



Narayana Multispecialty Hospital

(A unit of Narayana Hrudayalaya Limited) CIN: L85110KA2000PLC027497

Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099

Hospital Address: Sector-28, Kumbha Marg, Pratap Nagar, Jaipur 302033

Tel: +91 141 7122 233 | Email: info.jpr@narayanahealth.org | www.narayanahealth.org

GST No. 08AABCN1685J1Z8



Appointments

1800-309-0309 (Toll Free)

Emergencies

99837-32222

CONSULTATION SUMMARY

Patient MRN : 15010000379750
Patient Name : Mr Avnish Jain
Gender/Age/Dob : Male , 31 Years , 05/10/91
Patient Phone No : 9571090107
Patient Address : FLAT NO 1005 THE ELEGANCE
PRATAP NAGAR , Jaipur, Jaipur,
Rajasthan, India, -302033

Consultation Date : 20/05/2023 12:22 PM
Consultant : Dr. Anil Goyal
(OPHTHALMOLOGY)
Consultation Type : OP , NEW VISIT



CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- ROUTINE CHECKUP :

PAST MEDICAL HISTORY

- No significant past medical history

SYSTEMIC EXAMINATION

- Eyes : VN WITH GL RE 6/6P LE 6/6P N6 BE S/L NAD COLOR VN BE NAD

MEDICATION ORDER

DRUG NAME

- CARBOXYMETHYLCELLULOSE-DROPS-0.5% 10ML-**REFRESH TEARS**

PATIENT INSTRUCTION

Patient Instruction: Thrice Daily (1 - 1 - 1 - 0) For 1 Month ,
Qty: 1 , **Start Date:** May 20, 2023 , **End Date:** Jun 19, 2023

PROCEDURE HISTORY

- No known surgical history

ALLERGY

- No known allergies

FAMILY HISTORY

- No significant family history

SOCIAL HISTORY

- No significant social history

CONSULTANT DETAILS

Dr. Anil Goyal , VISITING CONSULTANT , OPTHALMOLOGY

DR. ANIL GOYAL
M.B.B.S. (D.O.) (Ophthalmology)
Registered (M.C. 12345)
Narayana Multispeciality Hospital, Jaipur

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Avnish Jain MRN : 15010000379750 Gender/Age : MALE , 31y (05/10/1991)

Collected On : 20/05/2023 08:58 AM Received On : 20/05/2023 08:59 AM Reported On : 20/05/2023 11:41 AM

Barcode : 402305200093 Specimen : Serum Consultant : Dr. Deepak Garg(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-012 Patient Mobile No : 9571090107

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
SERUM CREATININE			
Serum Creatinine	0.57 L	mg/dL	0.66-1.25
eGFR	166.8	mL/min/1.73m ²	Both: <60 indicative of renal impairment Both: Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18
Blood Urea Nitrogen (BUN) (Colorimetric (Urease UV))	10.35	mg/dL	9.0-20.0
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	6.56	mg/dL	3.5-8.5
Total Protein (Biuret (alkaline Cupric Sulfate))	7.29	gm/dL	6.3-8.2
SGOT (AST) (Enzymatic Colorimetric)	54	U/L	17.0-59.0
SGPT (ALT) (UV With P5P -IFCC)	73 H	U/L	<50.0
Alkaline Phosphatase (ALP)	68	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (L-gamma-glutamyl-4-nitroanalide/glycylglycine Kinetic Method)	69	U/L	15.0-73.0
THYROID PROFILE (T3, T4, TSH)			
Tri Iodo Thyronine (T3) (Enhanced Chemiluminescence)	1.51	ng/ml	0.97-1.69
Thyroxine (T4) (Enhanced Chemiluminescence)	9.51	ug/dl	4.3-12.5
TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminescence)	1.67	uIU/ml	0.35-5.5

Patient Name : Mr Avnish Jain MRN : 15010000379750 Gender/Age : MALE , 31y (05/10/1991)



