



Swaminarayan Nagar, Off Mumbai-Agra Highway,
Panchvati, Nashik - 422 003.

QFAHN/BILL/003/V1

+91- 253 - 2510250 / 350 / 450 / 550 / 750
apoltonashik@apollohospitals.com

Date



24/09/2022

Name : Mrs. JAYASHRI HIRAMAN AVHAD (41/F)
Address : MU PO BELGAON TARHALE, WAGHAPUR BELGAON TARHALE BELGAON
NAHSIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by:

UHID : MHN1.0000126024

Package : MediWheel Full Body Health Checkup Female Above 40
Package

AHC No : NSKAH27735



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Diabetes mellitus, Hypertension, Thyroid disorder, Heart disease, Stroke, Asthma,
COPD, Cancer



DRUG ALLERGY

NO KNOWN ALLERGY

:24/09/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Past medical history - nil significant

Covid 19 - No



Surgical history

Others - Piles



Personal history

Marital status - Married

No. of children - 02

Diet - Mixed Diet

Alcohol - does not consume alcohol

Smoking - No
Chews tobacco - No
Physical activity - Active

Family history

Family history - Nil significant
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION

General

General appearance - normal
Build - normal
Height - 156
Weight - 69
BMI - 28.35
Pallor - No
Oedema - no
Temperature - 98
SpO2 - 96



Cardiovascular system

Heart rate (Per minute) - 76
Rhythm - Regular
- B.P. Supine



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Name : Mrs. JAYASHRI HIRAMAN AVHAD (F)
MHN19000126024

AHC No : NSKAH27735

Package : MediWheel Full Body Health Checkup Female Above 40 Package

Systolic(mm of Hg) - 110
Diastolic(mm of Hg) - 70
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No
Tenderness - No



Printed By : Shweta Sharad Shardul



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Package : MediWheel Full Body Health Checkup Female Above 40 Package

AHC No : NSKAH27735

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.030 *		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Nil			
Sugar:	Nil			
pH	5.5		●	4.6-8
Blood:	Negative			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	●	0-2
WBC/Pus Cells	1-2	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	1-2	/hpf		

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	11.3	g/dl	●	11.0-16.0
Hematocrit	35.6	%	●	34.0-48.0
RBC COUNT	4.3	Million/ ul	●	3.7-5.6
MCV	81.9	fl	●	75.0-95.0
MCH	26	pg	●	26.0-32.0
MCHC	31.8	g/dl	●	31.0-36.0
RDW	16.8 *	%	●	11-16
Platelet Count(Optical/Impedance)	435	10 ³ /m ³	●	140-440
TLC Count	9.5	10 ³ /m ³	●	4.0-11.0

Neutrophils	50	%	●	40-75
Lymphocytes	36	%	●	20-45
Eosinophils	06	%	●	1-6
Monocytes	08	%	●	1-10
ERYTHROCYTE SEDIMENTATION RATE (ESR)	14	mm/1st hr	●	0-20

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	NEGATIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	49	U/L	●	30-65
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	4.6 *	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.0 *		●	1.1-1.8
ALKALINE PHOSPHATASE - SERUM/PLASMA	72	U/L	●	0-100
AST (SGOT) - SERUM	38 *	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	146	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range

● Within Normal Range

● Borderline High/Low

● Out of Range



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AHC No : NSKAH27735

CREATININE - SERUM / PLASMA 0.8 mg/dL ● 0.6-1.0

LDL Cholesterol (Direct LDL) 105 mg/dL

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	27	U/L	●	0-50

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	9.0 *	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	9.0 *	g/dL	●	6.4-8.2

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	106 *	mg/dL	●	70-100
URINE GLUCOSE(FASTING): (Strip Method)	Nil			

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	197	ng/dL	●	Healthy Adults: 69 - 215 Pregnant Women: 1st Trimester: 121-308 2nd & 3rd Trimesters: 152-362
TOTAL T4: THYROXINE - SERUM	8.5	µg/dL	●	Healthy Adults: 5.2 - 12.7 Pregnancy: 1st Trimester: 7.8 - 16.2 2nd & 3rd Trimesters: 9.1 - 18.3

