



भारत सरकार
Government of India



मोनिका मेहरा
Monika Mehra
जन्म तिथि / DOB: 25/09/1991
लिंग / Gender: Female



9909 3411 1951

मेरा आधार, मेरी पहचान

Monika Mehra



भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

पता: D.O. भगवान दास मेहरा, 141, Address: D.O. Bhagwan Das Mehra, 141,
सह करेली, जोहरिया कोडसा, सह करेली, जोहरिया कोडसा, नरसिंहपुर,
मध्य प्रदेश, 487221 Madhya Pradesh, 487221

9909 3411 1951



1951



help@udai.gov.in



www.udai.gov.in





11 / MONIKA MEHRA / 32 Yrs / F / 152 Cms / 69 Kg Date: 15-Jul-2023 Refd By : Dr.B.S.Yadav MD DM

Report :

TEST OBJECTIVE	ROUTINE CHECK UP
RISK FACTOR	AGE
ACTIVITY	MODERATE ACTIVE
MEDICATION	NONE
REASON FOR TERMINATION	FATIGUE. HEART RATE ACHIEVED
EXERCISE TOLERANCE	AVERAGE
EXERCISE INDUCED ARRHYTHMIAS	NO
HAEMODYNAMIC RESPONSE	NORMAL
CHRONOTROPIC RESPONSE	NORMAL
FINAL IMPRESSION	STRESS TEST IS NEGATIVE FOR EXEROVISE INDUCED ISCHAEMIC HEART DISEASE



Dr. B.S. Yadav

Doctor : cardilogist

11 / MONIKA MEHRA / 32 Yrs / F / 152 Cms / 69 Kg Date: 15-Jul-2023 Refd By : Dr.B.S.Yadav MD DM

Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	% THR Achieved	BP	RPP	PVC	Comments
Supine	00:19	0:01	00.0	00.0	01.0	90	48 %	120/80	108	00	
Standing	00:49	0:01	00.0	00.0	01.0	91	48 %	120/80	109	00	
HV	01:00	0:01	00.0	00.0	01.0	090	48 %	120/80	108	00	
Warm Up	01:26	0:01	01.0	00.0	01.0	093	49 %	120/80	111	00	
ExStart	01:38	0:06	01.7	10.0	01.1	111	59 %	120/80	133	00	
BRUCE Stage 1	04:38	3:00	01.7	10.0	04.7	162	86 %	126/84	204	00	
PeakEx	05:01	0:23	02.5	12.0	05.0	167	89 %	126/84	210	00	
Recovery	06:00	1:00	00.0	00.0	01.0	148	79 %	124/84	183	00	
Recovery	07:00	2:00	00.0	00.0	01.0	131	70 %	122/82	159	00	
Recovery	08:08	3:07	00.0	00.0	01.0	119	63 %	122/82	145	00	

Findings :

Exercise Time : 03:24
 Max HR Attained : 167 bpm 89% of Target 188
 Max BP Attained : (Sys) 126/84
 Max WorkLoad Attained : 5 Fair response to induced stress
 Max ST Dep Lead & Value : Max ST Dep Lead & Value
 Test End Reasons : Fatigue, Heart Rate Acheived

