

### E. C. G. REPORT

RATE 100 L Q. WAVE N

RHYTHM Reg QRS COMPLEX N

VOLTAGE N ST. SEGMENT N

P. WAVE N T. WAVE N

PR. INTERVAL N

REMARKS sinus tachy / no sig. ST-T changes



### ELECTROCARDIOGRAPHIC REPORT



*Sea Bird*  
Sea Bird Medicare Pvt Ltd.  
(ISO: 9001 - 2015)

NAME Mrs. Shravani Sandepudi

AGE 25y / F DATE 08/07/23

- 101-102, Heritage Plaza, Telli Cross Lane, Nr. Andheri (E) Stn., Andheri (East), Mumbai - 400  
Tel.: 2682 1823, 5578 3905
- 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai -  
Tel.: 2570 4157



SEABIRD MEDICARE CENTRE POWAI

SHRAVANI SANDEPUDI (25 F)

ID: 1531

Date: 08-Jul-23

Exec Time : 0 m 0 s

Stage Time : 1 m 0 s

HR: 100 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 164 bpm)

B.P: 110 / 80



Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

WAL



## SEABIRD MEDICARE CENTRE POWAI

**Patient Details**                      **Date:** 08-Jul-23                      **Time:** 16:43:39  
**Name:** SHRAVANI SANDEPUDI ID: 1531  
**Age:** 26 y                      **Sex:** F                      **Height:** 161 cms.                      **Weight:** 82 Kg.  
**Clinical History:** nil  
**Medications:** nil

**Test Details**  
**Protocol:** Bruce                      **Pr.MHR:** 194 bpm                      **THR:** 164 (85 % of Pr.MHR) bpm  
**Total Exec. Time:** 6 m 10 s                      **Max. HR:** 183 ( 94% of Pr.MHR )bpm                      **Max. Mets:** 10.20  
**Max. BP:** 130 / 90 mmHg                      **Max. BP x HR:** 23790 mmHg/min                      **Min. BP x HR:** 7910 mmHg/min  
**Test Termination Criteria:** Target HR attained

**Protocol Details**

| Stage Name       | Stage Time (min : sec) | Mets | Speed (mph) | Grade (%) | Heart Rate (bpm) | Max. BP (mm/Hg) | Max. ST Level (mm) | Max. ST Slope (mV/s) |
|------------------|------------------------|------|-------------|-----------|------------------|-----------------|--------------------|----------------------|
| Supine           | 9 : 4                  | 1.0  | 0           | 0         | 117              | 110 / 80        | -1.27 III          | 1.42 I               |
| Standing         | 0 : 19                 | 1.0  | 0           | 0         | 129              | 110 / 80        | -1.06 III          | 1.42 II              |
| Hyperventilation | 0 : 7                  | 1.0  | 0           | 0         | 133              | 110 / 80        | -0.85 III          | -1.42 aVR            |
| 1                | 3 : 0                  | 4.6  | 1.7         | 10        | 161              | 120 / 80        | -2.34 V3           | 3.54 II              |
| 2                | 3 : 0                  | 7.0  | 2.5         | 12        | 179              | 130 / 90        | -2.12 V1           | 4.95 II              |
| Peak Ex          | 0 : 10                 | 10.2 | 3.4         | 14        | 183              | 130 / 90        | -1.06 aVR          | 4.60 II              |
| Recovery(1)      | 2 : 0                  | 1.8  | 1           | 0         | 133              | 130 / 90        | -2.76 aVR          | 5.66 II              |
| Recovery(2)      | 2 : 0                  | 1.0  | 0           | 0         | 117              | 120 / 80        | -1.70 aVR          | 5.31 II              |
| Recovery(3)      | 2 : 0                  | 1.0  | 0           | 0         | 113              | 110 / 70        | -0.85 III          | 1.77 II              |
| Recovery(4)      | 0 : 2                  | 1.0  | 0           | 0         | 113              | 110 / 70        | -0.42 III          | 1.42 II              |

**Interpretation**  
 The patient exercised according to the Bruce protocol for 6 m 10 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 117 bpm, rose to a max. heart rate of 183 ( 94% of Pr.MHR ) bpm. Resting blood Pressure 110 / 80 mmHg, rose to a maximum blood pressure of 130 / 90 mmHg. No significant ST changes. Negative for induced Ischaemic heart diseases

**Dr. PARAG A. PRADHAN**  
 MBBS

Approved By DG Shipping (GOI)  
 Reg. No. (MMC) 61264  
 103-103-104, Gateway Plaza, Central  
 Avenue Road, Hiranandani Gardens,  
 Powai, Mumbai - 400076  
 Doctor

Ref. Doctor: APOLLO  
 ( Summary Report edited by user )



# SEABIRD MEDICARE CENTRE POWAI

**SHRAVANI SANDEPUDI (26 F)**

ID: 1531

Date: 08-Jul-23

Exec Time : 0 m 0 s

Stage Time : 9 m 4 s

HR: 117 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 164 bpm)

