

Health Check up Booking Confirmed Request(bobS38818),Package Code-
PKG10000241, Beneficiary Code-42966

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Hi **Manipal Hospitals,**

Diagnostic/Hospital Location :**NH-24 Hapur Road,Oppo. Bahmeta Village, Near Lancroft
Golf Links Apartment, City:Ghaziabad**

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000241

Beneficiary Name : NISHA

Member Age : 22

Member Gender : Female

Member Relation: Spouse

Package Name : Medi-Wheel Metro Full Body Health Checkup Female Below 40

Location : GHAZIABAD,Uttar Pradesh-NULL

Contact Details : 8920786640

Booking Date : 06-05-2023

Appointment Date : 13-05-2023

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

23 years
Female

Caucasian

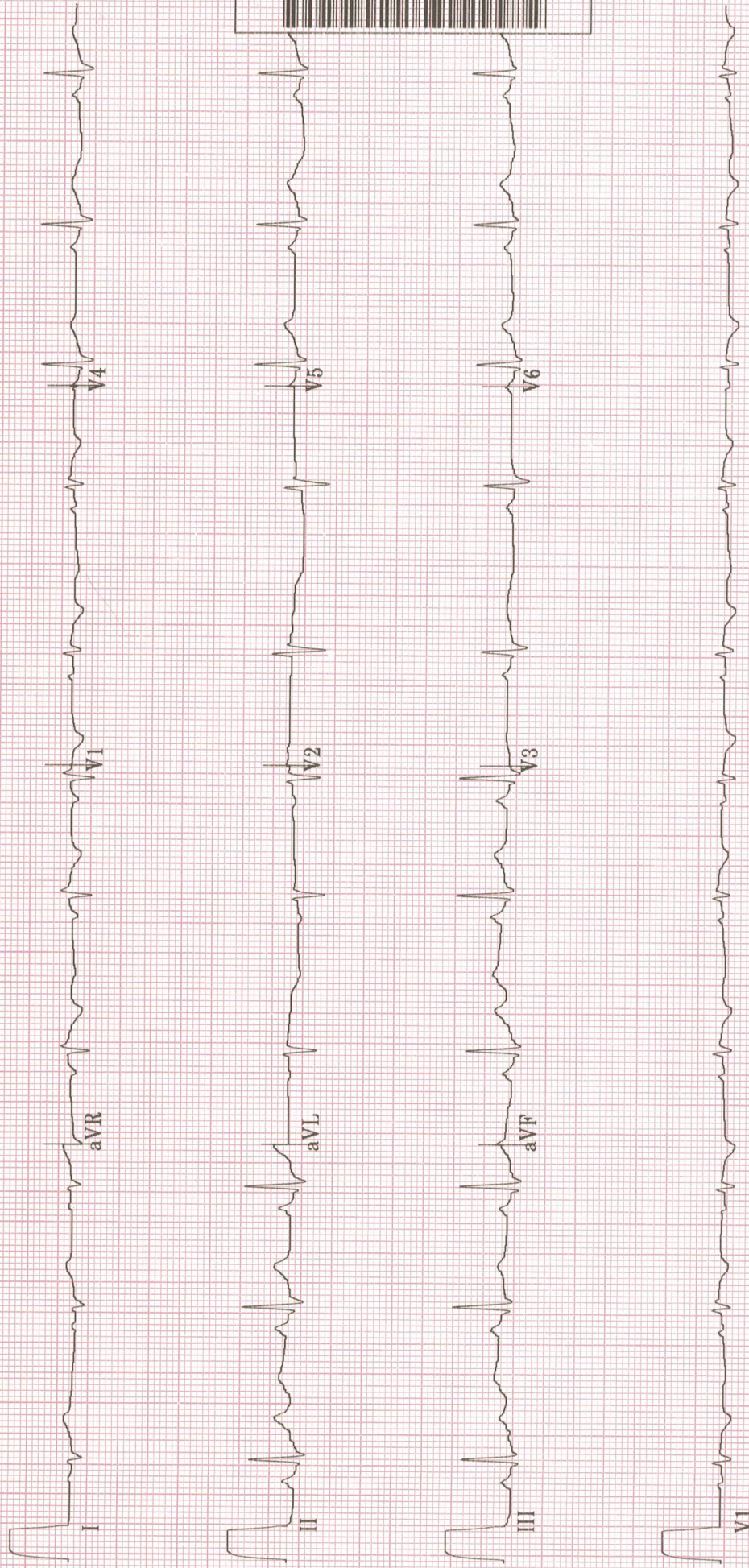
Vent. rate 66 bpm
PR interval 160 ms
QRS duration 94 ms
QT/QTc 390/408 ms
P-R-T axes 78 99 65

