



*Nanda*

2230 / MRS. THAKUR NANDA KUMARI / 48 Yrs / F / 79 Kg / 159 Cms / NonSmoker

ADITYA DIAGNOSTIC RESEARCH LABORATORIES

Date: 26-Feb-2022 11:26:03 AM

Medication :

History : Nil

Test End Reason : Test Complete

Findings :

The patient exercised according to BRUCE for 6:12, achieving a work level of Max METS: 7.3. Resting heart rate initially is 87 bpm, that rose to a max.

heart rate of 154 bpm which represents 90% of predicted heart rate as per the patient's age. Resting blood pressure 130/70 mmHg, rose to a maximum blood

Pressure of 140/70. The stress test was stopped due to Test Complete

Parameters :

Exercise Time : 6:12 minutes

Max HR attained : 154 bpm 90% of Target 172

Max BP : 140/70(mmHg)(mmHg)

Max Workload attained : 7.3 METs (Fair Effort Tolerance )

Reason for Test Termi : Test Complete

No significant ST segment changes noted during exercise or recovery.

Final Impression :

TMT is Negative for inducible ischemia

*[Signature]*

HARI S HEART CLINIC  
3rd Floor, Mg: 321, 4th Road, KP, Hyd  
Hyderabad-72. Ph: 9866253911

Advice/Comments:



79 Kg / 159 Cms  
26-Feb-2022 11:26:03 AM

Protocol : BRUCE

**ADITYA DIAGNOSTIC RESEARCH LAB**

Dr. Nanda  
ADITYA DIAGNOSTIC RESEARCH LAB  
330 HRS  
Summary  
40 HRS  
BRUCE

Ref By : BANK OF BARODA

Objective :

Stage	StageTime (Min:Sec)	Phasetime (Min:Sec)	Speed (mph)	Grade (%)	METS	H.R. (bpm)	B.P. (mmHg)	R.P.P. x160	PVG	Comments
Supine					1.0	87	130/70	113	-	
Standing					1.0	86	130/70	111	-	
HV					1.0	125	130/70	162	1	
ExStart					1.0	96	130/70	124	-	
Stage 1	3:00	3:01	1.7	10.0	4.7	123	130/70	159	5	
Stage 2	3:00	6:01	2.5	12.0	7.1	143	140/70	200	8	
PeakEx	0:11	6:12	3.4	14.0	7.3	154	140/70	215	-	
Recovery	1:00		0.0	0.0	1.2	138	140/70	193	1	
Recovery	2:00		0.0	0.0	1.0	131	140/70	183	-	
Recovery	3:00		0.0	0.0	1.0	109	120/80	130	1	
Recovery	4:00		0.0	0.0	1.0	108	120/80	129	1	
Recovery	5:00		0.0	0.0	1.0	107	110/80	117	-	
Recovery	6:00		0.0	0.0	1.0	107	110/80	117	-	
Recovery	6:03		0.0	0.0	1.0	106	110/80	116	-	