B.P: 110 / 80

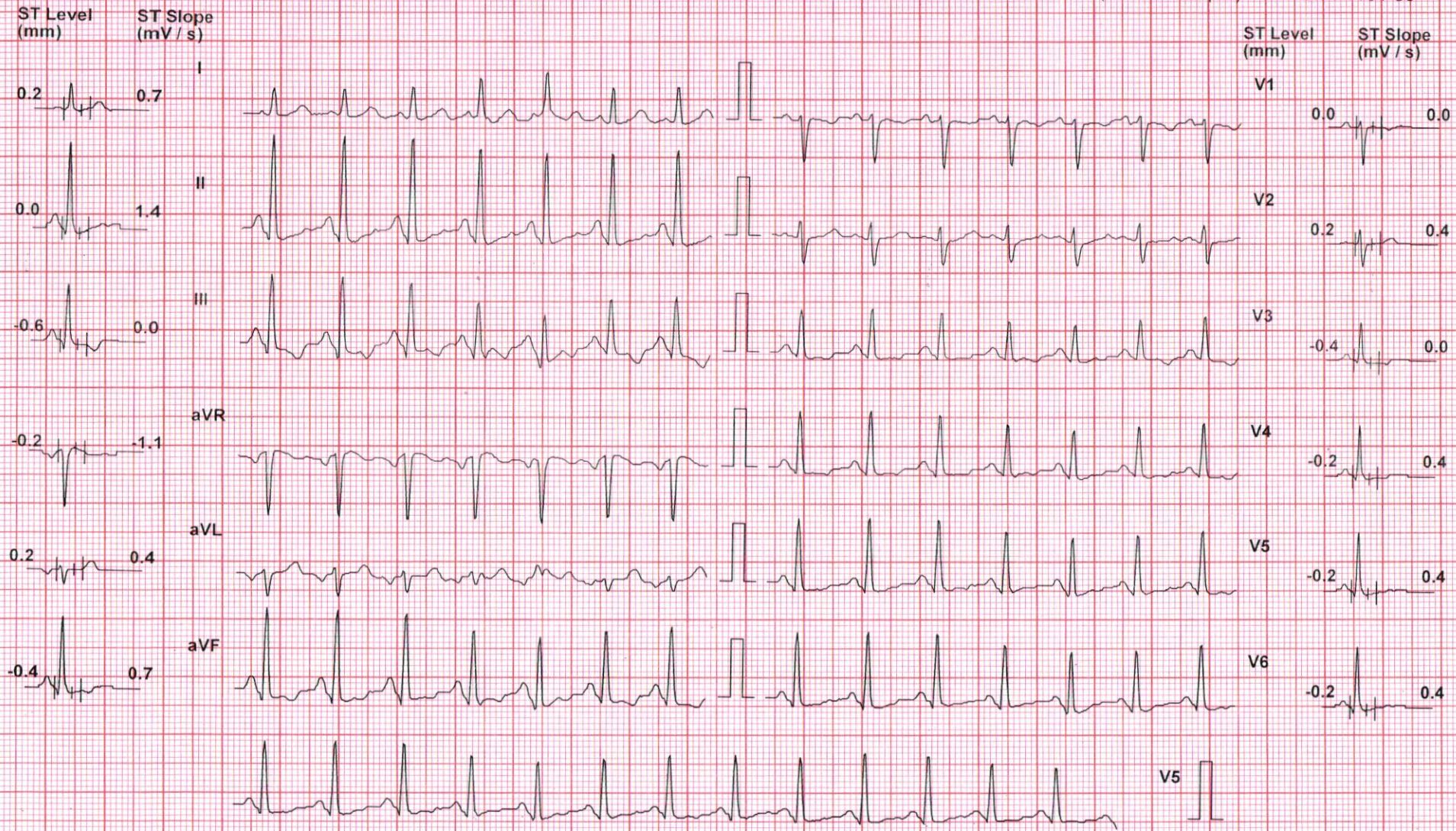


Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms



# SEABIRD MEDICARE CENTRE POWAI

SHRAVANI SANDEPUDI (26 F)

ID: 1531

Date: 08-Jul-23

Exec Time : 0 m 0 s

Stage Time : 0 m 19 s HR: 129 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 164 bpm)

B.P: 110 / 80

ST Level (mm) ST Slope (mV/s)

0.4 1.1

-0.4 0.7

-0.8 0.0

0.0 -0.7

0.2 0.4

-0.6 0.4

ST Level (mm) ST Slope (mV/s)

V1 0.0 0.0

V2 0.2 0.4

V3 -0.4 0.0

V4 -0.4 0.4

V5 -0.2 0.4

V6 -0.4 0.4

I

II

III

aVR

aVL

aVF

V1

V2

V3

V4

V5

V6

V5

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7



# SEABIRD MEDICARE CENTRE POWAI

**SHRAVANI SANDEPUDI (26 F)**

ID: 1531

Date: 08-Jul-23

Exec Time : 0 m 0 s

Stage Time : 0 m 7 s

HR: 133 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 164 bpm)

B.P: 110 / 80



Chart Speed: 25 mm/sec  
Schiller Spandan V4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms



# SEABIRD MEDICARE CENTRE POWAI

**SHRAVANI SANDEPUDI (26 F)**

ID: 1531

Date: 08-Jul-23

Exec Time : 3 m 0 s

Stage Time : 3 m 0 s

**HR: 161 bpm**

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 164 bpm)

B.P: 120 / 80

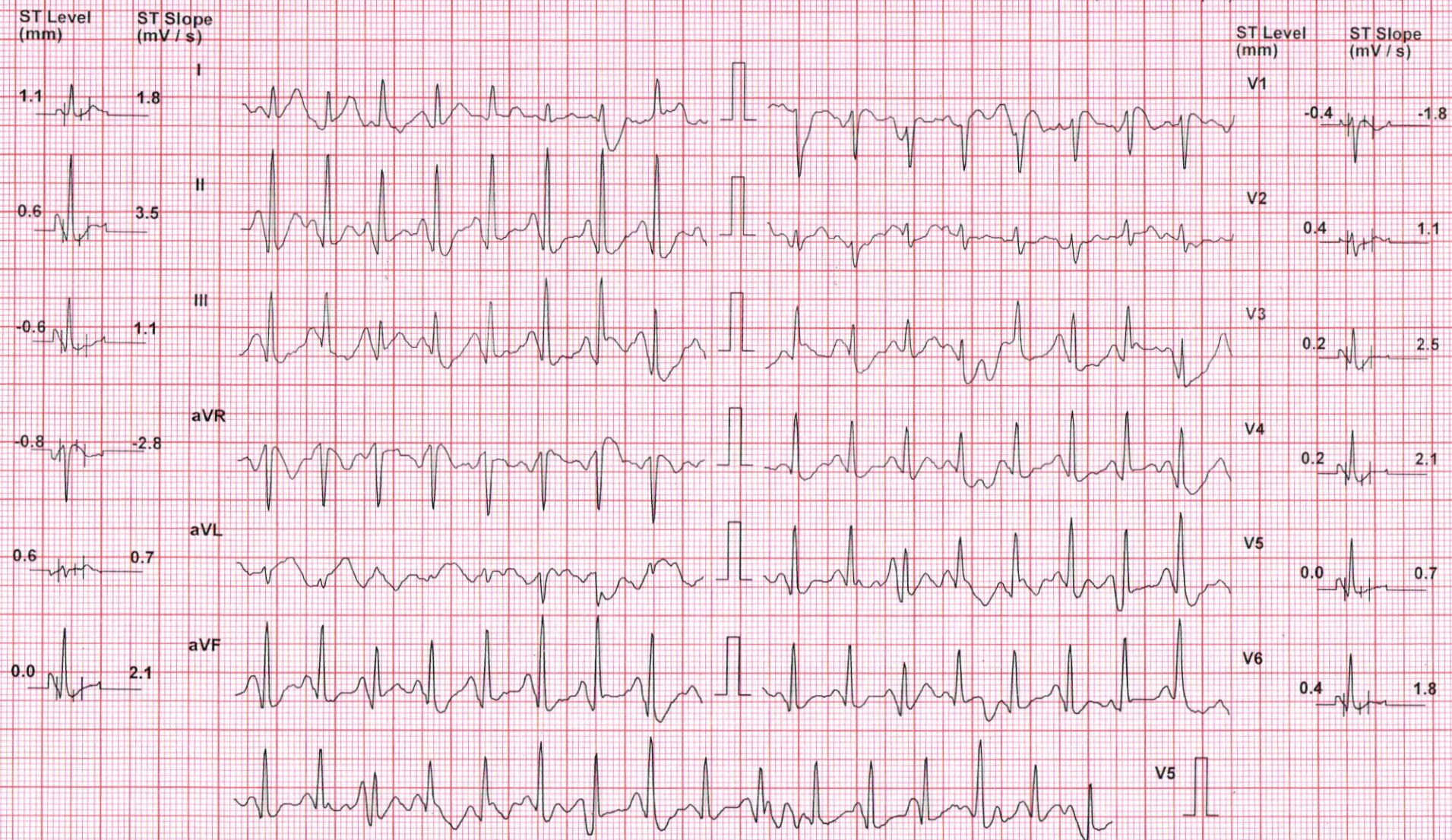


Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms



# SEABIRD MEDICARE CENTRE POWAI

**SHRAVANI SANDEPUDI (26 F)**

ID: 1531

Date: 08-Jul-23

Exec Time : 6 m 0 s

Stage Time : 3 m 0 s

**HR: 179 bpm**

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 164 bpm)