Doctor : cardiologist

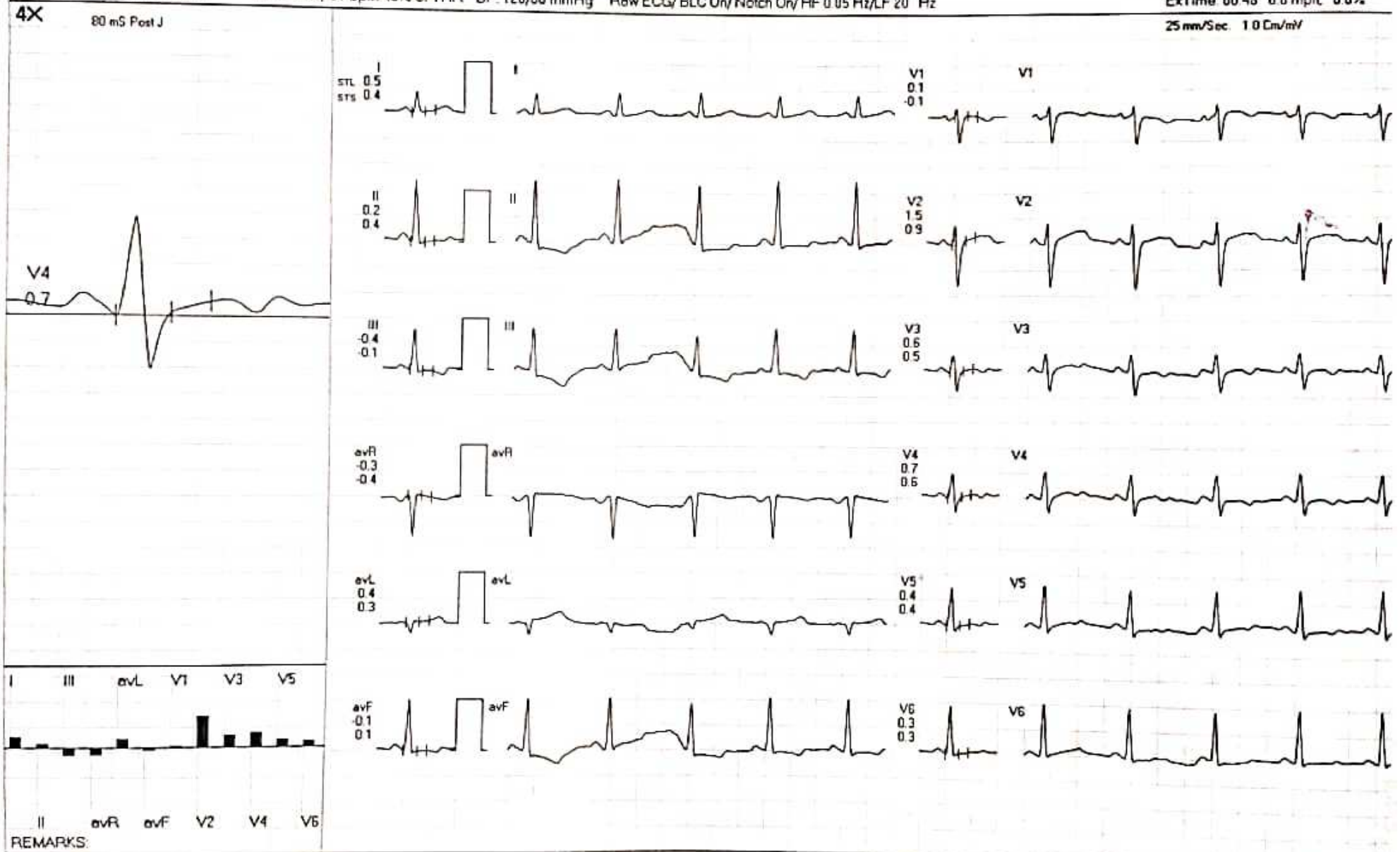


11 / MONIKA MEHRA / 32 Yrs / F / 152 Cms / 69 Kg / HR : 91

Date: 15-Jul-2023 10:33:40 AM METS: 1.0/91 bpm 48% of THR BP: 120/80 mmHg Row ECG/BLC On/Notch On/HF 0.05 Hz/LF 20 Hz

ExTime: 00:48 0.0 mph 0.0%

25 mm/Sec. 1.0 Cm/mV

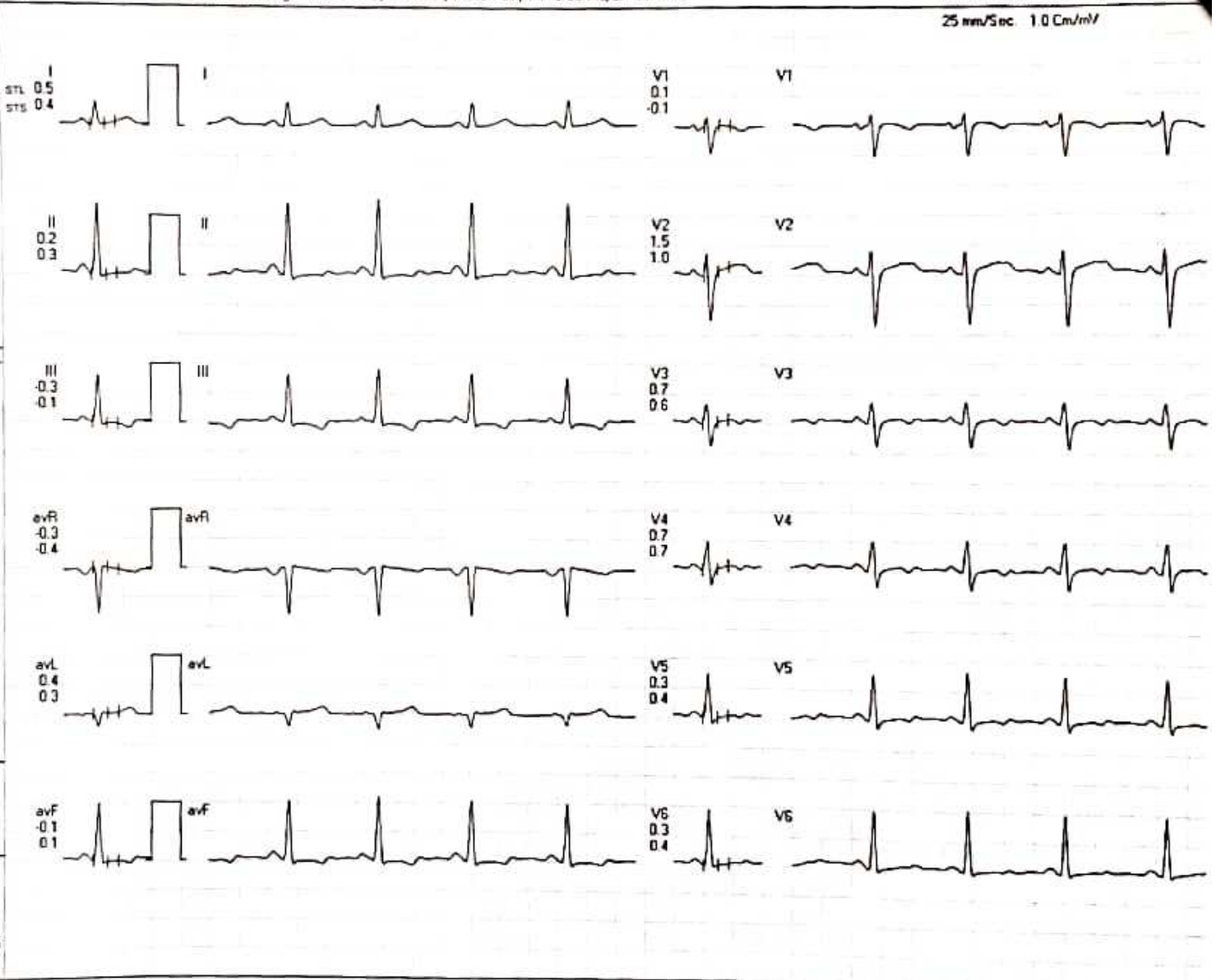
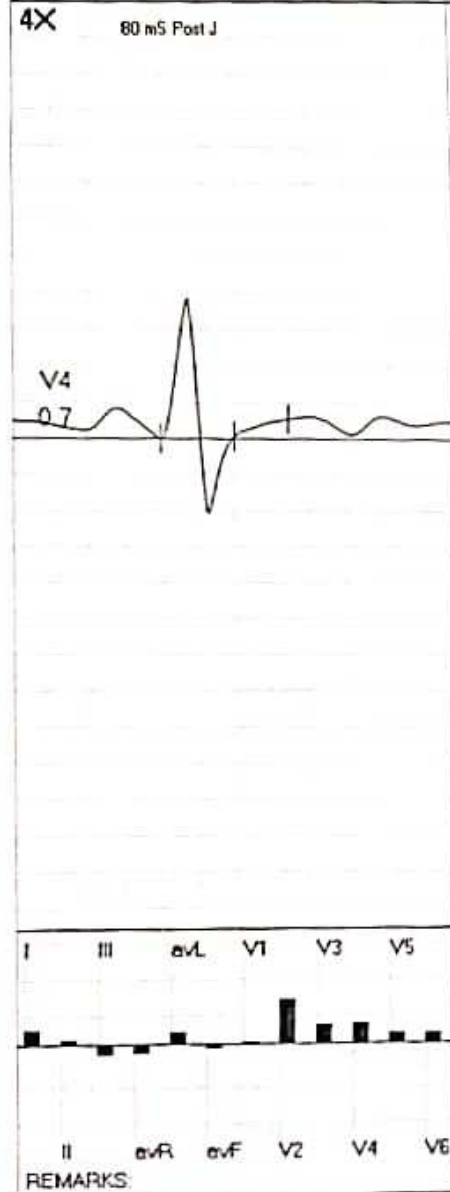


