

Name : Mr. SANJOY KUMAR GHOSH (59 /M)

Date : 24/11/2023

Address : 20 GIRISH AVENUE, 1ST FLOOR, KOLKATA-700003, KOLKATA, WEST BENGAL, INDIA

Examined by: Dr .JHUMA BAGCHI

UHID : AMHL.0001935887

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK

AHC No : AMHLAH187244



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Dyslipidemia, Thyroid  
disorder  
Hypertension Since - 16; Medication -  
regular  
Asthma Since - 15; Medication -  
when needed



## DRUG ALLERGY

NO KNOWN ALLERGY

:18/03/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

Sneezing - on and off; Exacerbated by - allergens,  
cold weather, dust; Runny nose - yes; Exacerbated  
by - cold weather, dust; Wheezing - occasional;  
Relieved by - inhalers

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant

### General symptoms

Happiness score  
Sleeping well - Good; Stress at home - Mild; Stress  
at work - Moderately

### Mind Health screening

Emotional Wellness  
Assessment (PHQ9)  
Score - 0  
Depression Level -  
None-Minimal



### Present medications

- DYTOR 5  
MINIPRESS XL 5  
CETANIL 10  
ALTORON 40  
FURIC 40  
PROSTAGURD 8; On immunosuppressive - No



### Past medical history

Allergies - dust  
Others - No  
Past medical history - nil significant  
Covid 19 - No



### Personal history

Marital status - Married  
Diet - Mixed Diet  
How many meals in a  
week do you eat hotel  
food? - 0  
Alcohol - does not consume alcohol

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Smoking - No  
E-cigarettes, vaping,  
hookah or water-pipe? - No  
Chews tobacco - No  
Physical activity - Mild  
Ethnicity - Others



### Family history

Father - has expired  
Aged - 34  
Cause - not known  
Mother - has expired  
Aged - 25  
Cause - not known  
Brothers - 1  
Hypertension - mother  
Coronary artery  
disease - none  
Cancer - None  
Thyroid/other  
endocrine disorder - mother

## PHYSICAL EXAMINATION



### General

Build - over weight  
Height - 168  
Weight - 71  
BMI - 25.16  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 96  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 154  
Diastolic(mm of Hg) - 92  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath  
sounds



### Abdomen

Organomegaly - No  
Tenderness - No



### Central nervous system

- No neurological deficit

### Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/12 LE:6/12  
BCVA:RE:N8 LE:N8  
OCULAR MOVEMENT:WNL  
ANT.SEG:EARLY  
CHANGES(9BE)  
ACCPT: SPECTACLE PWR  
RE:-3.75/-2.25X80\*(6/9)  
LE:-4.50/-1.75X80\*(6/9)  
ADD(BE):+2.75DSPH(N6)  
ADVICE:\*\*Glass Rx.\*Detail  
dilated Funduscopy\*Review  
after 1yr/SOS

Printed By : Benazir Begaum

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	12.9 *	g/dl	●	13.0-17.0
RBC COUNT	4.3 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	38.5 *	%	●	41-53
MCV	89.4	fl	●	83-101
MCH	30.0	pg	●	27-32
MCHC	33.5	%	●	31.5-34.5
RDW	14.1 *	%	●	11.8-14.0
WBC Count	6100	/cu mm	●	4000-10000
Platelet Count	1.22 *	lacs/cu mm	●	1.5-4.0
Neutrophils	77	%	●	40-80
Lymphocytes	14 *	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	11	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	0-2	/hpf		
Epithelial Cells	Occasional/hpf			

Casts: Not Found  
Crystals: Not Found

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	64 *	U/L	●	0-50
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	107	U/L	●	43-115

AST (SGOT) - SERUM	48	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.3-1.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	130	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.0	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA  
GLUTAMYL  
TRANSPEPTIDASE -  
SERUM 55 U/L ● 0-55

TOTAL T4:  
THYROXINE - SERUM 7.8 µg/dL ● 5.48-14.28

**GLUCOSE - PLASMA (FASTING)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (FASTING) 96 mg/dL ● 70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
TRIGLYCERIDES - SERUM 104 mg/dL ● 0-150

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name Result Unit Level Range  
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.8 \* % ●  
Nondiabetic : 4 - 5.6 %  
Prediabetics : 5.7 - 6.4%  
Diabetes : >= 6.5%  
ADA Therapeutic goal : <7%

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TSH: THYROID STIMULATING HORMONE - SERUM 3.00 µIU/mL ● 0.38-5.33

**URIC ACID - SERUM**

Test Name Result Unit Level Range  
URIC ACID - SERUM 3.7 mg/dL ● 2.6-7.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
HDL CHOLESTEROL - SERUM 57 mg/dL ● 30-70  
LDL CHOLESTEROL -SERUM 66 mg/dL ● Optimal: <100  
VLDL CHOLESTEROL - SERUM (Calculated) 7 mg/dL ● 0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

**PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM**

Test Name Result Unit Level Range  
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM 1.5 ng/mL ● 0.00-6.50

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
PROTEIN TOTAL - SERUM 7.1 g/dL ● 6.4-8.3  
GLOBULIN: (CALCULATED) - SERUM 2.8 g/dL ● 1.8-3.6

**BUN (BLOOD UREA NITROGEN)**

Test Name Result Unit Level Range  
BUN (BLOOD UREA NITROGEN) 8.7 mg/dL ● 7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
A/G - RATIO 1.5 ● 1.0-2.0

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.00 ng/ml ● 0.87-1.78

**BUN/CREATININE RATIO**

Test Name Result Unit Level Range  
BUN/CREATININE RATIO 8.9

**ECG**

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NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

#### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

#### ULTRASOUND SCREENING WHOLE ABDOMEN

- \* Grade I fatty liver.
- \* Cholelithiasis.
- \* Mild Prostatomegaly.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.

Dr GAURAV JAIN  
DNB RESIDENT  
In consultation with

#### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

**Dr.JHUMA BAGCHI**

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Moderate Risk

### YOUR SCORE

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### ACCEPTABLE SCORE

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Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515