B.P: 130 / 90

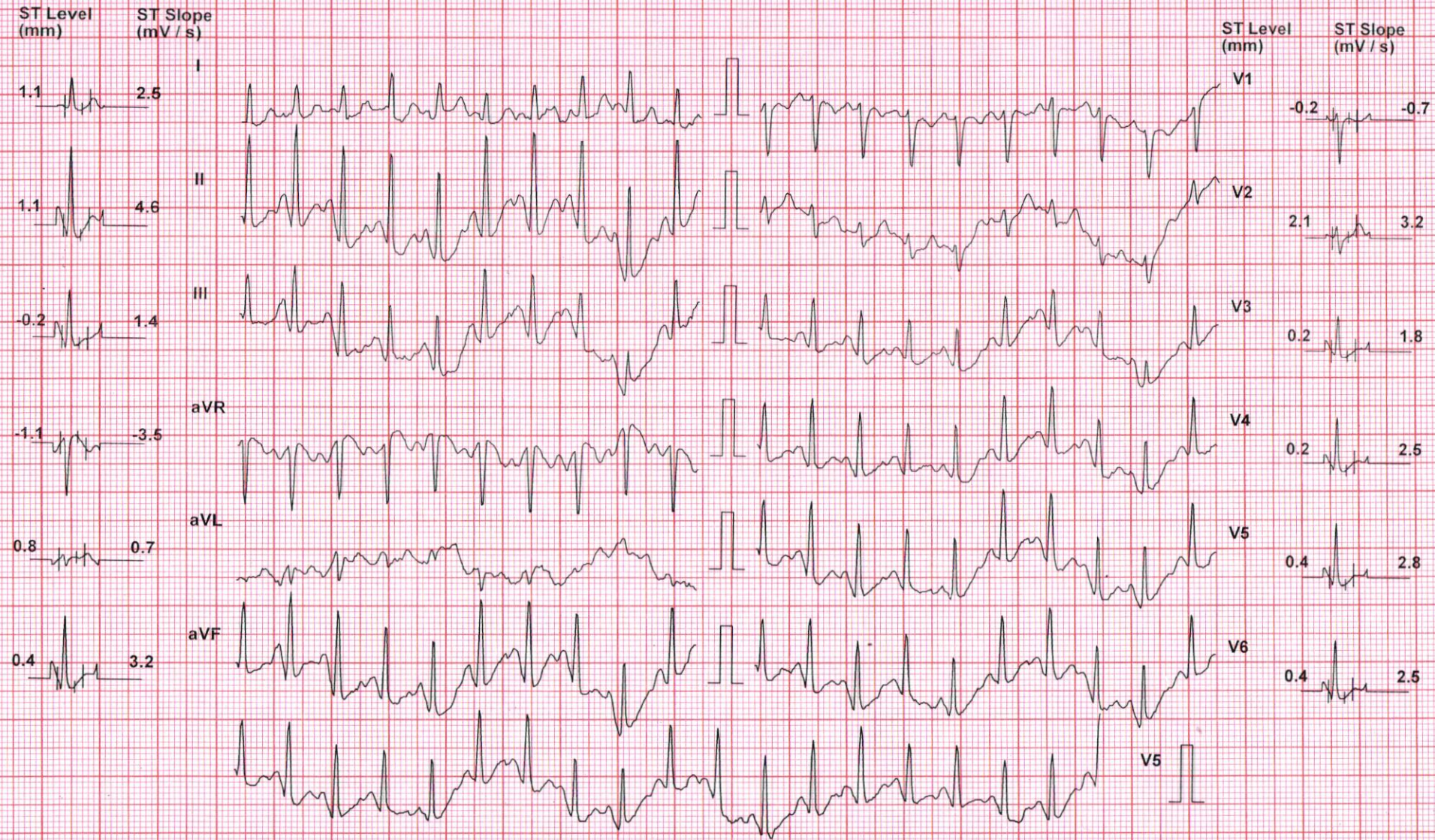


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7



# SEABIRD MEDICARE CENTRE POWAI

**SHRAVANI SANDEPUDI (26 F)**

ID: 1531

Date: 08-Jul-23

Exec Time : 6 m 10 s

Stage Time : 0 m 10 s

HR: 183 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 164 bpm)

B.P: 130 / 90

ST Level  
(mm)

ST Slope  
(mV / s)

ST Level  
(mm)

ST Slope  
(mV / s)

0.6 1.8

I

V1

-0.2 -0.7

0.4 4.6

II

V2

1.7 3.2

-0.6 2.1

III

V3

0.0 1.8

-0.4 3.2

aVR

V4

0.2 3.2

0.6 0.0

aVL

V5

0.4 3.2

0.0 3.5

aVF

V6

0.4 3.2

V5

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7



# SEABIRD MEDICARE CENTRE POWAI

**SHRAVANI SANDEPUDI (26 F)**

ID: 1531

Date: 08-Jul-23

Exec Time : 6 m 10 s

Stage Time : 1 m 6 s

HR: 150 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 164 bpm)

