

CONCLUSION OF HEALTH CHECKUP

ECU Number	: 3948	MR Number	: 23208417	Patient Name:	SUGAT PANDURANG KADAM
Age	: 51	Sex	: Male	Height	: 165
Weight	: 72	Ideal Weight	: 63	BMI	: 26.45
Date	: 24/06/2023				

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.

ECU Number : 3948 MR Number : 23208417 Patient Name: SUGAT PANDURANG KADAM
Age : 51 Sex : Male Height : 165
Weight : 72 Ideal Weight : 63 BMI : 26.45
Date : 24/06/2023

Past H/O : P/H/O HEART DISEASE - 2014 ; P/H/O CABG - 2014.

Present H/O : NO MEDICAL COMPLAINTS AT PRESENT.

Family H/O : FATHER : CARDIAC ARREST.

Habits : NO HABITS.
Gen.Exam. : G.C. GOOD
B.P : 104/72 mm Hg
Pulse : 88/MIN REG.
Others : SPO2 : 98 %
C.V.S : NAD
R.S. : NAD
Abdomen : NP
Spleen : NP
Skin : NAD
C.N.S : NAD
Advice :



ECU Number : 3948

Age : 51

Weight : 72

Date : 24/06/2023

MR Number : 23208417

Sex : Male

Ideal Weight : 63

Patient Name : SUGAT PANDURANG KADAM

Height : 165

BMI : 26.45

Ophthalmic Check Up :

Right

Left

Ext Exam

NORMAL

Vision Without Glasses

-

-

Vision With Glasses

6/6 N.5

6/6 N.5

Final Correction

SAME AS OWN

Indus

NORMAL

Colour Vision

NORMAL

Advice

NIL

Orthopaedic Check Up :

Ortho Consultation

Ortho Advice

ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice



Patient Name : Mr. SUGAT PANDURANG KADAM
 Gender / Age : Male / 51 Years 6 Months 14 Days
 MR No / Bill No. : 23208417 / 241030689
 Consultant : Dr. Manish Mittal
 Location : OPD

Type : OPD
 Request No. : 136294
 Request Date : 24/06/2023 08:50 AM
 Collection Date : 24/06/2023 09:12 AM
 Approval Date : 24/06/2023 02:32 PM

CBC + ESR

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before making any firm diagnosis. Recheck / Repeat may be advised.

Test	Result	Units	Biological Ref. Range
Haemoglobin.			
Haemoglobin	15.1	gm/dL	13 - 17
Red Blood Cell Count (T-RBC)	4.83	mill/cmm	4.5 - 5.5
Hematocrit (HCT)	45.0	%	40 - 50
Mean Corpuscular Volume (MCV)	93.2	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	31.3	pg	27 - 32
MCH Concentration (MCHC)	33.6	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	12.7	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	43.4	fl	39 - 46
Total Leucocyte Count (TLC)			
Total Leucocyte Count (TLC)	8.70	thou/cmm	4 - 10
Differential Leucocyte Count			
Polymorphs	60	%	40 - 80
Lymphocytes	31	%	20 - 40
Eosinophils	04	%	1 - 6
Monocytes	05	%	2 - 10
Basophils	00	%	0 - 2
Polymorphs (Abs. Value)	5.23	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	2.73	thou/cmm	1 - 3
Eosinophils (Abs. Value)	0.35	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.33	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.06	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.1	%	1 - 3 : Borderline > 3 : Significant
Platelet Count			
Platelet Count	235	thou/cmm	150 - 410
Smear evaluation	Adequate		
ESR	1	mm/1 hr	0 - 12

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mr. SUGAT PANDURANG KADAM
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CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser + Smear verification. ESR on Ves metic 20, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Rakesh Vaidya
Approved By Dr. Ameer Soni

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Gender / Age : Male / 51 Years 6 Months 14 Days
MR No / Bill No. : 23208417 / 241030689
Consultant : Dr. Manish Mittal
Location : OPD

Type : OPD
Request No. : 136294
Request Date : 24/06/2023 08:50 AM
Collection Date : 24/06/2023 09:12 AM
Approval Date : 24/06/2023 02:19 PM

Haematology

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Biological Ref. Range</u>
Blood Group			
ABO system	O		
Rh system	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontrol.
- This method check's group both on Red blood cells and in Serum for "ABO" group.

