

Medi-wheel

R 103 N 09 0113
Dr. Vimmi Goel
Head - Non Invasive Cardiology
Incharge - Preventive Health Care
MBBS, MD (Internal Medicine)
Reg. No: MMC- 2014/01/0113

Name: Ms. Susheela Nemdeshwar

Date: 24/09/22

Age: 44 Sex: M/F Weight: 74 kg Height: 161.3 in BMI: 28.4

BP: 110/80 mmHg Pulse: 72 bpm RBS: _____ mg/dl
SpO2: 98%

- 44/M
- v/c Hypothyroidism
37.5 ug OD
 - Obese
 - No addictions
 - FH - Neg for DM
 - No Hypoglycemia like episodes
(improves after eating)

O/E
JVP°
Chest /
LH / N.
P/A /

HDL - 28.
Ren unred

- Adv.
- Continuous Glucose Monitoring (CGM)
 - Fasting Serum Insulin
 - RBS at the time of symptoms

- Diet control
- Exercise
- weight loss
- cr. T. Thyrox same as before

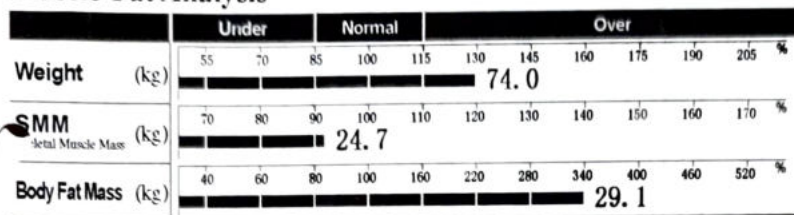


ID 52262	Height 161.3cm	Age 44	Gender Male	Test Date / Time 24.09.2022 12:18
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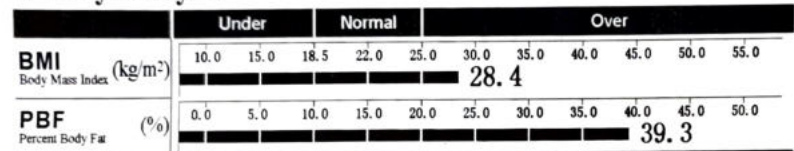
Body Composition Analysis

Total amount of water in my body	Total Body Water (L)	32.9 (32.2~39.4)
What I need to build muscles	Protein (kg)	8.9 (8.6~10.6)
What I need for strong bones	Mineral (kg)	3.14 (2.98~3.64)
Where my excess energy is stored	Body Fat Mass (kg)	29.1 (6.9~13.7)
Sum of the above	Weight (kg)	74.0 (48.6~65.8)

Muscle-Fat Analysis



Obesity Analysis



InBody Score

56/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight	57.2 kg
Weight Control	-16.8 kg
Fat Control	-20.5 kg
Muscle Control	+3.7 kg

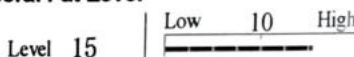
Obesity Evaluation

BMI	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Slightly Over	<input type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal	<input type="checkbox"/> Slightly Over	<input checked="" type="checkbox"/> Over	

Waist-Hip Ratio



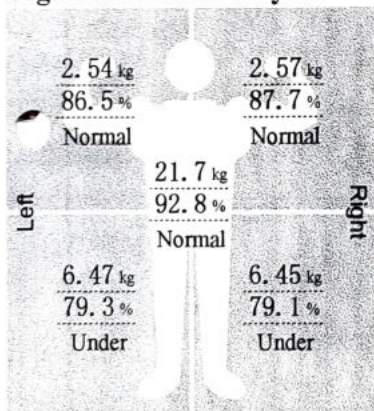
Visceral Fat Level



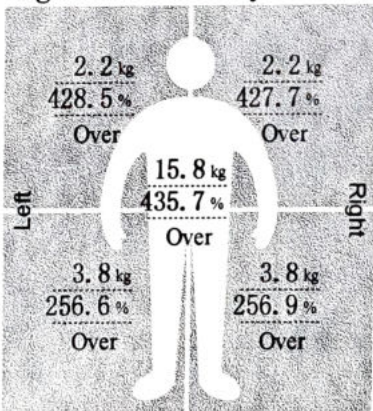
Research Parameters

Fat Free Mass	44.9 kg
Basal Metabolic Rate	1341 kcal (1593~1865)
Obesity Degree	129% (90~110)
SMI	6.9 kg/m ²
Recommended calorie intake	2016 kcal

Segmental Lean Analysis



Segmental Fat Analysis



* Segmental fat is estimated.

