







भारतीय विशिष्ट पहचान प्राधिकरण

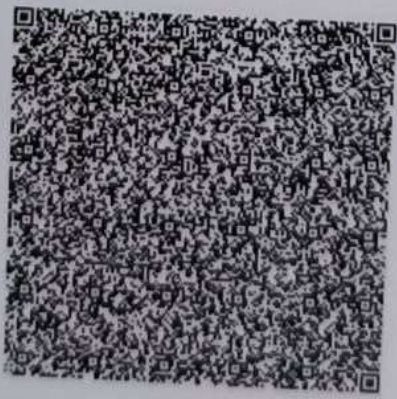
Unique Identification Authority of India



पता: इडेक्स ल, सर नो ४३/७२, फ्लॉट नो ११११, ११थ  
फ्लॉवर, देवर्षी कॉम्प्लेक्स अ - विंग, नार्हे, मानाजी नगर, पुणे  
सिटी, पुणे, महाराष्ट्र, ४११०४१

Print Date: 16/06/2022

Address: Index II, Sr no 43/72, Flat no  
1111, 11th floor, Devarshi Complex A -  
Wing, Narhe, Manaji Nagar, Pune City,  
Pune, Maharashtra, 411041



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1947



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भारत सरकार

Government of India



आम आदमी

Issue Date: 14/01/2012



वेकटेश हनमन्ताप्पा पूजार

Venkatesh Hanamantappa  
Poojar

जन्म तारीख / DOB: 28/07/1991

पुरुष / Male



6091 0398 8544



6091 0398 8544

मेरा आधार, मेरी पहचान









## ALOHA LIFESTYLE REVERSAL STUDIO

S. No. 46, Vartak Pride, Raja Mantri Road, (D. P. Road) Karvenagar, Pune 411004

Contact No. : 9422334422 / 020 25449202

### ELECTROCARDIOGRAM

Date : 24/12/2022

Name : V. Vartak Dr. Pooja

Age : \_\_\_\_\_ Sex : M B.P. : 120/70

Reg. No. \_\_\_\_\_ P : 76

S : 96

Consultant : Dr. Pooja Wt. : \_\_\_\_\_

IMPRESSION : \_\_\_\_\_

NOTE : XEROX ECG FOR LONG TERM RECORD





Name Mr. Venkatesh Poojar  
Age/Gender 29 Years / MALE  
PRN ALRS/2412/2022-2023/2640  
Lab ID ALRS/D/22-23/2628  
Ref Doctor

Collected Time 24-12-2022 10:58 AM  
Received Time 24-12-2022 10:58 AM  
Reported Time 24-12-2022 03:57 PM

Test Name	Result	Unit	Bio. Ref. Range
<b>Hemogram</b>			
Hemoglobin	17.4	gm%	13.0 - 18.0
<b>WBC Count</b>			
Total WBC Count	6800	/cmm	4000 - 11000
<b>Differential count</b>			
Neutrophil	64	%	40 - 75
Lymphocytes	29	%	20 - 45
Eosinophil	01	%	Below 6
Monocytes	06	%	Below 8
<b>RBC Indices</b>			
Haematocrit	47.8	%	40 - 54
R.B.C Count	6.10	* A mil./cmm	4.5 - 5.5
M.C.V	78.4	fL	76 - 96
M.C.H	28.5	PG	27 - 32
M.C.H.C	36.4	* A gm/dl	32 - 36
RDW-CV	13.2	%	11.5 - 14.5
Platelet Count	198000	/cmm	150000 - 450000

**Comments on P.B.S**

R.B.C Morphology Normocytic Normochromic  
W.B.C No abnormal cells seen.  
Platelet Adequate.



*Satt*

**Dr. Simi Athavale**  
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

----- End Of Report -----

NOTE: \*A (Abnormal), \*C (Abnormal & Critical)



Report Generated by: Niramay Solutions

1 / 1

24-12-2022





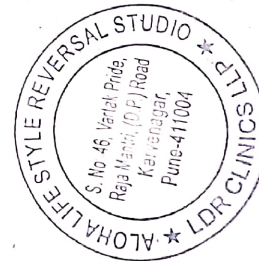
<b>Name</b>	Mr. Venkatesh Poojar	<b>Collected Time</b>	24-12-2022 10:58 AM
<b>Age/Gender</b>	29 Years / MALE	<b>Received Time</b>	24-12-2022 10:58 AM
<b>PRN</b>	ALRS/2412/2022-2023/2640	<b>Reported Time</b>	24-12-2022 03:57 PM
<b>Lab ID</b>	ALRS/D/22-23/2628		
<b>Ref Doctor</b>			

Test Name	Result	Unit	Bio. Ref. Range
<b>Blood Group</b>			
ABO Type	O		
Rh (D) Type	Positive		
<b>Glycosylated Hb / HbA1c</b>			
HbA1c	5.1	%	Below 6 (Normal) 6 - 7 (Good Control) 7 - 8 (Fair Control) 8 - 10 (Unsatisfactory Control) Above 10 (Poor Control)
Method	BORONATE AFFINITY		
Instrument Used	Abott-Affinion		
<b>ESR</b>			
ESR	05		Below 10
Unit	mm at the end of 1 hour		
Method	Modified Westergrens Method		



**Dr. Simi Athavale**  
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

----- End Of Report -----



NOTE: \*A (Abnormal), \*C (Abnormal & Critical)







Name Mr. Venkatesh Poojar  
Age/Gender 29 Years / MALE  
PRN ALRS/2412/2022-2023/2640  
Lab ID ALRS/D/22-23/2628  
Ref Doctor

Collected Time 24-12-2022 10:58 AM  
Received Time 24-12-2022 10:58 AM  
Reported Time 24-12-2022 03:57 PM

Test Name	Result	Unit	Bio. Ref. Range
<b>Liver Function Test</b>			
Sr Total Bilirubin	0.97	mg/dl	0.1 - 1.2
Sr Direct Bilirubin	0.33	mg/dl	0.0 - 0.4
Sr Indirect Bilirubin	0.64	mg/dl	0.1 - 1.2
Alkaline Phosphatase	54.0	IU/L	50 - 150
S.G.P.T	25.1	IU/L	Below 40
S.G.O.T	25.1	IU/L	Below 40
Sr Total Protein	6.55	mg/dl	6.0 - 8.0
Sr Albumin	4.29	mg/dl	3.7 - 5.3
Sr Globulin	2.26	mg/dl	2.3 - 3.6
A:G ratio	1.9	%	1.2:1 - 2:1
INTRUMENT USED Erba EM 200- Fully Automatic Random Access Chemistry Analyzer			

<b>Lipid Profile</b>			
S.Cholesterol	165.0	mg/dl	Below 200
S.Triglycerides	191.9	mg/dl	40 - 160
HDL Cholesterol	34.2	mg/dl	35.3 - 79.5
VLDL Cholesterol	38.38	mg/dl	Below 41 (Desirable)
LDL Cholesterol Direct	101.3	mg/dl	0.0 - 130
LDLC/HDL C Ratio	2.96		Below 3.4
S.Cholesterol/HDL C Ratio	4.82	* A	Below 4.5
Instrument Used	ERBA EM-200 Fully automatic random access biochemistry analyzer.		

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Find Of Report -----

NOTE : \*A (Abnormal), \*C (Abnormal & Critical)

Report Generated by: Niramay Solutions

1 / 1

24-12-2022



Dr. Simi Athavale  
MBBS (DGP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

*SA*







Name: Mr. Venkatesh Pooljar  
Age/Gender: 29 Years / MALE  
PRN: ALRS/2412/2022-2023/2640  
Lab ID: ALRS/D/22-23/2628  
Ref Doctor: \_\_\_\_\_  
Collected Time: 24-12-2022 10:58 AM  
Received Time: 24-12-2022 10:58 AM  
Reported Time: 24-12-2022 03:57 PM

Test Name	Result	Unit	Bio. Ref Range
<b>Creatinine</b>			
Serum Creatinine	0.88	mg/dl	0.7 - 1.3
Method	Enzymatic		
Instrument Used	ERBA EM-200 Fully automatic random access biochemistry analyzer.		

**BUN**  
**Blood Urea Nitrogen**  
Blood Urea Nitrogen 9.16 mg/dl 5.0 - 21.0

**GGTP**  
Gamma GT (GGTP) 68.5 \* A U/L 10 - 50

*Signature*

Dr. Simi Athavale  
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

End Of Report



NOTE: \*A (Abnormal), \*C (Abnormal & Critical)

Report Generated by: Nitramay Solutions



  
ALOHA  
Health Matters!