Dr. Anil Sharma
MBBS , MD (Microbiology)
Senior Consultant

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total (Enzymatic Method (cholesterol Oxidase, Esterase, Peroxidase))	191.5	mg/dL	Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240
Triglycerides (Enzymatic Method (lipase, Kinase, Oxidase And Peroxidase))	198.5 H	mg/dL	Both: Normal: < 150 Both: Borderline High: 150-199 Both: High : 200-499 Both: Very High: => 500
HDL Cholesterol (HDLC) (Direct Measure, PTA /MgCl ₂)	39.2 L	mg/dL	Low: < 40 High: => 60
Non-HDL Cholesterol	152.3	-	-
LDL Cholesterol (Friedewald Formula)	112.5 H	mg/dL	Both: Desirable: < 100 Both: Optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190
VLDL Cholesterol (Friedewald Formula)	39.7	mg/dL	10.0-50.0
Cholesterol /HDL Ratio	4.9	-	0.0-5.0



Dr. Manisha Agarwal
MBBS, DNB Pathology and DCP
Consultant

Patient Name : Mr Avnish Jain MRN : 15010000379750 Gender/Age : MALE , 31y (05/10/1991)

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Photometric Measurement)	14.7	g/dL	13.0-17.0
Red Blood Cell Count (Electrical Impedance)	4.66	millions/ μ L	4.2-6.0
PCV (Packed Cell Volume) / Hematocrit (Calculated)	40.6	%	40.0-54.0
MCV (Mean Corpuscular Volume) (Derived)	87	fL	80.0-100.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	31.6 L	pg	32.0-35.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	36.3 H	g/L	27.0-34.0
Red Cell Distribution Width (RDW)	12.3	%	12.0-18.0
Platelet Count (Electrical Impedance Plus Microscopy)	259	Thousand / μ L	150.0-400.0
Total Leucocyte Count(WBC) (Electrical Impedance / Flow Cytometric)	9.8	Thous/cumm	4.0-10.0
DIFFERENTIAL COUNT (DC)			
Neutrophils	46.2	%	40.0-75.0
Lymphocytes	35.4	%	15.0-45.0
Monocytes	1.2 L	%	4.0-13.0
Eosinophils	16.2 H	%	0.5-7.0
Basophils	1.0	%	0.0-2.0
Absolute Neutrophil Count	4.53	Thousand / μ L	1.5-7.0
Absolute Lymphocyte Count	3.47	Thousand / μ L	1.0-4.0
Absolute Monocyte Count	0.12 L	Thousand / μ L	0.2-0.8

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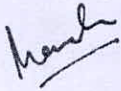
99837-32222

Patient Name : Mr Avnish Jain MRN : 15010000379750 Gender/Age : MALE , 31y (05/10/1991)

Absolute Eosinophil Count	1.59 H	Thousand / μ L	0.0-0.2
Absolute Basophil Count	0.1	Thousand / μ L	0.0-0.2

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

Erythrocyte Sedimentation Rate (ESR) (Westergren Method)	20 H	mm/hr	0.0-10.0
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Dr. Manisha Agarwal
MBBS, DNB Pathology and DCP
Consultant

CLINICAL PATHOLOGY

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	20 H	ml	0.0-0.0
Colour	Pale Yellow	-	-
Appearance	Clear	-	0-36500
CHEMICAL EXAMINATION			
pH(Reaction)	6.0	-	4.5-9.0
Sp. Gravity	1.020	-	1.002-1.03
Protein	Negative	-	0-0
Urine Glucose	Negative	-	0-0

MICROSCOPIC EXAMINATION

Patient Name : Mr Avnish Jain MRN : 15010000379750 Gender/Age : MALE , 31y (05/10/1991)

Pus Cells	1-2	/hpf	-
RBC	Nil	/hpf	-
Epithelial Cells	1-2	/hpf	-
Crystals	Nil	-	-
Casts	Nil	-	-

