

**Health Check up Booking Confirmed Request(bobE29185),Package Code-PKG10000227,  
Beneficiary Code-61895**

Mediwheel <wellness@mediwheel.in>

Thu 3/9/2023 3:30 PM

To: calang <calang@bankofbaroda.com>

Cc: mediwheelwellness@gmail.com <mediwheelwellness@gmail.com>

**\*\*सावधान: यह मेल बैंक डोमेन के बाहर से आया है. अगर आप प्रेषक को नहीं जानते तो मेल में दी गयी  
लिंक पर क्लिक ना करें या अटैचमेंट ना खोलें.  
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NOT CLICK ON LINKS OR OPEN ATTACHMENTS UNLESS YOU KNOW THE SENDER.**

**011-41195959**

**Email:wellness@mediwheel.in**

**Dear MR. NAIK SWAPNIL DNYANESHWAR,**

Please find the confirmation for following request.

**Booking Date** : 13-02-2023  
**Package Name** : Medi-wheel Full Body Health Checkup Male Below 40  
**Name of Diagnostic/Hospital** : Savaikar Hospital  
**Address of Diagnostic/Hospital** : Warkhandem, Ponda -403401  
**Contact Details** : 9323939049  
**City** : North Goa  
**State** : Goa  
**Pincode** : 403401  
**Appointment Date** : 11-03-2023  
**Confirmation Status** : Confirmed  
**Preferred Time** : 8:00am-8:30am  
**Comment** : APPOINTMENT TIME 8:30AM

**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

भारतीय विचित्र पहचान प्राधिकरण  
Unique Identification Authority of India

पता: द्वारा: दयानेश्वर नाईक, एच.नो.ए.4-44/5जी2, तारचे  
गलु, कोल्वाले, कोल्वाले, नॉर्थ गोवा, गोवा, 403513

Print Date: 05/06/2012

Address: C/O: Dnyaneshwar Naik, H.No  
A4-44/5G2, Tarache Galu, Colvale,  
Colvale, North Goa, Goa, 403513

4497 0467 7508

1947 help@uidai.gov.in www.uidai.gov.in

भारत सरकार  
Government of India


जोषार

Issue Date: 03/01/2012

Swapnil Dnyaneshwar Naik  
जन्म तिथि / DOB: 22/12/1992  
पुरुष / MALE


4497 0467 7508


मेरा आधार, मेरी पहचान


 **बैंक ऑफ बड़ोदा**  
**Bank of Baroda**

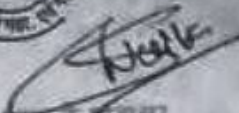
Name : **Swapnil D Naik**

E.C.No. : **115489**

  
Issuing Authority  
C M (Coord/Security)  
Pune Zone





  
Signature of Holder





# SAVAIKAR HOSPITAL & LAPAROSCOPY CENTRE



Warkhandem, Ponda, Goa 403 401

Hosp. Reg. No. T/0/412

Tel. No. 2312603, 2319202 OPD.: 2311031 Fax No. 2319870

website : www.savaikarhospital.com

email : drsavaikar@gmail.com

Patient : MR. SWAPNIL NAIK

Age/Sex : 30/Male

UHID No : SHLC/28252

Date : 11.03.2023

Ref.by : DR.MASTER HEALTH CHECK-UP

Bill No : 8449

Print Date : 11.03.2023 08:37:03 PM

## HAEMATOLOGY REPORT

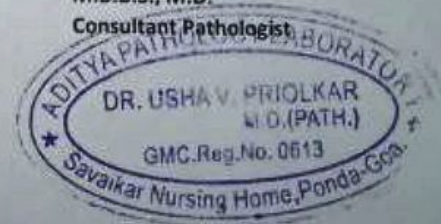
<u>Test Done</u>	<u>Observed values</u>	<u>Ref. Range</u>
<b>COMPLETE BLOOD COUNT</b>		
HAEMOGLOBIN (HB)	15.0 g/dl	M: 13.5 - 19.5 g/dl, F: 11.5 - 16.5 g/dl
TOTAL WBC COUNT	4,600 Cells/cu mm	4,000-10,500 /cu mm
<b>DIFFERENTIAL COUNT</b>		
STAB CELLS (IMMATURE NEUTROPHILS)	02 %	0 - 5 %
NEUTROPHILS	63 %	40 - 70 %
LYMPHOCYTES	30 %	20 - 45 %
EOSINOPHILS	02 %	1 - 4 %
MONOCYTES	03 %	2 - 8 %
BASOPHILS	00 %	0 - 1 %
PLATELETS	2,66,000 /cu mm	1,50,000 - 4,00,000 /cu mm
RBC COUNT	4.85 millions/cu mm	4.5 - 6.5 / cu mm
HCT	41.0 %	40 to 54 %

<u>Test Done</u>	<u>Observed values</u>	<u>Ref. Range</u>
<b>COMPLETE BLOOD COUNT</b>		
ESR	08 mm/hr	0 - 20 mm/hr

..... End of Report .....

