

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. KUMAR SURAJ
EC NO.	112897
DESIGNATION	HEAD CASHIER "E" _II
PLACE OF WORK	HANUMANGANJ
BIRTHDATE	05-02-1991
PROPOSED DATE OF HEALTH CHECKUP	28-05-2023
BOOKING REFERENCE NO.	23J112897100060052E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **22-05-2023** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.


Yours faithfully,


Sd/-


Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))


Dr. Pawan Kumar Singh
M.B.B.S. DNB (Medicine)
UPMCI-61330
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

 भारत सरकार
Government of India


 सुरज कुमार
Suraj Kumar
जन्म तिथि / DOB : 05/02/1991
पुरुष / Male



2140 5910 5749

आधार - आम आदमी का अधिकार





 भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India


पता:
S/O: शीतला प्रसाद, भनौली, भनौली,
मुसाफिरखाना, अमेठी, उत्तर प्रदेश,
227813

Address:
S/O: Sheetala Prasad,
BHANAULI, Bhanauli,
Musafirkhana, Amethi, Uttar
Pradesh, 227813

2140 5910 5749

 1947
1800 300 1947

 help@uidai.gov.in


 www.uidai.gov.in


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 **बैंक ऑफ बरोडा**
Bank of Baroda

नाम - सुरज कुमार
Name - SURAJ KUMAR

कार्यकारी सूट नं. - 112897
E.C.No. - 112897


प्रमाणित अधिकारी
Issuing Authority




धारक के हस्ताक्षर
Signature of Holder




Dr. Pawan Kumar Singh
M.B.B.S. DNB (Medicine)
UPMCI-61336
Instructor & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

MR SURAJ KUMAR

04.06.2023 9:32:46
JPK CLINIC AND DIAGNOSTICS
NORMAL COMPOUND SUPER MARKET
SULTANPUR

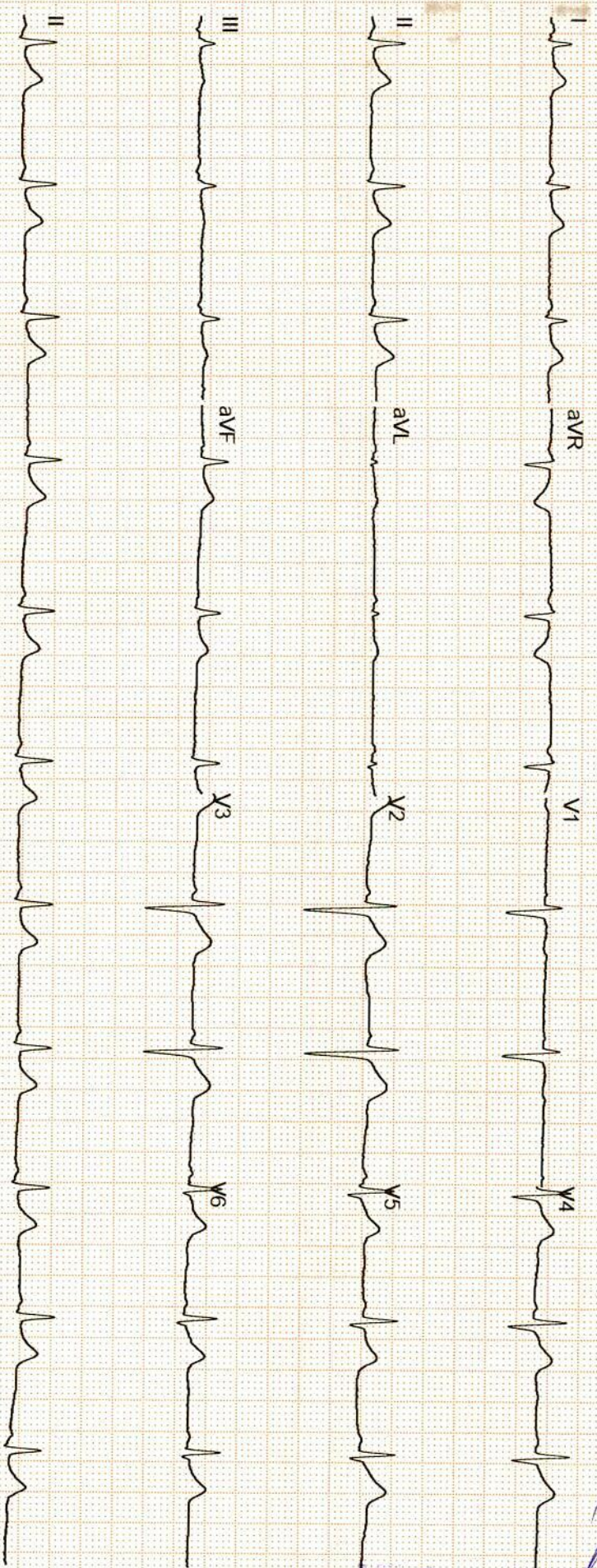
Location:
Room:
Order Number:
Indication:
Medication 1:
Medication 2:
Medication 3:

66 bpm
-- / -- mmHg

QRS : 80 ms
QT / QTcBaz : 376 / 394 ms
PR : 108 ms
P : 76 ms
RR / PP : 906 / 909 ms
P / QRS / T : 0 / 61 / 46 degrees

Sinus rhythm with short PR
Otherwise normal ECG

Technician:
Ordering Ph.: DR J P SINGH
Referring Ph.:
Attending Ph.:



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GE MAC2000 1 1 12SL™ V241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz 4x2 5x3 25_R1 1/1



सर्वे सन्तु निरामया

राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 22,269
Patient Name : Mr. SURAJ KUMAR
Age (Y-M-D) : 0 - 0 - 0
Sex : Male
Referred By : DHS



Bill No. / Day Sr.: 04-Jun-23 12
Receiving Date : 04-Jun-23 12
Reporting Date :

ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

LIVER	: Liver is normal in size and echogenicity . No focal or diffuse mass lesion seen.No IHBD dilatation seen.
GALL BLADDER	: Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.
PV/CBD	: Portal vein and CBD are normal in their course and calibre.
PANCREAS	: Pancreas is normal in size, contous & echotexture.
SPLEEN.	: Spleen is normal in size mm and echogenicity. No focal or diffuse mass lesion seen.
KIDNEYS	: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calcius or mass lesion is seen.No hydronephrosis is seen.
URETER	: B/L ureters are normally visualized.
U.BLADDER	: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.
PROSTATE	: Prostate is normal in size,shape & echo-texture. No mass lesion is seen .
POST VOID	: Not done.
BOWEL	: Gaseous Bowel loops are normal in calibre & wall thickness.No dilated loops are seen.No ascitis or fluid collection seen in abdominal cavity. No obvious lymphadenopathy noted.
IMPRESSION	: NORMAL FINDINGS

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Dr. Amit Kumar
 M.B.B.S. / MS
 Dr. Amit Kumar
 Reg.No. AM175
 (Sonologist.)



Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.
 If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }



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राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 22,274

Patient Name : Mr. SURAJ KUMAR

Age (Y-M-D) : 0 - 0 - 0

Sex : Male

Referred By : DHS



Bill No. / Day Sr.: 6/4/2023 12:0

Receiving Date : 6/4/2023 12:0

Reporting Date :

X-RAY CHEST P.A.

TRACHEA-	: Trachea is central,
CARDIAC SHADOW-	: The cardiac size and silhouette is normal.
ANGLES-	: Both costophrenic angles are clear.
PARRENCHYMA-	: Both lung fields are clear & have normal volume bronchovascular pattern.
C / T RATIO-	: Normal
MEDIASTINUM-	: no mediastinal shift is seen.
DOMES OF DIAPHRAGM-	: Both domes of the diaphragm are normal in position, outline & curvature.
IMPRESSION-	: NORMAL FINDING

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Dr. Amit Kumar
M.B.B.S. MS
Reg. No.-29176

Dr. Amit Kumar
(Sonologist.)

Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.

If there is any doubt please repeat test free of cost.