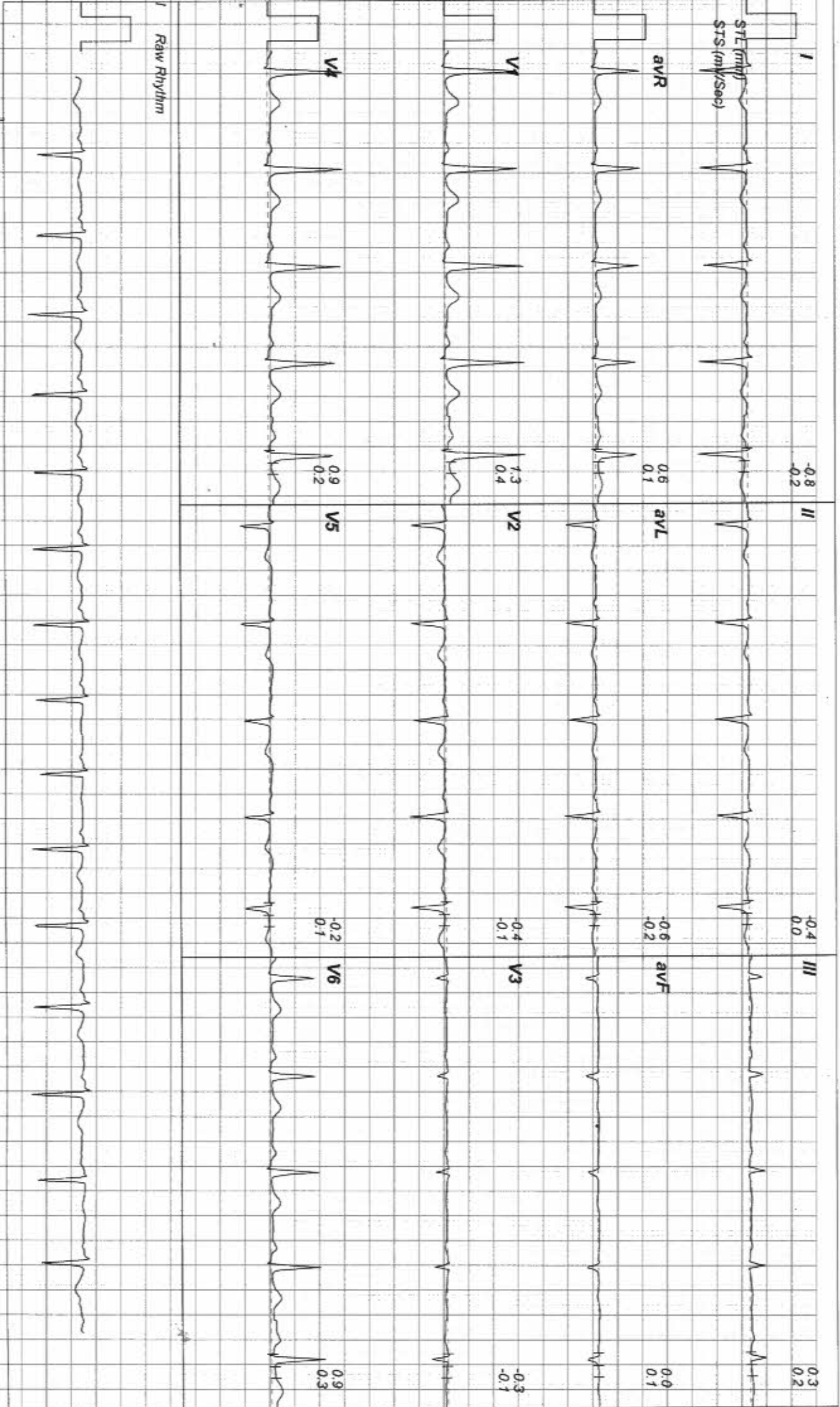
Advice/Comments:



2230 / MRS. THAKUR: NAWDA KUMARI  
 48 Yrs / Female METS: 1.0  
 79 Kg / 159 Cm/ BP: 130/70  
 Date: 26-Feb-2022 11:26:03 AM

Linked Medians Report ADITYA DIAGNOSTIC RESEARCH LABORATORII  
 Tgt HR: 50% of 172  
 Speed: 1.1 mph, Grade: 0.0%  
 Ex Time 02:04  
 BLC: On Notch: On  
 Supine  
 1.0 Cm/mV  
 25 mm/Sec

*Neuro*





2230 / MRS. THAKUR, RANJANA KUMARI  
 48 Yrs / Female METS: 1.0  
 79 Kg / 159 Cm/ BP: 130/70  
 Date: 26-Feb-2022 11:26:03 AM

