



To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	MAYA DEEPAKHOLKAR
DATE OF BIRTH	08-05-1980
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	25-02-2023
BOOKING REFERENCE NO.	22M63827100041842S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. HOLKAR DEEPAK KRISHNA
EMPLOYEE EC NO.	63827
EMPLOYEE DESIGNATION	SINGLE WINDOW OPERATOR A
EMPLOYEE PLACE OF WORK	MUMBAI,BANDRA KURLA COMPLEX
EMPLOYEE BIRTHDATE	01-06-1972

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **13-02-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager
HRM Department
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

ID: maya

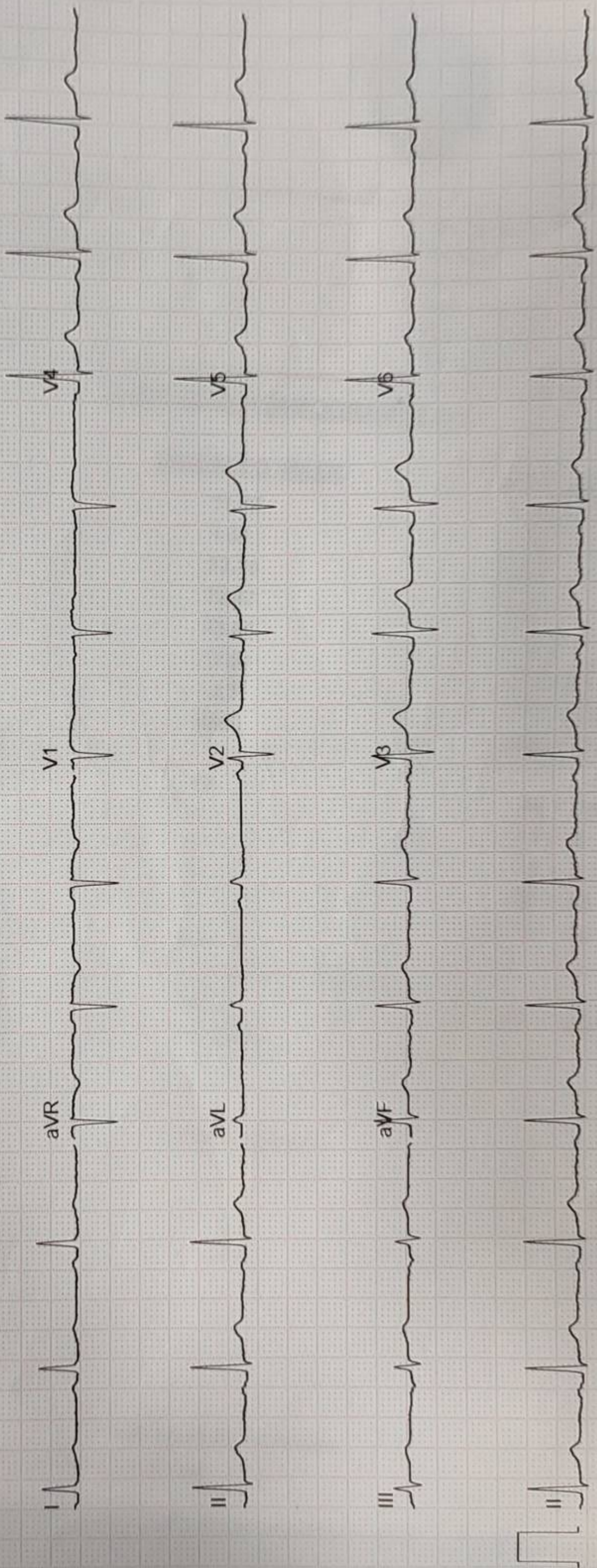
25.02.2023 11:13:56

SURANA HOSPITAL
CHEMBUR
MUMBAI

Mrs. Maya Holkar
Age: 43 yrs

Normal sinus rhythm
Normal ECG

QRS	72 ms
QT / QTcBaz	394 / 431 ms
PR	146 ms
P	90 ms
RR / PP	830 / 833 ms
P / QRS / T	7 / 35 / 66 degrees



GE MAC2000 1.1 12SL™ V241

25 mm/s 10 mm/mV

ADS 0.56-20 Hz 50 Hz

4x2.5x3_25_R1

1/1

Unconfirmed



NABH PRE ACCREDITATION
ENTRY LEVEL HOSPITAL
PEH-2018-0537



**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MRS. HOLKAR MAYA .
Ordered Loc : Hospital clinic
Referred By : Dr.MEDIWHEEL HEALT
Class : OPD
Current Loc :
Accession No : 23003675

IP / OP No : 1127515
Gender : Female Age : 43 Y 0 M 1 D
Vch No : 1369141
Received Dt : 25-Feb-2023 16:13
Reported On : 26-Feb-2023 9:39
Sample No : 23009423

COMPLETE HEAMOGRAM (C.B.C.)

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
Haemoglobin	11.00	11.50 - 16.00 gm/dL
R.B.C.	4.65	4.00 - 6.00 Mill/C.mm.
P.C.V.	33.70	37.00 - 47.00 %
M.C.V.	72.47	78.00 - 100.00 fL
M.C.H.	23.66	27.00 - 31.00 pg
M.C.H.C.	32.64	32.00 - 36.00 %
RDW	13.3	11.0 - 15.0 %
Total W.B.C. Count	6800	4000 - 11000 /C.mm
<u>DIFFERENTIAL COUNT</u>		
Neutrophils	50	40 - 75 %
Eosinophils	4	1 - 6 %
Basophils	0	0 - 1 %
Lymphocytes	43	20 - 45 %
Monocytes	3	1 - 10 %
WBC MORPHOLOGY	Normal	
RBC MORPHOLOGY	Hypochromic, Microcytic	
PLATELET COUNT	500	150 - 450 10 ³ /ul
PLATELETS	Increased	

