

Mon 4/17/2023 1:22 PM



To: PHC [MH-Ghaziabad];

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**Mediwheel**  
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Hi Manipal Hospitals,

Diagnostic/Hospital Location :NH-24 Hapur Road,Oppo. Bahmeta Village, Near Lancroft  
Golf Links Apartment, City:Ghaziabad

We have received the confirmation for the following booking .

Beneficiary  
Name : PKG10000240Beneficiary  
Name : MR. KUMAR RAJEEV

Member Age : 31

Member Gender : Male

Member Relation : Employee

Package Name : Medi-Wheel Metro Full Body Health Checkup Male Below 40

Location : GHAZIABAD,Uttar Pradesh-201012

Contact Details : 8958659052

Booking Date : 15-04-2023

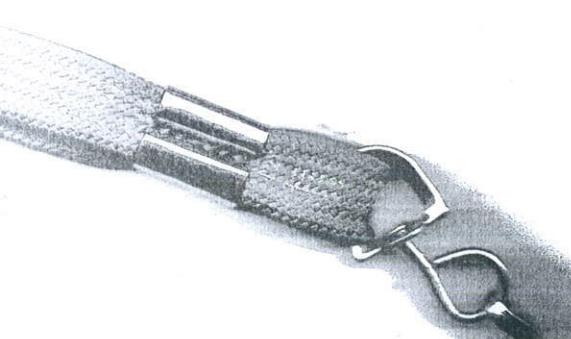
Appointment  
Date : 13-05-2023**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.


**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.




राजीव कुमार


 बैंक ऑफ़ बड़ोदा  
Bank of Baroda


नाम: **RAJIV KUMAR**  
Name:

कर्मचारी कूट क्र. **99031**  
E. C. No.



भारत का अधिकारी न. प्र. (सु.) अका. न.दि.  
Issuing Authority CM (S) ZO IND





राजीव कुमार  
धारक के हस्ताक्षर  
Signature of Holder



34 years  
Male

Caucasian

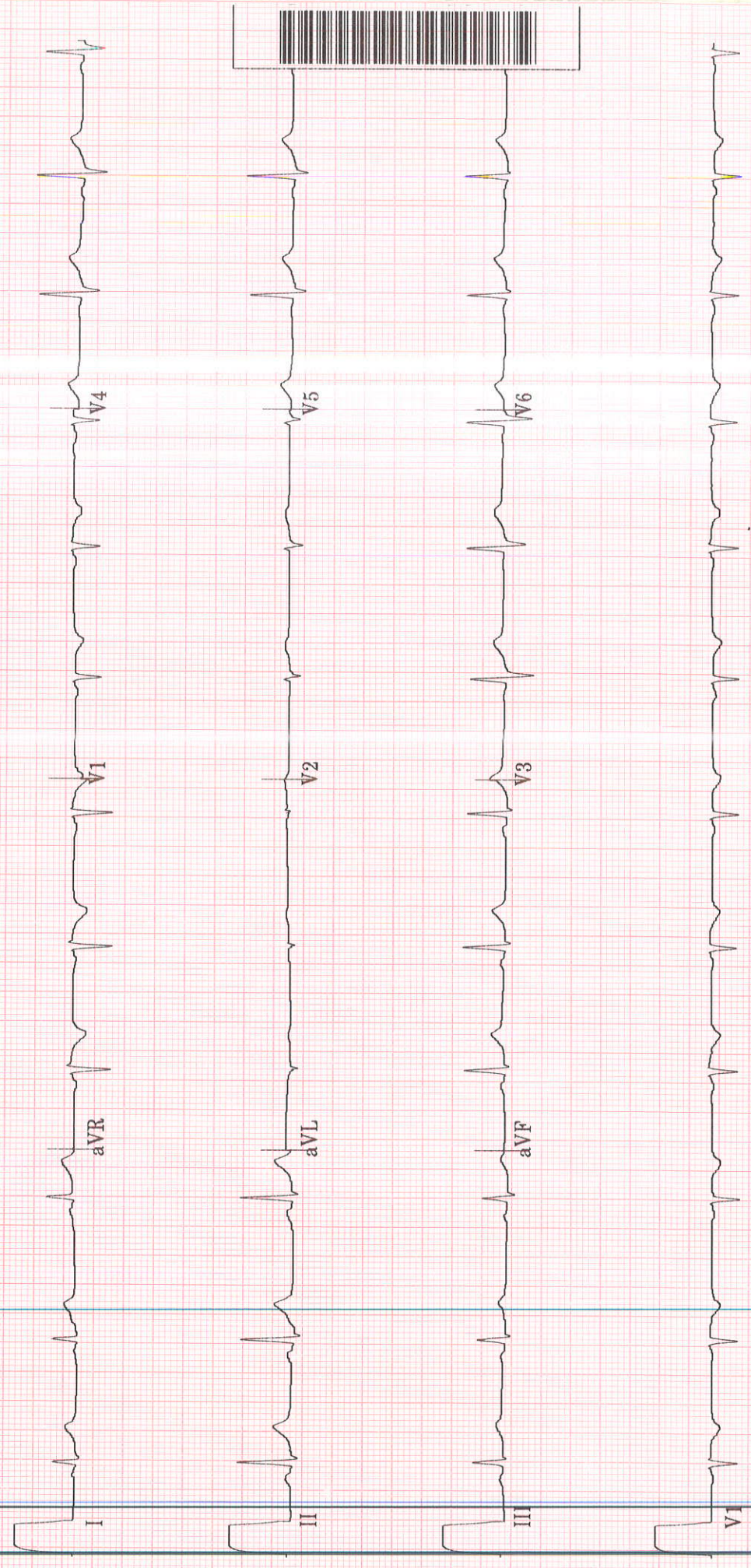
Vent. rate 69 bpm  
PR interval 30 ms  
QRS duration 78 ms  
QT/QTc 362/387 ms  
P-R-T axes 60 64 54

