

Patient's name	: JITENDRAKUMAR K RATHOD	Age/Sex	: 39 Years/Male
Referred by	: Self	Reg. No	: 4840
Date	: 23/10/2021	Mobile	: 8866734584
Patient's Id	: JR50	Ref ID.	:

**Fitness Certificate**

**GENERAL EXAMINATION**

Height (cms) : 174

Weight (kgs) : 65.9

Blood Pressure : 112/72 mmHg

Pulse : 81/Min

No Clubbing/Cynosis/Pallor/Pedel Oedem

Systemic Examination:

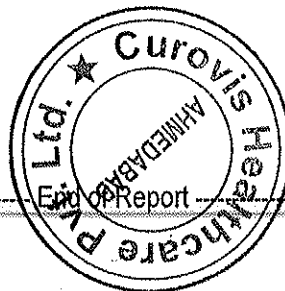
Cardio vascular System - S1,S2 Normal, No Murmur

Respiratory system - AEBE

Central Nervous System - No FND

Abdomen - Soft, Non Tender, No Organomegaly

Comments : He is clinically fit on examination



Dr. Jinen M. Shah  
DNB (Medicine) FCCS (USA)

This is an electronically authenticated report.  
Note:((LL-Very Low, L-Low, HH-Very High)

Approved On : 23/10/2021 4:55:00 PM  
Generated On : 23/10/2021 17:17

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. RATHOD JITENDRAKUMAR KANUBHAI
EC NO.	89150
DESIGNATION	CREDIT
PLACE OF WORK	AHMEDABAD,DUDHESHWAR
BIRTHDATE	15-05-1982
PROPOSED DATE OF HEALTH CHECKUP	11-09-2021
BOOKING REFERENCE NO.	21S89150100003656E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **08-09-2021** till **31-03-2022** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



ભારતીય વિશિષ્ટ ઓળખાણ પ્રાધિકરણ

ભારત સરકાર

Unique Identification Authority of India

Government of India

નોંધણીની ઓળખ / Enrollment No.: 0000/00532/67744

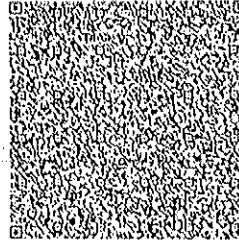
24/03/2014

To,  
જીતેન્દ્રકુમાર કનુભાઈ રાઠોડ  
Jitendrakumar Kanubhai Rathod  
C/O Jitendrakumar Kanubhai Rathod  
A 201 Aaryan City  
Behind Vandematarm Icon  
Vandematarm City Gota Daskroi  
Gota Ahmedabad  
Gujarat 382481  
8866734584

Ref: 899 / 21W / 80842 / 80882 / P



SB794842165FH



તમારો આધાર નંબર / Your Aadhaar No. :

**3579 9938 0758**

મારો આધાર, મારી ઓળખ



ભારત સરકાર

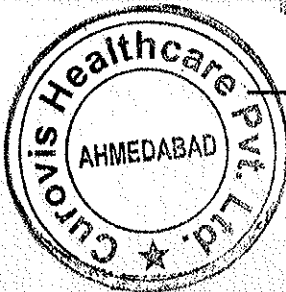
Government of India



જીતેન્દ્રકુમાર કનુભાઈ રાઠોડ  
Jitendrakumar Kanubhai Rathod  
જન્મ તારીખ / DOB : 15/05/1982  
પુરુષ / Male



Dr. Jinen M. Shah  
DNB (Medicine) FCCS (USA)  
Reg. No.: G-20693



3579 9938 0758

મારો આધાર, મારી ઓળખ

*Signature*

Scanned by CamScanner

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**HEMOGRAM REPORT**

Performed on 5-Part Fully Auto Hematology Analyzer SIEMENS ADVIA 2120i)

