



Name : MRS. NEHA DHAMA
Age /Sex : 29 Y / F
Ref. By : BANK OF BARODA (MW)

Reg. No : 022-1966
Registration Date : 03-12-2021
Alt ID :

MEDICAL CHECK UP FORM

Physical Examination :

Height (Cms): 171 Weight (KG) 72kg
Body Mass Index (BMI) :
Pulse Rate : 82b/min /Min Regular / Abnormal
B P : 130/80mmHg
Skin : Normal
Nails : Normal
Oral Hygenic : Good

Personal History

Smoking : Yes / No ✓
Alcoholism : Yes / No ✓
Diabetes : Yes / No ✓
Hypertension : Yes / No ✓
Allergy : Yes / No ✓
Accidents if any : No
Surgeries if any : No

Complaints if any : _____

Family History : _____

Systemic Examination - Abnormality - If Yes Please explain)

- * CVS - Yes / No ✓
- * CNS - Yes / No ✓
- * GI Tract - Yes / No ✓
- * Abdomen - Yes / No ✓
- Respiratory Tract - Yes / No ✓

Investigations : (N = Normal; R - See Report)

E N T EXAMINATION

Normal

Any abnormality

- Known case of Hypertension on Medication

Diagnosis (if any) _____

Recommendations / Impression :

PHYSICIAN SIGNATURE & STAMP
Dr. Ch. Varaprasad
06/12/21
Dr. Ch. Varaprasad
M.B.B.S.
Regd. No: APMC/FMR/88768



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VISUAL ACUITY

	Right Eye	Left Eye
Distant Vision Without Glasses	6/6	6/6
With Glasses	—	—
Near Vision Without Glasses	6/6	6/6
With Glasses	—	—
Colour Vision Opinion / Advise	Normal	

ADITYA DIAGNOSTICS & RESEARCH LABORATORIES
 Optician
 MIG 256-258, S.R. Towers,
 Road No. 4, K.P.H.B. Colony,
 Hyderabad-500 072



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Investigation

Result

Normal Ranges

HAEMOGRAM

Investigation

Result

Normal Range

Haemoglobin	13.4 gm%	Male : 14.0 - 18.0 gm % Female : 11.5 - 16.0 gm % Children : 12 - 14 gm%
R B C mil/cmm	4.4 mil/cmm	Male : 4.5 - 6.5 mil/cmm Female : 4.0 - 5.5 mil/cmm
Packed Cell volume (PCV)	40 %	Male : 40 - 54 % Female : 36 - 49 %
MCV	80 Cubic microns	76 - 96 Cubic microns
MCH	28 Picograms	27- 32 Picograms
MCHC	35 gm%	30 - 36 gm%
WBC (Total)	5,400 cells/cmm	4,000 - 11,000 cells/cmm

DIFFERENTIAL COUNT

Neutrophils (Polymorphs)	59 %	Adults : 40 - 75 % Children : 36- 50 %
Lymphocytes	37 %	Adults : 20 - 40 % Children : 36- 50 %
Eosinophils	02 %	1 - 6 %
Monocytes	02 %	2 - 10 %
Basophils	00 %	00 - 01 %
Platelet count	2,73,000 cells/cmm	1,50,000 - 4,00,000 cells/cmm
ESR 1st Hour	08 mm/hour	Male : 0 - 10 mm / hour Female : 0 - 14 mm / hour
Reticulocyte count	0.6 %	0.5 - 1.0 %

PERIPHERAL SMEAR EXAMINATION

RBC's Morphology	Normocytic / Normochromic
WBC	With in normal limits
Plateletes	Adequate
Abnormal Cells	Nil

Method : Automated Cellcounter&Microscopy

Dr Rajani Gupta, PhD
Chief Biochemist

Verified By

Dr K Mahesh Kumar MD
Consultant Pathologist



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Department of Biochemistry

Investigation	Result	Reference Range
Fasting Plasma Glucose * <i>Blood Sugar</i> <i>Method GOD-POD</i>	85 mg/dl	70 - 110 mg/dl
Post Prandial Glucose * <i>(Blood Sugar)</i> <i>Method GOD-POD</i>	78 mg/dl	70 - 160 mg/dl

*End of Report *

Dr Rajni G, PhD
Chief Biochemist

Dr K Mahesh Kumar, MD
Consultant Pathologist



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Department of Biochemistry

Investigation

Result

Reference Range

Blood Urea *

16 mg/dl

10 - 50 mg/dl

Method GLDH

Blood Urea Nitrogen *

7.4 mg/dl

6 - 25.5 mg/dl

Calculated

Serum Creatinine *

0.6 mg/dl

Male : 0.7 - 1.3 mg/dl

Female : 0.6 - 1.1 mg/dl

New Born 1 - 4 days : 0.3 - 1.0 mg/dl

Infant (upto 1year) : 0.2 - 0.4 mg/dl

Children : 0.3 - 0.7 mg/dl

Method Enzymatic

Serum Uric Acid *

3.8 mg/dl


Male : 3.5 - 7.2 mg/dl

Female : 2.6 - 6.0 mg/dl

Method:Uricase POD

*End of Report *

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Investigation	Result	Reference Range
Liver Function Tests		
Total Bilirubin (Method: Walter &Gerarde)	0.46 mg/dl	0.3 - 1.2 mg/dl
Direct Bilirubin (Conjugated) (Method: Walter &Gerarde)	0.18 mg/dl	0.0 - 0.2 mg/dl
Indirect Bilirubin (Unconjugated)	0.28 mg/dl	
Alkaline Phosphatase (Method: GSCC)	62 U/L	Male : 53 - 128 U/L Female : 42 - 98 U/L Children : 54 - 369 U/L
SGPT (Method: IFCC)	20 IU/L	UP TO 55 IU/L
SGOT (Method: IFCC)	18 IU/L	UP TO 55 IU/L
Total Proteins (Method: Biuret)	7.2 gm/dl	6.0 - 8.3 gm/dl
Albumin (Method: BCG)	4.1 gm/dl	3.5 - 5.2 gm/dl
Globulin (Method: Calculated)	3.1 gm/dl	
A/G Ratio	1.32	
Gamma GT IFCC Method	13 U/L	Male : 10 - 50 U/L Female : 7 - 35 U/L
Lab Incharge		

*End of Report *

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Investigation

Result

Reference Range

% HbA1c (Glycosylated Haemoglobin)
(Method: HPLC-NGSP Certified)

5.0 %

< 6.0 : Pre Diabetic
6-7 : Good Control
7-8 : Weak Control
> 8.0 : Poor Control

Intpretation :

HbA1c is an indicator of glycemic control. HbA1c represents average glycemia over the past six to eight weeks. Glycation of hemoglobin occurs over the entire 120 day life span of the red blood cell, but within this 120 days. Recent glycemia has the largest influence on the HbA1c value. Clinical studies suggest that a patient in stable control will have 50% of their HbA1c formed in the month before sampling, 25% in the month before that, and the remaining 25% in months two to four.

Mean Plasma Glucose mg/dl = (HbA1c x 35.6) - 77.3)

Correlation between HbA1c and Mean Plasma Glucose (MPG) is not "perfect" but rather only .81 (1.0 would be a straight line, which has "perfect" correlation...) This means that to predict or estimate average glucose from Hb-A1c or vice-versa is not "perfect" but gives a good working ballpark estimate. Afternoon and evening results correlate more closely to HbA1c than morning results, perhaps because morning fasting glucose levels vary much more than daytime glucose levels, which are easier to predict and control.