Normal sinus rhythm  
Normal ECG

Technician:  
Test ind:

Referred by:

Unconfirmed



20 Hz

25.0 mm/s

10.0 mm/mV

4 by 2.5s + 1 rhythm Id

MAC55 009C

12SL™ v239





## TMT INVESTIGATION REPORT

Patient Name : Ra.jeev KUMAR	Location : Ghaziabad
Age/Sex : 34Year(s)/male	Visit No : V0000000001-GHZB
MRN No : <u>MH010991872</u>	Order Date : 13/05/2023
Ref. Doctor : HCP	Report Date : 13/05/2023

**Protocol** : Bruce **MPHR** : 186BPM  
**Duration of exercise** : 8min 12sec **85% of MPHR** : 158BPM  
**Reason for termination** : THR achieved **Peak HR Achieved** : 159BPM  
**Blood Pressure (mmHg)** : Baseline BP : 130/90mmHg **% Target HR** : 85%  
Peak BP : 148/94mmHg **METS** : 10.1METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	75	130/90	Nil	No ST changes seen	Nil
STAGE 1	3:00	108	134/90	Nil	No ST changes seen	Nil
STAGE 2	3:00	125	140/90	Nil	No ST changes seen	Nil
STAGE 3	2:12	159	148/94	Nil	No ST changes seen	Nil
RECOVERY	3:03	105	140/90	Nil	No ST changes seen	Nil

**COMMENTS:**

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Good effort tolerance.

**IMPRESSION:**

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

**Dr. Bhupendra Singh**  
MD, DM (CARDIOLOGY),FACC  
Sr. Consultant Cardiology

**Dr. Abhishek Singh**  
MD, DNB (CARDIOLOGY),MNAMS  
Sr.Consultant Cardiology

**Dr. Sudhanshu Mishra**  
MD  
Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

P : 0120-616 5666

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Manipal Health Enterprises Private Limited

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RADIOLOGY REPORT

Name	Rajeev KUMAR	Modality	US
Patient ID	MH010991872	Accession No	R5531951
Gender/Age	M / 33Y 4M 22D	Scan Date	13-05-2023 09:24:49
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	13-05-2023 10:26:42

**USG ABDOMEN & PELVIS WITH PVR FINDINGS**

LIVER: appears enlarged in size (measures 160 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 103 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears upper limit of normal in size and measures 12.7 mm.

COMMON BILE DUCT: Appears normal in size and measures 4.2 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 105 x 44 mm.

Left Kidney: measures 105 x 52 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

Pre-void urine volume 260 cc.

Post-void residual urine volume 81 cc (Significant).

PROSTATE: Prostate is mildly enlarged in size (measures 38 x 37 x 34 mm with volume 25 cc) but normal in shape and echotexture. Rest normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

**IMPRESSION**

-Hepatomegaly with diffuse grade I fatty infiltration in liver.

-Mild Prostatomegaly with significant post-void residual urine volume.

Recommend clinical correlation.