B.P: 130 / 90

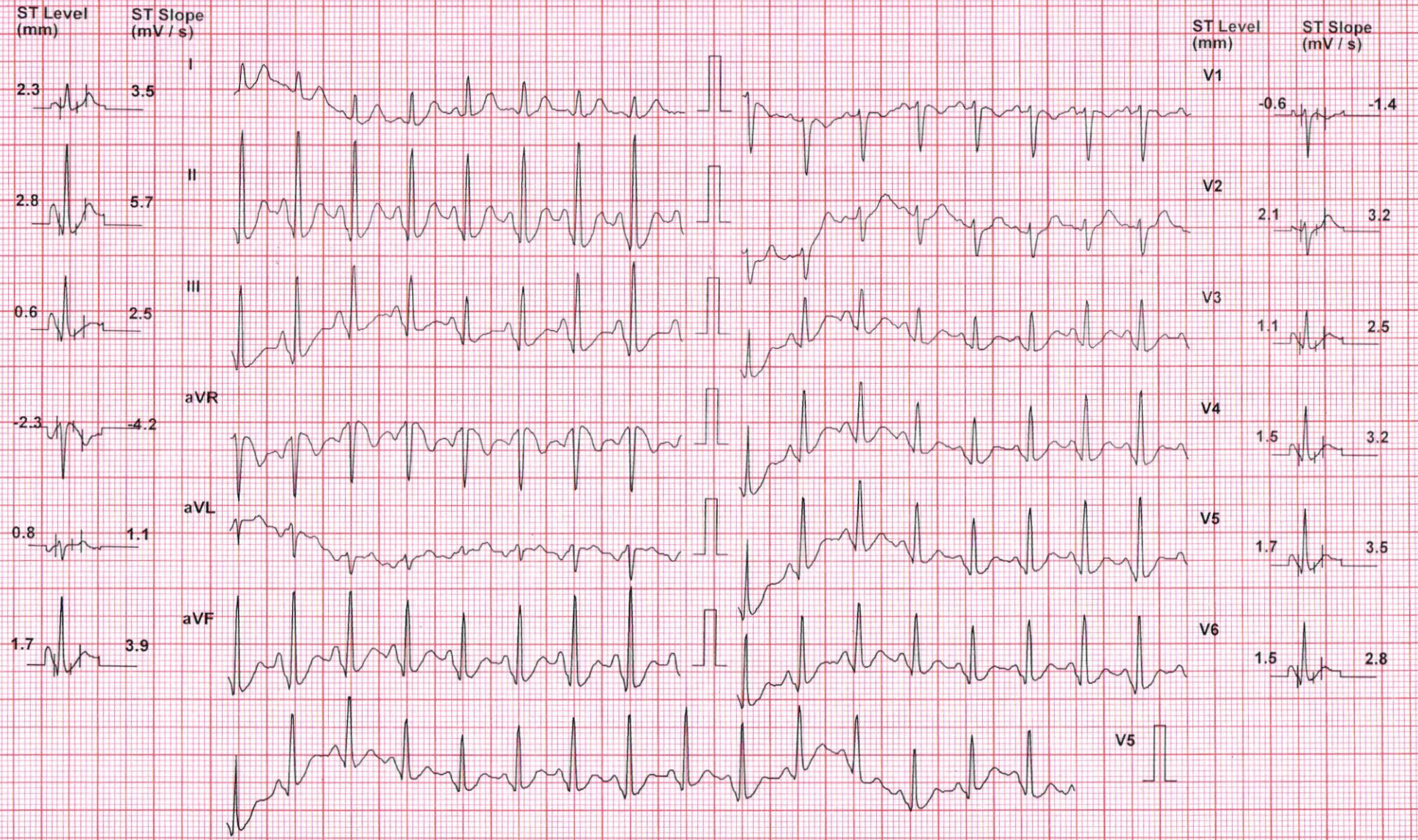


Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms



# SEABIRD MEDICARE CENTRE POWAI

**SHRAVANI SANDEPUDI (26 F)**

ID: 1531

Date: 08-Jul-23

Exec Time : 6 m 10 s

Stage Time : 2 m 0 s

HR: 133 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 164 bpm)

B.P: 130 / 90

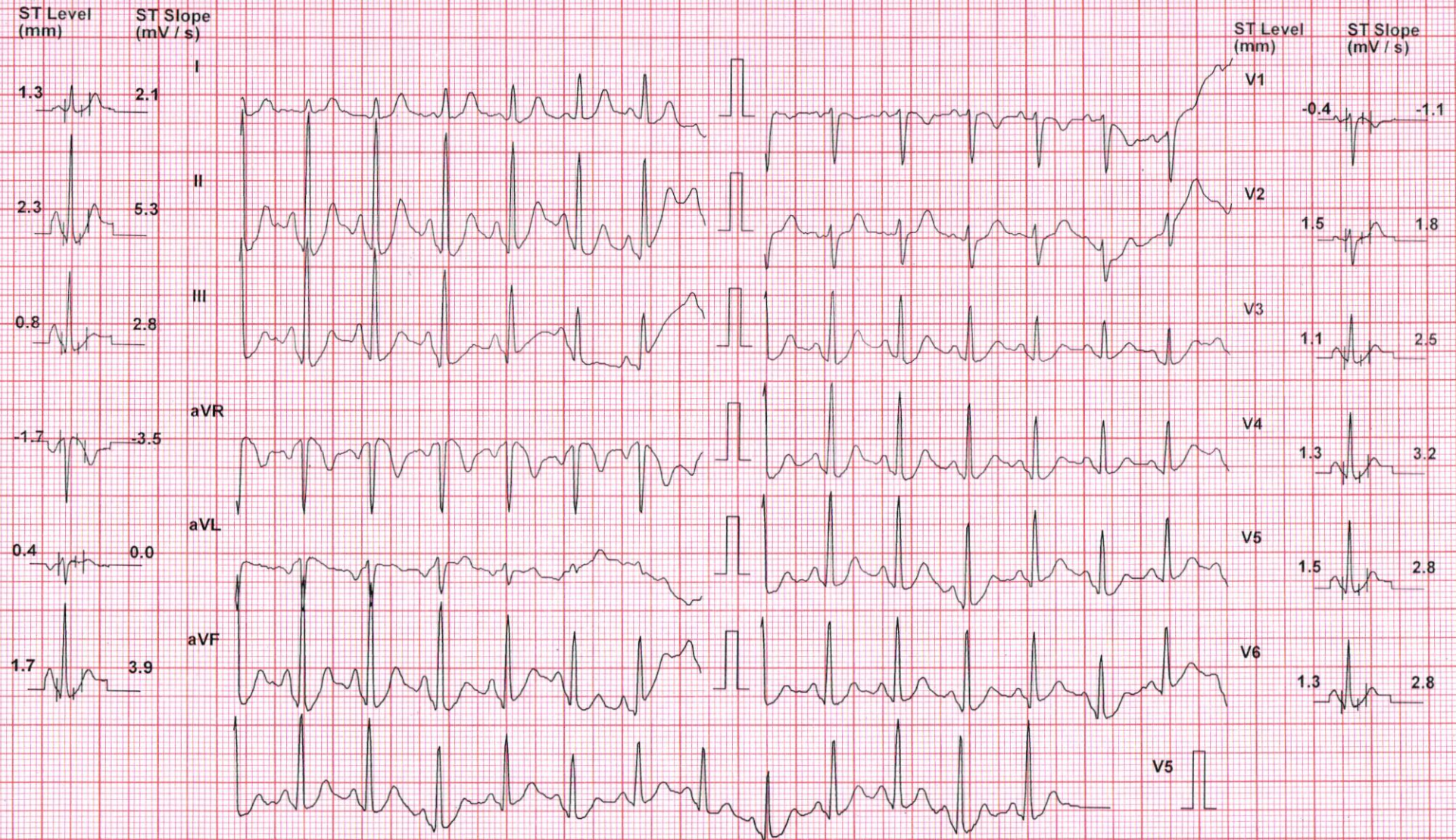


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7



# SEABIRD MEDICARE CENTRE POWAI

**SHRAVANI SANDEPUDI (26 F)**

ID: 1531

Date: 08-Jul-23

Exec Time : 6 m 10 s

Stage Time : 2 m 0 s

HR: 117 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 164 bpm)

B.P: 120 / 80

ST Level (mm)    ST Slope (mV / s)

ST Level (mm)    ST Slope (mV / s)