*End of Report *

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Chief Biochemist

Dr K Mahesh Kumar, MD
Consultant Pathologist



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<u>Investigation</u>	<u>Result</u>	<u>Normal Ranges</u>
Trilodothyronine Total (TT3)	1.10 ng/mL	0.60 - 1.81 ng/mL
Thyroxine - Total (TT4)	11.68 mg/dL	3.5 - 12.6 mg/dL
Thyroid Stimulating Hormone(TSH) Method: C.L.I.A	6.14 μ IU/ml	0.35 - 5.50 μ IU/ml

Interpretation

Primary malfunction of the thyroid gland may result in excessive (hyper) or below normal (hypo) release of T3 or T4. In addition, as thyroid function is directly affected by TSH. Diagnostically, T3 concentration is more sensitive to certain thyroid conditions than T4. While T4 levels are a sensitive (and superior) indicator of hypothyroidism, T3 blood levels better define hyperthyroidism. Because T3 concentration in serum changes faster and more markedly than T4, the T3 level is also an excellent indicator of the ability of the thyroid to respond to both stimulatory and suppressive tests. Under conditions of strong thyroid stimulation, the T3 level offers a good.

It is especially useful in the differential diagnosis of primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.


Dr Rajani Gulha, PhD
Chief Biochemist


Verified By


Dr K. Mahesh Kumar MD
Consultant Pathologist



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Investigation

Result

Complete Urine Examination

Investigation

Result

PHYSICAL EXAMINATION

Colour : Pale Yellow
Apperance : Clear
Reaction : Acidic
Specific Gravity : 1.020

CHEMICAL EXAMINATION

Albumin : Nil
Glucose : Nil

MICROSCOPIC EXAMINATION

Pus Cells : 1 - 2 /HPF
Epithelial Cells : 2 - 3 /HPF
RBC : Nil /HPF
Crystals : Nil
Casts : Nil
Bacteria : Nil
Others : Nil

End of report

Dr K Mahesh Kumar, MD
Consultant Pathologist

Verified by

Dr Rajani Guttha
Chief Biochemist



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X-RAY CHEST PA VIEW

- Hilar regions are normal.
- Both C P angles are free.
- Domes of diaphragms are normal.
- Bony cage is normal
- Cardio thoracic ratio is normal.
- Lung - clear. No Evidence of any Signs of active Tuberculosis

IMPRESSION :

**** NORMAL STUDY**


Dr. Ravindra
Consultant Radiologist



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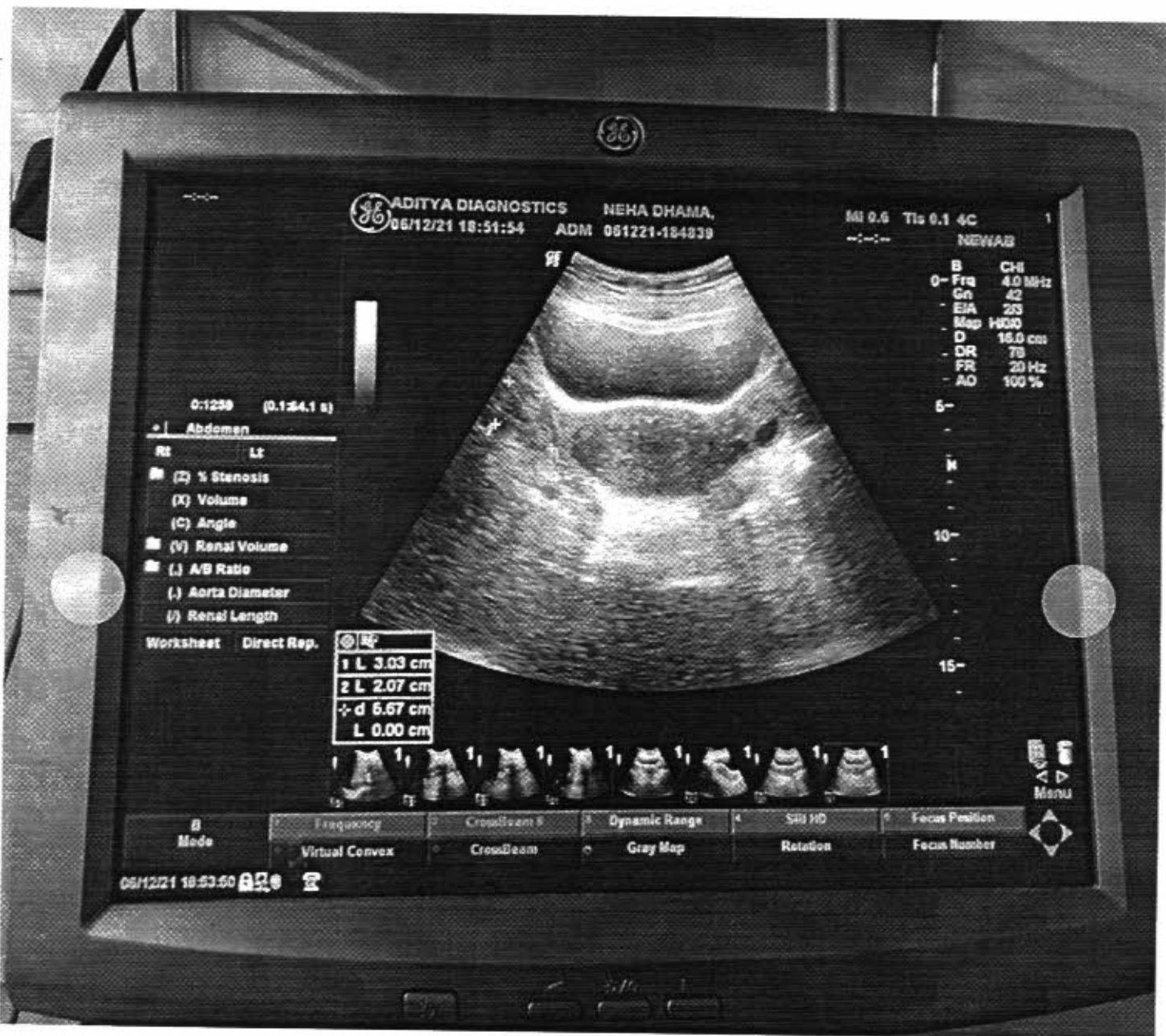
Ultrasound Scan Of Abdomen

- Liver** Size (137 mm), Shape, contour and echotexture normal. No localized or diffused mass lesions are seen. Intrahepatic vascular system, Portal vein, C.B.D and biliary radicals are normal
- Gall Bladder** Size, shape and wall thickness are normal. No calculus or no mass lesions are seen.
- Spleen** Size : 95 mm, Shape and echotexture normal, No abnormal calcifications seen.
- Pancreas** Head, body and tail echotexture are normal. Pancreatic duct normal. No mass or cystic lesions seen. No calcifications are seen.
- Kidneys** Right kidney Measures : 100 x 44 mm
Left kidney Measures : 101 x 48 mm