Body Composition History

	24.09.22 12:18				
Weight (kg)	74.0				
SMM (kg)	24.7				
PBF (%)	39.3				
<input checked="" type="checkbox"/> Recent <input type="checkbox"/> Total					

Calorie Expenditure of Exercise

Golf	130	Gateball	141
Walking	148	Yoga	148
Badminton	167	Table Tennis	167
Tennis	222	Bicycling	222
Boxing	222	Basketball	222
Mountain Climbing	241	Jumping Rope	259
Aerobics	259	Jogging	259
Soccer	259	Swimming	259
Japanese Fencing	370	Racketball	370
Squash	370	Taekwondo	370

* Based on your current weight
* Based on 30 minute duration

Impedance

	RA	LA	TR	RL	LL
Z(Ω) 20 kHz	344.0	350.0	24.9	304.5	302.5
100 kHz	309.9	314.7	22.1	270.9	269.2

Patient Name: **Mr Gurudeo Kamdeo**

UHID KH52262	Age 44 Y, 2 M, 29 D	Gender Male	Admission No. OPRI-53356
Speciality -	Certificate No. -		Created on 24-09-2022 03:10 PM

OPHTHALMOLOGY - OPTHALMOLOGY (REFRACTION)

RIGHT EYE

Sph	Cyl	Axis	Visual Acuity
-0.50	00	00	6/6

LEFT EYE

Sph	Cyl	Axis	Visual Acuity
-0.75	00	00	6/6

Near: Addition

RIGHT

1.50D, N6

LEFT

+1.50D, N6

Created By

Ashish Kamble

Print Date & Time

24-09-2022 03:10 PM

Name : Ms. Gundeo Kamdeo Date : 24/9/22

Age : 44 ✓ Sex : M/F Weight : _____ kg Height : _____ in BMI : _____

BP : _____ mmHg Pulse : _____ bpm RBS : _____ mg/dl

Routine Dental checkup

O/E :-
Prosthesis :- 6.1 (H/O RCT 6 months back).
TOP +ve 6.1

Adv: Re RCT/ Extraction :- 6.1

Dr. Ravi



UHID	KH52262	Order Date & time	24-09-2022
Patient Name	Mr Gurudeo Kamdeo	Sample Collection Date	24-09-2022 10:54 AM
Age/Gender	44 Y,2 M,29 D/Male	Acknowledge Date	24-09-2022 11:16 AM
Patient Type	OP	Visit No	OP-97986
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-221979	Accession Number	0136874

Haematology

Service Name	Result	Unit	Reference Range	Method
Haemogram (CBC with ESR), Whole Blood				
Erythrocytes				
* Haemoglobin	13.6	gm/dl	13-17	Photometric Measurement
* RBC count	4.73	millions/cumm	4.5-5.5	Photometric Measurement
* Packed Cell Volume (PCV/HCT)	40.9	%	40-50	Calculated
* MCV	87	fl	83-101	Calculated
* MCH	28.7	pg	27-32	Calculated
* MCHC	33.1	gm/dl	31.5-34.5	Calculated
* RDW	15.0 H	%	11.5-14.0	Calculated
Leucocytes				
* TLC (Total Leukocyte Count)	5300	/cumm	4000-10000	Flow cytometry
* Neutrophils	52.3	%	50-70	
* Lymphocytes	38.5 H	%	25-30	
* Eosinophils	2.5	%	1-5	
* Monocytes	6.7	%	5-10	
* Basophils	0.0 L	%	1-2	
* Absolute Neutrophil Count	2771.90	/cumm	2000-7000	Calculated
* Absolute Lymphocyte Count	2040.50	/cumm	1000-4800	Calculated
* Absolute Eosinophil Count	132.50	/Cumm	20-500	Calculated
* Absolute Monocyte Count	355.10	/cumm	200-1000	Calculated
* Absolute Basophil Count	0.00 L	/cumm	20-100	Calculated
Platelets				
* Platelet Count	232	10 ³ /cumm	150-450	Impedance
* MPV	9.6 H	fl	6.0-9.5	Calculated
* PCT (Platelet Hematocrit)	0.22	%	0.2-0.5	
* PDW (Platelet Distribution Width)	18.50 H	%	9-17	
Peripheral Smear Examination				
RBC Morphology				
* Normochromic Normocytic	+			
* WBCs	As Above			
* Platelets	Adequate			
* ESR (Westergren)	07	mm/hr	<15	Westergren
* Blood Grouping & RH Factor, Whole Blood & Serum	"O" Rh POSITIVE			Column agglutination test
* HbA1c (Glycosylated Haemoglobin), Blood	5.6	%	Non-Diabetic: <=5.6 % Pre-Diabetic: 5.7-6.4 % Diabetic >=6.5 %	HPLC