CHECKED BY  
  
LAB TECHNICIAN

DR. MRS. USHA V. PRIOLKAR  
M.B.B.S., M.D.  
Consultant Pathologist



*The Hospital for perfect health ....*



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email : [drsavaikar@gmail.com](mailto:drsavaikar@gmail.com)



Patient : MR. SWAPNIL NAIK

Age/Sex : 30/Male

UHID No : SHLC/28252

Date : 11.03.2023

Ref.by : DR.MASTER HEALTH CHECK-UP

Bill No : 8449

Print Date : 11.03.2023 08:40:16 PM

<u>Test Done</u>	<u>Observed values</u>	<u>Ref. Range</u>
<b><u>FASTING BLOOD SUGAR</u></b>		
FASTING BLOOD SUGAR	91.5 mg/dl	60 to 110
<b><u>BLOOD SUGAR POST PRANDIAL</u></b>		
BLOOD SUGAR POST PRANDIAL	101.6 mg/dl	70 to 150 mg/dl
<b><u>HBA1C</u></b>		
HBA1C	6.23 %	Normal 0.0-6.0% Good Control 6.0-7.0% Fair Control 7.0-8.0% Poor Control 8.0-10.0% Unsatisfactory c

<u>Test Done</u>	<u>Observed values</u>	<u>Ref. Range</u>
<b><u>HBA1C</u></b>		
Mean Blood Glucose	132.11 mg%	100-140

..... End of Report .....

CHECKED BY  
*[Signature]*  
LAB TECHNICIAN

*[Signature]*  
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M.B.B.S., M.D.  
Consultant Pathologist







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Patient : MR. SWAPNIL NAIK

Age/Sex : 30/Male

UHID No : SHLC/28252

Date : 11.03.2023

Ref.by : DR.MASTER HEALTH CHECK-UP

Bill No : 8449

Print Date : 11.03.2023 08:41:48 PM

## BIOCHEMISTRY REPORT

<u>Test Done</u>	<u>Observed values</u>	<u>Ref. Range</u>
<b>LIPID PROFILE</b>		
SERUM CHOLESTEROL	207.4 mg/dl	130 to 240 mg/dl
HDL CHOLESTEROL	52.2 mg/dl	M:35-80,F:42-88
SERUM TRIGLYCERIDES	91.3 mg/dl	0 to 200
VLDL CHOLESTEROL	18.26 mg/dl	0 - 35
LDL CHOLESTEROL	136.94 mg/dl	0 - 160
LDL/HDL CHOLESTROL (R)	2.62	0.0 - 4.0
TOTAL CHOL / HDL CHO	3.97	0.0 - 4.5

..... End of Report .....

CHECKED BY  
  
 LAB TECHNICIAN

  
 DR. MRS. USHA V. PRIOLKAR  
 M.B.B.S., M.D.  
 Consultant Pathologist  
  
 DR. USHA V. PRIOLKAR  
 M.D. (PATH.)  
 GMC.Reg No. 0813  
 Savaikar Nursing Home Ponda, Goa



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Patient : MR. SWAPNIL NAIK  
 UHID No : SHLC/28252  
 Ref.by : DR.MASTER HEALTH CHECK-UP  
 Bill No : 8449

Age/Sex : 30/Male  
 Date : 11.03.2023

Print Date : 11.03.2023 08:47:36 PM

## BIOCHEMISTRY REPORT

Test Done	Observed values	Ref. Range
<b><u>LIVER FUNCTION TEST WITH PROTEINS</u></b>		
SGOT	21.7 U/L	5 - 40
SGPT	18.6 U/L	7 - 50
<b><u>BILIRUBIN</u></b>		
TOTAL	0.66 mg/dl	0.1 - 1.2
DIRECT	0.27 mg/dl	0.058 - 0.3
INDIRECT	0.39 mg/dl	0.2 - 0.7
ALKALINE PHOSPHATASE	81.4 U/L	53 - 128
<b><u>SERUM PROTEIN</u></b>		
TOTAL PROTEINS	7.32 gms %	6.0 - 8.5
ALBUMIN	4.45 gms %	3.2 - 5.5
GLOBULIN	2.87 gms %	2.1 - 3.3
A:G RATIO	1.55	1.5 - 2.1:1

..... End of Report .....