---- End of Report ----

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MD (Path). DCP.

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DEPARTMENT OF LABORATORY MEDICINE

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Request No. : 136294
Request Date : 24/06/2023 08:50 AM
Collection Date : 24/06/2023 09:12 AM
Approval Date : 24/06/2023 12:45 PM

Fasting Plasma Glucose

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Biological Ref. Range</u>
Fasting Plasma Glucose			
Fasting Plasma Glucose	76	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	115	mg/dL	70 - 140

By Hexokinase method on RXL Dade Dimesion

---- End of Report ----

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Complete Lipid Profile

Test	Result	Units	Biological Ref. Range
Complete Lipid Profile			
Appearance	Clear		
Triglycerides	92	mg/dL	1 - 150
<i>(By Lipase / Glycerol dehydrogenase on RXL Dade Dimension)</i>			
<i>< 150 Normal</i>			
<i>150-199 Borderline High</i>			
<i>200-499 High</i>			
<i>> 499 Very High</i>			
Total Cholesterol	148	mg/dL	1 - 200
<i>(By enzymatic colorimetric method on RXL Dade Dimension)</i>			
<i><200 mg/dL - Desirable</i>			
<i>200-239 mg/dL - Borderline High</i>			
<i>> 239 mg/dL - High</i>			
HDL Cholesterol	47	mg/dL	40 - 60
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension)</i>			
<i>< 40 Low</i>			
<i>> 60 High</i>			
Non HDL Cholesterol (calculated)	101	mg/dL	1 - 130
<i>(Non- HDL Cholesterol)</i>			
<i>< 130 Desirable</i>			
<i>139-159 Borderline High</i>			
<i>160-189 High</i>			
<i>> 191 Very High</i>			
LDL Cholesterol	79	mg/dL	1 - 100
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension)</i>			
<i>< 100 Optimal</i>			
<i>100-129 Near / above optimal</i>			
<i>130-159 Borderline High</i>			
<i>160-189 High</i>			
<i>> 189 Very High</i>			
VLDL Cholesterol (calculated)	18.4	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	1.68		2.1 - 3.5
T. Ch./HDL Ch. Ratio	3.15		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

---- End of Report ----

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Liver Function Test (LFT)

Test	Result	Units	Biological Ref. Range
Bilirubin			
Bilirubin - Total	1.32	mg/dL	0 - 1
Bilirubin - Direct	0.29	mg/dL	0 - 0.3
Bilirubin - Indirect	1.03	mg/dL	0 - 0.7
<i>(By Diazotized sulfanilic acid on RXL Dade Dimension.)</i>			
Aspartate Aminotransferase (SGOT/AST)	38	U/L	15 - 40
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alanine Aminotransferase (SGPT/ALT)	62	U/L	16 - 63
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alkaline Phosphatase	43	U/L	56 - 119
<i>(BY PNPP AMP method on RXL Dade Dimension.)</i>			
Gamma Glutamyl Transferase (GGT)	30	U/L	15 - 85
<i>(By IFCC method on RXL Dade Dimension.)</i>			
Total Protein			
Total Proteins	8.23	gm/dL	6.4 - 8.2
Albumin	4.62	gm/dL	3.4 - 5
Globulin	3.61	gm/dL	3 - 3.2
A : G Ratio	1.28		1.1 - 1.6
<i>(By Biuret endpoint and Bromocresol purple method on RXL Dade Dimension.)</i>			

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Request No. : 136294
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Collection Date : 24/06/2023 09:12 AM
Approval Date : 24/06/2023 03:34 PM

Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea <i>(By Urease Kinetic method on RXL Dade Dimension)</i>	33	mg/dL	10 - 45
Creatinine <i>(By Modified Kinetic Jaffe Technique)</i>	1.20	mg/dL	0.9 - 1.3
Estimate Glomerular Filtration rate <i>(Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. eGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)</i>	More than 60		
Uric acid <i>(By Uricase / Catalase method on RXL Siemens)</i>	3.7	mg/dL	3.4 - 7.2

--- End of Report ---

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HbA1c (Glycosylated Hb)

Test	Result	Units	Biological Ref. Range
HbA1c (Glycosylated Hb)			
Glycosylated Hemoglobin (HbA1c)	5.4	%	
estimated Average Glucose (e AG) *	108.28	mg/dL	

*(Method:**By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.*** Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.***Guidelines for Interpretation:***Indicated Glycemic control of previous 2-3 months*

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

--- End of Report ---

Dr. Rakesh Vaidya
MD (Path). DCP.



