

MEDICAL SUMMARY

NAME:	Mr. Suresh Jada	UHID:	
AGE:	31	DATE OF HEALTHCHECK:	9-12-2023
GENDER:	M		

HEIGHT:	160	MARITAL STATUS:	M
WEIGHT:	60.7	NO OF CHILDREN:	1
BMI:	23.7		

C/O: Acne treatment

K/C/O:

PRESENT MEDICATION: - vit - c

P/M/H: - NO

P/S/H: - NO

Substrate

ALLERGY: - NO

PHYSICAL ACTIVITY: Active/ Moderate/ Sedentary

H/A: SMOKING:

ALCOHOL:

TOBACCO/PAN:

FAMILY HISTORY FATHER:

MOTHER:

O/E:

BP: 100/80 PULSE: - 80/min

LYMPHADENOPATHY:

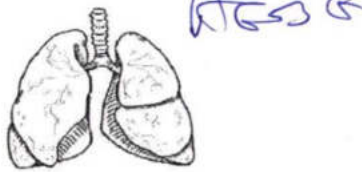
PALLOR/ICTERUS/CYNOSIS/CLUBBING:

TEMPERATURE: N SCARS:

OEDEMA:

S/E:

RS:



P/A:

CVS:

Extremities & Spine:

CNS:

ENT:

Skin:

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

• ANDHERI • COLABA • NASHIK • VASHI

Name: Sudha Yadav

Age: 31

Date of Health check-up: 9/12/2023

Findings and Recommendation:

Findings:-

S. Uric acid - 1.5 mg/dl (low)
urine $\left\{ \begin{array}{l} R \\ m \end{array} \right.$ - 12-15 pus cells/hpf.
RBCs - occasional
Occult Blood - Trace
ECG - Sinus arrhythmia
Rest seeparts WNL

Recommendation:-

Consult Physician

Pradnya

DR. PRADNYA P. DANI
(M.B.B.S)
Reg. No. 87541

Signature:

Consultant -

OPHTHALMIC EVALUATION

UHID No.: _____

Date: 09/12/23

Name: Mrs. Sodha Yadav Age: 31 Gender: Male / Female

Without Correction :

Distance: Right Eye 6/6 Left Eye 6/6

Near : Right Eye N-6 Left Eye N-6

With Correction :

Distance: Right Eye _____ Left Eye _____

Near : Right Eye _____ Left Eye _____

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance										
Near										

Colour Vision : (BoE) - WNL

Anterior Segment Examination : (BE) - WNL

Pupils : (BoE) - WNL

Fundus : (BoE) - WNL

Undil
Intraocular Pressure : _____

Diagnosis : (BE) - WNL

Advice : _____

Re-Check on _____ (This Prescription needs verification every year)

Dr. Sagorika Dey
(Consultant Ophthalmologist)
DR. SAGORIKA DEY
MBBS, DOMS

Consultation ■ Diagnostics ■ Health Check-Ups ■ **REGN NO: 2008/04/1182**

DENTAL CHECKUP

Name: Sudha Yadav	MR NO:
Age/Gender : 31 / F	Date: 9/12/23

Medical history: Diabetes Hypertension _____

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains			✓	✓
Mobility				
Caries (Cavities)				
a) Class 1 (Occlusal)				
b) Class 2 (Proximal)				
c) Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction			✓	✓

Oral Prophylaxis: Scaling & polishing
 Orthodontic Advice for Braces: Yes / No
 Prosthetic Advice to Replace Missing Teeth: Denture Bridge Implant
 Oral Habits: Tobacco Cigarette Others since ___ years
 Advice to quit any form of tobacco as it can cause cancer.
 Other Findings: _____

- Treatment Adv:-
 - Extraction = 8te.
 - Start using floss.

• ANDHERI • COLABA • NASHIK • VASHI



Name: Mrs Sudha Yadav Age: 31 Sex: F UHID No.: _____ Date: 9/12/2023

31 years / married / P, G (A, N, D)

no complaints
withing for PAP smear

cmr - 16 / 12 / 2023

o/e

actai
afebrile

p- 88/min.