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 LAB TECHNICIAN

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 M.B.B.S., M.D.  
 Consultant Pathologist







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Age/Sex : 30/Male

UHID No : SHLC/28252

Date : 11.03.2023

Ref.by : DR.MASTER HEALTH CHECK-UP

Bill No : 8449

Print Date : 11.03.2023 08:47:36 PM

<u>Test Done</u>	<u>Observed values</u>	<u>Ref. Range</u>
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### BLOOD GROUP RH TYPING

BLOOD GROUP RH TYPING	' A ' Rh . Positive	
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### BIOCHEMISTRY REPORT

<u>Test Done</u>	<u>Observed values</u>	<u>Ref. Range</u>
------------------	------------------------	-------------------

### RENAL FUNCTION TEST

Blood Urea	21.5 mg/dl	15.0 - 40.0
BUN	10.04 mg/dl	5.0 - 21.0
CREATININE	0.81 mg/dl	0.5 - 1.5
URIC ACID	6.3 mg/dl	Male : 3.5 - 7.2, Female : 2.5 - 6.2

<u>Test Done</u>	<u>Observed values</u>	<u>Ref. Range</u>
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### GAMMA GT (GGT)

GAMMA GT (GGT)	17 U/L	M - <49, F - <32
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..... End of Report .....

CHECKED BY  
*[Signature]*  
LAB TECHNICIAN

*[Signature]*

DR. MRS. USHA V. PRIOLKAR

M.B.B.S., M.D.

Consultant Pathologist

DR. USHA V. PRIOLKAR

M.D.(PATH.)

GMC.Reg.No. 0613

Savaikar Nursing Home, Ponda-Goa.





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Patient : MR. SWAPNIL NAIK

Age/Sex : 30/Male

UHID No : SHLC/28252

Date : 11.03.2023

Ref.by : DR.MASTER HEALTH CHECK-UP

Bill No : 8449

Print Date : 11.03.2023 08:38:42 PM

## CLINICAL PATHOLOGY REPORT

### Test Done

### Observed values

### Ref. Range

#### URINE ROUTINE

#### PHYSICAL EXAMINATION

Colour	Pale Yellow
Odour	Faintly Aromatic
Appearance	Clear

#### CHEMICAL EXAMINATION

Reaction	6.0	5.5 - 7.5
Specific Gravity	1.015	1.010 - 1.025
Deposit	Absent	
Protein	Absent	
Sugar	Absent	

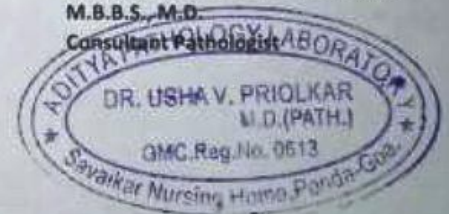
#### MICROSCOPIC EXAMINATION

Pus Cells	2-3 /hpf	0 - 5 hpf
Epithelial Cells	1-2 /hpf	
RBC's	Nil /hpf	0 - 2hpf

..... End of Report .....

CHECKED BY  
*[Signature]*  
LAB TECHNICIAN

*[Signature]*  
DR. MRS. USHA V. PRIOLKAR  
M.B.B.S., M.D.  
Consultant Pathologist





# SAVAIKAR HOSPITAL & LAPAROSCOPY CENTRE



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॥ अस्मिन्सुखं प्रकल्पते ॥

Patient : MR. SWAPNIL NAIK

Age/Sex : 30/Male

UHID No : SHLC/28252

Date : 11.03.2023

Ref.by : DR.MASTER HEALTH CHECK-UP

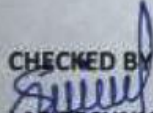
Bill No : 8449

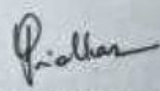
Print Date : 13.03.2023 01:18:54 PM

## CLINICAL PATHOLOGY REPORT

Test Done	Observed values	Ref. Range
<b>STOOL REPORT</b>		
<b>PHYSICAL EXAMINATION</b>		
Colour	Brownish	
Consistency	Semi- Solid	
Mucus	Absent	
Blood	Absent	
<b>CHEMICAL EXAMINATION</b>		
Reaction	6.0	
Occult Blood	Negative	
Reducing Substances	Absent	
<b>MICROSCOPIC EXAMINATION</b>		
Epithelial Cells	Nil /hpf	
Pus Cells	0-1 /hpf	
RBCs	Nil /hpf	
Ova	Absent	
cysts	Absent	
veg. forms	Present	
Bacteria	Absent	

..... End of Report .....