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 Gender / Age : Male / 51 Years 6 Months 14 Days
 MR No / Bill No. : 23208417 / 241030689
 Consultant : Dr. Manish Mittal
 Location : OPD

Type : OPD
 Request No. : 136294
 Request Date : 24/06/2023 08:50 AM
 Collection Date : 24/06/2023 09:12 AM
 Approval Date : 24/06/2023 12:46 PM

Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
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Triiodothyronine (T3)	1.30	ng/ml	
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(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (ng/ml)

1 - 3 days	: 0.1 - 7.4
1-11 months	: 0.1 - 2.45
1-5 years	: 0.1 - 2.7
6-10 years	: 0.9 - 2.4
11-15 years	: 0.8 - 2.1
16-20 years	: 0.8 - 2.1
Adults (20 - 50 years)	: 0.7 - 2.0
Adults (> 50 years)	: 0.4 - 1.8
Pregnancy (in last 5 months)	: 1.2 - 2.5

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

Thyroxine (T4)	10.08	mcg/dL	
----------------	-------	--------	--

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (mcg/dL)

1 - 3 days	: 11.8 - 22.6
1 - 2 weeks	: 9.8 - 16.6
1 - 4 months	: 7.2 - 14.4
4 - 12 months	: 7.8 - 16.5
1-5 years	: 7.3 - 15.0
5 - 10 years	: 6.4 - 13.3
10 - 20 years	: 5.6 - 11.7
Adults / male	: 4.6 - 10.5
Adults / female	: 5.5 - 11.0
Adults (> 60 years)	: 5.0 - 10.7

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

Thyroid Stimulating Hormone (US-TSH)	3.62	microIU/ml	
--------------------------------------	------	------------	--

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (microIU/ml)

Infants (1-4 days)	: 1.0 - 39
2-20 weeks	: 1.7 - 9.1
5 months - 20 years	: 0.7 - 6.4
Adults (21 - 54 years)	: 0.4 - 4.2
Adults (> 55 years)	: 0.5 - 8.9

Pregnancy :

1st trimester	: 0.3 - 4.5
2nd trimester	: 0.5 - 4.6
3rd trimester	: 0.8 - 5.2

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

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— End of Report —

Dr. Rakesh Vaidya
MD (Path). DCP.



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 Location : OPD

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 Request No. : 136294
 Request Date : 24/06/2023 08:50 AM
 Collection Date : 24/06/2023 09:12 AM
 Approval Date : 24/06/2023 12:44 PM

Prostate Sp. (Antigen)

Test	Result	Units	Biological Ref. Range
Total PSA	0.917	ng/ml	0 - 4

(Method : Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.

Remark :

Age related reference range for interpretation :

< 40 yrs : 0.21 - 1.72

40 - 49 yrs : 0.27 - 2.19

50 - 59 yrs : 0.27 - 3.42

60 - 69 yrs : 0.27 - 6.16

>69 yrs : 0.21 - 6.77

TPSA may be raised usually mildly in benign prostatic conditions like hyperplasia. Typically 30 % of BPH may show values between 4-10 and 7 % between 10-40.

In Prostatic Malignancy 43 % show values below 4

21 % between 4 to 10

20 % between 10 to 40 &

16 % above 40)

----- End of Report -----

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 Request No. : 136294
 Request Date : 24/06/2023 08:50 AM
 Collection Date : 24/06/2023 09:12 AM
 Approval Date : 24/06/2023 12:55 PM

Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
Physical Examination			
Quantity	10	mL	
Colour	Yellow		
Appearance	Clear		
Chemical Examination (By Reagent strip method)			
pH	5.5		
Specific Gravity	>=1.030		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex Urine sedimentation analyzer UF4000)			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	1 - 5	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

---- End of Report ----

Dr. Rakesh Vaidya
MD (Path)-DCP.