Name Mr. V Ankaresh Poojar  
Age/Gender 29 Years / MALE  
PRN ALRS/2412/2022-2023/2640  
Lab ID ALRS/D/22-23/2628  
Ref Doctor

Collected Time 24-12-2022 10:58 Am  
Received Time 24-12-2022 10:58 AM  
Reported Time 24-12-2022 03:57 PM

Test Name	Result	Unit	Bio. Ref. Range
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Urine Analysis

Physical Examination

Quantity	30	ml	
Colour	Pale Yellow		
Appearance	Clear		
Specific gravity	1.010		1 - 1.03

Chemical Examination

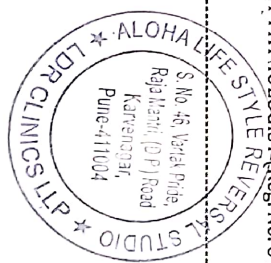
Reaction (pH)	Acidic
Proteins	Absent
Glucose	Absent
Ketone Bodies	Absent
Bile Salts	Absent
Bile Pigments	Absent
Urobilinogen	Normal

Microscopic Examination

Pus Cells	Absent	/hpf
Epithelial Cells	Occasional	/hpf
RBC	Absent	/hpf
Casts	Absent	
Crystals	Absent	

End Of Report

Dr. Simi Athavale  
MBBS,(DCP) CONSULTANT PATHOLOGIST, Reg. No. 84648)



NOTE: \*A (Abnormal), \*C (Abnormal & Critical)

Report Generated by: Niramay Solutions

1 / 1

24-12-2022





Registration Date : 24/12/2022

Patient Name : **MR. POOJAR VENKATESH**

Age / Gender : 29 Yrs / Male

Reference (Dr.) : ALOHA LIFESTYLE REVERSAL STUDIO

Sample Collected : From Ldr Clinics Llp (Aloha Lifestyle Reversal Studio)



Patient ID No. : 1062910

Reg Date/Time : 24-12-2022 02:08pm

Sample Coll.Date/Time : 24-12-2022 02:08pm

Report Date/Time : 24-12-2022 03:13pm

**Thyroid Stimulating Hormone (TSH)**

Investigation	Result	Units	Reference Range
Ultra TSH, Serum <i>(Method: ECLIA/CLIA)</i>	1.42	uIU/mL	0.35 - 5.5

**NOTE :**

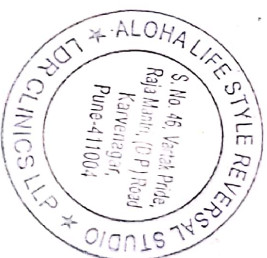
- 1) The TSH levels are subject to diurnal/circadian variation, reaching to peak levels between 2-4 a.m. and at a minimum between 6-10 p.m. The variation is to the order of 50%, hence the time when sample is collected has influence on the levels of TSH.
- 2) Many substances produced in central nervous system, even in healthy euthyroid individuals, may enhance or suppress TSH production in addition to the feedback effect of thyroid hormone.
- 3) Furthermore, although TSH levels rise and fall in response to changes in the concentration of Free T<sub>4</sub>, individuals appear to have their own setpoints and factors such as race and age also contribute to variability in TSH levels.
- 4) Alterations of normal pituitary response are also common in patients with a variety of illnesses which can affect the levels of TSH.
- 5) Inter-assay variations are possible on different immunoassay platforms.

**CLINICAL USE:**

- 1) Diagnose Hypothyroidism and Hyperthyroidism.
- 2) Monitor T<sub>4</sub> replacement or T<sub>4</sub> suppressive therapy.
- 3) Quantify TSH levels in the subnormal range.
- 4) Increased levels of TSH are found in Primary hypothyroidism, Subclinical hypothyroidism, TSH dependent Hyperthyroidism, Thyroid hormone resistance.
- 5) Decreased levels of TSH are found in Grave's disease, Autoimmune thyroid hormone secretion, TSH deficiency.

(R = Rechecked, H = High, L = Low.)

-End Of Report-



Dr.Saurabh Gujrathi  
M.D.(Path.)

Dr.Ashish N. Dhande  
M.D.(Path.)

Dr.Nitin L. Dhande  
M.D.(Path.)

Print Date : 24/12/2022 03:23PM

Test processed at "Dhande Pathlab Diagnostics Pvt.Ltd." Pune



Patient Name: Mr. Venkatesh Poojar

Age: 29 Yrs/male

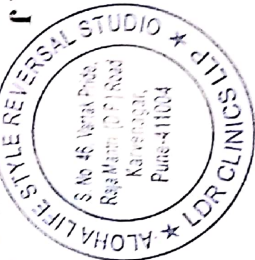
Ref By: -

Date: 24/12/2022

**RADIOGRAPH OF CHEST – PA VIEW**

**Observation** : Both the lungs are clear and the hila appear normal.  
No obvious parenchymal lung lesion seen in either side.  
Both costophrenic angles are clear.  
Cardio-aortic silhouette has normal appearance.  
No obvious bony abnormalities seen.

**Impression** : No significant abnormality noted.



Dr. Punya J  
MBBS, MD (RADIO-DIAG) Consultant Radiologist  
Reg No. 2022/05/1131