CHECKED BY  
  
 LAB TECHNICIAN

  
 DR. MRS. USHA V. PRIOLKAR  
 M.B.B.S., M.D.  
 Consultant Pathologist







Use a QR Code Scanner Application To Scan the Code

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R  
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CID : 2307021012  
Name : MR.SWAPNIL D NAIK  
Age / Gender : 30 Years / Male  
Consulting Dr. : MEGHA SAVAIKAR  
Reg. Location : Margao, South Goa

Collected : 11-Mar-2023 / 12:15  
Reported : 11-Mar-2023 / 17:50

**THYROID FUNCTION TEST**

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
Total T3, Serum	1.7	1.3-3.1 nmol/l	ECLIA
NOTE: The unbound fraction of total T3 concentrations, free triiodothyronine (FT3) is metabolically active hence, more useful than measuring total T3 as altered levels of total T3 occur due to changes in T3 binding proteins, especially TBG as in case of normal pregnancy and steroid therapy.			
Total T4, Serum	118.8	66-181 nmol/l	ECLIA
NOTE: T4 circulates in the blood as an equilibrium mixture of free and protein bound hormone, FT4 is a better indicator of thyroid hormone action than Total T4 because it is not affected by changes in Thyroxine Binding Globulin (TBG) or other Thyroxine Binding Proteins like in illness, drug intake or pregnancy.			
sensitiveTSH, Serum	1.45	0.35-5.5 microIU/ml	ECLIA



CID : 2307021012  
Name : MR. SWAPNIL D NAIK  
Age / Gender : 30 Years / Male  
Consulting Dr. : MEGHA SAVAIKAR  
Reg. Location : Margao, South Goa

Collected : 11-Mar-2023 / 12:15  
Reported : 11-Mar-2023 / 17:50

Use a QR Code Scanner  
Application To Scan the Code

**Interpretation:**

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

**Clinical Significance:**

- 1) TSH Values between high abnormal upto 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2) TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

**Diurnal Variation:** TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation: 19.7% (with in subject variation)

**Reflex Tests:** Anti thyroid Antibodies, USG Thyroid, TSH receptor Antibody, Thyroglobulin, Calcitonin

**Limitations:**

1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until at least 8 hours following the last biotin administration.
2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

**Reference:**

1. O. Koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
2. Interpretation of the thyroid function tests, Dayan et al. THE LANCET, Vol 357
3. Tietz, Text Book of Clinical Chemistry and Molecular Biology -5th Edition
4. Biological Variation: From principles to Practice-Callum G Fraser (AACC Press)