** END OF REPORT **

Checked By

Provisional

Authorized By Technician

Printed By : SSSL on 26/02/2023 09:39:24AM

PPote
Dr. Pragati Pote
MB, DPB,
(Path & Bact)

A Social Venture of
SURANA CHARITABLE TRUST

Regd. No. E 15635 With Charity Commissioner Mumbai
Income Exemption No. DIT (E) / MC / 80G / 524 /2009 - 10. 12-A Registration No. TR/31324.
Sumannagar, Sion Trombay Road, Chembur, Mumbai - 400071 **Tel. : 022-3378 3378**
Email: info@suranasethiahospital.in Web. : www.suranasethiahospital.com



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ENTRY LEVEL HOSPITAL
PEH-2018-0537



**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MRS. HOLKAR MAYA .	IP / OP No : 1127515
Ordered Loc : Hospital clinic	Gender : Female Age :43 Y 0 M 1 D
Referred By : Dr. MEDIWHEEL HEALT	Vch No : 1369141
Class : OPD	Received Dt : 25-Feb-2023 16:13
Current Loc :	Reported On : 26-Feb-2023 9:39
Accession No : 23003675	Sample No : 23009421

BLOOD GROUP & RH TYPE

TEST DESCRIPTION

OBSERVED VALUE

REFERENCE RANGE\UNITS

BLOOD GROUP & RH TYPE

ABO Group

"O"

Rh Factor

POSITIVE

** END OF REPORT **

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SURANA SETHIA HOSPITAL AND RESEARCH CENTRE CHARITABLE

Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MRS. HOLKAR MAYA .	IP / OP No : 1127515
Ordered Loc : Hospital clinic	Gender : Female Age : 43 Y 0 M 1 D
Referred By : Dr.MEDIWHEEL HEALT	Vch No : 1369141
Class : OPD	Received Dt : 25-Feb-2023 16:13
Current Loc :	Reported On : 26-Feb-2023 9:39
Accession No : 23003675	Sample No : 23009420

ESR

TEST DESCRIPTION	OBSERVED VALUE	REFERENCE RANGE\UNITS
ESR (Erythrocyte Sedimentation Rate)	80	1 - 20 mm/hr

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AND RESEARCH CENTRE
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Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MRS. HOLKAR MAYA .	IP / OP No : 1127515
Ordered Loc : Hospital clinic	Gender : Female Age : 43 Y 0 M 1 D
Referred By : Dr.MEDIWHEEL HEALT	Vch No : 1369141
Class : OPD	Received Dt : 25-Feb-2023 16:13
Current Loc :	Reported On : 26-Feb-2023 9:42
Accession No : 23003675	Sample No : 23009425

RENAL FUNCTION TEST

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
BUN	11.0	8.0 - 21.0 mg/dl
Uric Acid	3.5	3.5 - 7.2 mg/dl
Sodium [Na+]	140	135 - 155 mmol/L
Potassium [K+]	4.2	3.6 - 5.5 mmol/L
Chloride [Cl-]	101	96 - 108 mmol/L
Calcium	8.5	8.4 - 10.2 mg/dl
Phosphorus	3.5	2.5 - 4.5 mg/dl
Serum Alkaline Phosphates	74.0	28.0 - 111.0 IU/L
Serum Proteins Total	7.0	6.0 - 8.2 gm%
Serum Albumin	3.8	3.0 - 5.0 gm%
Serum Globulin	3.20	1.90 - 3.50 gm%
Albumin : Globulin Ratio	1.19	0.90 - 2.00 gm%
Serum Creatinine	0.8	0.5 - 1.5 mg/dl

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Referred By : Dr.MEDIWHEEL HEALT
Class : OPD
Current Loc :
Accession No : 23003675

IP / OP No : 1127515
Gender : Female Age : 43 Y 0 M 1 D
Vch No : 1369141
Received Dt : 25-Feb-2023 16:13
Reported On : 26-Feb-2023 9:42
Sample No : 23009425

LIVER FUNCTION TEST

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
Total Bilirubin	0.4	0.1 - 1.2	mg/dl
Conjugated (Direct) Bilirubin	0.2	0.0 - 0.3	mg/dl
Unconjugated (Indirect) Bilirubin	0.2	0.1 - 1.0	mg/dL
SGOT	40.0	15.0 - 46.0	U/L
SGPT	22.0	13.0 - 69.0	U/L
Serum Alkaline Phosphates	74.0	28.0 - 111.0	IU/L
Serum Proteins Total	7.0	6.0 - 8.2	gm%
Serum Albumin	3.8	3.0 - 5.0	gm%
Serum Globulin	3.20	1.90 - 3.50	gm%
Albumin : Globulin Ratio	1.19	0.90 - 2.00	gm%
Serum Creatinine	0.8	0.5 - 1.5	mg/dl

** END OF REPORT **

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Ordered Loc : Hospital clinic
Referred By : Dr.MEDIWHEEL HEALT
Class : OPD
Current Loc :
Accession No : 23003675

IP / OP No : 1127515
Gender : Female Age : 43 Y 0 M 1 D
Vch No : 1369141
Received Dt : 25-Feb-2023 16:13
Reported On : 26-Feb-2023 9:42
Sample No : 23009425

LIPID PROFILE

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
Total Cholesterol	198	150 - 250 mg%
Triglycerides	100	35 - 160 mg%
HDL Cholesterol	45	30 - 70 mg%
VLDL Cholesterol	20.00	7.00 - 35.00 mg%
LDL Cholesterol	133.00	108.00 - 145.00 mg%
LDL/HDL Ratio	2.96	1.10 - 3.90
TC/HDL CHOL Ratio	4.40	3.50 - 5.00

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Ordered Loc : Hospital clinic
Referred By : Dr.MEDIWHEEL HEALT
Class : OPD
Current Loc :
Accession No : 23003675

IP / OP No : 1127515
Gender : Female Age : 43 Y 0 M 1 D
Vch No : 1369141
Received Dt : 25-Feb-2023 16:13
Reported On : 26-Feb-2023 9:43
Sample No : 23009425