Tgt HR: 50% of 172  
 Speed: 1.1 mph  
 Grade: 0.0%

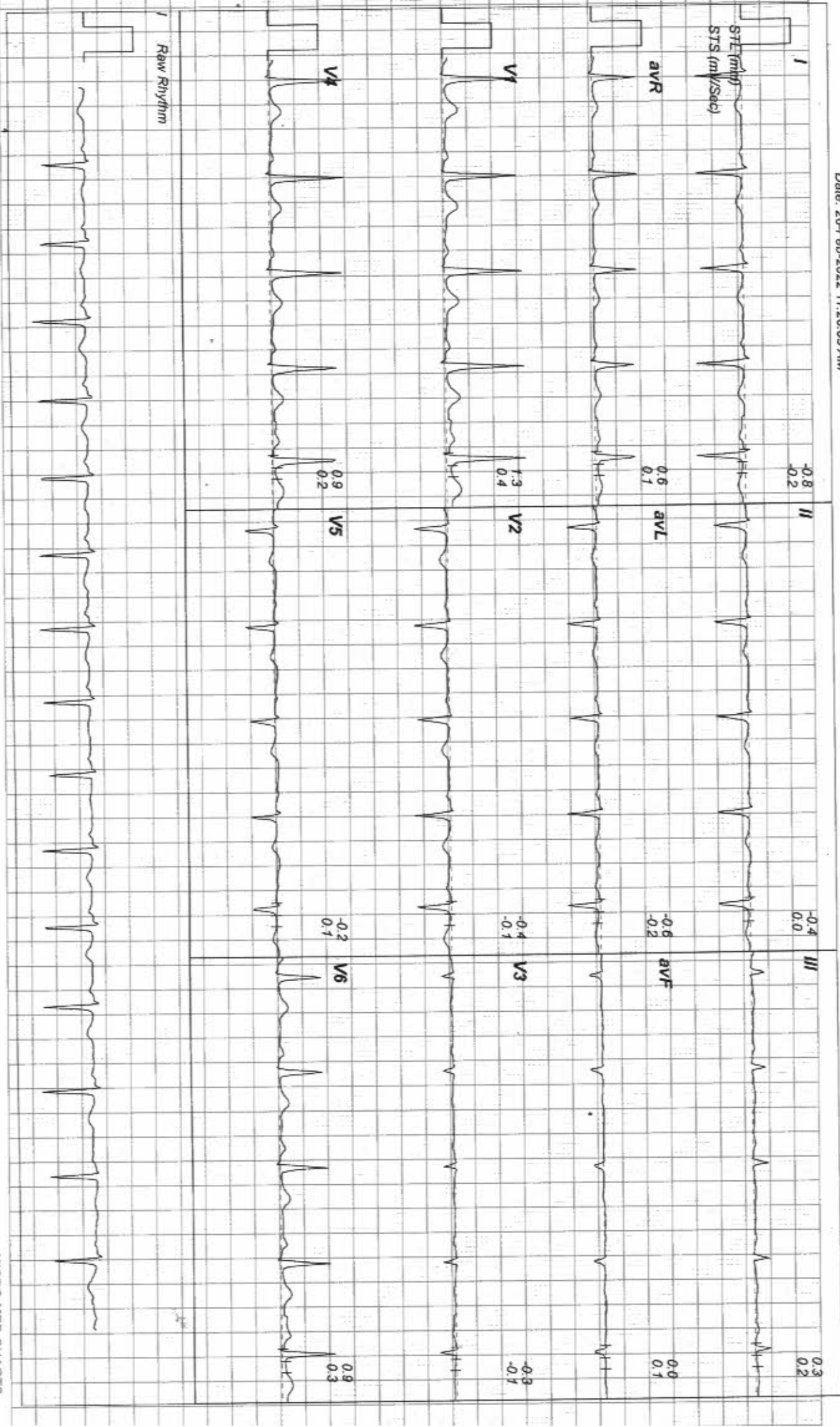
Linked Medians Report

ADITYA DIAGNOSTIC RESEARCH LABORATORIE

EX Time 02:09  
 BLC: On  
 Notch: On

Standing  
 1.0 Cm/mV  
 25 mm/Sec.

*Ranjan*





2230 / MRS. THAKUR NARANDA KUMARI  
 48 Yrs / Female METS: 1.0  
 79 Kg / 159 Cm/ BP: 130/70  
 Date: 26-Feb-2022 11:26:03 AM