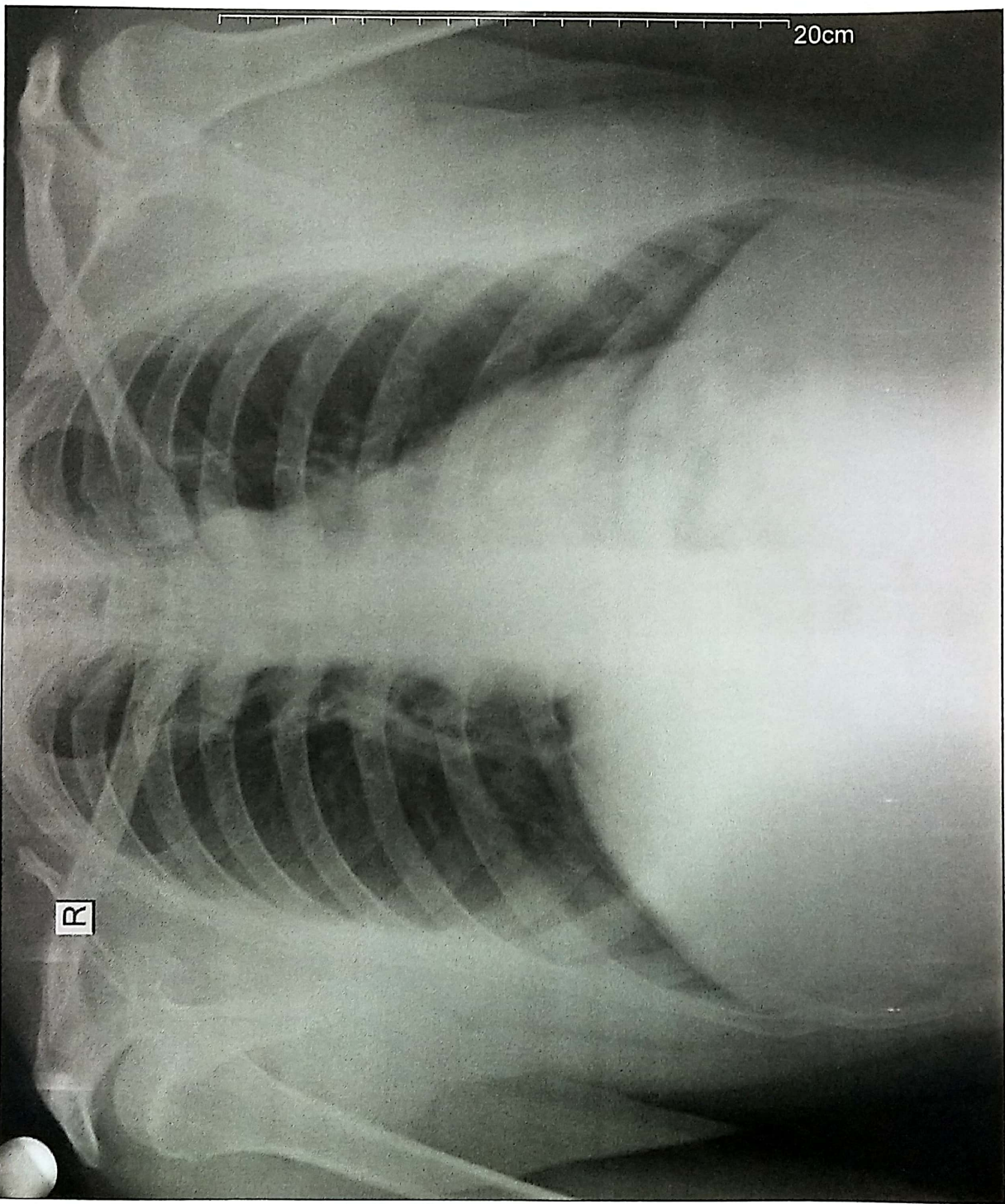




venkatesh, hanamanappa,  
Sex:  
DOB: 07/28/1991  
ID: PAT000076

Acq. Date: 12/24/2022  
Acq. Time: 9:05:28 PM  
Exp. Index: 1385

1



CHEST  
PA  
W: 4096, L: 2048  
Tech ID: admn

Scale: 0.0  
Eefestream Health R&D Hospital



Scanned with OKEN Scanner

# LDR CLINIC LLP

SR NO. 46, VARTAK PRIDE, D.P. ROAD, KARVE NAGAR, PUNE

## Summary Report

Report time : 11:09 am  
December 24, 2022 10:52 am

PATIENT ID : R  
PATIENT NAME : VENKATESH POOJAR 29/M

PROTOCOL : BRUCE

PATIENT HEIGHT : 0 Cm      PATIENT WEIGHT : 0.00 Kg

PATIENT ADD. :

Ref. By : Not Applicable

( Not Applicable )

OBJECT OF TEST : Routine check up  
RISK FACTOR :  
ACTIVITY : Very active  
MEDICATION :  
BRIEF HISTORY :  
OTHER INVESTIGATION :  
REASON FOR TERMINATION : Max HR  
EXERCISE TOLERANCE : Good  
EXERCISE INDUCED ARRHYTHMIA :  
HAEMO RESPONSE :  
CHRONO RESPONSE : Normal  
FINAL IMPRESSION :  
Good effort tolerance  
No angina / dyspnoea  
No significant ST - T Changes Seen  
Stress Test Negative for stress induced ischemia.

**DR. RITUPARNA SHINDE**  
MD, DNB (Cardiology)  
International Cardiologist  
Reg No. 2000/02/03653

Dr. RITUPARNA SHINDE  
M.D., DNB, (CARDIOLOGY)





# LDR CLINIC LLP

SR NO. 46, VARTAK PRIDE, D.P. ROAD, KARVE NAGAR, PUNE

PATIENT ID : R  
PATIENT NAME : VENKATESH POOJAR 29/M

## Summary Report

Report time : 11:09 am  
December 24, 2022 10:52 am

PROTOCOL : BRUCE

PATIENT HEIGHT : 0 Cm      PATIENT WEIGHT : 0.00 Kg  
PATIENT ADD. :

Ref. By : Not Applicable  
( Not Applicable )

Stage	StageSpeed (Kmph) / Time Grade ( % )	HR bpm	BP mmHg	R.P.P. X 1000	METS	ST Level I	Stage Comments
Pre-Test	00:21 0.00 / 0.00	83	130 / 80	10	1.00	0.74	
Supine	00:06 0.00 / 0.00	83	130 / 80	10	1.00	0.74	
Standing	00:05 0.00 / 0.00	83	130 / 80	10	1.00	0.71	
Wait For Exercise	00:12 0.00 / 0.00	85	130 / 80	11	1.00	0.74	
Exercise Stage 1	03:00 2.70 / 10.00	113	130 / 80	14	5.70	0.81	
Exercise Stage 2	03:00 4.00 / 12.00	125	130 / 80	16	8.00	0.64	
Exercise Stage 3	03:00 5.50 / 14.00	148	140 / 80	20	10.60	1.35	
Peak Exercise	01:00 6.80 / 16.00	164	140 / 80	22	13.00	1.03	
Recovery 1	01:00 0.00 / 0.00	152	140 / 80	21	1.00	2.16	
Recovery 3	03:00 0.00 / 0.00	105	140 / 80	14	1.00	0.97	
Recovery 6	06:00 0.00 / 0.00	96	140 / 80	13	1.00	-0.03	

TOTAL EXER TIME : 10 : 0 min

MAX HR : 166 bpm (86.91 % of 191 bpm)

MAX BP : 140 / 80 mmHg

MAX WORKLOAD : 13.00

DISTANCE COVERED : 0.72 Km

DOUBLE PRODUCT : 23240.00

**DR. RITUPARNA S. SHINDE**  
MD. DNB (Cardiology)  
Interventional Cardiologist  
Reg. No. 2000/021166  
Dr. RITUPARNA SHINDE  
M.D., DNB, (CARDIOLOGY)

# LDR CLINIC LLP

PATIENT ID : R HEIGHT : 0 Cm WEIGHT : 0.00 Kg

PATIENT NAME : VENKATESH POOJAR 29/M

PROTOCOL : BRUCE

STAGE : Pre-Test

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

December 24, 2022 10:52 am

Report time : 10:52 am

PHASE TIME : 00:08

STAGE DURATION : 00:00

HR : 76 bpm

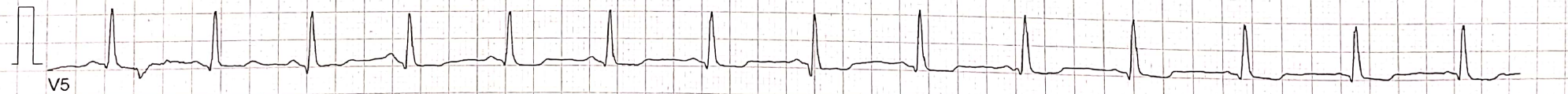
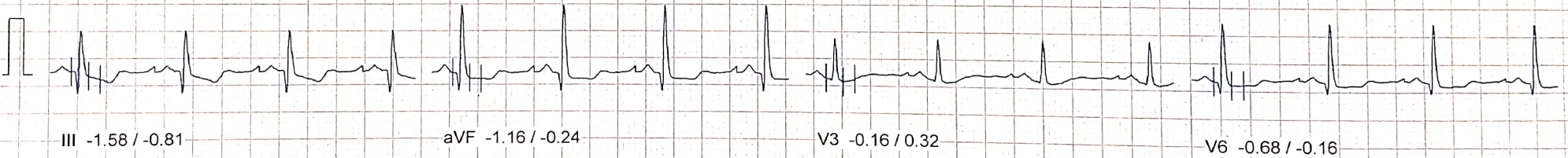
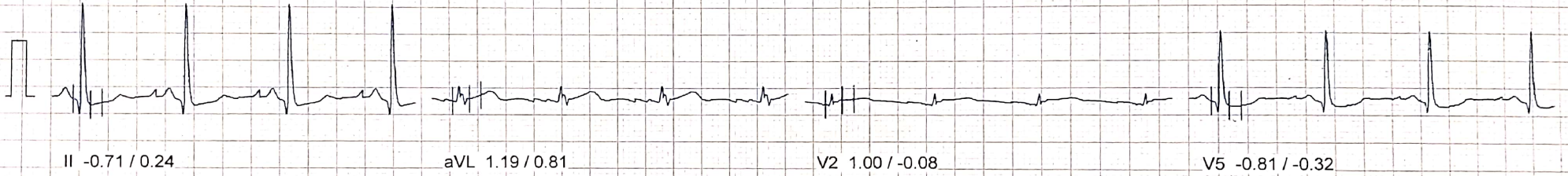
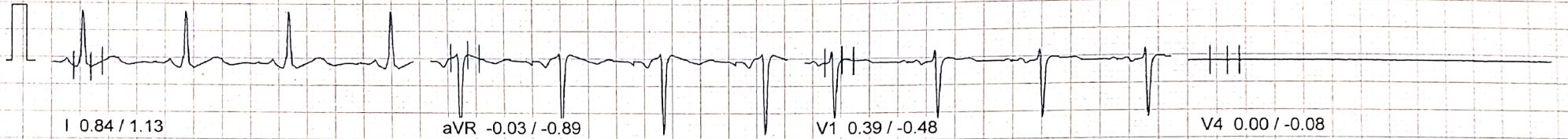
QRS Lead : V5

