tool used to assess risk of developing coronary heart disease. Increased levels are seen in persons with more physical activity. Very high levels are seen in case of metabolic response to medications like hormone replacement therapy. Raised levels are also seen in case of chronic intoxication with alcohol, heavy metals or industrial chemicals. Low HDL cholesterol correlates with increased risk for coronary heart disease (CHD). Very low levels are seen in Tangier disease, cholestatic liver disease and in association with decreased hepatocyte function.

Lipid Profile

Proposed LDL-C goals in very high risk and extreme risk group patients by the Lipid Association of India.

Very High Risk group(VHRG)	Extreme Risk group		
	Category A	Category B	
LDL-C goal of <50 mg/dl	LDL-C goal of <50 mg/dl (recommended) LDL-C goal of ≤30 mg/dl (optional)	LDL-C goal of ≤30 mg/dl	
High-risk conditions Any one of following:	222 e geur er 200 mg ur (epitemur)	CAD with ≥ 1 of following:	
 ASCVD (CAD/PAD/TIA or stroke) Homozygous familial hypercholesterolemia Diabetes with ≥2 major ASCVD risk factors*/target organ damage 	CAD with ≥1 of following: 1. Diabetes without target organ damage/≤1 major 2. ASCVD risk factors 3. Familial hypercholesterolemia 4. ≥3 major ASCVD risk factors 5. CKD stage 3B and 4 6. ≥2 major ASCVD risk factors with ≥1 moderate	 Diabetes + polyvascular disease/≥2 major ASCVD risk factors*/target organ damage Recurrent ACS (within 12 months) despite on LDL-C goal Homozygous familial Hypercholesterolemia 	

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Test Name	Result	Biological Ref. Interval	Unit
	7. non-conventions 8. Lp(a) ≥50 mg/dl 9. Coronary calciu 10. Extreme of a sin 11. PAD 12. H/o TIA or stro 13. Non-stenotic ca	m score ≥300 HU gle risk factor	

The LDL-C goal of ≤30 mg/dl must be pursued after detailed risk-benefit discussion between physician and patient.

Clinical judgment to be used in decision making if the patient has disease/risk factors not covered in the table, eg. peripheral arterial disease or cerebrovascular disease.

*Major ASCVD risk factors: 1. Age- male ≥45 years, female ≥55 years, 2. Family h/o premature CAD- male <55 years, female <65 years, 3. Smoking/tobacco use, 4. Systemic hypertension, 5.Low HDL (males <40 mg/dl) and females <50 mg/dl).

#Moderate non-conventional risk factors: 1. Coronary calcium score 100-299 HU, 2. Increased carotid intima-media thickness, 3. Lp(a) ≥20-49

Bilirubin Total

Interpretation

Bilirubin is one of the most commonly used tests to assess liver function. Approximately 85% of the total bilirubin produced is derived from hemoglobin, while the remaining 15% is produced from RBC precursors destroyed in the bone marrow and from the catabolism of other hemecontaining proteins. After production in peripheral tissues, bilirubin is rapidly taken up by hepatocytes where it is conjugated and then excreted in the bile. A number of inherited and acquired diseases affect one or more of the steps involved in the production, uptake, storage, metabolism, and excretion of bilirubin. In hepatobiliary diseases of various causes, bilirubin uptake, storage, and excretion are impaired to varying degrees.

The most commonly occurring form of unconjugated hyperbilirubinemia is that seen in newborns and referred to as physiological jaundice. Indirect bilirubin is a calculated parameter its range has not been defined for neonatal period (0-14 days).

Bilirubin Direct





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Name

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Accession No

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Interpretation

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The most commonly occurring form of unconjugated hyperbilirubinemia is that seen in newborns and referred to as physiological jaundice. Indirect bilirubin is a calculated parameter its range has not been defined for neonatal period (0-14 days).

SGOT / AST

Clinical Significance:

"Elevated aspartate aminotransferase (AST) values are seen most commonly in parenchymal liver diseases. Values can be elevated from 10 to 100 times the normal range, though commonly 20 to 50 times elevations are seen. AST levels are raised in infectious hepatitis and other inflammatory conditions affecting the liver along with ALT, though ALT levels are higher. The ALT:AST ratio which is normally <1 is reversed in these conditions and becomes >1. AST levels are usually raised before clinical signs and symptoms of disease appear. AST and ALT also rise in primary or metastatic carcinoma of the liver, with AST usually being higher than ALT. Elevated AST values may also be seen in disorders affecting the heart, skeletal muscle and kidney, such as myocardial infarction, muscular dystrophy, dermatomyositis, acute pancreatitis and crushed muscle injuries."

SGPT / ALT

Clinical Significance:

Elevated alanine aminotransferase (ALT) values are seen in parenchymal liver diseases characterized by a destruction of hepatocytes. Values are at least 10 times higher the normal range and may reach up to 100 times the upper reference limit. Commonly, values are seen to be 20 - 50 times higher than normal. In infectious hepatitis and other inflammatory conditions affecting the liver, ALT levels rise more than aspartate aminotransferase (AST), and the ALT/AST ratio, which is normally <1, is reversed and becomes >1. ALT levels usually rise before clinical signs and symptoms of disease appear.

Alkaline Phosphatase (ALP)



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Clinical Significance:

Alkaline Phosphatase levels can be elevated in both liver related as well as bone related conditions. ALP levels are raised (more than 3 fold) in extrahepatic biliary obstruction (eg, by stone or by cancer of the head of the pancreas) than in intrahepatic obstruction, and is directly proportional to the level of obstruction. Levels may rise up to 10 to 12 times the upper limit of normal range and returns to normal on surgical removal of the obstruction. ALP levels rise together with GGT levels and If both GGT and ALP are elevated, a liver source of the ALP is likely. Among bone diseases, ALP levels rise in Paget disease (up to 25 fold), osteomalacia, rickets, primary and secondary hyperparathyroidism and osteogenic bone cancer. Elevated ALP is seen in children following accelerated bone growth. Also, a 2 to 3fold elevation may be observed in women in the third trimester of pregnancy, although the interval is very wide and levels may not exceed the upper limit of the reference interval in some cases.

Total Protein

Clinical Significance:

High levels of Serum Total Protein is seen in increased acute phase reactants in inflammation, late-stage liver disease, infections, multiple myeloma and other malignant paraproteinemias.n. Hypoproteinemia is seen in hypogammaglobulinemia, nephrotic syndrome and protein-losing enteropathy.

Albumin

Clinical Significance:

"Hypoalbuminemia can be caused by impaired synthesis due to liver disease (primary) or due to diminished protein intake (secondary), increased catabolism due to tissue damage and inflammation; malabsorption of amino acids; and increased renal excretion (eg, nephrotic syndrome). Hyperalbuminemia is seen in dehydration."

** End of Report**

Dr Aparajita singh chauhan

Lab head - Prayagraj (JJH)

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