BLOOD SUGAR F/PP

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
Blood Sugar Fasting (FBS)	100	70 - 110 mg%
Urine Sugar (Fasting)	Absent	
Urine Ketone (Fasting)	Absent	

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PEH-2018-0537



**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
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Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MRS. HOLKAR MAYA .	IP / OP No : 1127515
Ordered Loc : Hospital clinic	Gender : Female Age : 43 Y 0 M 1 D
Referred By : Dr.MEDIWHEEL HEALT	Vch No : 1369141
Class : OPD	Received Dt : 25-Feb-2023 16:13
Current Loc :	Reported On : 26-Feb-2023 9:44
Accession No : 23003675	Sample No : 23009419

URINE ANALYSIS

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
<u>PHYSICAL EXAMINATION</u>			
Quantity	20 ml		
Colour	Pale yellow		
Appearance	Clear		
Deposit	Absent		
Reaction [PH]	Acidic		
Specific Gravity	1.010		
<u>CHEMICAL EXAMINATION</u>			
Urine Albumin	Absent		
Sugar	Absent		
Ketone Bodies	Absent		
Occult Blood	Absent		
Bile Pigment	Absent		
Bile Salt	Absent		
<u>MICROSCOPIC EXAMINATION</u>			
Red Blood Cells	Absent	00-02	
Pus Cells	2 - 3	00-02 / hpf	
Epithelial Cells	1 - 2	00-02 / hpf	
Casts	Absent		
Crystals	Absent		
Spermatozoa	Absent		
Trichomonas Vaginalis	Absent		
Yeast Cells	Absent		
Amorphous Deposits	Absent		
Bacteria	Absent		

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(Path & Bact)

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PEH-2018-0537



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AND RESEARCH CENTRE
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Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MRS. HOLKAR MAYA .
Ordered Loc : Hospital clinic
Referred By : Dr.MEDIWHEEL HEALT
Class : OPD
Current Loc :
Accession No : 23003675

IP / OP No : 1127515
Gender : Female Age : 43 Y 0 M 1 D
Vch No : 1369141
Received Dt : 25-Feb-2023 16:13
Reported On : 26-Feb-2023 14:22
Sample No : 23009424

BLOOD SUGAR F/PP

TEST DESCRIPTION

OBSERVED VALUE

REFERENCE RANGE\UNITS

Blood Sugar Post Prandial (PPBS)	140	70 - 140 mg/dl
Urine Sugar (PP)	Absent	
Urine Ketone (PP)	Absent	

METHOD GLUCOSE OXIDASE PEROXIDASE (GOD /POD)

Cor

** END OF REPORT **

Checked By

Authorized By Technician

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Printed By : SSSL on 26/02/2023 02:22:54PM

P.Pote
Dr. Pragati Pote
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PEH-2018-0537



**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
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Chembur | Malad | Bhiwandi | Navi Mumbai

NAME : MAYA HOLKAR (43Y/F)
REF. BY : MEDIWHEEL
TEST ASKED : T3-T4-TSH

SAMPLE COLLECTED AT :
(4000711424), SURANA SETHIA HOSPITAL, SION - TROMBAY
ROAD, SUMAN NAGAR, CHEMBUR, MUMBAI, MAHARASHTRA
400071, 400071

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
TOTAL TRIIODOTHYRONINE (T3)	C.L.I.A	116	ng/dl	60-200
TOTAL THYROXINE (T4)	C.L.I.A	7.3	µg/dl	4.5-12
THYROID STIMULATING HORMONE (TSH)	C.L.I.A	2.54	µIU/ml	0.3-5.5

Comments : SUGGESTING THYRONORMALCY

Please correlate with clinical conditions.

Method :

T3 - Competitive Chemi Luminescent Immuno Assay

T4 - Competitive Chemi Luminescent Immuno Assay

TSH - Sandwich Chemi Luminescent Immuno Assay

Pregnancy reference ranges for TSH/USTSH :

Trimester || T3 (ng/dl) || T4 (µg/dl) || TSH/USTSH (µIU/ml)

1st || 83.9-196.6 || 4.4-11.5 || 0.1-2.5

2nd || 86.1-217.4 || 4.9-12.2 || 0.2-3.0

3rd || 79.9-186 || 5.1-13.2 || 0.3-3.5

References :

1. Carol Devilia, C I Parhon. First Trimester Pregnancy ranges for Serum TSH and Thyroid Tumor reclassified as Benign. Acta Endocrinol. 2016; 12(2) : 242 - 243

2. Kulhari K, Negi R, Kalra DK et al. Establishing Trimester specific Reference ranges for thyroid hormones in Indian women with normal pregnancy : New light through old window. Indian Journal of Contemporary medical research. 2019; 6(4)

Disclaimer :

Results should always be interpreted using the reference range provided by the laboratory that performed the test.

Different laboratories do tests using different technologies, methods and using different reagents which may cause difference

in reference ranges and hence it is recommended to interpret result with assay specific reference ranges provided in the reports.

To diagnose and monitor therapy doses, it is recommended to get tested every time at the same Laboratory.

