

**Name** : Mr. SUBIR KANTI DEY (54 /M)

**Date** : 10/03/2022

**Address** : 3C SAROJINI KUTHIR DB 18 DESHBANDHU NAGAR BAGUIATI, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

**Examined by:**

**UHID** : AMHL.0001926920

**Package** : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

**AHC No** : AMHLAH143574



## CHIEF COMPLAINTS

For corporate health checkup  
C/O Irregular bowels for last 2 months - on medication.  
PRESENT KNOWN ILLNESS:-  
No H/O HTN/DM/TB/Asthma/Heart Disease.



## DRUG ALLERGY

NO KNOWN ALLERGY

:11/03/2022



## SYSTEMIC REVIEW

### Cardiovascular system

Nil significant.

### Respiratory system

Nil significant.

### Gastrointestinal system

APPETITE - Normal, BOWEL HABITS - Irregular.

### Genitourinary system

FREQUENCY – Normal.

### Central nervous system

MEMORY & CONCENTRATION – Normal, SLEEP – Normal.

### Eyes

VISION - Corrected with glasses.

### ENT

HEARING – Normal.

### Skin

Nil significant.

### Weight

Weight loss for last 1 year.



### Present medications

Tab. VSL (3 mg) - once daily. Tab. Ambizyme - twice daily.



### Past medical history

Past medical history - nil significant



### Surgical history

Cholecystectomy - 2012.



### Personal history

Marital status - Married  
No. of children - 1  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active



### Family history

Father - has expired  
Mother - has expired  
Brothers - 2  
Diabetes - brother  
Coronary artery disease - none  
Cancer - None

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## PHYSICAL EXAMINATION



### General

Build - Healthy.  
Height (in cms) - 168  
Weight (in Kgs) - 63  
BMI - 22.32  
Pallor - no  
Oedema - no



### Cardiovascular system

Heart rate(Per minute) - 78  
Rhythm - Normal  
Systolic(mm of Hg) - 140  
Diastolic(mm of Hg) - 90  
Heart sounds - S1S2+



### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present.



### Central nervous system

No neurological deficit



### Skin

No significant finding



### Musculo Skeletal System

Extremities - No significant finding  
Spine - No significant finding

## Ophthalmology consultation

Ophthalmology findings - Distant vision with glasses 6/6 (Right eye) and 6/6 (Left eye).  
Near vision with glasses N6.

## Dental consultation

Dental findings - Consultant's notes attached

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	14.0	g/dl	●	13.0-17.0
RBC COUNT	4.73	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	41.7	%	●	41-53
MCV	88.1	fl	●	83-101
MCH	29.6	pg	●	27-32
MCHC	33.5	%	●	31.5-34.5
RDW	13.2	%	●	11.8-14.0
WBC Count	5600	/cu mm	●	4000-10000
Platelet Count	1.57	lacs/cu mm	●	1.5-4.0
Neutrophils	58	%	●	40-80
Lymphocytes	31	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	06	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	05	mm/1st hr	●	0-15

**STOOL ROUTINE**

Test Name	Result	Unit	Level	Range
Colour:	Brown			
Consistency :	Semi Solid			
Mucus:	Trace			
Reaction:	Alkaline			
Frank Blood	Absent			
Pus Cells	Occasional/hpf			
RBC:	Not found			
Ova:	Not Found			
Cysts:	Not Found			
PARASITE	Not Found			

**URINE ROUTINE AND MICROSCOPY**

● Within Normal Range      ● Borderline High/Low      ● Out of Range

**Test Name      Result      Unit      Level      Range**

Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	Occasional/hpf			
Casts:	Not Found			
Crystals:	Not Found			
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.			

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	16	U/L	●	10-40
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5.1

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ALKALINE PHOSPHATASE - SERUM	54	U/L	●	53-128
AST (SGOT) - SERUM	20	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.2 *	mg/dL	●	0.0-1.0

HDL CHOLESTEROL - SERUM	48	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	98	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	12	mg/dL	●	0-35

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	158	mg/dL	●	0-200

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.0	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.8	g/dL	●	1.8-3.6

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8 *	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	19	U/L	●	7-64

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	0.9	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	9.3	µg/dL	●	5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	89	mg/dL	●	70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	74	mg/dL	●	0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	131	mg/dL	●	70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.8	µIU/mL	●	0.270-4.200

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	6.5 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.6	mg/dL	●	3.5-7.2

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.4 *	mg/dL	●	0.0-0.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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**PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM**

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range

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PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM    0.58    ng/mL    ●    0.00-6.50

### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	7.0	mg/dL	●	7.0-18.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.5:1.0			1.0-2.0

### ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* No significant abnormality seen.

Dr. WERASAT ALI  
MBBS, DNB (RADIODIAGNOSIS)  
ASSOCIATE CONSULTANT  
Reg. No- 73873 (WBMC)

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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