Normal sinus rhythm with sinus arrhythmia
Rightward axis
Incomplete right bundle branch block
Borderline ECG

Technician:
Test ind:

Referred by:

Unconfirmed





TMT INVESTIGATION REPORT

Patient Name : NISHA	Location : Ghaziabad
Age/Sex : 23Year(s)/Female	Visit No : V000000001-GHZB
MRN No	Order Date : 13/05/2023
Ref. Doctor : HCP	Report Date : 13/05/2023

Protocol : Bruce **MPHR** : 197BPM
Duration of exercise : 4min 24sec **85% of MPHR** : 167BPM
Reason for termination : Patient fatigue **Peak HR Achieved** : 178BPM
Blood Pressure (mmHg) : Baseline BP : 100/60mmHg **% Target HR** : 90%
Peak BP : 110/60mmHg **METS** : 6.2METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	99	100/60	Nil	No ST changes seen	Nil
STAGE 1	3:00	157	106/60	Nil	No ST changes seen	Nil
STAGE 2	1:24	178	110/60	Nil	No ST changes seen	Nil
RECOVERY	3:08	90	100/60	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Poor effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh
MD, DM (CARDIOLOGY), FACC
Sr. Consultant Cardiology

Dr. Abhishek Singh
MD, DNB (CARDIOLOGY), MNAMS
Sr. Consultant Cardiology

Dr. Sudhanshu Mishra
MD
Cardiology Registrar

Manipal Hospital, Ghaziabad

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P : 0120-616 5666

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

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RADIOLOGY REPORT

Name	NISHA	Modality	US
Patient ID	MH010991991	Accession No	R5532275
Gender/Age	F / 24Y 3M 1D	Scan Date	13-05-2023 09:57:09
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	13-05-2023 10:42:05

USG ABDOMEN & PELVIS

FINDINGS

LIVER: Liver is enlarged in size (measures 162 mm) but normal in shape and echotexture. Rest normal.
 SPLEEN: Spleen is normal in size (measures 106 mm), shape and echotexture. Rest normal.
 PORTAL VEIN: Appears normal in size and measures 8.9 mm.
 COMMON BILE DUCT: Appears normal in size and measures 3.4 mm.
 IVC, HEPATIC VEINS: Normal.
 BILIARY SYSTEM: Normal.
 GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.
 PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.
 KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained.
 Rest normal.
 Right Kidney: measures 93 x 38 mm.
 Left Kidney: measures 88 x 51 mm.
 PELVI-CALYCEAL SYSTEMS: Compact.
 NODES: Not enlarged.
 FLUID: Nil significant.
 URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.
 UTERUS: Uterus is retroverted, normal in size (measures 78 x 43 x 35 mm), shape and echotexture. Evidence of previous operation scar is seen.
 Endometrial thickness measures 6.1 mm. Cervix appears normal.
 OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.
 Right ovary measures 24 x 23 x 14 mm with volume 4.1 cc.
 Left ovary measures 23 x 23 x 14 mm with volume 3.9 cc.
 Bilateral adnexa is clear.
 BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Hepatomegaly (ADV: LFT Correlation).

Recommend clinical correlation.