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	111	mg/dL	●	70-140
URINE GLUCOSE(POST PRANDIAL):(Strip Method)	Nil			

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.8	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	129.1	mg/dL		

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	65	mg/dL	●	0-150

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	44	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.3		●	0.0-4.5

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

● Within Normal Range ● Borderline High/Low ● Out of Range



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Package : MediWheel Full Body Health Checkup Female Above 40 Package

TSH: THYROID STIMULATING HORMONE - SERUM

14.0 * uIU/mL

Euthyroid: 0.3 - 4.5
Hypothyroid: 7.1 - >75.0
Pregnancy(All Trimesters): 0.2 -3.5

No evidence of ascites.
Excessive bowel gases.
Suggest : Clinical correlation and further evaluation.

X-RAY CHEST PA

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	23	mg/dL		15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	11	mg/dL		7-18

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

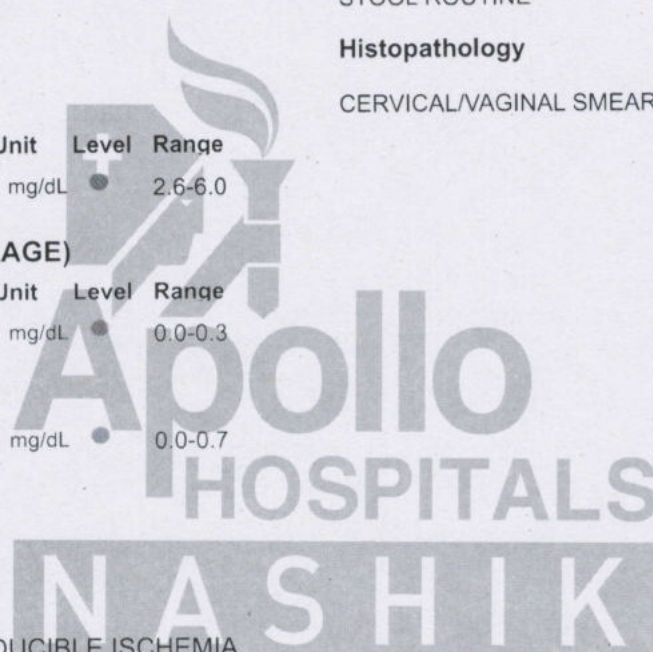
CERVICAL/VAGINAL SMEAR II SLIDE

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.5	mg/dL		2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL		0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.6	mg/dL		0.0-0.7



CARDIAC STRESS TEST - (TMT)

TEST IS MILD POSITIVE FOR INDUCIBLE ISCHEMIA

ECG

MAMMOGRAPHY

- 1) No significant abnormality is seen on this mammography and sonomammography.
- 2) BI - RADS - Category 1.

Suggested follow up mammogram after one year for routine screening purpose.

ULTRASOUND - WHOLE ABDOMEN

Legend: ● Within Normal Range ● Borderline High/Low ● Out of Range



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Package : MediWheel Full Body Health Checkup Female Above 40 Package

AHC No : NSKAH27735

Printed By :

AHC Physician / Consultant Internal Medicine

- Cardio logist

- Daily exercise

- wt loss

- healthy diet

FB, PWS apt 3 mths

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



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/F)

Date : 24/09/2022

Package : MediWheel Full Body Health Checkup Female Above 40 Package

AHC No : NSKAH27735

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

3

ACCEPTABLE SCORE

4

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

- This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
- To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

