

S. NO.

Date: 29/08/21

PRE-EMPLOYMENT HEALTH CHECK UP FITNESS

Name - Vivek Arya

Age - 30

Gender - Male

Department:

Dr. Name:

PHYSICAL EXAMINATION:

SPO2: 97%

B.P: 140/100 mm/Hg

Pulse: 65 /m

Weight: 83.3

Height: 164

Blood Sugar:

FINDINGS:

vision (6/6P
6/6P

Colour vision (NAD


SIGNATURE

29.08.2021 10:52:16

METRO HOSPITAL
PALAM VIHAR
HARYANA

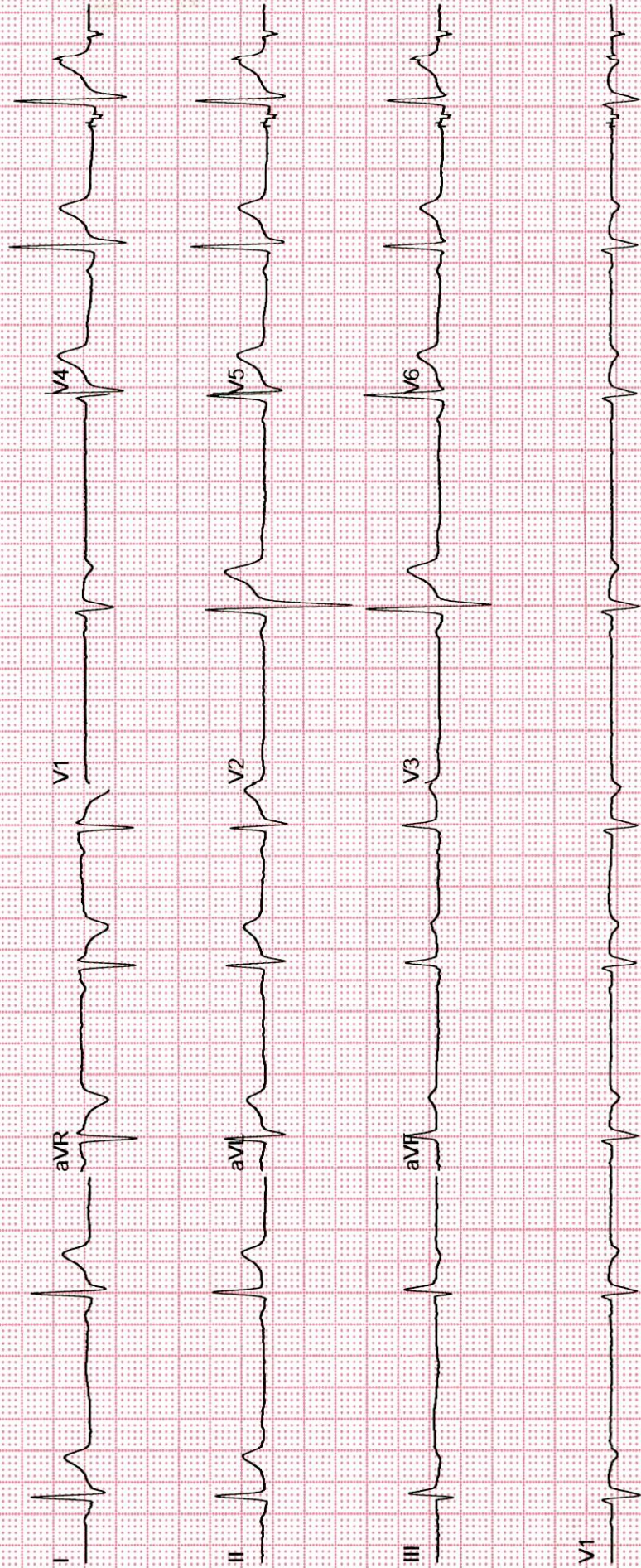
54 bpm

- / - mmHg

MR VIGOR 30/m

Sinus bradycardia with marked sinus arrhythmia
Otherwise normal ECG

QRS	100 ms
QT / QTcBaz	390 / 369 ms
PR	154 ms
P	108 ms
RR / PP	1120 / 1111 ms
P / QRS / T	20 / 40 / 23 degrees