(GEM213180307)(A)Allengers

11 / MONIKA MEHRA / 32 Yrs / F / 152 Cms / 69 Kg / HR : 90

Date: 15-Jul-2023 10:33:40 AM METS: 1.0 / 90 bpm 47% of THR BP: 120/80 mmHg Raw ECG/BLC On/ Natch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 00:18 0.0 mph, 0.0%



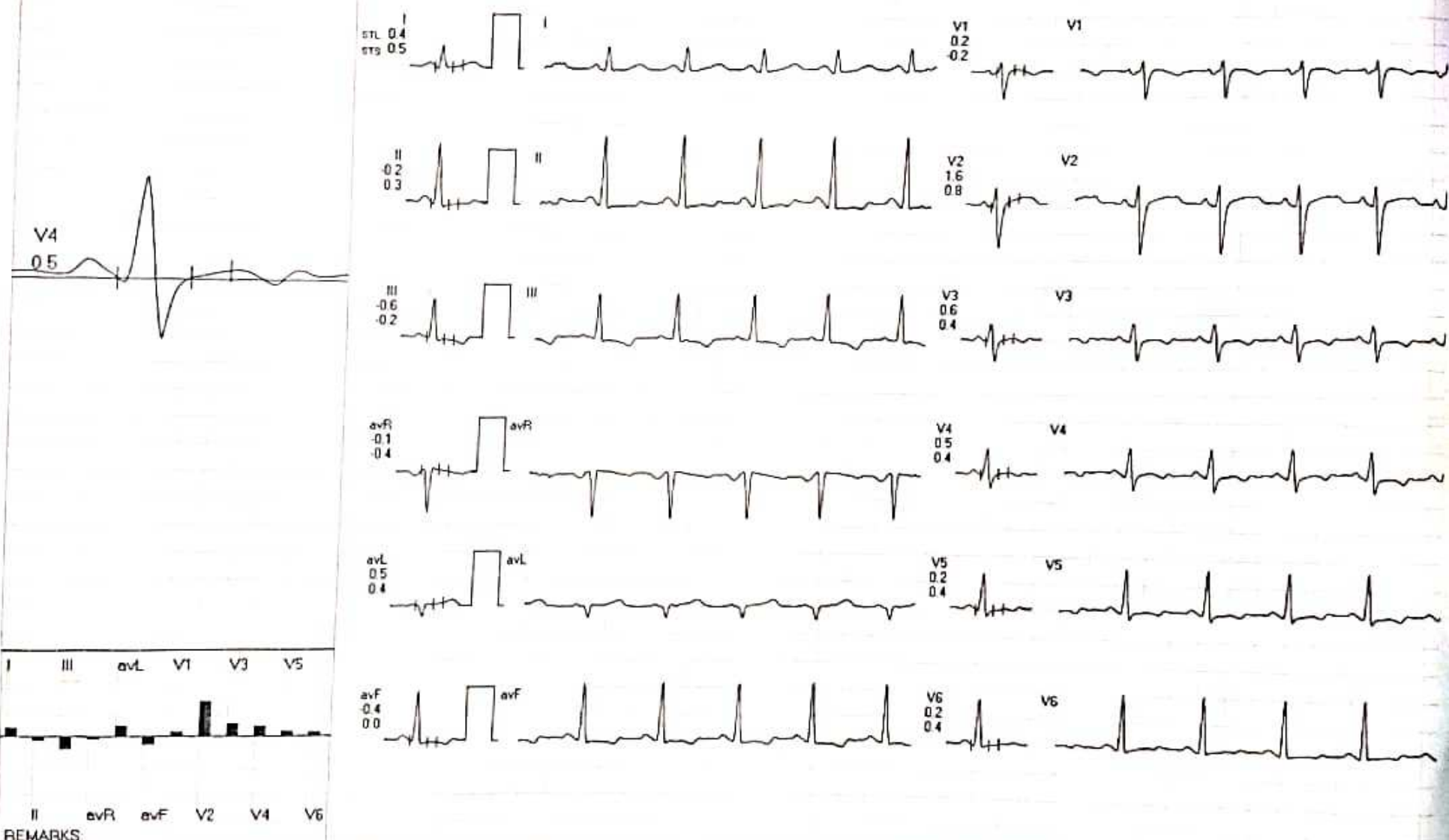
11 / MONIKA MEHRA / 32 Yrs / F / 152 Cms / 69 Kg / HR : 90

