

#### LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator, Mediwheel (Arcofemi Healthcare Limited) Helpline number: 011-41195959

Dear Sir / Madam,

### Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. MALHOTRA ANKIT
EC NO.	109346
DESIGNATION	BRANCH HEAD
PLACE OF WORK	GHAZIABAD,GOVINDPURAM
BIRTHDATE	16-08-1989
PROPOSED DATE OF HEALTH	27-06-2022
CHECKUP	
BOOKING REFERENCE NO.	22J109346100020928E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 24-06-2022 till 31-03-2023 The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a cashless facility as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

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# SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years)
	and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation







अंकित मल्होत्रा Ankit Malhotra

जन्म तिथि / DOB: 16/08/1989

पुरुष / MALE



आधार - आम आदमी का अधिकार



# MORITY OF INDIA

बात्मजः प्रवीण कुमार मल्होत्रा, 793, S/O: Praveen Kumar Malhotra, 793, Sadar Bazar Cantt Bareilly, बरेली, नवाबगंज, बरेली, उत्तर प्रदेश, 243001 243001

Address:

# 



help@uidai.gov.in

www www.uidai.gov.in

P.O. Box No.1947, Bengaluru-560 001

# Fwd: Health Check up Booking Request(bobE13232), Package Code(PKG10000240), Beneficiary Code(23191)

Some content in this message has been blocked because the sender isn't in your Safe senders list. I trust content from ankit.malhotraa@gmail.com, Show blocked content

Ankit Malhotra <ankit.malhotraa@gmail.com> AM

To: Insurance Ghaziabad

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Mon 6/27/2022 9:31 AM

Dear MR. MALHOTRA ANKIT,

Thanks for booking Health Checkup and we have required following document for confirmation of booking health checkup.

- 1. HRM Letter
- 2. Bank of Baroda Employee ID
- 3. Your photo ID

Please note following instruction for HRM letter.

- 1. For generating permission letter for cashless health check-up in the HR Connect, the path to be followed is given below:
- a) Employee Self Service-> Reimbursement-> Reimbursement application -> Add New value ->Reimbursement Type: Mandatory Health Check-up - Click Add
- b) Select Financial Year 2021-22, Self or Spouse, Claim Type Cashless and Submit
- c) After submission, click print button to generate 'Permission Letter'

**Booking Date** 

: 24-06-2022

Health Check up

: Medi-Wheel Metro Full Body Health Checkup Male Below 40

Health Check Code

: PKG10000240

Name of

Name

Diagnostic/Hospital

: Manipal HospitalsGhaziabad

Address of

Diagnostic/Hospital-

NH-24 Hapur Road, Oppo. Bahmeta Village, Near Lancroft Golf

Links Apartment

Appointment Date

: 27-06-2022

**Preferred Time** 

: 09:00:AM

Member Information						
Booked Member Name Age Gender Cost(In INR)						
MR. MALHOTRA ANKIT	31	Male	Cashless			
Total amount to be paid Cashless						

We will get back to you with confirmation update shortly. Please find the package details as attached for your reference.

Package Name

: Medi-Wheel Metro Full Body Health Checkup Male Below 40 -

Includes (37 )Tests

Tests included in this :