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## RADIOLOGY REPORT

Name	Rajeev KUMAR	Modality	US
Patient ID	MH010991872	Accession No	R5531951
Gender/Age	M / 33Y 4M 22D	Scan Date	13-05-2023 09:24:49
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	13-05-2023 10:26:42



Dr. Monica Shekhawat, MBBS, DNB,  
Consultant Radiologist, Reg No MCI 11 10887

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**RADIOLOGY REPORT**

Name	Rajeev KUMAR	Modality	DX
Patient ID	MH010991872	Accession No	R5531950
Gender/Age	M / 33Y 4M 22D	Scan Date	13-05-2023 09:10:51
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	13-05-2023 11:20:37

**XR- CHEST PA VIEW**

**FINDINGS:**

LUNGS: Normal.  
TRACHEA: Normal.  
CARINA: Normal.  
RIGHT AND LEFT MAIN BRONCHI: Normal.  
PLEURA: Normal.  
HEART: Normal.  
RIGHT HEART BORDER: Normal.  
LEFT HEART BORDER: Normal.  
PULMONARY BAY: Normal.  
PULMONARY HILA: Normal.  
AORTA: Normal.  
THORACIC SPINE: Normal.  
OTHER VISUALIZED BONES: Normal.  
VISUALIZED SOFT TISSUES: Normal.  
DIAPHRAGM: Normal.  
VISUALIZED ABDOMEN: Normal.  
VISUALIZED NECK: Normal.

**IMPRESSION:**

**No significant abnormality noted.**  
Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,  
Consultant Radiologist, Reg No MCI 11 10887

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## LABORATORY REPORT

Name	: MR RAJEEV KUMAR	Age	: 33 Yr(s) Sex :Male
Registration No	: MH010991872	Lab No	: 32230504699
Patient Episode	: H18000000552	Collection Date	: 13 May 2023 13:16
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 May 2023 15:16
Receiving Date	: 13 May 2023 14:07		

### BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
------	--------	------	-------------------------------

Specimen Type : Serum

#### ○ THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)	1.61	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	6.59	µg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.470	µIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet, stress and illness affect TSH results.

\* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----

*Neelam Singal*

**Dr. Neelam Singal**  
CONSULTANT BIOCHEMISTRY

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## LABORATORY REPORT

<b>Name</b>	: MR RAJEEV KUMAR	<b>Age</b>	: 33 Yr(s) Sex :Male
<b>Registration No</b>	: MH010991872	<b>Lab No</b>	: 202305001492
<b>Patient Episode</b>	: H18000000552	<b>Collection Date</b>	: 13 May 2023 08:58
<b>Referred By</b>	: HEALTH CHECK MGD	<b>Reporting Date</b>	: 13 May 2023 12:28
<b>Receiving Date</b>	: 13 May 2023 09:37		

### HAEMATOTOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
<b>COMPLETE BLOOD COUNT (AUTOMATED)</b>		<b>SPECIMEN-EDTA Whole Blood</b>	
RBC COUNT (IMPEDENCE)	4.90	millions/cumm	[4.50-5.50]
HEMOGLOBIN	14.4	g/dl	[12.0-16.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	43.2	%	[40.0-50.0]
MCV (DERIVED)	88.2	fL	[83.0-101.0]
MCH (CALCULATED)	29.4	pg	[27.0-32.0]
MCHC (CALCULATED)	33.3	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	13.7	%	[11.6-14.0]
Platelet count	240	x 10 <sup>3</sup> cells/cumm	[150-400]
MPV (DERIVED)	10.1		
WBC COUNT (TC) (IMPEDENCE)	6.69	x 10 <sup>3</sup> cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	60.0	%	[40.0-80.0]
Lymphocytes	30.0	%	[17.0-45.0]
Monocytes	6.0	%	[2.0-10.0]
Eosinophils	4.0	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	20.0 #	/1sthour	[0.0-

## LABORATORY REPORT

<b>Name</b>	: MR RAJEEV KUMAR	<b>Age</b>	: 33 Yr(s) Sex :Male
<b>Registration No</b>	: MH010991872	<b>Lab No</b>	: 202305001492
<b>Patient Episode</b>	: H18000000552	<b>Collection Date</b>	: 13 May 2023 08:58
<b>Referred By</b>	: HEALTH CHECK MGD	<b>Reporting Date</b>	: 13 May 2023 17:58
<b>Receiving Date</b>	: 13 May 2023 09:37		

### BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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#### Glycosylated Hemoglobin

Specimen: EDTA

<b>HbA1c (Glycosylated Hemoglobin)</b>	6.3 #	%	[0.0-5.6]
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Method: HPLC

As per American Diabetes Association (ADA)  
 HbA1c in %  
 Non diabetic adults  $\geq 18$  years  $< 5.7$   
 Prediabetes (At Risk) 5.7-6.4  
 Diagnosing Diabetes  $\geq 6.5$

Estimated Average Glucose (eAG)	134	mg/dl
---------------------------------	-----	-------

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemc control.

### ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

#### MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction [pH]	5.0	(4.6-8.0)
Specific Gravity	1.010	(1.003-1.035)

#### CHEMICAL EXAMINATION

Protein/Albumin	Negative	(NEGATIVE)
Glucose	NIL	(NIL)
Ketone Bodies	Negative	(NEGATIVE)
Urobilinogen	Normal	(NORMAL)



## LABORATORY REPORT

<b>Name</b>	: MR RAJEEV KUMAR	<b>Age</b>	: 33 Yr(s) Sex :Male
<b>Registration No</b>	: MH010991872	<b>Lab No</b>	: 202305001492
<b>Patient Episode</b>	: H18000000552	<b>Collection Date</b>	: 13 May 2023 09:37
<b>Referred By</b>	: HEALTH CHECK MGD	<b>Reporting Date</b>	: 13 May 2023 12:45
<b>Receiving Date</b>	: 13 May 2023 09:37		

### CLINICAL PATHOLOGY

#### MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	1-2 /hpf	(0-5/hpf)
RBC	NIL	(0-2/hpf)
Epithelial Cells	NIL /hpf	
CASTS	NIL	
Crystals	NIL	
OTHERS	NIL	

#### Serum LIPID PROFILE

<b>Serum TOTAL CHOLESTEROL</b>	<b>263 #</b>	<b>mg/dl</b>	<b>[&lt;200]</b> Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	100	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	49.0	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	20	mg/dl	[0-35]
<b>CHOLESTEROL, LDL, CALCULATED</b>	<b>194.0 #</b>	<b>mg/dl</b>	<b>[&lt;120.0]</b> Near/ Borderline High:130-159 High Risk:160-189
Above optimal-100-129			
T.Chol/HDL.Chol ratio(Calculated)	5.4		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio(Calculated)	4.0		<3 Optimal 3-4 Borderline >6 High Risk

Note:

## LABORATORY REPORT

<b>Name</b>	: MR RAJEEV KUMAR	<b>Age</b>	: 33 Yr(s) Sex :Male
<b>Registration No</b>	: MH010991872	<b>Lab No</b>	: 202305001492
<b>Patient Episode</b>	: H18000000552	<b>Collection Date</b>	: 13 May 2023 08:58
<b>Referred By</b>	: HEALTH CHECK MGD	<b>Reporting Date</b>	: 13 May 2023 12:14
<b>Receiving Date</b>	: 13 May 2023 09:37		

### BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Reference ranges based on ATP III Classifications.

#### KIDNEY PROFILE

Specimen: Serum

UREA	20.7	mg/dl	[15.0-40.0]
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Method: GLDH, Kinatic assay

BUN, BLOOD UREA NITROGEN	9.7	mg/dl	[8.0-20.0]
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Method: Calculated

CREATININE, SERUM	0.90	mg/dl	[0.70-1.20]
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Method: Jaffe rate-IDMS Standardization

URIC ACID	6.6	mg/dl	[4.0-8.5]
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Method:uricase PAP

SODIUM, SERUM	138.20	mmol/L	[136.00-144.00]
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POTASSIUM, SERUM	4.05	mmol/L	[3.60-5.10]
------------------	------	--------	-------------

SERUM CHLORIDE	104.8	mmol/l	[101.0-111.0]
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Method: ISE Indirect

eGFR (calculated)	111.8	ml/min/1.73sq.m	[>60.0]
-------------------	-------	-----------------	---------

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis, Icterus / Lipemia.