DEPARTMENT OF PATHOLOGY

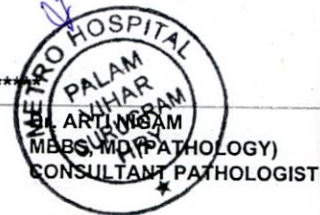
Patient Name	: Mr. VIVEK ARYA	Collection Dt.&Tm.	: 29/08/2021	03:06:17 PM
MR No	: 16088	Uploading Dt.&Tm.	: 29/08/2021	4.13.10 PM
Age/Sex	: 30 Years 9 Months 21 Days / Male	Printing Dt.&Tm.	: 29/08/2021	5.20.21 PM
Type	: OPD	Sample ID	: 29708	
TPA/Corporate	:	Bill/Req. No.	: 21073599	
IP No.	:	Ref Doctor	: Dr.Chandni Batra	
Current Bed no.	:			

COMPLETE HAEMOGRAM

Test	Result	Reference Range	Units
HAEMOGLOBIN	14.5	12.0 - 16.5	gms/dL
TOTAL LEUCOCYTE COUNT	7200	4000 - 11000	/ μ L
DIFFERENTIAL COUNT			
NEUTROPHILS	65	50.0 - 80.0	%
LYMPHOCYTES	25	20.0 - 40.0	%
MONOCYTES	08	2.0 - 10.0	%
EOSINOPHILS	02	0.0 - 5.0	%
BASOPHILS	00	0.0 - 2.0	%
RED BLOOD CELL COUNT	5.0	3.5 - 5.5	millions/ μ L
PACKED CELL VOLUME	45.4	35.0 - 50.0	%
MEAN CORPUSCULAR VOLUME	90.8	75 - 95	fL
MEAN CORPUSCULAR HAEMOGLOBIN	29.0	27 - 31	Picogrames
MEAN CORPUSCULAR HB CONC	31.9 L	33 - 37	%
PLATELET COUNT	197	150 - 450	THOUSAND/ CUMM

***** END OF THE REPORT *****

Dr. PRADIP KUMAR
MICROBIOLOGIST



Lab Technician:
HEERALAL1713

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Patient Name	: Mr. VIVEK ARYA	Collection Dt.&Tm.	: 29/08/2021	03.06.17 PM
MR No	: 16088	Uploading Dt.&Tm.	: 29/08/2021	4.10.32 PM
Age/Sex	: 30 Years / Male	Printing Dt.&Tm.	: 29/08/2021	5.20.41 PM
Type	: OPD	Sample ID	: 29708	
TPA/Corporate	: MEDIWHEEL	Bill/Req. No.	: 21073599	
IP No.	:	Ref Doctor	: Chandni Batra	
Current Bed no.	:			

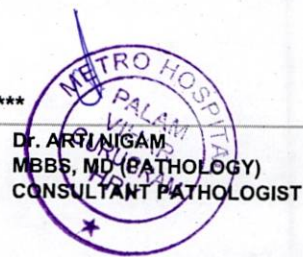
Blood Sugar Fasting			
Test	Result	Reference Range	Units
PLASMA GLUCOSE FASTING	88.07	60 - 100	mg/dl

BLOOD SUGAR P.P			
Test	Result	Reference Range	Units
FASTING PP			
BLOOD SUGAR P.P.	93.52	80 - 150	mg/dl

*Results of these tests should always be interpreted in conjunction with patients medical history, clinical presentation and other findings.
 *Performed on fully Automated Dimension X-Pand plus BioChemistry Analyser.
 *External Quality Control by Biorad Laboratory.

***** END OF THE REPORT *****

Dr. PRADIP KUMAR
MICROBIOLOGIST



Dr. ARJUNIGAM
MBBS, MD (PATHOLOGY)
CONSULTANT PATHOLOGIST

Lab Technician: AJIT1513

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- CAP Proficiency Participating Laboratory
- Recognised by DSIR for 'in-house' R&D
- On Panel of : C.G.H.S, E.C.H.S (Army), BHEL, B.S.F., MMT, GAIL



Dr. Khanna's
PATHCARE
PVT. LTD.