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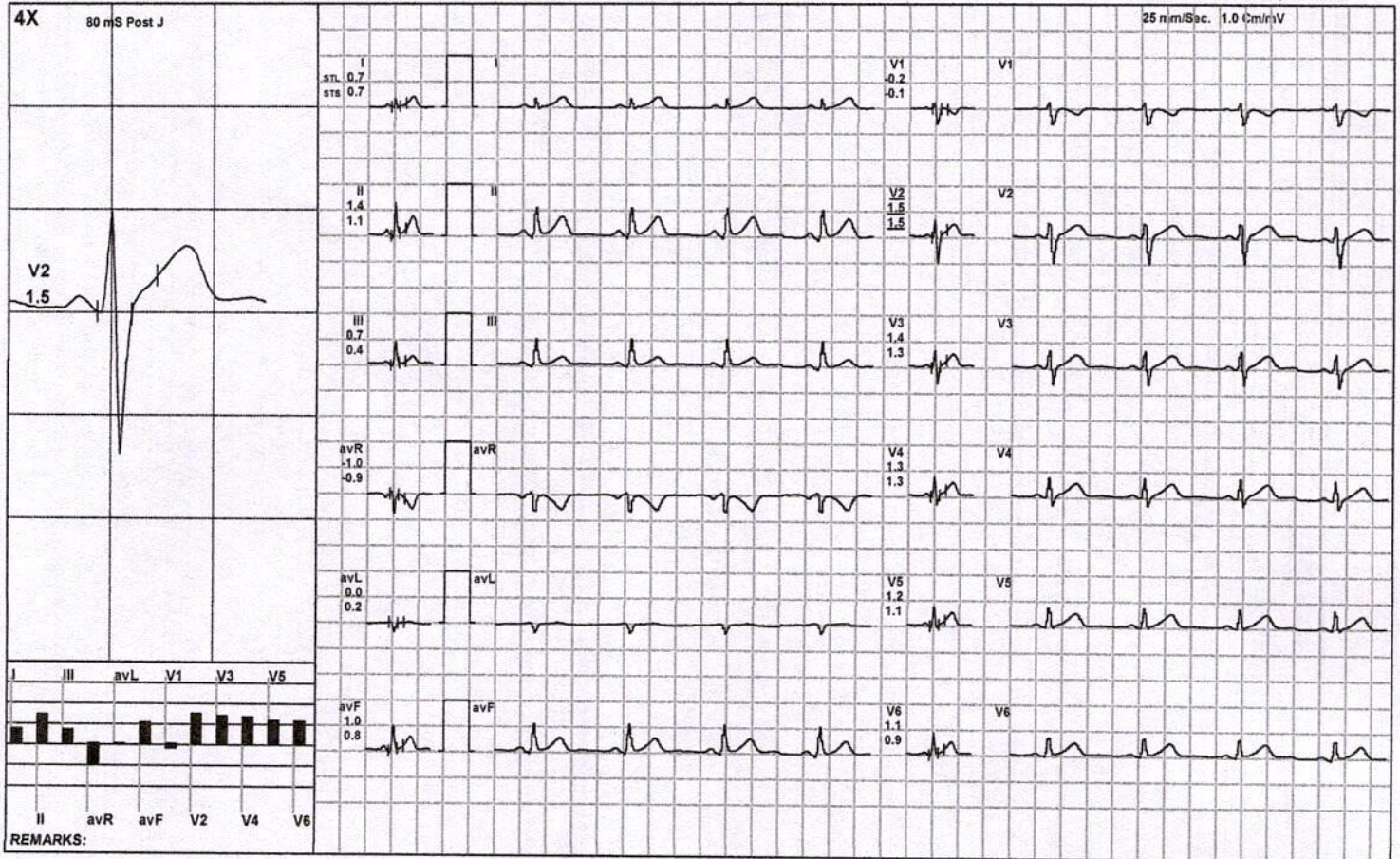
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17 / SURAJ KUMAR / 32 Yrs / M / 166 Cms / 69 Kg / HR : 71

BRUCE:Supine(0:14)



Date: 04 - 06 - 2023 09:47:16 AM METS: 1.0/ 71 bpm 38% of THR BP: ---/--- mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 mph, 0.0%



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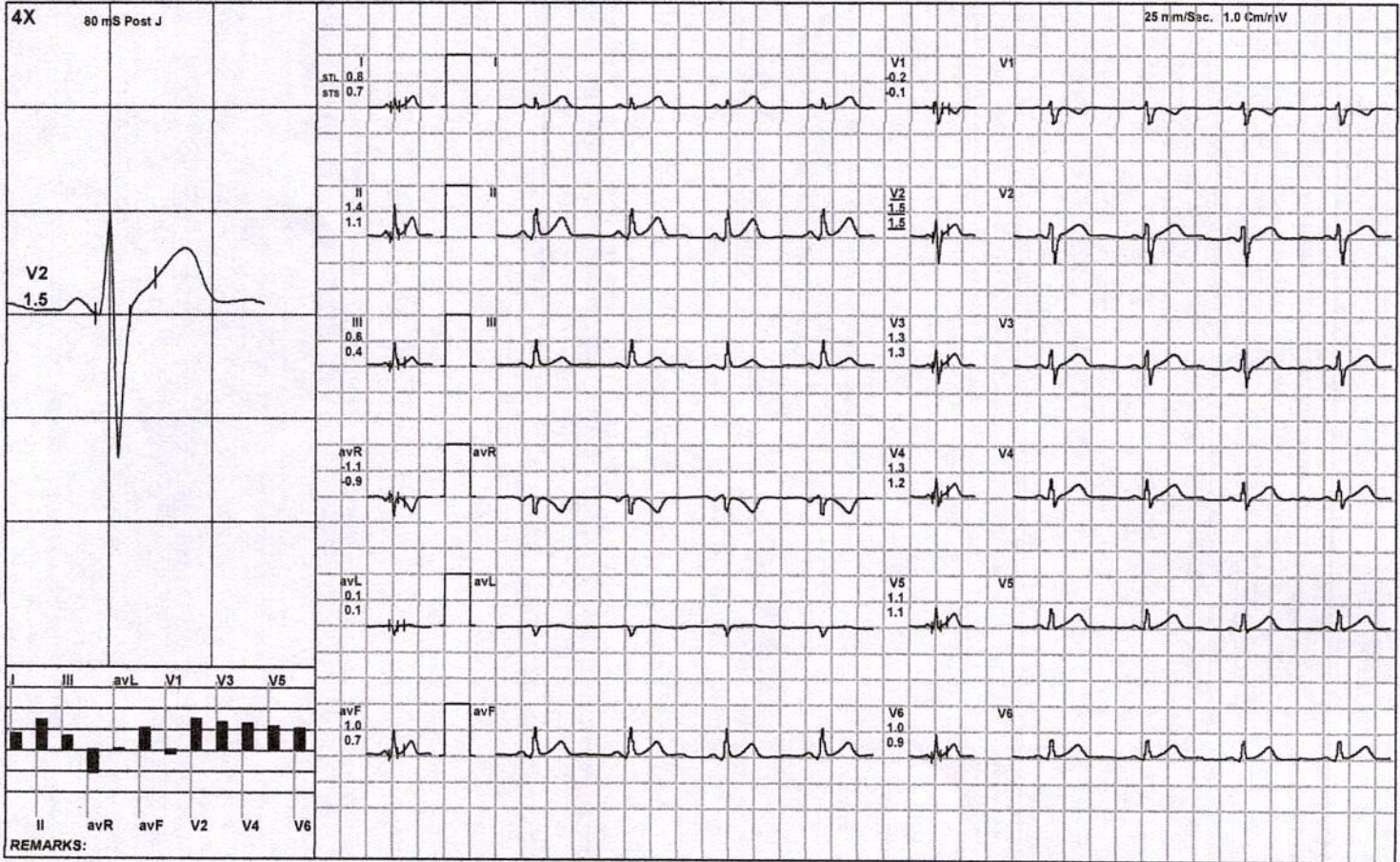
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17 / SURAJ KUMAR / 32 Yrs / M / 166 Cms / 69 Kg / HR : 71

Date: 04 - 06 - 2023 09:47:16 AM METS: 1.0/ 71 bpm 38% of THR BP: ---/-- mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%



