Fwd: Health Check up Booking Confirmed Request(bobE29216), Package Code-PKG10000241, Beneficiáry Code-56019

Amrendra Nath Dubey <amrendra.nathduby@narayanahealth.org>

Mon 13-02-2023 16:43

To: TILAK RAJ DHYANI < tilak.raj@narayanahealth.org >

Cc: VIKAS TRIPATHI < Vikas. Tripathi@narayanahealth.org >

Fyi

Regards

Amrendra Nath Dubey

## Get Outlook for Android

From: Mediwheel <wellness@mediwheel.in> Sent: Monday, February 13, 2023 3:41:49 PM

To: Amrendra Nath Dubey <amrendra.nathduby@narayanahealth.org> Cc: mediwheelwellness@gmail.com < mediwheelwellness@gmail.com >

Subject: Health Check up Booking Confirmed Request(bobE29216), Package Code-PKG10000241, Beneficiary Code-56019

Attention: This email originated outside of Narayana Health domain. Links and attachments cannot be verified as authentic. Do not share personal/organisational data including passwords or act based on the content of the email, unless you have verified the authenticity of the sender and email address thoroughly.



011-41195959 Email:wellness@mediwheel.in

## Hi Dharamshila Narayana Superspeciality Hospital,

Diagnostic/Hospital Location: Vasundhara Enclave Near Ashok Nagar, Dallupura -110096, City: Delhi

We have received the confirmation for the following booking .

Beneficiary

Name

: PKG10000241

Beneficiary

Name

: MRS. POONIA MRINALI

Member Age

: 35

Member Gender: Female

Member Relation: Employee

: Medi-Wheel Metro Full Body Health Checkup Female Below 40

Package Name Location

: NEW DELHI, Delhi-110092

Contact Details: 7838252300

**Booking Date** 

: 13-02-2023

Appointment

Date

: 14-02-2023



## Instructions to undergo Health Check:

- 1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- 2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- 3. Bring urine sample in a container if possible (containers are available at the Health Check
- 4. Please bring all your medical prescriptions and previous health medical records with you.
- 5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

#### For Women:

- 1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
- 2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

A© 2021-2022, Arcofemi Healthcare Limited.



NH Group India: Ahmedabad | Bangalore | Bellary | Davangere | Delhi | Dharwad | Guwahati Gurugram | Jammu | Jamshedpur | Jaipur | Kolar | Kolkata | Mumbai | Mysore | Raipur | Shimoga Cayman Islands

a www.narayanahealth.org | Patient Helpline

1800-309-0309 & feedback@narayanahealth.org.

#### **DISCLAIMER!!!**

The information contained in this electronic message and any attachments to this message may contain confidential and/or privileged material and is intended for the exclusive use of the addressee(s). Any review, retransmission, dissemination, or other use of this information by persons or entities other than the intended recipient is prohibited. Please notify the sender immediately and destroy all copies of this message and attachments if any.

Kindly refrain from printing this e-mail/documents unless necessary. Let us protect the environment together.



#### DEPARTMENT OF LABORATORY MEDICINE

**Final Report** 

Patient Name: Mrinali Poonia MRN: 15050000144981 Gender/Age: FEMALE, 37y (08/02/1986)

Collected On: 14/02/2023 09:58 AM Received On: 14/02/2023 10:10 AM Reported On: 14/02/2023 04:10 PM

Barcode: D72302140087 Specimen: Whole Blood Consultant: Dr. Alex Mathew(GENERAL MEDICINE)

Sample adequacy: Satisfactory Visit No: OP-001 Patient Mobile No: 7838252300

#### **BIOCHEMISTRY**

Result	Unit	<b>Biological Reference Interval</b>
5.2	%	Normal: 4.0-5.6 Pre Diabetes: 5.7-6.4 Diabetes: => 6.5 ADA Recommendation 2017
102.54		
	5.2	5.2 %

#### Interpretation:

- 1. HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- 2. HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- 3. Any sample with >15% should be suspected of having a haemoglobin variant.

### **Interpretation Notes**

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term
glycemic control as compared to blood and urinary glucose determinations. Target goals of < 7.0 % may be beneficial in patients.</li>
 Please co-relate with Blood Sugar Fasting.

