





### TMT INVESTIGATION REPORT

Patient Name: Mr. PANKAJ VERMA

Location

: Ghaziabad

Age/Sex

: 37Year(s)/male

Visit No

: V000000001-GHZB

MRN No

: GHZB-0000178209

Order Date

: 06/9/2022

Ref. Doctor : HCP

Report Date

: 06/9/2022

Protocol

: Bruce

MPHR

: 183BPM

**Duration of exercise** 

: 6min 48sec

85% of MPHR Peak HR Achieved : 162BPM

: 155BPM

Reason for termination : THR achieved

% Target HR

: 88%

Blood Pressure (mmHg) : Baseline BP : 116/74mmHg

Peak BP

: 134/78mmHg

**METS** 

: 8.2METS

TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
0:00	92	116/74	Nil	No ST changes seen	Nil
3:00	119	124/74	Nil	No ST changes seen	Nil
3:00	140	126/74	Nil	No ST changes seen	Nil
0:48	162	134/78	Nil	No ST changes seen	Nil
3:24	94	130/74	Nil	No ST changes seen	Nil
	(min) 0:00 3:00 3:00 0:48	(min)     (bpm)       0:00     92       3:00     119       3:00     140       0:48     162	(min)     (bpm)     (mmHg)       0:00     92     116/74       3:00     119     124/74       3:00     140     126/74       0:48     162     134/78	(min)         (bpm)         (mmHg)           0:00         92         116/74         Nil           3:00         119         124/74         Nil           3:00         140         126/74         Nil           0:48         162         134/78         Nil	(min)         (bpm)         (mmHg)           0:00         92         116/74         Nil         No ST changes seen           3:00         119         124/74         Nil         No ST changes seen           3:00         140         126/74         Nil         No ST changes seen           0:48         162         134/78         Nil         No ST changes seen

#### COMMENTS:

- No ST changes in base line ECG.
- No ST changes at peak.
- · No ST changes in recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

### **IMPRESSION:**

Treadmill test is negative for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

Dr. Abhishek Singh

Dr. Sudhanshu Mishra

MD, DM (CARDIOLOGY), FACC Sr. Consultant Cardiology

MD, DNB (CARDIOLOGY), MNAMS MD

Sr.Consultant Cardiology

Cardiology Registrar

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Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

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Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017

### **HCMCT**

# ManipalHospitals





Name

: PANKAJ VERMA

: 37 Yr(s) Sex :Male

Age

Lab No

Registration No

: MH010405875

, ,

Patient Episode

32220902049

D # 1 D

: R03000043181

Collection Date: 06 Sep 20

Referred By

: MANIPAL HOSPITALS GHAZIABAD

06 Sep 2022 14:17

Receiving Date

: 06 Sep 2022 14:45

Reporting Date: 06 Sep 2022 15:51

#### **BIOCHEMISTRY**

THYROID PROFILE, Serum

			#
T3 - Triiodothyronine (ECLIA)	1.64	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	10.99	micg/dl-	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	3.940	µIU/mL	[0.340-4.250]

Note: TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

- $^{\star}$  References ranges recommended by the American Thyroid Association
- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

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-----END OF REPORT-----

Dr. Neelam Singal CONSULTANT BIOCHEMISTRY



Name	PANKAJ VERMA	Age	37y 4m 6d	Gender	MALE
MRN	GHZB-0000178209	Visit No	V000000001-GHZB		
Lab No	G000328428	Collected On	06/09/2022 10:01AM	Received On	06/09/2022 10:10AM
Referred By	Deepak Verma		06/09/2022 12:34PM		10.10/11

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method	
GLUCOSE, FASTING (F)	92 mg/dl		70 110 (-1)	EARLY MEETING IN THE	
(Serum Fasting)	J2 mg/di		70 - 110 mg/dl		
	****	END OF RE	EPORT	Registration No: 42422	
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CONSULTANT PATHOLOGIST Pathologist