0.6    1.4

V1  
0.0    -0.7

0.2    1.8

V2  
0.6    0.7

-0.4    0.4

V3  
0.0    0.7

-0.2    -1.1

V4  
0.2    1.1

0.2    0.4

V5  
0.2    1.1

0.0    1.4

V6  
0.0    0.7

V5

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7



# SEABIRD MEDICARE CENTRE POWAI

SHRAVANI SANDEPUDI (26 F)

ID: 1531

Date: 08-Jul-23

Exec Time : 6 m 10 s

Stage Time : 2 m 0 s

HR: 113 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 164 bpm)

B.P: 110 / 70

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

0.4 1.1

V1 0.2 -0.4

0.2 1.4

V2 0.2 0.0

-0.4 0.4

V3 0.0 0.4

-0.2 -1.1

V4 0.0 0.7

0.0 0.0

V5 0.0 0.7

0.0 0.7

V6 0.0 0.7

V5

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7



**Annexure-2**

**Self-Health Declaration**

(Please ✓ Mark Where Applicable)



**1 PERSONAL DETAILS:**

Name: First Name SHRAVANI Middle Name \_\_\_\_\_ Surname SANDEPUTI  
Address: FLAT NO. 506, 5TH FLOOR, 'B' WING, SHREE VIJAY  
VIHAR, POWAI  
City: MUMBAI Pin: 400076  
Birth Place: HYDERABAD Birth Date: 21/03/1997 Religion: HINDU  
(dd/mm/yyyy)  
Post applied for: \_\_\_\_\_ Marital Status: Married / Unmarried Gender: M / F

**2 PREVIOUS EMPLOYMENT:** Yes / No If yes specify

| Name | Nature of work | Duration |
|------|----------------|----------|
| i)   |                |          |
| ii)  |                |          |
| iii) |                |          |

**3 NAME OF FAMILY DOCTOR:**

Address: \_\_\_\_\_  
Contact Details: \_\_\_\_\_

**4 PERSONAL HABITS:** NO

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

**5 MEDICAL HISTORY:**

i) **ANY DISABILITY:** Yes / No If yes specify with disability %

ii) **PERSONAL HISTORY:**

Are you in good health and capable of full work  
Have you ever suffered from job related disease or injury?  
Have you ever been discharged or rejected on medical grounds?

| Yes                                 | No                                  |
|-------------------------------------|-------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> |



Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

NA

iii) Have you ever suffered from any of the following (Answer Yes or No. if yes, give details)

| Y | N                                   |  | Y | N                                   |  |
|---|-------------------------------------|--|---|-------------------------------------|--|
|   | <input checked="" type="checkbox"/> | Hypertension   |   | <input checked="" type="checkbox"/> | Hepatitis-B  |
|   | <input checked="" type="checkbox"/> | Diabetes   |   | <input checked="" type="checkbox"/> | Cancer   |
|   | <input checked="" type="checkbox"/> | Heart disease  |   | <input checked="" type="checkbox"/> | Stroke   |
|   | <input checked="" type="checkbox"/> | Kidney diseases  |   | <input checked="" type="checkbox"/> | Bronchitis   |
|   | <input checked="" type="checkbox"/> | Tuberculosis   |   | <input checked="" type="checkbox"/> | Any allergy  |
|   | <input checked="" type="checkbox"/> | Chronic lung disease<br>(e.g. Pleurisy Pneumonia etc.) |   | <input checked="" type="checkbox"/> | Any chronic ear or hearing problem<br>(e.g. sinusitis, rhinitis otitis etc.) |
|   | <input checked="" type="checkbox"/> | Epilepsy, Fits, Fainting or<br>Dizziness               |   | <input checked="" type="checkbox"/> | Mental disorder of any kind  |
|   | <input checked="" type="checkbox"/> | Any major operation or injury                          |   | <input checked="" type="checkbox"/> | Any other illness  |

Details of the above if "Yes")

(For female candidates only)

Are you pregnant at present?  Y  N

Date of L.M.P. 27/06/23

iv) Immunization:

|                | Yes                                 | No                       |
|----------------|-------------------------------------|--------------------------|
| Tetanus Toxoid | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Hepatitis B    | <input type="checkbox"/>            | <input type="checkbox"/> |
| Others         | <input type="checkbox"/>            | <input type="checkbox"/> |



**6 FAMILY HISTORY:**

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

|                   | Father                              | Mother                   |
|-------------------|-------------------------------------|--------------------------|
| Hypertension      | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Heart Disease     | <input type="checkbox"/>            | <input type="checkbox"/> |
| Cancer            | <input type="checkbox"/>            | <input type="checkbox"/> |
| Diabetes          | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Tuberculosis      | <input type="checkbox"/>            | <input type="checkbox"/> |
| Epilepsy          | <input type="checkbox"/>            | <input type="checkbox"/> |
| Any other Disease | <input type="checkbox"/>            | <input type="checkbox"/> |

|             | IF LIVING |                                | IF DEAD      |                |
|-------------|-----------|--------------------------------|--------------|----------------|
|             | AGE       | HEALTH<br>(Good, Bad,<br>Fair) | AGE AT DEATH | CAUSE OF DEATH |
| Father      | 60        | Fair                           |              |                |
| Mother      | 57        | Good                           |              |                |
| Spouse      | 30        | Good                           |              |                |
| Children-1  |           |                                |              |                |
| Children -2 |           |                                |              |                |

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 08/07/23

(Signature of Candidate)



### Annexure-3

#### **Pre-Employment Medical Assessment**

(All details given below will be filled by examine physician & treated as confidential)  
(Please ✓ Mark Where Applicable)

#### **1 Personal Habits:**

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

#### **2 Medical History:**

i) **Any Disability:** Yes /  No If yes specify with disability %

ii) **Personal History:**

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iii) **Known case of or past history of**

Typhoid

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iv) **Immunization:** Yes No

|                | Yes                                 | No                       |
|----------------|-------------------------------------|--------------------------|
| Tetanus Toxoid | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Hepatitis B    | <input type="checkbox"/>            | <input type="checkbox"/> |
| Others         | <input type="checkbox"/>            | <input type="checkbox"/> |

v) **Family History:**

Has anyone of parents suffered from

|  |  |
|--|--|
| <input checked="" type="checkbox"/> Hypertension | <input checked="" type="checkbox"/> Diabetes |
| <input type="checkbox"/> Heart Disease           | <input type="checkbox"/> Tuberculosis        |
| <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Epilepsy            |
|  | <input type="checkbox"/> Any other Disease   |



**3 Physical Examination:**

- i) Build: Poor / Average / Strong                      Skin: \_\_\_\_\_
- ii) Throat: \_\_\_\_\_ Tonsils: \_\_\_\_\_ Thyroid: \_\_\_\_\_ Lymph nodes: \_\_\_\_\_
- iii) Teeth & Gums: \_\_\_\_\_ Tongue: \_\_\_\_\_
- iv) Height 161 cms              Weight 82 kg              BMI 31.6
- v) Identification marks:

IP → mole on left lower lip


**1 Vision (To be checked by eye specialist):**

**General Eye examination:** \_\_\_\_\_

|                  |             | Rt  | Lt  | Colour Vision (Pls ✓ Mark Applicable) |
|------------------|-------------|-----|-----|---------------------------------------|
| Visual Acuity    | Distance    |     |     | Normal Colour vision                  |
|                  | Near        |     |     | Total colour deficiency               |
| Corrected Vision | Distance    | 6/6 | 6/6 | Partial Colour Deficiency             |
|                  | Near        | NS  | NS  |                                       |
| Power of lens    | Spherical   |     |     | If partial - pl. mention<br>_____     |
|                  | Cylindrical |     |     |                                       |
|                  | Axis        |     |     |                                       |

|                       | Yes | No |
|-----------------------|-----|----|
| Squint                |     | ✓  |
| Nystagmus             |     | ✓  |
| Night Blindness       |     | ✓  |
| Any other eye disease |     | ✓  |

If yes pl. give details \_\_\_\_\_

  
 (GENERAL PHYSICIAN)



Signature & Seal of Ophthalmologist



**5 Hearing:**

External Examination: Rt N Lt N  
Rinne's Test: Neg Weber's Test: Neg  
Conversational Hearing/ Whispering: —  
Audiometry (Comment): —  
dB Right Ear — dB Left Ear —

**6 Cardio-vascular System:**

Pulse-Rate 74 /min Blood Pressure 110 70 mm hg  
Sys Dia  
Heart Sounds — Murmur  Present  Absent Details if present —  
Character: Regular / Irregular —

**7 Respiratory System:**

Shape of Chest: NAD Breath Sounds: —

**8 Abdomen:**

Liver: N Spleen: N Any Abdominal Lump: NAD

**9 Genito Urinary System:**

Hernia: NAD Hydrocele/Varicocele: NAD

**10 Venereal Disease:**

**11 Special Conditions:** Flat feet N Varicose Veins N

**12 Nervous System:**

Pupillary Reaction: N Planter Reflex: N  
Knee Jerk Reflex: N Romberg Sign:  +ve  -ve

**13 Investigations:**

i) Urine: Sp. Gr. 1.015 Reaction 6.0 Albumin Absent Sugar Absent

Microscopic: WNL

Blood: Haemoglobin 13.4 g% HbA1c 5.11 % Bl. Gr. B  +ve  -ve

ii) Chest X-ray: NAD

iii) E.C.G: WNL

iv) USG Whole Abdomen: NAD



v) 2D Echo/TMT: \_\_\_\_\_

vi) PFT: FVC \_\_\_\_\_ FEV1 \_\_\_\_\_ FEV1/FVC % \_\_\_\_\_ PEFR \_\_\_\_\_

vii) Any other Investigations / clinical finding: \_\_\_\_\_

**14 COMMENTS AND RECOMMENDATIONS:**

(Pls  Mark Applicable)

|   |                                |
|---|--------------------------------|
| <input checked="" type="checkbox"/> Fit | <input type="checkbox"/> Unfit |
|---|--------------------------------|

Remarks: \_\_\_\_\_

**Details of Examining Physician:**

Name: \_\_\_\_\_

Registration No: **Dr. PARAG A. PRADHAN**

Address: \_\_\_\_\_ **MBBS**

\_\_\_\_\_ **Approved Ex DG Shipping (GOI)**

Contact No.: \_\_\_\_\_ **Reg. No. (MMC) 61264**

\_\_\_\_\_ **102-103-104, Gateway Plaza, Central**

\_\_\_\_\_ **Avenue Road, Hiranandani Gardens,**

\_\_\_\_\_ **Powai, Mumbai-400076**

\_\_\_\_\_ **SEA BIRD MEDICARE CENTRE**

Signature with Seal of Examining Physician

Date of receipt of original documents: \_\_\_\_\_ PEM No.: \_\_\_\_\_

MDMS No: \_\_\_\_\_

Medically 

|   |                                      |                                |
|---|--------------------------------------|--------------------------------|
| <input checked="" type="checkbox"/> Fit | <input type="checkbox"/> Temp. Unfit | <input type="checkbox"/> Unfit |
|---|--------------------------------------|--------------------------------|

Special Remarks: \_\_\_\_\_





Shravani



ಕರ್ನಾಟಕ ಸರ್ಕಾರ  
Government of India

Issue Date: 03/03/2012



ಸಂಜೆಪುಡಿ ಶ್ರಾವಣಿ  
SANDEPUDI SHRAVANI  
ಜನ್ಮ ತಾರೀಖು/DOB: 21/08/1997  
ಲಿಂಗ/GENDER: FEMALE

6543 1287 8750  
VID : 9179 4595 7064 6910

*Shravani*





PID NO. : BGA0217

Name : SHRAVANI SANDEPUDI

Sex / Age : Female / 25 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

**Sample Collected At :**

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

**Processing Location:** - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

08-Jul-2023 / 12:10 pm

Coll Date

08-Jul-2023 / 9:30 am

Report Date

08-Jul-2023 / 4:57 pm

**REPORT**

**Blood Group**

| <u>Test</u>        | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|--------------------|---------------|--------------|--------------------------------------|
| <b>BLOOD GROUP</b> |               |              |                                      |
| ABO Group          | "B"           |              |                                      |
| RH (D)             | Positive      |              |                                      |

Method : Slide Method  
Sample: Whole Blood (EDTA)

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**



**Molly R**  
Lab Technician





PID NO. : BGA0217

Name : SHRAVANI SANDEPUDI

Sex / Age : Female / 25 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

08-Jul-2023 / 9:24 am

Coll Date

08-Jul-2023 / 9:29 am

Report Date

08-Jul-2023 / 4:55 pm

**REPORT**

**BLOOD SUGAR**

| <b>Test</b>  | <b>Result</b> | <b>Units</b> | <b>BIOLOGICAL REFERENCE INTERVAL</b> |
|--|---------------|--------------|--------------------------------------|
| Blood Glucose (Fasting), plasma<br>(Plasma, Method- Hexokinase)<br>NORMAL : 70 - 100 mg/dl<br>Pre-Diabetic : 100 - 125 mg/dl<br>Diabetic : >125 mg/dl<br>(ON MORE THAN ONE OCCASION )<br>Reference : American diabetes association guidelines 2022 | 94.00         | mg/dl        | 70.00 - 100.00 mg/dl                 |
| Urine Glucose (Fasting)  | Absent        |              | Absent                               |
| Urine Ketones (Fasting)  | Absent        |              | Absent                               |
| Blood Glucose (PP) plasma<br>(Plasma, Method- Hexokinase)<br>Non-Diabetic : 70 - 140 mg/dl<br>Pre-Diabetic : 140 - 199 mg/dl<br>Diabetic : >200 mg/dl<br>(ON MORE THAN ONE OCCASION )<br>Reference : American diabetes association guidelines 2022 | 80.05         | mg/dl        | 70.00 - 140.00                       |
| Urine Glucose (PP)   | Absent        |              | Absent                               |
| Urine Ketones (PP)   | Absent        |              | Absent                               |