#### **RENAL PACKAGE - 2 (RFT FASTING)**

Fasting Blood Sugar (FBS) (GOD/POD)	97.0	mg/dL	74.0-106.0
Blood Urea Nitrogen (BUN) (Urease, UV)	12.4	mg/dL	7.0-17.0
SERUM CREATININE			
Serum Creatinine (Enzymatic Two Point Rate - Creatinine Amidohydrolase)	0.63	mg/dL	0.5-1.04
eGFR (Calculated)	106.4	mL/min/1.73m <sup>2</sup>	Indicative of renal impairment < 60 Note:eGFR is inaccurate for Hemodyamically unstable patients eGFR is not applicable for less than 18 years of age.

Page 1 of 6

**Dharamshila Narayana Superspeciality Hospital** 

(A Unit of Dharamshila Cancer Foundation and Research Centre)
(Hospital Reg. No.: DHS/NH/144 | PAN No.: AAATD0451G | GST No.: 97AAATD0451G1Z7)

Hospital Address: Vasundhara Enclave, Near New Ashok Nagar Metro Station, Delhi 110 096

Tel +91 11 6904-5555 | www.narayanahealth.org | info.dnsh@narayanahealth.org

1800-309-0309

Emergencies 73700-73700

**Appointments** 



Patient Name: Mrinali Poonia MRN: 15050000144	981 Gender	/Age : <b>FEMALE</b> , <b>37y</b> (0	8/02/1986)
Serum Sodium (ISE Direct)	139.4	mmol/L	137.0-145.0
Serum Potassium (ISE Direct)	4.85	mmol/L	3.5-5.1
Serum Chloride (ISE Direct)	102.7	mmol/L	98.0-107.0
Serum Bicarbonate Level (Phosphoenolpyruvate Carboxylase /Mdh Enzymatic End Piont Assay)	22.5	mmol/L	22.0-30.0
Serum Calcium (Arsezano III Dye Binding Method)	9.65	mg/dL	8.4-10.2
Serum Magnesium (Formazan Dye)	1.81	mg/dL	1.6-2.3
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	4.52	mg/dL	3.5-8.5
Serum Phosphorus (Phosphomolybdate Reduction)	3.87	mg/dL	2.5-4.5

Positive

Dr. Amit Samadhiya MBBS, MD Biochemistry Junior Consultant

	REDOD F	SANK LAB	
Test	Result	Unit	
BLOOD GROUP & RH TYPING			
Blood Group	"AB"		



**RH Typing** 

Dr. Manoj Rawat Consultant & HOD, Blood Bank Center Consultant & HOD, Blood Bank Center

Page 2 of 6

Appointments

1800-309-0309

Emergencies 73700-73700

(Hospital Reg. No.: DHS/NH/144 | PAN No.: AAATD0451G | GST No.: 97AAATD0451G1Z7) Hospital Address: Vasundhara Enclave, Near New Ashok Nagar Metro Station, Delhi 110 096 Tel +91 11 6904-5555 | www.narayanahealth.org | info.dnsh@narayanahealth.org



Patient Name: Mrinali Poonia MRN: 15050000144981 Gender/Age: FEMALE, 37y (08/02/1986)

**CLINICAL PATHOLOGY** 

Test

Unit

**Urine For Sugar (Fasting)** 

Negative

**Urine For Sugar (Post Prandial)** 

Negative

Result

Dr. Prachi

MBBS, MD Pathology Junior Consultant

#### HAFMATOLOGY

	HALIVIA	TOLOGY	
Test	Result	Unit	<b>Biological Reference Interval</b>
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Spectrophotometry)	12.6	g/dL	12.0-15.0
Red Blood Cell Count (Electrical Impedance)	4.80	10^6/mm^3	4.5-6.5
PCV (Packed Cell Volume) / Hematocrit (Calculated)	39.0	%	36.0-46.0
MCV (Mean Corpuscular Volume) (Calculated)	81 L	μm <b>^</b> 3	83.0-101.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	26.3 L	pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	32.3	g/dL	32.0-36.0
Red Cell Distribution Width (RDW) (Calculated)	14.8 H	%	11.5-14.0
Platelet Count (Electrical Impedance)	366	10 <sup>3</sup> /mm <sup>3</sup>	150.0-450.0
Total Leucocyte Count(WBC) (Electrical Impedance)	6.8	10 <sup>3</sup> /mm <sup>3</sup>	4.0-11.0