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Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-221979	Accession Number	0136874

Clinical Biochemistry

Service Name	Result	Unit	Reference Range	Method
Fasting Blood Sugar	93.0	mg/dL	<100	GOD\POD, Colorimetric
* Post Prandial Blood Sugar, Plasma	100.0	mg%	<140	GOD\POD, Colorimetric
Lipid Profile, Serum				
Cholesterol	153.00	mg/dL	<200 Normal Less than 150 mg/dl Borderline High 150 - 199 mg/dl High 200 - 499 mg/dl Very High More than 499 mg/dl Major risk factor for Heart disease <40 mg/dl (Males)	Enzymatic Method
Triglyceride	124.0	mg/dL	Major risk factor for Heart disease <50 mg/dl (Female) Negative risk factor for Heart disease >60 mg/dl Optimal <100 mg/dl Near optimal 100 - 129 mg/dl Borderline high 130 - 159 mg/dl High 60 - 189 mg/dl Very High >190 mg/dl	Enzymatic(Lipase/GK/GPO /POD)
HDL Cholesterol Direct	28.0 L	mg/dL	Negative risk factor for Heart disease >60 mg/dl Optimal <100 mg/dl Near optimal 100 - 129 mg/dl Borderline high 130 - 159 mg/dl High 60 - 189 mg/dl Very High >190 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol (Calculated)	100.0	mg/dL		Enzymatic
VLDL	25.00	mg/dL	<30	Calculated
Cholesterol/HDL Ratio	5.00		3-5	Calculated
Non HDL	125.00	mg/dL		Calculated
Kidney Function Test (KFT), Serum				
Blood Urea	23.00	mg/dL	19-43	Urease with indicator dye
Creatinine	0.90	mg/dL	0.66-1.25	Enzymatic (creatinine amidohydrolase)
eGFR	103.51	mL/min/1.73m ²		Calculated
Sodium	139	mmol/L	136-145	Direct ion selective electrode
Potassium	4.87	mmol/L	3.5-5.1	Direct ion selective electrode
BUN (Blood Urea Nitrogen), Serum	10.7	mg/dL	9-20	Urease with indicator dye
Liver Function test, Serum				
Total Bilirubin	0.39	mg/dL	0.2-1.3	Azobilirubin/Dyphylline
Bilirubin Direct	0.16	mg/dL	0.1-0.3	Calculated
Bilirubin Indirect	0.23	mg/dL	0.1-1.1	Dual wavelength Spectrophotometric
SGOT (AST)	22	U/L	15-40	Kinetic with pyridoxal 5 phosphate
SGPT (ALT)	18	U/L	10-40	Kinetic with pyridoxal 5 phosphate
Alkaline Phosphatase	99.00	U/L	38-126	Pnpp/AMP buffer
Total Protein	8.00	gm/dl	6.3-8.2	Biuret(Alkaline cupric Sulfate)
Albumin	4.54	gm/dl	3.5-5.0	Bromocresol green dye binding
Globulin	3.46	gm/dl	2-4	Calculated
Albumin/Globulin Ratio	1.31			Calculated
Gamma GT (GGT), Serum	65.0	U/L	15-73	Kinetic Method

UHID	KH52262	Order Date & time	24-09-2022
Patient Name	Mr Gurudeo Kamdeo	Sample Collection Date	24-09-2022 10:54 AM
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Patient Type	OP	Visit No	OP-97986
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-221979	Accession Number	0136874

Service Name	Result	Unit	Reference Range	Method
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Interpretation:

:A high fat meal may cause decreased bilirubin levels by interfering with the clinical reactions.