A-43, Hauz Khas, New Delhi-110016
E-8A, Hauz Khas, Main Market, New Delhi-16
Ph. : 011-46123456 (15Lines)
Email : info@pathcareindia.com
Website : www.pathcareindia.com

LABORATORY REPORT

PATIENT NAME : MR. VIVEK ARYA	AGE / SEX : 30 Years / M
REG No : 2021083440	REG.DATE/TIME : 29/08/2021
UID No : 2311268	PRINT DATE : 01/09/2021
REF. BY Dr. : PARK METRO	AREA : KPL DWARKA



BIOCHEMISTRY

<u>Investigation</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
HbA1c WHOLE BLOOD (HPLC)	5.10	%	4.8 - 5.9

CLINICAL EVALUATION:

RECOMMENDED DCCT NGSP GUIDELINES FOR HbA1C LEVELS :

Normal 4.8 % - 5.9%
Target for diabetics : < 7 %
Therapeutic action required > 8 %



.....END OF REPORT.....



Dr.Sherry Khanna
DNB(Pathology)
Head-Lab

1. All reports are for interpretation by the treating doctor only and have to be viewed and correlated with clinical examination and other investigations. 2. All investigations have their limitation which is imposed by the limits to sensitivity and specificity of individual assay procedures as well as the quality of the specimen received by the laboratory. Isolated laboratory investigations never confirm the final diagnosis of the disease. 3. If the result(s) of tests are alarming or unexpected the doctor is advised to contact the lab immediately for needful and necessary action.

In case of any Complaint/Suggestion/Franchise Enquiries, please email at info@pathcareindia.com
For 24 hour online booking for Home Collection Facility & For Online Test Report viewing, please visit www.pathcareindia.com

Customer Care No.
9312210524
9873835865

by PARK GROUP OF HOSPITALS DEPARTMENT OF PATHOLOGY

Patient Name : Mr. VIVEK ARYA

MR No : 16088
Age/Sex : 30 Years 9 Months 21 Days / Male
Type : OPD
TPA/Corporate :
IP No. :
Current Bed no. :


Collection Dt.&Tm. : 29/08/2021 03:06:17 PM
Uploading Dt.&Tm. : 29/08/2021 4.54.34 PM
Printing Dt.&Tm. : 29/08/2021 5.21.17 PM
Sample ID : 29708
Bill/Req. No. : 21073599
Ref Doctor : Dr.Chandni Batra

BLOOD GROUP and RH TYPE

Test	Result	Reference Range	Units
BLOOD GROUP	" O " RH POSITIVE		

***** END OF THE REPORT *****

Dr. PRADIP KUMAR
MICROBIOLOGIST


Dr. ARTI NIGAM
MBBS, MD (PATHOLOGY)
CONSULTANT PATHOLOGIST

Lab Technician:
HEERALAL1713

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DEPARTMENT OF PATHOLOGY

Patient Name	: Mr. VIVEK ARYA	Collection Dt.&Tm.	: 29/08/2021	03:06:17 PM
MR No	: 16088	Uploading Dt.&Tm.	: 29/08/2021	11.19.45 PM
Age/Sex	: 30 Years 9 Months 21 Days / Male	Printing Dt.&Tm.	: 01/09/2021	4.32.18 PM
Type	: OPD	Sample ID	: 29708	
TPA/Corporate	:	Bill/Req. No.	: 21073599	
IP No.	:	Ref Doctor	: Dr.Chandni Batra	
Current Bed no.	:			

URINE ROUTINE MICROSCOPY

Test	Result	Reference Range	Units
PHYSICAL EXAMINATION			
VOLUME	30		ml
COLOUR	Pale Yellow	Pale Yellow	
APPEARANCE	Clear	Clear	
SPECIFIC GRAVITY	1.020		
CHEMICAL EXAMINATION			
REACTION	Acidic	Acidic	
PH	6.0		
BLOOD	NIL		
ALBUMIN	NIL	NIL	
GLUCOSE	NIL	NIL	
KETONES	NIL		
BILE SALT	NIL	NIL	
BILE PIGMENT	NIL	NIL	
UROBILINOGEN	NIL	NIL	
MICROSCOPIC EXAMINATION			
PUS CELL	2-3/hpf	2---3/HPF	
RED BLOOD CELLS	NIL	NIL	
EPITHELIAL CELLS	1-2/hpf	4---5/HPF	
CASTS	NIL	NIL	
CRYSTALS	NIL	NIL	