## **DIFFERENTIAL COUNT (DC)**

Page 3 of 6

Dharamshila Narayana Superspeciality Hospital

(A Unit of Dharamshila Cancer Foundation and Research Centre)
(Hospital Reg., No.: DHS:NH/144 | PAN No.: AAATD0451G | GST No.: 07AAATD0451G1Z7)

Hospital Address: Vasundhara Enclave, Near New Ashok Nagar Metro Station, Delhi 110 096 Tel +91 11 6904-5555 | www.narayanahealth.org | info.dnsh@narayanahealth.org

1800-309-0309

Emergencies

73700-73700

**Appointments** 



Patient Name: Mrinali Poonia MRN: 15050000	0144981 Gender	/Age : FEMALE , 37y (08/	02/1986)
Neutrophils (DHSS)	65.3	%	40.0-80.0
Lymphocytes (DHSS)	29.1	%	20.0-40.0
Monocytes (DHSS)	3.0	%	2.0-10.0
Eosinophils (DHSS)	2.4	%	1.0-6.0
Basophils (DHSS)	0.2	%	0.0-2.0
Absolute Neutrophil Count (Calculated)	4.45	10 <sup>3</sup> /mm <sup>3</sup>	2.0-7.5
Absolute Lympocyte Count (Calculated)	1.98	x10 <sup>3</sup> cells/μl	1.0-3.0
Absolute Monocyte Count (Calculated)	0.21	x10 <sup>3</sup> cells/μl	0.2-1.0
Absolute Eosinophil Count (Calculated)	0.17	x10 <sup>3</sup> cells/μl	0.02-0.5
Absolute Basophil Count (Calculated)	0.02	x10 <sup>3</sup> cells/µl	0.02-0.1

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

Dr. Shailja Bhatnagar

(Modified Westergren Method)

MBBS, DNB

Clinical Associate

## **HAEMATOLOGY**

Test	Result	Unit	<b>Biological Reference Interval</b>
Erythrocyte Sedimentation Rate (ESR)	28 H	mm/hr	0.0-20.0

Page 4 of 6

**Appointments** 

**Dharamshila Narayana Superspeciality Hospital** 

(A Unit of Dharamshila Cancer Foundation and Research Centre)
(Hospital Reg. No.: DHS:NH/144 | PAN No.: AAATD0451G | GST No.: 07AAATD0451G1Z7)

Hospital Address: Vasundhara Enclave, Near New Ashok Nagar Metro Station, Delhi 110 096
Tel +91 11 6904-5555 | www.narayanahealth.org | info.dnsh@narayanahealth.org

1800-309-0309

Emergencies **73700-73700** 



Patient Name: Mrinali Poonia MRN: 15050000144981 Gender/Age: FEMALE, 37y (08/02/1986)

Dr. Prachi

Dr. Prachi MBBS, MD Pathology Junior Consultant

	BIOCHEN	/IISTRY	
Test	Result	Unit	<b>Biological Reference Interval</b>
Fasting Blood Sugar (FBS) (GOD/POD)	97	mg/dL	74.0-106.0
Post Prandial Blood Sugar (PPBS) (Enzyme Method (GOD POD))	111	mg/dL	100.0-140.0
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total (Non LDL Selective Elimination, CHOD/POD)	191.3	mg/dL	<200.0
Triglycerides (LIPASE/GK/GPO/POD)	91.3	mg/dL	<150.0
HDL Cholesterol (HDLC) (Colorimetric (Phosphotungstic Acid Method))	57.7	mg/dL	40.0-60.0
Non-HDL Cholesterol	133.61 H	mg/dL	<130.0
LDL Cholesterol (Turbidometric /Microtip)	115.86 H	mg/dL	<100.0
VLDL Cholesterol (Calculated)	18.3	mg/dL	0.0-40.0
Cholesterol /HDL Ratio (Calculated)	3.4		<4.5
THYROID PROFILE (T3, T4, TSH)			
Tri lodo Thyronine (T3) (ECLIA/ ELFA)	2.09	nmol/L	1.49-2.6
Thyroxine (T4) (ECLIA/ ELFA)	121	nmol/L	71.2-141.0
TSH (Thyroid Stimulating Hormone) (Electrochemiluminescence (ECLIA))	3.13	uIU/ml	0.465-4.68