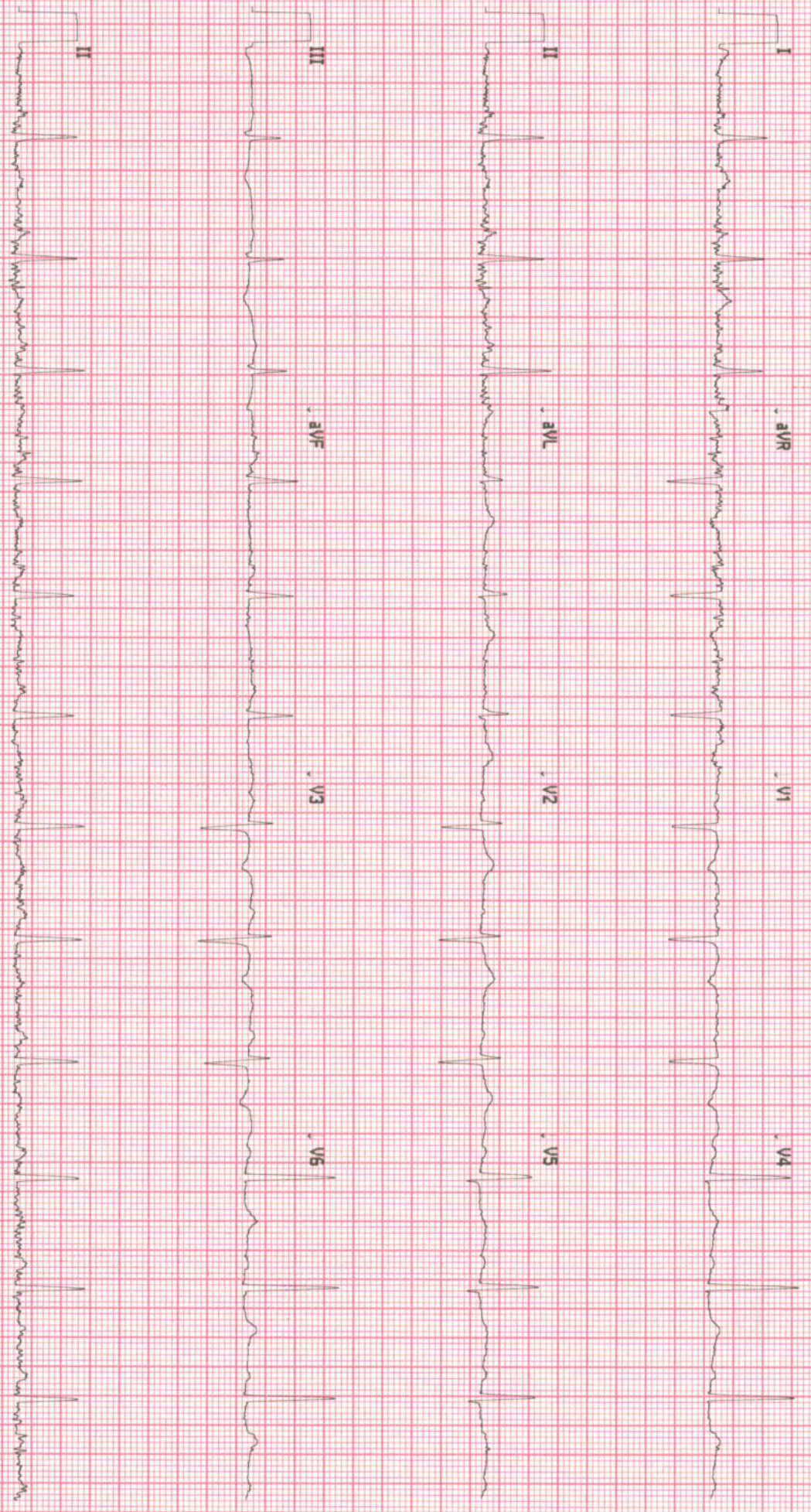
The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515

Jayeshree avhad,
ID:
DOB:
40yr, Female

24-Sep-2022 11:39:36

Vent rate: 76 BPM
PR int: 185 ms
QRS dur: 83 ms
QT/QTc: 406/436 ms
P-R-T axes: 52 53 -5

SINUS RHYTHM
NONSPECIFIC T-WAVE ABNORMALITY
BORDERLINE ECG
UNCONFIRMED REPORT



113500188213

No Site Name

Site * 0 Cart * 2 Version 2.0.4.0 Sequence #20294 25mm/s 10mm/mV 0.05-40 Hz




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HOSPITALS
NASHIK

Radiology

Patient Details : Mrs. JAYASHRI HIRAMAN AVHAD | Female | 41 Yr 4Mth 22Days
UHID : MHN1.0000126024 **Patient Location:** AHC
Patient Identifier: NSKAH27735 
DRN : 122036838 **Completed on :** 24-SEP-2022 09:49
Ref Doctor : Dr. Rajashri Dhongade

X-RAY CHEST PA

Mild rotation.