Sample Collected on (SCT) : 25 Feb 2023 17:35

Sample Received on (SRT) : 25 Feb 2023 19:18

Report Released on (RRT) : 25 Feb 2023 22:09

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Labcode : 2502100451/A0392

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Dr Meqha S MD DNB (Path)

Dr Sumanta Dasgupta DNB



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**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

NAME : MAYA HOLKAR (43Y/F)
REF. BY : MEDIWHEEL
TEST ASKED : HbA1c

SAMPLE COLLECTED AT :
(4000711424), SURANA SETHIA HOSPITAL, SION -
TROMBAY ROAD, SUMAN NAGAR, CHEMBUR,
MUMBAI, MAHARASHTRA 400071, 400071

TEST NAME	TECHNOLOGY	VALUE	UNITS
HbA1c - (HPLC)	H.P.L.C	6.5	%

Reference Range :

Reference Range: As per ADA Guidelines
Below 5.7% : Normal
5.7% - 6.4% : Prediabetic
>=6.5% : Diabetic

Guidance For Known Diabetics
Below 6.5% : Good Control
6.5% - 7% : Fair Control
7.0% - 8% : Unsatisfactory Control
>8% : Poor Control

Method : Fully Automated H.P.L.C. using Biorad Variant II Turbo

AVERAGE BLOOD GLUCOSE (ABG)	CALCULATED	140	mg/dl
-----------------------------	------------	-----	-------

Reference Range :

90 - 120 mg/dl : Good Control
121 - 150 mg/dl : Fair Control
151 - 180 mg/dl : Unsatisfactory Control
> 180 mg/dl : Poor Control

Method : Derived from HBA1c values

Please correlate with clinical conditions.

~~ End of report ~~

Sample Collected on (SCT) : 25 Feb 2023 17:35

Sample Received on (SRT) : 25 Feb 2023 19:20

Report Released on (RRT) : 25 Feb 2023 20:58

SURANA CHARITABLE TRUST

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Email: info@suranasethiahospital.in Web. : www.suranasethiahospital.com

Dr. Megha S MD DNB Path

Dr. Sumanta Basak, DPB



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**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

NAME	: MRS. MAYA HOLKAR	SEX	: FEMALE
AGE	: 43 YRS	DATE	: 25/02/2023
REF BY	: C/O. BANK OF BARODA		

EXAMINATION: 2D ECHOCARDIOGRAPHY

Conclusion:

1. Concentric LVH.
2. All chambers normal sized.
3. Good LV function with LVEF = 60 %
4. Sclerotic valves.
5. No regional wall motion abnormality.
6. IAS / IVS intact.
7. No clot / vegetation / effusion.

Doppler Study:

- Type II diastolic dysfunction
- Mild MR.
- Mild TR. Mild PH.
- No signs of high LVEDP.

Impression:

- **Concentric LVH.**
- **Type II diastolic dysfunction**
- **Mild mitral regurgitation.**
- **Mild tricuspid regurgitation.**
- **Mild pulmonary hypertension.**

Dr. Dinesh Rajpal
MD, Physician
Reg. No.82808.