SPEED: 0.0 kmph

GRADE: 0.0

BP : 0 / 0 mmHg

METs : 1.00



100 Hz

10mm/mv, 25mm/sec

NASAN (C) ST-Win Deluxe BL 6.91, Unit Ver 4.20





# LDR CLINIC LLP

PATIENT ID : R HEIGHT : 0 Cm WEIGHT : 0.00 Kg

PATIENT NAME : VENKATESH POOJAR 29/M

PROTOCOL : BRUCE

STAGE : Supine

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

## Linked Median Report

December 24, 2022

10:52 am

Report time

10:53 am

PHASE TIME : 00:24

SPEED: 0.0 kmph

STAGE DURATION : 00:00

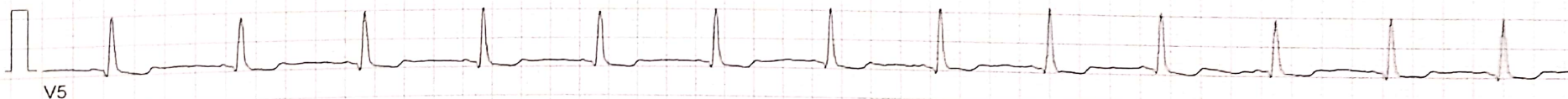
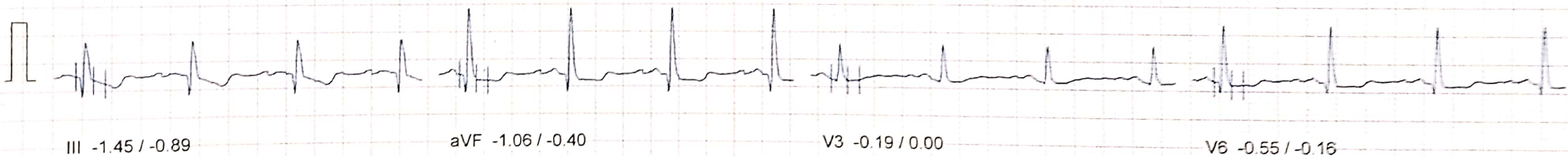
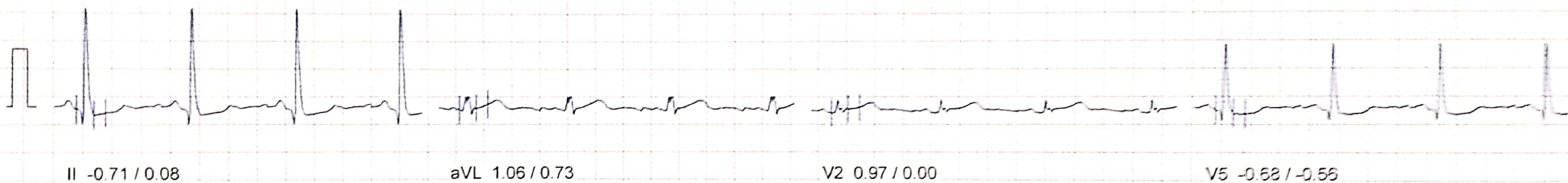
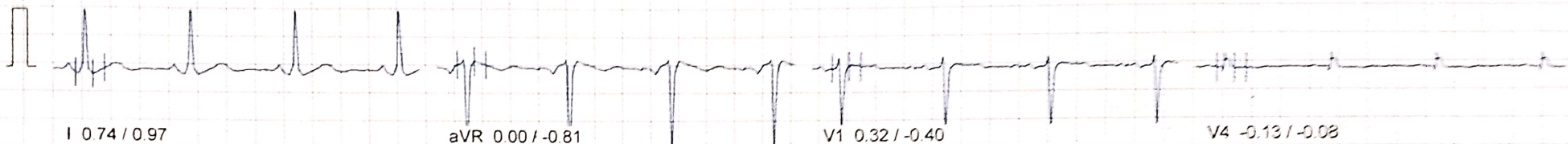
GRADE: 0.0