Package

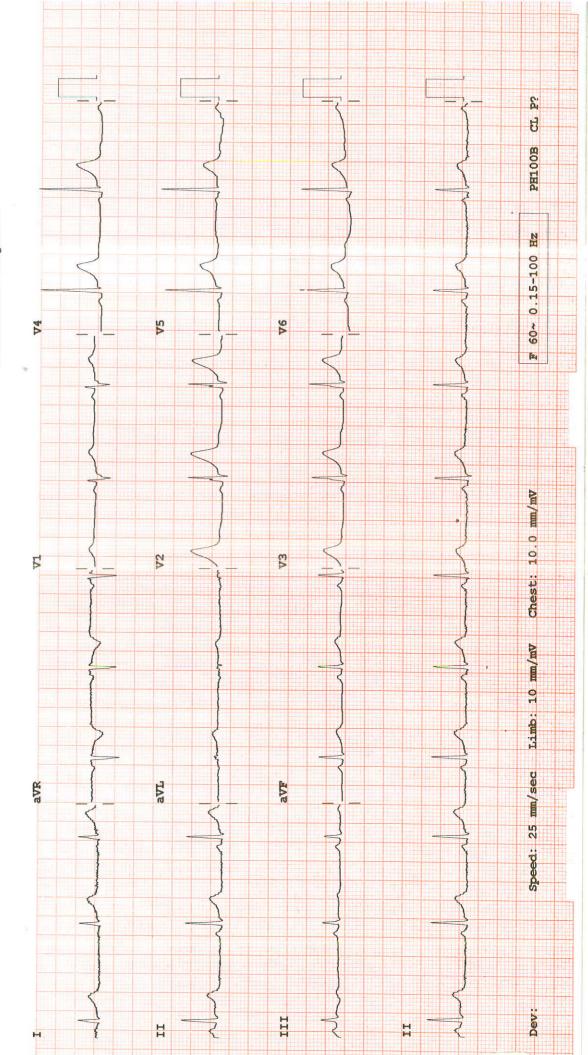
Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol. Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-Transferase), Eye Check-up (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN,

BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin

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- BORDERLINE ECG -

Unconfirmed Diagnosis



# **Human Care Medical Charitable Trust**



Registered Office: Sector-6, Dwarka, New Delhi- 110075

HCMCT

Name

# **ManipalHospitals**

LIFE'S ON [3]



Registration No : RH1424066 RefHosp No. : PVRG-175151 32220609463 Lab No

Patient Episode : R03000039388 Collection Date: 27 Jun 2022 13:22

: MANIPAL HOSPITALS GHAZIABAD Referred By 27 Jun 2022 15:37 Reporting Date:

Receiving Date : 27 Jun 2022 13:28

#### BIOCHEMISTRY

THYROIT PROFILE, Serum

			Addit > 20 yrs
T3 - Triiodothyronine (ECLIA)	0.91	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	5.59	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.100	µIU/mL	[0.340-4.250]

Note: The levels are subject to circadian variation, reaching peak levels between 2 ol.a.m.and at a minimum between 6-10 pm. Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

- \* References ranges recommended by the American Thyroid Association
- 1) Thyroid. 2011 Oct; 21(10):1081-125.PMID .21787128
- 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

Page 1 of 1

----END OF REPORT----

Dr. Lona Mohapatra CONSULTANT PATHOLOGY

Cedeapar

Human Care Medical Charitable Trust

Adjoining NL Building, Main Rose Sector 6, Dwarka, New Del Phone: +91 11 4967 4967 NABH Accredited Hospital









Awarded Clean & Green Hospital



PID NO: P1082200011116 Age: 33.0 Year(s) Sex: Male



Reference: Dr.DEEPAK VERMA

Sample Collected At: Manipal Hospital NH-24, HAPUR ROAD, OPP. BAHMETA, GHAZIABAD 201002 201002

VID: 220108000007157 Registered On: 27/06/2022 11:47 AM Collected On: 27/06/2022 11:47AM Reported On: 27/06/2022 01:29 PM

#### HbA1c Glycated Haemoglobin

(EDTA Whole Blood)

Investigation	<b>Observed Value</b>	Unit	<b>Biological Reference Interval</b>
HbA1C- Glycated Haemoglobin (HPLC)	5.0	%	Non-diabetic: <= 5.6 Pre-diabetic: 5.7-6.4 Diabetic: >= 6.5
Estimated Average Glucose (eAG) \$	96.8	ma/dL	

#### Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association) guidelines 2017, for diagnosis of diabetes using a cut-off point of 6.5%.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin(below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia(especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used: eAG(mg/dl) = 28.7\*A1c-46.7
- Interference of Haemoglobinopathies in HbA1c estimation.
  - A. For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
  - B. Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status
  - C. Heterozygous state detected (D10/ turbo is corrected for HbS and HbC trait).
- 7. In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control. Excellent Control - 6 to 7 %, Fair to Good Control - 7 to 8 %, Unsatisfactory Control - 8 to 10 % and Poor Control - More than 10 %.