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8/9/2022

9:31AM

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Name	PANKAJ VERMA	Age	37y 4m 6d	Gender	MALE
MRN	GHZB-0000178209	Visit No	V000000001-GHZB		AND SHOWING S
Lab No	G000328454	Collected On	06/09/2022 11:27AM	Received On	06/09/2022 11:27AM
Referred By	Deepak Verma	Reported On	06/09/2022 3:49PM	+	

Test Name	Result	Criticality Biological Factor Reference Interval	Test Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS (Serum Post Prandial)	106 mg/dl	80 -140 mg/dl	
	*****	***** END OF REPORT ********	Alle: MC + 29000

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DR ALKA DIXIT VATS
CONSULANT PATHOLOGIST
PATHOLOGIST

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Name	PANKAJ VERMA	Age	37y 4m 6d	Gender	MALE
MRN	GHZB-0000178209	Visit No	V0000000001-GHZB		
Lab No	G000328454	Collected On	06/09/2022 11:27AM	Received On	06/09/2022 11:27AM
Referred By	Deepak Verma	Reported On	06/09/2022 3:51PM		

**Test Name** Result Criticality Factor

**Biological Reference Interval** 

### **URINE EXAMINATION, ROUTINE (Urine)**

PHYSICAL EXAMINATION

Colour P.YELLOW Appearance CLEAR рΗ 7.0 Specific gravity 1.005

**CHEMICAL EXAMINATION** 

Glucose Nil Protein Absent Ketone bodies Absent Urobilinogen Absent

MICROSCOPIC EXAMINATION

Leukocytes 1-2 /HPF Erythrocytes NIL Epithelial Cells 1-2 /HPF Casts NIL Crystals NIL Others NIL

\*\*\*\*\*\*\* END OF REPORT \*\*\*\*\*\*\*\*

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Name	PANKAJ VERMA	Age	37y 4m 6d	Gender	MALE
MRN	GHZB-0000178209	Visit No	V000000001-GHZB	and the same	Contraction C
Lab No	G000328429	Collected On	06/09/2022 10:01AM	Received On	06/09/2022 10:10AM
Referred By	Deepak Verma	Reported On	06/09/2022 5:38PM	,	*

Test Name Result Factor Reference Interval
BLOOD GROUP (A, B, O) AND RH FACTOR WITH REVERSE GROUPING (Whole Blood)

**BLOOD GROUPING** 

'B'

RH TYPING

POSITIVE

ESR (WESTERGREN), AUTOMATED ERYTHROCYTE

33 mm/1st hour

0 - 15 mm/Hr

SEDIMENTATION RATE

..... END OF REPORT .....

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Name	PANKAJ VERMA	Age	37y 4m 6d	Gender	MALE
MRN	GHZB-0000178209	Visit No	V000000001-GHZB		
Lab No	G000328429	Collected On	06/09/2022 10:01AM	Received On	06/09/2022 10:10AM
Referred By	Deepak Verma	Reported On	06/09/2022 12:32PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
HEMOGLOBIN, HB	13.4 g/dl		12 - 16 gm/ dl
MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION, MCHC	33.6 g/dl		33 - 36%
MEAN CORPUSCULAR HAEMOGLOBIN, MCH	27.9 pg		26 -34 pg
MEAN CORPUSCULAR VOLUME, MCV	83.0 fl		77 - 97 fl
PLATELET COUNT	237 x10 <sup>3</sup> cells/ Cumm		150x10^3 - 400x10^3 cells/cumm
RED BLOOD CELLS, RBC COUNT	4.81 million/cu mm		3.8 - 5.3 millions /cumm
RED CELL DISTRIBUTION WIDTH, RDW	14.0 %		11.5 - 14.5 %
LEUCOCYTE COUNT, TOTAL (TLC), AUTOMATED	5.25 x10 <sup>3</sup> ceils/ Cumm		4x10^3 - 11x10^3 cells/cumm
HEMATOCRIT (HCT)	39.9 %		34 -45%
BASOPHILS	00 %		0 - 2%
EOSINOPHILS	01 %	L	2 -7 %
LYMPHOCYTES	49 %	Н	17 - 45 %
MONOCYTES	08 %		4 -13%
NEUTROPHILS	42 %		40 - 80%
	END OF REPORT ********		A Maria de la compa