***** END OF THE REPORT *****

Dr. PRADIP KUMAR
MICROBIOLOGIST

METRO HOSPITAL
PALAM VIHAR
Dr. ARTI NIGAM
MBBS, MD (PATHOLOGY)
CONSULTANT PATHOLOGIST

Lab Technician:
VIKASH1698

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DEPARTMENT OF PATHOLOGY

Patient Name : Mr. VIVEK ARYA	Collection Dt.&Tm. : 29/08/2021 03:06:17 PM
MR No : 16088	Uploading Dt.&Tm. : 02/09/2021 12.27.13 PM
Age/Sex : 30 Years 9 Months 21 Days / Male	Printing Dt.&Tm. : 02/09/2021 12.27.17 PM
Type : OPD	Sample ID : 29708
TPA/Corporate :	Bill/Req. No. : 21073599
IP No. :	Ref Doctor : Dr.Chandni Batra
Current Bed no. :	

STOOL ROUTINE

Test	Result	Reference Range	Units
PHYSICAL EXAMINATION			
COLOUR	Brown	Brown	
CONSISTENCY	Semi Solid	Formed	
MUCUS	NIL	NIL	
BLOOD	NIL	NIL	
CHEMICAL EXAMINATION			
REACTION	Alkaline	Alkaline	
OCCULT BLOOD	NIL	NIL	
MICROSCOPIC EXAMINATION			
CYSTS/OVA	NIL	NIL	
VEGETATIVE FORMS	NIL	NIL	
FAT GLOBULES	NIL	NIL	
VEGETABLE MATTER	NIL	NIL	
STARCH	NIL	NIL	
UNDIGESTED	NIL	NIL	

Stool concentration done by Formal either concentration technique.

***** END OF THE REPORT *****

Dr. PRADIP KUMAR
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CONSULTANT PATHOLOGIST



Lab Technician:

HEERALAL1713

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(This is only professional opinion and not the diagnosis, Please correlate clinically)

by PARK GROUP OF HOSPITALS DEPARTMENT OF PATHOLOGY

Patient Name	: Mr. VIVEK ARYA	Collection Dt.&Tm.	: 29/08/2021	03:06:17 PM
MR No	: 16088	Uploading Dt.&Tm.	: 29/08/2021	4.11.10 PM
Age/Sex	: 30 Years 9 Months 21 Days / Male	Printing Dt.&Tm.	: 29/08/2021	5.21.02 PM
Type	: OPD	Sample ID	: 29708	
TPA/Corporate	:	Bill/Req. No.	: 21073599	
IP No.	:	Ref Doctor	: Dr.Chandni Batra	
Current Bed no.	:			

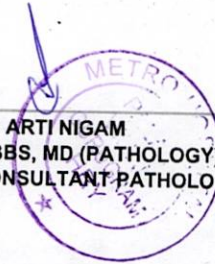
LIVER FUNCTION TEST

Test	Result	Reference Range	Units
LFT			
TOTAL BILIRUBIN	0.62	0.2 - 1.2	mg/dL
DIRECT BILIRUBIN	0.32	0 - 0.4	mg/dL
INDIRECT BILIRUBIN	0.3	0.10 - 0.6	mg/dL
SGOT (AST)	37.24	0 - 45	U/L
SGPT (ALT)	63.86 <i>H</i>	0 - 45	U/L
ALKALINE PHOSPHATASE	77.99	30 - 170	IU/L
TOTAL PROTEINS	6.56	6.4 - 8.0	g/dL
ALBUMIN	4.08	3.3 - 5.5	g/dL
GLOBULIN	2.48	2.3 - 4.5	g/dL
A/G RATIO	1.65	0 - 16.5	pg/ml

***** END OF THE REPORT *****

Dr. PRADIP KUMAR
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Dr. ARTI NIGAM
MBBS, MD (PATHOLOGY)
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DEPARTMENT OF PATHOLOGY

Patient Name : Mr. VIVEK ARYA	Collection Dt.&Tm. : 29/08/2021	03:06:17 PM
MR No : 16088	Uploading Dt.&Tm. : 01/09/2021	4.30.36 PM
Age/Sex : 30 Years 9 Months 21 Days / Male	Printing Dt.&Tm. : 01/09/2021	4.30.47 PM
Type : OPD	Sample ID : 29708	
TPA/Corporate :	Bill/Req. No. : 21073599	
IP No. :	Ref Doctor : Dr.Chandni Batra	
Current Bed no. :		

TSH

Test	Result	Reference Range	Units
THYROID STIMULATING HORMONE (TSH)	2.71	0.5-5.50 ,	μIU/ml
Method : Chemiluminescent Immunoassay (CLIA)			

Clinical Use: -

TSH is a glycoprotein secreted by anterior Pituitary. It stimulates thyroid hormones synthesis & regulation by thyroid gland.
Monitor T4 replacement or T4 suppressive therapy
Monitor TSH level are used for diagnosis of Hypothyroidism & Hyperthyroidism.