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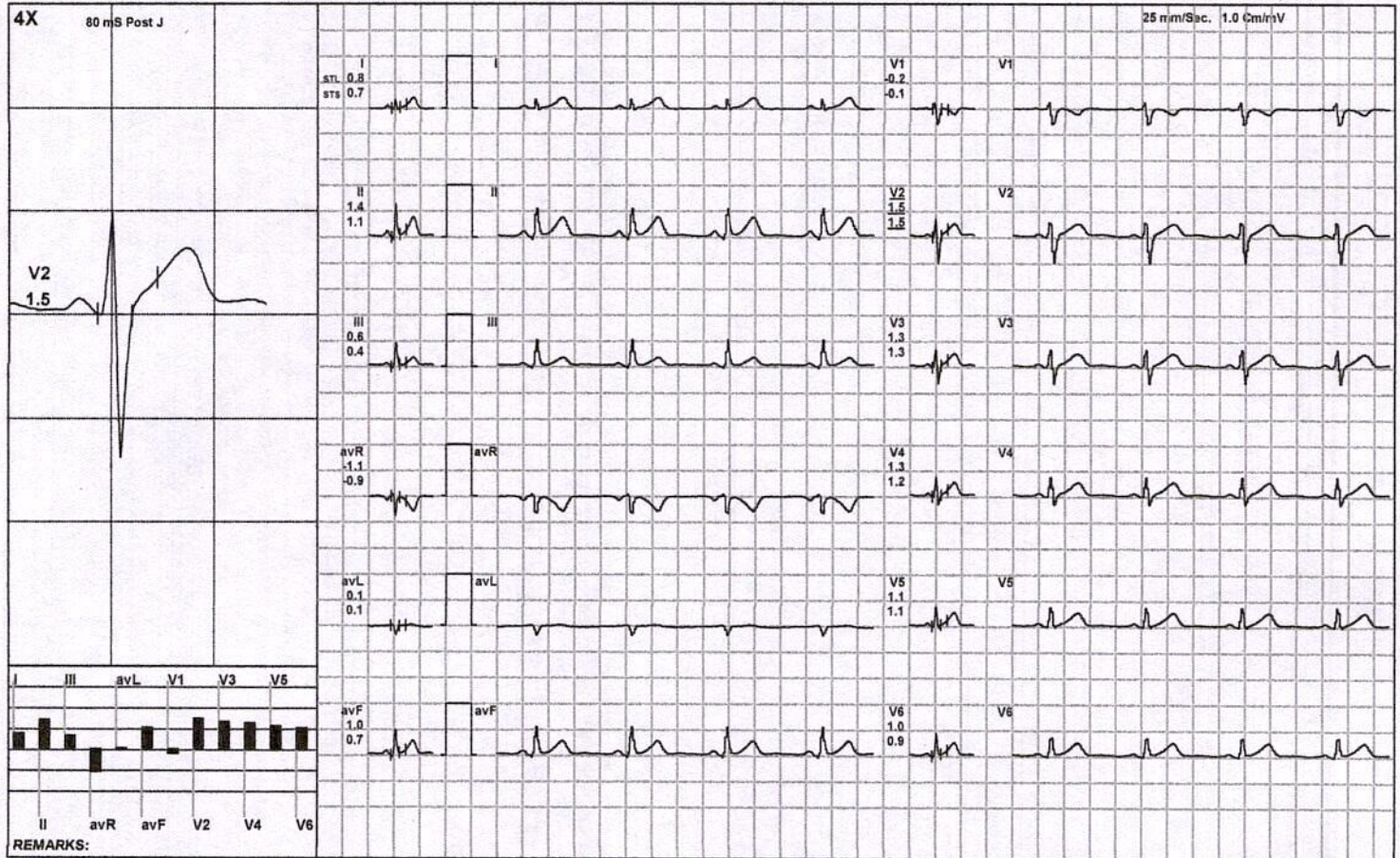
BRUCE:HV(0:08)



17 / SURAJ KUMAR / 32 Yrs / M / 166 Cms / 69 Kg / HR : 76

Date: 04 - 06 - 2023 09:47:16 AM METS: 1.0/ 76 bpm 40% of THR BP: ---/--- mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%



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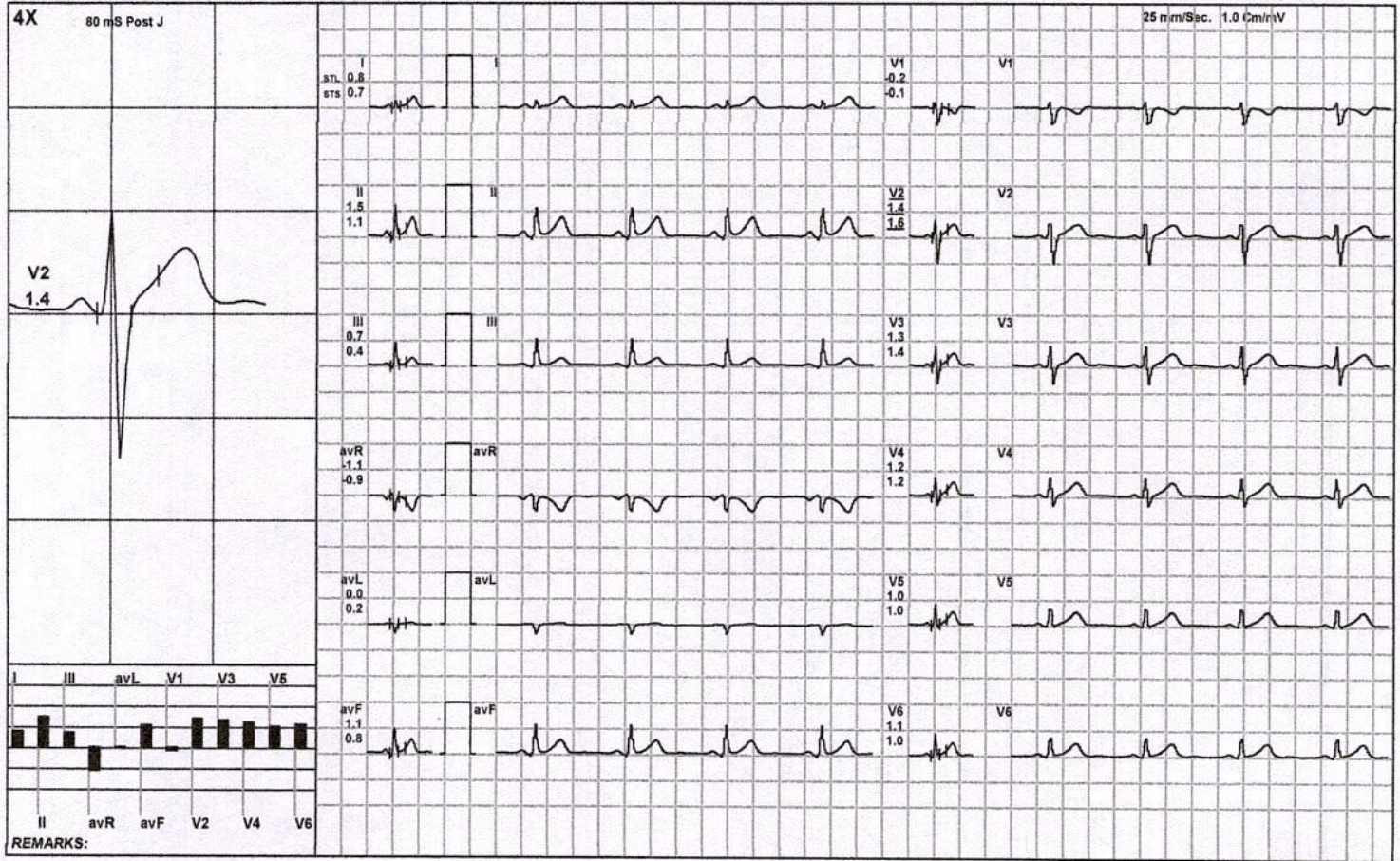
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17 / SURAJ KUMAR / 32 Yrs / M / 166 Cms / 69 Kg / HR : 84

BRUCE: Warm Up(0:09)



Date: 04 - 06 - 2023 09:47:16 AM METS: 1.0/ 84 bpm 45% of THR BP: --- mmHg Combined Medians/ BLC Or/ Notch Or/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 mph, 0.0%