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MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

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RADIOLOGY REPORT

Name	NISHA	Modality	DX
Patient ID	MH010991991	Accession No	R5532274
Gender/Age	F / 24Y 3M 1D	Scan Date	13-05-2023 09:38:39
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	13-05-2023 11:19:08

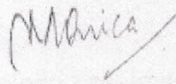
XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
 TRACHEA: Normal.
 CARINA: Normal.
 RIGHT AND LEFT MAIN BRONCHI: Normal.
 PLEURA: Normal.
 HEART: Normal.
 RIGHT HEART BORDER: Normal.
 LEFT HEART BORDER: Normal.
 PULMONARY BAY: Normal.
 PULMONARY HILA: Normal.
 AORTA: Normal.
 THORACIC SPINE: Normal.
 OTHER VISUALIZED BONES: Normal.
 VISUALIZED SOFT TISSUES: Normal.
 DIAPHRAGM: Normal.
 VISUALIZED ABDOMEN: Normal.
 VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality noted.
 Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,
 Consultant Radiologist, Reg No MCI 11 10887

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Page 1 of 1

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LABORATORY REPORT

Name : MRS NISHA
 Registration No : MH010991991
 Patient Episode : H18000000556
 Referred By : HEALTH CHECK MGD
 Receiving Date : 13 May 2023 14:07

Age : 24 Yr(s) Sex :Female
 Lab No : 32230504692
 Collection Date : 13 May 2023 13:16
 Reporting Date : 13 May 2023 15:16

BIOCHEMISTRY

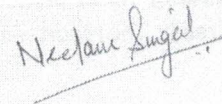
TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Specimen Type : Serum			
THYROID PROFILE, Serum			
T3 - Triiodothyronine (ECLIA)	1.20	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	8.50	µg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	4.690 #	µIU/mL	[0.340-4.250]
1st Trimester:	0.6 - 3.4	micIU/mL	
2nd Trimester:	0.37 - 3.6	micIU/mL	
3rd Trimester:	0.38 - 4.04	micIU/mL	

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet, stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

-----END OF REPORT-----



Dr. Neelam Singal
 CONSULTANT BIOCHEMISTRY

LABORATORY REPORT

Name : MRS NISHA
 Registration No : MH010991991
 Patient Episode : H1800000556
 Referred By : HEALTH CHECK MGD
 Receiving Date : 13 May 2023 09:16

Age : 24 Yr(s) Sex :Female
 Lab No : 202305001515
 Collection Date : 13 May 2023 09:16
 Reporting Date : 13 May 2023 17:05

HAEMATOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMATED)			
SPECIMEN-EDTA Whole Blood			
RBC COUNT (IMPEDENCE)	3.76 #	millions/cumm	[3.80-4.80]
HEMOGLOBIN	9.9 #	g/dl	[12.0-16.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	31.8 #	%	[36.0-46.0]
MCV (DERIVED)	84.6	fL	[83.0-101.0]
MCH (CALCULATED)	26.3 #	pg	[27.0-32.0]
MCHC (CALCULATED)	31.1 #	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	16.3 #	%	[11.6-14.0]
Platelet count	179	x 10 ³ cells/cumm	[150-400]
MPV (DERIVED)	13.7		
WBC COUNT (TC) (IMPEDENCE)	7.56	x 10 ³ cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT			
(VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	60.0	%	[40.0-80.0]
Lymphocytes	32.0	%	[17.0-45.0]
Monocytes	5.0	%	[2.0-10.0]
Eosinophils	3.0	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	25.0 #	/1sthour	[0.0-10.0]

LABORATORY REPORT

Name	: MRS NISHA	Age	: 24 Yr(s) Sex :Female
Registration No	: MH010991991	Lab No	: 202305001515
Patient Episode	: H18000000556	Collection Date	: 13 May 2023 09:16
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 May 2023 17:57
Receiving Date	: 13 May 2023 09:16		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Glycosylated Hemoglobin			
Specimen: EDTA			
HbA1c (Glycosylated Hemoglobin)	5.3	%	[0.0-5.6]
Method: HPLC			
			As per American Diabetes Association (ADA)
			HbA1c in %
			Non diabetic adults >= 18years <5.7
			Prediabetes (At Risk)5.7-6.4
			Diagnosing Diabetes >= 6.5
Estimated Average Glucose (eAG)	105	mg/dl	