Plw reports

PA - soft

P/S Cx | healthy
v |
(PAP smear take)

Dr. TRUPTI SHINDE



Apollo Clinic
VASHI

- Consultation
- Diagnostics
- Health Check-Ups
- Dentistry

DR. TRUPTI VIJAY SHINDE
MBBS, M.S. (OBS & GYNAE)
REG. NO.: 2014/07/3301

Name : Mrs. Sudha Yadav Gender : Female Age : 31 Years
 UHID : FVAH 9700 Bill No : Lab No : V-2164-23
 Ref. by : SELF Sample Col.Dt : 09/12/2023 9:00
 Barcode No : 9287 Reported On : 09/12/2023 18:16


TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

CBC (Complete Blood Count)-WB (EDTA)

Haemoglobin(Colorimetric method)	12.7	g/dl	11.5 - 15
RBC Count (Impedance)	4.71	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	41	%	35 - 55
MCV:(Calculated parameter)	87	fl	78 - 98
MCH:(Calculated parameter)	27	pg	26 - 34
MCHC:(Calculated parameter)	31	gm/dl	30 - 36
RDW-CV:	13.6	%	10 - 16
Total Leucocyte count(Impedance)	5820	/cumm.	4000 - 10500
Neutrophils:	52	%	40 - 75
Lymphocytes:	42	%	20 - 40
Eosinophils:	02	%	0 - 6
Monocytes:	04	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	2.26	Lakhs/c.mm	1.5 - 4.5
MPV	9.6	fl	6.0 - 11.0
Peripheral Smear (Microscopic examination)			
RBCs:	Normochromic, Normocytic		
WBCs:	Lymphocytosis		
Platelets	Adequate		
Note:	Test Run on 5 part cell counter.		

Vasanti Gondal
Entered By

Ms Kaveri Gaonkar
Verified By

Page 4 of 90  Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically


Name : Mrs. Sudha Yadav Gender : Female Age : 31 Years
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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Fasting Plasma Glucose :	90	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : \geq 126 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)
Post Prandial Plasma Glucose :	103	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : \geq 200 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)

Method : Hexokinase

Alsaba Shaikh
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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

ESR(Westergren Method)

Erythrocyte Sedimentation Rate:- 16 mm/1st hr 0 - 20

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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

HbA1c(Glycosylated Haemoglobin)WB-EDTA

(HbA1C) Glycosylated Haemoglobin : 4.9 % Normal <5.7 %
Pre Diabetic 5.7 - 6.5 %
Diabetic >6.5 %
Target for Diabetes on therapy < 7.0 %
Re-evaluation of therapy > 8.0 %

Mean Blood Glucose : 93.93 mg/dL

Correlation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298


Method High Performance Liquid Chromatography (HPLC).

INTERPRETATION

- * The HbA1c levels correlate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose.
- * This Methodology is better than the routine chromatographic methods & also for the daibetic pts.having HEMOGLBINOPATHIES OR UREMIA as Hb varaints and uremia does not INTERFERE with the results in this methodology.
- * It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts.& every 3 - 4 months in well controlled daibetics .
- * Mean blood glucose (MBG) in first 30 days (0-30)before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% in final HbA1c levels

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Dr. M. D. Patwardhan
Page 6 of 10
M.D(Path)
Chief Pathologist

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TEST

RESULTS

Blood Grouping (ABO & Rh)-WB(EDTA) Serum

ABO Group:

:B:

Rh Type:

Positive

Method :

Matrix gel card method (forward and reverse)

Pooja Surve
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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

LIPID PROFILE - Serum

S. Cholesterol(Oxidase)	148	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	88	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	17.6	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	57.7	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	72.7	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	2.6		3.5 - 5
Ratio of LDL/HDL	1.3		2.5 - 3.5

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Page 7 of 10

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

LFT(Liver Function Tests)-Serum

TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
S.Total Protein (Biuret method)	7.29	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.39	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.9	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.51		0.9 - 2
S.Total Bilirubin (DPD):	0.33	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.12	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.21	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	22	U/L	5 - 32
S.ALT (SGPT) (IFCC Kinetic with P5P):	17	U/L	5 - 33
S.Alk Phosphatase(pNPP-AMP Kinetic):	73	U/L	35 - 105
S.GGT(IFCC Kinetic):	11	U/L	07 - 32



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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
Thyroid (T3,T4,TSH)- Serum			
Total T3 (Tri-iodo Thyronine) (ECLIA)	1.84	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	72.02	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	3.35	□IU/ml	Euthyroid : 0.35 - 5.50 □IU/ml Hyperthyroid : < 0.35 □IU/ml Hypothyroid : > 5.50 □IU/ml

Grey zone values observed in physiological/therapeutic effect.