## LABORATORY REPORT

<b>Name</b>	: MR RAJEEV KUMAR	<b>Age</b>	: 33 Yr(s) Sex :Male
<b>Registration No</b>	: MH010991872	<b>Lab No</b>	: 202305001492
<b>Patient Episode</b>	: H18000000552	<b>Collection Date</b>	: 13 May 2023 08:58
<b>Referred By</b>	: HEALTH CHECK MGD	<b>Reporting Date</b>	: 13 May 2023 12:14
<b>Receiving Date</b>	: 13 May 2023 09:37		

### BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
<b>LIVER FUNCTION TEST</b>			
BILIRUBIN - TOTAL Method: D P D	0.41	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.08	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.33	mg/dl	[0.10-0.90]
TOTAL PROTEINS (SERUM) Method: BIURET	7.40	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.55	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	2.90	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.60		[1.00-2.50]
AST (SGOT) (SERUM) Method: IFCC W/O P5P	40.00	U/L	[0.00-40.00]
<b>ALT (SGPT) (SERUM)</b> Method: IFCC W/O P5P	<b>109.00 #</b>	<b>U/L</b>	<b>[17.00-63.00]</b>
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	68.0	IU/L	[32.0-91.0]
<b>GGT</b>	<b>94.0 #</b>		<b>[7.0-50.0]</b>

## LABORATORY REPORT

Name : MR RAJEEV KUMAR Age : 33 Yr(s) Sex : Male  
Registration No : MH010991872 Lab No : 202305001492  
Patient Episode : H18000000552 Collection Date : 13 May 2023 08:58  
Referred By : HEALTH CHECK MGD Reporting Date : 13 May 2023 17:45  
Receiving Date : 13 May 2023 09:37

## BLOOD BANK

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Blood Group & Rh Typing (Agglutination by gel/tube technique)			Specimen-Blood
Blood Group & Rh typing	A Rh(D) Negative		

**Technical note:**

*ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.*

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-----END OF REPORT-----



Dr. Charu Agarwal  
Consultant Pathologist





## LABORATORY REPORT

<b>Name</b>	: MR RAJEEV KUMAR	<b>Age</b>	: 33 Yr(s) Sex :Male
<b>Registration No</b>	: MH010991872	<b>Lab No</b>	: 202305001494
<b>Patient Episode</b>	: H18000000552	<b>Collection Date</b>	: 13 May 2023 12:45
<b>Referred By</b>	: HEALTH CHECK MGD	<b>Reporting Date</b>	: 13 May 2023 15:52
<b>Receiving Date</b>	: 13 May 2023 12:45		

### BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
<b>PLASMA GLUCOSE</b>			
Specimen: Plasma			
GLUCOSE, POST PRANDIAL (PP), 2 HOURS	133.0	mg/dl	[80.0-140.0]
Method: Hexokinase			

**Note:**

Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption, post exercise

-----END OF REPORT-----



**Dr. Alka Dixit Vats**  
Consultant Pathologist





**OUTPATIENT RECORD**

Hospital No: MH010991872	Visit No: H1800000552
Name: MR RAJEEV KUMAR	Age/Sex: 33 Yrs/Male
Doctor Name: DR.SHISHIR NARAIN	Specialty: HC SERVICE MGD
Date: 13/05/2023 11:34AM	

BP Systolic: 132 mmHg	BP Diastolic: 90 mmHg	Pulse Rate: 74beats per minute
Saturation(Oxygen): 99%	Height: 174cm	Weight : 89.5kg
BMI: 29.56	Ideal Body Weight (calculated): 69.66kg	Mean Arterial Pressure-MAP: 104 mmHg

EWS Total: 2points

OPD Notes :

PRESENT OPHTHALMIC COMPLAINS - ROUTINE EYE CHECK UP  
SYSTEMIC/ OPHTHALMIC HISTORY - NIL  
NO FAMILY H/O GLAUCOMA

EXAMINATION DETAILS	RIGHT EYE	LEFT EYE
VISION	6/6	6/6
CONJ	NORMAL	NORMAL
CORNEA	CLEAR	CLEAR
ANTERIOR CHAMBER/ IRIS	N	N
LENS	CLEAR	CLEAR
OCULAR MOVEMENTS	FULL	FULL
NCT	18	16
FUNDUS EXAMINATION		
A) VITREOUS		
B) OPTIC DISC	C:D 0.4	C:D 0.4
C) MACULAR AREA	FOVEAL REFLEX PRESENT	FOVEAL REFLEX PRESENT

DIAGNOSIS: DRY EYES

ADVISE / TREATMENT  
**E/D NST 4 TIMES DAILY BE**  
**AVOID WATER EXCESS IN FIRST HALF HOUR OF DAY**  
REVIEW AFTER 6 MONTHS

*hara*

**DR.SHISHIR NARAIN**  
Reg. No.: 9538