--End of Report--

Manisha

Dr. Manisha Agarwal
MBBS, DNB Pathology and DCP
Consultant

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Final Report

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Sample adequacy : Satisfactory Visit No : OP-012 Patient Mobile No : 9571090107

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (Colorimetric (Glucose Oxidase Hydrogen Peroxidase))	101	mg/dL	65.0-110.0
Post Prandial Blood Sugar (PPBS) (GOD/POD)	102	mg/dL	70.0-139.0
HBA1C			
HbA1c	5.7	%	<= 5.7%-NORMAL 5.7-6.4% - PREDIABETES >=6.5% - DIABETES
Estimated Average Glucose	116.89	mg/dL	<140.0

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

Bilirubin Total (Dyphylline, Diazonium Salt)	1.02	mg/dL	0.2-1.3
Albumin To Globulin (A/G)Ratio	1.38	-	1.0-2.1



Dr. Anil Sharma
MBBS , MD (Microbiology)
Senior Consultant

CLINICAL PATHOLOGY

Test	Result	Unit
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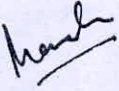
99837-32222

Patient Name : Mr Avnish Jain MRN : 15010000379750 Gender/Age : MALE , 31y (05/10/1991)

Urine For Sugar (Fasting)

Negative -

--End of Report--



Dr. Manisha Agarwal
MBBS, DNB Pathology and DCP
Consultant

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



Patient Name	Avnish Jain	Requested By	Dr. ^Deepak^Garg
MRN	15010000379750	Procedure DateTime	2023-05-20 09:38:55
Age/Sex	31Y 7M / Male	Hospital	NH JAIPUR

X-RAY CHEST P.A. VIEW

Both lung fields are clear. No parenchymal lesion noted.

Both CP angles are clear.

Cardiac shadow is within normal limits.

Bony thorax & soft tissue appears normal.

domes of diaphragm are normally placed.

Correlate clinically & with other related investigations.



Dr. Sunny Maharwal
Consultant (Radiology)

This is a digitally signed valid document. Reported Date/Time: 2023-05-20 10:40:50

EXERCISE STRESS TEST REPORT

Patient Name: MR AVNISH JAIN,
Patient ID: 379750
Height:
Weight:

DOB: 05.10.1991
Age: 31yrs
Gender: Male
Race: Indian

Study Date: 20.05.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: DR.DEEPAK GARG
Attending Physician: DR.DEEPAK GARG
Technician: MR.SHIV KUMAR SOLANKI

Medications:

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Medical History:

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Reason for Exercise Test:

Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:15	0.00	0.00	106	120/80	
	STANDING	00:15	0.00	0.00	105		
	HYPERV.	00:15	0.00	0.00	105		
	WARM-UP	00:14	0.60	0.00	92		
EXERCISE	STAGE 1	03:00	2.70	10.00	126	130/80	
	STAGE 2	03:00	4.00	12.00	150	140/80	
	STAGE 3	03:00	5.50	14.00	187	150/80	
	STAGE 4	00:31	6.80	16.00	193		
RECOVERY		03:00	0.00	0.00	134	140/80	

The patient exercised according to the BRUCE for 9:31 min:s, achieving a work level of Max. METS: 11.80. The resting heart rate of 123 bpm rose to a maximal heart rate of 193 bpm. This value represents 102 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: ...

Overall impression: ...

Conclusions

NO ST-T CHANGES SEEN DURING EXERCISE & RECOVERY PERIOD.
PLEASE CORRELATE CLINICALLY.