Date: 15-Jul-2023 10:33:40 AM METS 1.0/90 bpm 47% of THR BP: 120/80 mmHg Raw ECG/BLC On/Notch On/HF 0.05 Hz/LF 20 Hz

ExTime 00:59 00 mph 00%

25 mm/Sec. 1.0 Cm/mV

4X 70 mS Post J



REMARKS:

(GEM213180307)(A)Allengers



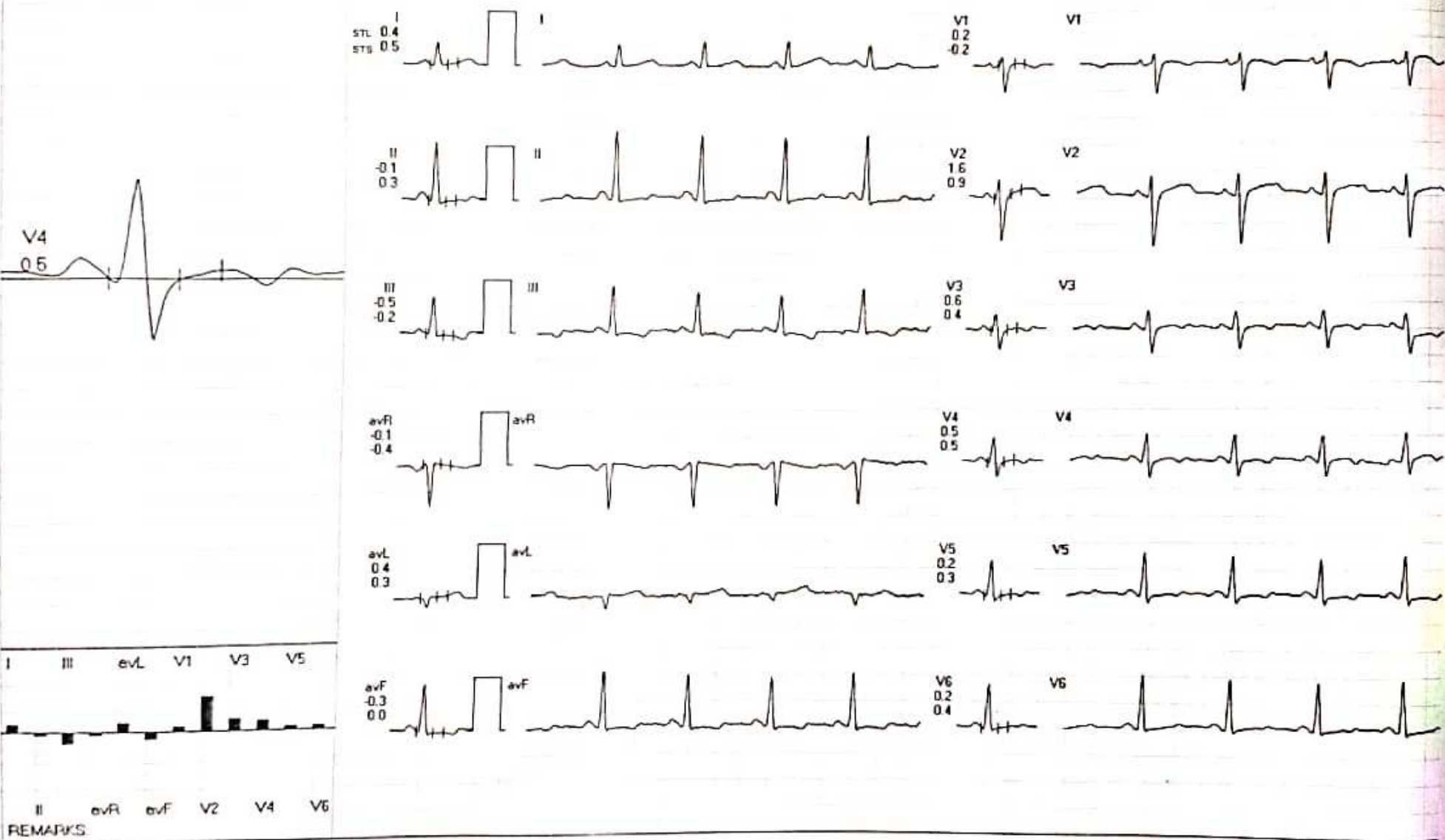
11 / MONIKA MEHRA / 52 Yrs / F / 152 Gms / 69 Kg / HR 93

Date: 15-Jul-2023 10:33:40 AM METS 1.0 / 93 bpm 49% of THR BP 120/80 mmHg Raw ECG/BLC On/Notch On/HF 0.05 Hz/LF 20 Hz