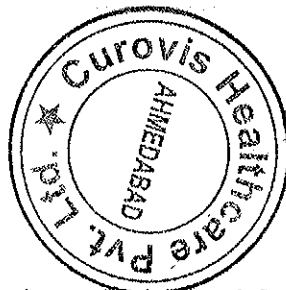
Test	Result	Unit	Biological Reference Interval
Sample Type:	EDTA		
<b>Haemoglobin:</b>	14.1	gm/dL	13.5 - 18.0
<b>Total WBC Count:</b>	6500	/microlitre	4000 - 10500
<b>Platelets Count:</b>	266000	/microlitre	1,50,000 - 4,50,000
<b>Differential Count:</b>			
Neutrophils:	70	%	40-80
Lymphocytes:	26	%	20-40
Eosinophils:	02	%	Upto 6
Monocytes:	02	%	2-10
Basophils:	00	%	<1-2
<b>RBC indices:</b>			
RBC Count:	5.19	*10 <sup>6</sup> /microL	4.5 - 5.5
HCT:	43.6	%	40 - 50
MCV:	84.0	fL	83-101
MCH:	27.2	pg	27-32
MCHC:	32.3	%	31.5-34.5
RDW:	12.7	%	11.6 - 14.0
<b>Erythrocytes Sedimentation Rate(ESR):</b> (By AUTO ESR-10, USA)			
ESR 1st Hr:	01	mm	2 - 15 mm in 1Hr.
<b>Thick Smear Preparation:</b>			
Haemoparasite:	Malarial parasites are not seen.		
<b>Peripheral Smear Examination:</b>			
RBCs:	Normocytic & Normochromic.		
Platelet:	Platelet adequate & normal on smear.		

----- End of Report -----

  
Dr. KEYUR Patel  
M.B.DCP

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Approved On : 23/10/2021 22:12:00  
Generated On : 25/10/2021 16:14



'B' Block, Mondeal Business Park, Near Gurudwara, Bodakdev, S.G. Highway, Ahmedabad-380054, Gujarat.

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**GLYCOSYLATED HAEMOGLOBIN (HbA1C) ESTIMATION**

Test	Result	Unit	Biological Reference Interval
Sample Type: EDTA			
<b>Glycosylated Haemoglobin (HbA1C)</b>	<b>5.60</b>	%	Pre-Diabetic (Adult): 5.7 - 6.4 Diabetic (Adult): >6.5 Therapeutic goal for glycemic control: <7.0
Mean Blood Glucose Level (An average of 2 -3 Months)	114.02		

Method : HPLC on D-10, Bio-Rad,USA

**INTERPRETATION:**

- \* Blood sample can be drawn at any time. Fasting is not required.
- \* Reflects average blood sugar levels for the 2 to 3 months period before the test.
- \* Provides information for evaluating diabetic treatment modalities and tracks control of blood glucose of particular value in diabetic children, diabetics in whom the renal threshold for glucose is abnormal, unstable insulin dependent diabetics where blood sugars vary markedly from day to day.
- \* High value in poorly controlled DM and moves towards normal in patients with optimal control.

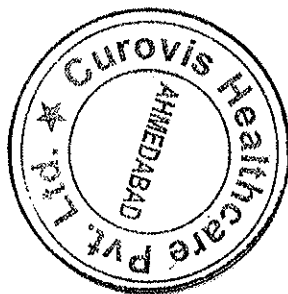
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Test	Result	Unit	Biological Reference Interval
Sample Type:	Serum		
<b>LDH Activity</b> ( Lactate Dehydrogenase ): Pyruvate to lactate Kinetic Method	132.44	U/L	120 - 246

#Tests Performed on Fully Auto **DRY Chemistry Analyzer VITROS-250**  
**THYROID FUNCTION TEST**  
(by CLIA on SIEMENS ADVIA Centaur XP)

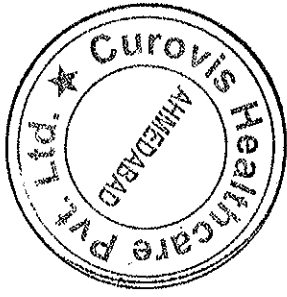
Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
<b>S.T3</b> (Total Triiodothyronine by CLIA)	1.21	ng/mL	1 - 23 Months: 1.17 - 2.39 2 - 12 Years: 1.05 - 2.07 13 - 20 Years: 0.86 - 1.92 Adult: 0.6 - 1.81
<b>S.T4</b> (Total Thyroxine by CLIA)	9.20	mcg/dL	3.2 - 12.6
<b>S.TSH</b> (Thyroid Stimulating Hormone by CLIA)	2.099	microU/mL	0 -12 Yrs: 0.77 - 5.64 12-19 Yrs: 0.75-3.69 19-100 Yrs: 0.35 -5.50

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**LIPID PROFILE**

(Performed on Semi Auto Chemistry Analyzer BeneSphera)