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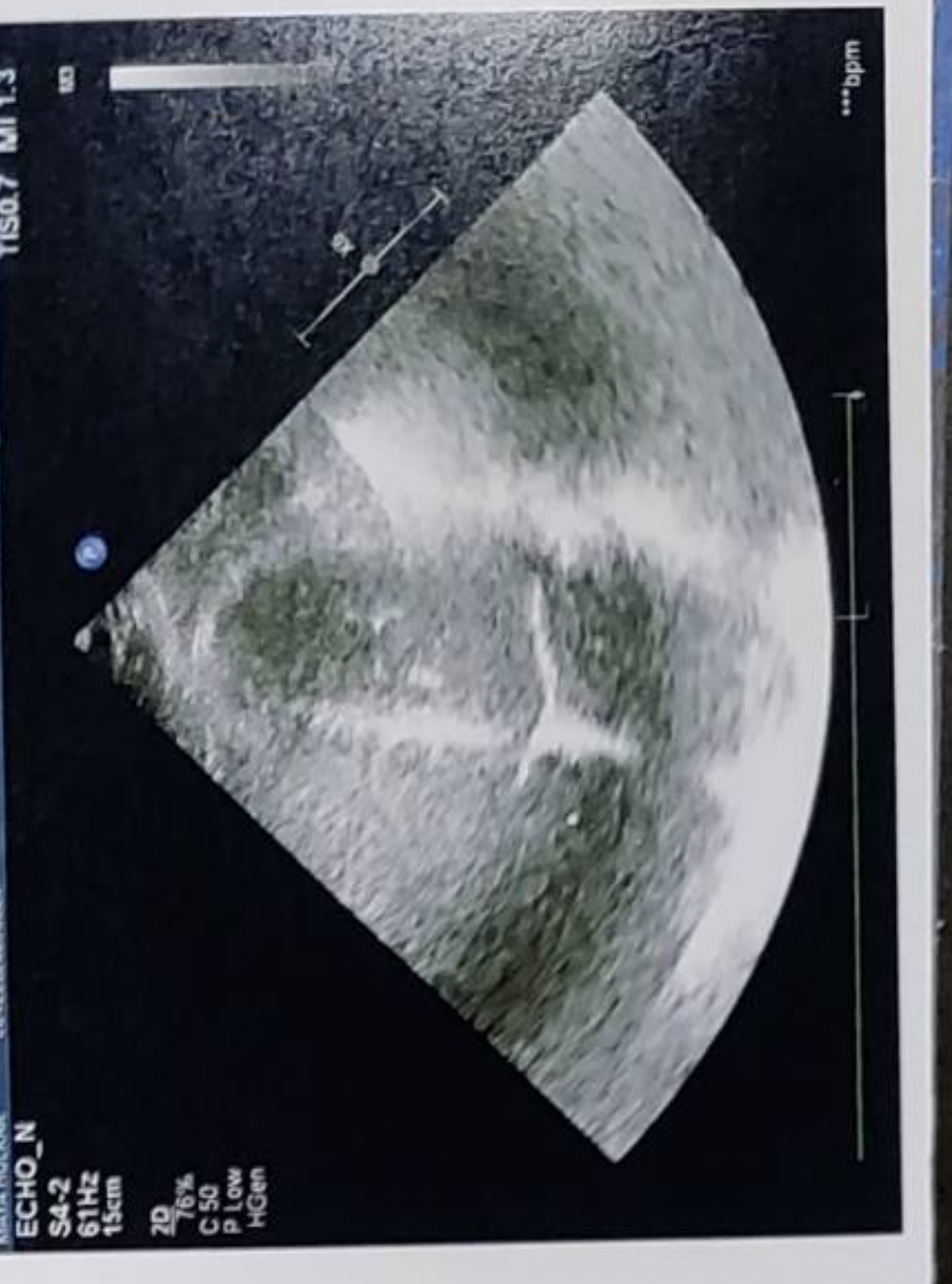
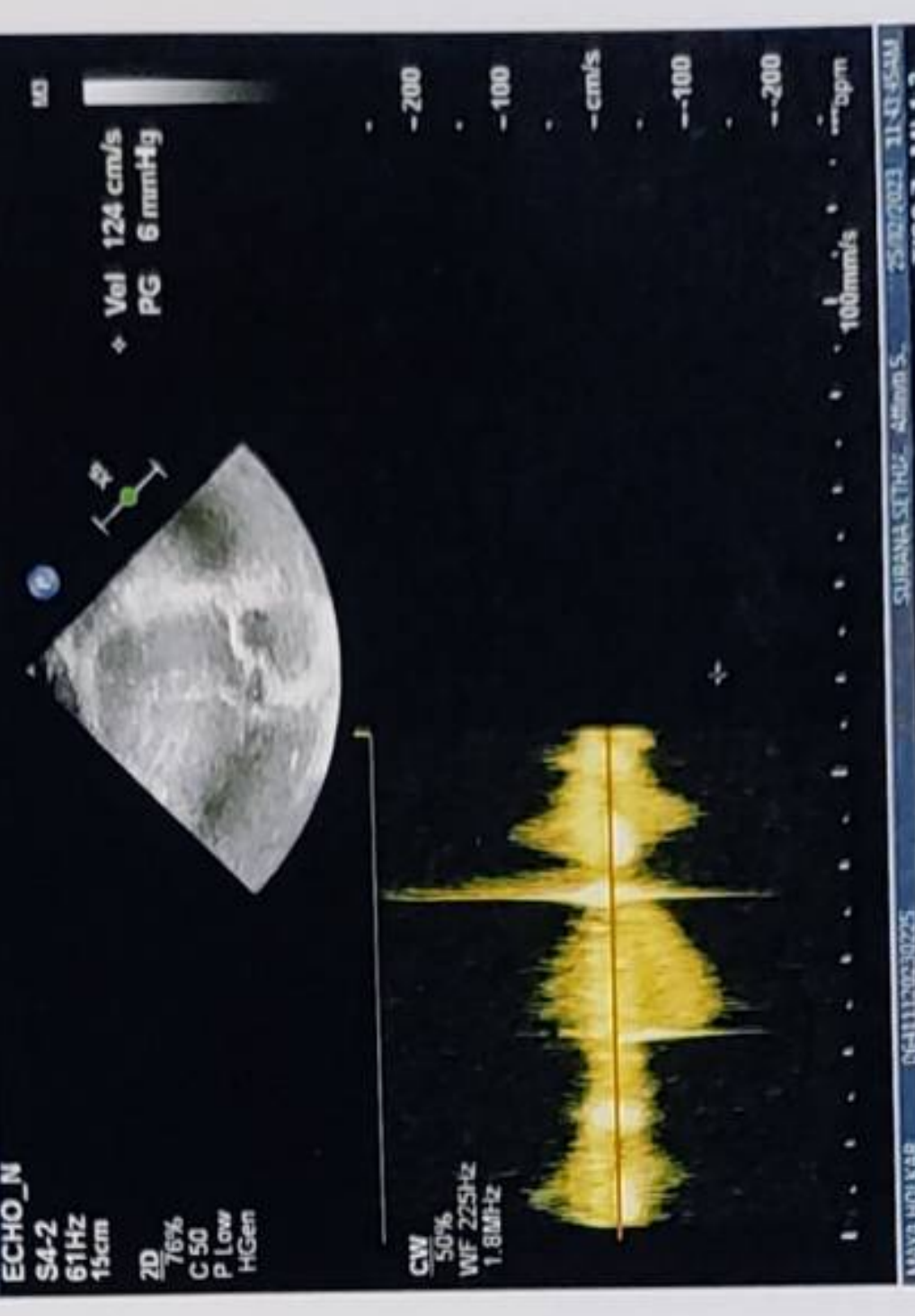
