

Health Check up Booking Confirmed Request(bobE43403),Package Code-  
PKG10000227, Beneficiary Code-18807

Wellness : Mediwheel : New Delhi <wellness@mediwheel.in>

Wed 09-08-2023 15:36

To:sabbirji99@gmail.com <sabbirji99@gmail.com>

Cc:Customer Care :Mediwheel : New Delhi <customercare@mediwheel.in>



**Mediwheel**  
...Your wellness partner



011-41195959

Email:wellness@mediwheel.in

Dear **MR. ALAM SABBIR MD,**

Please find the confirmation for following request.

**Booking Date** : 04-08-2023  
**Package Name** : Medi-wheel Full Body Health Checkup Male Below 40  
**Name of Diagnostic/Hospital** : Amar Jyoti Hospital  
**Address of Diagnostic/Hospital** : Sushil Nagar, Anushka Pvt ITI , Begusarai - 851134  
**Contact Details** : 8521712741  
**City** : Begusarai  
**State** : Bihar  
**Pincode** : 851134  
**Appointment Date** : 12-08-2023  
**Confirmation Status** : Confirmed  
**Preferred Time** : 8:00am-8:30am  
**Comment** : Confirm

**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

Request you to reach half an hour before the scheduled time.

In case of further assistance, Please reach out to Team Mediwheel.

आधार  
Unique Identification Authority of India

पता:  
आत्मज: अली हुसैन, वॉर्ड 02, मार्ग,  
हसनपुर, हसनपुर, समस्तीपुर,  
हसनपुर, बिहार, 848205

Address:  
S/O: Ali Hussain, ward 02, road,  
Hasanpur, Hasanpur, Samastipur,  
Hasanpur, Bihar, 848205

5762 9730 9651

1800 300 1947  
help@uidai.gov.in  
www.uidai.gov.in

भारत सरकार  
Government of India

मो सब्बीर आलम  
Md Sabbir Alam  
जन्म तिथि / DOB : 04/02/1991  
पुरुष / Male

5762 9730 9651

आधार - आम आदमी का अधिकार

*Md Sabbir Alam*

7831919828





**10. Function History**

- a. Do you have pain or discomfort when lifting or handling heavy objects? Yes  No
- b. Do you have knee pain when squatting or kneeling? Yes  No
- c. Do you have back pain when forwarding or twisting? Yes  No
- d. Do you have pain or difficulty when lifting objects above your shoulder height? Yes  No
- e. Do you have pain when doing any of the following for prolonged periods (Please circle appropriate response)
- |   |  |   |
|---|--|---|
| •Walking : Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>  | •Kneeling : Yes <input type="checkbox"/> No <input type="checkbox"/> | •Squatting : Yes <input type="checkbox"/> No <input type="checkbox"/> |
| •Climbing : Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> | •Sitting : Yes <input type="checkbox"/> No <input type="checkbox"/>  |   |
| •Standing : Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> | •Bending : Yes <input type="checkbox"/> No <input type="checkbox"/>  |   |
- f. Do you have pain when working with hand tools? Yes  No
- g. Do you experience any difficulty operating machinery? Yes  No
- h. Do you have difficulty operating computer instrument? Yes  No

**B. CLINICAL EXAMINATION**

a. Height 160 cm      b. Weight 75 kg      Blood Pressure 120 / 80 mmhg

Chest measurements: a. Normal 93 cm      b. Expanded 96 cm

Waist Circumference 39      Ear, Nose & Throat WNL

Skin WMB      Respiratory System BAC (+)

Vision 6/6      Nervous System NFND

Circulatory System WNL      Genito-urinary System WNL

Gastro-intestinal System WNL      Colour Vision NORMAL

Discuss Particulars of Section B :-

**C. REMARKS OF PATHOLOGICAL TESTS**

Chest X-ray	<u>WNL</u>	ECG	<u>WNL</u>
Complete Blood Count	<u>Hb: 14.4 gm%, PC: 79000</u>	Urine routine	<u>WNL</u>
Serum cholesterol	<u>155 mg/dl</u>	Blood sugar	<u>FBS-85 mg, PPS-99 mg</u>
Blood Group	<u>B+ve</u>	S.Creatinine	<u>1.0 mg/dl</u>

