



TMT INVESTIGATION REPORT

Patient Name: Mrs. Poonam Tyagi

Location

: Ghaziabad

Age/Sex

: 57Year(s)/Female

Visit No

: V0000000001-GHZB

MRN No

:MH010633163

Order Date

: 10/12/2022

Ref. Doctor : HCP

Report Date

: 10/12/2022

Protocol

: Bruce

MPHR

: 163BPM

Duration of exercise

: 4min 18sec

85% of MPHR

: 138BPM

Reason for termination : Patient fatigue

Peak HR Achieved : 160BPM

Blood Pressure (mmHg) : Baseline BP : 150/80mmHg

Peak BP

: 166/80mmHg

% Target HR METS

: 98% : 5.8METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	91	150/80	Nil	No ST changes seen	Nil
STAGE 1	3:00	147	160/80	Nil	No ST changes seen	Nil
STAGE 2	1:18	160	166/80	Nil	No ST changes seen	
RECOVERY	6:09	102	150/80	Nil	ST depression noted in	Nil
				1411	inferolateral leads	Nil

COMMENTS:

- No ST changes in base line ECG.
- ST depression noted in inferolateral leads in recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is **positive** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

MD, DM (CARDIOLOGY), FACC MD, DNE (CARDIOLOGY), MNAMS MD Sr. Consultant Cardiology

Dr. Abhishek Singh

Dr. Sudhanshu Mishra

Sr.Consultant Cardiology

Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002 P: 0120-616 5666

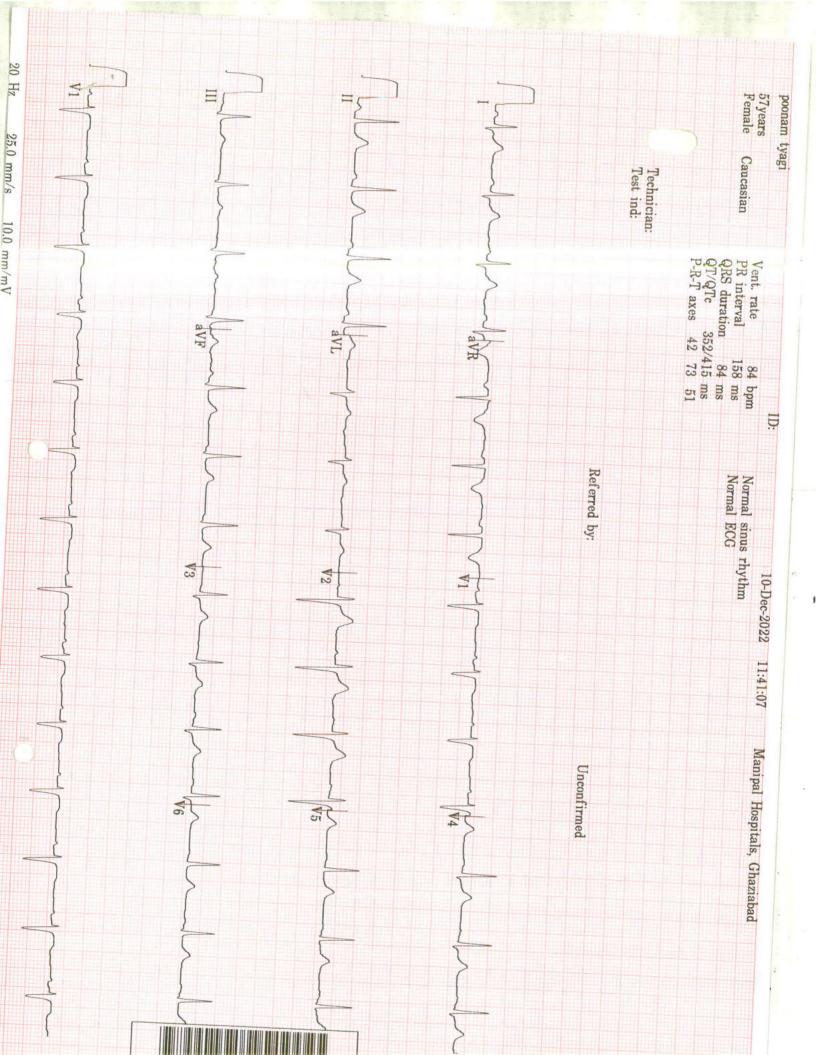
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LABORATORY REPORT