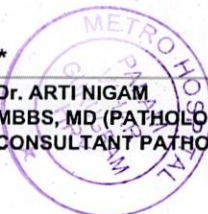
Note: -

TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm. The variation is of the order of 50% .hence time of the day influences the measured serum TSH concentration s.

***** END OF THE REPORT *****

Dr. PRADIP KUMAR
MICROBIOLOGIST

Dr. ARTI NIGAM
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CONSULTANT PATROLOGIST



Lab Technician:
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Patient Name	: Mr. VIVEK ARYA	Collection Dt.&Tm.	: 29/08/2021	03:06:17 PM
MR No	: 16088	Uploading Dt.&Tm.	: 29/08/2021	4.11.38 PM
Age/Sex	: 30 Years 9 Months 21 Days / Male	Printing Dt.&Tm.	: 29/08/2021	5.21.26 PM
Type	: OPD	Sample ID	: 29708	
TPA/Corporate	:	Bill/Req. No.	: 21073599	
IP No.	:	Ref Doctor	: Dr.Chandni Batra	
Current Bed no.	:			

KIDNEY FUNCTION TEST

Test	Result	Reference Range	Units
KFT			
SERUM UREA	18.81	10 - 45	mg/dL
SERUM CREATININE	0.50	0.4 - 1.4	mg/dL
SERUM URIC ACID	6.17	2.5 - 7	mg/dL
SERUM SODIUM	144	136 - 145	meq/l
SERUM POTASSIUM	4.6	3.5 - 5.5	meq/l

***** END OF THE REPORT *****

Dr. PRADIP KUMAR
MICROBIOLOGIST

Dr. ARTI NIGAM
MBBS, MD (PATHOLOGY)
CONSULTANT PATHOLOGIST



Lab Technician:
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DEPARTMENT OF RADIOLOGY

Patient Name	Mr VIVEK ARYA	Collection Dt.&Tm.	: 29/08/2021	11.06 AM
Reg No	16088	Uploading Dt.&Tm.	: 29/08/2021	10.24 AM
Age/Sex	30 Years 9 Months 21Days / Male	Printing Dt.&Tm.	: 30/08/2021	4.52 PM
Ref. Doctor	Self	Req. No.	: 21073599	
Type	OPD	Consultant Doctor	: Dr. Chandni Batra	

CHEST PA

No parenchymal lung lesion seen.
Both domes of diaphragm are normal.
Both costophrenic angles are normal.
Both hila are normal.
Cardiac shape & size normal.

IMPRESSION : NORMAL STUDY.
PLEASE CORRELATE CLINICALLY.



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Dr. Neena Sikka
MBBS, DNB Radio-Diagnosis
HMC Reqn. HN 17627

Dr. Rajbir Singh Chauhan
Sr. Consultant & Head Radiology
HMC Reqn. No. 3527

2 D Echocardiography Report

Name	Mr. Vivek Arya	IP/OP	OPD
Age/ Sex	30Years / Male	UHID	16088
Done By:	Dr. Madhur Jain	Date	29/08/2021

Impression:

1. No RWMA seen. LVEF~55-60%
2. All cardiac chamber dimensions are normal.
3. Mild MR
4. Mild TR.
5. Grade I LV diastolic dysfunction.
6. Normal Right Ventricular Systolic function.
7. No intra cardiac clot/mass/pericardial pathology.
8. IVC is normal in size with normal respiratory variations.



Dr. Madhur Jain
Senior Consultant & Head
Interventional Cardiology

Note: This is a professional opinion, not final diagnosis. Cardiac congenital lesions have not been ruled out. This modality is having its limitations and the report should be correlated with clinical and other relevant patient data. This report is not valid for medico-legal purpose.