ExTime: 01:25 1.0 mph. 0.0%

4X 80 mS Post J

25 mm/Sec 1.0 Cm/mV



(GEM213180307)(A)Allengers

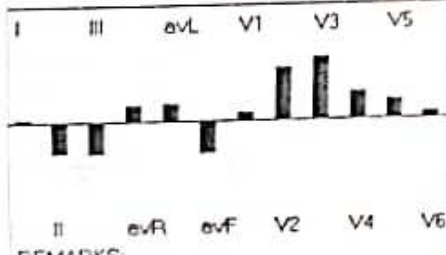
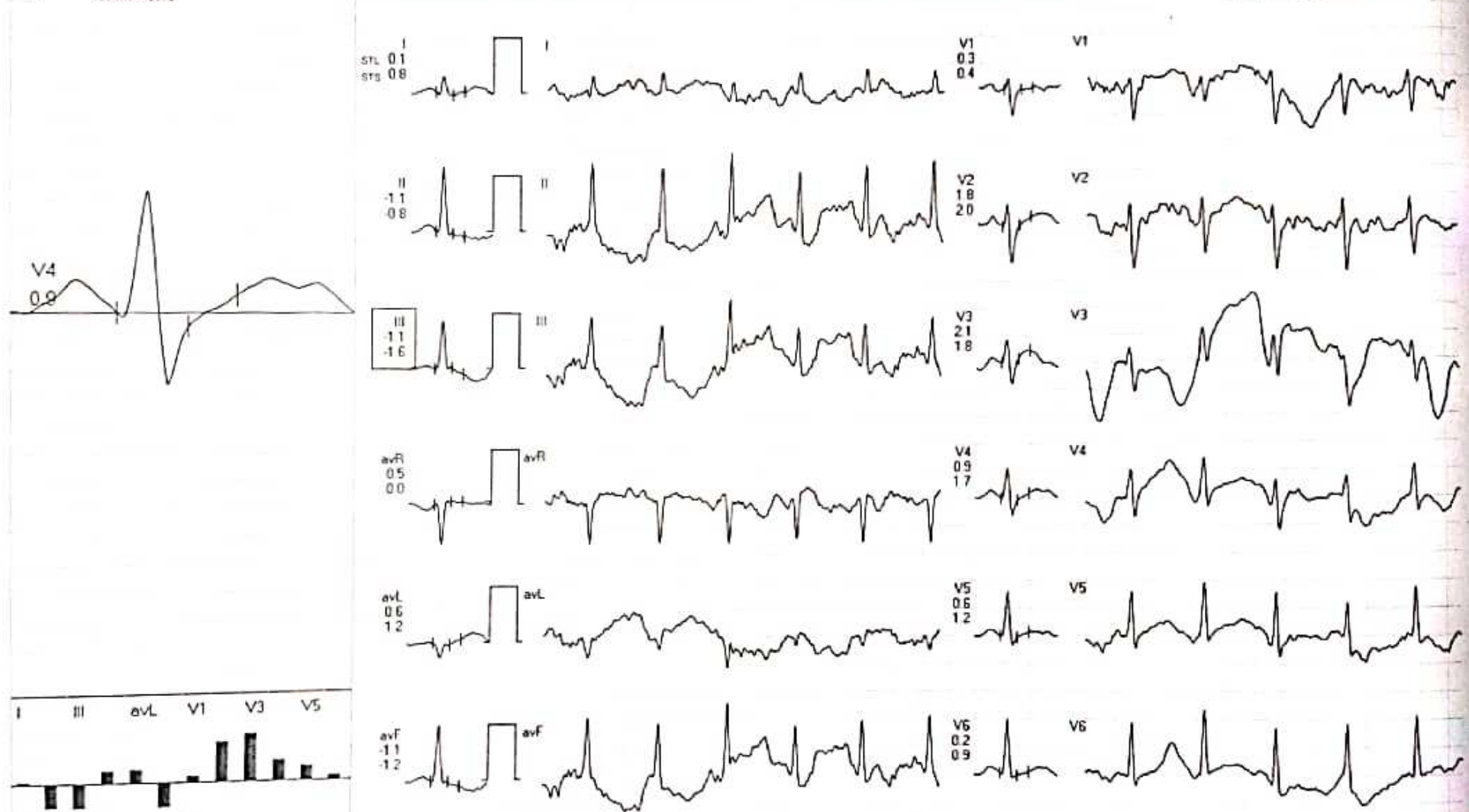
11 / MONIKA MEHRA / 32 Yrs / F / 152 Cms / 69 Kg / HR 111

Date: 15-Jul-2023 10:33:40 AM METS 1.0 / 111 bpm 59% of THR BP: 120/80 mmHg Raw ECG/EKG On/Notch On/HF 0.05 Hz/AF 20 Hz