Name

MRS POONAM TYAGI

Age

57 Yr(s) Sex :Female

Registration No

MH010633163

Lab No

32221203351

Patient Episode

H18000000010

Collection Date:

10 Dec 2022 20:30

Referred By

HEALTH CHECK MGD

Reporting Date:

11 Dec 2022 08:04

Receiving Date

10 Dec 2022 20:46

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

HYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA) 1.03 ng/ml [0.70-2.04]
T4 - Thyroxine (ECLIA) 6.11 micg/dl [4.60-12.00]
Thyroid Stimulating Hormone (ECLIA) 1.600 µIU/mL [0.340-4.250]

1st Trimester:0.6 - 3.4 micIU/mL 2nd Trimester:0.37 - 3.6 micIU/mL 3rd Trimester:0.38 - 4.04 micIU/mL

Note: TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

- * References ranges recommended by the American Thyroid Association
- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

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-----END OF REPORT---

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY



LABORATORY REPORT

Name

MRS POONAM TYAGI

Age

57 Yr(s) Sex : Female

Registration No

MH010633163

Lab No

202212000595

Patient Episode

Collection Date:

Referred By

H18000000010

10 Dec 2022 11:49

Receiving Date

HEALTH CHECK MGD

Reporting Date:

10 Dec 2022 12:45

10 Dec 2022 11:49

HAEMATOLOGY

TEN.	100	0	rw

RESULT

BIOLOGICAL REFERENCE INTERVAL

COMPLETE BLOOD COUNT (AUTOMA	TED)	SPECIMEN-EDTA Whole	Blood
RBC COUNT (IMPEDENCE)	4.28	millions/cu mm	[3.80-4.80]
HEMOGLOBIN	11.3 #	g/dl	[12.0-15.0]
Method: cyanide free SLS-colo	rimetry		1
HEMATOCRIT (CALCULATED)	34.9 #	%	[36.0-46.0]
MCV (DERIVED)	81.5 #	fL	[83.0-101.0]
MCH (CALCULATED)	26.4 #	pg	[27.0-32.0]
MCHC (CALCULATED)	32.4	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	14.9 #	%	[11.6-14.0]
			[11.0-14.0]
PLATELET COUNT (IMPEDENCE)	300	x 103 cells/cumm	
MPV(DERIVED)	11.8	A 10 CC115/ Cullin	
WBC COUNT (TC) (IMPEDENCE)	9.15	x 103 cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT		,	[1100 10.00]
(VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	66.0	90	[40.0-80.0]
Lymphocytes	25.0	8	[17.0-45.0]
Monocytes	7.0	90	[2.0-10.0]
Eosinophils	2.0	90	[2.0-7.0]
Basophils	0.0	olo	[0.0-2.0]
ESR	21.0 #	/1sthour	[0.0]

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LABORATORY REPORT

MRS POONAM TYAGI

Age

57 Yr(s) Sex :Female

Registration No

MH010633163

Lab No

Patient Episode

202212000595

H18000000010

Collection Date:

10 Dec 2022 12:26

Referred By

HEALTH CHECK MGD

Reporting Date:

10 Dec 2022 17:06

Receiving Date

10 Dec 2022 12:26 :

CLINICAL PATHOLOGY

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour

PALE YELLOW

(Pale Yellow - Yellow)

Appearance

CLEAR

(4.6 - 8.0)

Reaction[pH] Specific Gravity

7.0 1.010

(1.003 - 1.035)

CHEMICAL EXAMINATION

Protein/Albumin

Negative

(NOT DETECTED)

Glucose

Normal

(NOT DETECTED)

Ketone Bodies

NegativeKetone BodiesNegative(NOT DETECTED) Normal

(NORMAL)

Urobilinogen Bilirubin

Negative

(NOT DETECTED)

Nitrites

Negative

(NEGATIVE)

Leukocytes esterase

Negative

(NEGATIVE)

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells RBC

1-2 /hpf 1-2 /hpf

/hpf

(0-5/hpf)

Epithelial Cells

1-2

(0-2/hpf)

CASTS Crystals

OTHERS

nil

nil

nil

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MRS POONAM TYAGI

Registration No

: MH010633163

Patient Episode

H18000000010

Referred By Receiving Date HEALTH CHECK MGD

: 10 Dec 2022 13:35

Age

57 Yr(s) Sex :Female

Lab No

202212000595

Collection Date:

10 Dec 2022 13:33

Reporting Date:

10 Dec 2022 18:17

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Glycosylated Hemoglobin

Specimen: EDTA

Method: HPLC

HbA1c (Glycosylated Hemoglobin)

6.7 #

[0.0-5.6]

As per American Diabetes Association(ADA

HbAlc in %

Non diabetic adults >= 18years <5.7

Prediabetes (At Risk)5.7-6.4 Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG)

146

mg/dl

Comments : HbAlc provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

Serum LIPID PROFILE

bove optimal-100-129			Near/
VLDL- CHOLESTEROL (Calculated) CHOLESTEROL, LDL, DIRECT	22 135.8 #	mg/dl mg/dl	[0-35] [<120.0]
HDL- CHOLESTEROL Method: Enzymatic Immunoimhibition	39.7	mg/dl	Borderline high:151-199 High: 200 - 499 Very high:>500 [35.0-65.0]
TRIGLYCERIDES (GPO/POD)	109	mg/dl	Moderate risk:200-239 High risk:>240 [<150]
Serum TOTAL CHOLESTEROL	197	mg/dl	[<200]

Above optimal-100-129

Borderline High: 130-159 High Risk:160-189

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MRS POONAM TYAGI

Age

57 Yr(s) Sex :Female

Registration No

MH010633163

Lab No

202212000595

Patient Episode

: H18000000010

Collection Date:

10 Dec 2022 11:49

Referred By

: HEALTH CHECK MGD

Reporting Date:

12 Dec 2022 11:32

Receiving Date

: 10 Dec 2022 11:49

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

T.Chol/HDL.Chol ratio(Calculated)

5.0

<4.0 Optimal

4.0-5.0 Borderline

>6 High Risk

LDL.CHOL/HDL.CHOL Ratio(Calculated)

3.4

<3 Optimal

3-4 Borderline

>6 High Risk

Note:

Reference ranges based on ATP III Classifications.

TEST HAS BEEN PERFOMED AT METROPOLIS LAB

LAB NUM-220108000026444

KIDNEY PROFILE

Specimen: Serum UREA Method: GLDH, Kinatic assay BUN, BLOOD UREA NITROGEN Method: Calculated CREATININE, SERUM Method: Jaffe rate-IDMS Standardization URIC ACID Method:uricase PAP	19.5 9.1 0.58 # 6.3	mg/dl mg/dl mg/dl	[15.0-40.0] [8.0-20.0] [0.70-1.20] [4.0-8.5]
SODIUM, SERUM	139.1	mmol/L	[136.0-144.0]
POTASSIUM, SERUM SERUM CHLORIDE Method: ISE Indirect	4.75 107.8	mmol/L mmol/l	[3.60-5.10] [101.0-111.0]

Name : MRS POONAM TYAGI Age : 57 Yr(s) Sex :Female

Registration No : MH010633163 Lab No : 202212000595

Patient Episode : H18000000010 Collection Date: 10 Dec 2022 11:49

Referred By : HEALTH CHECK MGD **Reporting Date:** 12 Dec 2022 11:32

Receiving Date : 10 Dec 2022 11:49

BIOCHEMISTRY

TEST RESULT UNIT BIOLOGICAL REFERENCE INTERVAL

eGFR (calculated) 102.6 ml/min/1.73sg.m [>60.0] Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

TEST HAS BEEN PERFOMED AT METROPOLIS LAB

LAB NUM-220108000026444

LIVER FUNCTION TEST

BILIRUBIN - TOTAL Method: D P D	0.26 #	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.11	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.15	mg/dl	[0.10-0.30]
TOTAL PROTEINS (SERUM) Method: BIURET	7.05	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.66	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	2.39	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.95		[1.00-2.50]

: MRS POONAM TYAGI

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10 Dec 2022 11:49

Referred By

: HEALTH CHECK MGD

Reporting Date:

12 Dec 2022 11:32

Receiving Date

: 10 Dec 2022 11:49

BIOCHEMISTRY

TEST AST(SGOT) (SERUM) Method: IFCC W/O P5P	RESULT 20.21	UNIT U/L	BIOLOGICAL REFERENCE INTERVAL [0.00-40.00]
ALT(SGPT) (SERUM) Method: IFCC W/O P5P	28.91	U/L	[14.00-54.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	84.1	IU/L	[40.0-98.0]
GGT	31.6		[7.0-50.0]

TEST HAS BEEN PERFOMED AT METROPOLIS LAB

LAB NUM-220108000026444

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----END OF REPORT----

: MRS POONAM TYAGI

Age

: 57 Yr(s) Sex :Female

Registration No

MH010633163

Lab No

202212000596

Patient Episode

H18000000010

Collection Date:

10 Dec 2022 11:13

Referred By

HEALTH CHECK MGD

Reporting Date: 12 Dec 2022 11:33

Receiving Date

10 Dec 2022 11:13

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

GLUCOSE-Fasting

Specimen: Plasma

GLUCOSE, FASTING (F) Method: Hexokinase

120.5 #

mg/dl

[70.0-110.0]

TEST HAS BEEN PERFOMED AT METROPOLIS LAB

LAB NUM-220108000026444

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END OF REPORT

: MRS POONAM TYAGI

Age

: 57 Yr(s) Sex :Female

Registration No

MH010633163

Lab No

202212000597

Patient Episode

: H18000000010

Collection Date: 10 Dec 2022 16:13

Referred By

: HEALTH CHECK MGD

Reporting Date: 12 Dec 2022 11:30

Receiving Date

10 Dec 2022 16:13

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

PLASMA GLUCOSE

Specimen: Plasma

GLUCOSE, POST PRANDIAL (PP), 2 HOURS

158.0 #

mg/dl

[80.0-140.0]

Method: Hexokinase

Note:

Conditions which can lead to lower postprandial glucose levels as compared to

fasting glucose are excessive insulin release, rapid gastric emptying,

brisk glucose absorption , post exercise

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----END OF REPORT----

: MRS POONAM TYAGI

: 57 Yr(s) Sex :Female

Registration No

: MH010633163

Age Lab No

202212000620

Patient Episode

: H18000000010

Collection Date: 10 Dec 2022 13:26

Referred By

Reporting Date: 12 Dec 2022 12:10

Receiving Date

: HEALTH CHECK MGD : 10 Dec 2022 13:26

BLOOD BANK

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing

B Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

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-----END OF REPORT-----



RADIOLOGY REPORT

Name	Poonam TYAGI	Modality	DX
Patient ID	MH010633163	Accession No	R4890078
Gender/Age	F / 57Y 2M 28D	Scan Date	10-12-2022 12:16:45
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	10-12-2022 14:58:22

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal. TRACHEA: Normal. CARINA: Normal.

RIGHT AND LEFT MAIN BRONCHI: Normal.

PLEURA: Normal. HEART: Normal.

RIGHT HEART BORDER: Normal. LEFT HEART BORDER: Normal. PULMONARY BAY: Normal. PULMONARY HILA: Normal.

AORTA: Normal.

THORACIC SPINE: Normal.

OTHER VISUALIZED BONES: Normal. VISUALIZED SOFT TISSUES: Normal.

DIAPHRAGM: Normal.

VISUALIZED ABDOMEN: Normal. VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality seen.

Please correlate clinically

Dr. jaihari Agarwal, MD,

Consultant Radiologist, Reg No 51570

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RADIOLOGY REPORT

Name	Poonam TYAGI	Modality	US
Patient ID	MH010633163	Accession No	R4890079
Gender/Age	F / 57Y 2M 28D	Scan Date	10-12-2022 13:06:54
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	10-12-2022 16:08:10

USG ABDOMEN & PELVIS

FINDING

LIVER: appears enlarged in size (measures 162 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade II fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 109 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 10 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.8 mm.

IVC, HEPATIC VEINS: Normal. BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 108 x 36 mm.

Left Kidney: measures 99 x 45 mm.

PELVI-CALYCEAL SYSTEMS: Mild left sided hydronephrosis is seen due to left upper ureteric calculus measuring 6 mm. Pelvicalyceal system is compact on right side.

NODES: Not enlarged. FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

Uterus is anteverted and measures 46 x 43 x 21 mm. It shows postmenopausal atrophic changes.

Endometrial thickness measures 3 mm.

Cervix appears normal.

Both ovaries are not seen probably atrophied.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

- -Hepatomegaly with diffuse grade II fatty infiltration in liver.
- -Hydronephrosis with left upper ureteric calculus.

Recommend clinical correlation.

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RADIOLOGY REPORT

Name	Poonam TYAGI	Modality	US
Patient ID	MH010633163	Accession No	R4890079
Gender/Age	F / 57Y 2M 28D	Scan Date	10-12-2022 13:06:54
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	10-12-2022 16:08:10

Dr. Prabhat Prakash Gupta,

MBBS, DNB, MNAMS, FRCR(I)

Consultant Radiologist, Reg no DMC/R/14242

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