## LIVER FUNCTION TEST(LFT)

Page 5 of 6

Appointments

Dharamshila Narayana Superspeciality Hospital

(A Unit of Dharamshila Cancer Foundation and Research Centre)
(Hospital Reg. No.: DHS/NH/144 | PAN No.: AAATD0451G | GST No.: 07AAATD0451G1Z7)

Hospital Address: Vasundhara Enclave, Near New Ashok Nagar Metro Station, Delhi 110 096 Tel +91 11 6904-5555 | www.narayanahealth.org | info.dnsh@narayanahealth.org

1800-309-0309

Emergencies

73700-73700



A Unit of Dheramshila Cancer Foundation and Research Centre

In this Total (Asshift white Dembulling)	0.50	mg/dL	0.2-1.3
lirubin Total (Azobilirubin Dyphylline)	0.56	1116/ GE	
onjugated Bilirubin (Direct) (Dual Wavelength effectance)	0.20	mg/dL	0.0-0.4
Inconjugated Bilirubin (Indirect) (Calculated)	0.35	mg/dL	0.1-1.0
otal Protein (Biuret Method)	8.29 H	gm/dL	6.3-8.2
erum Albumin (Bromcresol Green (BCG))	4.54	gm/dL	3.5-5.0
erum Globulin (Calculated)	3.75 H	gm/dL	2.3-3.5
Albumin To Globulin (A/G)Ratio (Calculated)	1.21		0.9-2.0
GOT (AST) (P - Phosphate)	21.0	U/L	14.0-36.0
GPT (ALT) (P - Phosphate)	17.6	U/L	<35.0
ulkaline Phosphatase (ALP) (PNPP With Amp uffer)	88.2	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (GCNA)	30.0	U/L	12.0-43.0

-- End of Report-

Dr. Amit Samadhiya MBBS, MD Biochemistry Junior Consultant

## Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.





Page 6 of 6

**Appointments** 

1800-309-0309

73700-73700

# Dharamshila Narayana Superspeciality Hospital

(A Unit of Dharamshila Cancer Foundation and Research Centre)
(Hospital Reg. No.: DHS/NH/144 | PAN No.: AAATD0451G | GST No.: 07AAATD0451G1Z7)
Hospital Address: Vasundhara Enclave, Near New Ashok Nagar Metro Station, Delhi 110 096
Tel +91 11 6904-5555 | www.narayanahealth.org | info.dnsh@narayanahealth.org



A Unit of Dharamshila Cancer Foundation and Research Centre

Patient Name	Mrinali Poonia	Requested By	Dr. Alex Mathew
MRN	15050000144981	Procedure DateTime	2023-02-14 13:12:56
Age/Sex	37Y/Female	Hospital	NH-Dharamshila

Inv. No.: 3952

#### X-RAY CHEST (PA)

- Lung fields are clear.
- Costophrenic angles are clear.
- · Both domes of diaphragm are normal.
- Mediastinum and both hila are within normal limits.
- Cardiac size is normal.
- Bones under review are unremarkable.

Impression: Normal Study.

Dr. (Col.)Vikas Rastogi

MBBS,MD SR. CONSULTANT RADIOLOGIST

DML 89340

Page 1 of 1





Appointments

1800-309-0309 (Toll Free)



A Unit of Dharamshila Cancer Foundation and Research Centre

<b>Patient Name</b>	Mrinali Poonia	Requested By	Dr. Alex Mathew
MRN	15050000144981	Procedure DateTime	2023-02-14 11:32:50
Age/Sex	37Y/Female	Hospital	NH-Dharamshila

#### **Investigation No. 1204**

#### **ULTRASONOGRAPHY WHOLE ABDOMEN**

Liver: is enlarged in size (16.4 cm) and shows minimal fatty change. Normal sized intrahepatic biliary and vascular channels are seen. No focal lesion. The common bile duct and portal vein are normal.

Gall bladder: Normal in size with normal wall thickness and contents.

The pancreas: The pancreas shows normal contour, echogenicity and size.

The spleen: is normal in size, contour and echopattern.

The right kidney: The right kidney has a normal contour & echopattern in the cortex, medulla and pelvicalyceal system. It measures 11.0 x 3.6cm.

The left kidney: The left kidney has a normal contour & echopattern in the cortex, medulla and pelvicalyceal system. It measures 10.3 x 4.5 cm.

Urinary bladder is normal in wall & contents.