**D. CONCLUSION**

Any further investigations required       Any precautions suggested

**E. FITNESS CERTIFICATION**

Certified that the above named recruit does not appear to be suffering from any disease communicable or otherwise, constitutional weakness or bodily infirmity except \_\_\_\_\_

I do not consider this as disqualification for employment in the Company. S

Candidate is free from Contagious/Communicable disease

Date : 12/08/2025

**DR. RAVI RAJ**  
**MB.B.S**  
 Reg No: 55108  
 Signature of Medical Adviser

### Eye Examination Report

Candidate Name: MD. SABBIR ALAM

Age/ Gender: 34/M

Date: 12/08/2021

This is to certify that I have examined Mr. /Ms. SABBIR ALAM hereby, his/her visual standards are as follows :

Without Glasses		With Glasses		Color Vision (Normal/Defective)
R	<u>6/6</u>	L	<u>6/6</u>	<u>NORMAL</u>

Doctor Signature:

Doctor Stamp

**AMAR JYOTI HOSPITAL**  
Dr. Chandra Shekhar Kumar  
M.B.B.S MD (OPHTHALMOOLOGY)  
12 REG. No.- 41209



Md sabbir alam

12.08.2023 2:37:46  
Amar jyoti Hospital, Beusarai

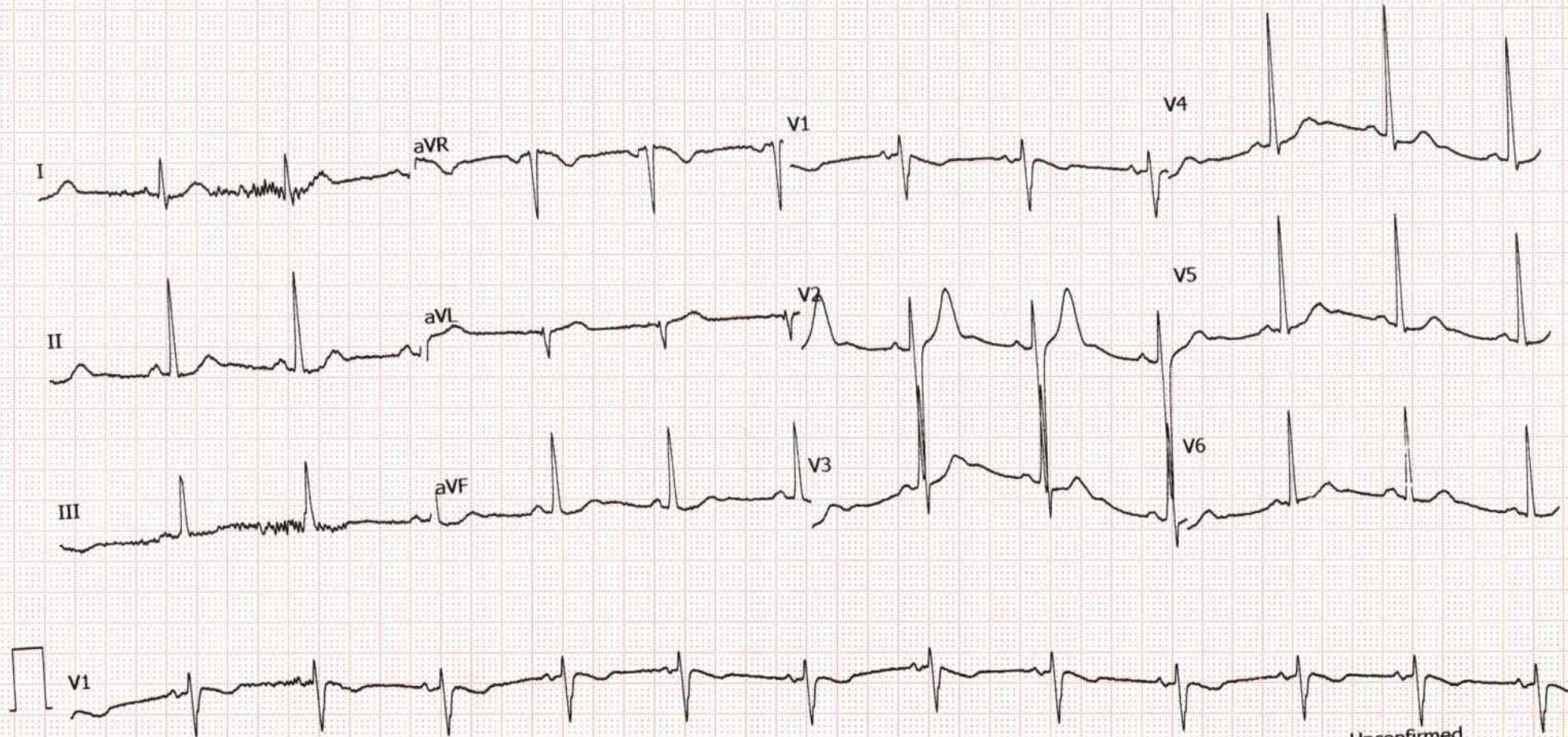
Location:  
Order Number:  
Visit:  
Indication:  
Medication 1:  
Medication 2:  
Medication 3:

Male

Technician:  
Ordering Ph:  
Referring Ph:  
Attending Ph:

QRS :	86 ms
QT / QTcBaz :	380 / 418 ms
PR :	128 ms
P :	98 ms
RR / PP :	816 / 821 ms
P / QRS / T :	63 / 73 / 25 degrees

Normal sinus rhythm  
Nonspecific ST abnormality  
Abnormal ECG



Unconfirmed  
4x2.5x3\_25\_R1 1/1

25 mm/s 10 mm/mV

0.04 sec 50 Hz



**DR. SASHIBHUSHAN**  
M.D. Pathologist (BHU)  
Reg. No. : 52269

**MD. SHAHNAWAZKHAN**  
B.M.L.T.  
Reg. No. : BR1822

**JAMAR  
JYOTI  
PATHOLAB**



Address : Near Anushka Pvt. ITI, NH-31, Sushil Nagar, Begusarai, Bihar-851134

Call : 8877770366, 8873831650

Patient Name:- MD SABBIR ALAM

Date: 12/08/2023

Ref. by Dr : AMAR JYOTI HOSPITAL

Sex M Age: 34 Y

**Haematological Test Report**

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>REFERENCE RANGE</u>
<b>Complete Blood Count</b>			
Haemoglobin	14.4	gm %	12.5-16.4
<b>WBC Count</b>			
Total WBC Count	7900	/cumm	4000-11000
<b>Differential Count</b>			
Neutrophil	63	%	40-70
Lymphocyte	34	%	20-40
Eosinophil	03	%	01-09
Monocyte	01	%	02-10
Basophil	00	%	00-05
<b>RBC Indices</b>			
R B C Count	4.82	mil./cumm	3.9-5.6
Haematocrit (PCV)	43.9	%	36-47
MCV	91.1	fL	75-96
MCH	29.9	pg	27-32
MCHC	32.8	gm/dl	30-36
<b>Platelet Indices</b>			
Platelet Count	1,97,000	/cumm	150000-400000
LSR	19	mm/1 <sup>st</sup> hr.	00-15

\*\*\* End of report\*\*\*



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**Report on Blood Examination**

<u>TEST</u>	<u>RESULTS</u>	<u>UNIT</u>	<u>REFERENCE RANG</u>
B Urea	28.0	mg/dl	17-45
S Creatinine	1.0	mg/dl	0.6-1.4
S Uric Acid	5.2	mg/dl	2.5-7.0
S Sodium	139	m mpl/L	135-155
S Potassium	3.9	m mpl/L	3.5-5.5
S Cholride	98.0	meq/L	97-109
S Calcium	8.1	mg%	8.5-10.5