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction[pH]	5.0	(4.6-8.0)
Specific Gravity	1.020	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	+	(NEGATIVE)
Glucose	NIL	(NIL)
Ketone Bodies	Negative	(NEGATIVE)
Urobilinogen	Normal	(NORMAL)

LABORATORY REPORT

Name	: MRS NISHA	Age	: 24 Yr(s) Sex :Female
Registration No	: MH010991991	Lab No	: 202305001515
Patient Episode	: H1800000556	Collection Date	: 13 May 2023 10:18
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 May 2023 12:46
Receiving Date	: 13 May 2023 10:18		

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	1-2 /hpf	(0-5/hpf)
RBC	2-4 /hpf	(0-2/hpf)
Epithelial Cells	4-6 /hpf	
CASTS	NIL	
Crystals	NIL	
OTHERS	NIL	

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	197	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	109	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	64.0	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	22	mg/dl	[0-35]
CHOLESTEROL, LDL, CALCULATED	111.0	mg/dl	[<120.0] Near/ Borderline High:130-159 High Risk:160-189
Above optimal-100-129			<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
T.Chol/HDL.Chol ratio(Calculated)	3.1		
LDL.CHOL/HDL.CHOL Ratio(Calculated)	1.7		<3 Optimal 3-4 Borderline >6 High Risk

Note:

LABORATORY REPORT

Name	: MRS NISHA	Age	: 24 Yr(s) Sex :Female
Registration No	: MH010991991	Lab No	: 202305001515
Patient Episode	: H18000000556	Collection Date	: 13 May 2023 09:16
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 May 2023 12:19
Receiving Date	: 13 May 2023 09:16		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

Specimen: Serum			
UREA	25.5	mg/dl	[15.0-40.0]
Method: GLDH, Kinatic assay			
BUN, BLOOD UREA NITROGEN	11.9	mg/dl	[8.0-20.0]
Method: Calculated			
CREATININE, SERUM	0.58 #	mg/dl	[0.70-1.20]
Method: Jaffe rate-IDMS Standardization			
URIC ACID	5.9	mg/dl	[4.0-8.5]
Method:uricase PAP			
SODIUM, SERUM	138.10	mmol/L	[136.00-144.00]
POTASSIUM, SERUM	4.23	mmol/L	[3.60-5.10]
SERUM CHLORIDE	105.5	mmol/l	[101.0-111.0]
Method: ISE Indirect			
eGFR (calculated)	129.4	ml/min/1.73sq.m	[>60.0]

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

LABORATORY REPORT

Name	: MRS NISHA	Age	: 24 Yr(s) Sex :Female
Registration No	: MH010991991	Lab No	: 202305001515
Patient Episode	: H1800000556	Collection Date	: 13 May 2023 09:16
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 May 2023 12:19
Receiving Date	: 13 May 2023 09:16		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL Method: D P D	0.86	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.16	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.70	mg/dl	[0.10-0.90]
TOTAL PROTEINS (SERUM) Method: BIURET	7.60	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.60	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	3.00	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.53		[1.00-2.50]
AST (SGOT) (SERUM) Method: IFCC W/O P5P	17.00	U/L	[0.00-40.00]
ALT (SGPT) (SERUM) Method: IFCC W/O P5P	17.00	U/L	[14.00-54.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	70.0	IU/L	[40.0-98.0]
GGT	10.0		[7.0-50.0]

LABORATORY REPORT

Name	: MRS NISHA	Age	: 24 Yr(s) Sex :Female
Registration No	: MH010991991	Lab No	: 202305001515
Patient Episode	: H18000000556	Collection Date	: 13 May 2023 09:16
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 May 2023 17:44
Receiving Date	: 13 May 2023 09:16		