ExTime 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec 1.0 Cm/mV



REMARKS

(GEM213180307)(A)Allengers



11 / MONIKA MEHRA / 32 Yrs / F / 152 Cms / 69 Kg / HR : 162

Date: 15-Jul-2023 10:33:40 AM

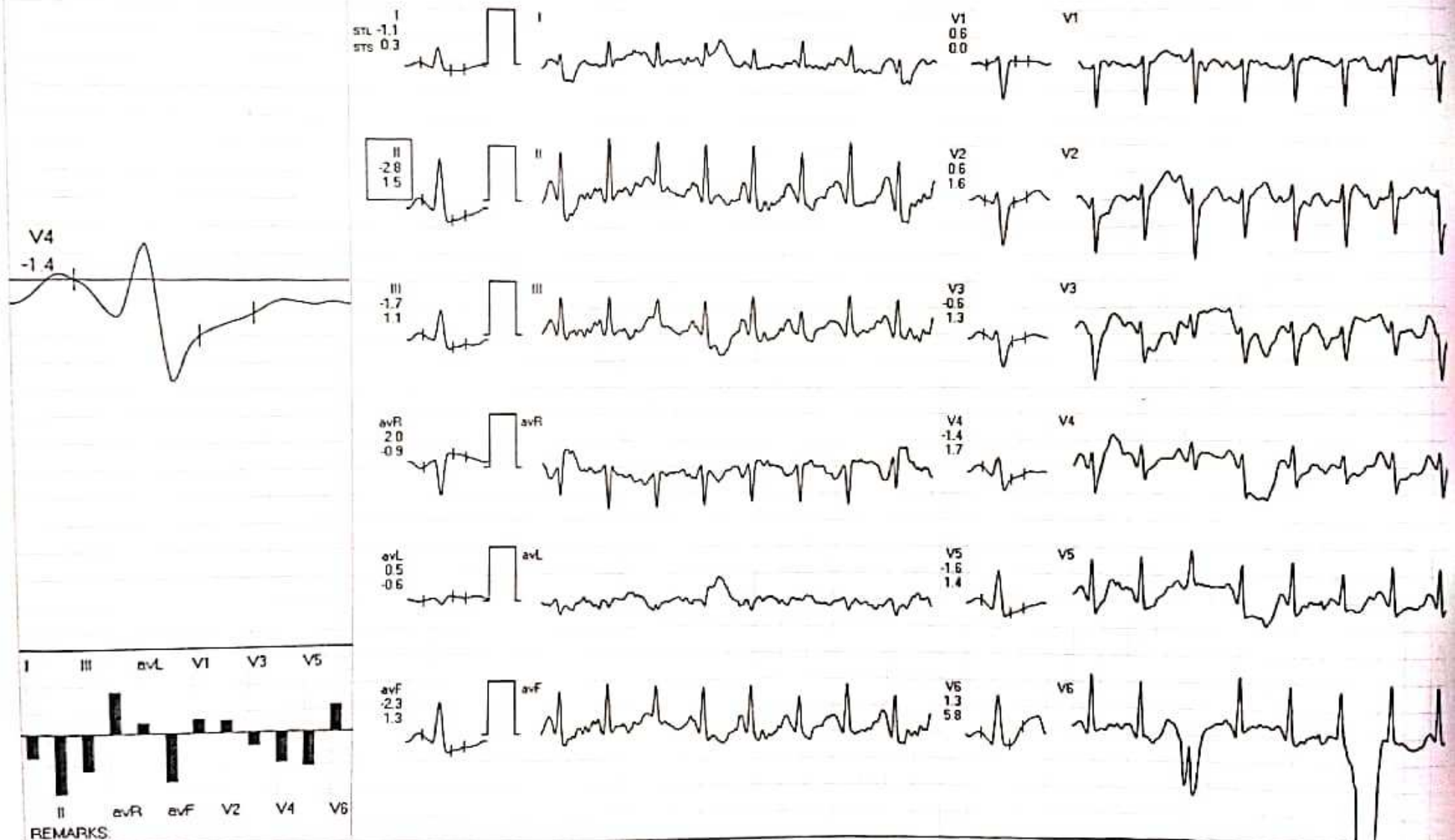
METS: 4.7/162 bpm 86% of THR EP 126/84 mmHg Row ECG/BLC On/ Notch On/HF 0.05 Hz/LF 20 Hz

ExTime 03:00 1.7 mph, 10.0%

4X

60 mS Post J

25 mm/Sec 1.0 Cm/mV



REMARKS:

(GEM213180307)(A)Allengers

Date: 15-Jul-2023 10:33:40 AM

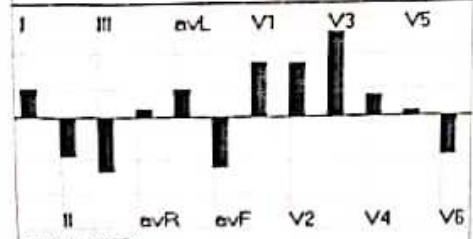
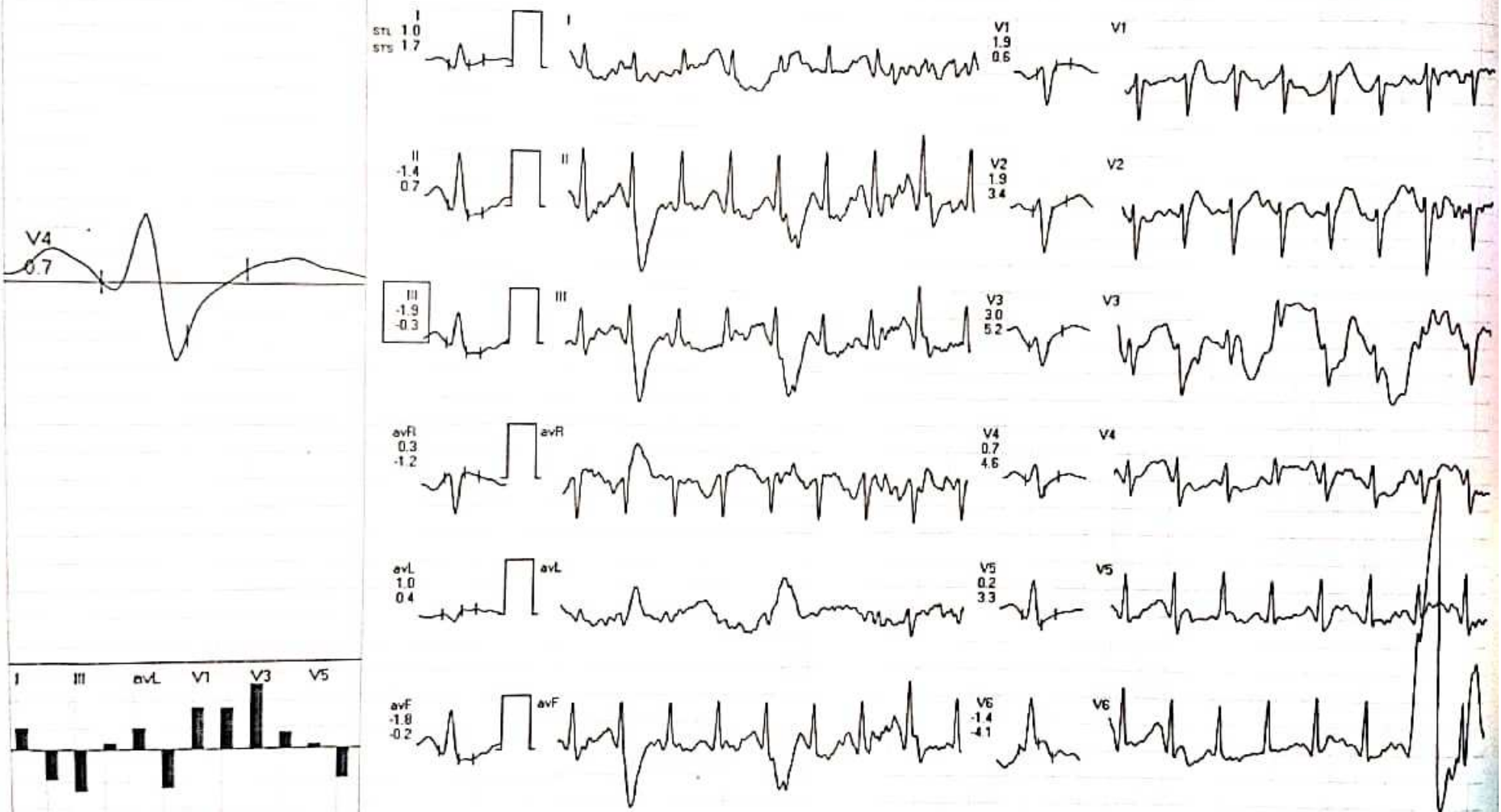
METS 5.0 / 167 bpm 88% of THR BP: 126/84 mmHg Raw ECG/ELC On/Notch On/HF 0.05 Hz/LF 20 Hz