HR : 83 bpm

BP : 130 / 80 mmHg

QRS Lead : V5

METs : 1.00



100 Hz

10mm/mv, 25mm/sec

NASAN (C) ST-Win Deluxe BL 6.91, Unit Ver 4.20



# LDR CLINIC LLP

PATIENT ID : R HEIGHT : 0 Cm WEIGHT : 0.00 Kg

PATIENT NAME : VENKATESH POOJAR 29/M

PROTOCOL : BRUCE

STAGE : Standing

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

## Linked Median Report

December 24, 2022 10:52 am

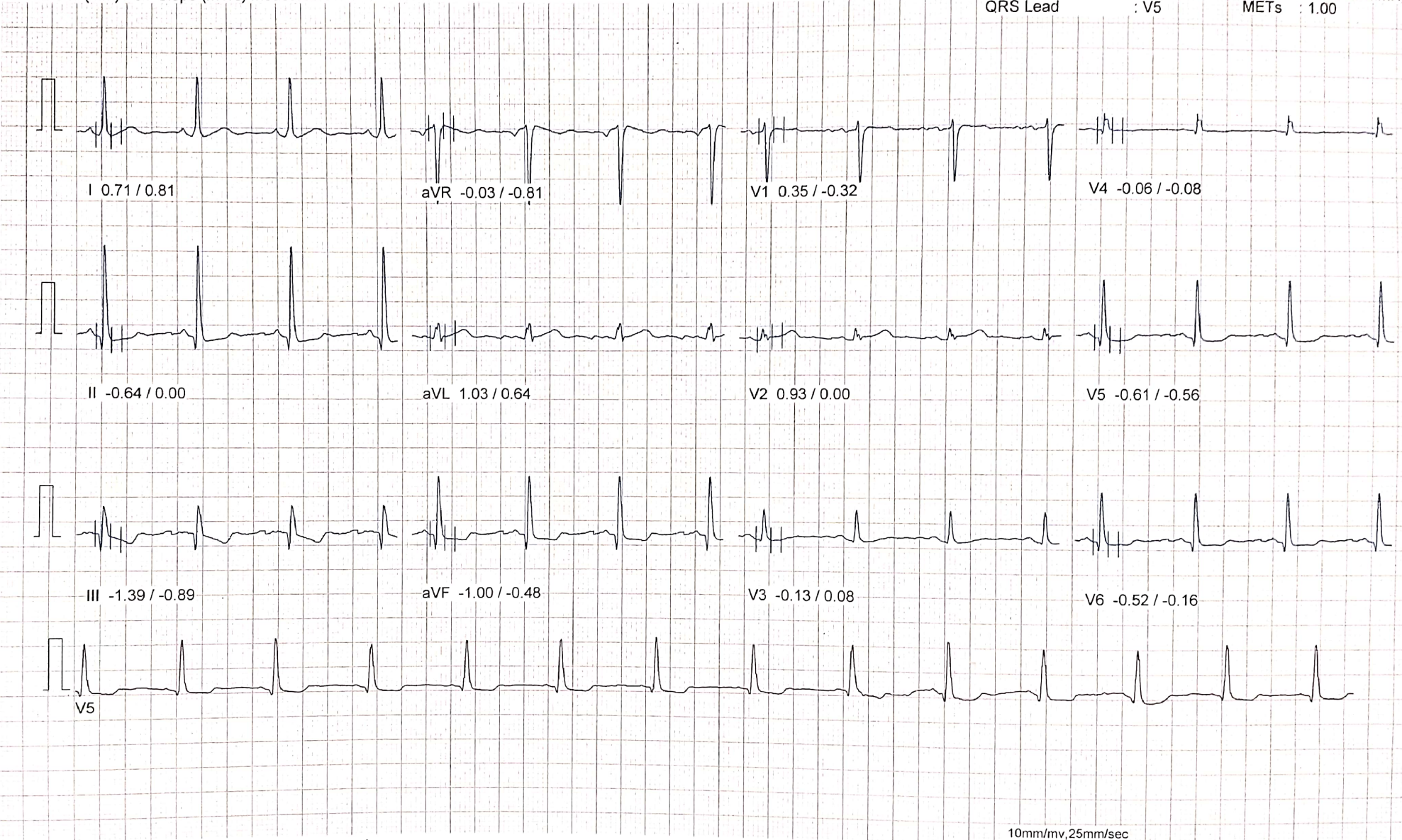
Report time : 10:53 am

PHASE TIME : 00:32 SPEED: 0.0 kmph

STAGE DURATION : 00:00 GRADE: 0.0

HR : 83 bpm BP : 130 / 80 mmHg

QRS Lead : V5 METs : 1.00



100 Hz

10mm/mv, 25mm/sec

NASAN (C) ST-Win Deluxe BL 6.91, Unit Ver 4.20





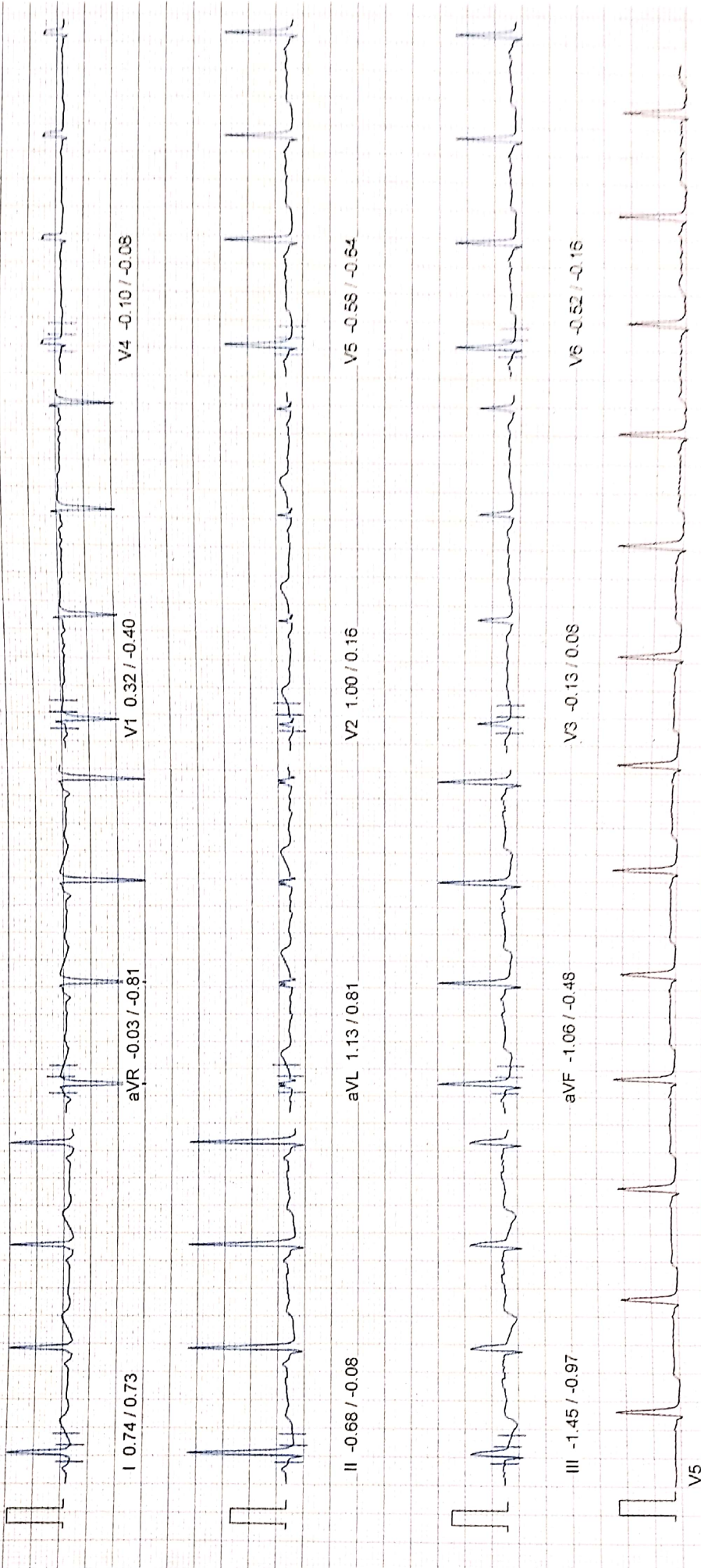
# LDR CLINIC LLP

## Linked Median Report

PATIENT ID : R HEIGHT : 0 Cm WEIGHT : 0.00 Kg  
PATIENT NAME : VENKATESH POOJAR 29/M

PROTOCOL : BRUCE  
STAGE : Wait For Exercise  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

December 24, 2022 10:52 am  
Report time : 10:53 am  
PHASE TIME : 00:51 SPEED: 0.0 kmph  
STAGE DURATION : 00:00 GRADE: 0.0  
HR : 85 bpm BP : 130 / 80 mmHg  
QRS Lead : V5 METs : 1.00