BLOOD BANK

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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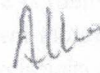
Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing B Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

-----END OF REPORT-----



Dr. Alka Dixit Vats
Consultant Pathologist

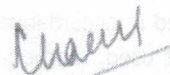
LABORATORY REPORT

Name	: MRS NISHA	Age	: 24 Yr(s) Sex :Female
Registration No	: MH010991991	Lab No	: 202305001516
Patient Episode	: H18000000556	Collection Date	: 13 May 2023 09:16
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 May 2023 12:20
Receiving Date	: 13 May 2023 09:16		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting			
Specimen: Plasma			
GLUCOSE, FASTING (F)	88.0	mg/dl	[70.0-110.0]
Method: Hexokinase			

-----END OF REPORT-----



Dr. Charu Agarwal
Consultant Pathologist

LABORATORY REPORT


Name	: MRS NISHA	Age	: 24 Yr(s) Sex :Female
Registration No	: MH010991991	Lab No	: 202305001517
Patient Episode	: H18000000556	Collection Date	: 13 May 2023 13:55
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 May 2023 15:48
Receiving Date	: 13 May 2023 13:55		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Specimen: Plasma			
GLUCOSE, POST PRANDIAL (PP), 2 HOURS	88.0	mg/dl	[80.0-140.0]
Method: Hexokinase			

Note:
Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

-----END OF REPORT-----



Dr. Alka Dixit Vats
Consultant Pathologist

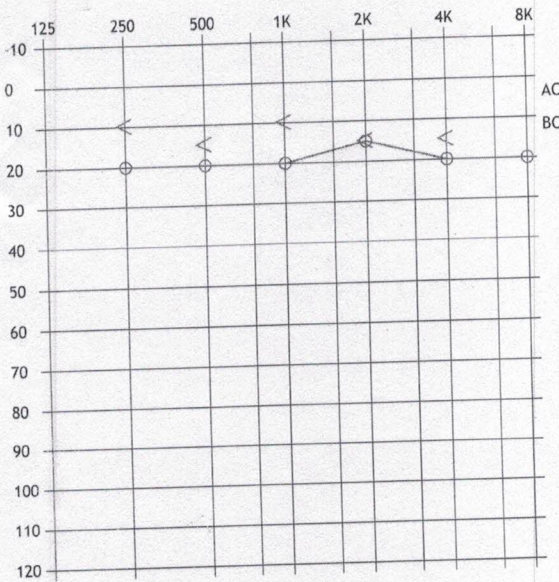
Patient Name NISHA, ,

Date of birth

09-02-1999

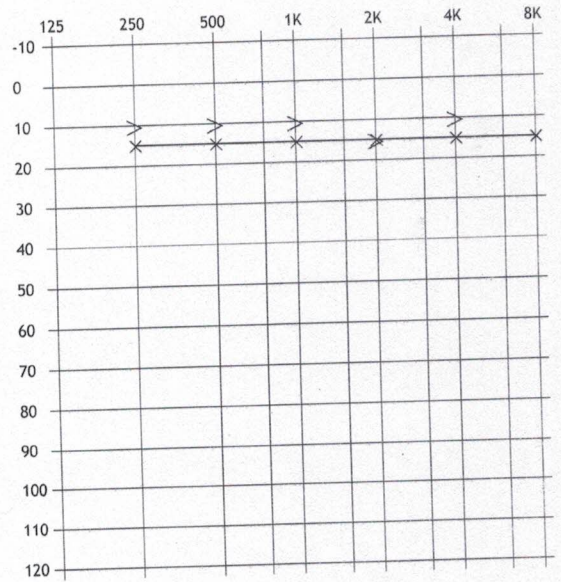
Test date:

13-05-2023



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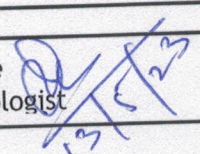
Report comments:

Bilateral Normal hearing Sensitivity

Recommendation:

Aural Hygiene
Fallow up

Name
Audiologist



13-05-2023