Peri renal areas normal, Renal capsule normal, Cortical thickness, Cortical echopattern and corticomedullary differentiation are normal. Pelvicalyceal system normal. No calculus or no mass lesions are seen.
- Urinary Bladder** Well distended, Normal wall thickness. No evidence of calculi. No focal lesions.
- Uterus** Size : 69 x 33 x 56 mm, Echotexture normal, **Arcute uterus**
No calcification seen. Endometrium thickness 8 mm
- Ovarie** Both ovaries are normal in size, shape and echotexture.
Right Ovary : 28 x 13 mm, Left Ovary : 38 x 20 mm
Both ovaries shows peripherally arranged follicles with chogenicity stroma
- Others** Aorta and IVC are normal. No lymphadenopathy. No ascitis.
- Impression: ** **Arcute Uterus**
** **Mild Morphoogy of PCOS**

Dr Abdur

Consultant Radiologist









ADITYA DIAGNOSTICS & RESEARCH LABS ECG REPORT

ID : 741 Years Male cm kg mmHg Race: Unknown Room No.: Department: Exam Room: Medication:

HR : 63 bpm
 P : 81 ms
 PR : 164 ms
 QRS : 93 ms
 QT/QTc : 418/431 ms
 P/QRS/T : -2/83/32 °
 RV5/SV1 : 0.463/0.699 mV

Diagnosis Information:
 Sinus Arrhythmia

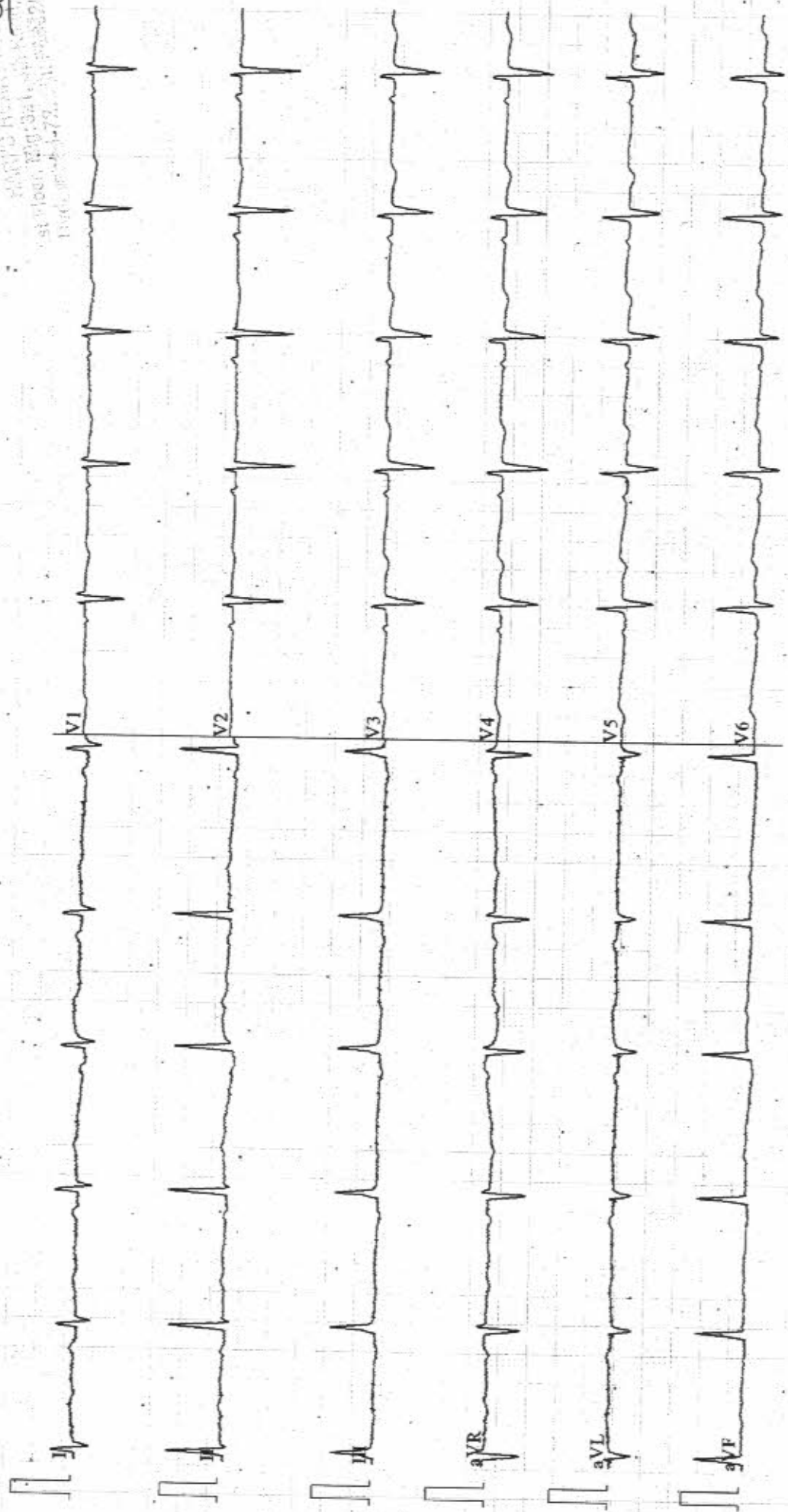
O22-1966
 MRS. NEHA DHAMA F / 29 Y

 Aditya Diagnostics 03-12-2021

n.s.r.
 n.s.r. 5/7
 Chan 4
 To be Correlated
 Clinically

Technician :
 Ref-Phys. :
 Report Confirmed by:

ADITYA HEALTHCARE
 1st Floor, Plot: 34, Sector: 10, Gurgaon
 Haryana - 122002, India. Phone: 012-261-1779





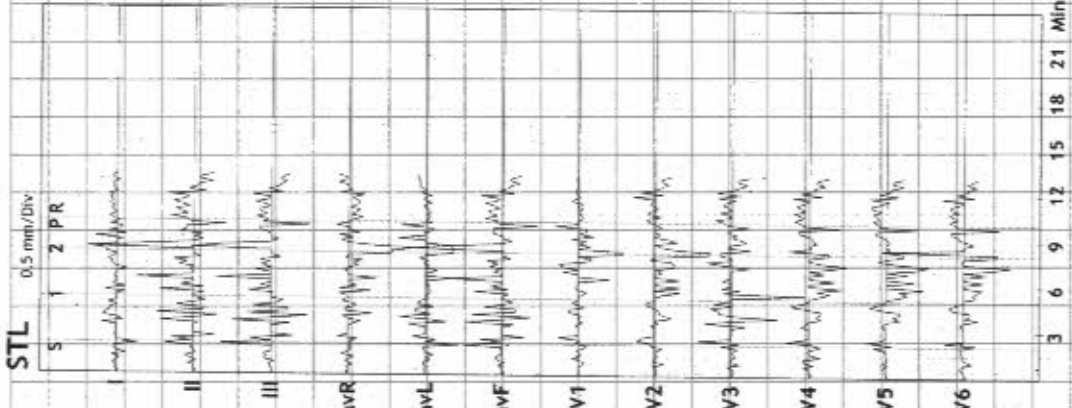
ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

ROAD NO 4, KPHB COLONY, HYD
 1346/MRS NEHA DHAMA 29 Yrs/Female 71 Kg/172 Cms
 Ref: 89_03-Dec-2021 10:46:07 AM
 Medication :
 Objective : C/O BANK OF BARODA

Protocol : BRUCE
 History :