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DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 23208417 Report Date : 24/06/2023
Request No. : 190069024 24/06/2023 8.50 AM
Patient Name : **Mr. SUGAT PANDURANG KADAM**
Gender / Age : Male / 51 Years 6 Months 14 Days

ADVANCED DIGITAL SOLUTIONS

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

X-Ray Chest AP

Both lung fields are clear.
Both costophrenic sinuses appear clear.
Heart size is normal. Sternal sutures+.
Hilar shadows show no obvious abnormality.
Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

Priyanka
Dr. Priyanka Patel, MD
Consultant Radiologist



H-2015-0297

MC-3004

E-2021-0037

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DEPARTMENT OF DIAGNOSTIC RADIOLOGY

ADVANCED DIGITAL SOLUTIONS

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

Patient No. : 23208417 Report Date : 24/06/2023
Request No. : 190069022 24/06/2023 8.50 AM
Patient Name : **Mr. SUGAT PANDURANG KADAM**
Gender / Age : Male / 51 Years 6 Months 14 Days

USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen

Liver is normal in size and echopattern. No mass lesion identified. The hepatic veins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured.
Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

**Prostate appears enlarged in size and volume is ~ 32 cc.
Prostate measures 35mm x 40mm x 43mm.**

Urinary bladder is well distended and appears normal.

No ascites.

COMMENT:

Prostatomegaly.

Kindly correlate clinically

* ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
 * NOT VALID FOR MEDICO-LEGAL PURPOSES
 * CLINICAL CORRELATION RECOMMENDED

Prerna C Hasani

Dr.Prerna C Hasani, MD
Consultant Radiologist



Name: Mr. Sugat P. Kadam
Patient ID: ECU/23208417

24.06.2023 11:28:48
Standard 12-Lead

Date of birth: Male
Gender: Male
Height:
Weight:
Ethnicity: Undefined
Pacemaker: Unknown

HR: 77 bpm
P axis: 26
QRS axis: 3
T axis: 6

RR: 779 ms
PR: 163 ms
QRS: 93 ms
QT: 375 ms
QTc: 425 ms

Visit ID:
Room:
Medication:
Order ID:
Ord. prov:
Ord. prot:

Sinus rhythm
Normal electrical axis
QRS(T) contour abnormality
consider anteroseptal myocardial damage
T abnormality (inversion)
T abnormality in inferior leads
Abnormal ECG

Abnormal

WSP

Uncollected report



25 mm/s, 10 mm/mV

Sequential

P 25Hz, AC 50Hz

25 mm/s, 10 mm/mV

P 25Hz, AC 50Hz

AT-102 G2 1.2.0 (1080,011030)

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K80

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 BHAILAL AMIN MARG,
 VADODARA-3, PH-(0265) 3956222

Station
 Telephone: 0265-3956222,3956024.

EXERCISE STRESS TEST REPORT

Patient Name: SUGAT P KADAM ,
 Patient ID: 000438
 Height:
 Weight:

DOB: 11.12.1971
 Age: 51yrs
 Gender: Male
 Race: Indian

Study Date: 24.06.2023
 Test Type: Treadmill Stress Test
 Protocol: BRUCE

Referring Physician: ARCOFEMI
 Attending Physician: DR. KILLOL KANERIA
 Technician: PRATAP RATHVA

Medications:

--

Medical History:

--

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:04	0.00	0.00	81	130/80	
	HYPERV.	00:02	0.00	0.00	81		
	WARM UP	00:19	1.00	0.00	80		
EXERCISE	STAGE 1	01:01	1.70	10.00	98	130/80	
	STAGE 2	02:01	2.50	12.00	134	130/80	
	STAGE 3	02:31	3.40	14.00	157	140/80	
RECOVERY		03:37	0.00	0.00	112	160/90	

The patient exercised according to the BRUCE for 5:30 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 81 bpm rose to a maximal heart rate of 157 bpm. This value represents 92 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 160/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions

Good effort tolerance, Normal HR and BP Response, No ANGINA and ARRHYTHMIAS during test, No Significant ST-T Changes seen during peak exercise and Recovery, Stress test is NEGATIVE for inducible myocardial ischemia

CONFIRMED BY : DR. KILLOL KANERIA _____