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mens DR CHARU AGARWAL CONSULTANT PATHOLOGIST Pathologist

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Name	PANKAJ VERMA	Age	37y 4m 6d	Gender	MALE
MRN	GHZB-0000178209	Visit No	V000000001-GHZB		
Lab No	G000328429	Collected On	06/09/2022 10:01AM	Received On	06/09/2022 10:10AM
Referred By	Deepak Verma	Reported On	06/09/2022 3:25PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
HBA1C (Whole Blood)	5.7 %		Normal: < or = 5.6 % Increased risk for Diabetes (Pre-diabetes): 5.7 – 6.4 %	umum isi maattiid ja Hilloofissa oo kiloonaal Kiloomissa oo oo oo oo oo
	y.'		Diabetes: > or = 6.5 %  If you are a Diabetic, please consult your doctor for your HbA1c target.	
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DR ALKA DIXIT VATS CONSULANT PATHOLOGIST PATHOLOGIST

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LIFE'S ON

## LABORATORY REPORT

Name	PANKAJ VERMA	Age	37y 4m 6d	Gender	MALE
MRN	GHZB-0000178209	Visit No	V0000000001-GHZB		Consequented to
Lab No	G000328429	Collected On	06/09/2022 10:01AM	Received On	06/09/2022 10:10AM
Referred By	Deepak Verma		06/09/2022 12:32PM		

	Test Name KIDNEY FUNCTION TESTS (Se	Result erum)	Criticality Biological Factor Reference Inter	val Test Method
)	UREA	14.0 mg/dl	15 - 40 mg/dl	
	CREATININE, SERUM	0.92 mg/dl	0.7 - 1.2 mg/dl	
	URIC ACID	5.3 mg/dl	4 - 8.5 mg/dl	
	SODIUM, SERUM	139.0 mmol/L	136 - 144 mmol/	Lagranda managan managan
	POTASSIUM, SERUM	4.23 mmol/L	3.6 - 5.1 mmol/L	
	CHLORIDE, SERUM LIPID PROFILE (Serum)	105.0 mmol/L	101 - 111 mmol/l	
	CHOLESTEROL, TOTAL	162 mg/dl	Upto 200 mg/dl	
)	TRIGLYCERIDES, SERUM	142 mg/dl	Upto 150 mg/dl	
	CHOLESTEROL, HDL, DIRECT	36 mg/dl	35 - 65 mg/dl	Elleniger Franker voor opera. E Elleniger voor voor verstere
	CHOLESTEROL, LDL, DIRECT	98 mg/dl	0 -120 mg/dl	
	Cholesterol, VLDL LIVER FUNCTION TESTS (Seru	28 mg/dl <b>m)</b>	0 - 35 mg/dl	
	BILIRUBIN, TOTAL	0.69 mg/dl	0.3 -1.2 mg/dl	
	BILIRUBIN, DIRECT	0.15 mg/dl	0 - 0.3 mg/dl	
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Name	PANKAJ VERMA	Age	37y 4m 6d	Gender	MALE
MRN	GHZB-0000178209	Visit No	V000000001-GHZB		- Continue T
Lab No	G000328429	Collected On	06/09/2022 10:01AM	Received On	06/09/2022 10:10AM
Referred By	Deepak Verma	Reported On	06/09/2022 12:32PM		