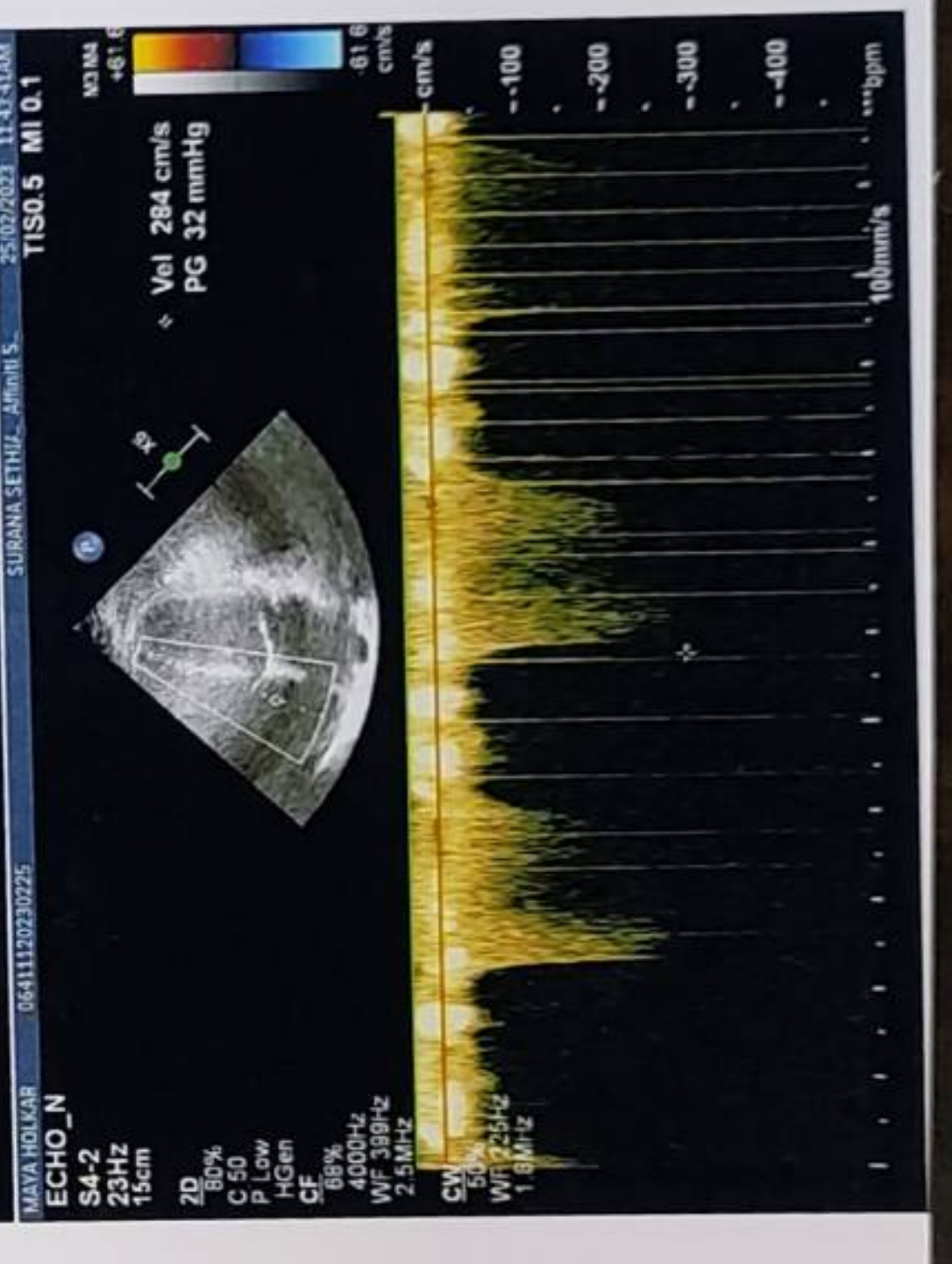
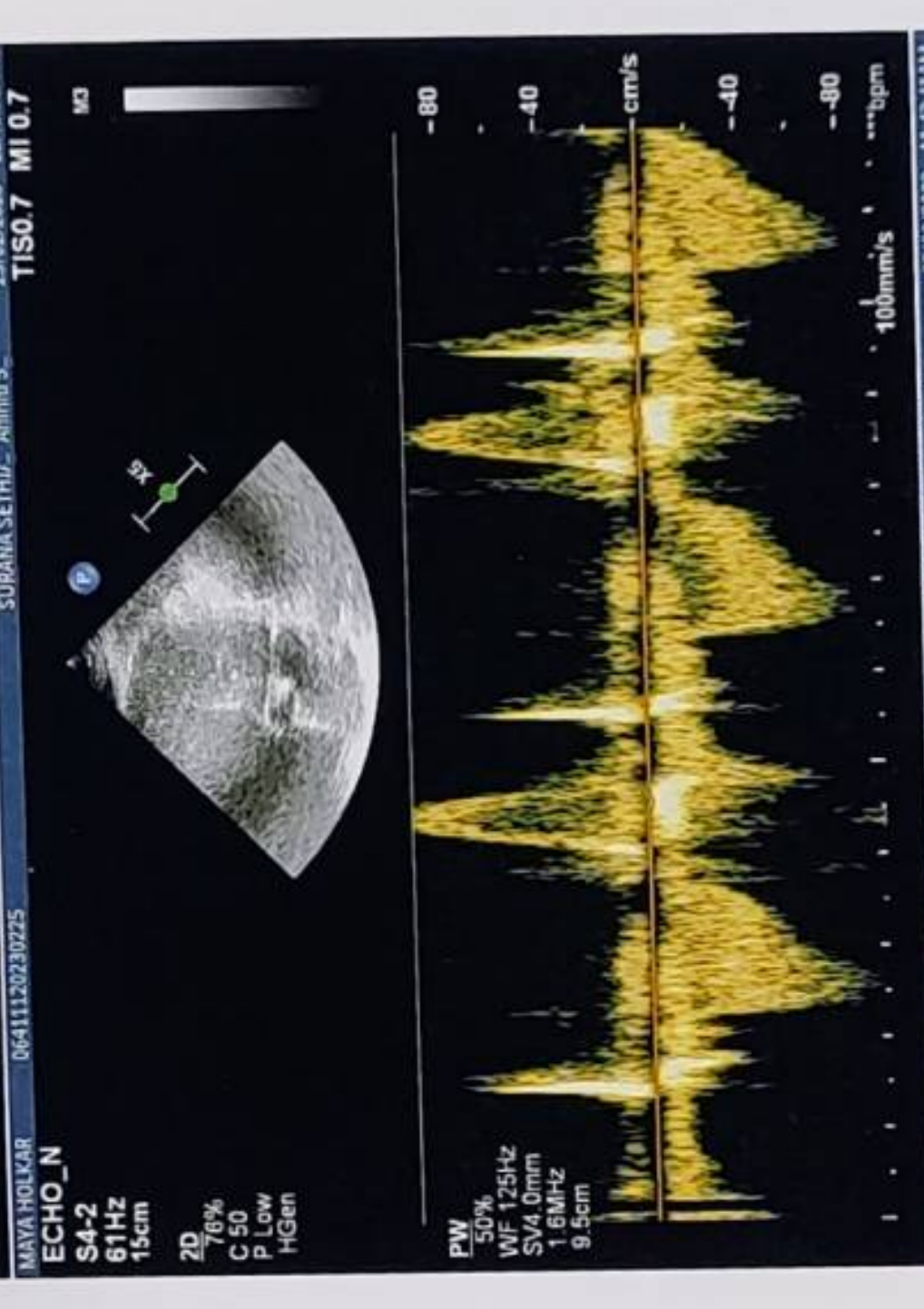
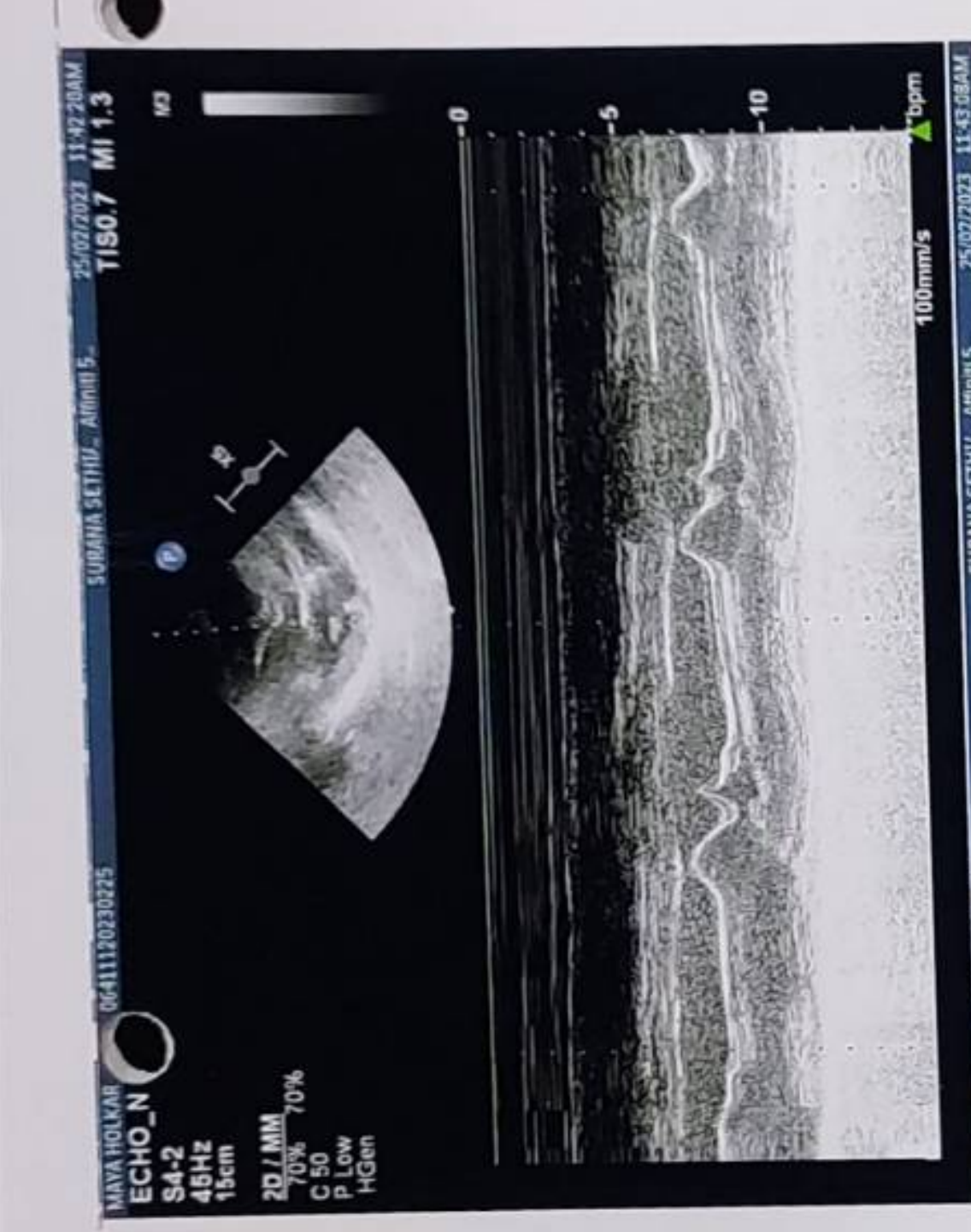
Doppler Study:

- Diastolic dysfunction: Type II
- RVOT = Normal mm of Hg.
- LVOT = Normal mm of Hg.
- AR: NO MR: Mild PR: NO TR: Mild
- Peak / Mean across MV= Normal mm of Hg.
- Peak / mean across AV = 6 mm of Hg.
- MV PHT = Normal
- MVA by PHT = Normal square cm.
- AR PHT = Normal millisecond
- CWD across TV = Normal mm of Hg.
- PASP by TR jet = 42 mm of Hg.

Measurements:

	Measurement	Unit
Aorta		
LA	35	mm
AO	31	mm
ACS	17	mm
Mitral Valve		
Study		
Excursion D-E		mm
EF slop		mm/s
EPSS		mm

	Measurement	Unit
LV study		
IVsd	20	mm
LVIDd	28	mm
LVPWD	18	mm
IVSs	23	mm
LVIDs	17	mm
LVPWa	27	mm
EF %	60	%
% FS		%





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AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

NAME	: MRS. MAYA HOLKAR	SEX	: FEMALE
AGE	: 42 YRS	DATE	: 25/02/2023
REF BY	: C/O. BANK OF BARODA		

ULTRASONOGRAPHY OF ABDOMEN AND PELVIS

LIVER

Liver is normal in size, shape and contour. It shows homogeneous echotexture. No abnormal parenchymal mass lesion is seen. Intra hepatic biliary radicles and portal radicles are normal.

PORTAL VEIN AND C.B.D

Portal vein and C.B.D are normal in course and caliber.

GALL BLADDER

Gall bladder is physiologically distended. Wall thickness is normal. No evidence of calculus or sludge or pericholecystic collection is seen.

SPLEEN

Spleen shows normal size, shape, contour and echogenicity. No abnormal parenchymal mass / lesion. Splenic vein is normal.

PANCREAS

Pancreas is normal in size, shape and position. It shows normal echogenicity. No focal mass lesion or calcification is seen. Pancreatic duct is not dilated.