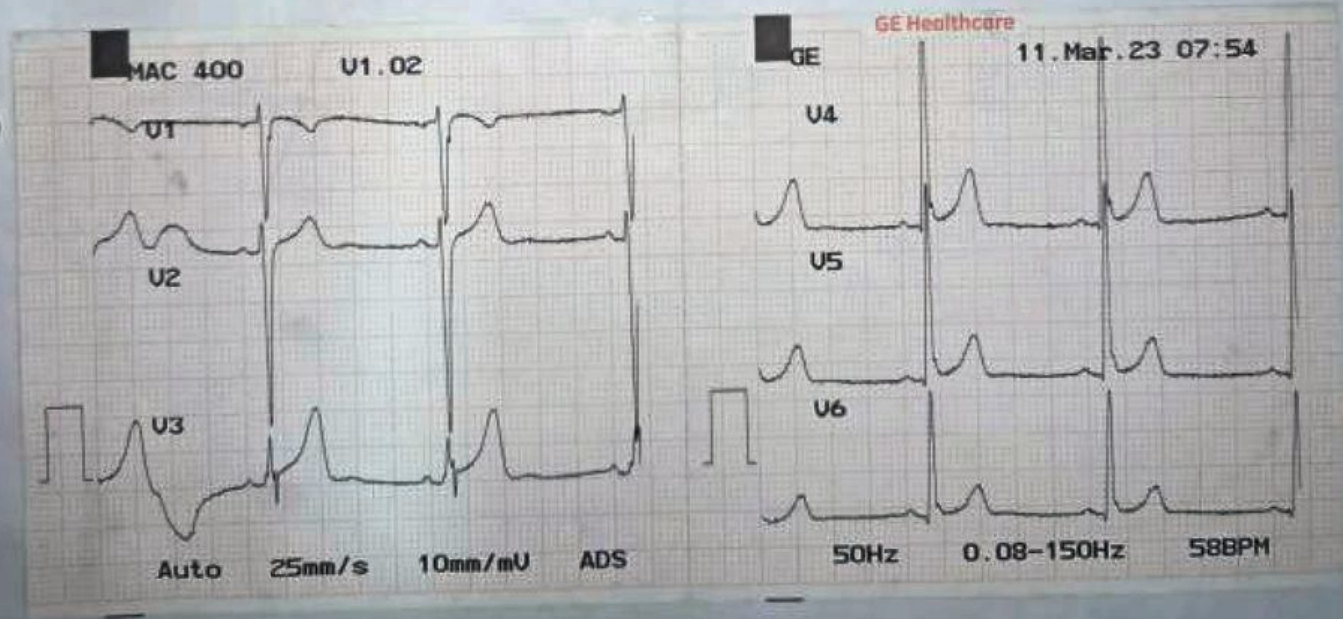
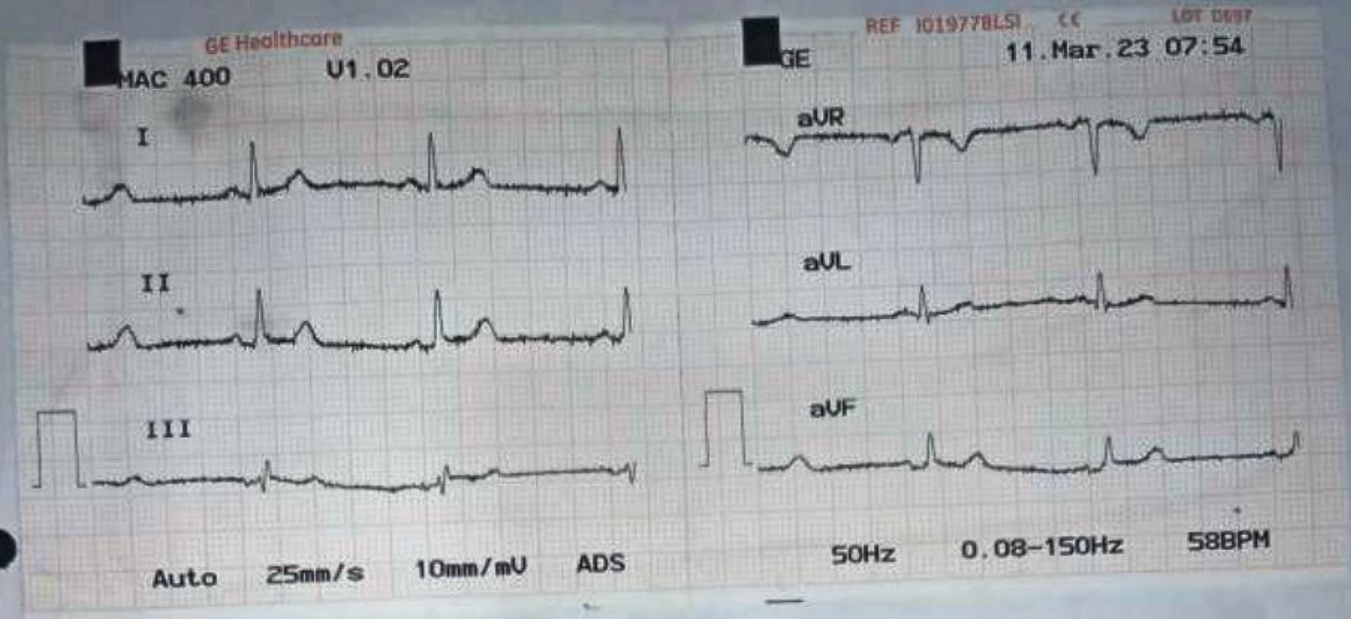
\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Goa Lab, Margao

\*\*\* End Of Report \*\*\*



*[Signature]*  
**Dr. VINEETH NAIR**  
M.D. (PATH)  
Pathologist






Swapnil Naskar

304/m

11/3/23

ECG Within Normal Limits

  
Dr. (Mrs.) Lalana V. Bakhale  
M.D. (BOM), Reg. No. 0920  
Consultant Physician  
Ponda-Goa





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॥ अतोम्यम् धनमेयदा ॥

Snapnil Naik. 30y/m.

