

Name : Mr. SUBHADIP SARKAR (33 /M)

Date : 12/09/2022

Address : 114/109 BIDHAN PALLY,PATIPUKUR,PS-LAKE TOWN, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001557166

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH156594



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Diabetes mellitus, Dyslipidemia, Thyroid disorder, Heart disease, Asthma
Hypertension : Since - 2 yrs; Medication - regular



SYSTEMIC REVIEW

Cardiovascular system

High blood pressure - yes; Medication - yes

Gastrointestinal system

Appetite - normal; Bowel habits - regular

Genitourinary system

Frequency - normal; Dysuria/burning micturition - no

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes; Glasses for - refractive error

ENT

- Normal hearing

Musculoskeletal system

Spine and joints
- Nil Significant

Weight

- stable



Present medications

- Telsar CH(40/6.25); Compliance - regular



Past medical history

Covid 19 - No
Jaundice - at childhood



Surgical history

Surgical history - Nil



Personal history

Marital status - Married
No. of children - 1
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - alive
Mother - alive

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Sisters - 1
Hypertension - father,mother
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - obese
Height - 177
Weight - 104
BMI - 33.2
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 96
Rhythm - Regular
Systolic(mm of Hg) - 146
Diastolic(mm of Hg) - 90
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Normal

Printed By : SHARMISTHA MALLIK

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	14.9	g/dl	●	13.0-17.0
RBC COUNT	5.34	Million/ul	●	4.5-5.5
Hematocrit - Hct:	45.4	%	●	41-53
MCV	85.0	fl	●	83-101
MCH	27.9	pg	●	27-32
MCHC	32.8	%	●	31.5-34.5
RDW	13.0	%	●	11.8-14.0
WBC Count	6900	/cu mm	●	4000-10000
Platelet Count	1.59	lacs/cu mm	●	1.5-4.0
Neutrophils	51	%	●	40-80
Lymphocytes	40	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	07	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	Trace			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells Occasional/hpf
 Casts: Not Found
 Crystals: Not Found
 Note: Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.
 NOTE : - Urine protein rechecked and confirmed by sulphosalicylic acid test

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	56 *	U/L	●	10-40
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	79	U/L	●	53-128
AST (SGOT) - SERUM	33	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	206 *	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	23	U/L	●	7-64
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Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	106	mg/dL	●	0-150

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	91	mg/dL	●	70-99

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.7	µIU/mL	●	0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.4	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.2	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	41	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	140 *	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	25	mg/dL	●	0-35

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	10.6	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.6:1.0			1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.4	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.9	g/dL	●	1.8-3.6

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	7.9	µg/dL	●	5.1-14.1

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

LIPID PROFILE TEST (PACKAGE)

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**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)**

Haematology

STOOL ROUTINE

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Biochemistry

GLUCOSE - PLASMA (POST PRANDIAL)

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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