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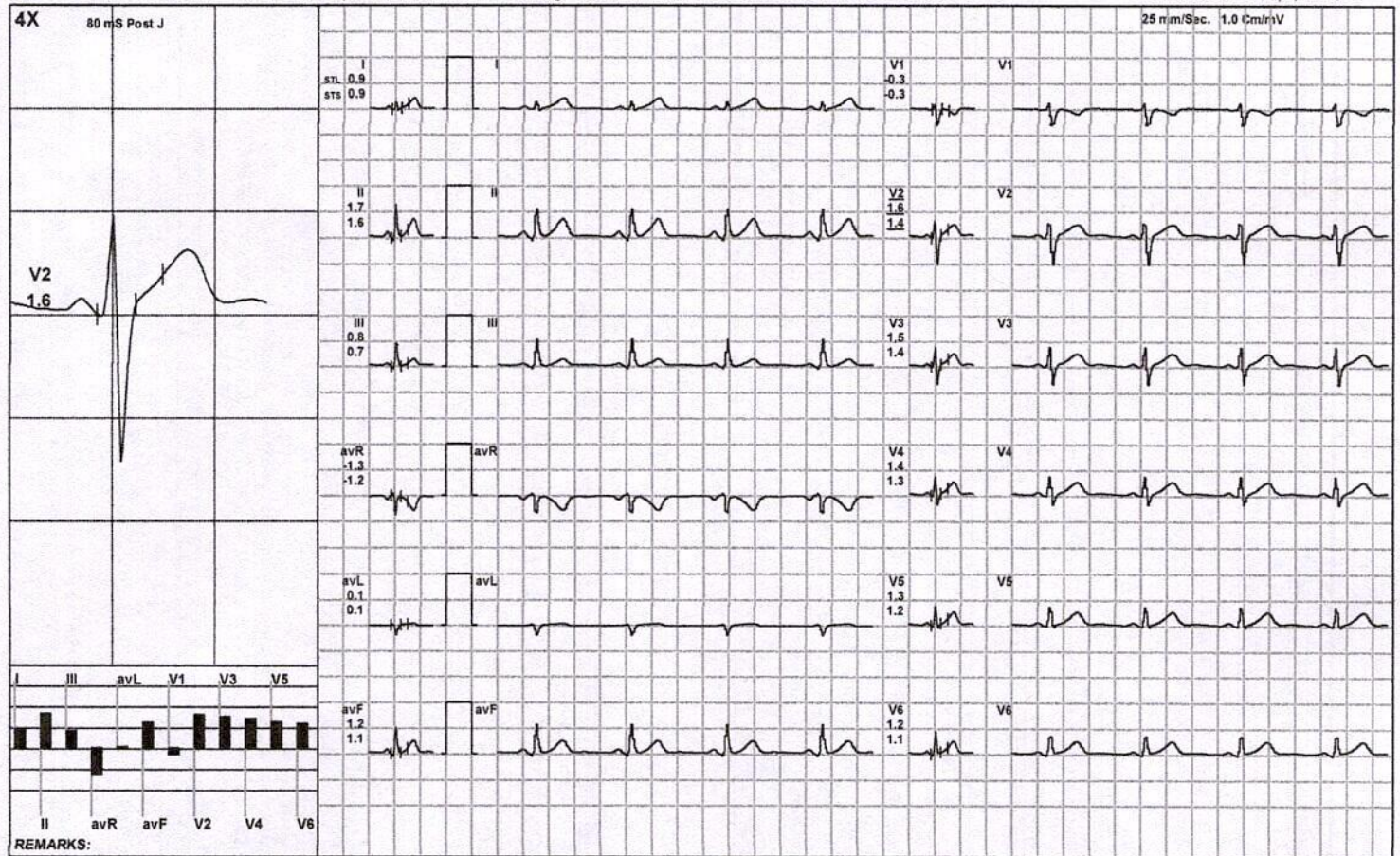
17 / SURAJ KUMAR / 32 Yrs / M / 166 Cms / 69 Kg / HR : 79

ExStart



Date: 04 - 06 - 2023 09:47:16 AM METS: 1.0/ 79 bpm 42% of THR BP: ---/--- mmHg Combined Medians/ BLC Or/ Notch Or/ HF 0.05 Hz/LF 35 Hz

