

**Annexure-2**

**Self-Health Declaration**  
(Please ✓ Mark Where Applicable)

PASTE YOUR RECENT  
PASSPORT SIZE  
PHOTOGRAPH

**1 PERSONAL DETAILS:**

Name: Vikas Pushpal Pednelkar  
Address: Room no. 2, Ravikiran chawl no. 1, Sarvoday  
Nagar, SPS Marg, Bhandup  
City: Mumbai Pin: 400078  
Birth Place: Mumbai Birth Date: 27/05/1980 Religion: Hindu  
(dd/mm/yyyy)  
Post applied for: \_\_\_\_\_ Marital Status: Married / Unmarried ✓ Gender: M / F ✓

**2 PREVIOUS EMPLOYMENT:** Yes / No ✓ If yes specify

Name	Nature of work	Duration
i)		
ii)		
iii)		

**3 NAME OF FAMILY DOCTOR:**

Address: Dr. Pradip Sawant, Bhandup.

Contact Details:

**4 PERSONAL HABITS:**

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

**5 MEDICAL HISTORY:**

i) **ANY DISABILITY:** Yes / No ✓ If yes specify with disability %

ii) **PERSONAL HISTORY:**

Are you in good health and capable of full work  
Have you ever suffered from job related disease or injury?  
Have you ever been discharged or rejected on medical grounds?

Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

---



---



---

iii) Have you ever suffered from any of the following (Answer Yes or No. If yes, give details)

Y	N		Y	N	
	<input checked="" type="checkbox"/>	Hypertension		<input checked="" type="checkbox"/>	Hepatitis-B
	<input checked="" type="checkbox"/>	Diabetes		<input checked="" type="checkbox"/>	Cancer
	<input checked="" type="checkbox"/>	Heart disease		<input checked="" type="checkbox"/>	Stroke
	<input checked="" type="checkbox"/>	Kidney diseases		<input checked="" type="checkbox"/>	Bronchitis
	<input checked="" type="checkbox"/>	Tuberculosis		<input checked="" type="checkbox"/>	Any allergy
	<input checked="" type="checkbox"/>	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)		<input checked="" type="checkbox"/>	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
	<input checked="" type="checkbox"/>	Epilepsy, Fits, Fainting or Dizziness		<input checked="" type="checkbox"/>	Mental disorder of any kind
	<input checked="" type="checkbox"/>	Any major operation or injury		<input checked="" type="checkbox"/>	Any other illness

Details of the above if "Yes"

---



---

(For female candidates only)

Are you pregnant at present?  Y  N

Date of L.M.P. \_\_\_\_\_

iv) Immunization: Yes No

Tetanus Toxoid	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Hepatitis B	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Others	<input type="checkbox"/>	<input checked="" type="checkbox"/>

**6 FAMILY HISTORY:**

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>
Any other Disease	<input type="checkbox"/>	<input type="checkbox"/>

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father			82	Age
Mother	79	Good		
Spouse	39	Good		
Children-1	11	Good		
Children -2				

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 28-10-2023

  
(Signature of Candidate)

### Annexure-3

#### **Pre-Employment Medical Assessment**

(All details given below will be filled by examine physician & treated as confidential)  
(Please ✓ Mark Where Applicable)

#### **1 Personal Habits:**

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

#### **2 Medical History:**

i) **Any Disability:** Yes /  No If yes specify with disability %

ii) **Personal History:**

---

---

iii) **Known case of or past history of**

---

---

iv) **Immunization:**      Yes      No

Tetanus Toxoid	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Hepatitis B	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Others	<input type="checkbox"/>	<input checked="" type="checkbox"/>

v) **Family History:**

Has anyone of parents suffered from

<input type="checkbox"/> Hypertension	<input checked="" type="checkbox"/> Diabetes
<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Tuberculosis
<input type="checkbox"/> Cancer	<input type="checkbox"/> Epilepsy
	<input type="checkbox"/> Any other Disease

**3 Physical Examination:**

- i) Build: Poor / Average / Strong \_\_\_\_\_ Skin: (N)
- ii) Throat: (N) Tonsils: (N) Thyroid: (N) Lymph nodes: \_\_\_\_\_
- iii) Teeth & Gums: (N) Tongue: (N)
- iv) Height 168 cms Weight 66 kg BMI 23.4
- v) Identification marks:  
Mole on Rt. forehead.

**1 Vision (To be checked by eye specialist):**

General Eye examination: \_\_\_\_\_

		Rt	Lt	Colour Vision (Pls. ✓ Mark Applicable)	
Visual Acuity	Distance	<u>6/18</u>	<u>6/24</u>	Normal Colour vision	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	Near	<u>6/18</u>	<u>N6</u>	Total colour deficiency	
Corrected Vision	Distance	<u>6/6</u>	<u>6/6</u>	Partial Colour Deficiency	
	Near	<u>N6</u>	<u>N6</u>		
Power of lens	Spherical	<u>+1.25</u>	<u>+2.50</u>	if partial - pl. mention _____	
	Cylindrical	<u>-</u>	<u>-</u>		
	Axis	<u>-</u>	<u>-</u>		

	Yes	No
Squint	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Nystagmus	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Night Blindness	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Any other eye disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>

If yes pl. give details \_\_\_\_\_

**Dr LATA M. BAJPAI**  
 MBBS, DOMS, FRVS, FRCS  
 Reg No : 3056 / 88 / 3126

*Lata M. Bajpai*

Signature & Seal of Ophthalmologist

**5 Hearing:**

External Examination: Rt \_\_\_\_\_ Lt \_\_\_\_\_  
 Rinne's Test: \_\_\_\_\_ Weber's Test: \_\_\_\_\_  
 Conversational Hearing/ Whispering: \_\_\_\_\_  
 Audiometry (Comment): \_\_\_\_\_  
 dB Right Ear \_\_\_\_\_ dB Left Ear \_\_\_\_\_

**6 Cardio-vascular System:**

Pulse-Rate 78 /min Blood Pressure 120 80 mm hg  
 Sys Dia  
 Heart Sounds (N) Murmur Present Absent Details if present \_\_\_\_\_  
 Character: Regular / Irregular Regular