Test	Result	Unit	Biological Reference Interval
Sample Type: Fasting Serum			
<b>S.Cholesterol</b> (Oxidase Peroxidase)	219	mg/dL	< 200 Desirable 200-239 Boderline High > 240 High
<b>S.HDLC (Direct)</b> (Phosphotungsstic Acid)	30.6	mg/dL	< 40 Low > 60 High
<b>S.Triglyceride</b> (GPO-POD)	119.9	mg/dL	< 150 mg/dl Normal 150-199 Boderline High 200-499 High > 500 Very High
<b>S.VLDL</b> (Calculated)	23.98	mg/dL	10-40 Normal
<b>S.LDLC</b> (Calculated)	164.42	mg/dL	< 100 Optimal 100-129 Near to above optimal 130-159 Boderline high 160-189 High >190 Very High
<b>S.Cholesterol / HDLC Ratio</b> (Calculated)	7.16		< 4 Normal 4-6 Boderline 6-8 Risklevel > 8 High Risk
<b>S.LDLC / HDLC Ratio</b> (Calculated)	5.37		< 3 Normal 3-4 Boderline 4-6 Risk Level > 6 High Risk
<b>Cholesterol / HDLC Ratio</b> (Calculated)	7.16		< 3.5 Normal
<b>Triglyceride / HDLC Ratio</b> (Calculated)	3.92		< 2 Normal > 4 Risk Level > 6 High Risk
<b>Non HDLC</b> (Calculated)	188.4		< 130 Normal 130 - 159 Near Normal 160 - 189 Boderline 190 - 219 Risklevel > 220 High Risk

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**LIVER FUNCTION TEST**

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

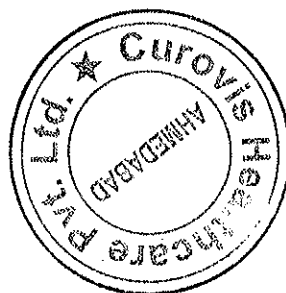
Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
<b>S.Bilirubin</b>			
Total Bilirubin (Azobilirubin)	0.65	mg/dl	0 - 1.2
Conjugated Bilirubin (Dual Wavelength spectrophotometric)	0.11	mg/dl	0 - 0.4
Unconjugated Bilirubin (Dual Wavelength spectrophotometric)	0.54	mg/dl	0.0 - 1.1
<b>S.G.P.T. (ALT)</b> (Kinetic with Pyridoxal 5-Phosphate)	89.2	IU/L	0 - 49
<b>S.G.O.T. (AST)</b> (Kinetic with Pyridoxal 5-Phosphate)	28.7	IU/L	Up to 46
<b>S.ALP</b> (Alkaline Phosphatase) (4-Nitrophenyl phosphate)	180.5	U/L	80 - 306
<b>S.Protein</b>			
Total Protein (Biuret)	6.40	gm/dl	6.3 - 8.2
Albumin (BCG)	4.43	gm/dl	3.5 - 5.2
Globulin (Calculated)	1.97	gm/dl	1.9 - 3.5
Albumin Globulin Ratio	2.25		
<b>S.GammaGT</b> (L-Gamma Glutamyl-4-Nitroanalide)	61.7	IU/L	15-73

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**BLOOD GROUP**

Sample Type: EDTA  
ABO Group : "AB"  
Rh Type : Positive

**RENAL FUNCTION TEST**

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
<b>S.Urea</b> (Urease with indicator dye)	29.0	mg/dl	Male: 19.6-43.6 Female: 15.2-37.0
<b>S.Creatinine</b> (Enzymatic)	0.89	mg/dL	0.55 - 1.30
<b>S.Uric Acid</b> (Uricase)	6.09	mg/dL	Male: 3.5-8.5 Female: 2.5-6.2

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**BLOOD GLUCOSE LEVEL**

Test	Result	Unit	Biological Reference Interval
Sample Type:	Flouride		
Fasting Blood Glucose (Hexokinase) Collection Time:	102.1	mg/dl	70-110
Collection Time:			
Post Prandial Blood Glucose (2 Hrs) (Hexokinase)	96.0	mg/dl	80-140

Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250

**Prostate Specific Antigen**  
(Carried out on miniVIDAS, Biomerieux)

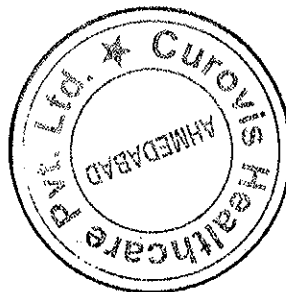
Test	Result	Unit	Reference Interval
S.PSA : (Prostate Specific Antigen)	0.810	ng/ml	M : Healthy Male upto 4.00

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**URINE ROUTINE ANALYSIS**

Sample Type: Fresh Urine

**Physical Examination**  
(Naked Eye Observation)

Physical Examination	Result	Biological Ref. Value
Amount	30 ml	>10 ml
Colour	Pale Yellow	Pale Yellow
Appearance	Clear	Clear

**Chemical Examination**


pH (Dip stick )	6	4.5-8.0
Specific Gravity (Bromothymol Blue)	1.020	1.002-1.030
Albumin (Tetrabromophenol)	Absent	Absent
Glucose (Specific Glucose Oxidase/Peroxidase)	Absent	Absent
Bilirubin (Azo-coupling reaction)	Absent	Absent
Acetone (Sodium Nitroprusside Reaction)	Absent	Absent
Urobilinogen (Modified Ehrlich Reaction)	Absent	Absent
Nitrites (Diazotization Reaction)	Absent	Absent

**Microscopic Examination**

(After centrifugation at 1500 RPM for 10min./hpf)

Pus Cells(WBCs)	Absent	Absent
Red Blood Cells(RBCs)	Absent	Absent
Epithelial cells	Absent	
T.Vaginials	Absent	Absent
Spermatozoa	Absent	Absent
Casts	Absent	Absent
Crystals	Absent	Absent
Amorphous Material	Absent	Absent

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M.B.DCP

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**Electrocardiogram**

**Findings**

Normal Sinus Rhythm.

Within Normal Limit.

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Dr Jinen M Shah  
DHB (Medicine) FCCS (USA)

Jitendra Kumar

Rathod

30

39 years / 66 kg

174 cm

HR 81/min  
 P 26°  
 QRS 90°  
 T 60°

Intervals:  
 RR 743 ms  
 P 82 ms  
 PR 106 ms  
 QRS 90 ms  
 QT 332 ms  
 QTc 386 ms  
 (Bazett)

P (II) 0.09 mV  
 S (V1) -0.29 mV  
 R (V5) 0.94 mV  
 Sokol. 2.49 mV

10 mm/mV



10 mm/mV

25 mm/s

SCHILLER  
 0.05-25 Hz 500 SSF SRS 23.10.2021 10:49:49

CUROVIS HEALTHCARE

DT-10201US 1.24.0

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### 2D Echo Colour Doppler

#### OBSERVATION:

2 D Echo and color flow studies were done in long and short axis, apical and Sub costal views.

1. Normal LV size. No RWMA at rest.
2. Normal RV and RA. No Concentric LVH.
3. All Four valves are structurally normal.
4. Good LV systolic function. LVEF = 60%.
5. Normal LV Compliance.
6. Trivial TR. Mild MR. No AR.
7. No PAH. RVSP = 30 mmHG.
8. Intact IAS and IVS.
9. No Clot, No Vegetation.
10. No pericardial effusion.

#### CONCLUSION

1. Normal LV size with Good LV systolic function.
2. No Concentric LVH . Normal LV Compliance
3. Trivial TR with No PAH. Mild MR. No AR
4. No RWMA at rest.

**This echo doesn't rule out any kind of congenital cardiac anomalies.**

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**X RAY CHEST PA**

Both lung fields appear clear.

No evidence of any active infiltrations or consolidation.

Cardiac size appears within normal limits.

Both costo-phrenic angles appear free of fluid.

Both domes of diaphragm appear normal.

Bony thorax appears normal.

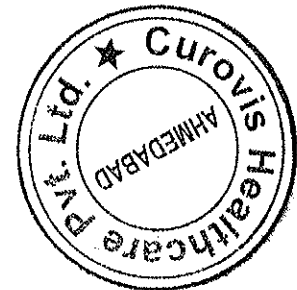
**COMMENT: No significant abnormality is detected.**

----- End of Report -----

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*Jms*  
Dr. Jaïmin Shah  
DMRD  
Consultant Radiologist

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**USG ABDOMEN**

**Liver** appears normal in size, show homogenous parenchymal echo. No evidence of focal solid or cystic lesion seen. No evidence of dilatation of intra-hepatic biliary or portal radicals. PV is normal in caliber.