Summary

Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	110	110/70	121	-	
Standing					1.0	77	110/70	84	-	
HV					1.0	124	110/70	136	-	
ExStart					1.0	144	110/70	158	-	
Stage 1	3:00	3:01	1.7	10.0	4.7	223	120/80	267	-	
Stage 2	3:00	6:01	2.5	12.0	7.1	217	130/90	282	-	
PeakEx	2:03	8:04	3.4	14.0	9.2	169	140/90	236	-	
Recovery	1:00		0.0	0.0	1.2	117	140/90	163	-	
Recovery	2:00		0.0	0.0	1.0	99	120/80	118	-	
Recovery	3:00		0.0	0.0	1.0	97	120/80	116	-	
Recovery	3:12		0.0	0.0	1.0	102	120/80	122	-	



Findings :

Exercise Time : 8:04 minutes
 Max HR attained : 223 bpm 117% of Max Predictable HR 191
 Max BP : 140/90(mmHg)
 WorkLoad attained : 9.2 (Good Effort Tolerance)
 No significant ST segment changes noted during exercise or recovery.
 No Angina/Arrhythmia/53/murmur
 Final Impression : Test is negative for inducible ischaemia.
 Maximum Depression: 7:49

Advice/Comments:

Test is Negative for Inducible ischaemia

HARI'S HEALTH CLINIC
 1st Floor, 100/121, 4th Street, Date: 05-Dec-2021

ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

Linked Medians Report



ROAD NO 4, KPHB COLONY, HYD
1346/MRS NEHA DHAMA
29 Yrs/Female
71 Kg/172 Cms
Date: 03-Dec-2021 10:46:07 AM

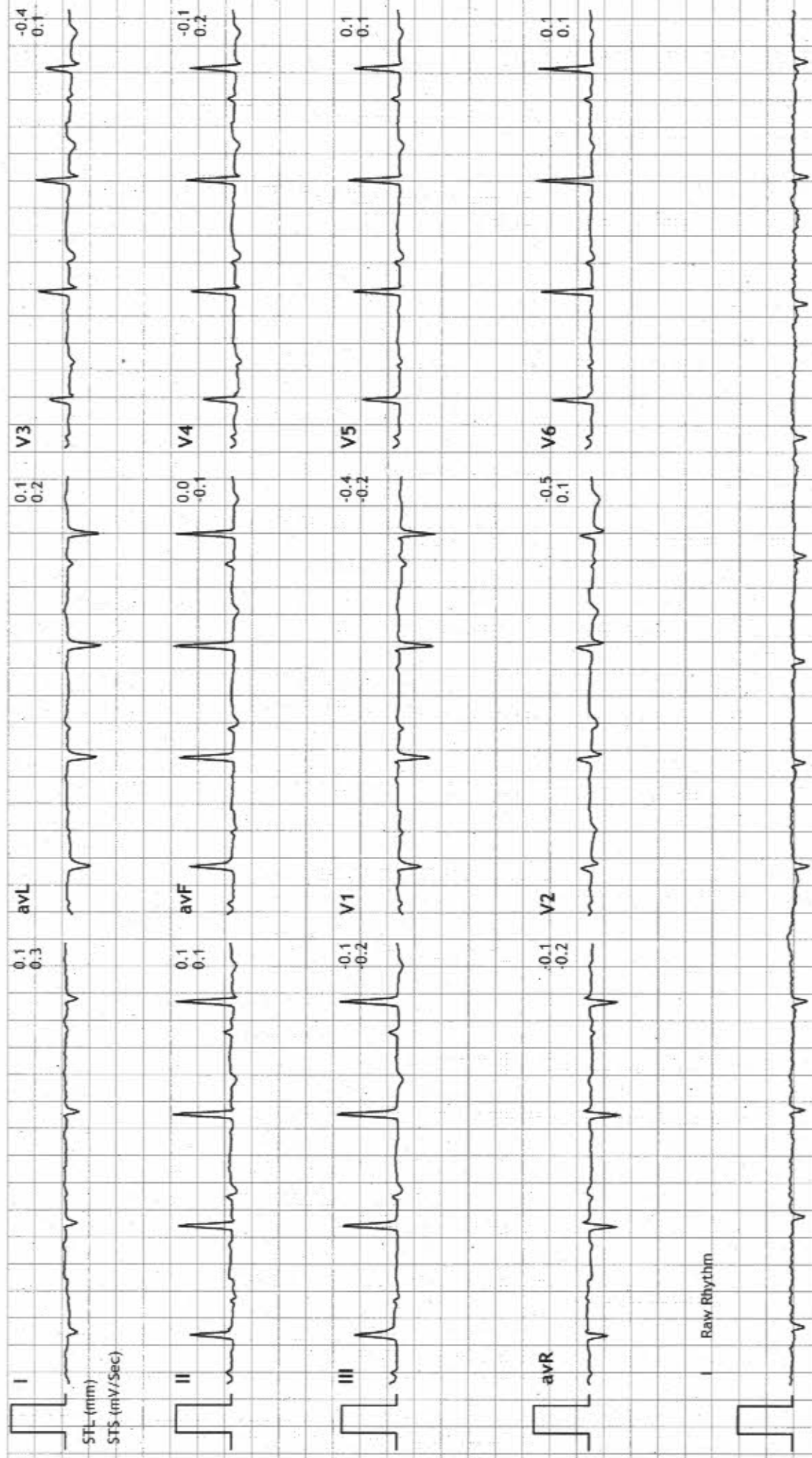
HR: 77 bpm
METS: 1.0
BP: 110/70

MPHR: 40% of 191
Speed: 1.1 mph
Grade: 0.0%

BRUCE
(1.0-100)HZ

Ex Time 01:53
BLC :On
Notch :On

STANDING
10.0 mm/mV
25 mm/Sec.





ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

Linked Medians Report

ROAD NO 4, KPHB COLONY, HYD

1346/MRS NEHA DHAWA

29 Yrs/Female

71 Kg/172 Cms

Date: 03-Dec-2021 10:46:07 AM

HR: 124 bpm

METS: 1.0

BP: 110/70

MPHR: 64% of 191

Speed: 1.1 mph

Grade: 0.0%

BRUCE

(1.0-100)Hz

Ex Time 02:01

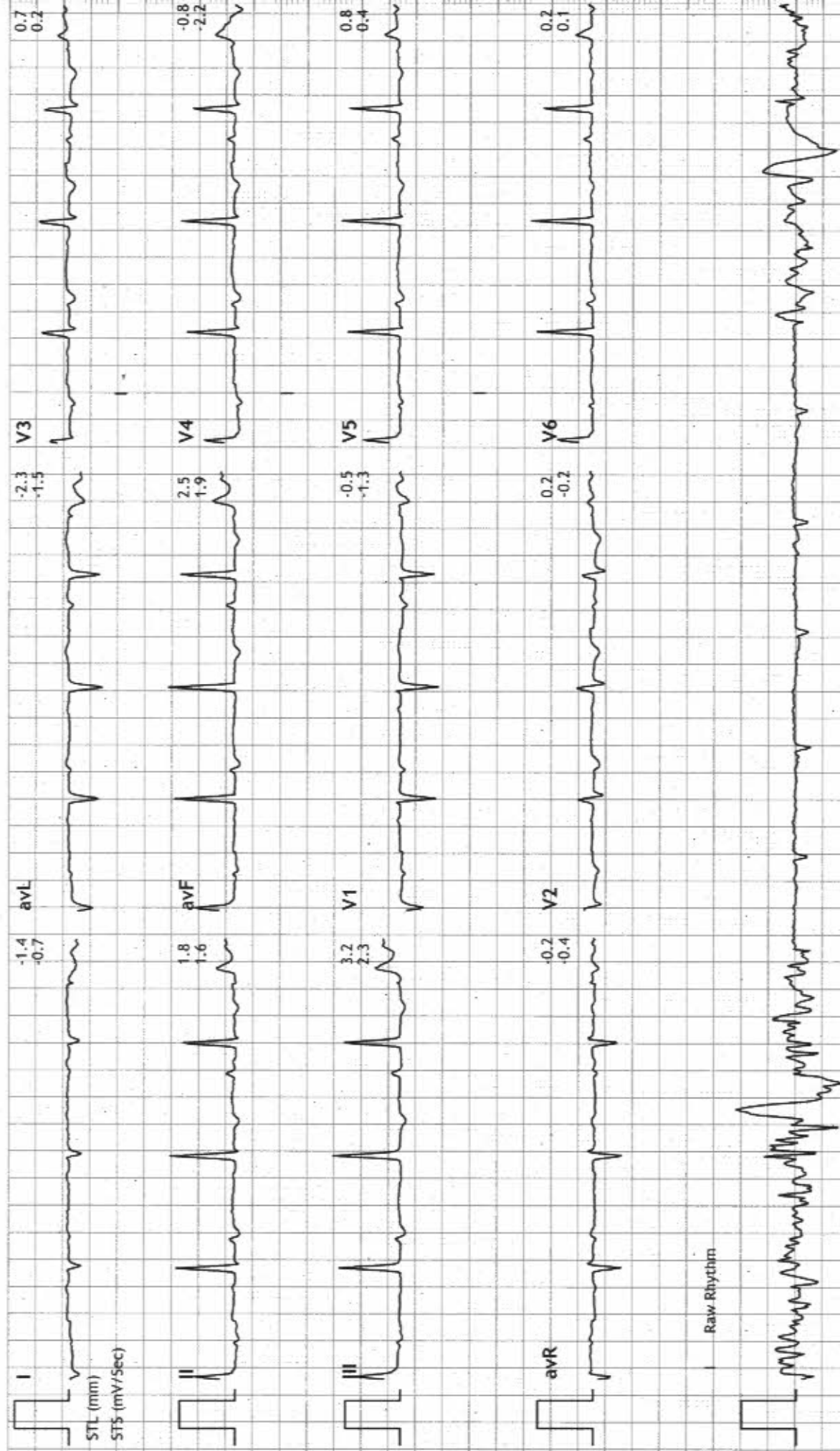
BLC: On

Notch : On

HV

10.0 mm/mV

25 mm/Sec.





ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

ROAD NO 4, KPHB COLONY, HYD
1346/MRS NEHA DHAWA
29 Yrs/Female
71 Kg/172 Cms
Date: 03-Dec-2021 10:46:07 AM

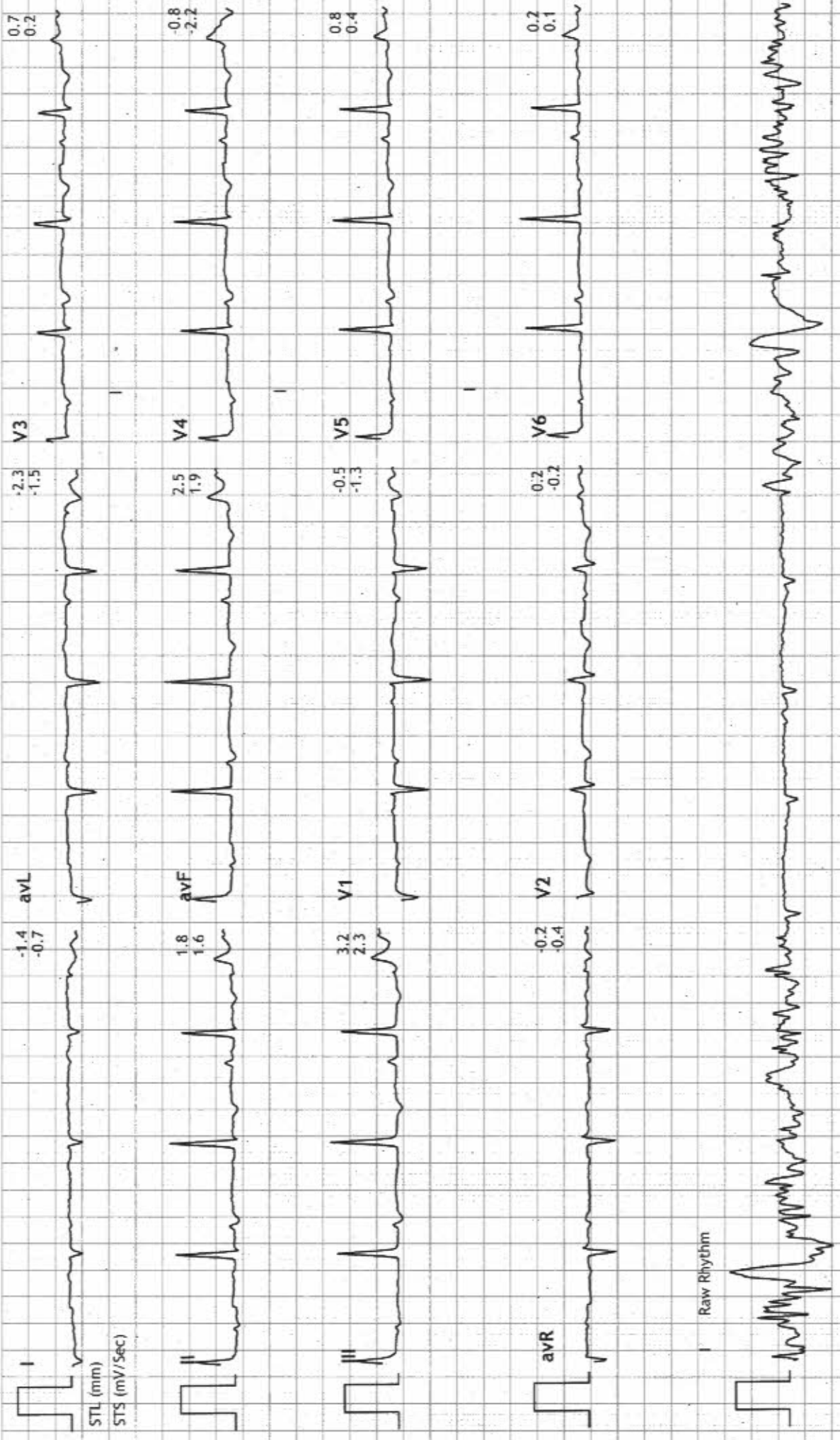
HR: 173 bpm
METS: 1.0
BP: 110/70

MPHR: 90% of 191
Speed: 1.1 mph
Grade: 0.0%

BRUCE
(1.0-100)Hz

Ex Time 00:00
BLC: On
Notch : On

ExStrt
10.0 mm/mV
25 mm/Sec.