**7 Respiratory System:**

Shape of Chest: (N) Breath Sounds: (N)

**8 Abdomen:**

Liver: (N) Spleen: (N) Any Abdominal Lump: (N) Absent

**9 Genito Urinary System:**

Hernia: Absent Hydrocele/Varicocele: Absent

**10 Venereal Disease:** Absent

**11 Special Conditions:** Flat feet Absent Varicose Veins Absent

**12 Nervous System:**

Pupillary Reaction: (N) Planter Reflex: (N)  
 Knee Jerk Reflex: (N) Romberg Sign: +ve -ve

**13 Investigations:**

i) Urine: Sp. Gr. 1.010 Reaction 6.0 Albumin Absent Sugar Absent  
 Microscopic: NAD  
 Blood: Haemoglobin 16.2 g% HbA1c 7.75% Bl. Gr. 0 +ve -ve

ii) Chest X-ray: Normal

iii) E.C.G: WNL

iv) USG Whole Abdomen: Simple Left renal cortical cyst, left renal non obstructive concretion, broad & I fatty changes liver.



v) 2D Echo/TMT:  Negative for induced ischemia at given workload.

vi) PFT: FVC \_\_\_\_\_ FEV1 \_\_\_\_\_ FEV1/FVC % \_\_\_\_\_ PEFR \_\_\_\_\_

vii) Any other investigations / clinical finding: \_\_\_\_\_

**14 COMMENTS AND RECOMMENDATIONS:**

(Pls  Mark Applicable)

Fit  Unfit

Remarks:

HbA1c = 7.75, FBG = 111

**Details of Examining Physician:**

Name: \_\_\_\_\_

Registration No.: \_\_\_\_\_

Address: \_\_\_\_\_

Contact No.: \_\_\_\_\_



**Dr. Mrinalni Singh**  
Consultant Physician  
MBBS, DNB, MCOG (UK), EDIC  
Reg. No. 2019/02/0392

Signature with Seal of Examining Physician

**For office use only:**

Date of receipt of original documents: \_\_\_\_\_ PEM No.: \_\_\_\_\_

MDMS No: \_\_\_\_\_

Medically

Fit  Temp. Unfit  Unfit

Special Remarks: \_\_\_\_\_



भारतीय विजिष्ट ओळख प्राधिकरण

भारत सरकार

Unique Identification Authority of India  
Government of India

गौदणी क्रमांक : Enrolment No.: 1104/20416/03556

To,  
Vikas Pushpal Pednekar  
विकास पुष्पल पेदनेकर  
S/O Pushpal Pednekar  
hanuman mandir 02/1 ravikiran chawl sarvodaya nagar  
s.p.s.singh  
Bhandup West  
Mumbai  
Maharashtra-400078

04/11/2011



UC 02574316 8 IN

RefNo:-412B3E9X-2574316



आपला आधार क्रमांक / Your Aadhaar No. :

**6157 7709 1522**

आधार – सामान्य माणसाचा अधिकार



भारत सरकार  
GOVERNMENT OF INDIA



विकास पुष्पल पेदनेकर  
Vikas Pushpal Pednekar

जन्म वर्ष / Year of Birth : 1980  
पुल / Male

6157 7709 1522



आधार – सामान्य माणसाचा अधिकार

*Vikas Pednekar*





PID NO. : BJA1004

Name : VIKAS PUSHPAL PEDNEKAR

Sex / Age : Male / 43 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

28-Oct-2023 /12:31 pm

Coll Date

28-Oct-2023 /12:36 pm

Report Date

30-Oct-2023 /10:01 am

## REPORT

### Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<b>BLOOD GROUP</b>			
ABO Group	"O"		
RH (D)	Positive		

Method : Slide Method  
Sample: Whole Blood (EDTA)

----- End of Report -----

LATHA SONAWANE  
Lab Technician

DR.SANDIP M HUDDEDAR  
MBBS, DCP  
Consultant Pathologist





PID NO. : BJA1004  
Name : VIKAS PUSHPAL PEDNEKAR  
Sex / Age : Male / 43 Years  
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :  
Sample Collected At :  
Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076  
Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date  
28-Oct-2023 / 12:31 pm  
Coll Date  
28-Oct-2023 / 12:36 pm  
Report Date  
28-Oct-2023 / 5:56 pm

## REPORT

### BLOOD SUGAR

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	111.24	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	125.06	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----



MC - 5321

  
LATHA SONAWANE  
Lab Technician



  
DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist



PID NO. : BJA1004

Name : VIKAS PUSHPAL PEDNEKAR

Sex / Age : Male / 43 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

28-Oct-2023 / 12:31 pm

Coll Date

28-Oct-2023 / 12:36 pm

Report Date

28-Oct-2023 / 5:56 pm

## REPORT

### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	16.2	gm/dl	13.0 - 17.0
<b><u>RED BLOOD CELLS</u></b>			
R.B.C. Count	5.42	million / cumm	4.5- 5.5
PCV	47.9	%	40- 50
MCV	88.4	fl	83 - 101
MCH	29.9	pg	27 - 32
MCHC	33.8	gm / dl	31.5 - 34.5
RDW (CV)	13.2	%	11.6- 14.0
Total W.B.C. Count	6700	/cu.mm.	4000 - 10000
<b><u>DIFFERENTIAL COUNT</u></b>			
Neutrophils	58	%	40 - 80
Lymphocytes	36	%	20 - 40
Eosinophils	04	%	1 - 6
Monocytes	02	%	2 - 10
Basophils	00	%	0 - 1



MC - 8321

LATHA SONAWANE  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist







PID NO. : BJA1004

Name : VIKAS PUSHPAL PEDNEKAR

Sex / Age : Male / 43 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Oct-2023 / 12:31 pm

Coll Date

28-Oct-2023 / 12:36 pm

Report Date

28-Oct-2023 / 5:56 pm

## REPORT

### Complete Blood Count


<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Platelet Count	276000	/cumm	150000 - 410000
<b><u>MORPHOLOGY</u></b>			
RBC Morphology	Predominantly Normocytic and Normochromic.		
WBC Morphology	Normal Morphology.		
Platelets on Smear	Adequate on smear		

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy is manual by Pathologist.)