GT activity is elevated in all forms of liver disease. This test is much more sensitive than either the alkaline phosphatase test or the transaminase test (i.e., SGOT, SGPT) in detecting obstructive jaundice, cholangitis, and cholecystitis. It is also indicated in the differential diagnosis of liver disease in children and pregnant women who have elevated levels of LDH and alkaline phosphatase.

* Uric Acid, Serum	5.75	mg/dL	3.5-7.2	Uricase/Peroxidase (Colorimetric)
Thyroid Function Test (T3,FT4,TSH), Serum				
* T3	1.30	ng/mL	0.55-1.7	Enhanced chemiluminescence
* Free T4	1.35	ng/dL	0.8-1.7	Enhanced chemiluminescence
* Thyroid Stimulating Hormone (TSH)	4.53 ✓	uIU/mL	0.5-4.8	Enhanced chemiluminescence
* Prostate Specific Antigen (PSA) Total, Serum	0.55	ng/mL	<4	Enhanced chemiluminescence

Clinical Pathology

Service Name	Result	Unit	Reference Range	Method
Urine Routine and Microscopy, Urine				
Physical Examination				
Volume	30 ml			
Appearance	Clear			
Colour	Pale Yellow			
PH	5.0	NA	4.6-8.0	
Specific Gravity	1.015 L	NA	1.016-1.022	Iodometric method
Chemical Examination				
Protein	Negative	mg/dL		
Glucose	Negative			
Ketone	Negative			
Bilirubin	Negative			
Urobilinogen	Normal			
Nitrate	Negative			
Microscopic Examination				
Pus Cells	0-1	/ hpf		
Epithelial Cells	0-1	/ hpf		
Red Blood Cells	Absent	/ hpf		
Crystal	Absent			
Cast	Absent	/hpf		
Bacteria	Absent			
Other	.			
Urine Sugar Fasting, Urine	Negative			GOD/POD
Urine Post Prandial Sugar, Urine	Negative			GOD/POD


UHID	KH52262	Patient Name	Mr Gurudeo Kamdeo
Age	44 Y,2 M,29 D	Gender	Male
Payer Name	Self	Payer Type	cash
Order Date & time	24-09-2022 12:00 AM	Acknowledge Date	24-09-2022 12:23 PM
Refer By	Dr Vimmi Goel	Accession Number	OPRDAC-17611
DOB	26/06/1978	Patient Type	OP
Order Id	ODRID-221979		

X-Ray Chest PA

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

 Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.







Dr Naveen Pugalia
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Toll-free Number 1800 266 8346 | Emergency No: 0712-6789200 | Ambulance No: 60096 60098

 /kingswayhospitalsnagpur  /kingswayHospitl  /kingsway-hospitals  /kingswayhospitalnagpur


Toll-free Number 1800 266 8346 | Emergency No: 0712-6789200 | Ambulance No: 60096 60098



UHID	KH52262	Patient Name	Mr Gurudeo Kamdeo
Age	44 Y,2 M,29 D	Gender	Male
Payer Name	Self	Payer Type	cash
Order Date & time	24-09-2022 12:00 AM	Acknowledge Date	24-09-2022 12:50 PM
Refer By	Dr Vimmi Goel	Accession Number	OPRDAC-17623
DOB	26/06/1978	Patient Type	OP
Order Id	ODRID-221979		

USG Whole Abdomen

LIVER is normal in size but shows increase in echotexture. No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

 GALL BLADDER is physiologically distended. No stones or sludge seen within it. Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture. WT - 16.4 gms

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

Mild fatty infiltration in liver.

No other significant abnormality seen.

Suggest clinical correlation / further evaluation.

Dr Naveen Pugalia
Consultant Radiologist
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Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Gurudeo, Kamdeo
Patient ID: 52262
Height:
Weight:
Study Date: 24.09.2022
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 04.06.1978
Age: 44yrs
Gender: Male
Race: Indian
Referring Physician: -- *mediwheel HCU*
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

-
Medical History:
NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
● TEST	SUPINE	00:07	0.00	0.00	82	120/80	
	STANDING	00:01	0.00	0.00	81		
	WARM-UP	00:03	0.00	0.00	77		
EXERCISE	STAGE 1	03:00	1.70	10.00	100	120/80	
	STAGE 2	03:00	2.50	12.00	118	140/80	
	STAGE 3	02:54	3.40	14.00	151	150/80	
RECOVERY		01:00	0.00	0.00	112		
		02:00	0.00	0.00	90	140/80	
		00:26	0.00	0.00	93		