Note: Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

-- End of Report --Dr. Mohit Jain Page 1 of 1 MD Pathology









Name	ANKIT MALHOTRA	Age	32y 10m 11d	Gender	MALE	
MRN	GHZB-0000175151	Visit No	isit No V000000001-GHZB			
Lab No	G000321040	Collected On	27/06/2022 9:51AM	Received On	27/06/2022 9:52AM	
Referred By	Deepak Verma	Reported On	27/06/2022 11:17AM			

Test Name Result

Criticality Biological Factor Reference Interval

**Test Method** 

GLUCOSE, FASTING (F) (Serum Fasting)

93 mg/dl

70 - 110 mg/dl

\*\*\*\*\*\*\*\* END OF REPORT \*\*\*\*\*\*\*\*

Processed by :- SHAHID SAIFI

DR CHARU AGARWAL

DR CHARU AGARWAL
CONSULTANT PATHOLOGIST
Pathologist

Report Printed On:

27/6/2022

11:05PM



7 1			00 10 111	Gender	MALE
Name	ANKIT MALHOTRA	Age	32y 10m 11d	Geridei	MALL
MRN	GHZB-0000175151	Visit No	V0000000001-GHZB	ei.	
Lab No	G000321080	Collected On	27/06/2022 1:35PM	Received On	27/06/2022 1:35PM
Referred By	Deepak Verma	Reported On	27/06/2022 3:57PM		

**Test Name** 

Result

Criticality

**Biological** Factor Reference Interval

**Test Method** 

GLUCOSE, POST PRANDIAL (PP), 2 HOURS (Serum Post Prandial)

138 mg/dl

80 -140 mg/dl

\*\*\*\*\*\* END OF REPORT \*\*\*\*\*\*\*

MCT-39093

DR ALKA DIXIT VATS CONSULANT PATHOLOGIST **PATHOLOGIST** 

Processed by :- AVNEESH KUMAR

Report Printed On: 27/6/2022

11:05PM



Name	ANKIT MALHOTRA	Age	32y 10m 11d	Gender	MALE
MRN	GHZB-0000175151	Visit No	V000000001-GHZB		
Lab No	G000321041	Collected On	27/06/2022 9:52AM	Received On	27/06/2022 9:52AM
Referred By	Deepak Verma	Reported On	27/06/2022 3:54PM		

**Test Name** 

Result

Criticality Biological

Factor

Reference Interval

BLOOD GROUP (A, B, O) AND RH FACTOR WITH REVERSE GROUPING (Whole Blood)

**BLOOD GROUPING** 

"A"

RH TYPING

**POSITIVE** 

ESR (WESTERGREN), AUTOMATED ERYTHROCYTE

11 mm/1st hour

0 - 15 mm/Hr

SEDIMENTATION RATE

\*\*\*\*\*\*\* END OF REPORT \*\*\*\*\*\*\*\*

Processed by :- SHAHID SAIFI

DR ALKA DIXIT VATS
CONSULANT PATHOLOGIST
PATHOLOGIST

Report Printed On:

27/6/2022

11:05PM



Name	ANKIT MALHOTRA	Age	32y 10m 11d	Gender	MALE
MRN	GHZB-0000175151	Visit No	V000000001-GHZB		a 11 18 a
Lab No	G000321041	Collected On	27/06/2022 9:52AM	Received On	27/06/2022 9:52AM
Referred By	Deepak Verma	Reported On	27/06/2022 12:14PM		