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**



MC - 5321



**Molly R**  
Lab Technician

*Proudly... Caring For You*

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022





PID NO. : BGA0217

Name : SHRAVANI SANDEPUDI

Sex / Age : Female / 25 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

08-Jul-2023 / 9:24 am

Coll Date

08-Jul-2023 / 9:29 am

Report Date

08-Jul-2023 / 11:33 am

**REPORT**

**Complete Blood Count**

| <u>Test</u>                      | <u>Result</u> | <u>Units</u>   | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|----------------------------------|---------------|----------------|--------------------------------------|
| Hemoglobin                       | 13.4          | gm/dl          | 12.0 - 15                            |
| <b><u>RED BLOOD CELLS</u></b>    |               |                |                                      |
| R.B.C. Count                     | <b>4.82</b>   | million / cumm | 3.8- 4.8                             |
| PCV                              | 41.6          | %              | 35-48                                |
| MCV                              | 86.4          | fL             | 83 - 101                             |
| MCH                              | 27.8          | pg             | 27 - 32                              |
| MCHC                             | 32.2          | gm / dl        | 31.5 - 34.5                          |
| RDW (CV)                         | 13.1          | %              | 11.6- 14.0                           |
| Total W.B.C. Count               | 9790          | /cu.mm.        | 4000-10000                           |
| <b><u>DIFFERENTIAL COUNT</u></b> |               |                |                                      |
| Neutrophils                      | 68            | %              | 40 - 80                              |
| Lymphocytes                      | 26            | %              | 20 - 40                              |
| Eosinophils                      | 04            | %              | 1 - 6                                |
| Monocytes                        | 02            | %              | 2 - 10                               |
| Basophils                        | 00            | %              | 0 - 1                                |



MC - 5321

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MBBS, DCP

**Consultant Pathologist**



**Molly R**  
Lab Technician

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PID NO. : BGA0217

Name : SHRAVANI SANDEPUDI

Sex / Age : Female / 25 Years

Ref By : APOLLO HEALTH AND LIFESTYLE  
LIMITED

Reference :

**Sample Collected At :**

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

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105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

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08-Jul-2023 / 11:33 am

## REPORT

### Complete Blood Count

| <u>Test</u>    | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|----------------|---------------|--------------|--------------------------------------|
| Platelet Count | 375000        | /cumm        | 150000 - 410000                      |

#### **MORPHOLOGY**

|                    |                         |
|--------------------|-------------------------|
| RBC Morphology     | Normocytic Normochromic |
| WBC Morphology     | Normal                  |
| Platelets on Smear | Adequate on smear       |

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy is manual by Pathologist.)

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**



MC - 5321

**Molly R**  
Lab Technician



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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022





PID NO. : BGA0217

Name : SHRAVANI SANDEPUDI

Sex / Age : Female / 25 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

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Reg. Date

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Coll Date

08-Jul-2023 / 9:30 am

Report Date

08-Jul-2023 / 4:58 pm

## REPORT

### Erythrocyte Sedimentation Rate (ESR)

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|-------------|---------------|--------------|--------------------------------------|
| E.S.R       | 10            | mm at 1hr    | 0 - 20                               |

Method: Wintrobe . Sample: Whole Blood (EDTA)

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**



**Molly R**  
Lab Technician





PID NO. : BGA0217  
Name : SHRAVANI SANDEPUDI  
Sex / Age : Female / 25 Years  
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :  
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Reg. Date  
08-Jul-2023 / 12:10 pm  
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08-Jul-2023 / 9:30 am  
Report Date  
08-Jul-2023 / 4:55 pm

## REPORT

### Glycosylated Haemoglobin (HbA1c)

| Test  | Result | Units | BIOLOGICAL REFERENCE INTERVAL |
|---|--------|-------|-------------------------------|
| HbA1c<br>Non-diabetic : <= 5.7 %<br>Pre-Diabetic : 5.7 - 6.4 %<br>Diabetic : > = 6.5<br>(EDTA Whole Blood, Turbidimetric) | 5.11   | %     | < 5.7                         |
| Mean Blood Glucose (MBG)  | 104.62 | mg/dl |                               |

#### Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used :  $eAG(mg/dl) = 28.7 * A1c - 46.7$ .
- Interference of Haemoglobinopathies in HbA1c estimation.
  - For Hb > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
  - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
  - Heterozygous state detected (D10/ Tosha G8 is corrected for HbS and HbC trait).
- In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control.
  - Excellent Control - 6 to 7 %
  - Fair to Good Control - 7 to 8 %
  - Unsatisfactory Control - 8 to 10 %
  - and Poor Control - More than 10 %

Note : Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

----- End of Report -----

DR. SANDIP M HUDDEDAR  
MBBS, DCP  
**Consultant Pathologist**



MC - 5321

Molly R  
Lab Technician



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Sex / Age : Female / 25 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

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08-Jul-2023 / 4:55 pm

**REPORT**

**LFT**

| <u>Test</u>  | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|--|---------------|--------------|--------------------------------------|
| Sr. Alkaline Phosphatase<br>(Serum, AMP Buffer IFCC) | 102.73        | U/L          | 35 - 104                             |
| Test Done on Fully Automated Cobas C111 Analyser     |               |              |                                      |

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**



MC - 5321

**Molly R**  
Lab Technician



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08-Jul-2023 / 9:24 am  
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08-Jul-2023 / 9:29 am  
Report Date  
08-Jul-2023 / 4:55 pm

## REPORT

### Lipid Profile

| <u>Test</u>                         | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|-------------------------------------|---------------|--------------|--------------------------------------|
| Total Cholesterol                   | 229.22        | mg/dl        | 100 - 240                            |
| Method: CHOD-PAP                    |               |              |                                      |
| Triglycerides                       | 110.41        | mg/dl        | 0 - 150                              |
| Method: GPO-PAP                     |               |              |                                      |
| HDL Cholesterol-Direct              | <b>76.88</b>  | mg/dl        | 45 - 65                              |
| Method: Cholesterol-esterase-Direct |               |              |                                      |
| LDL Cholesterol                     | <b>130.26</b> | mg/dl        | <100                                 |
| Calculated                          |               |              |                                      |
| VLDL-Cholesterol                    | 22.08         | mg/dl        | 10 - 40                              |
| Calculated                          |               |              |                                      |
| CHO/HDLC Ratio                      | 2.98          |              | Upto 5.0                             |
| Calculated                          |               |              |                                      |
| LDLC/HDLC Ratio                     | <b>1.69</b>   |              | 2.5 - 3.5                            |
| Calculated                          |               |              |                                      |

Desirable Cholesterol Level : <200 mg/dl  
Bordeline High Cholesterol : 200-239 mg/dl

Test Done on Fully Automated Cobas C111 Analyser  
Sample: Serum

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**



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**Molly R**  
Lab Technician



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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022





PID NO. : BGA0217  
Name : SHRAVANI SANDEPUDI  
Sex / Age : Female / 25 Years  
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

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08-Jul-2023 / 12:10 pm  
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08-Jul-2023 / 9:30 am  
Report Date  
08-Jul-2023 / 4:55 pm