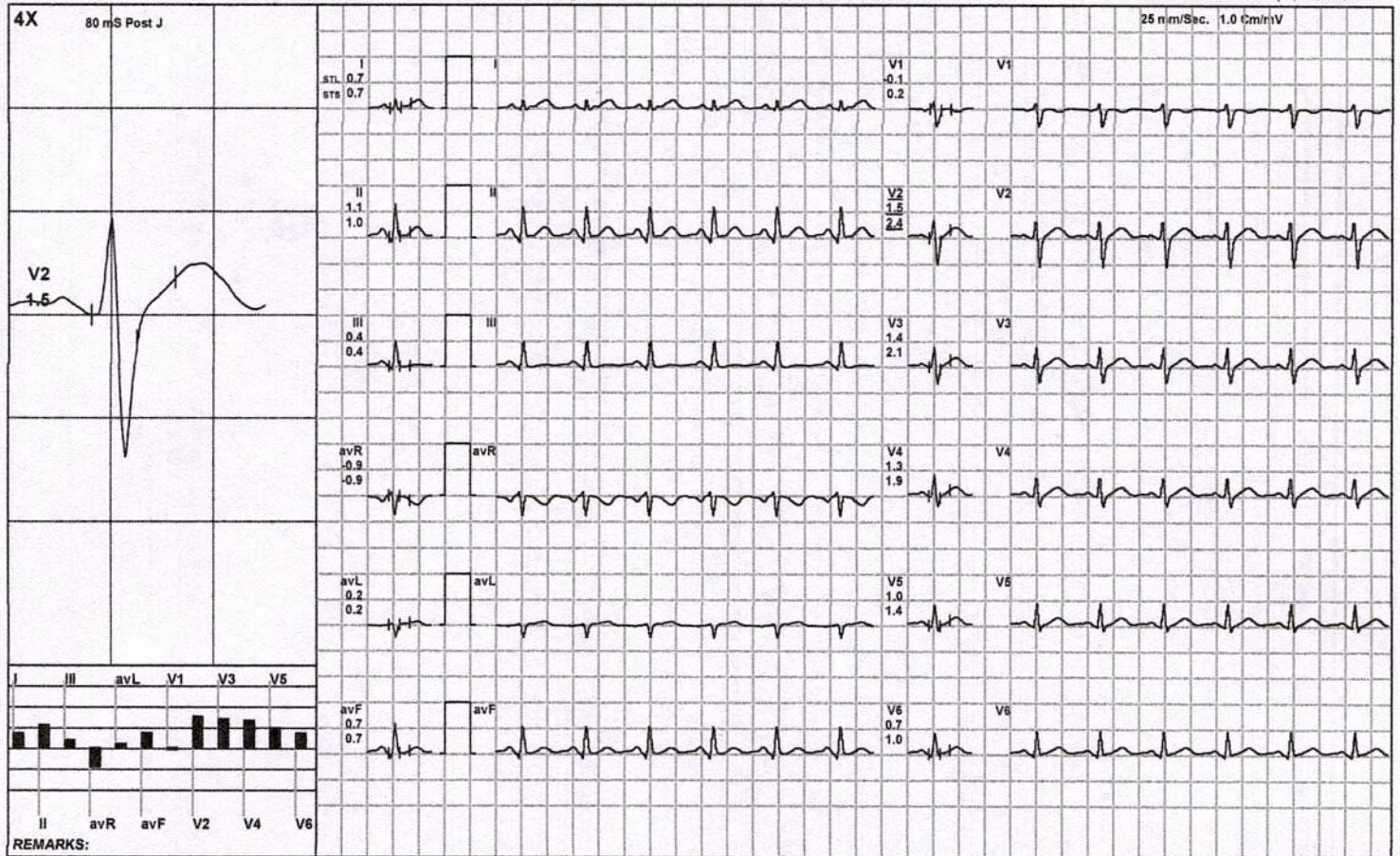
ExTime: 00:00 0.0 mph, 0.0%



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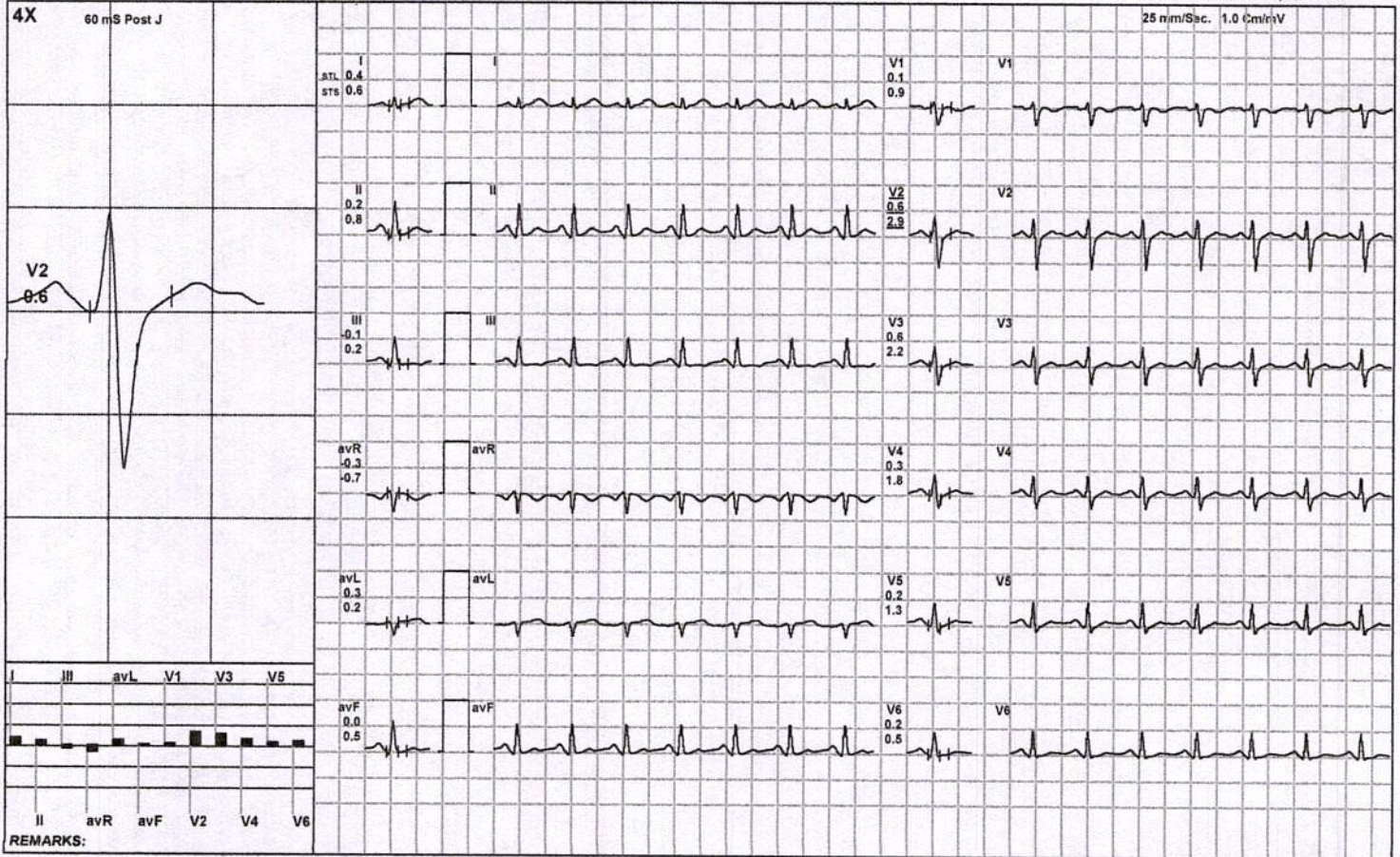
17 / SURAJ KUMAR / 32 Yrs / M / 166 Cms / 69 Kg / HR : 134

BRUCE: Stage 2(3:00)



Date: 04 - 06 - 2023 09:47:16 AM METS: 7.1/ 134 bpm 71% of THR BP: 122/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 06:00 2.5 mph, 12.0%



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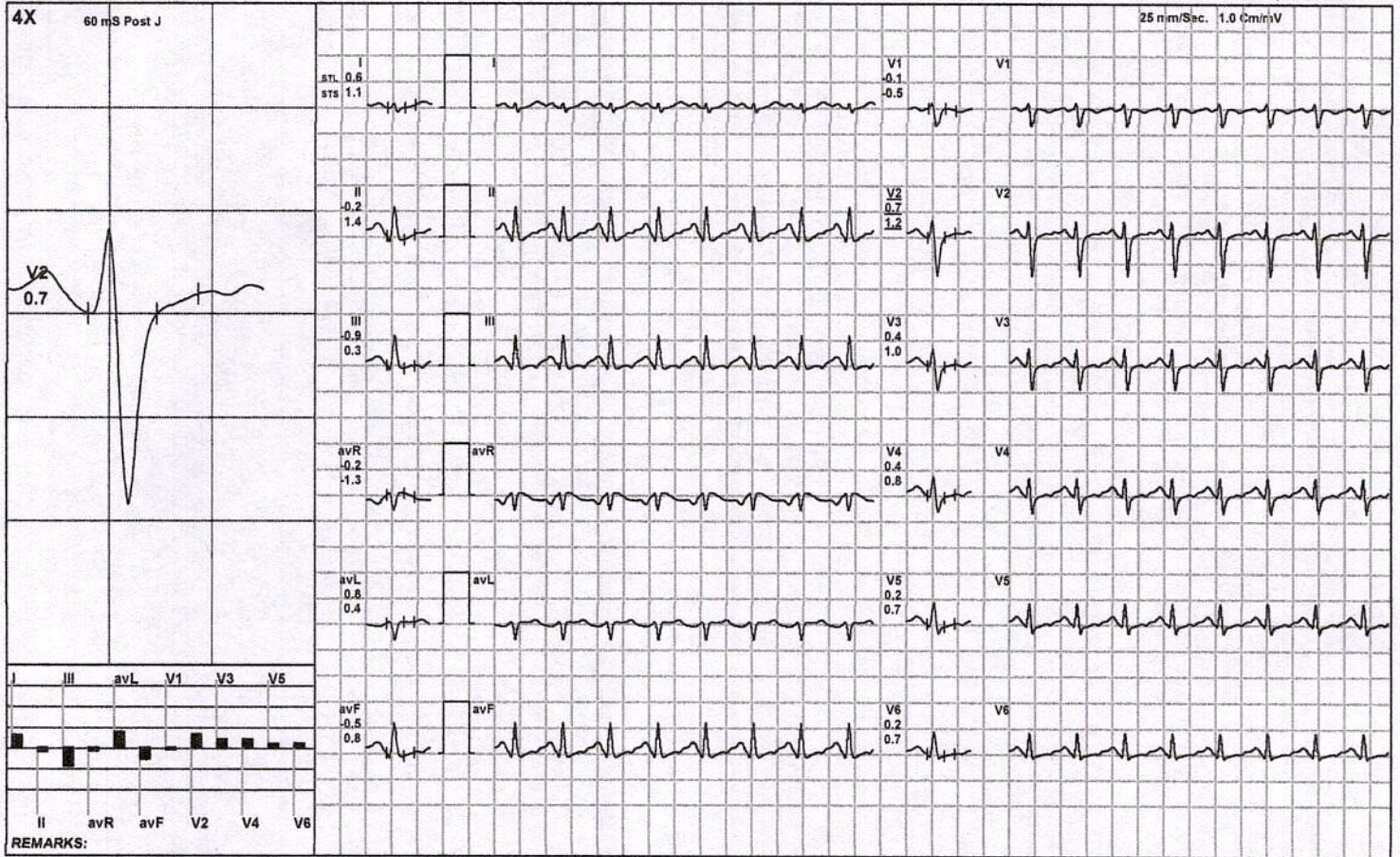
17 / SURAJ KUMAR / 32 Yrs / M / 166 Cms / 69 Kg / HR : 159

BRUCE: Stage 3(3:00)



Date: 04 - 06 - 2023 09:47:16 AM METS: 10.2/ 159 bpm 85% of THR BP: 126/88 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 09:00 3.4 mph, 14.0%