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

ROAD NO 4, KPHB COLONY, HYD

1346/MRS NEHA DHAWA

29 Yrs/Female

71 Kg/172 Cms

Date: 03-Dec-2021 10:46:07 AM

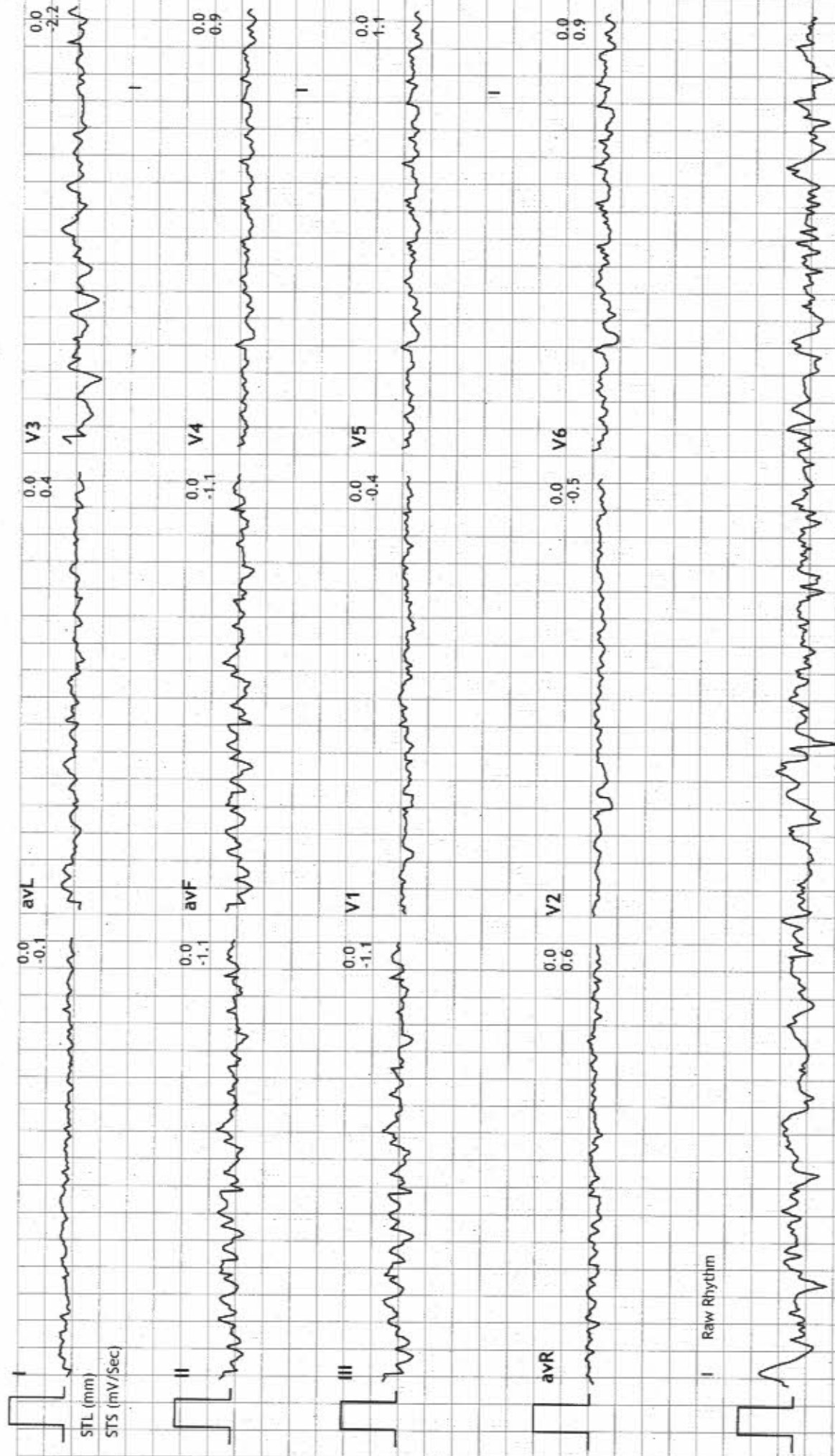
HR: 223 bpm
METS: 4.7
BP: 120/80

MPHR: 116% of 191
Speed: 1.7 mph
Grade: 10.0%

BRUCE
(1.0-100)Hz

Ex Time 03:00
BLC : On
Notch : On

Stage 1 (03:0
10.0 mm/mV
25 mm/Sec.



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

ROAD NO 4, KPHB COLONY, HYD
1346/MRS NEHA DHAMA
29 Yrs/Female
71 Kg/172 Cms
Date: 03-Dec-2021 10:46:07 AM

HR: 217 bpm
METS: 7.1
BP: 130/90

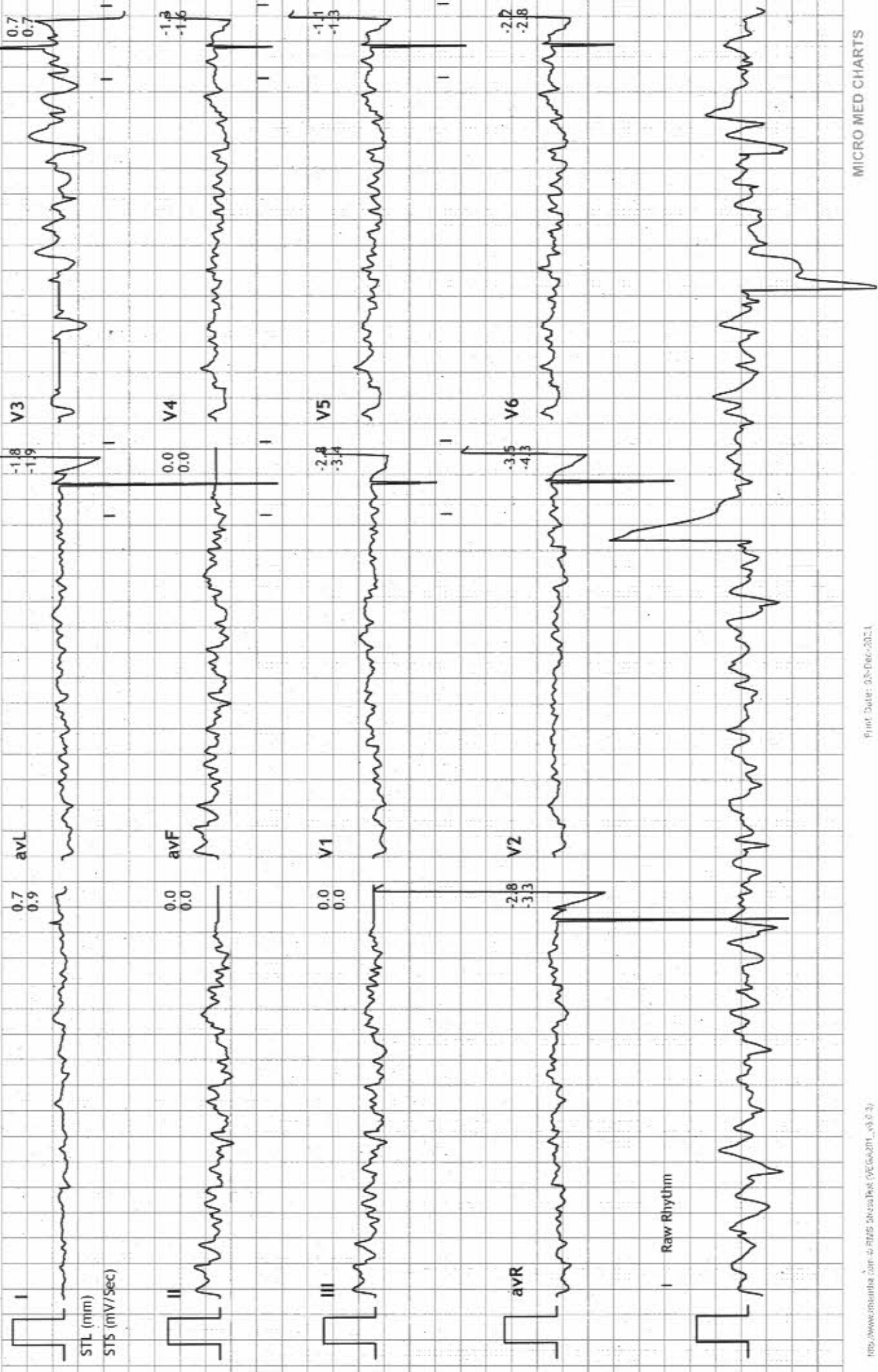
MPHR: 113% of 191
Speed: 2.5 mph
Grade: 12.0%

BRUCE
(1.0-100)Hz

Ex Time 06:00
BLC :On
Notch :On

Stage 2 (03:0
10.0 mm/mV
25 mm/Sec.