ExTime 03:23 2.5 mph, 12.0%

25 mm/Sec. 1.0 Cm/mV

4X

60 mS Post J



REMARKS:



11 / MONIKA MEHRA / 32 Yrs / F / 152 Cms / 69 Kg / HR : 148

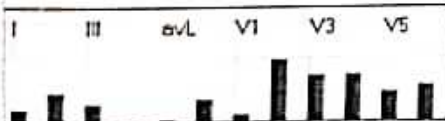
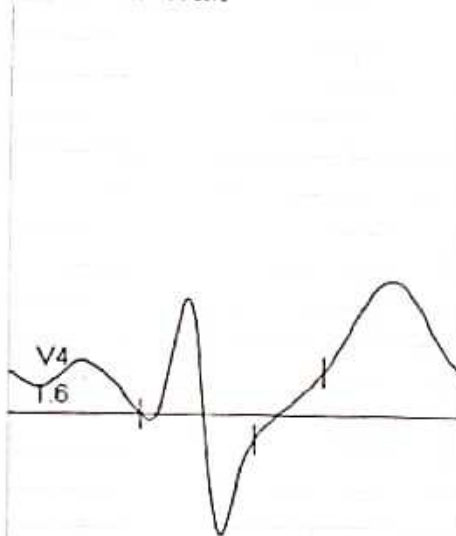
Date: 15-Jul-2023 10:33:40 AM

METS 1.0 / 148 bpm 78% of THR BP 124/84 mmHg Raw ECG/BLC On/Match On/HF 0.05 Hz/LF 20 Hz

ExTime 03:23 0.0 mph 0.0%

25 mm/Sec 1.0 Cm/mV

4X 60 mS Post J



REMARKS:



(GEM213180307)(A)Allengers



11 / MONIKA MEHRA / 32 Yrs / F / 152 Cms / 69 Kg / HR : 131

Date: 15-Jul-2023 10:33:40 AM

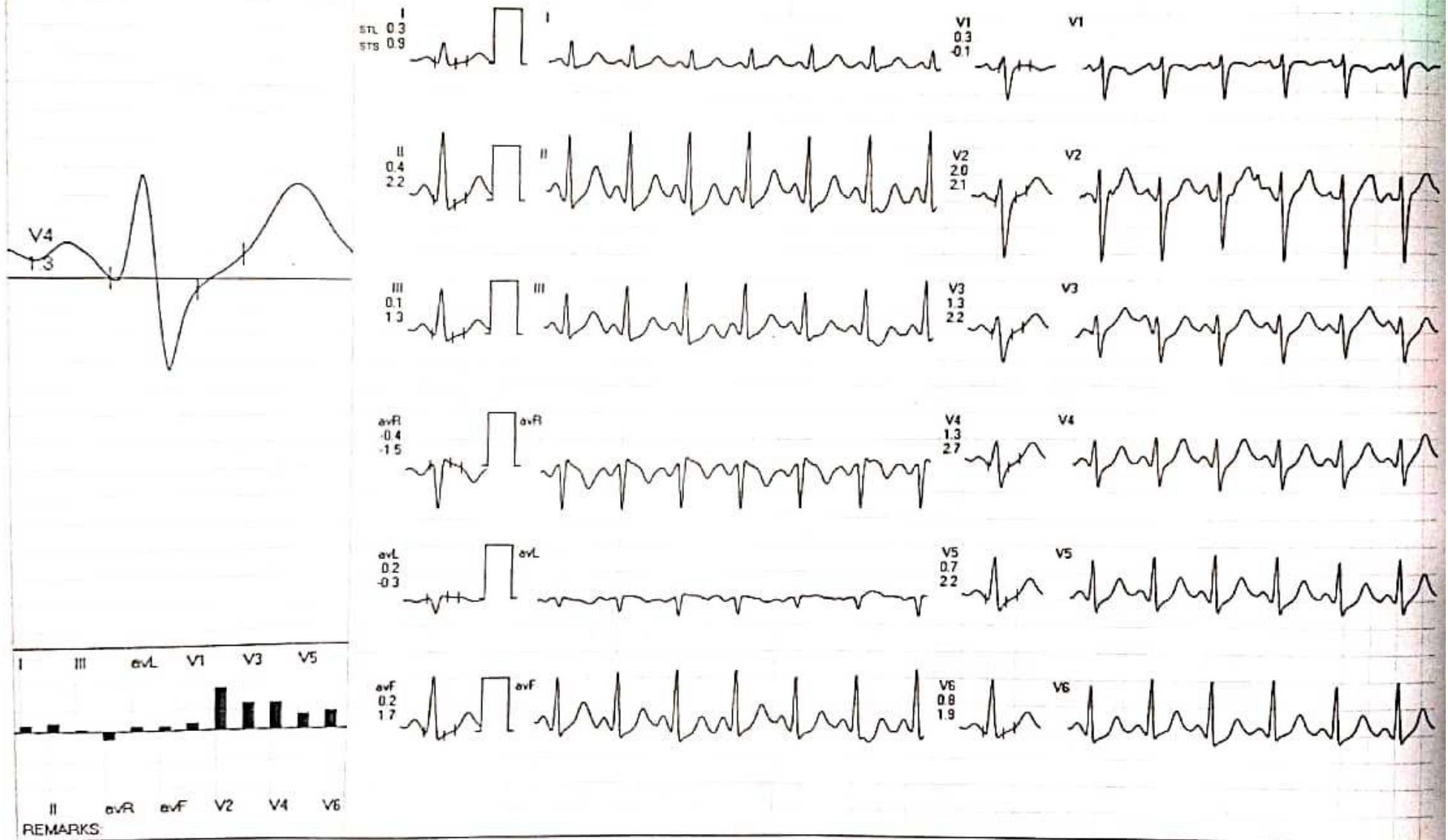
METS 1.0 / 131 bpm 69% of THR BP 122/82 mmHg Raw ECG/BLC On/Notch On/HF 0.05 Hz/LF 20 Hz