## REPORT

### Liver Function Tests

| <u>Test</u>   | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|---|---------------|--------------|--------------------------------------|
| S.G.O.T.<br>(Serum, Method-IFCC / UV without P5P)     | 15.4          | U/L          | 0 - 32                               |
| S.G.P.T.<br>(Serum, Method- IFCC / UV without P5P)    | 7.4           | U/L          | 0 - 33.0                             |
| GGT<br>(Serum, Method- IFCC Method)                   | 5.1           | U/L          | 5 - 36                               |
| Bilirubin (Total)<br>(Serum, Method-Diazo- End point) | 0.48          | mg/dl        | 0.0 - 1.20                           |
| Bilirubin (Direct)<br>(Serum, Method-Diazo-End point) | 0.18          | mg/dl        | 0.0 - 0.80                           |
| Bilirubin (Indirect)<br>Calculated                    | 0.30          | mg/dl        | 0.0 - 0.90                           |
| Total Proteins<br>(serum, Method-Biuret)              | 8             | g/dl         | 6.6 - 8.7                            |
| Albumin<br>(Serum, Method-Bromocresol Green)          | 4.6           | g/dl         | 3.5 - 5.2                            |
| Globulin<br>Calculated                                | 3.40          | g/dl         | 1.90 - 3.70                          |
| A/G ratio<br>Calculated                               | 1.35          |              |                                      |

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----

DR. SANDIP M HUDDEDAR  
MBBS, DCP  
**Consultant Pathologist**

**Molly R**  
Lab Technician



MC - 5321



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Name : SHRAVANI SANDEPUDI

Sex / Age : Female / 25 Years

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Coll Date

08-Jul-2023 / 9:30 am

Report Date

08-Jul-2023 / 4:56 pm

**REPORT**

**RENAL PROFILE**

| <u>Test</u>                          | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|--------------------------------------|---------------|--------------|--------------------------------------|
| Blood Urea<br>Method-Urease          | 19.74         | mg/dl        | 16.6 - 48.5 mg/dl                    |
| Blood Urea Nitrogen<br>Method-Urease | 9.22          | mg/dl        | 06 - 20 mg/dl                        |
| Creatinine<br>Method-Kinetic Jaffes  | 0.58          | mg/dL        | 0.5 - 0.90 mg/dl                     |
| Uric Acid<br>Method: Uricase-POD     | 6             | mg/dl        | 2.4 - 5.7                            |

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----

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MBBS, DCP

**Consultant Pathologist**



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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022





PID NO. : BGA0217

Name : SHRAVANI SANDEPUDI

Sex / Age : Female / 25 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

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08-Jul-2023 / 12:10 pm

Coll Date

08-Jul-2023 / 9:30 am

Report Date

08-Jul-2023 / 4:59 pm

## REPORT

### THYROID FUNCTION TEST

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|-------------|---------------|--------------|--------------------------------------|
| TSH         | 2.97          | μIU/ml       | 0.25-5 μIU/ml                        |
| T3          | 1.67          | nmol/l       | 0.92-2.33 nmol/l                     |
| T4          | 114.87        | nmol/l       | 60-120 nmol/l                        |

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

#### INTERPRETATION

**TSH :** A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

**T3:** Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

**T4 :** Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyroglobulin (TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

----- End of Report -----

DR. SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**

**Molly R**  
Lab Technician







PID NO. : BGA0217

Name : SHRAVANI SANDEPUDI

Sex / Age : Female / 25 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

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Reg. Date

08-Jul-2023 / 9:24 am

Coll Date

08-Jul-2023 / 9:29 am

Report Date

08-Jul-2023 / 4:56 pm

## REPORT

### URINE ANALYSIS

| <u>Test</u>                        | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|------------------------------------|---------------|--------------|--------------------------------------|
| <b><u>PHYSICAL EXAMINATION</u></b> |               |              |                                      |
| Colour                             | Pale Yellow   |              | Pale Yellow                          |
| Quantity                           | 30 ml         | ml           | 20 - 50                              |
| Appearance                         | Clear         |              | Clear                                |
| Reaction (pH)                      | 6.0           |              | 5.0 - 9.0                            |
| Specific Gravity                   | 1.015         |              | 1.000 - 1.030                        |
| <b><u>CHEMICAL EXAMINATION</u></b> |               |              |                                      |
| Proteins                           | Absent        |              | Absent                               |
| Sugar                              | Absent        |              | Absent                               |
| Ketone Bodies                      | Absent        |              | Absent                               |
| Bile Salts                         | Absent        |              | Absent                               |
| Bile Pigment                       | Absent        |              | Absent                               |
| Urobilinogen                       | Normal        | mg/dl        | Normal (0.1 - 1.0 mg/dl)             |
| Ocult Blood                        | Absent        |              | Absent                               |

### **MICROSCOPIC EXAMINATION**

DR. SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**

**Molly R**  
Lab Technician



MC - 5321



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## REPORT

### URINE ANALYSIS

| <u>Test</u>      | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|------------------|---------------|--------------|--------------------------------------|
| Pus Cells        | 1 - 2 / hpf   |              | 2 - 3 / hpf                          |
| Red Blood Cells  | Absent        |              | Absent                               |
| Epithelial cells | 2 - 3 / hpf   |              | 2 - 5 / hpf                          |
| Casts            | Absent        |              | Absent                               |
| Crystals         | Absent        |              | Absent                               |
| Other Findings   | Absent        |              |                                      |

**METHOD:**

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**



MC - 5321

**Molly R**  
Lab Technician







*Sea Bird*

**Sea Bird Medicare Centre**

Report ID : **SSM8713453** Reg. : **08-Jul-2023**  
Patient Name : **Mr. SHRAVANI SANDEPUDI** Report Date : **10-Jul-2023**  
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**  
Ref By : **DR.PARAG ARVIND PRADHAN** Age/Sex : **25 Year / Male**

**CHEST X RAY REPORT**

X-Ray No : 2193

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

**Impression :**

**Normal Chest X-Ray.**

Dr. Jacob  
Mathew MD



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# Sea Bird

## Sea Bird Medicare Centre

Report ID : **SSM8713453** Reg. : **08-Jul-2023**  
Patient Name : **Mr. SHRAVANI SANDEPUDI** Report Date : **10-Jul-2023**  
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**  
Ref By : **DR.PARAG ARVIND PRADHAN** Age/Sex : **25 Year / Male**

### SONOGRAPHY (ABDOMEN)

Ref No : 08/07/2023

Investigation : Abdomen Sonography

The real-time Sonography using 3.5 MHZ transducer shows:

Liver normal in size and echotexture.

The GB, Pancreas & Spleen are within normal limits.

Both Kidneys are normal in size, position and echogenicity; CM differentiation normal .  
No hydronephrosis or calculi noted.

Bladder normal in contour, capacity and wall thickness; No vesical calculi noted.

This sonography study does not rule out intestinal lesions or mucosal lesions of other Viscera.

Impression : No Significant abnormality noted on the study.



  
Dr. Jacob  
Mathew MD

Dr. Jagmohan L. Chopra MD  
Dr. Asghar Majeed

## Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

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