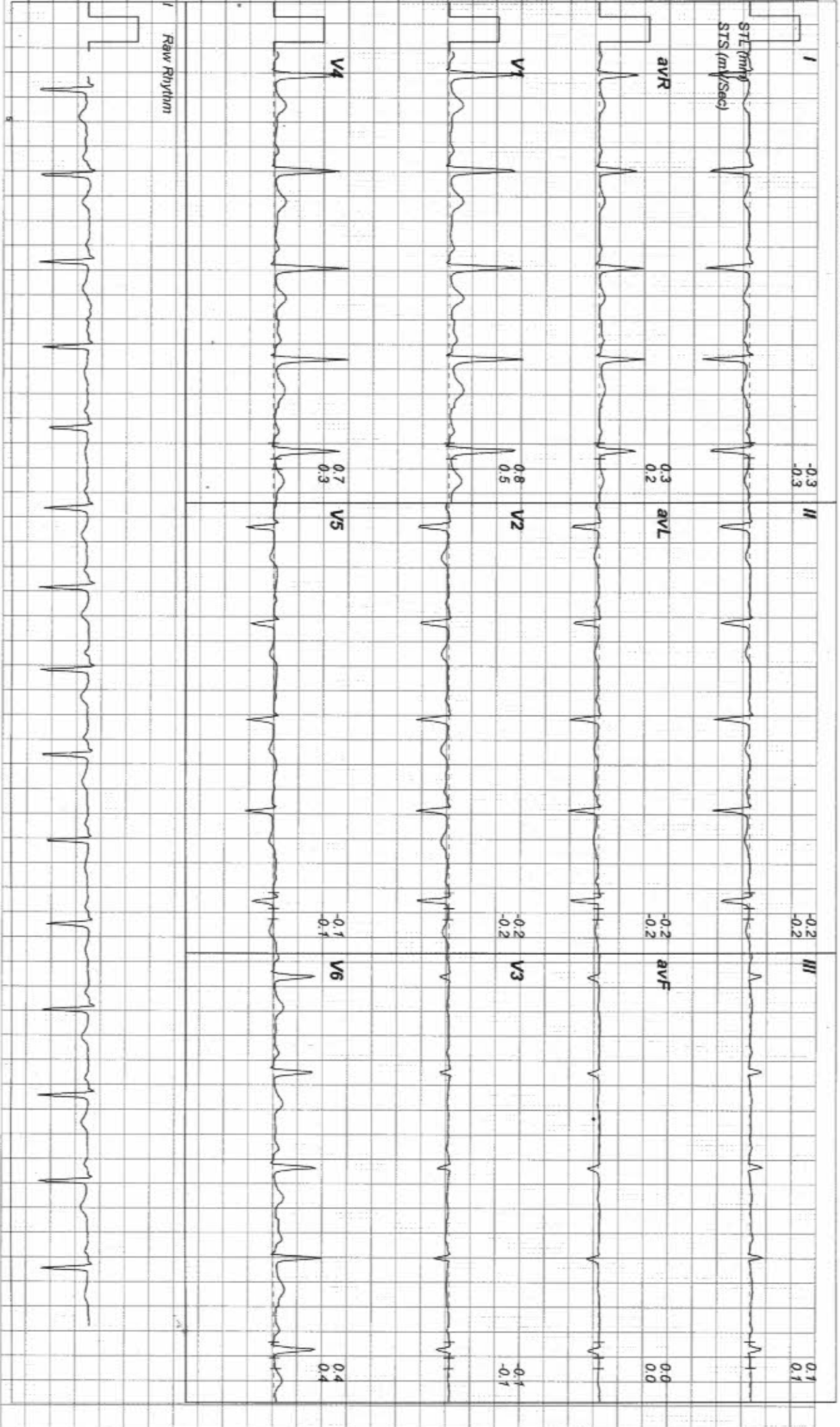
Tgt HR: 72% of 172  
 Speed: 1.1 mph,  
 Grade: 0.0%

Linked Medians Report  
 (0.05-100)Hz

Ex Time 02:16  
 BLC: On  
 Notch: On

HV  
 1.0 Cm/mV  
 25 mm/Sec.

*Nanda*





2230 / MRS. THAKUR NARAYANA KUMARI  
 48 Yrs / Female METS: 4.7  
 79 Kg / 159 Cm/ BP: 130/70  
 Date: 26-Feb-2022 11:26:03 AM