Note:

T3 :

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyroidism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

T4 :

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

TSH :

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

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Entered By

Ms Kaveri Gaonkar
Verified By



Dr. Milind Patwardhan
M.D(Path)

Page 9 of 9 Chief Pathologist

End of Report
Results are to be correlated clinically

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UHID	: FVAH 9700	Bill No	:	Lab No	: V-2164-23
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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
	BIOCHEMISTRY	
S.Urea(Urease Method)	11.7 mg/dl	10.0 - 45.0
BUN (Calculated)	5.46 mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	0.52 mg/dl	0.50 - 1.1
BUN / Creatinine Ratio	10.5	9:1 - 23:1
S.Uric Acid(Uricase Method)	<u>1.5</u> mg/dl	2.4 - 5.7

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M.D(Path)
Chief Pathologist

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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
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URINE REPORT

PHYSICAL EXAMINATION

QUANTITY	10	mL	
COLOUR	Pale Yellow		
APPEARANCE	Slightly Hazy		Clear
SEDIMENT	Absent		Absent

CHEMICAL EXAMINATION(Strip Method)

REACTION(PH)	7.0	4.6 - 8.0
SPECIFIC GRAVITY	1.005	1.005 - 1.030
URINE ALBUMIN	Absent	Absent
URINE SUGAR(Qualitative)	Absent	Absent
KETONES	Absent	Absent
BILE SALTS	Absent	Absent
BILE PIGMENTS	Absent	Absent
UROBILINOGEN	Normal(<1 mg/dl)	Normal
OCCULT BLOOD	Trace	Absent
Nitrites	Absent	Absent

MICROSCOPIC EXAMINATION

PUS CELLS	12 - 15 / hpf	0 - 3/hpf
RED BLOOD CELLS	Occasional	Absent
EPITHELIAL CELLS	18 - 20 / hpf	3 - 4/hpf
CASTS	Absent	Absent
CRYSTALS	Absent	Absent
BACTERIA	Present(Few)	Absent

Anushka Chavan
Entered By

Ms Kaveri Gaonkar
Verified By



Dr. Milind Patwardhan
M.D(Path)

Page 10 of 10
Chief Pathologist

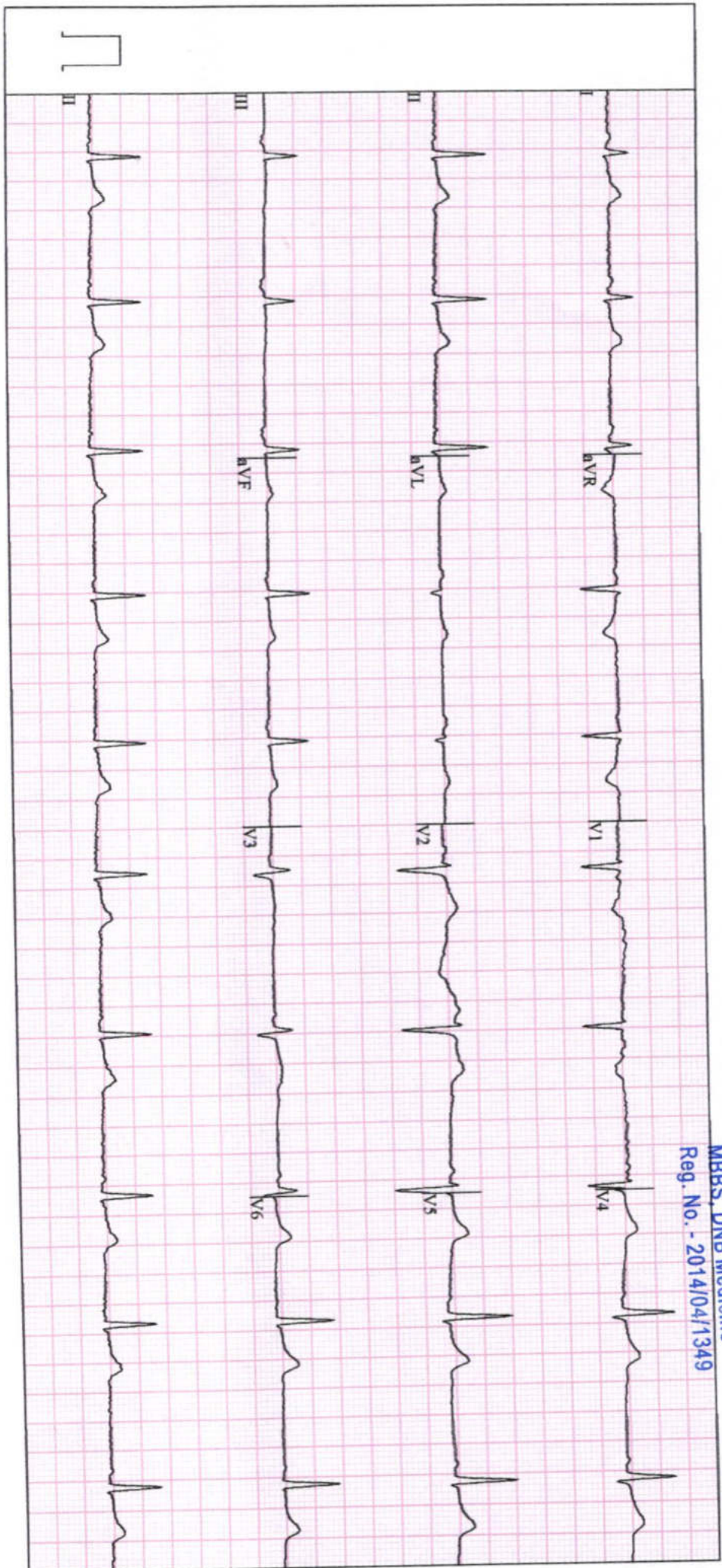
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QRS : 74 ms
QT/QTcBaz : 416 / 416 ms
PR : 110 ms
P : 58 ms
RR / PP : 1000 / 1000 ms
P / QRS / T : 24 / 69 / 38 degrees