	Test Name	Result	Criticality Factor	Biological Reference Interval
	HEMOGLOBIN, HB	14.4 g/dl		12 - 16 gm/ dl
1	MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION, MCHC	35.6 g/dl		33 - 36%
)	MEAN CORPUSCULAR HAEMOGLOBIN, MCH	33.3 pg		26 -34 pg
	MEAN CORPUSCULAR VOLUME, MCV	93.8 fl		77 - 97 fl
	PLATELET COUNT	140 x10 <sup>3</sup> cells/ Cumm	L	150x10^3 - 400x10^3 cells/cumm
	RED BLOOD CELLS, RBC COUNT	4.32 million/cu mm		3.8 - 5.3 millions /cumm
	RED CELL DISTRIBUTION WIDTH, RDW	13.0 %		11.5 - 14.5 %
	LEUCOCYTE COUNT, TOTAL (TLC), AUTOMATED	5.69 x10 <sup>3</sup> cells/ Cumm		4x10^3 - 11x10^3 cells/cumm
	HEMATOCRIT (HCT)	40.5 %		34 -45%
	BASOPHILS	00 %		0 - 2%
	EOSINOPHILS	04 %		2 -7 %
)	LYMPHOCYTES	36 %		17 - 45 %
/	MONOCYTES	05 %		4 -13%
	NEUTROPHILS	55 %		40 - 80%
	******** EN	D OF REPORT ********	6	well.

Processed by :- SHAHID SAIFI

DR CHARU AGARWAL CONSULTANT PATHOLOGIST Pathologist

Report Printed On: 27/6/2022

11:05PM

Page 2 of 4



Name	ANKIT MALHOTRA	Age	32y 10m 11d	Gender	MALE
MRN	GHZB-0000175151	Visit No	V000000001-GHZB	ES (	-
Lab No	G000321041	Collected On	27/06/2022 9:52AM	Received On	27/06/2022 9:52AM
Referred By	Deepak Verma	Reported On	27/06/2022 3:58PM		

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1	Test Name KIDNEY FUNCTION TESTS (Seri	Result um)	Criticality Factor	Biological Reference Interval	Test Method
0	UREA	20.7 mg/dl		15 - 40 mg/dl	
	CREATININE, SERUM	1.09 mg/dl		0.7 - 1.2 mg/dl	
	URIC ACID	4.2 mg/dl		4 - 8.5 mg/dl	
	SODIUM, SERUM	136.7 mmol/L		136 - 144 mmol/ L	
	POTASSIUM, SERUM	4.08 mmol/L		3.6 - 5.1 mmol/L	
	CHLORIDE, SERUM LIPID PROFILE (Serum)	104.8 mmol/L		101 - 111 mmol/L	
	CHOLESTEROL, TOTAL	221 mg/dl		Upto 200 mg/dl	
	TRIGLYCERIDES, SERUM	76 mg/dl		Upto 150 mg/dl	
0	CHOLESTEROL, HDL, DIRECT	55 mg/dl		35 - 65 mg/dl	
	CHOLESTEROL, LDL, DIRECT	151 mg/dl		0 -120 mg/dl	
	Cholesterol, VLDL  LIVER FUNCTION TESTS (Serui	15 mg/dl <b>n)</b>		0 - 35 mg/dl	
	BILIRUBIN, TOTAL	0.69 mg/dl		0.3 -1.2 mg/dl	
	BILIRUBIN, DIRECT	0.13 mg/dl		0 - 0.3 mg/dl	
	Report Printed On: 27/6/2022	11:05PM			Page 3 of 4



Name	ANKIT MALHOTRA	Age	32y 10m 11d	Gender	MALE
MRN	GHZB-0000175151	Visit No	V000000001-GHZB		4
Lab No	G000321041	Collected On	27/06/2022 9:52AM	Received On	27/06/2022 9:52AM
Referred By	Deepak Verma	Reported On	27/06/2022 3:58PM		