———— End of Report ————



  
LATHA SONAWANE  
Lab Technician

  
DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist



PID NO. : BJA1004

Name : VIKAS PUSHPAL PEDNEKAR

Sex / Age : Male / 43 Years

Ref By : APOLLO HEALTH AND LIFESTYLE  
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

28-Oct-2023 /12:31 pm

Coll Date

28-Oct-2023 /12:36 pm

Report Date

30-Oct-2023 /10:01 am

## REPORT

### Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	10	mm at 1hr	0 - 15

Method: Wintrobe . Sample: Whole Blood (EDTA)

----- End of Report -----

LATHA SONAWANE  
Lab Technician

DR. SANDIP M HUDDEDAR  
MBBS, DCP  
Consultant Pathologist





PID NO. : BJA1004  
Name : VIKAS PUSHPAL PEDNEKAR  
Sex / Age : Male / 43 Years  
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :  
Sample Collected At :  
Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076  
Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date  
28-Oct-2023 / 12:31 pm  
Coll Date  
28-Oct-2023 / 12:36 pm  
Report Date  
28-Oct-2023 / 5:56 pm

**REPORT**

**Glycosylated Haemoglobin (HbA1c)**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
HbA1c	7.75	%	< 5.7
Non-diabetic : <= 5.7 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 (EDTA Whole Blood, Turbidimetric)			
Mean Blood Glucose (MBG)	198.60	mg/dl	

**Interpretation & Remark:**

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used :  $eAg(mg/dl) = 28.7 * A1c - 46.7$ .
- Interference of Haemoglobinopathies in HbA1c estimation.
  - For Hb > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
  - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
  - Heterozygous state detected (D10/ Tosha G8 is corrected for HbS and HbC trait).
- In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control.
  - Excellent Control - 6 to 7 %
  - Fair to Good Control - 7 to 8 %
  - Unsatisfactory Control - 8 to 10 %
  - and Poor Control - More than 10 %

Note : Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

----- End of Report -----

LATHA SONAWANE  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist



MC - 5321





PID NO. : BJA1004

Name : VIKAS PUSHPAL PEDNEKAR

Sex / Age : Male / 43 Years

Ref By : APOLLO HEALTH AND LIFESTYLE  
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

28-Oct-2023 / 12:31 pm

Coll Date

28-Oct-2023 / 12:36 pm

Report Date

28-Oct-2023 / 5:56 pm

## REPORT

### LFT

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Sr. Alkaline Phosphatase (Serum, AMP Buffer IFCC) Test Done on Fully Automated Cobas C111 Analyser	63.29	U/L	40 - 129

----- End of Report -----



MC - 5321

LATHA SONAWANE  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist





PID NO. : BJA1004

Name : VIKAS PUSHPAL PEDNEKAR

Sex / Age : Male / 43 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Oct-2023 / 12:31 pm

Coll Date

28-Oct-2023 / 12:36 pm

Report Date

28-Oct-2023 / 5:56 pm

## REPORT

### Lipid Profile

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Total Cholesterol	183.16	mg/dl	Upto 240
Method: CHOD-PAP			
Triglycerides	97.57	mg/dl	0 - 150
Method: GPO-PAP			
HDL Cholesterol-Direct	40.22	mg/dl	35 - 55
Method: Cholesterol-esterase-Direct			
LDL Cholesterol	123.43	mg/dl	<100
Calculated			
VLDL-Cholesterol	19.51	mg/dl	10 - 40
Calculated			
CHO/HDLC Ratio	4.55		Upto 5.0
Calculated			
LDLC/HDLC Ratio	3.07		2.5 - 3.5
Calculated			

Desirable Cholesterol Level : <200 mg/dl  
Bordeline High Cholesterol : 200-239 mg/dl

Test Done on Fully Automated Cobas C111 Analyser  
Sample: Serum

----- End of Report -----



MC - 5321

LATHA SONAWANE  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist



PID NO. : BJA1004

Name : VIKAS PUSHPAL PEDNEKAR

Sex / Age : Male / 43 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Oct-2023 /12:31 pm

Coll Date

28-Oct-2023 /12:36 pm

Report Date

28-Oct-2023 / 5:57 pm

## REPORT

### Liver Function Tests

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
S.G.O.T. (Serum ,Method-IFCC / UV without P5P)	23.73	U/L	0 - 40
S.G.P.T. (Serum, Method- IFCC / UV without P5P)	30.57	U/L	0 - 41.0
GGT (Serum ,Method- IFCC Method)	19.55	U/L	8 - 61
Bilirubin (Total) (Serum ,Method-Diazo- End point)	0.92	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.13	mg/dl	0.0 - 0.30
Bilirubin (Indirect) Calculated	0.79	mg/dl	0.0 - 0.90
Total Proteins (serum, Method-Biuret)	7.12	g/dl	6.6 - 8.7
Albumin (Serum, Method-Bromocresol Green)	4.01	g/dl	3.5 - 5.2
Globulin Calculated	3.11	g/dl	1.90 - 3.70
A/G ratio Calculated	1.29		

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----

LATHA SONAWANE  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist



MC - 5321





PID NO. : BJA1004

Name : VIKAS PUSHPAL PEDNEKAR

Sex / Age : Male / 43 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

28-Oct-2023 /12:31 pm

Coll Date

28-Oct-2023 /12:36 pm

Report Date

30-Oct-2023 /10:03 am

## REPORT

### Prostate-Specific Antigen Test

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
TOTAL PSA	0.60	ng/ml	ng/ml

PRINCIPLE: The assay principle combines a two-step enzyme immunoassay sandwich method with a final fluorescent detection (ELFA).

REFERENCE RANGE AS PER AGE:

Age	PSA Concentration
<40 Years	0.21 to 1.72 ng/ml
40-49	0.27 to 2.19 ng/ml
50-59	0.27 to 3.42 ng/ml
60-69	0.22 to 6.16 ng/ml
>60	0.21 to 6.77 ng/ml

INTERPRETATION: PSA is used as a tumor marker to screen for and to monitor prostate cancer. Elevated levels of PSA are associated with prostate cancer, but they may also be seen with prostatitis and benign prostatic hyperplasia. PSA levels tend to increase in all men as they age. If prostate cancer is diagnosed, the total PSA test may be used as a monitoring tool to help determine the effectiveness of treatment. It may also be ordered at regular intervals after treatment to detect recurrence of the cancer. Concentrations of total PSA between 4.0 ng/ml and 10.0 ng/ml are often referred to as the gray zone. It is in this range that the free PSA is the most useful. When men in the gray zone have decreased levels of free PSA, they have a higher probability of prostate cancer; when they have elevated levels of free PSA, the risk is diminished. The ratio of free to total PSA can help the doctor decide whether or not a prostate biopsy should be performed.