\*\*\*End of report\*\*\*





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Sex M Age: 34 Y

**LIVER FUNCTION TEST**

<u>TEST</u>	<u>RESULTS</u>	<u>UNIT</u>	<u>REFERENCE RANG</u>
S. Bilirubin			
Total	1.0	mg/dl	up to 1.2
Conjugate	0.4	mg/dl	up to 0.4
Unconjugate	0.6	mg/dl	up to 0.8
SGPT	34.0	U/L	up to 40
SGOT	39.0	U/L	up to 38
Alkaline Phosphatase	121	U/L	37-167
S. Protein			
Total	6.3	gm%	6.0-8.0
Albumin	3.9	gm%	3.7-5.3
Globulin	2.4	gm%	1.5-3.5
A/G Ratio	1.62		1.0-2.0

\*\*\*End of report\*\*\*

Signature

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B.M.L.T.

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Sex M Age:34 Y

**LIPID PROFILE**

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>REFERENCE RANG</u>
S. Triglyceride	110	mg%DI	10-170
Total Cholesterol	155	mg%dL	130-200
H.D.L. Cholesterol	42	mg%dL	40-75
L.D.H. Cholesterol	113	mg%dL	80-120
TC/HDL Cholesterol	3.69	Ratio	3.0-5.0
LDL/HDL	2.69	Ratio	1.5-3.5
V.L.D.L Cholesterol	22	mg%dL	07-30

\*\*\* End of report\*\*\*





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Sex M Age:34 Y

**BLOOD GLUCOSE EXAMINATION**

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>REFERENCE RANG</u>
Fasting Blood Sugar	85.0	mg/dl	70-110
2Hrs After Lunch (PP)	99.0	mg/dl	80-140

\*\*\*End of report\*\*\*



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Ref. by Dr : AMAR JYOTI HOSPITAL

Sex M Age:34 Y

**Report on Blood Examination**

<u>TES</u>	<u>RESULT</u>	<u>UNIT</u>	<u>REFERENCE RANG</u>
Blood Group Rh	'B' Positive		
HbA1c(HPLC)	5.62	%	5.7-6.4
Average Blood Glucose(ABG):	137.08	mg/Dl	90-120

\*\*\*End of report\*\*\*





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Ref by Dr : AMAR JYOTI HOSPITAL