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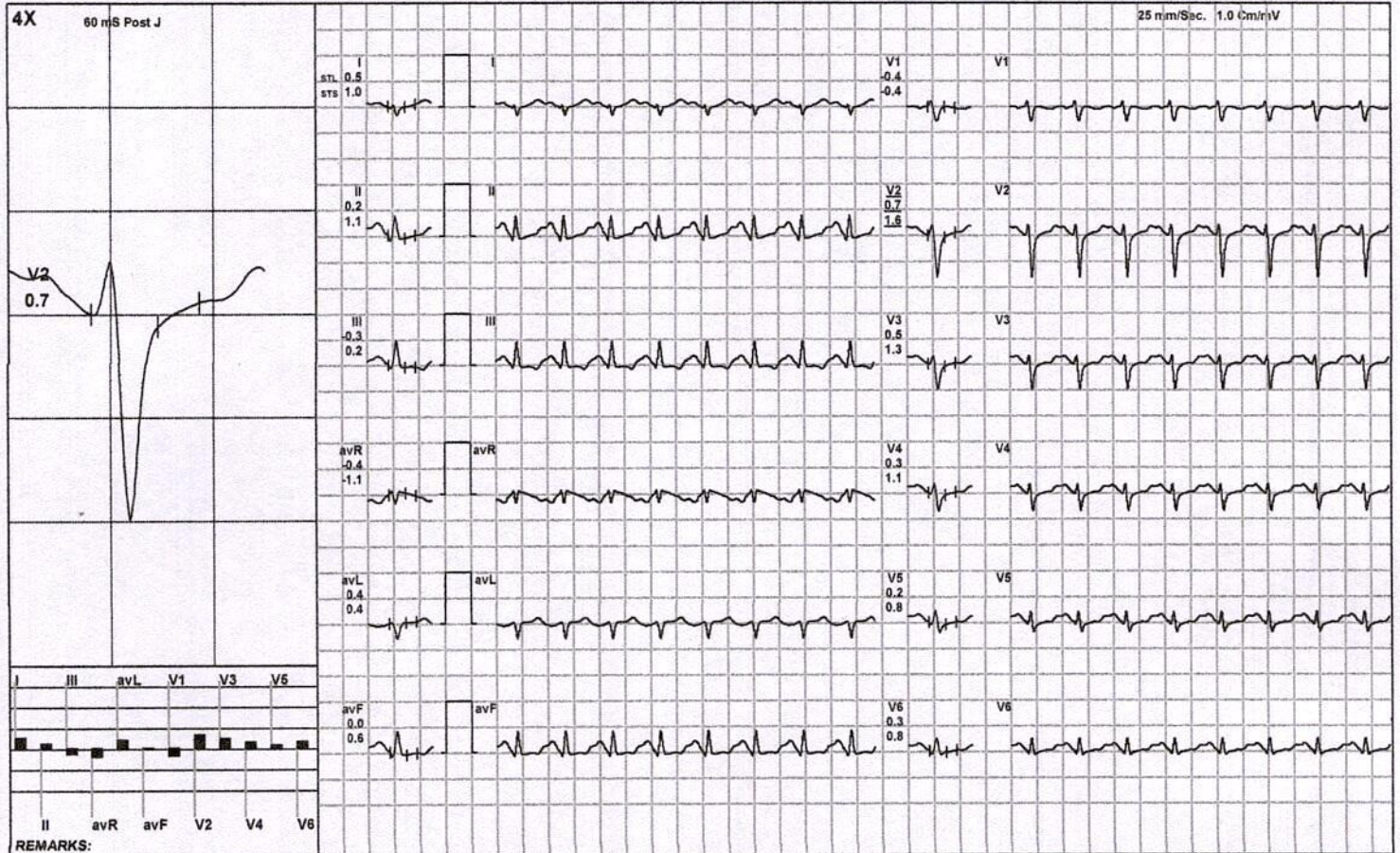
Recovery(0:30)



17 / SURAJ KUMAR / 32 Yrs / M / 166 Cms / 69 Kg / HR : 158

Date: 04 - 06 - 2023 09:47:16 AM METS: 7.3/ 158 bpm 84% of THR BP: 126/88 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 09:39 1.1 mph, 0.0%



REMARKS:

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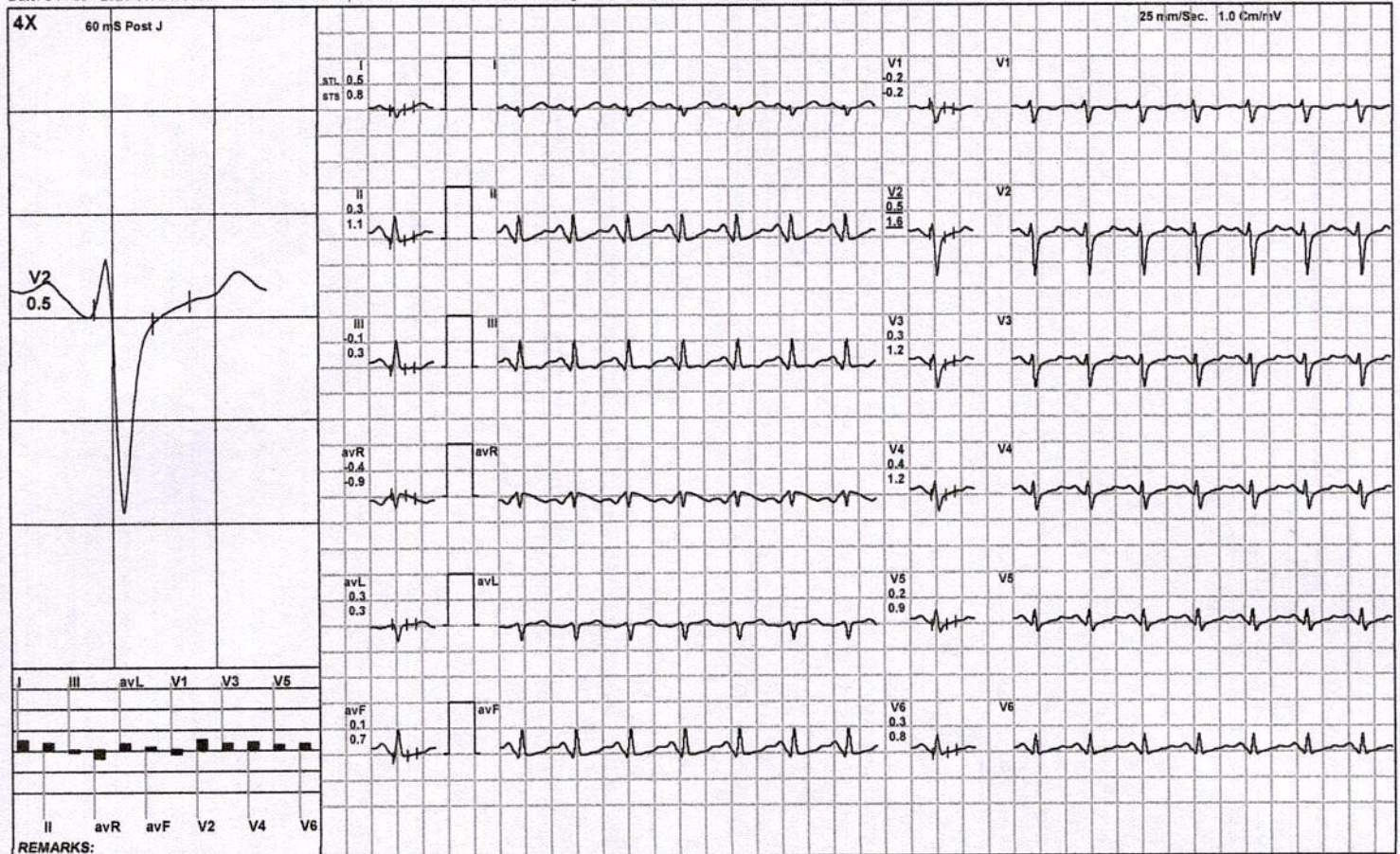
17 / SURAJ KUMAR / 32 Yrs / M / 166 Cms / 69 Kg / HR : 140

Recovery(1:00)



Date: 04 - 06 - 2023 09:47:16 AM METS: 4.3/ 140 bpm 74% of THR BP: 128/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 09:39 1.1 mph, 0.0%



REMARKS:

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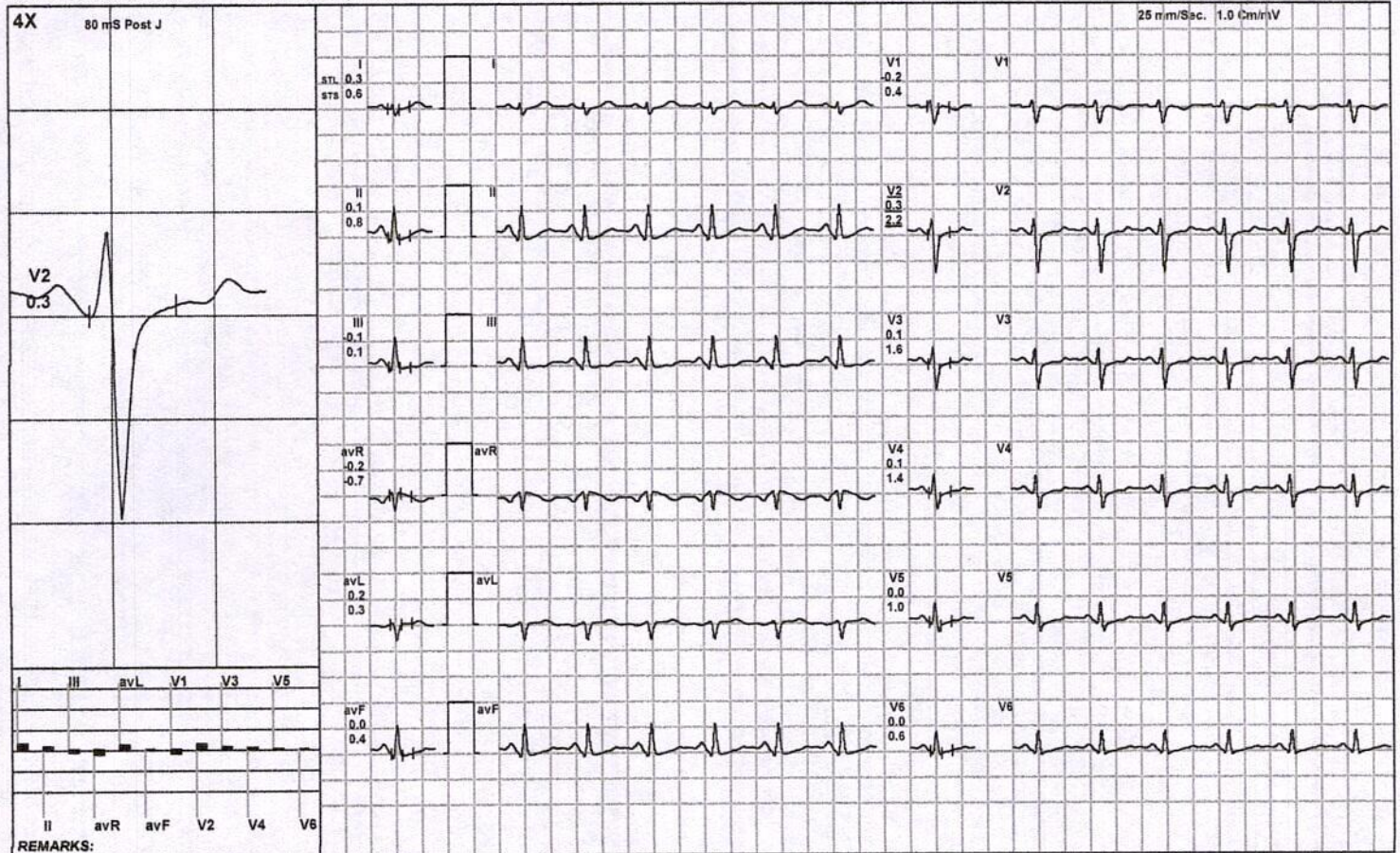
Recovery(2:00)



17 / SURAJ KUMAR / 32 Yrs / M / 166 Cms / 69 Kg / HR : 120

Date: 04 - 06 - 2023 09:47:16 AM METS: 1.0/ 120 bpm 64% of THR BP: 130/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 09:39 0.0 mph, 0.0%



REMARKS:

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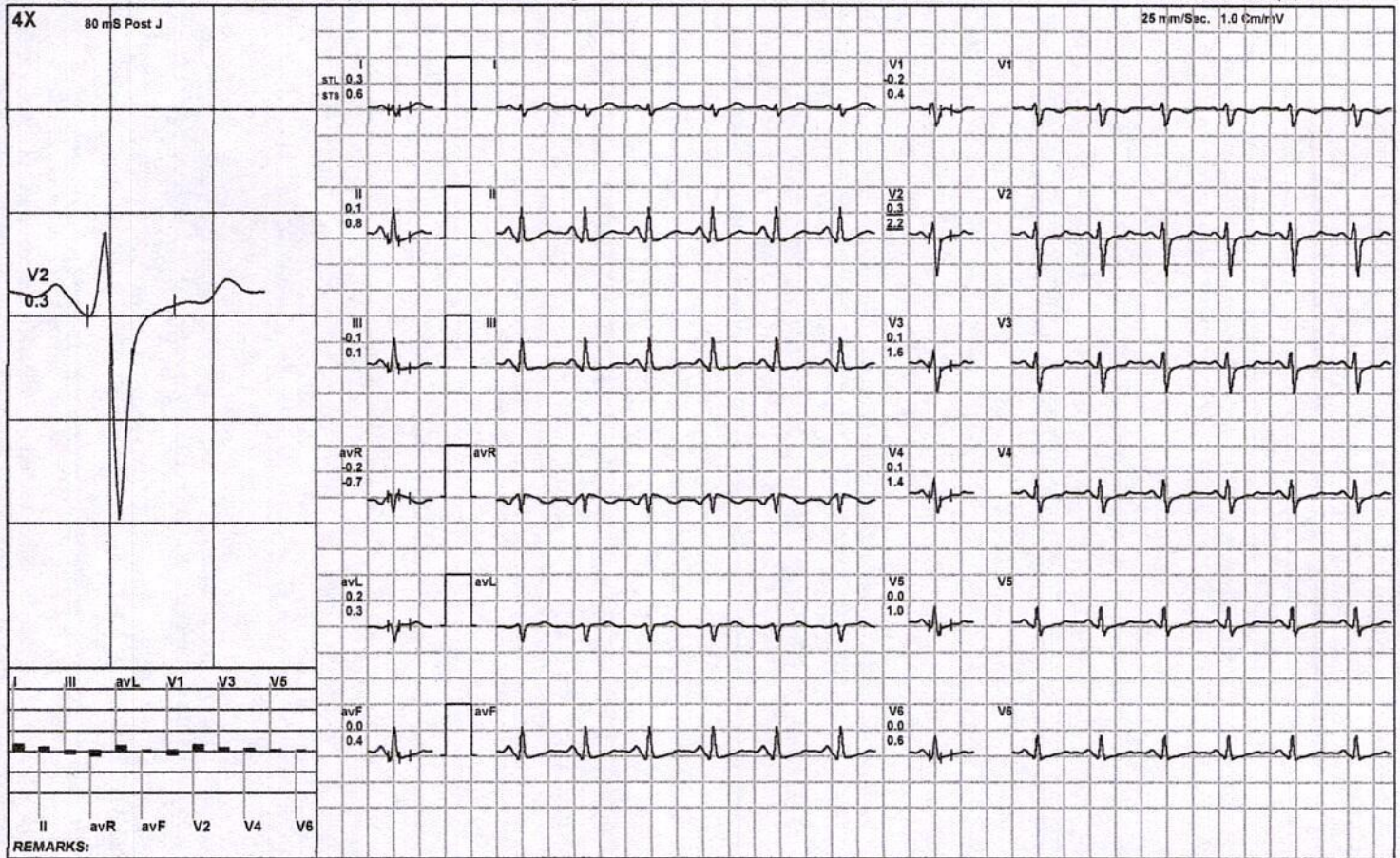
17 / SURAJ KUMAR / 32 Yrs / M / 166 Cms / 69 Kg / HR : 120

Recovery(2:00)



Date: 04 - 06 - 2023 09:47:16 AM METS: 1.0/ 120 bpm 64% of THR BP: 130/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 09:39 0.0 mph, 0.0%



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JPK HOSPITAL AND TRAUMA CENTER

Report



SULTANPUR EMail:

17 / SURAJ KUMAR / 32 Yrs / M / 166 Cms / 69 Kg

Date: 04 - 06 - 2023 09:47:16 AM Refd By : SELF Examined By: DR.PAWAN KUMAR SINGH

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:14	0:14	00.0	00.0	01.0	071	38 %	---/---	000	00	
Standing	00:20	0:06	00.0	00.0	01.0	071	38 %	---/---	000	00	
HV	00:28	0:08	00.0	00.0	01.0	076	40 %	---/---	000	00	
Warm Up	00:37	0:09	00.0	00.0	01.0	084	45 %	---/---	000	00	
ExStart	01:00	0:23	00.0	00.0	01.0	079	42 %	---/---	000	00	
BRUCE Stage 1	04:00	3:00	01.7	10.0	04.7	114	61 %	120/84	136	00	
BRUCE Stage 2	07:00	3:00	02.5	12.0	07.1	134	71 %	122/86	163	00	
BRUCE Stage 3	10:00	3:00	03.4	14.0	10.2	159	85 %	126/88	200	00	
PeakEx	10:39	0:39	04.2	16.0	10.9	164	87 %	126/88	206	00	
Recovery	11:09	0:30	01.1	00.0	07.3	158	84 %	126/88	199	00	
Recovery	11:39	1:00	01.1	00.0	04.3	140	74 %	128/90	179	00	
Recovery	12:39	2:00	00.0	00.0	01.0	120	64 %	130/90	156	00	
Recovery	12:39	2:00	00.0	00.0	01.0	120	64 %	130/90	156	00	

FINDINGS :

Exercise Time : 09:39
Initial HR (ExStrt) : 79 bpm 42% of Target 188 **Max HR Attained** 164 bpm 87% of Target 188
Initial BP (ExStrt) : 0/0 (mm/Hg) **Max BP Attained** 130/90 (mm/Hg)
Max WorkLoad Attained : 10.9 Good response to induced stress
Max ST Dep Lead & Avg ST Value: V1 & -0.9 mm in PeakEx
Duke Treadmill Score : 09.6 **VO2Max** : 38.2 ml/Kg/min (Fair)
Test End Reasons : Test Complete

REPORT :

TEST OBJECTIVE : ROUTINE CHECK UP

Doctor : DR PAWAN KUMAR SINGH

(ADX_GEM217220330)(R)Allengers

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ACTIVITY : VERY ACTIVE
OTHER INVESTIGATION : NO
REASON FOR TERMINATION : TEST COMPLETE
EXERCISE TOLERANCE : GOOD
EXERCISE INDUCED ARRHYTHMIAS : NO
HAEMODYNAMIC RESPONSE : NORMAL
CHRONOTROPIC RESPONSE : NORMAL
FINAL IMPRESSION : STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

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JPK CLINIC & DIAGNOSTICS

(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

An ISO 9001:2015 Certified Center

Super Market, Sultanpur -228 001 (U.P.)