Physician _____

Technician _____

Tabular Summary

Narayana Multispeciality Hospital
 Narayana Health City, Hrudaya (Heart) Limited | CIN: L85110KA2000PLC027497
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 GST No: 08AAABCN1685J1Z8

MIR AVISH JAIN,
 Patient ID: 750
 Male
 31yrs Indian
 Meds:

Test Reason: Screening for CAD
 Medical History:

Ref. MD: DR.DEEPAK GARG Ordering MD:
 Technician: MR.SHIV KUMAR SOLANKI Test Type: Treadmill Stress T
 Comment:

BRUCE: Total Exercise Time 09:31
 Max HR: 193 bpm 102% of max predicted 189 bpm HR at rest: 123
 Max BP: 150/80 mmHg BP at rest: 120/80 Max RPP: 27600 mmHg*bpm
 Maximum Workload: 11.80 METS
 Max. ST: -2.15 mm, 0.00 mV/s in V3; EXERCISE STAGE 4 09:29
 Arrhythmia: A:84, PVC:1, PSVC:3
 ST/HR index: 1.58 μ V/bpm
Reasons for Termination: Target heart rate achieved
Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: ... Overall impression: ...
Conclusion: NO ST-T CHANGES SEEN DURING EXERCISE & RECOVERY PERIOD.
 PLEASE CORRELATE CLINICALLY.

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (/min)	ST Level (V3 mm)	Comment
PRE TEST	SUPINE	00:15	0.00	0.00	1.0	106	120/80	12720	0	0.20	
	STANDING	00:15	0.00	0.00	1.0	105			0	0.30	
	HYPERV.	00:15	0.00	0.00	1.0	105			0	0.35	
	WARM-UP	00:14	0.60	0.00	1.0	92			0	0.35	
EXERCISE	STAGE 1	03:00	2.70	10.00	4.6	126	130/80	16380	0	0.30	
	STAGE 2	03:00	4.00	12.00	7.0	150	140/80	21000	0	0.25	
	STAGE 3	03:00	5.50	14.00	10.2	187	150/80	28050	0	0.75	
	STAGE 4	00:31	6.80	16.00	11.8	193			0	-1.60	
RECOVERY		03:00	0.00	0.00	1.0	134	140/80	18760	0	0.35	

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MRN NO: 15010000379750
PATIENT'S NAME: AVNISH JAIN
DR. NAME: DR. DEEPAK GARG

DATE: 20/05/2023
AGE/SEX: 31 YRS./M

ULTRASOUND STUDY OF ABDOMEN & PELVIS (PHC)

Liver: - Normal in size, shape & mild bright in echotexture. No evidence of any mass lesion is seen. Bilobar Intrahepatic biliary radicals are not dilated.

Gall Bladder: - Is distended. Lumen is clear. Wall thickness is normal.

CBD: - Normal in calibre. No calculus is seen in visualized part of CBD.

Portal Vein: - Normal in calibre.

Pancreas: - Normal in size & echotexture. No focal lesion is seen. MPD is not dilated.

Spleen : - Normal in size & echotexture. No focal lesion is seen.

Right Kidney: - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

Left Kidney: - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

Urinary Bladder: - is distended. No calculus or mass lesion is seen. Wall thickness is normal.

Prostate: - is normal in size size.

Others: - No free fluid is seen in abdomen.

Impression: USG findings are suggestive of: -

- Mild fatty liver.

Correlate clinically & with other related investigations.

Dr. Swati Jain
Consultant Radiologist

Dr. Vijay Kumar Sharma
Consultant Radiologist

Dr. Sunny Maharwal
Consultant Radiologist

This is a preventive health checkup sonography report with no available clinical details and previous records.

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05-20-2023 09:49:37 AM

15010000375750
MR AVNISH

ID:
Name:
Age:
Gender:

Vent. Rate 91 bpm
PR Interval 158 ms
QRS Duration 76 ms
QT/QTc Interval 326/380 ms
P/QRS/T Axes 61/24/38 deg
QTcHodges

Sinus rhythm
--- interpretation made without knowing patient's gender/age ---
Normal ECG
Unconfirmed Diagnosis