**Gall bladder** is normally distended. No evidence of calculus or mass seen. Gall bladder wall thickness appears normal.

**Pancreas** Visualized portion appears normal in size and echopattern. No evidence of focal lesions.

**Spleen** appears normal in size & normal in echopattern. No evidence of focal lesions.

**Both kidneys** are normal in size, shape and position. C.M. differentiation on both sides is maintained. No evidence of hydronephrosis, calculus or solid mass on either side.

**Urinary bladder** contour is normal, No evidence of calculus or mass.

Prostate is normal in size and show homogenous echo, outline is smooth.

No evidence of para-aortic lymph adenopathy.

No evidence of dilated small bowel loops.

No evidence of free fluid in peritoneal cavity.

**COMMENTS :**

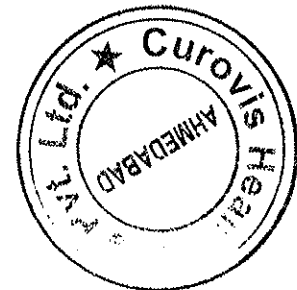
**NO SIGNIFICANT ABNORMALITY DETECTED.**

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Dr. Jaimin Shah  
DMRD  
Consultant Radiologist

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**Eye Check - Up**

**RIGHT EYE**

SP: -0.25  
CY: -0.50  
AX: 22

**LEFT EYE**

SP: -0.25  
CY: -0.75  
AX: 170

	Without Glasses	With Glasses
Right Eye	6/5	N.A
Left Eye	6/5	N.A

Near Vision: Right Eye -N/6, Left Eye - N/6

Fundus Examination: Within Normal Limits.

Colour Vision: Normal

Comments: Normal

Dr.Kejal Patel  
MB,DO(Ophth)

Approved On : 23/10/2021 4:47:00 PM  
Generated On : 23/10/2021 17:17

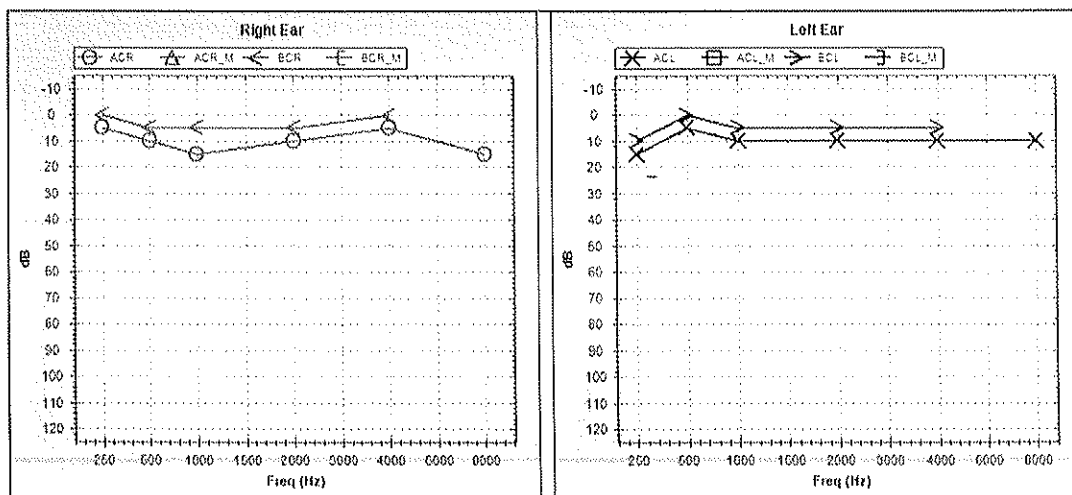


CLIENT NAME: - JITENDRA KUMAR.

AGE:- 39Y / M

DATE:- 23/10/2021

## AUDIOGRAM



EAR	MODE	Air Conduction		Bone Conduction		Colour Code	Threshold In dB	RIGHT	LEFT
		Masked	UnMasked	Masked	UnMasked				
LEFT		□	×	☐	>	Blue		10.5	10.5
RIGHT		△	○	☐	<	Red			
NO RESPONSE : Add ↓ below the respective symbols							SPEECH		

Comments:-

Bilateral Hearing Sensitivity Within Normal Limits.

