

Name : Ms. BHARTI KUMARI (28 /F)
Address : BABLATATA, KOLKATA, KOLKATA, WEST BENGAL, INDIA
Examined by:
Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

Date : 13/05/2022
UHID : AMHL.0001954565
AHC No : AMHLAH147693



CHIEF COMPLAINTS

For corporate health checkup
C/O Cramps, stiffness of legs and finger. C/O Weight, put on.

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Heart disease, Asthma
Thyroid disease : - hypothyroidism; - was on medication.



DRUG ALLERGY

NO KNOWN ALLERGY :16/05/2022



SYSTEMIC REVIEW

Cardiovascular system

Breathing difficulty - yes; Exacerbated by - moderate exertion

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

Frequency - normal

Gynaec history

Last menstrual period - 11.05.22; Periods - regular;
No of deliveries - P2+0; Deliveries - normal vaginal delivery

Central nervous system

- Nil Significant

Eyes

Vision - normal

ENT

- Normal hearing

Skin

- Nil Significant



Past medical history

Past medical history - nil significant



Surgical history

Surgical history - Nil



Personal history

Marital status - Married
No. of children - 2
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Sedentary



Family history

Father - alive
Brothers - 2
Diabetes - father,mother
Coronary artery disease - none
Cancer - mother

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PHYSICAL EXAMINATION

- No significant finding



General

Build - over weight
Height - 169 Cm
Weight - 83 Kg
BMI - 29.06
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 75
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 108
Diastolic(mm of Hg) - 77
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Present.



Central nervous system

- No neurological deficit



Skin

- No significant finding



Musculo Skeletal System

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

| Test Name | Result | Unit | Level | Range |
|--|--|----------------|-------|------------|
| Hemoglobin | 11.2 * | g/dl | ● | 12.0-15.0 |
| RBC COUNT | 4.80 | Million/ ul | ● | 3.8-4.8 |
| Hematocrit - Hct: | 35.1 * | % | ● | 36-46 |
| MCV | 73.3 * | fl | ● | 83-101 |
| MCH | 23.4 * | pg | ● | 27-32 |
| MCHC | 32.0 | % | ● | 31.5-34.5 |
| RDW | 17.7 * | % | ● | 11.8-14.0 |
| WBC Count | 7800 | /cu mm | ● | 4000-10000 |
| Platelet Count | 2.22 | lacs/cu mm | ● | 1.5-4.0 |
| Neutrophils | 63 | % | ● | 40-80 |
| Lymphocytes | 29 | % | ● | 20-40 |
| Monocytes | 07 | % | ● | 2-10 |
| Eosinophils | 01 | % | ● | 01-06 |
| Basophils | 00 | % | ● | 0-0 |
| RBC: | Anisocytosis+, Microcytic Hypochromic. | | | |
| Platelets: | Adequate on the smear | | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 19 | mm/1st hr | ● | 0-20 |

URINE ROUTINE AND MICROSCOPY

| Test Name | Result | Unit | Level | Range |
|------------------|--------------|------|-------|-------|
| Volume: | 20 | mL | | |
| Colour: | Pale Straw | | | |
| Appearance | Turbid | | | |
| Specific Gravity | 1.020 | | | |
| pH: | 6.0 | | | |
| Albumin: | Not Detected | | | |
| Glucose | Not Detected | | | |
| Ketone: | Not Detected | | | |
| Bile Pigments | Not Detected | | | |
| RBC | 15-20 | /hpf | | |

| | | |
|------------------|--|------|
| Pus Cells | 2-4 | /hpf |
| Epithelial Cells | 4-6 /h.p.f | /hpf |
| Casts: | Not Found | |
| Crystals: | Not Found | |
| Note | Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf. | |

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|------|-------|-------|
| URINE GLUCOSE(POST PRANDIAL) | Nil | | | |

URINE SUGAR- FASTING(QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE GLUCOSE(FASTING) | Nil | | | |

BLOOD GROUPING AND TYPING (ABO AND RH)

| Test Name | Result | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group: | B | | | |
| Rh (D) Type: | NEGATIVE | | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM | 20 | U/L | ● | 10-40 |
| ALBUMIN - SERUM | 4.4 | g/dL | ● | 3.5-5.1 |
| ALKALINE PHOSPHATASE - SERUM | 83 | U/L | ● | 42-98 |
| AST (SGOT) - SERUM | 17 | U/L | ● | 10-42 |
| BILIRUBIN TOTAL - SERUM | 0.4 | mg/dL | ● | 0.0-1.0 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL - SERUM | 167 | mg/dL | ● | 0-200 |

CREATININE - SERUM

| Test Name | Result | Unit | Level | Range |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 0.7 | mg/dL | ● | 0.6-1.1 |

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LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 16 | U/L | ● | 7-64 |

| | | | | |
|-------------------------------------|-----|-------|---|----------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 0.9 | ng/ml | ● | 0.8-2 |
| TOTAL T4: THYROXINE - SERUM | 8.7 | µg/dL | ● | 5.1-14.1 |

GLUCOSE - PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|----------------------------|--------|-------|-------|-------|
| GLUCOSE - PLASMA (FASTING) | 89 | mg/dL | ● | 70-99 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------|--------|-------|-------|-------|
| TRIGLYCERIDES - SERUM | 98 | mg/dL | ● | 0-150 |

GLUCOSE - PLASMA (POST PRANDIAL)

| Test Name | Result | Unit | Level | Range |
|----------------------------------|--------|-------|-------|--------|
| GLUCOSE - PLASMA (POST PRANDIAL) | 90 | mg/dL | ● | 70-140 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|--|--------|--------|-------|-------------|
| TSH: THYROID STIMULATING HORMONE - SERUM | 5.8 * | µIU/mL | ● | 0.270-4.200 |

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|--|
| HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD | 5.3 | % | ● | Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7% |

URIC ACID - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 4.8 | mg/dL | ● | 2.6-6.0 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.1 | mg/dL | ● | 0.0-0.2 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|-------|
| HDL CHOLESTEROL - SERUM | 34 | mg/dL | ● | 30-70 |
| LDL CHOLESTEROL -SERUM | 107 * | mg/dL | ● | 0-100 |
| VLDL CHOLESTEROL - SERUM (Calculated) | 26 | mg/dL | ● | 0-35 |

BUN (BLOOD UREA NITROGEN)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|-------|-------|----------|
| BUN (BLOOD UREA NITROGEN) | 9.9 | mg/dL | ● | 7.0-18.0 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-------------|---------|------|-------|---------|
| A/G - RATIO | 1.4:1.0 | | | 1.0-2.0 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--------------------------------|--------|------|-------|---------|
| PROTEIN TOTAL - SERUM | 7.4 | g/dL | ● | 6.4-8.3 |
| GLOBULIN: (CALCULATED) - SERUM | 3.1 | g/dL | ● | 1.8-3.6 |

ECG

SINUS RHYTHM WITH SINUS ARRHYTHMIA.

TREADMILL TEST / STRESS TEST

SUBMAXIMAL (UPTO 81 %) STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Fatty changes in liver - Grade I.

* Bulky uterus.

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X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

PAP SMEAR /CERVICAL SMEAR

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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