# LDR CLINIC LLP

## Linked Median Report

December 24, 2022 10:52 am

Report time : 10:56 am

PATIENT ID : R HEIGHT : 0 Cm WEIGHT : 0.00 Kg

PATIENT NAME : VENKATESH POOJAR 29/M

PROTOCOL : BRUCE

STAGE : Exercise Stage 1

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 03:00

SPEED: 2.7 kmph

STAGE DURATION : 02:56

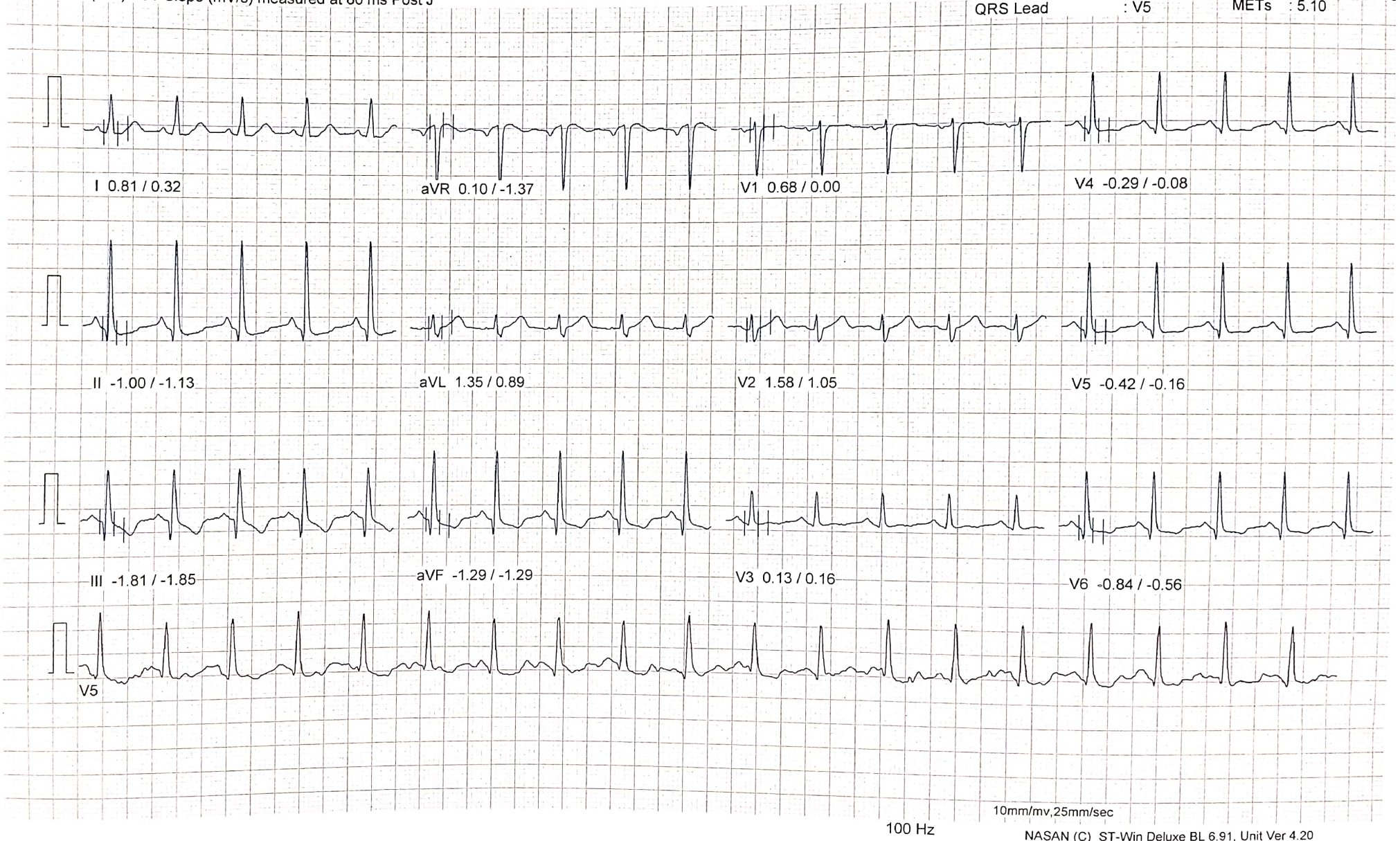
GRADE: 10.0

HR : 113 bpm

BP : 130 / 80 mmHg

QRS Lead : V5

METs : 5.10





# LDR CLINIC LLP

## Linked Median Report

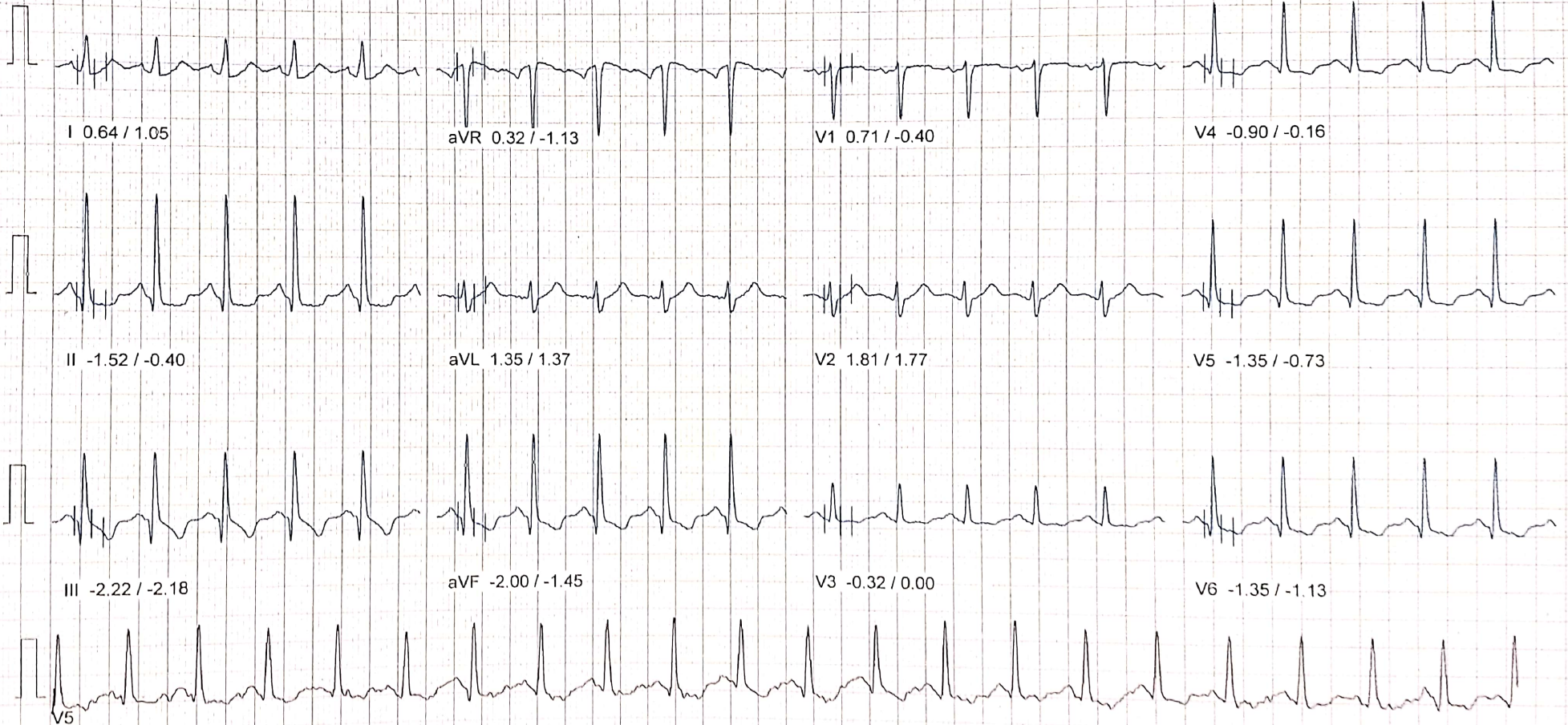
PATIENT ID : R HEIGHT : 0 Cm WEIGHT : 0.00 Kg  
PATIENT NAME : VENKATESH POOJAR 29/M

PROTOCOL : BRUCE  
STAGE : Exercise Stage 2  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

December 24, 2022 10:52 am

Report time : 10:59 am

PHASE TIME : 06:00 SPEED: 4.0 kmph  
STAGE DURATION : 03:04 GRADE: 12.0  
HR : 125 bpm BP : 130 / 80 mmHg  
QRS Lead : V5 METs : 7.10



100 Hz 10mm/mv, 25mm/sec  
NASAN (C) ST-Win Deluxe BL 6 91, Unit Ver 4 20



# LDR CLINIC LLP

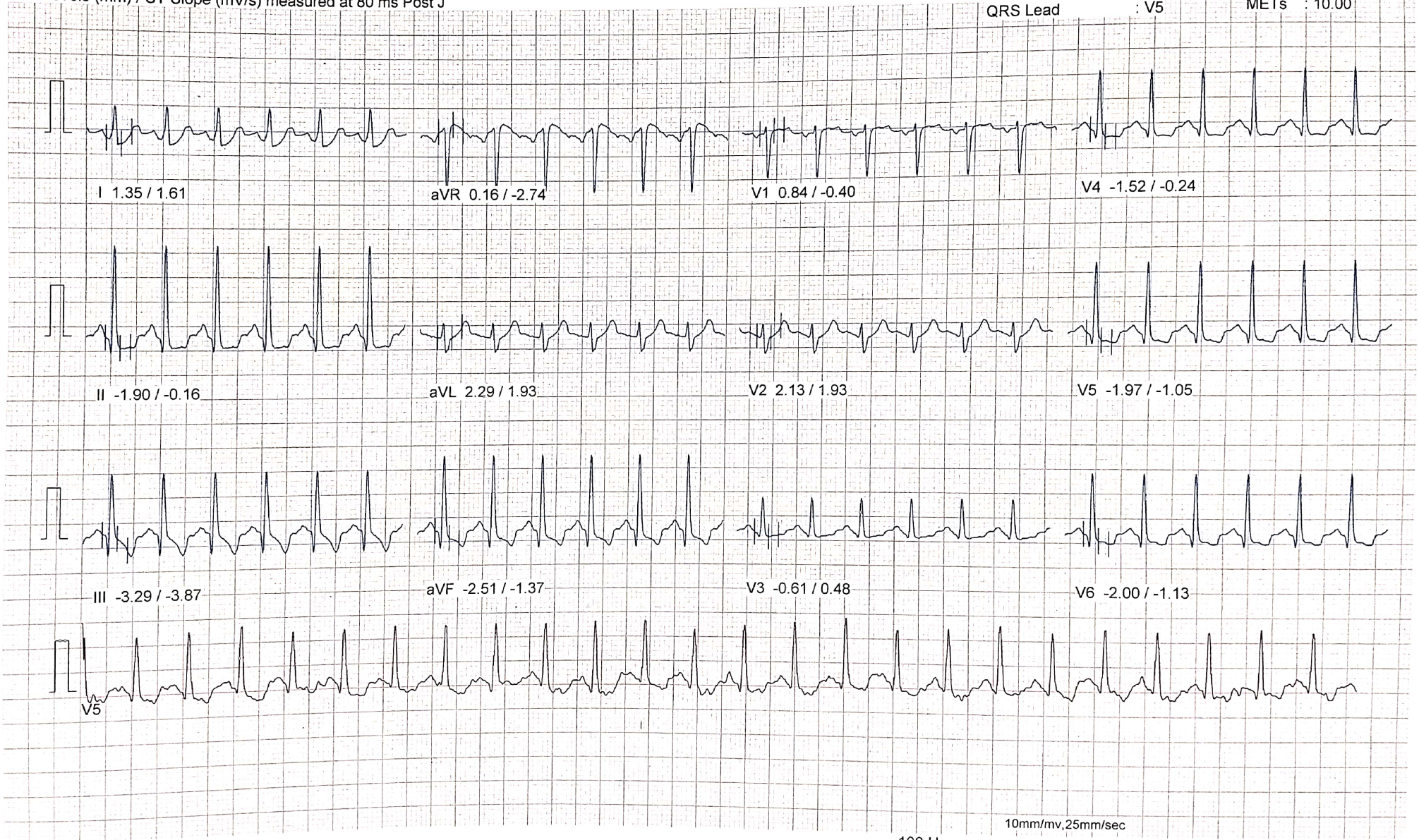
## Linked Median Report

PATIENT ID : R HEIGHT : 0 Cm WEIGHT : 0.00 Kg  
PATIENT NAME : VENKATESH POOJAR 29/M  
PROTOCOL : BRUCE  
STAGE : Exercise Stage 3  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