ExTime: 03:23 0.0 mph 0.0%

25 mm/Sec. 1.0 Cm/mV

4X

60 mS Post J



REMARKS

(GEM213180307)(A)Allengers



दिवाकर डायग्नोस्टिक सेंटर

E-7/636, पंजाब नेशनल बैंक के पास, मैन रोड, अरेरा कॉलोनी, भोपाल (म.प्र.
मॉ : 9826340190

Pt Name :	Mrs.Monika Mehra
Age :	32/F
Lab. No. :	04
Date :	15/07/2023
Skigram	X Ray Chest PA View
Radiologist	Dr. B.M.Agarwal MD (Radiology)

REPORT

Tricia Central

Thoracic cage normal

Both Lungs Field Clear.

Both hilers normal

Cardiac border normal

Both cp angles clear

Both domes and diaphragm normal

IMPRESSION

-NO CARDIO PULMONARY PATHOLOGY
-COORELATE WITH CLINICAL FINDINGS.

Dr. Deepika Agrawal
MBBS, MD.
Consultant Pathologist

Radiologist





दिवाकर डायग्नोस्टिक सेंटर

E-7/636, पंजाब नेशनल बैंक के पास, मैन रोड, अरेरा कॉलोनी, भोपाल (म.प्र.
मॉ : 9826340190

Pt Name :- Mrs. Monika Mehra
Age :- 32/F
Lab. No. :- 04
Date :- 15/07/2023

EXAMINATION OF BLOOD

TEST	RESULT	NORMAL VALUE
Haemoglobin	11.0gms%	Female 12-16gms%, Male 14-18gms%
Red Cell count	4.17	4.5-5.6 million /cumm
Platelet Count	3.08	1.5-5.6 Lac/cumm
Leucocytes per.cu.mm	6700/cumm	5000-11000/cumm
Neutrophils	45%	50-70%
Lymphocytes	47%	20-40%
Eosinophils	04%	0-7%
Monocytes	04%	2-8%
PCV	35.7	37-47
MCV	85.7	76-96
MCH	26.3	27-32
MCHC	30.8	31-35
ESR	15	Male 0-9, Female 0-20mm/FHR
Blood Group	*A* Positive	By slide method
Total Serum Cholesterol	178.0	100-250 mg%
Serum Triglyceride	148.0	Up to 150 mg%
Serum Cholesterol HDL	51.0	Up to 65 mg%
Serum Cholesterol LDL	97.4	Up to 125 mg%
VLDL	29.6	Up to 30 mg%
S Bilirubin(Total)	0.9	0.2-1.0mg/dl
Direct	0.5	0.0-0.25mg/dl
Indirect	0.4	
SGOT	26.0	5-35U/L
SGPT	30.0	8-40U/L
Alk Phosphatase	8.9	3-13 KA units
S. Protein(Total)	7.0	6.0-8.0mg%
Albumin	4.9	3.7-5.3mg%
Globulin	2.4	1.5 to 3.5 mg%
Blood Urea	22.0	Up to 40 mg%
S.Creatine	0.98	0.5-1.4mg/dl
S. Uric Acid	6.0	3.5-7.5mg%
GGT	24.0	5-35 UL/dl
Fasting Blood Sugar	84.2	Up to 110 mg%
PP Blood Sugar	110.0	Up to 125 mg%
Glycosylated Hemoglobin HBA1c	5.5	Below - 6.0 % -Non Diabetic control 6-7 % -Excellent control Above- 8 % -Poor control
Thyrod Stimulating Hormone(TSH)	3.9	0.27-4.2

Pathologist

All test have technical limitation. Collaborative clinic pathological interpretation is mandatory. In case of disparity test may be repeated immediately. Typographical mistakes should be get correct instantly. This report is not valid for medico legal purpose




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MBBS, MD.
Consultant Pathologist



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E-7/636, पंजाब नेशनल बैंक के पास, मॉन रोड, अंररा कॉलॉनी, भोपाल (म.प्र.
मॉ : 9826340190

Pt Name :- Mrs.Monika Mehra
Age :- 32/F
Lab. No. :- 04
Date :- 15/07/2023

URINE ANALYSIS

<u>A. PHYSICAL EXAMINATION</u>	
1. Colour	Pale Yellow
2. Appearance	Clear
3. Specific Gravity	Q.N.S.
<u>B. CHEMICAL EXAMINATION</u>	
1. Reaction	Acidic
2. Albumin	Nil
3. Sugar	Nil
4. Bile Salts	Absent
<u>C. MICROSCOPI EXAMINATION</u>	
Pus Cells	2-3/HPF
R.B.C.	Nil
Epithelial Cell	2-3/HPF
Cast	Nil
Crystals (Cal. Oxa)	Nil
Bacteria	Nil
Amorphous	Nil
T. Vaginitis	Nil




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Pathologist