11/03/2023.

Normal chamber dimensions.

Good LV systolic function  $WtF = 59.7\%$ .

● No RWMA.

Normal RA/RV size & function.

No pericardial effusion.

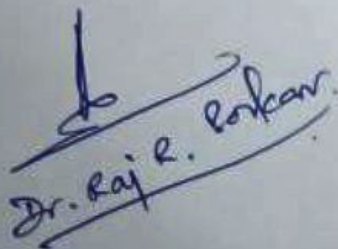
CD:

No MR.

No AR.

TR 2/III.

EPASP = 26 mmHg.

  
Dr. Raj R. Borkar.





NAME: SWAPNIL NAIK  
REF BY: HEALTH CHECK UP  
DATE: 11/03/2023

## RADIOGRAPH OF THE CHEST-PA VIEW

The trachea is central  
The lung fields are clear  
Both CP angles are clear  
Cardiothoracic ratio is within normal limits  
The rib cage is normal  
Both the diaphragm contours are normal

OPINION- NORMAL STUDY

With warm regards.

Dr. RESHMA DALVI  
M.D, D.N.B (RADIO-DIAGNOSIS)





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॥ अस्मिन् भवति ॥

**NAME: SWAPNIL NAIK**

**HEALTH CHECK UP**

**DATE: 11/03/2023**

## **ABDOMINO-PELVIC ULTRASONOGRAPHY**

Real time USG of the abdomen and pelvis was performed.

The **LIVER** – normal .

The **GALL BLADDER** – normal

**PANCREAS**-grossly normal

**SPLEEN** – normal .

**Both kidneys** are normal in size, position and contour

**RIGHT KIDNEY**- no calculus or hydronephrosis

**LEFT KIDNEY**- no calculus or hydronephrosis.

The **URINARY BLADDER** – normal

The **PROSTATE** is normal in size

There is no free fluid in the abdomen or pelvis.

**OPINION: No significant abnormality was seen in this study**

With warm regards.

  
DR.RESHMA DALVI  
M.D., D.N.B. (RADIO-DIAGNOSIS)

**Dr. Reshma Dalvi**  
M.D. (D.N.B. RADIO-DIAGNOSIS)

Reg. No. 0896

*The Hospital for perfect health ....*



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॥ अस्मिन्मन्त्रे अस्मिन्मन्त्रे ॥



Date:- 11/03/2023

NAME:- Swapnil Naik

AGE:- 30

SEX:- Male

COMPANY NAME :- Bank of Baroda

### OPHTHALMIC EXAMINATION:

VISION	DISTANT		NEAR	
	RIGHT	LEFT	RIGHT	LEFT
VISUAL ACUITY				
WITH SPECTS	—	—	—	—
WITHOUT SPECTS	6/6	6/6	N/6	N/6
COLOUR VISION	Normal			
SIGNS OF NIGHT BLINDNESS:- Yes <input type="radio"/> No <input checked="" type="radio"/>			PHORIAS :- Nil	

SIGNATURE OF THE EMPLOYEE



*The Hospital for perfect health ....*



Swapnil Naik

Age = 30

weight =

Normal Diet

Early Morning :- Water → 2 glasses.

Breakfast :- Chapatis → 2 nos  
Egg omelette (2 nos)  
OR  
Veg Poha → 1 Plate

Lunch :- Rice → 1/2 bowl  
fish curry / Dal → 1 cup.  
Any seasonal → 1 cup  
Vegetable  
curd → 1 cup

Teatime :- Tea → 1 cup (sugarless)  
Any 1 fruit

Dinner :- Besan Chilla OR Chapatis → 2 nos  
Panner Buriyi or fish curry → 1 cup



## Savaikar Hospital Health Check Summary

Date :- 11 | 03 | 23 .

Name :- Swapnil Naik

Age :- 30 yrs.

Sex :- Male

Address :-

Cont. No. :-

Past History:-

Obstetric History:-

Menstrual History:-

Personal History:-

Family History:-

NAD.

On Examination:-

CVS :- S<sub>1</sub> S<sub>2</sub> clear

R/S :- clear

CNS :- conscious & Alert.

P/A :- Soft & Non-tender.

Lab Investigations:-

Significant Findings:-

Resting ECG :-





**Ultrasound: -** No Significant abnormality was seen in this study.

**X-Ray:-**

**Summary:-**

**Advice:-**

1.

**Dr.(Mrs.) Lalana Bakhale**  
**M.B.B.S. , M.D.**