December 24, 2022 10:52 am

Report time : 11:02 am

PHASE TIME : 09:00 SPEED: 5.5 kmph  
STAGE DURATION : 02:56 GRADE: 14.0  
HR : 148 bpm BP : 140 / 80 mmHg  
QRS Lead : V5 METs : 10.00



100 Hz

10mm/mv, 25mm/sec

NASAN (C) ST-Win Deluxe BL 6.91, Unit Ver 4.20



# LDR CLINIC LLP

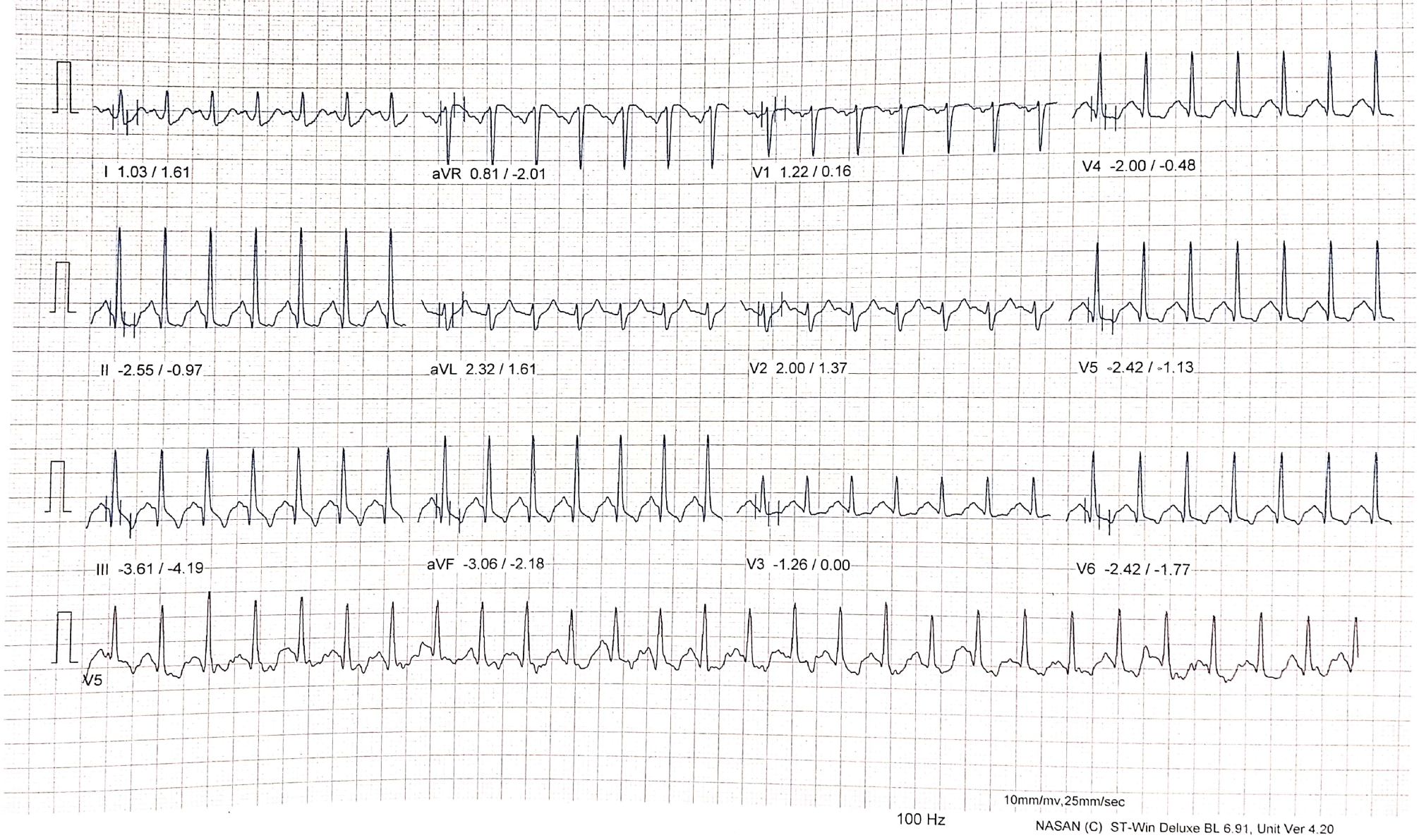
## Linked Median Report

PATIENT ID : R HEIGHT : 0 Cm WEIGHT : 0.00 Kg  
PATIENT NAME : VENKATESH POOJAR 29/M  
PROTOCOL : BRUCE  
STAGE : Peak Exercise  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

December 24, 2022 10:52 am

Report time : 11:03 am

PHASE TIME : 10:01 SPEED: 6.8 kmph  
STAGE DURATION : 01:04 GRADE: 16.0  
HR : 164 bpm BP : 140 / 80 mmHg  
QRS Lead : V5 METs : 10.60





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Linked Median Report

PATIENT ID : R HEIGHT : 0 Cm WEIGHT : 0.00 Kg  
PATIENT NAME : VENKATESH POOJAR 29/M

PROTOCOL : BRUCE  
STAGE : Recovery 1  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

December 24, 2022 10:52 am  
Report time : 11:04 am  
PHASE TIME : 10:01 SPEED: 0.0 kmph  
STAGE DURATION : 00:56 GRADE: 0.0  
HR : 152 bpm BP : 140 / 80 mmHg  
QRS Lead : V5 METs : 1.00



Comments :

10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Deluxe BL 6.91, Unit Ver 4.20





# LDR CLINIC LLP

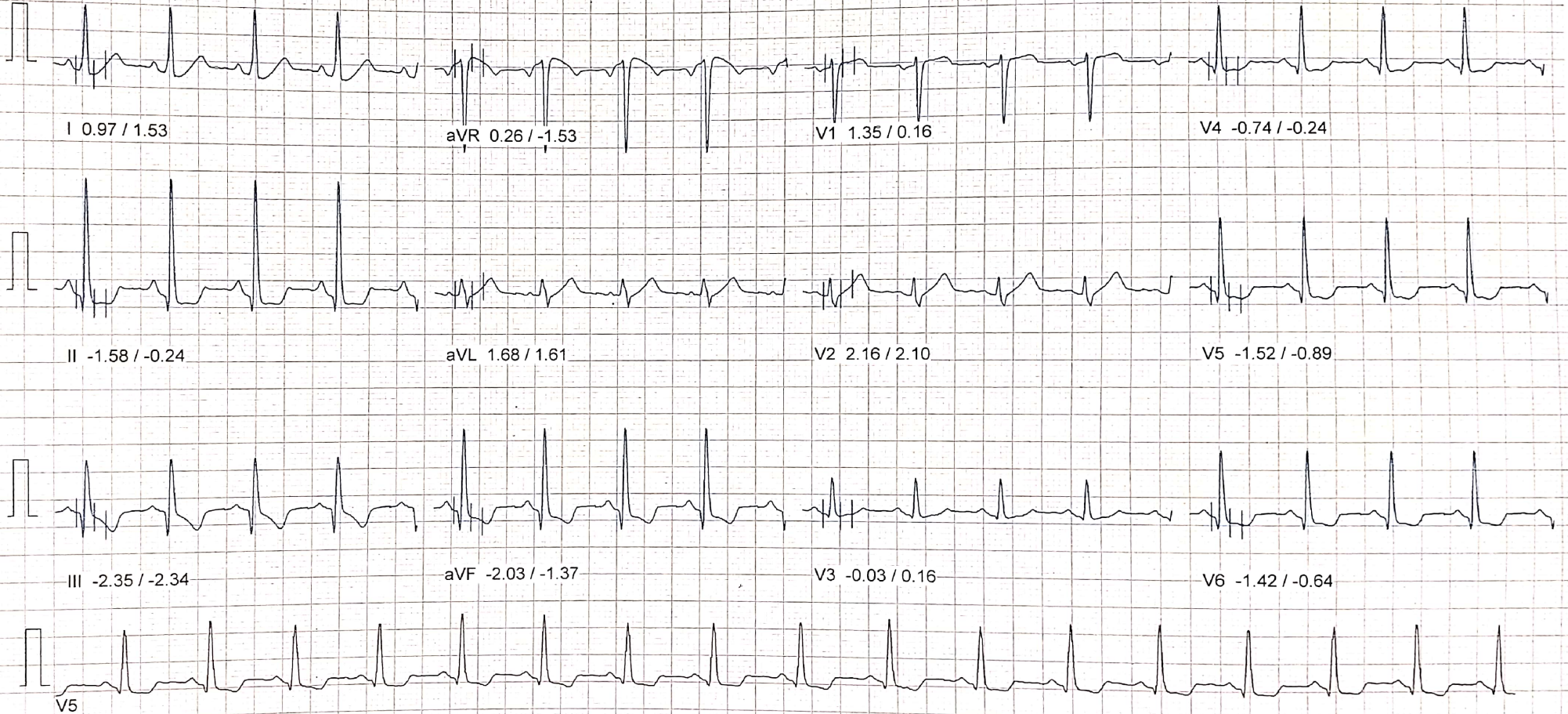
## Linked Median Report

PATIENT ID : R HEIGHT : 0 Cm WEIGHT : 0.00 Kg  
PATIENT NAME : VENKATESH POOJAR 29/M  
PROTOCOL : BRUCE  
STAGE : Recovery 3  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