The patient exercised according to the BRUCE for 8:54 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 77 bpm rose to a maximal heart rate of 153 bpm. This value represents 86 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

(Handwritten signature)
Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant Non Invasive Cardiology
Reg. No. 2014/01/0113

KH52262
44 Years

MR. MR. GURUDEO NANDESWAR
Male

24-Sep-22 11:55:45 AM
KIMS-KINGWAY HOSPITALS
PBC DEPT.

Rate 60 . Sinus rhythm.....normal P axis, V-rate 50-99

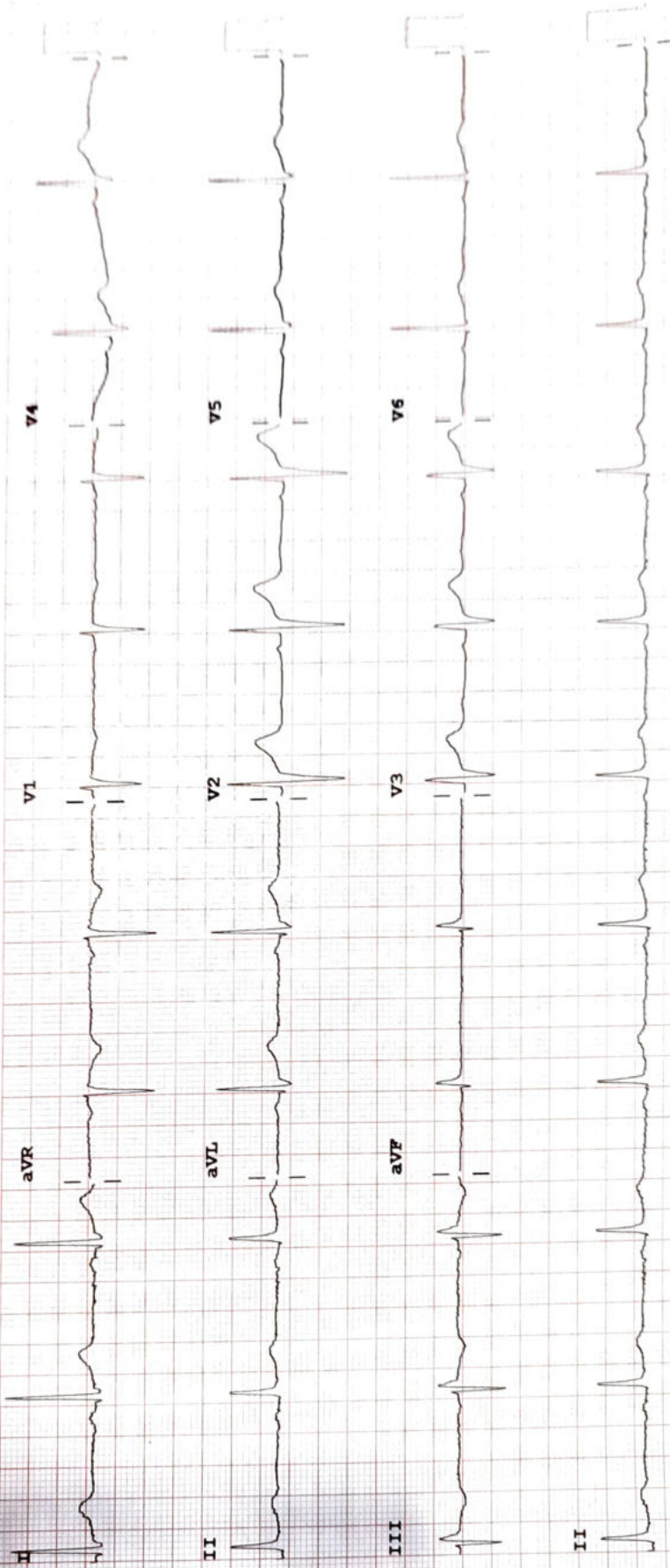
PR 160
QRSD 102
QT 418
QTc 418

--AXIS--
P 14
QRS 26
T 2

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50- 0.50-150 Hz W

100B CL

P?