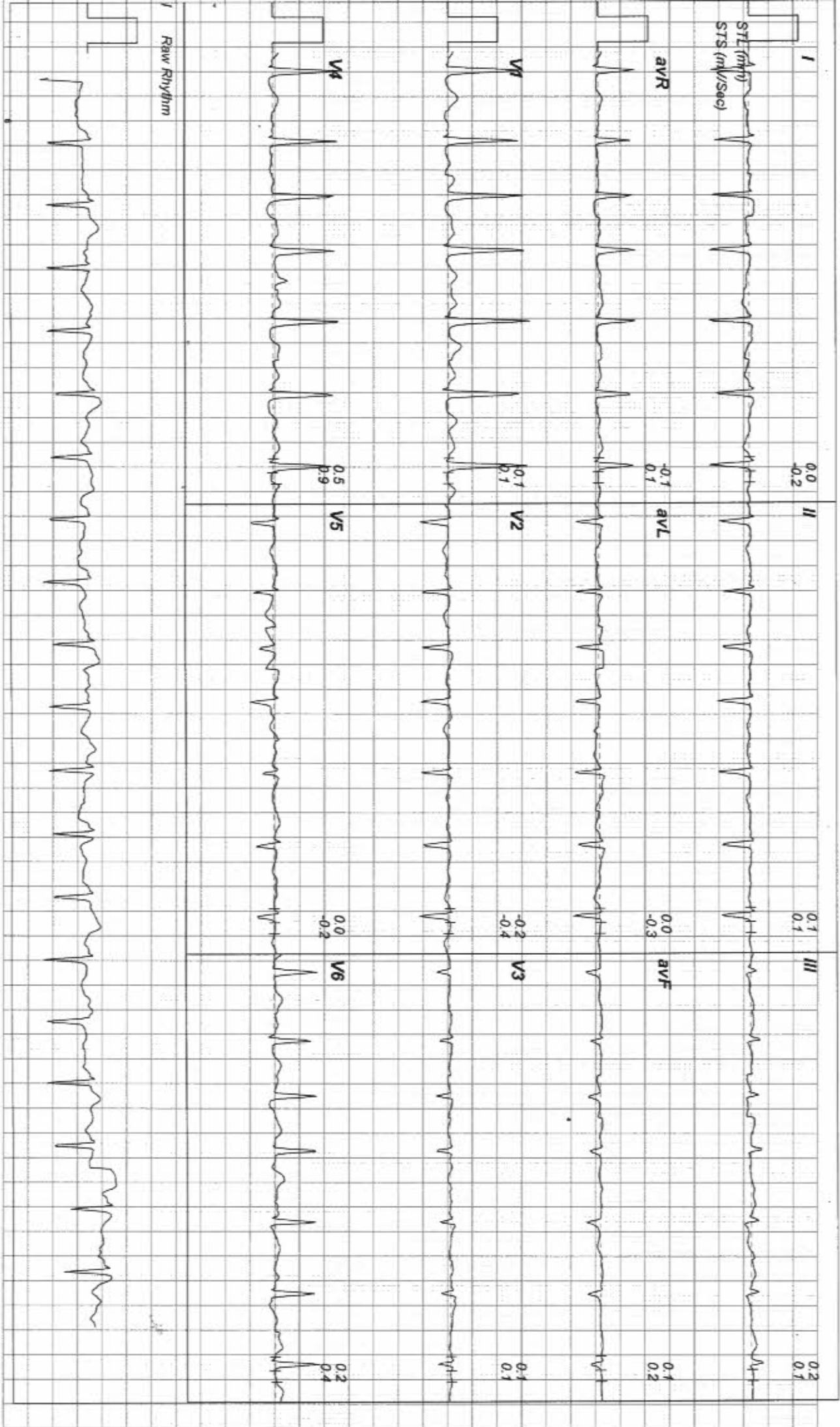
Tgt HR: 71% of 172  
 Speed: 1.7 mph,  
 Grade: 10.0%

(0.05-100)Hz

Ex Time 03:00  
 BLC : On  
 Natch : On

BRUCE: Stage 1(3:00)  
 1.0 Cm/mV  
 25 mm/Sec.

*Nanda*





2230 / MRS. THAKUR NARANDA KUMARI  
 48 Yrs / Female METS: 7.1  
 79 Kg / 159 Cm/ BP: 140/70  
 Date: 26-Feb-2022 11:26:03 AM