Linked Medians Report





ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

Linked Medians Report

ROAD NO 4, KPHB COLONY, HYD

1346/MRS NEHA DHAMA

29 Yrs/Female

71 Kg/172 Cms

Date: 03-Dec-2021 10:46:07 AM

HR: 169 bpm

METS: 9.2

BP: 140/90

MpHR: 88% of 191

Speed: 3.4 mph

Grade: 14.0%

BRUCE

(1.0-100)Hz

Ex Time 08:03

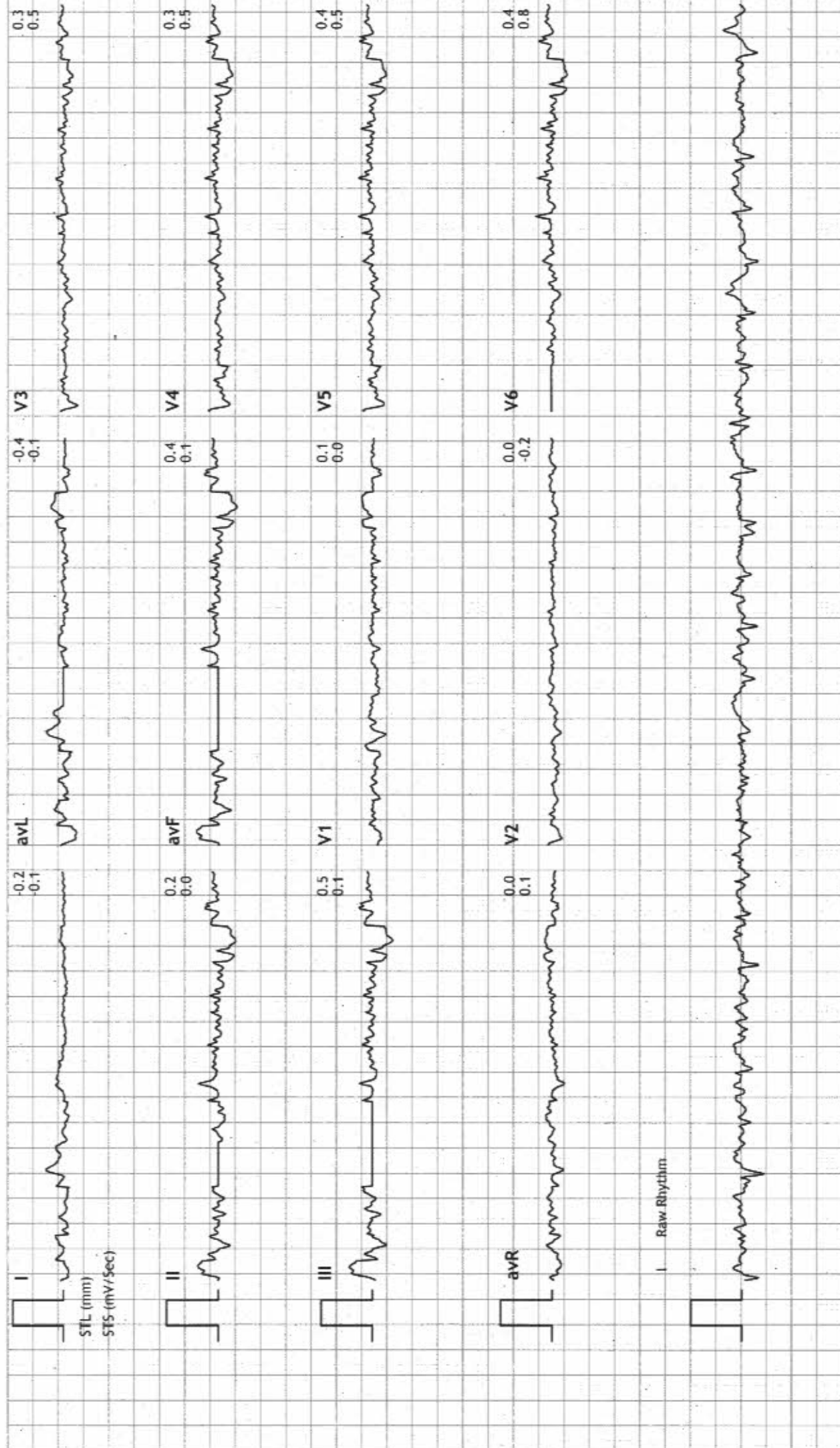
BLC :On

Notch :On

PeakEx

10.0 mm/mV

25 mm/Sec.



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

Linked Medians Report



ROAD NO 4, KPHB COLONY, HYD
1346/MRS NEHA DHAMA
29 Yrs/Female
71 Kg/172 Cms
Date: 03-Dec-2021 10:46:07 AM