----- End of Report -----

LATHA SONAWANE  
Lab Technician

DR. SANDIP M HUDDEDAR  
MBBS, DCP  
Consultant Pathologist



PID NO. : BJA1004

Name : VIKAS PUSHPAL PEDNEKAR

Sex / Age : Male / 43 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Oct-2023 / 12:31 pm

Coll Date

28-Oct-2023 / 12:36 pm

Report Date

28-Oct-2023 / 5:57 pm

## REPORT

### RENAL PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Method-Urease	28.32	mg/dl	16.6- 48.5 mg/dl
Blood Urea Nitrogen Method-Urease	13.23	mg/dl	06 - 20 mg/dl
Creatinine Method-Kinetic Jaffes	1.07	mg/dL	0.7 - 1.2 mg/dl
Uric Acid Method: Uricase-POD	6.35	mg/dl	3.4 - 7.0

Test Done on Fully Automated Cobas C111 Analyser

———— End of Report ————



MC - 5321

LATHA SONAWANE  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist





Name: Mr. VIKAS  
PEDNEKAR  
Date : 28/10/2023

Age : 43Y  
Ref Dr : SELF

Sex : Male

### USG ABDOMEN AND PELVIS

**LIVER:** Liver appears normal in size 12.3 cm and **bright** echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

**GALL BLADDER:** Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

**PANCREAS:** Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

**SPLEEN:** Spleen is normal in size, shape and echotexture. No focal lesion is seen.

**KIDNEYS:** Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus on **right**. **Two tiny concretions measuring 3.1 mm, 2.8 mm seen at mid to lower pole region causing no significant hydronephrosis. Thin cortical cyst seen at mid to lower pole measuring 11 x 8 mm.**

Right kidney measures 8.6 x 3.8 cm. Left kidney measures 9.1 x 4.2cm

**URINARY BLADDER:** Urinary bladder is distended and normal. Wall thickness is within normal limits.

**PROSTATE:** Prostate is normal in size measuring 2.7 x 3.0 x 2.8cm vol-12.8 gms and echotexture. No evidence of any focal lesion.

No free fluid or significant lymphadenopathy is seen.

**IMPRESSION:** Left renal non obstructive concretions.

Simple left renal cortical cyst.

Grade I fatty changes liver.

*Advice: Clinical co-relation and further evaluation.*



DR. PRIYANKA NERULKAR  
CONSULTANT RADIOLOGIST





*Sea Bird*

**Sea Bird Medicare Centre**

Report ID : **VPPM2810151750**

Reg. : **28-Oct-2023**

Patient Name : **Mr. VIKAS PUSHPAL PEDNEKAR**

Report Date : **30-Oct-2023**

Rank :

Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**

Ref By : **DR.JACOB MATHEW**

Age/Sex : **43 Year / Male**

**CHEST X RAY REPORT**

X-Ray No : 4050

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

**Impression :**

**Normal Chest X-Ray.**



  
Dr. Jacob  
Mathew MD

**Proudly... Caring For You**

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)

### E. C. G. REPORT

RATE \_\_\_\_\_ Q. WAVE \_\_\_\_\_

RHYTHM \_\_\_\_\_ QRS COMPLEX \_\_\_\_\_

VOLTAGE \_\_\_\_\_ ST. SEGMENT \_\_\_\_\_

P. WAVE \_\_\_\_\_ T. WAVE \_\_\_\_\_

P.R. INTERVAL \_\_\_\_\_

REMARKS WNL 

**Dr. Minalini Singh**  
Consultant Physician  
MBBS, DNB, M.D. CP (UK), EDIC  
Reg. No. 2019/02/0392

### ELECTROCARDIOGRAPHIC REPORT



*Sea Bird*

Sea Bird Medicare Pvt Ltd.  
(ISO: 9001 - 2015)

NAME Vikas Pednekar

AGE 43yrs DATE 28-10-23

• 101-102, Heritage Plaza, Telli Cross Lane, Nr. Andheri (E) Stn., Andheri (East), Mumbai - 400 069.  
Tel.: 2682 1823, 5578 3905

• 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076  
Tel.: 2570 4157

10mm/mV 0.15-25Hz AC50

28-10-23  
08.06.2005 07:48:59

Vlkas pednekas

10mm/mV 0.15-25Hz

aVR

V1

V4

V4

II

aVL

V2

V5

V5

III

aVF

V3

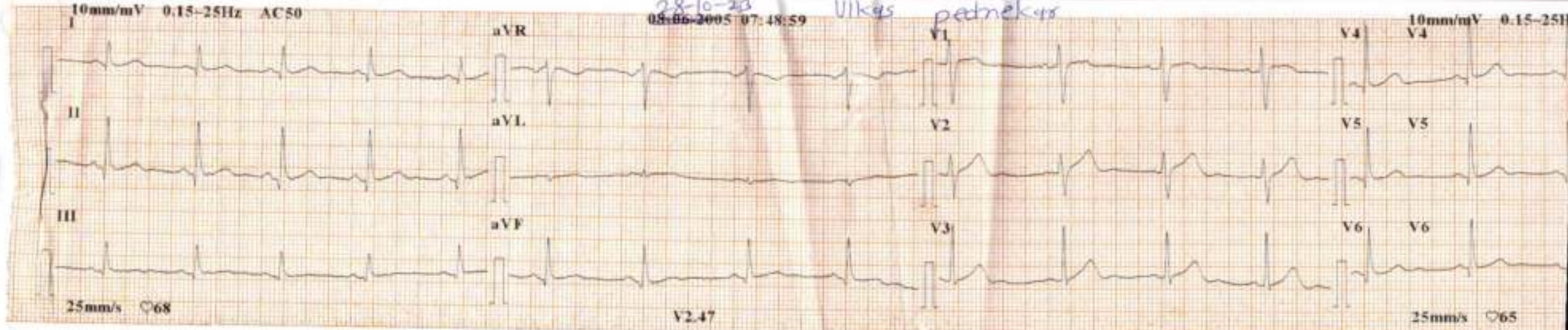
V6

V6

25mm/s 68

V2.47

25mm/s 65





## SEA BIRD MEDICARE CENTRE POWAI

**Patient Details**                      **Date:** 28-Oct-23                      **Time:** 10:54:25 AM  
**Name:** VIKAS PEDNEKAR ID: 1729  
**Age:** 43 y                      **Sex:** M                      **Height:** 168 cms.                      **Weight:** 66 Kg.  
**Clinical History:** NIL