Sex M Age:34 Y

**Report on Blood Examination**

TEST	RESULT	UNIT	REFERENCE RANG
TSH	2.95	μIU/mL	0.35-4.94

\*\*\*End of report\*\*\*



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Date: 12/08/2023

Ref. by Dr : AMAR JYOTI HOSPITAL

Sex M Age:34 Y

**URINE REPORT**

**PHYSICAL EXAMINATION:**

QUANTITY : 05ml

DEPOSITS : Present

COLOUR : Straw

REACTION : Acidic

APPEARANCE: Hazy

SP .Gravity : 1.025

PH : 6.0

**CHEMICAL EXAMINATION:**

PROTEIN : Nil

SUGAR : Nil

BILE PIGMENT: Absent

BILI SAL : Absent

UROBILINOGEN: Absent

KETONE BODIES: Absent

NITRITE : Neagtive

**MICROSCOPIC EXAMINATION:**

EPTHELIAL CELL: 0-2/hpf

RBC : Absent

PUS CELL : 2-4/hpf

Crystals : Absent

CASTS : Absent

YEAST: Absent

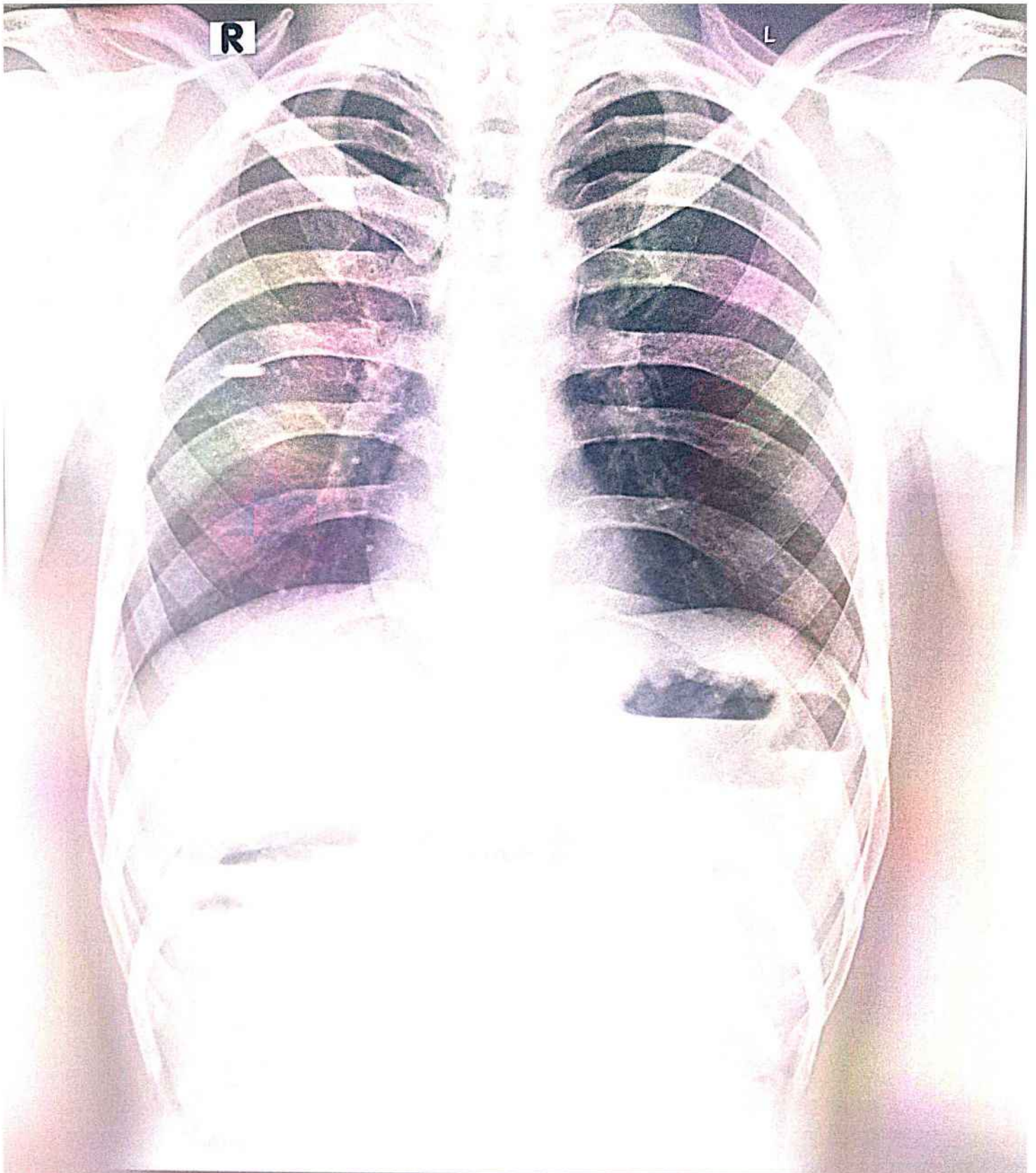
BACTERIA : Absent

TRICHOMONAS: Absent

\*\*\* End of report\*\*\*







MD. SABBIR ALAM 34/Y DR AMAR JYOTI HOSPITAL 12.08.2023.A.06  
AMAR JYOTI HOSPITAL, SUSHIL NAGAR, BEGUSARAI.