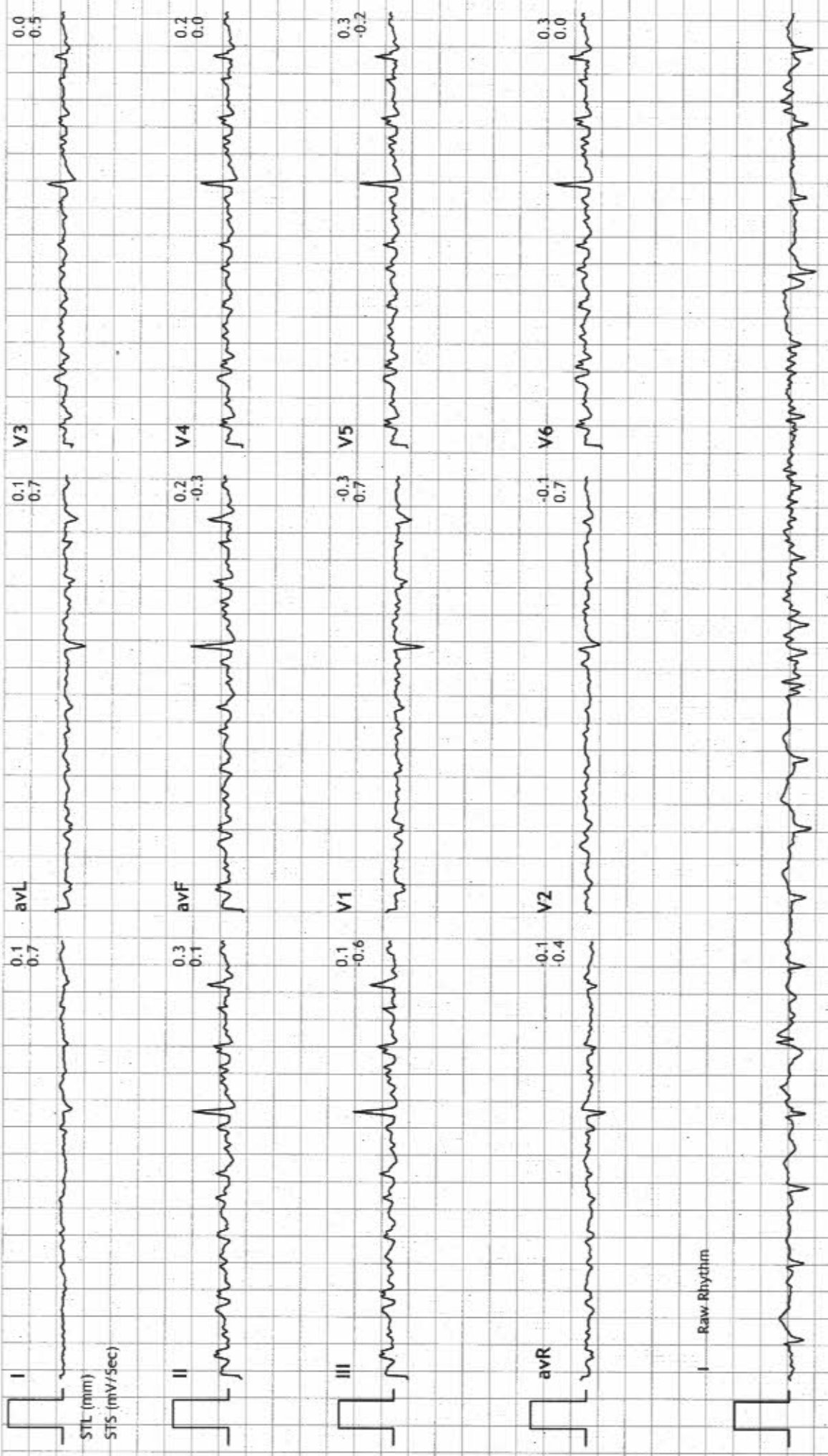
HR: 117 bpm
METS: 1.1
BP: 140/90

MPHR: 61% of 191
Speed: 0.0 mph
Grade: 0.0%

BRUCE
(1.0-100)Hz

Ex Time 08:03
BLC :On
Notch :On

Recovery : (0
10.0 mm/mV
25 mm/Sec.





ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

Linked Medians Report

ROAD NO 4, KPHB COLONY, HYD

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Date: 03-Dec-2021 10:46:07 AM

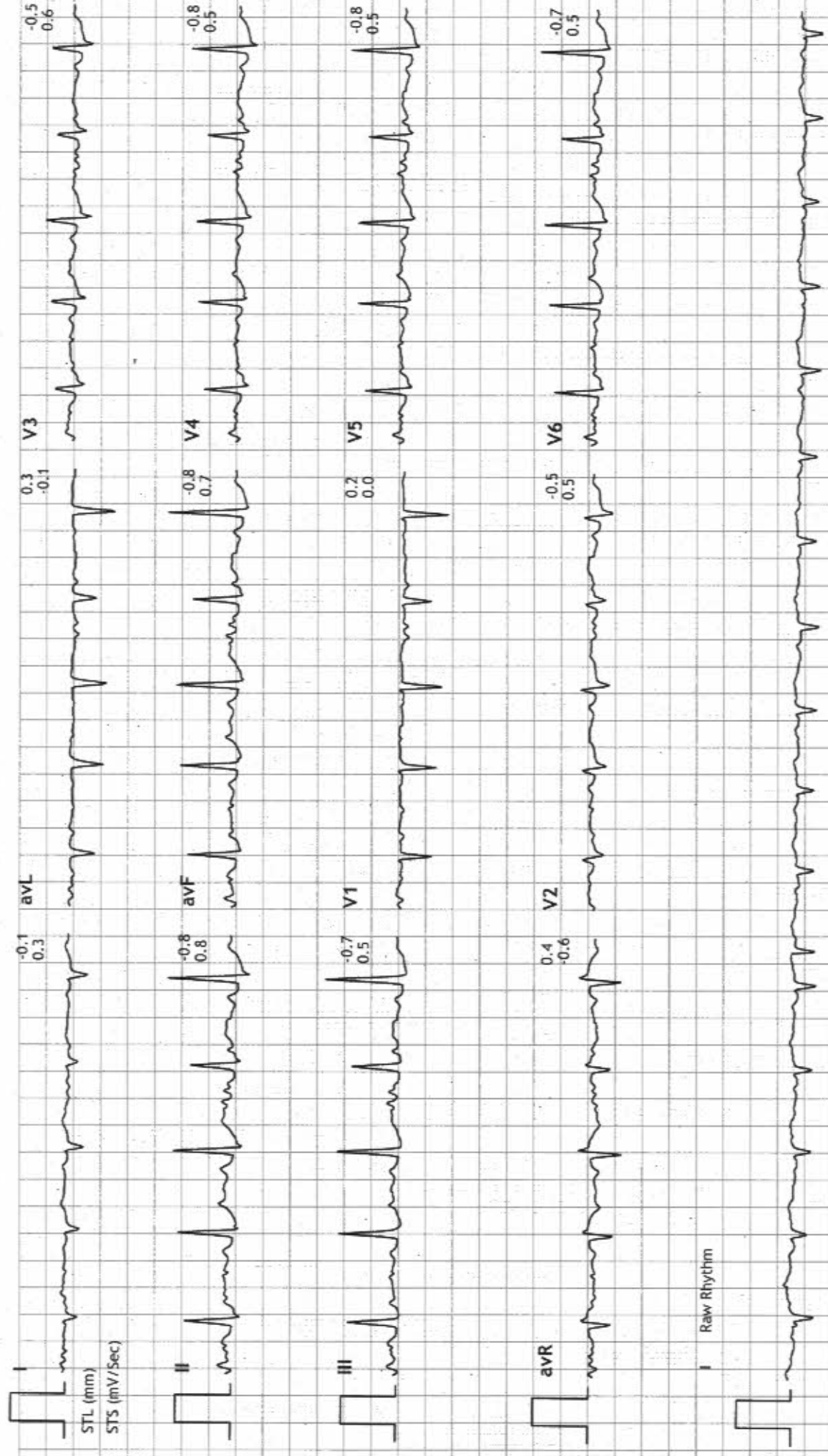
HR: 99 bpm
METS: 1.0
BP: 120/80

MPHR: 51% of 191
Speed: 0.0 mph
Grade: 0.0%

BRUCE
(1.0-100)HZ

Ex Time 08:03
BLC :On
Notch :On

Recovery : (0
10.0 mm/mv
25 mm/Sec.





ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

Linked Medians Report

ROAD NO 4, KPHB COLONY, HYD
1346/MRS NEHA DHAMA
29 Yrs/Female
71 Kg/172 Cms
Date: 03-Dec-2021 10:46:07 AM

HR: 97 bpm
METS: 1.0
BP: 120/80

MPHR: 50% of 191
Speed: 0.0 mph
Grade: 0.0%

BRUCE
(1.0-100)JHZ

Ex Time 08:03
BLC :On
Notch :On

Recovery : (0
10.0 mm/mv
25 mm/Sec.