Ph.: 05362-241192, 9196008963

www.jpkhospitals.com



An ISO 9001:2015 Certified Center

Patient ID : 045729
Name : Mr. SURAJ KUMAR
Age/Gender : 32Y/M
Date/Time : 04-06-2023/12:22
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
BIO-CHEMISTRY		
LRN-014421 Fasting Blood Sugar	Fasting blood sugar 83.0 mg/dL	70-110 mg/dl
Sample Collection Time 04 Jun 2023 / 12:23 Result Approval Time 04 Jun 2023 / 13:09		
LRN-014423 Glycosylated Haemoglobin	HbA1C 4.3 %	4-6% - NON-DIABETIC 6-7% - GOOD CONTROL 7-8% - FAIR CONTROL >8% - ACTION SUGGESTED
Sample Collection Time 04 Jun 2023 / 12:23 Result Approval Time 04 Jun 2023 / 13:09		
LRN-014421 Uric Acid	Uric Acid 5.1 mg/dL	Male 4.0-8.5 mg/dL Female: 2.7-7.3 mg/dL
Sample Collection Time 04 Jun 2023 / 12:23 Result Approval Time 04 Jun 2023 / 13:09		
LRN-014422 Bilirubin Total	Liver Function Test (LFT) 0.62 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
Bilirubin Direct	0.30 mg/dL	0.0 - 0.2 mg/dL
Bilirubin Indirect	0.32 mg/dL	0.0 - 0.8 mg/dL
SGOT	34.7 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
SGPT	28.6 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
Alkaline Phosphatase	86.7 U/L	UPTO 125 U/L
Total Protein	6.95 g/dL	6.0 - 8.0 g/dL
Albumin	4.47 g/dL	3.5 - 5.2 g/dL

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Patient ID : 045729
 Name : Mr. SURAJ KUMAR
 Age/Gender : 32Y/M
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INVESTIGATION	RESULT	REFERENCE RANGE
Globulin	2.48 g/dL	1.5 - 3.0 g/dL
A/G	2.8	1 - 2
Sample Collection Time 04 Jun 2023 / 12:23 Result Approval Time 04 Jun 2023 / 13:09		
LRN-014421	Gamma Glutamyl transferase (GGT)	
GGT	23.5 U/L	5-36 U/L (Female) 8-61 U/L (Male)
Sample Collection Time 04 Jun 2023 / 12:23 Result Approval Time 04 Jun 2023 / 13:09		
LRN-014421	PSA Total	
PSA TOTAL	0.21 ng/mL	<4.00 ng/mL
Sample Collection Time 04 Jun 2023 / 12:23 Result Approval Time 04 Jun 2023 / 13:09		
LRN-014422	Blood Urea Nitrogen (BUN)	
Blood Urea Nitrogen (BUN)	9.84 mg/dL	5-18 mg/dL Infant/Child 6-20 mg/dL Adult 8-23 mg/dL Adult >60Yr
Sample Collection Time 04 Jun 2023 / 12:23 Result Approval Time 04 Jun 2023 / 13:09		
LRN-014421	Serum Creatinine	
Serum Creatinine	0.8 mg/dL	Male 0.9-1.3 mg/dL Female 0.6-1.1 mg/dL
Sample Collection Time 04 Jun 2023 / 12:23 Result Approval Time 04 Jun 2023 / 13:09		
LRN-014422	Lipid Profile	
Total Cholesterol	165.8 mg/dL	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL

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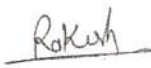
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INVESTIGATION	RESULT	REFERENCE RANGE
Triglycerides	121.0 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL
HDL	56.2 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
LDL	98.0 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL High 160-189 mg/dL Very high >190 mg/dL
VLDL	24.2 mg/dL	15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
TC/HDL Ratio	2.9	(Less than 5.0)
LDL/HDL	1.7	UPTO 3.5

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INVESTIGATION	RESULT	REFERENCE RANGE
HAEMATOLOGY		
LRN-014419	Erythrocyte sedimentation Rate (ESR)	
Erythrocyte sedimentation Rate (ESR)	12 mm/hr	Male : 0 - 10 mm/hr Female : 0 - 20 mm/hr
Sample Collection Time 04 Jun 2023 / 12:23 Result Approval Time 04 Jun 2023 / 13:09		
LRN-014420	Blood grouping and Rh typing	
Blood Group	O	
RH Typing	POSITIVE (+)	
Sample Collection Time 04 Jun 2023 / 12:23 Result Approval Time 04 Jun 2023 / 13:09		
LRN-014418	Complete Blood Count	
Haemoglobin	14.1 g/dL	13-18g/dL(>15yr Adult Male) 12-15g/dL(>15yrAdult Female)
WBC Count	5780	4000-11,000/cumm
Differential Count		
Neutrophils	54 %	40-75 %
Lymphocytes	37 %	20-45 %
Eosinophils	02 %	01-08 %
Monocytes	07 %	02-10 %
Basophils	00 %	00-01 %
RBC Count	4.82 million/cumm	4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female)
PCV	40.7 %	40-54 % (>15yr Adult Male) 34-48 % (>15yr Adult Female)
MCV	84.5 fl	75-95 fl
MCH	29.3 pg	26-32 pg
MCHC	34.7 %	30-35%
Platelet Count	150000 cells/cumm	150000 - 400000 cells/cumm
Mean Platelet Volume(MPV)	14.2 fL	7.5-11.5 fL
RDW-CV	12.9 %	11-16 %

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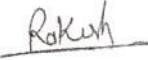


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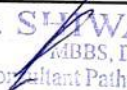
INVESTIGATION	RESULT	REFERENCE RANGE
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RDW-SD	42.7 %	35-56 %
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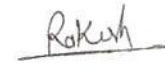


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INVESTIGATION	RESULT	REFERENCE RANGE
	Clinical Pathology	
	URINE-ROUTINE/MICROSCOPY	
LRN-014424		
PHYSICAL EXAMINATION		
Quantity in ml	20 ML	
Urine Color	PALE YELLOW	
Reaction	ACIDIC	
CHEMICAL EXAMINATION		
Leukocytes	NEGATIVE	
Nitrite	NEGATIVE	
Urobilinogen	NEGATIVE	
pH	6.0	
Blood	NEGATIVE	
Sp.Gravity	1.020	
Ketone	NEGATIVE	
Bilirubin	NEGATIVE	
Glucose	NEGATIVE	
Protein	NEGATIVE	
MICROSCOPIC EXAMINATION		
Epithelial Cells	2-3/HIGH POWER FIELD	
RBC	NIL	
Pus Cells	1-2/HIGH POWER FIELD	
Casts	NOT SEEN	
Crystals	NOT SEEN	

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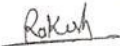
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INVESTIGATION	RESULT	REFERENCE RANGE
CHEMILUMINESCENCE IMMUNOASSAY		
Thyroid Function Test (T3, T4, TSH)		
LRN-014425		
T3	1.14 ng/mL	0.69-2.15
T4	92.5 ng/mL	52-127
TSH	3.88 µIU/mL	21 weeks- 20 years: 0.7-6.4 µIU/mL 21-54 years: 0.4 - 4.2 µIU/mL 55- 87 years: 0.5 - 8.9 µIU/mL Pregnancy: 1st Trimester: 0.24 - 2.99 µIU/mL 2nd Trimester: 0.46 - 2.95 µIU/mL 3rd Trimester: 0.43 - 2.78 µIU/mL


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----- End of Report -----


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