**Medications:** NIL

### Test Details

**Protocol:** Bruce                      **Pr.MHR:** 177 bpm                      **THR:** 150 (85 % of Pr.MHR) bpm  
**Total Exec. Time:** 12 m 11 s                      **Max. HR:** 153 (86% of Pr.MHR) bpm                      **Max. Mets:** 14.90  
**Max. BP:** 150 / 100 mmHg                      **Max. BP x HR:** 22950 mmHg/min                      **Min. BP x HR:** 5520 mmHg/min  
**Test Termination Criteria:** THR ACHIEVED

### Protocol Details

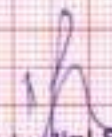
Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 26	1.0	0	0	69	120 / 80	-0.85 aVR	2.48 V2
Standing	0 : 41	1.0	0	0	73	120 / 80	-1.06 aVR	2.48 V2
Hyperventilation	0 : 2	1.0	0	0	73	120 / 80	-0.85 aVR	1.77 V2
1	3 : 0	4.6	1.7	10	90	130 / 80	-1.49 aVR	3.89 V2
2	3 : 0	7.0	2.5	12	106	140 / 90	-3.61 V3	5.66 II
3	3 : 0	10.2	3.4	14	121	150 / 100	-2.97 V5	5.66 V2
4	3 : 0	13.5	4.2	16	123	150 / 100	-5.52 V3	5.66 aVF
Peak Ex	0 : 11	14.9	5	18	153	150 / 100	-5.10 V1	5.31 V2
Recovery(1)	2 : 0	1.8	1	0	103	150 / 100	-5.73 V2	5.66 aVF
Recovery(2)	2 : 0	1.0	0	0	94	140 / 90	-2.34 V2	5.31 V2
Recovery(3)	2 : 0	1.0	0	0	87	120 / 80	-0.42 I	1.42 V2
Recovery(4)	0 : 9	1.0	0	0	85	120 / 80	-0.21 I	1.06 V2

### Interpretation

The patient exercised according to the Bruce protocol for 12 m 11 s achieving a work level of Max. METS : 14.90. Resting heart rate initially 69 bpm, rose to a max. heart rate of 153 (86% of Pr.MHR) bpm. Resting blood Pressure 120 / 80 mmHg, rose to a maximum blood pressure of 150 / 100 mmHg. No significant ST-T changes, TMT negative for inducible ischemia for the workload achieved.

Ref. Doctor: APOLLO

( Summary Report edited by user )

  
**Dr. Mrinalini Singh**  
 Consultant Physician  
 MBBS, DNB, MRCP (UK), EDIC  
 Reg. No. 2019/02/0392

(c) Schiller Healthcare India Pvt. Ltd. V 4.7



# SEA BIRD MEDICARE CENTRE POWAI

VIKAS PEDNEKAR (43 M)

ID: 1729

Date: 28-Oct-23

Exec Time: 0 m 0 s

Stage Time: 0 m 26 s HR: 69 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 150 bpm)

B.P: 120 / 80



Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Pa = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spindler V4.7



# SEA BIRD MEDICARE CENTRE POWAI

**VIKAS PEDNEKAR (43 M)**

ID: 1729

Date: 28-Oct-23

Exec Time: 0 m 0 s

Stage Time: 0 m 41 s **HR: 73 bpm**

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 150 bpm)

B.P: 120 / 80



Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spindler V4.7



# SEA BIRD MEDICARE CENTRE POWAI

VIKAS PEDNEKAR (43 M)

ID: 1729

Date: 28-Oct-23

Exec Time: 0 m 0 s

Stage Time: 0 m 2 s

HR: 73 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0%

(THR: 150 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

I 0.2 0.0

V1 0.8 1.1

II 1.3 0.7

V2 2.1 1.8

III 0.8 0.4

V3 1.5 0.7

aVR -0.8 -0.4

V4 1.1 0.4

aVL 0.0 0.0

V5 0.6 -0.4

aVF 1.3 0.7

V6 0.6 0.4

V3

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spentax V4.7



# SEA BIRD MEDICARE CENTRE POWAI

**VIKAS PEDNEKAR (43 M)**

ID: 1729

Date: 28-Oct-23

Exec Time: 3 m 0 s

Stage Time: 3 m 0 s

HR: 90 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 150 bpm)

B.P: 130 / 80

ST Level (mm)    ST Slope (mV / s)

ST Level (mm)    ST Slope (mV / s)