Both lung fields are clear.

Costophrenic angles are clear.

Cardiac size and contour are within normal limits.

Rib cage is normal.

Soft tissues are normal.

Breast shadow related artefacts are noted.

Suggest : Clinical correlation and further evaluation.

Impression

---- END OF THE REPORT ----

Dr. Gorakhnath T

CONSULTANT-RADIOLOGY



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Apollo
HOSPITALS
NASHIK

Radiology

Patient Details : Mrs. JAYASHRI HIRAMAN AVHAD | Female | 41 Yr 4Mth 22Days
UHID : MHN1.0000126024 **Patient Location:** AHC
Patient Identifier: NSKAH27735 
DRN : 222022048 **Completed on :** 24-SEP-2022 10:27
Ref Doctor : Dr. Rajashri Dhongade

ULTRASOUND - WHOLE ABDOMEN

LIVER : Normal in size and measures 15cm. Echotexture is uniform and normal. No gross I.H.B.D./ focal lesions.

PORTAL VEIN: Normal in size (9.5cm).

GALL BLADDER: Partially distended.

COMMON BILE DUCT: Normal in size (3.7cm).

PANCREAS : Part of head and part of body of pancreas appears normal. Rest of the pancreas is obscured.

SPLEEN: Normal in size (8.1cm) and echotexture.

KIDNEYS: Both kidneys are normal in site, size and echotexture.

No evidence of gross obstructive renal calculi/ hydronephrosis.

Right kidney measures: 10.5 x 4.9 cm.

Left kidney measures : 11.8 x 4.8 cm.

URINARY BLADDER: Well distended with normal walls.

Prevoid urine volume :300cc.

Postvoid residue : Nil.

UTERUS: Normal in size and echotexture.

Uterus measures : 5.8 x 3.6 x 5.4 cm.

Combined endometrial thickness is normal (6mm).

OVARIES: Normal in size and echotexture.



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Mrs. JAYASHRI HIRAMAN AVHAD

MHN1.0000126024

NSKAH27735

ULTRASOUND - WHOLE ABDOMEN

No evidence of ascites.

Excessive bowel gases.

Impression

No evidence of ascites.

Excessive bowel gases.

Suggest : Clinical correlation and further evaluation.

--- END OF THE REPORT ---

Dr. Gorakhnath T

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Radiology

Patient Details : Mrs. JAYASHRI HIRAMAN AVHAD | Female | 41 Yr 4Mth 22Days

UHID : MHN1.0000126024 **Patient Location:** AHC

Patient Identifier: NSKAH27735



DRN : 1322002541 **Completed on :** 24-SEP-2022 09:54

Ref Doctor : Dr. Rajashri Dhongade

MAMMOGRAPHY

Bilateral mammograms have been obtained using a low radiation dose film screen technique in the craniocaudal and oblique projections. Film markers are in the axillary/lateral portions of the breasts.

The study reveals :

Both breasts reveal mixed fatty and fibroglandular parenchyma.

There is no obvious evidence of a focal spiculated mass lesion, architectural distortion, focal asymmetry or clusters of microcalcifications seen to suggest presence of a malignancy.

Nipple and subcutaneous tissues are normal.

Impression

- 1) No significant abnormality is seen on this mammography and sonomammography.
- 2) BI - RADS - Category 1.

Suggested follow up mammogram after one year for routine screening purpose.



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MHN1.0000126024

NSKAH27735

MAMMOGRAPHY

--- END OF THE REPORT ---

Dr. Gorakhnath T

CONSULTANT-RADIOLOGY





OPHTHALMOLOGY



Name : Jayshree Arhad
 Occupation : _____
 Age : 40 Sex : Male Female S/M/W/D
 Address : N/A
 Tel. No. _____

Date 21/9/22 UNIT _____
 Room No. _____ Out Patient
 Ref. Physician : _____
 Copies to : _____

REPORT ON OPHTHALMIC EXAMINATION

HISTORY : _____

PRESENT COMPLAINT : _____

PAST HISTORY : DM / HTN / ALLERGY

ON EXAMINATION

VISION :

$\begin{matrix} \text{Nu} & \text{RE} & \text{Nu} & \text{LE} \\ \text{6/9} & & \text{6/9} & \end{matrix}$