Tgt HR: 83% of 172  
 Speed: 2.5 mph,  
 Grade: 12.0%

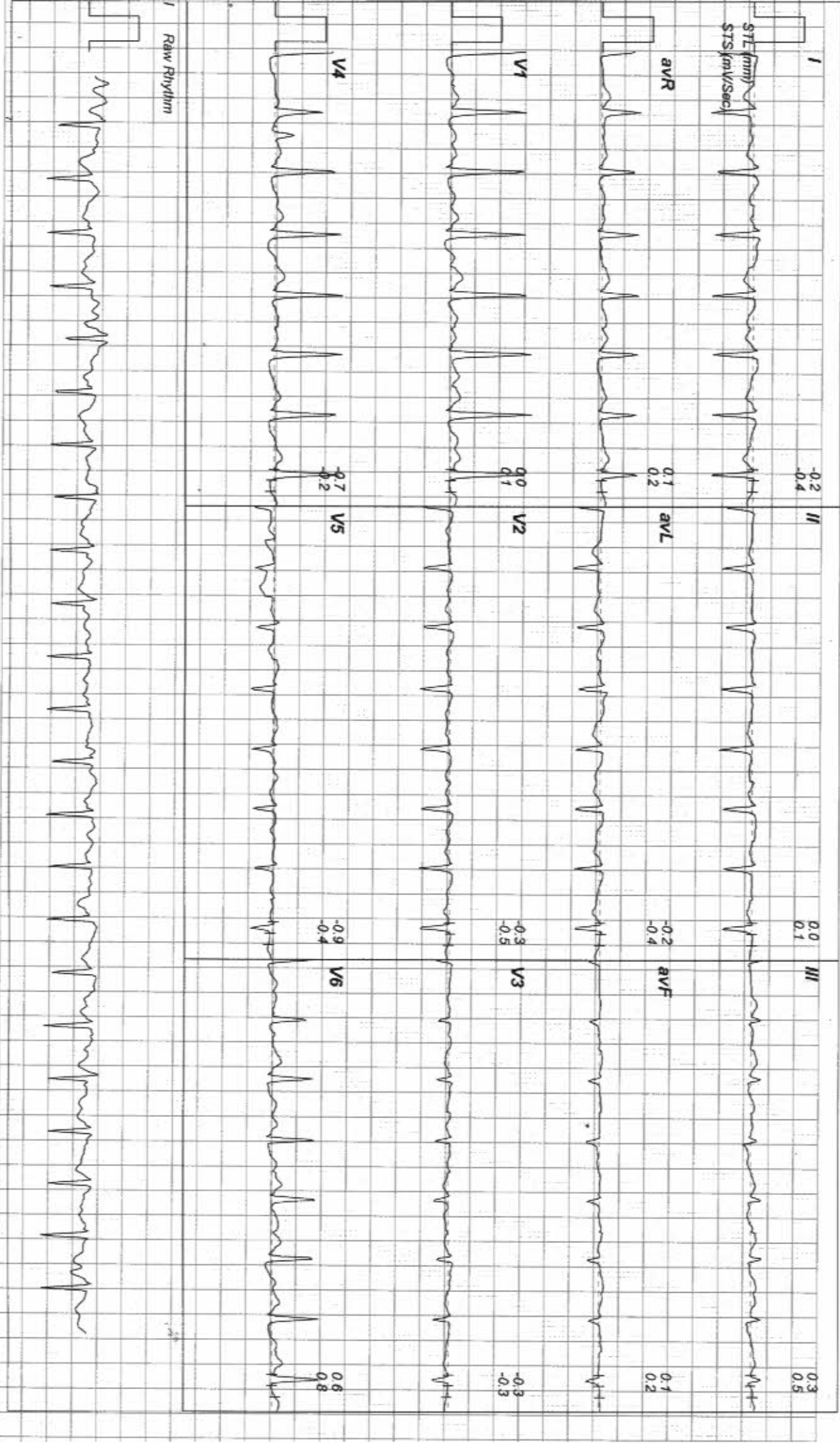
(0.05-100)Hz

Ex Time 06:00  
 BLC: On  
 Notch: On

BRUCE: Stage 2(3:00)  
 1.0 Cm/mV  
 25 mm/Sec.

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Linked Medians Report ADITYA DIAGNOSTIC RESEARCH LABORATORIE





2230 / MRS. THAKUR NANDA KUMARI  
 48 Yrs / Female METS: 7.3  
 79 Kg / 159 Cm / BP: 140/70  
 Date: 26-Feb-2022 11:26:03 AM