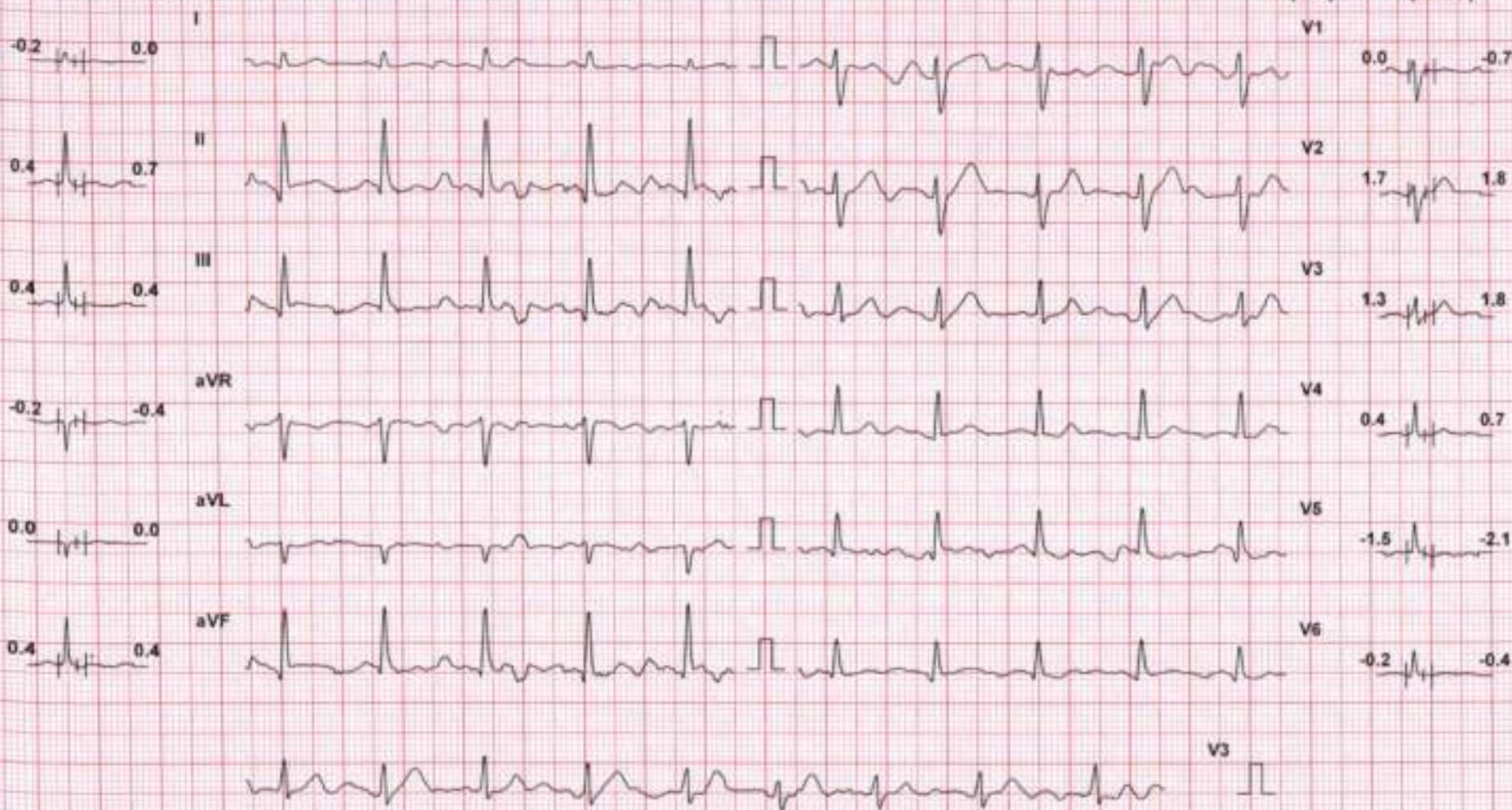


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 5 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spindler V4.7



# SEA BIRD MEDICARE CENTRE POWAI

VIKAS PEDNEKAR (43 M)

ID: 1729

Date: 28-Oct-23

Exec Time : 6 m 0 s

Stage Time : 3 m 0 s

HR: 106 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 150 bpm)