Patient Name	Mr VIVEK ARYA	Collection Dt.&Tm.	: 29/08/2021	11.06 AM
Reg No	16088	Uploading Dt.&Tm.	: 29/08/2021	10.24 AM
Age/Sex	30 Years 9 Months 21Days / Male	Printing Dt.&Tm.	: 29/08/2021	12.52 PM
Ref. Doctor	Self	Req. No.	: 21073599	
Type	OPD	Consultant Doctor	: Dr. Chandni Batra	

ULTRA SOUND W/A

Liver: Liver is normal in size (14.6 cm), shape and echotexture. No focal lesion seen. Intrahepatic biliary radicals are normal.

Gall Bladder: Gall bladder is distended. No calculus seen. Gall bladder shows normal wall thickness. CBD and Portal Vein are normal.

Pancreas: Pancreas is normal in size, shape and echotexture. No peri-pancreatic collection seen.

Spleen: Spleen is normal in size (9.8 cm), shape and echotexture.

Kidneys: Both kidneys are normal in size (RK = 10.6 cm & LK = 10.0 cm), shape and site. Echotexture of sinus and cortex is normal. No pelvi-calyceal dilatation seen. No calculus/ mass lesion seen. Cortico-medullary differentiation maintained.

Urinary Bladder: Urinary bladder is distended and shows normal wall thickness. No calculus/ mass lesion seen.

Prostate: Prostate is normal in size and echotexture.

No free fluid is noted.

IMPRESSION: No significant abnormality seen.

ADV.: Clinical correlation.



H-Block, Palam Vihar, Gurugram, Haryana - 122017 | Ph.: 0124-4777000, 0124-424242, 939033001
 Dr. Neena Sikka, MBBS, DNB Radio-Diagnosis | Dr. Rajbir Singh Chauhan, M.D. Consultant & Head Radiology
 (This is Only Professional opinion and not the diagnosis, Please correlate clinically) HMC Regn. No. 3527

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 IP No. :
 Current Bed no. :


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 Uploading Dt.&Tm. : 29/08/2021 4.10.14 PM
 Printing Dt.&Tm. : 29/08/2021 5.20.52 PM
 Sample ID : 29708
 Bill/Req. No. : 21073599
 Ref Doctor : Dr.Chandni Batra

LIPID PROFILE (TOTAL CHOLESTEROL LDL HDL TRIGLYCERIDES)

Test	Result	Reference Range	Units
LIPID PROFILE			
TOTAL CHOLESTEROL	192.28	0 - 200	mg/dL
SERUM TRIGLYCERIDES	180.40 <i>H</i>	60 - 165	mg/dl
HDL-CHOLESTEROL	55.87	30 - 70	mg/dl
LDL	100.33	50 - 135	mg/dl
VLDL CHOLESTEROL	36.08 <i>H</i>	6 - 32	mg/dL
TOTAL CHOLESTEROL/HDL RATIO	3.44	2.0 - 5.0	mg/dl
LDL CHOLESTEROL/HDL RATIO	1.8	1.0 - 3.0	mg/dL

***** END OF THE REPORT *****

 Dr. PRADIP KUMAR
 MICROBIOLOGIST


 Dr. ARTINIGAM
 MBBS, MD (PATHOLOGY)
 CONSULTANT PATHOLOGIST

 Lab Technician:
 HEERALAL1713

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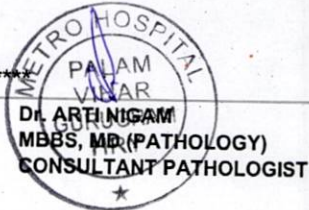
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Age/Sex	: 30 Years 9 Months 21 Days / Male	Printing Dt.&Tm.	: 29/08/2021	5.20.28 PM
Type	: OPD	Sample ID	: 29708	
TPA/Corporate	:	Bill/Req. No.	: 21073599	
IP No.	:	Ref Doctor	: Dr.Chandni Batra	
Current Bed no.	:			

ESR

Test	Result	Reference Range	Units
E.S.R.	9	0 - 15	mm at the end of 1st hr

***** END OF THE REPORT *****

Dr. PRADIP KUMAR
MICROBIOLOGIST



Dr. ARJUN KUMAR
MBBS, MD (PATHOLOGY)
CONSULTANT PATHOLOGIST

Lab Technician:
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