Tgt HR: 89% of 172  
 Speed: 3.4 mph  
 Grade: 14.0%

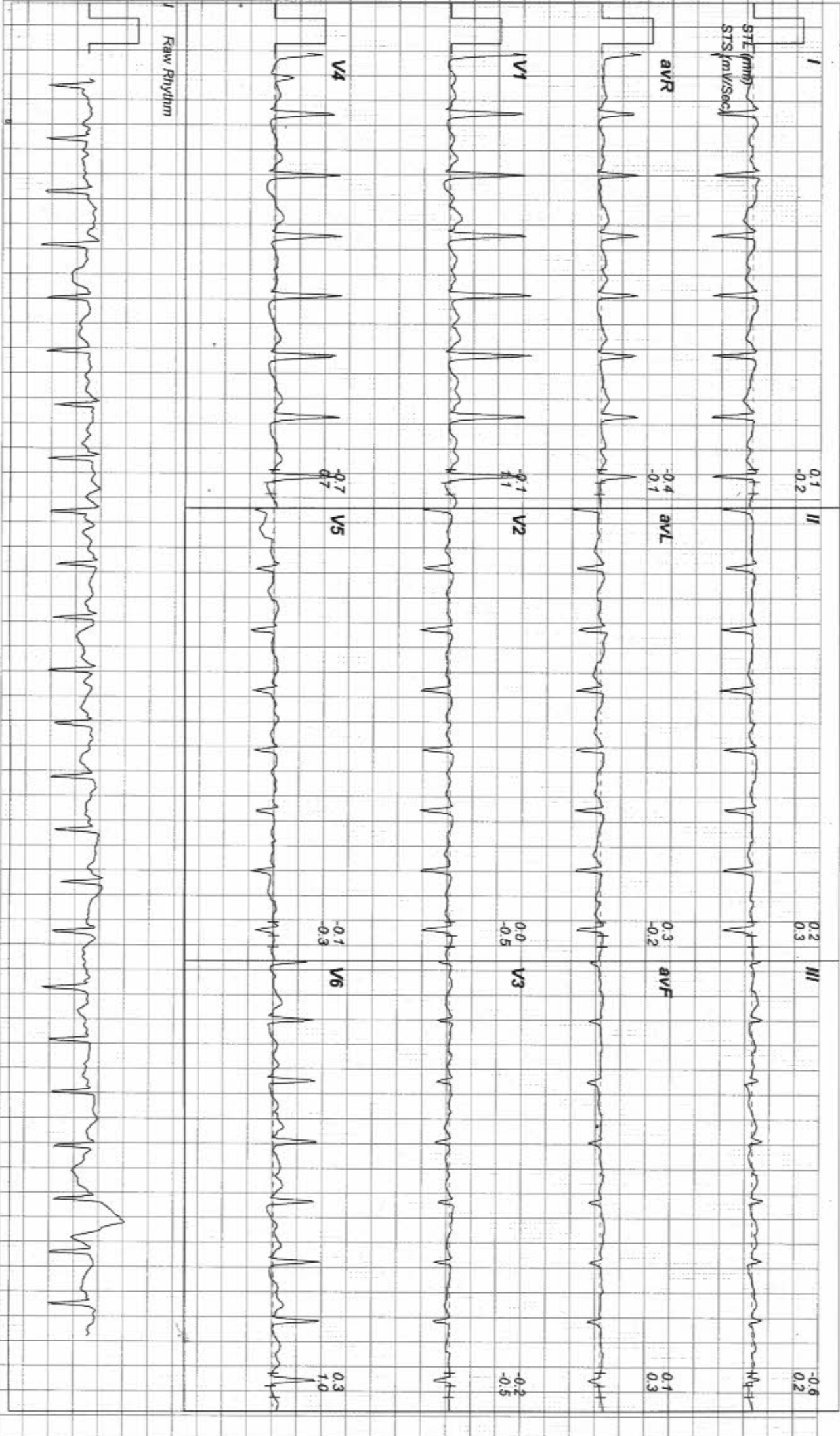
Linked Medians Report

ADITYA DIAGNOSTIC RESEARCH LABORATORIL

Ex Time 06:11  
 BLC: On  
 Notch: On

BRUCE: PeakEx(0:11)  
 1.0 Cm/mV  
 25 mm/Sec.