December 24, 2022 10:52 am

Report time : 11:06 am

PHASE TIME : 10:01 SPEED: 0.0 kmph  
STAGE DURATION : 02:56 GRADE: 0.0  
HR : 105 bpm BP : 140 / 80 mmHg  
QRS Lead : V5 METs : 1.00



Comments :

100 Hz

10mm/mv, 25mm/sec

NASAN (C) ST-Win Deluxe BL 6.91, Unit Ver 4.20



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## Linked Median Report

PATIENT ID : R HEIGHT : 0 Cm WEIGHT : 0.00 Kg

PATIENT NAME : VENKATESH POOJAR 29/M

PROTOCOL : BRUCE

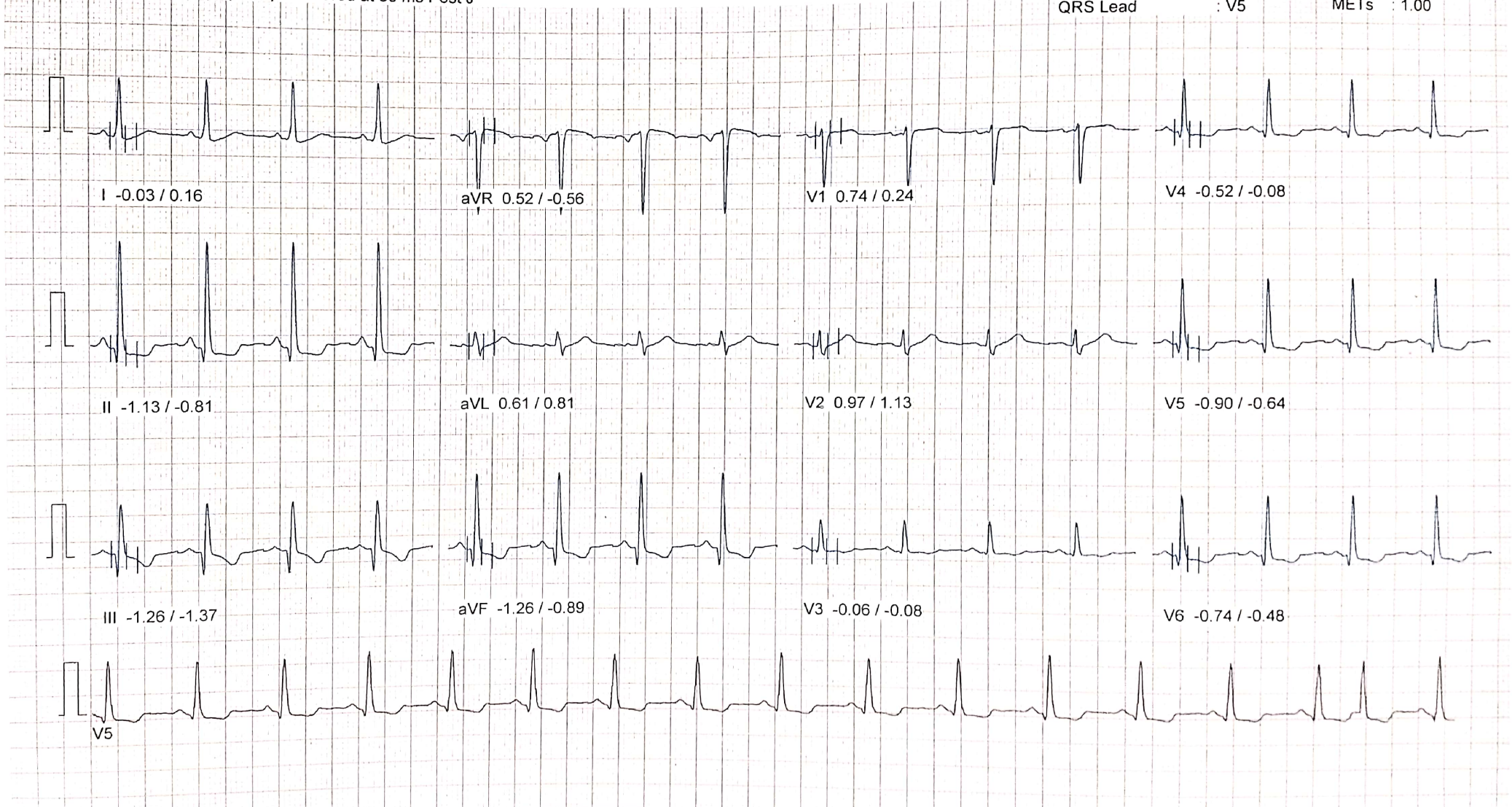
STAGE : Recovery 6

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

December 24, 2022 10:52 am

Report time : 11:09 am

PHASE TIME : 10:01 SPEED: 0.0 kmph  
STAGE DURATION : 06:00 GRADE: 0.0  
HR : 96 bpm BP : 140 / 80 mmHg  
QRS Lead : V5 METs : 1.00



Comments :

10mm/mv, 25mm/sec  
100 Hz  
NASAN (C) ST-Win Deluxe BL 6 91, Unit Ver 4 20





Registration.Date : 24/12/2022		Patient ID No. : 1062910
Patient Name : MR. POOJAR V. VENKATESH		Reg Date/Time : 24-12-2022 02:08pm
Age / Gender : 29 Yrs / Male		Sample Coll.Date/Time : 24-12-2022 02:08pm
Reference (Dr.) : ALOHA LIFESTYLE REVERSAL STUDIO		Report Date/Time : 24-12-2022 03:13pm
Sample Collected : From Ldr Clinics Llp (Aloha Lifestyle Reversal Studio)		

**Thyroid Stimulating Hormone (TSH)**

Investigation	Result	Units	Reference Range
Ultra TSH, Serum <i>(Method: ECLIA/ CLIA)</i>	: 1.42	uIU/mL	0.35 - 5.5

**NOTE :**

- 1) The TSH levels are subject to diurnal/circadian variation, reaching to peak levels between 2-4 a.m. and at a minimum between 6-10 p.m. The variation is to the order of 50%, hence the time when sample is collected has influence on the levels of TSH.
- 2) Many substances produced in central nervous system, even in healthy euthyroid individuals, may enhance or suppress TSH production in addition to the feedback effect of thyroid hormone.
- 3) Furthermore, although TSH levels rise and fall in response to changes in the concentration of Free T4, individuals appear to have their own setpoints and factors such as race and age also contribute to variability in TSH levels.
- 4) Alterations of normal pituitary response are also common in patients with a variety of illnesses which can affect the levels of TSH.
- 5) Inter-assay variations are possible on different immunoassay platforms.

**CLINICAL USE:**

- 1) Diagnose Hypothyroidism and Hyperthyroidism.
- 2) Monitor T4 replacement or T4 suppressive therapy.
- 3) Quantify TSH levels in the subnormal range.
- 4) Increased levels of TSH are found in Primary hypothyroidism, Subclinical hypothyroidism, TSH dependent Hyperthyroidism, Thyroid hormone resistance.
- 5) Decreased levels of TSH are found in Grave's disease, Autoimmune thyroid hormone secretion, TSH deficiency.

(R = Retchecked, H = High, L = Low.)

—End Of Report—



Dr.Saurabh Gujrathi  
M.D.(Path.)

Dr.Ashish N. Dhande  
M.D.(Path.)

Dr.Nitin L. Dhande  
M.D.(Path.)

Print.Date : 24/12/2022 03:23PM

Test processed at "Dhande Pathlab Diagnostics Pvt.Ltd." Pune