	RIGHT				LEFT				
	PGP	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
DIST									
NEAR									

AR / Retinoscopy :

	RIGHT			LEFT		
	SPH	CYL	AXIS	SPH	CYL	AXIS
	0.5	-	-	0.25	0.5	146

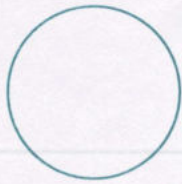
Refraction or Acceptance :

	RIGHT				LEFT			
	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
DIST	0.5	-	-	6/6	0.5	0.25	150	6/6
NEAR	1.00	-	-	6/12	0.25	-	-	M

Anterior Sigmoid :

RE

LE



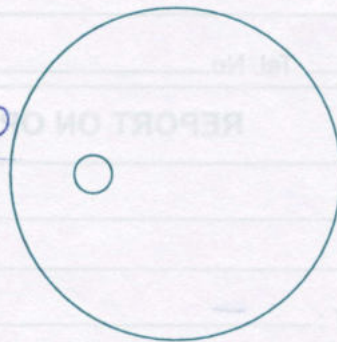
Myopia

clean

Fundus :

RE

LE



normal

Diagnosis :

Myopia

Pterygia

Advise / Rx:

Tean
LEFT
SPH CYL AXIS
-0.50 -0.25 180
RIGHT
SPH CYL AXIS
-0.50 -0.25 180

LEFT				RIGHT			
SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
-0.50	-0.25	180	M	-0.50	-0.25	180	M

CONSULTANT OPHTHALMOLOGIST



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Mrs. Anhad

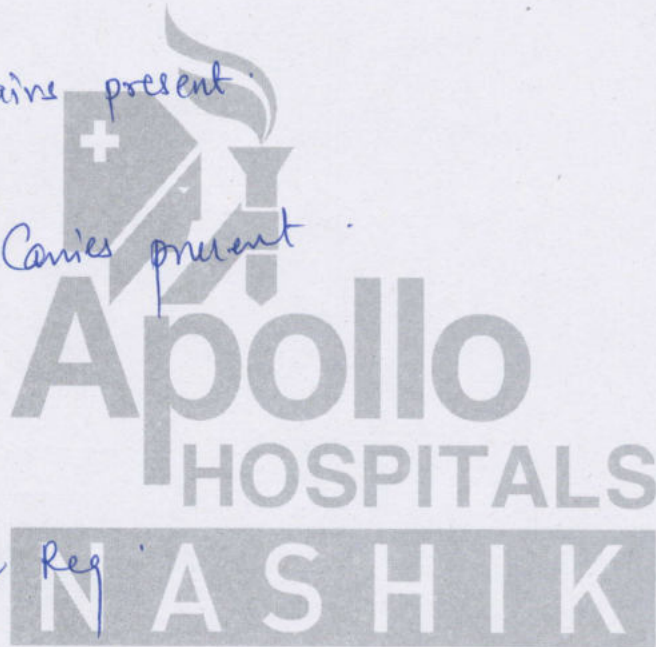
24/9/22

41 / P.

- No H/o of DM & HTN.

- Mild stains present.

- occlusal Caries present.



After Sealing Req.

Fillings Req.

ID: 000126024

Visit:

41years

Asian

Female

BRUCE

Max HR: 176bpm 98% of max predicted 179bpm

Max BP: 140/80

Reason for Termination: Max HR attained

Total Exercise time: 8:50

Maximum workload: 10.1METS

25.0 mm/s

10.0 mm/mV

100hz

24-Sep-2022

13:49:21

Referred by:

Test ind:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	0:45	***	***	1.0	89	120/80	107
	STANDING	0:05	***	***	1.0	92	120/80	110
	HYPERVENT	0:23	0.1	0.0	1.0	92	120/80	110
EXERCISE	STAGE 1	3:00	1.7	10.0	4.6	129		
	STAGE 2	3:00	2.5	12.0	7.0	146	130/80	190
	STAGE 3	2:50	3.4	14.0	10.1	176	140/80	246
RECOVERY	Post	3:14	***	***	1.0	110	140/80	154

TMT mid positive for S11