*Nanda*





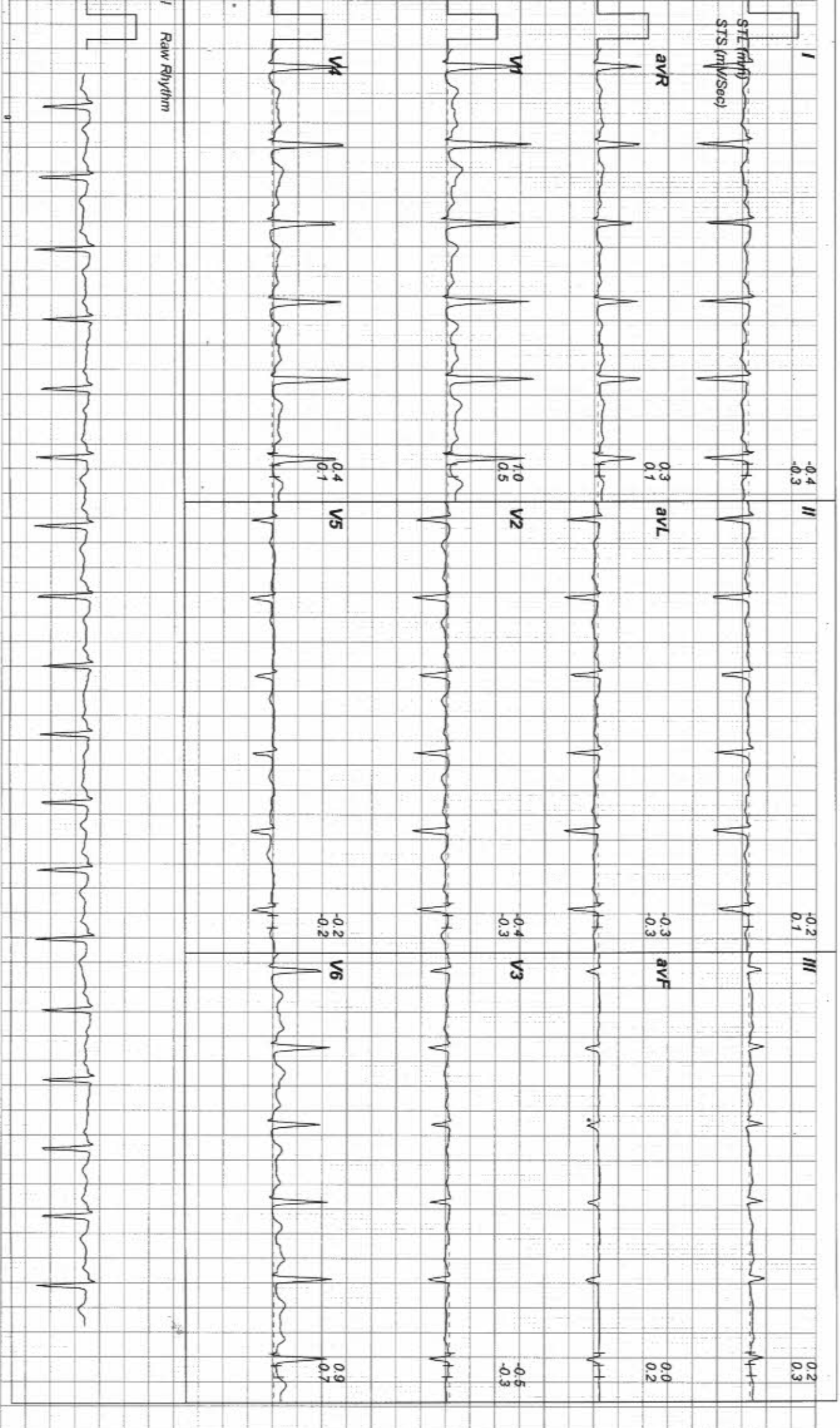


2230 / MRS. THAKUR, NARANDA KUMARI  
 48 Yrs / Female METS: 1.0  
 79 Kg / 159 Cm/ BP: 120/80  
 Date: 26-Feb-2022 11:26:03 AM

Linked Medians Report  
 Trgt HR: 62% of 172  
 Speed: 0.0 mph,  
 Grade: 0.0%

Ex Time 06:11  
 BLC : On  
 Notch : On

Recovery : ( 03:59 )  
 1.0 Cm/mV  
 25 mm/Sec.





2230 / MRS. THAKUR MANDA KUMARI  
 48 Yrs / Female METS: 1.0  
 79 Kg / 159 Cm / BP: 110/80  
 Date: 26-Feb-2022 11:26:03 AM

Tgt HR: 62% of 172  
 Speed: 0.0 mph,  
 Grade: 0.0%

Linked Medians Report

ADITYA DIAGNOSTIC RESEARCH LABORATORII

Ex Time 06:11  
 BLC: On  
 Notch: On

Recovery : ( 05:59 )  
 1.0 Cm/mV  
 25 mm/Sec.

*Manda*