Uterus is mildly retroverted and appears normal in size.

Endometrial stripe is normal, It measures 1.3 cm.

Both the ovaries are normal in size and echopattern.

Left Ovary vol: 4.7 cc, Right Ovary vol: 8.5 cc.

Adnexa are clear.

No ascites seen.

#### Impression:

Mild hepatomegaly with minimal fatty change.

Page 1 of 2





Appointments

1800-309-0309 (Toll Free)



A Unit of Dharamshila Cancer Foundation and Research Centre

Dr. SHAILENDRA KR. BHARDWAJ

**Dharamshila Narayana Superspeciality Hospital** 

(Hospital Reg. No.: DHS/NH/144 | PAN No.: AAATD0451G | GST No.: 07AAATD0451G1Z7)

(A Unit of Dharamshila Cancer Foundation and Research Centre)

MBBS, DNB (Radiodiagnosis) CONSULTANT RADIOLOGIST

Page 2 of 2





Appointments

1800-309-0309 (Toll Free)

# **Transthoracic Echo color Doppler Report**

Patient's Name	Mrinali Poonia	Age/Sex	37Years/Female
Ref By:	Dr. Alex Mathew	Date:	14/02/2023
MRN No.	15050000144981	PVT/MRD/IPD	EHP Mediwheel full body Health Check Up

# Status:- Sub optimal ECHO window

## **Final Interpretation**

- 1. Normal sized cardiac chamber dimensions.
- 2. No Regional wall motion abnormality, LVEF = 55%.
- 3. MIP Normal
- 4. LVEDP Normal
- 5. Normal RV systolic function. TAPSE 1.8cm.
- 6. Trace MR, No AR, No PR, Trace TR (PASP 20mmHg).
- 7. No clot/vegetation/pericardial effusion.
- 8. IVC <10mm with >50% collapsibility with respiration.
- 9. No coarctation of aorta.

## Morphology:-

- Left Ventricle: It is normal sized.
- Left Atrium: It is normal sized.
- Right Atrium: It is normal sized.
- Right Ventricle: It is normal sized. RV systolic function is normal.
- ❖ Aortic Valve: Aortic valve appears tricuspid & cusps are normal.
- Mitral Valve: open normally, Subvalvular apparatus appears normal.
- Tricuspid valve: It appears normal.
- Pulmonic Valve: It appears normal.
- Main Pulmonary artery & its branches: Appear normal.
- Pericardium: There is no pericardial effusion.

## DOPPLER/COLOUR FLOW

VALVE	MAX. VELOCITY cm/sec	PG/MG mmHg	REGURGITATION
MITRAL	E- 109cm/sec, A- 81cm/sec		Trace MR
AORTIC	115		No AR
TRICUSPID	195	(PASP – 20mmHg)	Trace TR
PULMONARY	68		No PR

Contd.....

## M MODE & 2D Measurements

	Observed values	Normal values
Aortic root diameter	32	20-34(mm)
Left atrium size	27	19-40(mm)
Left Ventricular Size diastole	38	ED 37-56(mm)
Left Ventricular Size systole	26	ES 22-40 (mm)
Inter ventricular Septum diastole	10	ED 6-10(mm)
Posterior Wall thickness diastole	09	ED 6-10(mm)
End Diastolic Volume	62	
End Systolic Volume	24	
LV Ejection Fraction (%)	55%	55%-75%

## **2D EXAMINATION DESCRIPTION**

2D and M Mode examination done in multiple views revealed fair movement of both mitral leaflets. Aortic valve has three cusps & cusps are normal. Tricuspid valve leaflets move normally. Pulmonary valve is normal. Ascending Aorta is normal. Interatrial septum and interventricular septum are intact.

Dimension of left atrium and left ventricle are normal. No regional wall motion abnormality seen. Global LVEF is 55%. No intracardiac mass or thrombus seen.

**Dr. Anand Pandey** 

Dr. Sajal Gupta Consultant Cardiologist

Dr. Amrendra Pandey Consultant Cardiology **Dr. Rakesh Bachloo**Consultant Cardiology

Sr. Consultant & Head Cardiologist

Consultant Cardiology

Note:- This is a professional opinion based on imaging finding and not the diagnosis. Not valid for medico-legal purposes.

In case of any discrepancy due to machine error or typing error, please get it rectified immediately.