Test Name	Result	Criticality Biological Factor Reference Interval	Test Method
Indirect Bilirubin	0.56	0.1 - 0.3 mg/dl	
TOTAL PROTEIN, SERUM	7.5 g/dl	6.6 - 8.7 g/dl	
ALBUMIN, SERUM	4.53 g/dl	3.5 - 5.2 gm/dl	
A/G RATIO (ALBUMIN / GLOBULIN RATIO)	1.53	1:1 - 2.5:1	
GLOBULIN, SERUM	3.0		
SGPT	43 IU/L	17 - 63 IU/L	
SGOT	33 IU/L	0 - 40 IU/L	
GGTP, GGT, GAMMA GT, GAMMA GLUTAMYL TRANSPEPTIDASE	20 IU/L	7 -50 U/L	
ALKALINE PHOSPHATASE, ALP	57 IU/L	32 -91 IU/L	
		******** END OF REPORT *******	MCT-39093

Processed by :- AVNEESH KUMAR

DR ALKA DIXIT VATS CONSULANT PATHOLOGIST **PATHOLOGIST** 

Report Printed On: 27/6/2022

11:05PM

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## RADIOLOGY REPORT

Name	ANKIT MALHOTRA	Modality	US
Patient ID	GHZB-0000175151	Accession No	1111224
Gender/Age	M / 32Y 10M 11D	Scan Date	27-06-2022 11:11:55
Ref. Phys	Dr. Deepak Verma	Report Date	27-06-2022 12:00:04

#### USG ABDOMEN & PELVIS FINDINGS

LIVER: appears normal in size (measures 149 mm) and shape but shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 81 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 9.1 mm.

COMMON BILE DUCT: Appears normal in size and measures 2.5 mm.

IVC, HEPATIC VEINS: Normal. BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained.

Rest normal.

Right Kidney: measures 88 x 33 mm. It shows a concretion measuring 3.2 mm at upper calvx.

Left Kidney: measures 85 x 44 mm. PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged. FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal. PROSTATE: Prostate is normal in size, shape and echotexture. It measures 24 x 19 x 18 mm with volume 4 cc. Rest normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

#### IMPRESSION

Maria

-Diffuse grade I fatty infiltration in liver.

-Right renal concretion.

Recommend clinical correlation.

Dr. Monica Shekhawat, MBBS, DNB,

Consultant Radiologist, Reg No MCI 11 10887

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# RADIOLOGY REPORT

Name	ANKIT MALHOTRA	Modality	US
Patient ID	GHZB-0000175151	Accession No	1111224
Gender/Age	M / 32Y 10M 11D	Scan Date	27-06-2022 11:11:55
Ref. Phys	Dr. Deepak Verma	Report Date	27-06-2022 12:00:04

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## RADIOLOGY REPORT

Name	ANKIT MALHOTRA	Modality	DX
Patient ID	GHZB-0000175151	Accession No	1111225
Gender/Age	M / 32Y 10M 11D	Scan Date	27-06-2022 10:08:05
Ref. Phys	Dr. Deepak Verma	Report Date	27-06-2022 15:26:16

#### XR- CHEST PA VIEW

#### FINDINGS:

LUNGS: Normal. TRACHEA: Normal. CARINA: Normal.

RIGHT AND LEFT MAIN BRONCHI: Normal.

PLEURA: Normal. HEART: Normal.

RIGHT HEART BORDER: Normal. LEFT HEART BORDER: Normal. PULMONARY BAY: Normal. PULMONARY HILA: Normal.

AORTA: Normal.

THORACIC SPINE: Normal.

OTHER VISUALIZED BONES: Normal. VISUALIZED SOFT TISSUES: Normal.

DIAPHRAGM: Normal.

VISUALIZED ABDOMEN: Normal.

#### **IMPRESSION**

No significant abnormality noted.

Recommend clinical correlation.

Dr. Monica Shekhawat, MBBS, DNB, Consultant Radiologist, Reg No MCI 11 10887

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