KIDNEYS

Both kidneys are normal in size, shape, position and contour. Parenchymal echogenicity is normal. Cortico-medullary difference is well maintained. No abnormal mass lesion is seen. No evidence of calculus and hydronephrosis in both kidneys.

Right kidney measures 9.9 x 3.9 cm.

Left kidney measures 10.4 x 4.7 cm.

Contd 2/..

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:2:

AORTA AND RETROPERITONEUM

Visualized aorta and retroperitoneal vessels are normal in course and caliber. No evidence of significant lymphadenopathy or free fluid.

URINARY BLADDER

Urinary bladder is well distended. It shows smooth wall and mucosal thickening is normal. No obvious mass lesion or calculus is seen.

Uterus is not seen.

A 2.1 x 1.8 cm hypoechoic cystic lesion is seen in right adnexa. Bilateral adnexae are clear.

No free fluid is seen in Pouch of Douglas.

IMPRESSION:

- Right para-ovarian / mesenteric duplication cyst.
- Post hysterectomy status.

DR. KETAN KALASKAR
M.D.
Consultant Radiologist
KKRG

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NAME	: MRS. MAYA HOLKAR	SEX	: FEMALE
AGE	: 42 YRS	ID NO.	: 1127522
REF BY	: C/O. MEDIWHEEL	DATE	: 25/02/2023

X-RAY CHEST PA VIEW

Protocol :

Computerised radiography of chest PA reveals:

Observation:

- Lung fields appear clear.
- Cardiac silhouette is within normal limits. Aortic knuckle calcification is seen.
- Bilateral costophrenic angles are clear.
- Visualised bones are unremarkable.

Impression:

- **No significant lung abnormality detected.**

DR. KETAN KALASKAR
M.D.
Consultant Radiologist
KKRG

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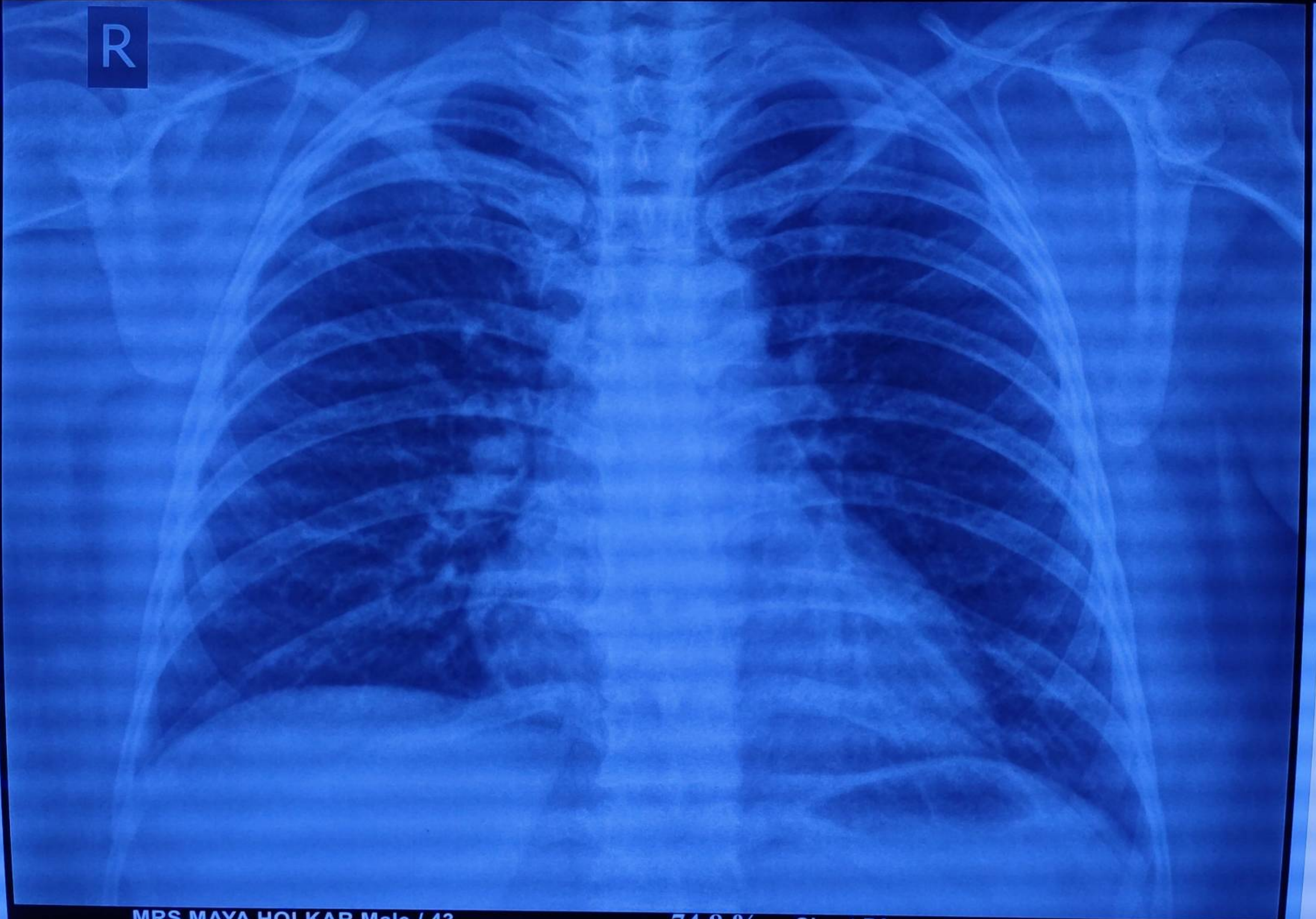
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R



MRS.MAYA HOLKAR Male / 43

Pat. ID. : OPD/1127515

Ref.Dr. C/O MEDIWHEEL

74.8 %

Chest PA

25/02/2023 10:38:45 AM

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