B.P: 140 / 90

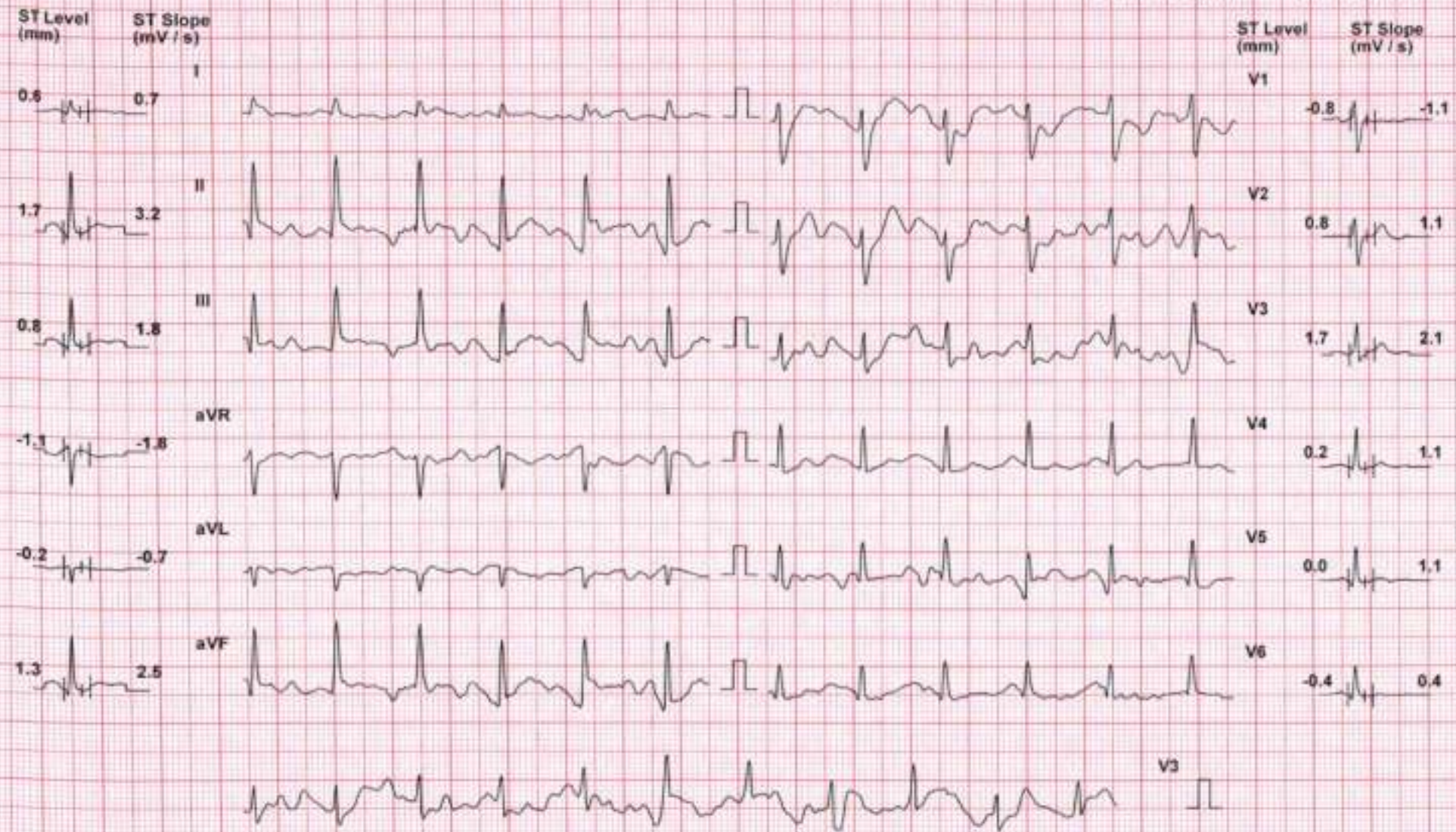


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 5 mm

100 + R - 60 ms

J - R + 60 ms

Post J - J + 60 ms

Schöller Spindel V4.7



# SEA BIRD MEDICARE CENTRE POWAI

**VIKAS PEDNEKAR (43 M)**

ID: 1729

Date: 28-Oct-23

Exec Time: 9 m 0 s

Stage Time: 3 m 0 s

HR: 121 bpm

Protocol: Bruce

Stage: 3

Speed: 3.4 mph

Grade: 14 %

(THR: 150 bpm)

B.P: 150 / 100

ST Level (mm)    ST Slope (mV/s)

ST Level (mm)    ST Slope (mV/s)

I    -1.1    0.0

V1    1.9    0.7

II    -2.5    1.4

V2    2.5    3.9

III    -1.7    0.7

V3    1.3    2.5

aVR    1.7    -0.7

V4    0.8    2.1

aVL    0.4    0.0

V5    -0.6    0.7

aVF    -2.3    0.7

V6    0.4    1.4

V3

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 5 mm

iso = R - 60 ms

J = R + 60 ms

Pool J = J + 60 ms

Schiller Spandax V 47



# SEA BIRD MEDICARE CENTRE POWAI

**VIKAS PEDNEKAR (43 M)**

ID: 1729

Date: 28-Oct-23

Exec Time : 12 m 0 s

Stage Time : 3 m 0 s

HR: 123 bpm

Protocol: Bruce

Stage: 4

Speed: 4.2 mph

Grade: 16 %

(THR: 150 bpm)

B.P: 150 / 100

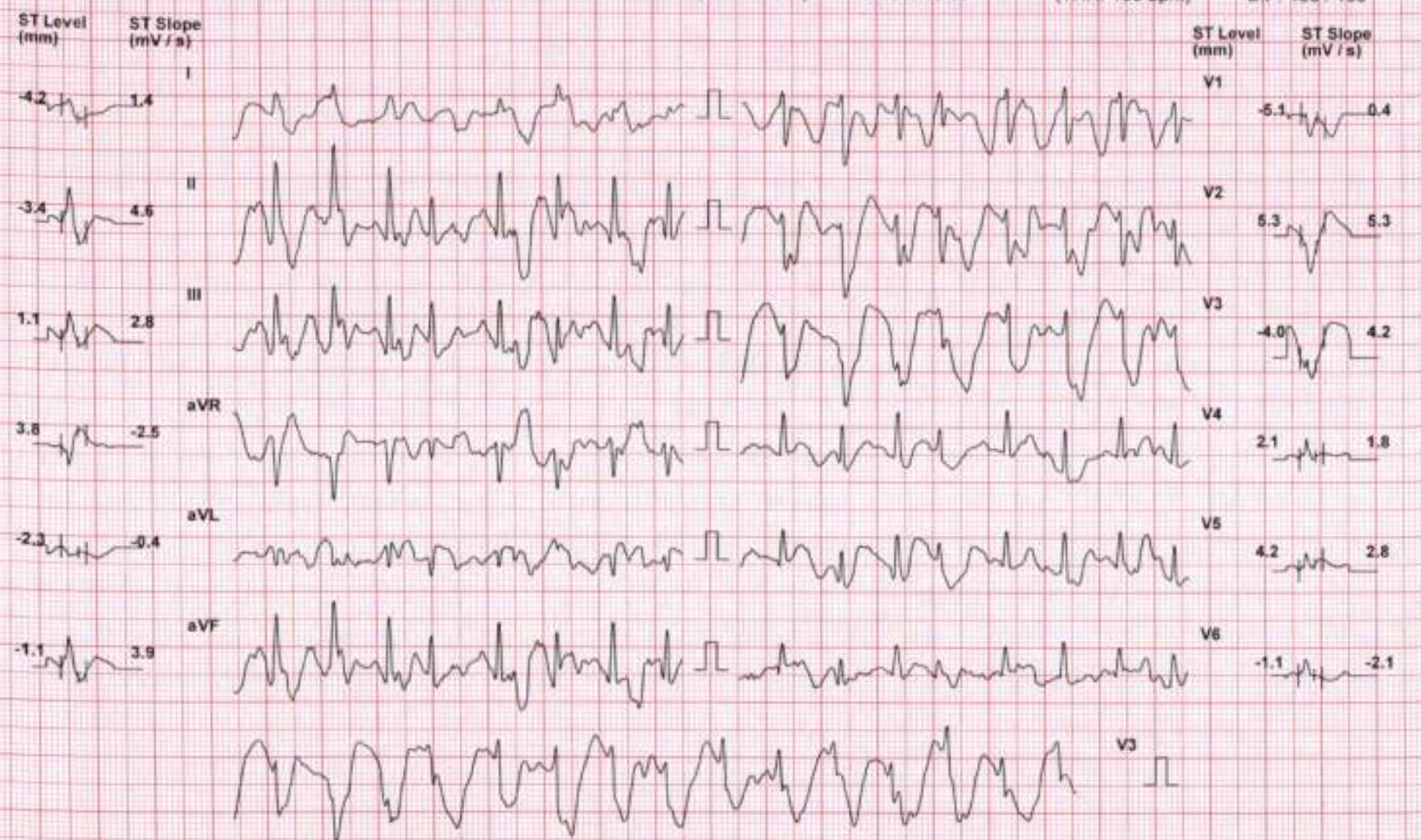


Chart Speed: 25 mm/sec  
Schiller Spandax V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 5 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms



# SEA BIRD MEDICARE CENTRE POWAI

VIKAS PEDNEKAR (43 M)

ID: 1729

Date: 28-Oct-23 Exec Time: 12 m 11 s Stage Time: 0 m 11 s HR: 153 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 5 mph

Grade: 18 %

(THR: 150 bpm)

B.P: 150 / 100

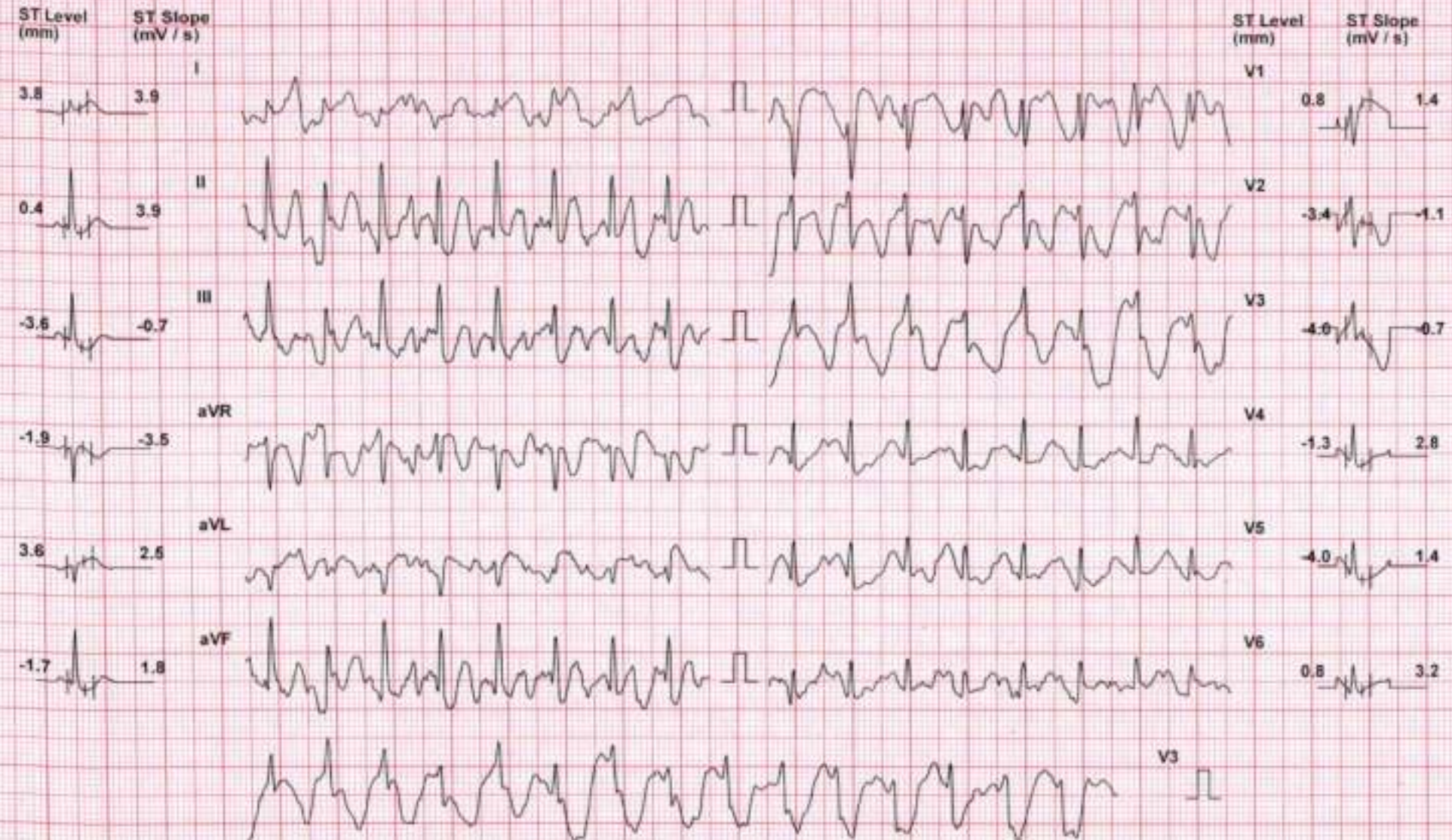


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 5 mm

iso - R - 50 ms

J - R - 60 ms

Post J - J - 60 ms

Schiller Spantec V4.7



# SEA BIRD MEDICARE CENTRE POWAI

VIKAS PEDNEKAR (43 M)

ID: 1729

Date: 28-Oct-23

Exec Time: 12 m 11 s

Stage Time: 2 m 0 s

HR: 103 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0%

(THR: 150 bpm)

B.P: 150 / 100



Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filter ON

Amp: 5 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7



# SEA BIRD MEDICARE CENTRE POWAI

**VIKAS PEDNEKAR (43 M)**

ID: 1729

Date: 28 Oct 23

Exec Time: 12 m 11 s

Stage Time: 2 m 0 s

HR: 94 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 150 bpm)

B P: 140 / 90

ST Level (mm)    ST Slope (mV / s)

ST Level (mm)    ST Slope (mV / s)

I                      0.2                      0.4

V1                      1.1                      0.7

II                      0.4                      -0.4

V2                      1.3                      1.4

III                      0.0                      -0.4

V3                      0.8                      0.7

aVR                      0.2                      0.0

V4                      0.0                      0.4

aVL                      0.0                      0.4

V5                      -0.2                      -0.4

aVF                      -0.2                      0.0

V6                      -0.2                      0.0

V3

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R = 60 ms

J = R = 60 ms

Post J = J = 60 ms

Schiller Spindel V 4.7



# SEA BIRD MEDICARE CENTRE POWAI

**VIKAS PEDNEKAR (43 M)**

ID: 1729

Date: 28-Oct-23

Exec Time: 12 m 11 s

Stage Time: 2 m 0 s

HR: 87 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 150 bpm)

B.P: 120 / 80



Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Isa = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spedex V4.7