Test Name Indirect Bilirubin	Result 0.54	Criticality Biological Factor Reference Interval 0.1 - 0.3 mg/dl	Test Method
TOTAL PROTEIN, SERUM	7.3 g/dl	6.6 - 8.7 g/dl	
ALBUMIN, SERUM	4.64 g/dl	3.5 - 5.2 gm/dl	
A/G RATIO (ALBUMIN / GLOBULIN RATIO)	1.74	1:1 - 2.5:1	
GLOBULIN, SERUM	2.7		particular and the control of the co
SGPT	63 IU/L	17 - 63 IU/L .	Hase haselesses in the constraints
SGOT	31 IU/L	0 - 40 IU/L	Consultation of the 1986
GGTP, GGT, GAMMA GT, GAMMA GLUTAMYL TRANSPEPTIDASE	36 IU/L	7 -50 U/L	
ALKALINE PHOSPHATASE, ALP	80 IU/L	32 -91 IU/L	e talenda a alba a y
		******** END OF REPORT ********	Registration No. 42422

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### RADIOLOGY REPORT

Name	PANKAJ VERMA	Modality	US
Patient ID	GHZB-0000178209	Accession No	1136878
Gender/Age	M / 37Y 4M 4D	Scan Date	06-09-2022 12:23:30
Ref. Phys	Dr. Deepak Verma	Report Date	06-09-2022 12:26:20

### USG ABDOMEN & PELVIS FINDINGS

LIVER: appears enlarged in size (measures 163 mm) and shape but shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 127 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 12.3 mm. COMMON BILE DUCT: Appears normal in size and measures 3.6 mm.

IVC, HEPATIC VEINS: Normal. BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained.

Rest normal.

Right Kidney: measures 99 x 36 mm. Left Kidney: measures 104 x 47 mm. PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged. FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal. PROSTATE: Prostate is normal in size, shape and echotexture. It measures 38 x 34 x27 mm with volume 18 cc. Rest normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

### IMPRESSION:

-Hepatomegaly with diffuse grade I fatty infiltration in liver.

Recommend clinical correlation.



## RADIOLOGY REPORT

Name	PANKAJ VERMA	Modality	US
	GHZB-0000178209	Accession No	1136878
Patient ID	GHZB-0000178209	Scan Date	06-09-2022 12:23:30
Gender/Age	M / 37Y 4M 4D		
Ref. Phys	Dr. Deepak Verma	Report Date	06-09-2022 12:26:20

Stanton

Dr. Prabhat Prakash Gupta, MBBS,DNB,MNAMS,FRCR(I) Consultant Radiologist, Reg no DMC/R/14242



### RADIOLOGY REPORT

Name	PANKAJ VERMA	Modality	DX
Patient ID	GHZB-0000178209	Accession No	1136879
Gender/Age	M / 37Y 4M 4D	Scan Date	06-09-2022 10:17:55
Ref. Phys	Dr. Deepak Verma	Report Date	06-09-2022 11:49:24

#### XR- CHEST PA VIEW

### FINDINGS:

LUNGS: Normal, TRACHEA: Normal, CARINA: Normal,

RIGHT AND LEFT MAIN BRONCHI: Normal.

PLEURA: Normal. HEART: Normal.

RIGHT HEART BORDER: Normal. LEFT HEART BORDER: Normal. PULMONARY BAY: Normal. PULMONARY HILA: Normal.

AORTA: Normal.

THORACIC SPINE: Normal.

OTHER VISUALIZED BONES: Note is made of bilateral cervical ribs. Rest normal.

VISUALIZED SOFT TISSUES: Normal.

DIAPHRAGM: Normal.

VISUALIZED ABDOMEN: Normal. VISUALIZED NECK: Normal.

### **IMPRESSION**

-No significant abnormality noted in chest.

-Note made of bilateral cervical ribs.

Recommend clinical correlation.

Minica

Dr. Monica Shekhawat, MBBS, DNB, Consultant Radiologist, Reg No MCI 11 10887

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