Sinus rhythm with sinus arrhythmia with short PR
Otherwise normal ECG

Handwritten:
Short PR interval
Depot ECG
for echocardiography
clinical correlation

Signature
Dr. Chaitanya K. Kulkarni
Consultant Physician
MBBS, DNB Medicine
Reg. No. - 2014/04/1349



Apollo Clinic
The Emerald, Plot No-195/B, Sector-12,
Neel Siddhi Towers, Vashi-400703

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: SUDHA, YADAV
Patient ID: 9700
Height:
Weight:

DOB: 17.08.1992
Age: 31yrs
Gender: Female
Race: Asian

Study Date: 09.12.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR.ANIRBAN DASGUPTA
Technician: SWAPNALI LAKHIMALE

Medications:
NIL

Medical History:
NIL

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:19	0.00	0.00	80	120/80	
	STANDING	00:42	0.00	0.00	69		
	HYPERV.	00:13	0.00	0.00	93		
	WARM-UP	00:19	0.90	0.00	89		
EXERCISE	STAGE 1	03:00	1.70	10.00	118	130/80	
	STAGE 2	03:00	2.50	12.00	150	140/80	
	STAGE 3	02:31	3.40	14.00	162	150/80	
RECOVERY		01:09	0.00	0.00	103	160/80	

The patient exercised according to the BRUCE for 8:30 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 82 bpm rose to a maximal heart rate of 162 bpm. This value represents 85 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 170/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR.ANIRBAN DASGUPTA

DR. PRASHANT D. PAWAR
M.B.B.S, D.N.B (MEDICINE)
D.N.B. (CARDIOLOGY)
Consultant Interventional Cardiologist
Reg No. 2006/10/3327

PATIENT'S NAME	SUDHA YADAV	AGE :- 31 Y/F
UHID	9700	9 Dec 2023

DIGITAL RADIOGRAPH OF CHEST (PA VIEW)

The lung fields are clear.

Heart and aorta appears normal.

Both hila appear normal.

Both costo-phrenic angles are clear.

Visualized bony thorax appears normal.

IMPRESSION: NO SIGNIFICANT ABNORMALITY IS DETECTED.

Clinico-haematological correlation is recommended.

Thanking you for the referral,
With regards,



DR. SIDDHI PATIL
Cons. Radiologist

PATIENT'S NAME	SUDHA YADAV	AGE :- 31Y/F
UHID	9700	9 Dec 2023

USG WHOLE ABDOMEN (TAS)

LIVER is normal in size, shape and echotexture. No evidence of any focal lesion. The portal vein appears normal & shows normal hepato-petal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears well distended with normal wall thickness. There is no calculus or pericholecystic collection. CBD appears normal.

Visualised parts of head & body of **PANCREAS** appear normal.

SPLEEN is normal in size, and echotexture. No focal lesion seen. Splenic vein is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.
RIGHT KIDNEY measures 11.2 x 3.8 cm. **LEFT KIDNEY** measures 10.9 x 4.3 cm.

URINARY BLADDER is well distended; no e/o wall thickening or mass or calculi seen.

UTERUS is anteverted and is normal in size, shape and echotexture; No focal lesion seen. It measures 7.6 x 5.2 x 2.9 cm; ET measures 7.3 mm.

Both ovaries are normal in size, shape and position.

RIGHT OVARY measures : 2.9 x 1.7 cm, **LEFT OVARY** measures : 3.1 x 1.6 cm.

Visualised **BOWEL LOOPS** appear normal. There is no free fluid seen.

IMPRESSION –

- **No significant abnormality detected.**

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE. THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



DR. CHHAYA S. SANGANI
CONSULTANT SONOLOGIST
Reg: No. 073826

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